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August 2016 Nesika Illahee Pow-Wow Information (See Page 12) Confederated Tribes of Siletz Indians

## Portland Potlatch



SRII-NA CHEE-YASH-'E (High in sky bird) Or EAGLE

### CTSI—PAO Office Closure Dates:

All Siletz Tribal offices will be closed on the following days::

Mon. Jul. 4th Independence Day Holiday Fri., Jul. 22nd Siletz All Staff Day

Per Capita Address Update Deadline! (See Page 9 for Details)



#### **Important Dates**

- Sat.,7/9, Elders Council—I PM
- Fri.,7/15, Regular Council—8 AM
- 7/12 to 7/14, CTSI, Culture Camp

## Community News

## Portland Area Office Beading Group

Each month, all Portland Area Siletz Tribal members are invited to bring their culture projects and enjoy a morning of beading, visiting and associating. So, come join us:



### Elder's Shopping Day

The next elders shopping day will be:



### July 5th & 19th at 10 AM

To reserve your spot on the bus, please call your Elders program area representative, Kay Steele (503) 760-4746 or Consuelo "Cookie" Fernandez (503) 853-5430.

### Pow-wow Vest Class

For the month of July, Sherry Addis will teach tribal members how to sew a Pow-Wow vest for boys, on:



### July 11th & 25th at 10 AM

Class size is limited, please call as soon as possible to reserve your spot in class.

## Siletz Tribal Head Start **Enrolling Now!**

Siletz Tribal Head Start is in the process of accepting new applications for the 2016-2017 school year. We have Head Start Centers in Portland, Siletz, Lincoln City and Salem.

### children grow sophysically, mentally emotionally, and gain confiin them-

**Did you** 

Know?

Head Start helps

If you or someone selves. you know has a child

who will be 3-4 years old by September 1, 2014, application are available at your local Siletz Area Office, or by calling: (541) 444-8376 or 1 (800) 922-1399. Send in your application as soon as possible. See page 17 for a copy of the application.





Do you value Siletz Tribal Native culture and want to help preserve it? If so, please consider Fostering for the Tribe. The Siletz Tribe needs loving, stable, nurturing homes in all areas. If you are interested, please contact: Siletz ICW program at (800) 922-1399.

### **Behavior Health**

### Philosophy:

The Siletz Tribal Alcohol and Drug Program Generally, PAO Counselor Andulia other addictions as a progressive illnesses. 8:30 AM - 5:00 PM When left untreated they can cause emotional, mental, physical, and spiritual problems for the person, family, and community. Addictions are treatable and staff is personally dedicated to providing culturally relevant treatment services.

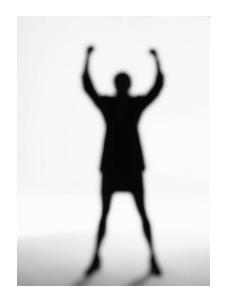
#### Services Include:

- Evaluation/Assessment
- Referral to appropriate resources
- Alcohol/other drug education
- Cultural/traditional Individual, group, or family counseling
- Adolescent treatment
- Women's specific treatment
- Intervention
- Recreational therapy
- Urinalysis/saliva testing
- DUII rehabilitation services

#### **Hours:**

views alcoholism, chemical dependency, and WhiteElk Hours are: Monday - Friday;

When Andulia is unavailable, Counselors from other area offices (Salem, Siletz, or Eugene) can assist.



Recognize **Acknowledge Forgive** Change

If you or someone you know needs substance abuse treatment, recovery is possible. For drug and alcohol information and treatment referral call Andulia WhiteElk

Help is Available & **Confidential** 

### **CTSI Ongoing Job Announcement**

Location (s):

Position: Elders Transporter (On-Call)

Supervision:

Location (s): Portland Salary: \$11.00/ Hourly

Supervision: Area Office Supervisor/Elders Program Coordinator. For more information:

www.ctsi.nsn.us

## **Community Health**



## **Diabetes Support Group**

Our June Diabetes Support Group will be providing healthy salads, fruits and veggies. All tribal member are welcome.

Wednesday July 6th, 2016 Noon—2 PM

### Contract Health Update

Remember to update your contract health services form each year! Call the Portland Area office and we can send you the form. You are always welcome to come in to complete it. Especially if you have moved, have a new phone number or even a new primary care doctor, please update your information

### **Exercise Program**



## Diabetes Fitness Memberships slots are still available

With our updated Diabetes Grant the PAO has additional Fitness Membership slots available to tribal members with diabetes or at risk for diabetes. Call Verdene McGuire at (503) 238-1512 for an appointment to fill out the application and apply for a slot. First come first serve.

## 2016 Exercise Challenge

Run to the Rogue!!! 211 Mile Run or Walk Fitness Challenge beginning June 1<sup>st</sup> through September 1<sup>st</sup> 2016. Receive a custom Windbreaker when you finish the challenge. Just report your miles every Monday to your Community Health Advocate by phone (503) 238-1512 X 1413 or email:

#### verdenem@ctsi.nsn.us.

(see registration form on page 15) 15 minutes = 1 mile walked to arrive at Agnes, OR on September 1<sup>st</sup>. **LET'S GO!!!** 

## July is National Parks and Recreation Month!

National Recreation and Park Association (NRPA) Is leading the nation to improved health and wellness through parks and recreation.

If you want to add physical activity to your day, walking is a great way to get moving. Your local parks offer some of the best

places to take a walk so you not only can get active, you can enjoy the benefits of being outdoors too. NRPA's resource page is a great place to help you get out and walk.



America continues

to feel the strain of a serious health crisis affecting adults and young alike. One in which we are plagued by poor nutrition, sedentary lifestyles, and unhealthy habits. But there is a solution with little to no cost and is available in nearly every town, city and community — local parks and recreation.

The scientific evidence is mounting that parks and recreation are building healthier communities and top health officials in the country – U.S. Health and Human Services, Centers for Disease Control and

Prevention – validate that parks and recreation are a critical solution for our nation's health epidemic.

We here in the Portland area are seeing this first hand how Portland parks and recreation are building a new park for our neighborhood families to enjoy and play and relax in each year. Last year it was Kadamost Park this year they are starting Gateway Discovery Park and Luuwit Park. So please get out

with your friends and family members this summer and enjoy the beautiful park areas in our lovely Portland metro areas. Being active is being healthier. Always go places with family or friends and be safe too.

## Vocational Rehabilitation (STVRP)

The Siletz Tribal Vocational Rehabilitation program (STVRP) is here to assist members of any federally recognized Tribe (living within the Siletz Tribes service area) with overcoming impediments to employment. We work with a diverse population of individuals who have disabilities ranging from cognitive impairments to physical limitations.

If you have a documented disability that creates limitations or prevents you from doing the work you desire or are qualified for we would like to assist you. We can assist with obtaining and maintaining employment and developing skills. We focus on motivation, identifying your abilities, skills that lead to successful employment and the development of self advocacy. You should have a strong desire to work and be willing to work collaboratively with STVRP staff to provide you with the services needed to overcome your disability. Your personal goal should be self sufficiency and to live a healthy sustainable lifestyle.

The STVRP also assists transitioning students with disabilities. The ideal age for a student to start working with VR is two to three years before graduation, until the age 22, or graduated from high school. Our program can provide vocational guidance and counseling; assist with identification of employment goals; employment retention; and advocacy within the academic environment. Students with a documented disability or who are on an "Individualized Educa-

tion Plan- IEP" or on a "504 Plan" are encouraged to participate in the STVRP. Examples of SERVICES PROVIDED by STVRP:

- Guidance and Counseling
- Referral to Services
- Employment Services
- Portfolio Building, Resume Writing, Interviewing Techniques, Job Coaching
- Culturally Relevant Individualized Services
- Evaluations and Assessments
- Training Placement Opportunities
- Adaptive Equipment

For more information about the STVRP, please inquire at 1-800-922-1399. We also maintain resource and employment boards so please stop by if you're interested. You can speak to the VR staff: **In Salem Office** - Dana Rodriguez (Program Aide) and Angie Butler (Program Director).



## Athabaskan Language



## Nuu-wee-ya' (Our Words)

For July, language class will be held in Siletz during culture camp. For more information please call bud lane at (800) 922-

1399 X 1320.

Many Athabaskan language lesson are available to tribal members, in print and audio at the CTSI web site at:

#### www.ctsi.nsn.us

The language samples are provided for your use online. To confirm proper pronunciation go to the Siletz Talking Dictionary at:

www.siletzlanguage.org

Language Class Jul. 12—14, 2016 Siletz, OR

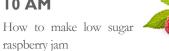
## **Healthy Traditions**

## **Summer Cooking Classes**



Healthy Traditions and the Weave Grant are offering three Healthy cooking classes for Summer 2016 on the following dates.

## July 20th at 10 AM





August 17th

September 7th



Food mixes in a jar learn how to make food mixes for later use or gifting

You will enjoy learning how to prepare, preserve and serve healthy and tasty foods for yourself and your families.

To ensure adequate supplies are available, class sizes are limited. Please call as soon as possible to reserve your spot in class.

## Portland Area 30th Anniversary Celebration

## Portland Area Office 30<sup>th</sup> Anniversary Celebration



June 9th, CTSI's Portland Area Office (PAO) opened their doors to 80 attendees who helped us celebrate 30 years of providing services in our 3-County service area. It was a pleasure to see so many faces in the crowd, which included attendees from 16 community partners and 29 current and former CTSI staff who all contributed to this milestone.

The event opened with Siletz tribal members Fish Martinez and Kenai Robertson who sang a drum song for everyone. Area Office Supervisor, Sherry Addis spoke briefly about the dedication and work so many have performed for the last 30 years and then invited staff, past and present to come forward and speak about their service to the tribe. Each one was presented with a gift of appreciation. Next community partners were introduced and spoke about their collaboration with our tribe and were presented with our Tribal book: "The people are dancing again".

A light lunch was served, and guests were invited to roam the office and see:

 Programs displays of the services provided to tribal and community members. The beautiful regalia display that represented our culture and heritage so honorably, which was provided by Angela Ramirez, Shirley Walker and Ashleigh Ramirez.



- Our new Siletz History wall and learn about our tribe.
- The Lori Johnson Memorial Learning Garden and learn about the plants used by our ancestors for food and medicine.

We want to especially thank those who helped us to prepare for this event. Thank you to CTSI Administration, Joshua Blacketer and Heather Hatten from Chinook winds resort for the generous donation of gifts to provide our honored guests.

Thank you to our current PAO Staff: Anna Renville, Katy Holland, Verdene McGuire, Andrew Johanson, Patti McKinney, Tamra Russell and Andulia WhiteElk for all your hard work preparing for the event.

CTSI and PAO Staff extend special thanks to our presenters: Fish Martinez, Kenai Robertson, Shirley Walker, Angela Ramirez, Ashleigh Ramirez, and DeAnn Brown. We also want to thank all our volunteers who helped us get ready for the event: Krystal Nelson, Alana LaMotte, Dylan Fuller, Debra Jubinal-Brown, Kellyn Addis, Wayne Johnson and Joni Johnson; without you, this celebration wouldn't have been the success it was.

## Education & Youth Update

# July Events & Activities for Native Youth: Day Hike—Exploring Nature Around Us



## Tuesday, July 5th 10 AM—3 PM

You are invited to join us as we begin a series of hikes in and around Portland. We will be exploring the outdoors and learning more about the world we live in. We meet at the Portland Siletz Tribal office at 10 AM.

For transportation needs and more information, please contact Katy Holland, Education Specialist at (503) 238-1512, or e-mail:

katyh@ctsi.nsn.us

## Cultural Craft Day In the Park, Native Youth Wednesday, July 28th

Wednesday, July 28th 10:30 AM to 3 PM

At Sellwood Park, we will be having a full day of fun with kick ball, crafts and cool down with a swim at a great out door swimming pool. A picnic lunch will be provided. Swimming passes for youth will be available. Young children must be accompanied by a chaperone.

Free Fitness in the Park

This program is brought to you by Portland Parks. All activities are outside and free in Parks Across Portland. Free fitness classes are coming to a park near you! This is a 12-week free exercise program that brings a variety of fitness opportunities to parks across Portland. Classes for this pilot program will run from June 12th through September 4th, 2016. Sports fitness activities include: Family Fitness, Dance, Cardio, Kickboxing, Yoga, Zumba, Tai Chi, and classes just for kids. Register at:

## www.Portlandoregon.gov/Parks/ fitnessinthe parks..org "Kids in the Game" \$50 Pass for Youth

The Kids in the Game Pass assists low-income, physically/developmentally challenged and at-risk children to have the opportunity to participate sports. It is an online application for families to apply for up to \$50 to help pay sports registration fees. Apply online at

## http://kidsinthegame.org/youth-sports-grants.

Katy can write a reference letter for you. www.summerfoodoregon.org/

## Incentive Awards; Siletz Tribal Graduates, All Ages

The Siletz Tribe would like to recognize our graduates from Head Start, kindergarten, elementary school, middle school, high school, adult vocational training degree or certificate programs, Bachelors degree, Masters and Doctorate degrees with a financial incentive award. Please send in a copy of your promotion certificates, transcripts, or

diploma's to Katy at the Portland area office with your return address.

For more information call (503) 281-1234.

## Summer Reading, Multnomah County Libraries

Free fun and super prizes! Going on now through August 31st.

- 1. Sign up at any Multnomah County Library to get your free game board.
- 2. Read or listen to books do other fun activities on the game board. At prize levels 1 and 2 bring your game board to the library to choose a prize.
- Reach the Grand Prize level and get a T-shirt (while supply lasts), coupons for Oaks Park and Oregon

Children's Theater and an entry in the Grand Prize drawing for a family vacation for four to Great Wolf Lodge water park.

To register, please visit:

https://multcolib.org/summerreading

## The Siletz Tribal Youth Activity Program

•The Siletz Youth Activity Program Provides up to \$75 per year to assist youth pay for music, camp fees, science/environmental projects, graduation, cultural supplies and materials, lab fees, shop supplies, sports and more. To be eligible you must be enrolled in the Siletz Tribe and be between elementary school through high school level.

#### • The Johnson O'Malley Program

Has funding to assist our Native youth to enroll in summer enrichment activities and/or academic programs. For more information please contact Katy Holland Applications can be found on line at:

www.ctsi.nsn.us

### **Enrollment Reminders**

## How do I Update My Address?

Submit your updates to the Enrollment department for the per-capita deadline in writing by:

### July 15th, at 4:30 PM

We will continue to accept address changes after the deadline, as always. However, anyone who updates after that date is cautioned that they could have a delay in the mailing of their check.

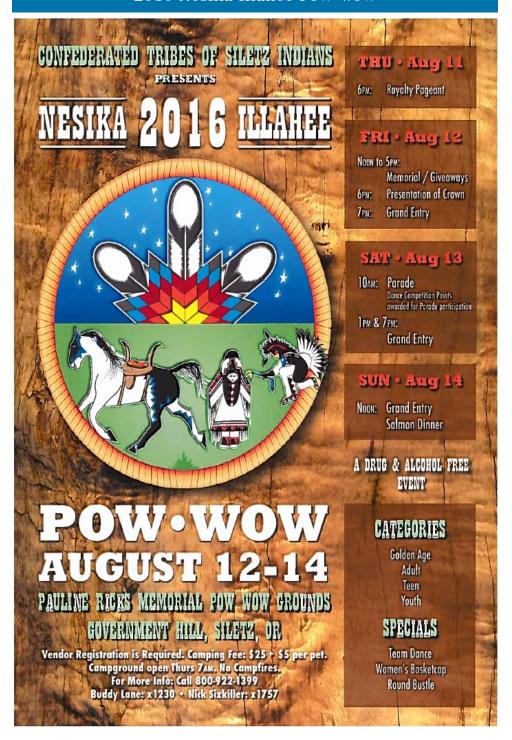
Please provide: Roll number and date of birth, and signature (required). Forms are available online from enrollment by calling I (800) 922-1399 or visiting the CTSI website at:

www.ctsi.nsn.us

# July 2015

Sun	Mon	TUE	WED	Тни	FRI	SAT
					1	2
3	4 Independence Day Holiday All Siletz Offices Closed	5 Elder's Shopping Day 10 AM Education Day Hike 10 AM	6 Beading Group 9:45 AM—11:45 AM Diabetic Luncheon Noon—2 PM	7	8	9 Elders Council 1 PM—Lincoln City
10	11 Pow-Wow Vest Class 10 AM		CULTURE CAMP 14 – 16—Siletz, Ore		Regular Council 8 AM—Siletz Address Changes Due to all Siletz offices by 4:30 PM	16
17	18	19 Elders Shopping Day 10 AM	20 Healthy Traditions Cooking Class 10 AM	21	CTSI, All Staff Day All Siletz Offices Closed	23
24	25 Pow-Wow Vest Class 10 AM	26	27 Education Culture Day in the Park 10:30 AM	28	29	30

### 2016 Nesika Illahee Pow-Wow



USDA				
	Wednesday	July 4	HOLIDAY	
Siletz	Thursday	July 5	9 AM – 3 PM	
	Friday	July 6	9 AM – 3 PM	
	Monday	July 7	9 AM – 3 PM	
	Tuesday	July 8	9 AM – 3 PM	
Salem	Monday	July 18	I:30 PM – 6:30 PM	
	Tuesday	July 19	9 AM – 6:30 PM	
	Wednesday	July 20	9 AM – 6:30 PM	
	Thursday	July 21	9 AM – 11 AM	

### News from USDA

Lisa and I attended the National Association of Food Distribution Programs on Indian Reservations (NAFDPIR) 29<sup>th</sup> annual conference in June, which was held in Traverse City, Michigan. We got news that our program was chosen to be a western region pilot program to distribute whole eggs. The whole eggs will replace the powdered egg mix in the food package. Each family member will be eligible to receive 1 dozen eggs per month, so if you have a household of 4, you would be eligible to receive 4 dozen eggs. How exciting is that! We can start ordering eggs in August, and they will be shipped by our fresh produce vendor.

In August, we should also be allowed to start ordering the frozen, whole wheat tortillas. These will be another great addition to the food package. They will be in the cracker category on the shopping list.

USDA is also looking for a vendor to provide sockeye salmon steaks for the program. This is still a ways down the road, but definitely will happen. Also, wild rice is on it's way and the apple/cherry juice too.

Big things happening in the program. If you are on the SNAP program and not receiving enough to get you through the month, give us a call and we can check to see if you qualify for our program. You can also go to the Siletz Tribal website and download the application and get it sent in to us, we can try to get you certified and get you food for your household. The income guideline is also on the website.

Be sure to LIKE us on Face book at: SILETZ TRIBAL FDPIR. I am posting recipes, distribution dates, pictures and food safety tips.

Joyce Retherford, FDP Director 541-444-8393

Lisa Paul, FDP Clerk/Warehouseman 541-444-8279

## 477 Self-Sufficiency Program

## SSP New Monthly Meetings

The 477 Self Sufficiency Program (SSP) has implemented a new mandatory monthly group meeting for all SSP clients.

### The Purpose:

These mandatory monthly meetings will allow clients to talk and share what is happening on their journey to self sufficiency. This will support clients in knowing that they are not alone and they have the same issue, concerns, questions and struggles as others. This will empower clients to talk with each other and come up with solutions together.

#### The format:

The meetings will be self directed by participants with prompting and facilitation from staff when necessary. Topics will be open to work, school, goals, family, resources, etc. We will also facilitate quarterly workshops

The meetings will be no longer than 2 hours. Snacks or meals may be provided (if applicable).

These meetings will be held on the 2nd Thursday of every month at 4 PM.

The list below indicates all remaining 2016 meetings:

- July 14th
- August 11th
- September 8th

- October 13th
- November 10th
- December 8th

#### **Mission Statement:**

To assist eligible clients in attaining self-sufficiency. The 477 Self Sufficiency Program will serve the following groups as they work towards this goal: Siletz needy families, Native American, Alaskan Native, Native Hawaiian.

Program components include: cash grant services, emergency utility assistance, job training, job retention services and other supportive services which are subject to budget cycle availability.

The Program Manual lists all available components in detail and the requirements of each which is also available at the CTSI website:

#### www.ctsi.nsn.us

Contact a Tribal Services Specialist for more information about current components that are available.

### **Your Success is**

### Important to Us

If you have questions or to apply, please call the Portland Area Office (503) 238-1512 and speak with Anna Renville X1412, or Tamra Russell X1411.

## Parking at the Portland Area Office (PAO)

When visiting the Portland Area Office, please note that **Blue** parking spaces are for siletz tribal members, staff and visitors. Overflow parking is available on SE 128th Ave.

### **Contract Health**

## Need to Call Contract Health?

If you have questions about your eligibility for Siletz, Contract Health Services (CHS), please call your assigned CHS technician. Please call (800) 628-5720. A technician is assigned to you

by your last name. Please refer to the list below to determine who you need to speak with when contacting contract health.

Trish Carey A-G X1651 Misty Hammet H-O X1329 Joella Strong P-Z X1649

### **Natural Resources**

## **Elders Woodcut Day**

The Tribal Natural Resources Committee and Natural Resources Department will sponsor the second "Cut Wood For The Elders Day" of the year on Saturday, July 16<sup>th</sup>. The woodcut will be held on the Tribe's Logsden Road Property between the Tribal Food Distribution Warehouse and the Tribal Vehicle Storage Yard in Siletz. We need lots of volunteers to help cut, split and deliver firewood for Tribal elders. Bring your chainsaws, hydraulic wood splitters, splitting mauls, axes, and lots of energy. Even if you don't have any of those we can use the moral support! Lunch, drinks, and snacks will be provided. We will start at 8:00 AM

and go until mid-afternoon.

The goal of this event will be to deliver firewood to as many elders as possible. The Elders' Program maintains a list of elders that burn wood for their winter heat. People willing to haul firewood to elders outside of the Siletz area, please contact the Elders Program Clerk at 1-800-922-1399 ext. 1261 or 541-444-8261 to be paired up with an elder in need. We especially need folks who can haul wood to the Eugene, Salem, and Portland areas. Elders in need of firewood should also contact the Elders Program Clerk to get their name on the delivery list.

If you have parents or grandparents that burn wood in the winter to stay warm, you need to help out at this event!

## Most Often Requested Numbers

Confederated Tribes of Siletz Indians

(800) 922-1399

Siletz Community Health Clinic

(800) 648-0449

Contract Health Services

(800) 628-5720

## 2016 Culture Camp Registration Form JULY 12-14, 2016

Siletz Tribal Community Center & Grounds, Siletz, Oregon

### Registrations forms are required for all participants

(forms can be submitted by mail, fax or hand delivery at camp)

This is a day camp only unless you are traveling from the Eugene, Salem, Portland (or other) areas.

If you are traveling from an outside area, camping space is available (campers must provide own equipment). Parent/Guardians are welcome to attend and are responsible for dropping off and picking up children at appropriate times. Children age 10 or younger must be accompanied by an adult. \*Some activities require adult assistance.

panied by an adult. *Some activ	rities require adult assistance.			
Name:				
Age:		Roll #:		
Mailing Address:				
Telephone #:		E-mail		
Parent/Guardian's Name:				
Parent/Home #:		Work	Work #:	
Emergency Contact Person:				
Emergency Phone #:				
Does participant have any al	lergies? If so list below:			
Chaperone's Name: Ch (Chaperones must be 18 or o	•			
Classes will include but a	re not limited to :			
Siletz Basket Weaving	Flint Knapping	Beargrass	braidir	
Learn about Pine nuts	Ropes Course	Bea	dwork	
Moccasins craft	Face painting	Hea	dstart	
Shell Necklaces Shawls	Soapstone Carving Drum Sticks		uatics imming	
Singing Youth Games	Traditional Foods	Scra	apbookinį	
Oth	er classes may be schedule	ed		
Parent/Guardian's Signature Please return registration of form to Culture Camp, CTS Fax 541 444-8392	form to your nearest tribal	Date office or send 97380-0549.	complete	

## 2016-17 Siletz Tribal Head Start Enrollment Application

CHILD'S NAME	Social Security #	_	
Child's Sex: M F 3. Child's Date of	<b>Birth</b> : / / /	AGE	
NOWReturning Student: Yes		ny condi-	
tion which may be considered a disability or			
Is child descendent/member of a federally i			
v	0	(Please	
attach verification).			
Are You Homeless? Y/ N Homeless childre	n means individuals who la	ack a fixed,	
regular, and adequate nighttime residence; Fo			
trailer parks, or camping grounds due to the	lack of alternative adequate	e accommo-	
dations, or are awaiting foster care placement.)	)		
PARENT/GUARDIAN NAME(S):			
1.	DOB / /		
2.	DOB / / DOB / /		
Street Address:		City:	
Zip Code:			
Mailing Address:			
City:Zip Cod	e:		
Telephone #'s: Home:( ) Work	$\mathbb{Z}(\boxed{})$		
Bus Pick-up and drop-off address if different fro	om above:	_	
A preference for enrollment can be given to fa			
conditions: single parent household, parents sep			
abuse or neglect or child suffers a non-handicap			
ling who attended the program. If your family i		ant to claim	
that preference, please list the qualifying conditi		Of Diath	
LIST ALL OTHER HOUSEHOLD MEMBI Total # Household members	ERS BY NAME and DATE	do birtii:	
Please add additional families members to	the back of this applicati	on	
1. 2		<u>011</u>	
13. 4			
FINANCIAL STATEMENT ( You Must attach		ts.) Check	
all that apply:		, <del></del>	
Employed Unemployment—General A			
Veteran's Benefits—Social Security—Disability—	-College Grants/Scholarships	s—Other,	
explain			
TOTAL GROSS MONTH			
\$ (YOU MUST With my signature I certify that the above info	attach verification)	4	
		eurate:	
	Date:	 hildren	
Siletz Tribal Head Start is an equal opportunity program and open to all children regardless of race, color, age, sex, handicap, or national origin. Any person who be-			
lieves she/he has been discriminated against should write to the Secretary of Agricul-			
ture, Washington, DC, 20250.	onia mine to the occietary	71 / 151 IVUI"	

## Published by the Confederated Tribes of Siletz Indians of Oregon, Portland Area Office

Portland Area Office 12790 SE Stark St., Suite 102 Portland, OR 97230

www.ctsi.nsn.us

Phone: (503) 238-1512 Fax: (503)238-2436 Hours:

> Mon—Friday 8:00 AM—4:30 PM

## Tobacco Prevention Education Program (TPEP)



### Portland Area Office Staff:

Name/ Title	<b>Contact Information</b>
Sherry Addis	(503) 238-1512, X1419
Area Office Supervisor	sherrya@ctsi.nsn.us
Katy Holland	(503) 238-1512, X1418
Education Specialist	katyh@ctsi.nsn.us
Andrew Johanson Area Office Clerk	(503) 238-1512, X1400 andrewj@ctsi.nsn.us
Verdene McGuire	(503) 238-1512, X1413
Comm. Health Advocate	verdenem@ctsi.nsn.us
Patricia McKinney	(503) 238-1512 X 1420
Tobacco Prevention Coordinator	pattim@ctsi.nsn.us
Anna Renville	(503) 238-1512, X1412
Tribal Service Specialist	annar@ctsi.nsn.us
Tamra Russell	(503) 238-1512, X1411
Tribal Service Specialist	tamrar@ctsi.nsn.us
Andulia WhiteElk	(503) 238-1512 X 1414
Addictions Counselor	Anduliaw@ctsi.nsn.us

### **Other Numbers:**

Name/ Program	Number	Name/ Program	Number
Angie Butler	503-390-9494	Bud Lane	800-922-1399
Voc. Rehabilitation	X1872	Cultural Program	X1320
Casey Godwin	(800)-922-1399	Jeanette Aradoz DPA/ IDA Housing	800-922-1399
LIHEAP Coordinator	X 1311		X1316
Mike Kennedy	800-922-1399	Tasha Rilatos	800-922-1399
Natural Resources	X1232	Elders Program	X1261