

Portland Potlatch

JUNE 2016

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Portland Area Office Celebrates 30 Years!



This June marks the 30th anniversary of the Siletz Tribe's opening of the Portland Area Office. The Portland Area Office would like to invite you to join us to celebrate this occasion on:

SRII-NA CHEE-YASH-'E
(High in sky bird)
Or **EAGLE**

Thursday June 9th at 11 AM
Portland Area Office
12790 SE stark Street Suite
102 Portland, OR 97233

Rides are available to Siletz Tribal Elders, but limited. If you need a ride, please contact your Elders area representative Kay Steele at (503) 760-3899.

A Brief History:

In February 1986, the CTSI service area was expanded to 11 counties, and included Multnomah, Clackamas, and Washington counties. In June 1988, Tribal Council authorized the opening of the Portland Area Office (PAO) at NE 82nd and Broadway, and later at SE 39th and Powell. In June 2008, the area office moved to our current location at SE 128th and Stark Street, fulfilling the tribe's goal to own all of their own area offices.

For more information, please contact our office at (503) 238-1512. We hope you can join us!

Important Dates

- Sat., 6/11, Elders Council—1 PM
- Fri., 6/17, Regular Council—8 AM



Tribal ID Machine Coming to PAO



The enrollment department will be visiting PAO to make IDs for tribal members on:

Wednesday, June 15th
9 AM—3 PM

Healthy Traditions/ Garden Club

Our last Garden Club meeting will be held:

**Wednesday June 22nd
5:30 PM—7 PM**

For more information, please call Sherry Addis or Verdene McGuire.

June 2016 Planting Guide

Weather you're a seasoned gardener or a first timer, June is a great month for planting a large variety of veggies. The list below is referenced from Portland Nursery's planting guide. The list is broken down by vegetables that may be directly sewn outdoors or started by seed indoors.

Seed Outdoors

Arugula
Asian greens
Basil

Beans
Beets
Broccoli
Bruss. sprouts
Cabbage
Carrots

Cauliflower
Chard
Cilantro
Corn
Cucumbers
Dill
Endive
Kale
Kohlrabi
Lettuce
Melons
Parsnips
Pumpkins
Rutabaga
Scallions
Squash, (all)
Turnips

Start Indoor

Artichoke
Basil
Beans
Broccoli
Brussels sprouts
Cauliflower
Celery
Corn
Cucumbers
Eggplant
Leeks
Melons
Peppers
Pumpkins
Squash (all)
Swiss chard

Mussel Gathering

with Healthy Traditions

Saturday, June 25th



Departing from Admin at 8:20 am, finishing at 1pm
Lunch will be provided
Dress for cold/rain and old athletic shoes

To sign-up, call Healthy Traditions at 541.444.9627

This event is open to Siletz Tribal Members and their families

Community News

Portland Area Office Beading Group

You are invited to join us for an informal gathering, to bead, learn and visit. Bring whatever you are working on:

**Wednesday, June 15th
10:00 AM—Noon**

For more information, Please call Sherry Addis.



**PAO Elders
Potluck
Ch'ay-yii-ne
Ghu'-'alh**

Weather permitting, we will next meet:

June 28th at 5:30 PM

This will be our last potluck until October. Please bring a potluck dish to share. For more information or to request a ride/carpool, please contact the Elders Coordinator or your Elders Representative Kay Steele or Consuelo Fernandez.

CTSI Culture Camp

July 12th—14th, 2016

Siletz Tribal Community Center & Grounds, Siletz, OR

To request a registration form for Culture Camp 2016, please call the Siletz Portland Area Office (503) 238-1512 or stop by the office to complete your registration. Forms can also be submitted by mail, fax or hand delivery at the camp.



Elder's Shopping Day

The next elders shopping day will be:

June 7th & 21st at 10 AM

To reserve your spot on the bus, please call your Elders program area representative, Kay Steele (503) 760-4746 or Consuelo "Cookie" Fernandez (503) 853-5430.

Per-Capita & Enrollment Reminder!

Where will your per-capita check be sent? It's that time of year again! Per-capita checks and Minor trust updates are sent to the same address as your "Siletz News".

If you're not receiving your Siletz news, you may need to check with enrollment and verify your correct address. Whenever you change information about yourself (i.e. Name Changes, Addresses, Family household composition) notify enrollment as soon as possible.

Address updates are due to Enrollment by:

July 15th at 4:30 PM

Failure to update your address by this date may delay timely delivery of your per-capita distribution.

Forms are available at your local Siletz area offices, and online at the CTSI website.

Siletz Head Start Enrolling Now!

If you or someone you know has a child who will be 3-4 years old by September 1, 2016, Siletz Tribal Head Start is in the process of accepting new applications for 2015-16. Please call (541) 444-8376 or 1 (800) 922-1399 for an application. Send in your application as soon as possible. See Page 17 for details.

Community Health

Diabetes Support Group

Our June Diabetes Support Group will be providing healthy salads, fruits and veggies. All tribal member are welcome.

**Wed., June 15th
Noon—2 PM**

Contract Health Update

Remember to update your contract health services form each year! Call the Portland Area office and we can send you the form. You are always welcome to come in to complete it. Especially if you have moved, have a new phone number or even a new primary care doctor, please update your information.

Exercise Program

Diabetes Fitness Memberships slots are still available

With our updated Diabetes Grant the PAO has 6 additional Fitness Membership slots available to tribal members with Diabetes or at risk for Diabetes. Call for an appointment to fill out the application and apply for a slot. First come first serve. Call Verdene at 503-238-1512 for an application.

2016 Exercise Challenge

Run to the Rogue!!! 211 Mile Run or Walk Fitness Challenge beginning June 1st through September 1st 2016. Receive a custom Windbreaker when you finish the challenge. Just report your miles every Monday to your Community Health Advo-

cate by phone (503) 238-1512 X 1413 or email:

verdenem@ctsi.nsn.us.

(see registration form on page 15) 15 minutes = 1 mile walked to arrive at Agnes, OR on September 1st. **LET'S GO!!!**

Learn More About Your Blood Sugar

As you continue to take an active role in managing your diabetes, learning about different foods and how they can affect blood sugar can be a powerful way to help you get to your goal.

Small changes in what you eat can lead to big changes in blood sugar control!

Making better food choices with diabetes doesn't have to mean giving up the foods you love. You may just need to make some changes in *how much you eat* or even *what time you eat* to help keep your blood sugar under control.¹ This month:

- Gain an understanding of how healthy eating is part of your diabetes care plan
- Learn about how different types of food affect your blood sugar
- Take steps to look at your current eating habits

Remember, the more information you have, the better prepared you'll be to help create a healthy plan with your diabetes. One that helps get you to goal in a way that works for you and your family. Healthy eating is good for everyone in the household.

Bon appétit!

By Certified Diabetes Educator Joy Pape, MSN, RN, FNP-C, CDE, WOCN, CFCN, FAADE

Vocational Rehabilitation

The Siletz Tribal Vocational Rehabilitation program (STVRP) is here to assist **members of any federally recognized Tribe** (living within the Siletz Tribes service area) with overcoming impediments to employment. We work with a diverse population of individuals who have disabilities ranging from cognitive impairments to physical limitations.

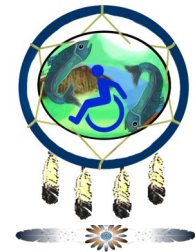
If you have a documented disability that creates limitations or prevents you from doing the work you desire or are qualified for we would like to assist you. We can assist with obtaining and maintaining employment and developing skills. We focus on motivation, identifying your abilities, skills that lead to successful employment and the development of self advocacy. You should have a strong desire to work and be willing to work collaboratively with STVRP staff to provide you with the services needed to overcome your disability. Your personal goal should be self sufficiency and to live a healthy sustainable lifestyle.

The STVRP also assists transitioning students with disabilities. The ideal age for a student to start working with VR is two to three years before graduation, until the age 22, or graduated from high school. Our program can provide vocational guidance and counseling; assist with identification of employment goals; employment retention; and advocacy within the academic environment. Students with a documented disability or who are on an "Individualized Education Plan- IEP" or on a "504 Plan"

are encouraged to participate in the STVRP. Examples of SERVICES PROVIDED by STVRP:

- Guidance and Counseling
- Referral to Services
- Employment Services
- Portfolio Building, Resume Writing, Interviewing Techniques, Job Coaching
- Culturally Relevant Individualized Services
- Evaluations and Assessments
- Training Placement Opportunities
- Adaptive Equipment

For more information about the STVRP, please inquire at 1-800-922-1399. We also maintain resource and employment boards so please stop by if you're interested. You can speak to the VR staff: **In Salem Office** - Dana Rodriguez (Program Aide) and Angie Butler (Program Director).



Siletz Pow-Wow & Royalty Applications

The Portland Area Office has applications available for:

2016 Siletz Royalty —Due June 12th

2016 Vendors— Due: June 15th

For more information please call

Buddy lane at:

1-800-922-1399 X 1230

Behavioral Health — Alcohol & Drug Program

Philosophy:

The Siletz Tribal Alcohol and Drug Program views alcoholism, chemical dependency, and other addictions as a progressive illness. When left untreated they can cause emotional, mental, physical, and spiritual problems for the person, family, and community. Addictions are treatable and staff is personally dedicated to providing culturally relevant treatment services.

Services Include:

- Evaluation/Assessment
- Referral to appropriate resources
- Alcohol/other drug education
- Cultural/traditional Individual, group, or family counseling
- Adolescent treatment
- Women's specific treatment
- Intervention
- Recreational therapy
- Urinalysis/saliva testing
- DUII rehabilitation services

Generally, PAO Counselor Andulia WhiteElk Hours are:

When Andulia is unavailable, Counselors from other area offices (Salem, Siletz, or Eugene) can assist.

Salem Office Mondays and Tuesdays
10AM—3PM

Portland Office Wed., Thurs., and Fri.
8:30AM — 5PM



**Recognize
Acknowledge
Forgive
Change**

If you or someone you know needs substance abuse treatment, recovery is possible. For drug and alcohol information and treatment referral call Andulia WhiteElk

**Help is
Available &
Confidential**

~Enrollment Reminder~

Summer Per-capita is Coming! Be sure to update any new information (i.e. Name Changes, Addresses) with CTSI Enrollment department as soon as possible. Forms are available at your local Siletz office, and online at the CTSI website. Call Angela Ramirez or Danise Barker, in the Enrollment department at (800) 922-1399 X 1258.

USDA

Siletz

Wednesday	June 1	9 AM – 3 PM
Thursday	June 2	9 AM – 3 PM
Friday	June 3	9 AM – 3 PM
Monday	June 13	9 AM – 3 PM
Tuesday	June 14	9 AM – 3 PM

Salem

Monday	June 20	1:30 PM – 6:30 PM
Tuesday	June 21	9 AM – 6:30 PM
Wednesday	June 22	9 AM – 6:30 PM
Thursday	June 23	9 AM – 11 AM

June is the month that we attend our national conference. This year, it is being held in Traverse City, Michigan the second week of the month. Please note the distribution dates as posted and look at your appointment slip because it is really difficult to reschedule you at this time of year.

Be sure to LIKE us on Facebook at: “Siletz Tribal FDPIR”.

We are posting recipes, distribution dates, pictures and food safety tips.

Athabaskan Language

Nuu-wee-ya' (Our Words)

These classes begin with basic instruction and progress over the year. They are also a refresher course for more advanced students. Come and join other members of your community and tribe in learning to speak one of our ancient languages.

grinding and drilling shell or pine nuts or other applications. If you need to use the equipment, call the number below to set up an appointment. For more information, please contact Bud Lane. Many Athabaskan language lessons are available to tribal members, in print and audio at the CTSI web site at:

www.ctsi.nsn.us

The language samples are provided for your use online. To confirm proper pronunciation go to the Siletz Talking Dictionary at:

www.siletzlanguage.org

**Monday, Jun. 13th, 2016
6 PM—8 PM**



NAA-GHAA-YVSH-NE

WOLF

Any tribal members who need assistance with cultural projects, please bring them prior to class, if possible. We also have equipment in the Cultural Department available for use in

Education & Youth Update

Siletz Higher Education Application Deadline

June 30th—4:30 PM

All Siletz Tribal members who are planning on attending college at any time in the 2016-2017 school year must complete a Tribal Higher Education Application. Please turn this in by June 30, 2016 to any area office. Students must also have applied for Federal Financial Aide (FAFSA) by January 30th, 2016. Applications can be found online at:

www.ctsi.nsn.us.

Go to “services” tab, “education” and then to “college”. For more information contact Katy Holland at the Portland area office .

Siletz Tribal Scholarships

Please note all of the Siletz Tribal scholarships below have a application deadline of June 30, 2016. Applications can be found online at:

www.ctsi.nsn.us

PEPSI—Craig Whitehead Scholarship:

PEPSI has asked that this scholarship be the PEPSI— Craig Whitehead Scholarship in honor of Craig Whitehead. The scholarship is open to any field and is in the amount of \$1,000.

Arthur S. Bensell Memorial Scholarship Memorial Scholarship:

This scholarship is in honor of Arthur S. Bensell an educator, civic leader and Tribal Council member and Tribal Chairman. A memorial scholarship in the amount of \$1,000 in his honor targeted students pursuing a degree in teaching and education.

Siletz Scholarship: This scholarship is open to any field of study and is in the amount of \$500.

Graduation is Nearing: Siletz Incentive Program

“Your Success Matters”

The Siletz Tribal Incentive Program rewards Siletz Tribal students for their achievements for the following:

Head Start/Pre-School:	\$10.00
Kindergarten:	\$10.00
Elementary School:	\$20.00
Middle School:	\$50.00
High School:	\$100.00

Adult Vocational Training:

1 yr. program:	\$100.00
2 year program:	\$200.00
Higher Education	\$75.00
Plus a Pendleton Blanket	
Master’s degree:	\$300.00

Please forward certificates, diploma’s or grades that show a promotion to Katy at the Portland area office with students name, address and phone.

Tribal Summer Youth Employment Program:

The Siletz Education Program is gearing up for the Siletz Tribal Summer Youth Program for Siletz Tribal youth 15 to 18 years old. To be eligible, students must maintain at least a 2.0 GPA. Tribal youth will be placed at various organizations and business during the summer and be paid through the Tribe. Applications will be sent out very soon. If you have not received an application in the next two weeks please contact Katy Holland.

Summer Camps & Oppor-

tunities Galore:

An extensive list of summer camps for youth can be found on metro-parent.com/ summer camp by focus, activity or age. If you need help please contact Katy for assistance. Below is a list of a few ideas for parents and guardians:

- Oregon Zoo Camps
- Portland Parks & Recreation
- Boys and Girls Club
- Timbers Soccer Camps
- OMSI Camps
- YMCA Camp Collins
- Oregon Children’s Theatre
- NW Children’s Theatre
- Portland Metro Arts
- Oregon School of Arts & Crafts
- The Audubon Society of Portland
- Saturday Academy

And so many more. For assistance with registration or help with funding please contact Katy.

For more information call (503) 823-3700.

Native American Youth and Family Center Summer Camp

The Native American Youth and Family Center will be hosting great summer opportunities for youth: cultural education and art projects, sports & traditional native games, health and wellness activities, team building, and fun field trips. Please apply as soon as possible since spaces fill up quickly. You can contact NAYA at (503)288-8177 or email Katy for an application.

Oregon ZOO Field Trip For Youth & Families

June 21, 2015—10 AM to 2:30 PM

You’re invited to join us for a day at the Oregon Zoo—lunch will be provided. We will be meeting at the Portland area office to be at the zoo by 10am. Please contact Katy to let her know you will be attending.

Free Movies, Concerts, Swimming & Festivals

Once again the City of Portland Parks & Recreation will offer free swimming, concerts, movies at various park locations including the and Washington Park summer festival. You can check the times, dates and locations online at:

www.portlandoregon.gov

Portland Parks and Recreation or check out their Face book page under “Portland Parks & Recreation”.

Multnomah County Library Free Vision Screening For Youth

The Elks Children’s Eye Clinic at Oregon Health & Science University’s Casey Eye Institute is partnering with the Oregon State Elks Association, the Oregon Library Association and Oregon Lions to provide free screenings across Oregon for kids ages 3 to 7 years old. Screenings will be taking place at various Multnomah County Libraries during June and July. For a listing please visit:

www.multcolib.org

or you can contact Katy.

Summer Fun Days In the Park: Blue Lake Park—Free

11 AM to 2 PM every Tuesday, Wednesday & Thursday between June 28th—August 18th

- Free Parking from 10 AM—1 PM
- Free lunch for kids ages 18 & under
- Enjoy nature walks, arts and crafts, sports, games and activities in the nature discovery garden
- Plus, you can become a Blue Lake Park Junior

For more information call (503)813-7505 or email: lupine.desnyder@oregonmetro.gov Please contact Katy for transportation if you would like to participate in this.

June 2016

SUN	MON	TUE	WED	THU	FRI	SAT
			1 Exercise Challenge Begins	2	3	4
5	6	7 Elders Shopping Day 10 AM	8	9 Portland Area Office Anniversary Celebration - 11 AM	10	11 Elders Council 1 PM—Lincoln City
12	13 Athabaskan Language Class 6 PM—8 PM	14	15 Beading Group 9:45 AM—11:45 AM Diabetic Luncheon Noon—2 PM ID Machine 9—3	16	17 Regular Council 8 AM—Siletz	18
19	20	21 Elders Shopping Day 10 AM Education Zoo Trip 10 AM—2:30 PM	22 Garden Club 5:30 -7 PM	23	24	25
26	27	28 Elders Potluck 5:30 PM	29	30 CTSI Higher Education Applications Due 4:30 PM		

477 Self-Sufficiency Program

SSP New Monthly Meetings

The 477 Self Sufficiency Program (SSP) is implementing a new Monthly Group meeting for all SSP clients.

The Purpose:

These monthly meetings will allow clients to talk and share what is happening on their journey to self sufficiency. This will support clients in knowing that they are not alone and they have the same issue, concerns, questions and struggles as others. This will empower clients to talk with each other and come up with solutions together.

The format:

The meetings will be self directed by participants with prompting and facilitation from staff when necessary. Topics will be open to work, school, goals, family, resources, etc. We will also facilitate quarterly workshops

The meetings will be no longer than 2 hours. Snacks or meals may be provided (if applicable).

Meeting dates and times will be determined by the group and reminder post cards will be sent out to current SSP clients.

If you have any questions please call your Portland area office Tribal Service Specialist (SSP):

Anna Renville 503-238-1512 ext 1412

Tamra Russell 503-238-1512 ext 1411

Mission Statement:

To assist eligible clients in attaining self-sufficiency. The 477 Self Sufficiency Program will serve the following groups as they work towards this goal: Siletz needy families, Native American, Alaskan Native, Native Hawaiian.

Program components include: cash grant services, emergency utility assistance, job training, job retention services and other supportive services which are subject to budget cycle availability.

The Program Manual lists all available components in detail and the requirements of each which is also available at the CTSI website:

www.ctsi.nsn.us

Contact a Tribal Services Specialist for more information about current components that are available.

Your Success is Important to Us

Questions or to apply, please call the Portland Area Office (503) 238-1512 and speak with Anna Renville, or Tamra Russell

Contract Health

Need to Call Contract Health?

If you have questions about your eligibility for Siletz, Contract Health Services (CHS), please call your assigned CHS technician. Please call (800) 628-5720. A technician is assigned to you by your last name. Please refer to the list

below to determine who you need to speak with when contacting contract health.

Trish Carey	A-G	X1651
Misty Hammet	H-O	X1329
Joella Strong	P-Z	X1649

Tobacco Prevention Education Program



When you're **ready to quit** tobacco, call 1-800-QUIT-NOW (1-800-784-8669) or go to www.quitnow.net/oregon/

“When I decided to quit tobacco, the **Quit Line helped me make a plan and stay strong.”**

The Oregon Quit Line is free and you can make your own plan. Do it online or over the phone.

You can quit. We can help.

Call 1-800-QUIT-NOW (1-800-784-8669)

or go to www.quitnow.net/oregon/

Natural Resources

Youth Antlerless Elk Hunt

Applications Due: July 8, 2016 for 2 Tags

Hunt runs from August 1 to December 31

Applications available at the Natural Resources office and on the Tribal website under Natural Resources beginning June 6

Open to Tribal youth age 12-17 who have a valid Hunter Safety Card

Call Natural Resources Manager Mike Kennedy at 541-444-8232 if you have questions.



Bow & Arrow Culture Club's

46th Annual DELTA PARK Powwow and Encampment

June 17-19, 2016 ~ Father's Day Weekend
East Delta Park, Portland, Oregon

Run to the Rogue Exercise Challenge 2016 REGISTRATION FORM

Please complete a Registration Form for each participant.
Exercise Challenge participation is open to Siletz Tribal members and their families, Siletz Community Health Clinic patients, and CTSI staff.

Name: _____ Area Office _____
Please print legibly!

Full Mailing Address: _____

e-mail Address: _____

Phone #: (H) _____ (W) _____ (message) _____

I am a (check One)

- Siletz Tribal Member (Roll # _____) Coat Size: (circle one)
- Legal Dependent of a Tribal member Adult: S, M, L, XL, 2XL, 3XL
- CTSI Employee Child: S, M, L, XL
- Patient at Siletz Community Health Clinic

AGE: Under 6 (Note: Children are encouraged to exercise with their family.)
 6 -17
 18 or over

Parental Consent if under 18 Years _____
Parent's Signature

Medical conditions that might affect your ability to participate in the Exercise Challenge:

NONE See

WAIVER

Most Forms of moderate exercise are safe and beneficial for most otherwise healthy people. Elders and all participants with diabetes, chest pain, unexplained dizziness, or known heart disease should get permission from their health care provider in order to register. If you are an adult, we will trust that you will take care of this yourself.
When starting an exercise program, I understand the importance of starting slowly, staying at a comfortable pace, increasing speed and distance gradually, and seeking medical attention for chest pain, palpitations, dizziness or fainting, or any other unexplained problems.
I hereby release the Siletz Community Health Clinic and CTSI employees from liability for any injuries or illness I may incur while participating in this program.

Signature Date

Over-Income Grant Program

The Over Income Rehabilitation Construction program funds over-income families with a \$5,000 grant for construction rehabilitation on the primary residence they own.

The Siletz Tribal Council has recently approved an additional 10 grants for this year. Request an application for the additional grants and submit them to the Housing department by the deadline below.

Rehabilitation refers to repairs or renovations to the home, but does not include appliances, saunas, hot tubs, swimming pools, driveways, fences, etc.

Over-Income refers to tribal members whose income exceeds the income limits set by the Native American Housing Assistance and Self Determination Act (NAHASDA). These are listed below.

1	2	3	4 Base	5	6	7	8
\$36,848	\$42,112	\$47,376	\$52,640	\$56,851	\$61,062	\$65,274	\$69,485

If you are a Siletz Tribal member and have not received a Down Payment Assistance Grant within the last five (5) years or you have not received an over-income grant, call the housing office to request an application. Applications, including proof of current annual income, enrollment, and proof of home-ownership with the Tribal members name on it, must be submitted to the Housing Office Friday; June 10, 2016 at 4:30 p.m. Applications received after that date and time will not be accepted by the Siletz Tribal Housing Department. Qualified applicants will be placed in the lottery drawing, which will be held during the month of June on a date approved by the Tribal Council. If you have any questions, please call Jeanette Aradoz at 1-800-922-1399 ext. 1316 or 541-444-8316.

Most Often Requested Numbers

Siletz Community Health Clinic	(800) 648-0449	Contract Health Services	(800) 628-5720
Grand Ronde Health Center	(800) 775-0095	Chemawa Clinic	(800) 452-7823
Eugene Area Office	(541) 484-4234	Salem Area Office	(503) 390-9494
Siletz Administration	(800) 922-1399	Siletz Behavioral Health	(800) 600-5599
Joyce Retherford USDA/FDP Dir.	(541) 444-8393	Chinook Winds Casino	(888) 244-6665

2016-17 Siletz Tribal Head Start Enrollment Application

CHILD'S NAME _____ Social Security #- _____

Child's Sex: M F 3. Child's Date of Birth: ___/___/___ AGE

NOW _____ Returning Student: Yes No. Does child have any condition which may be considered a **disability or special need?** Y/ N Explain:

Is child **descendent/member of a federally recognized Indian Tribe?** Y/ N

Roll # _____ Tribe _____ (Please attach verification).

Are You Homeless? Y/ N Homeless children means individuals who lack a fixed, regular, and adequate nighttime residence; For Example, are living in motels, hotels, trailer parks, or camping grounds due to the lack of alternative adequate accommodations, or are awaiting foster care placement.)

PARENT/GUARDIAN NAME(S):

1. _____ DOB ___/___/___

2. _____ DOB ___/___/___

Street Address: _____ City: _____

Zip Code: _____

Mailing Address: _____

City: _____ Zip Code: _____

Telephone #'s: Home:() Work:()

Bus Pick-up and drop-off address if different from above: _____

A preference for enrollment can be given to families which face any of the following conditions: single parent household, parents separated or divorced, child is a victim of abuse or neglect or child suffers a non-handicapping medical condition, foster child, sibling who attended the program. If your family meets any criteria and you want to claim that preference, please list the qualifying condition(s) here:

LIST ALL OTHER HOUSEHOLD MEMBERS BY NAME and DATE OF

Birth : Total # Household members _____

Please add additional families members to the back of this application

1. _____ 2. _____

3. _____ 4. _____

FINANCIAL STATEMENT (You Must attach verification of these benefits.) Check all that apply:

____ Employed ____ Unemployment—General Assistance—Child Support—TANF - Veteran's Benefits—Social Security—Disability—College Grants/Scholarships—Other, explain

TOTAL GROSS MONTHLY INCOME
\$ _____ (YOU MUST attach verification)

With my signature I certify that the above information is complete and accurate:

Signature: _____ Date: _____

Siletz Tribal Head Start is an equal opportunity program and open to all children regardless of race, color, age, sex, handicap, or national origin. Any person who believes she/he has been discriminated against should write to the Secretary of Agriculture, Washington, DC, 20250.

Published by the
**Confederated Tribes of
 Siletz Indians of Oregon
 Portland Area Office**

Portland Area Office
 12790 SE Stark St., Suite 102
 Portland, OR 97230

Phone: (503) 238-1512
Fax: (503)238-2436

Hours:
 Mon—Friday
 8:00 AM—4:30 PM

www.ctis.nsn.us



BEAR SV-GVS

Is Your Newsletter Coming to the Right Address?

We frequently receive new mailing address lists from Enrollment. If you have not updated your new address with enrollment your newsletter could be misdirected. If you or someone you know is not currently receiving their newsletter (we send one per household), please contact Enrollment: 1 (800) 922-1399, X1258 to update your mailing address.

Would You Like to Receive Your Newsletter Faster and In Color?

All Area Office newsletters are now posted for immediate downloading at our tribal website:

www.ctsi.nsn.us

Portland Area Office Staff:

Name/ Title	Contact Information
Sherry Addis Area Office Supervisor	(503) 238-1512, X1419 sherrya@ctsi.nsn.us
Katy Holland Education Specialist	(503) 238-1512, X1418 katyh@ctsi.nsn.us
Andrew Johanson Area Office Clerk	(503) 238-1512, X1400 andrewj@ctsi.nsn.us
Verdene McGuire Comm. Health Advocate	(503) 238-1512, X1413 verdenem@ctsi.nsn.us
Patricia McKinney Tobacco Prevention Coordinator	(503) 238-1512 X 1415 pattim@ctsi.nsn.us
Anna Renville Tribal Service Specialist	(503) 238-1512, X1412 annar@ctsi.nsn.us
Tamra Russell Tribal Service Specialist	(503) 238-1512, X1411 tamrar@ctsi.nsn.us
Andulia WhiteElk Addictions Counselor—A/D Program	(503) 238-1512, X 1414 anduliaw@ctsi.nsn.us

Other Numbers:

Name/ Program	Number	Name/ Program	Number
Angie Butler Voc. Rehab. Director	503-390-9494 X1872	Bud Lane Cultural Program	800-922-1399 X1320
Casey Godwin LIHEAP	(800)-922-1399 X 1311	Jeanette Aradoz Housing Dept.	800-922-1399 X1322
Mike Kennedy Natural Resources	800-922-1399 X1232	Joyce Retherford USDA FDP Dir.	(541) 444-8393
Jessica Phillips Home Visiting Cdntr.	(541) 484-4234 X1752	Kim Lane C.A.R.E. Program	(800)922-1399 X1679
Marleen Wynn Housing Admissions	(800) 922-1399 X1259		