



BEVERLY OWEN, AREA OFFICE SUPERVISOR 503-390-9494, x1851 bevo@ctsi.nsn.us

CINDY JACKSON, AREA OFFICE SECRETARY 503-390-9494, x1850 cindyi@ctsi.nsn.us

OFFICE INFORMATION

HOURS OF OPERATION: Our office hours are Monday through Friday 8:00am - 4:30pm. We are closed on Federal holidays and Tribal holidays. We do ask that you try to make it into the office in plenty of time to conduct any business you have by close of business.

PRINTING, COPYING & FAXING: Community Members can send or receive faxes, have copies made and print documents. The charge is 5 cents per page. Note: If the documents are specifically requested by a Tribal Program there will not be a charge. (Non Siletz Tribal members will be charged for all faxing, printing and copying.)



The position of the Tribe on coming into Tribal Offices under the influence of drugs and/or alcohol is that it will NOT be tolerated. That also includes threats of any kind and/or unruly behavior. If you exhibit any of this type of behavior, you will be asked to leave.

IMPORTANT REMINDER: We are not allowed to accept collect phone calls! If you place a call like that it will be declined. You must call the 800 number in Siletz and asked to be transferred to this office.

If you would like to get your newsletter electronically, email Cindy (cindyj@ctsi.nsn.us) and she will add you to the distribution list. Reminder: All Area Office newsletters are available online.





12th~14th





The Salem Area Office is seeking to fill an on-call driver position. Hours vary from week to week. Must provide proof of valid driver's license, proof of insurance, pass background/criminal history check and pre-employment drug screening. Must be able to operate various vehicles: sedan, van and 9 passenger bus and participate in annual bus safety/operation training. Must be reliable and dependable.

Pay: \$11.00 per hour.

For more information, please call the Siletz Elders Program 800-922-1399



KIMBERLY LANE

COORDINATOR/ADVOCATE

kimberlyl@ctsi.nsn.us

800-648-0449 (Siletz)

503-390-9494 (Salem)

KIRA WOOSLEY

kiraw@ctsi.nsn.us

(Siletz) 800-648-0449

The CARE Program offers confidential, safe and culturally appropriate education and advocacy services to Native American victims of domestic violence, sexual assault, dating violence and stalking, as well as victims associated with Native families, such as a non-native spouse.

An advocate is available to provide assistance to access services, including personal protective orders, shelter or housing, Tribal program information and other program resources.

It is the Program's mission to educate and empower our community to live a healthy, non-violent lifestyle that strengthens spirit for future generations.

SELF Support Group

Support group that focuses on Safety, Emotions, Loss and Future for those who have experienced trauma in their life. The group meets the first Thursday of each month from 5.30-7.00pm at the Hee Hee Illahee RV Resort. If you have questions or would like more info, call Kimberly or Kira.

Barriers to Gaining Independence

Why don't victims of domestic violence "just leave?" Leaving may seem like a simple solution, however, it is rarely that easy. Each abusive relationship and each domestic violence case is complex and the dynamics are unique. There are many reasons why a victim may not be able to, or may not want to leave an abusive partner.

afraid that the abuser will injure or The victim may love the abuser and tim, or themselves.

not permit a victim to work.

one there to help them out.

even have a driver's license.

Fear of harm—The victim may be Hope that the abuser will change—

kill a child, loved one, pet, the vic- they may hope that the person will change.

Lack of finances -Victims are of- Personal values -The victim may not ten restricted from accessing finan- want to get divorced or break up the cial resources, or the abuser may family due to personal or religious values.

Lack of personal support—Abusers Past experience with abuse—A victim often isolate their victims from may have grown up in an abusive friends and family, so when the vic- household and have the assumption tim is ready to leave, there is no that relationships are supposed to be that way.

Lack of personal resources—The Legal issues—The victim may fear losvictim may not have the job skills or ing their children in a custody battle, education required to support or they may fear having to go into a themselves. The victim may not courtroom and talk about the abuse they have suffered.

Myths and facts about domestic violence

Myth: Domestic violence is not a problem in my community.

Fact: In 2015 there were 857 colls for help made to domestic violence advocacy programs in Lincoln County alone.

Myth: Middle-class women do not get battered as frequently or as violently as poor women.

Fact: Domestic violence occurs in all socio-economic groups. In fact, middle-class women often face barriers to getting public assistance when they decide to leave because of their family's "above poverly line" status.

Myth: Couple's counseling is the solution for domestic violence.

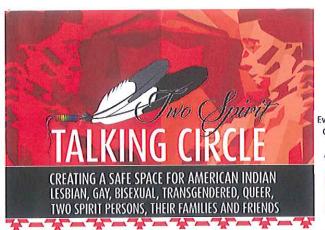
Fact: Couple's counseling Is NOT recommended for couples trying to end the violence in their relationships due to the power and control underlying the violence. If is more effective for the batterer to seek treatment, such as batterer's intervention classes alone.

Mylh: Alcohol and drugs cause domestic violence.

Fact: Alcohol and drug use DO NOT cause domestic violence. Domestic violence only hoppens when a person CHOOSES

Myth: Domestic Violence is a one-time event.

Domestic violence is the systematic suffocation of another person's splrit. It is a pattern of abusive behaviors that happens over and over and escalates in severity and dangerousness over time.





Join us Wednesday Aug 5th 5:00 pm Salem Area Office

Every month, the Siletz Tribal Change Team hosts a community talking circle for the American Indian Lesbian, Gay, Bisexual, Transgendered, Queer (LGBTQ), Two-Spirit community and its allies. The goal of the Talking Circle is to create a safe and confidential space for the community to discuss the struggles, triumphs and concerns of the LGBTQ Two-Spirit Community. This is also a place for friends and family to receive advice, support, and education as they continue their journey as an ally.

The Siletz Tribal Change Team works to improve the services utilized by the LBGTQ and Two-Spirit community. The team works to create awareness, provide education/resources and change the culture of the Native community to be more accepting of its LBGTQ and Two-Spirit individuals.

The Talking Circle is held on the second Wednesday of each month from 5.00-7.00pm For more information, contact Norma Trefren 503-390-9494 or normat@ctsi.nsn.us



We would like to
Welcome Antonia
"Toni" Leija to the
Salem Area Office
team. Toni is the
new Job Developer for the Voc
Rehab Program.



Welcome to the World!

Rey Maravilla-Huerta

Born: July 6, 2016 20 ½ in, 91bs 80Z



"Get Your Projects done- Sewing Circle"
Do you have projects you would like to complete?



We have sewing machines that you may use on Thursdays, August 4,11,18, 25 from 11:30 to 2:30. We will have a brief machine orientation and then you can sew-sew-sew! You will also have the opportunity to sample from what is cooking in the kitchen from the CHA program. You are also welcome to bring your own machine. Contact Beverly for more information at 503-390-9494









LANGUAGE CLASS

Nuu-wee-ya' (Our Words)

DATE:

August 16th

TIME:

6:00 - 8:00 pm

WHERE:

Salem Area Office

Bud Lane 1-800-922-1399 x8320 budl@ctsi.nsn.us

These classes will begin with basic instruction and will progress over the year. It will also be a refresher course for those more advanced students. Come and join other members of your community and Tribe in learning to speak one of our ancient languages. We also have equipment in the Culture Department available for use in grinding and drilling shell or pine nuts or other applications. If you have a need for using the equipment call and I can set up an appointment during regular business hours or after hours.



SALEM WAREHOUSE

Monday August 15th Tuesday August 16th Wednesday August 17th Thursday August 18th

1:30 – 6:30 pm 9:00 am – 6:30 pm 9:00 am – 6:30 pm 9:00 – 11:00 am JOYCE RETHERFORD
CTSI FDP Director
LISA PAUL
CTSI FDP Clerk
800-922-1399 (Siletz)
503-391-5760 (Salem)

KC SHORT

1-800-922-1399 x1310

1-541-444-8310

FAX: 541-444-8313

I hope you all remember that when the rules changed in 2013, we don't have to count per capita payments that are received less than monthly. If you are a client that received per capita payments in the month of August, you are still eligible your food.

Be sure to LIKE us on Facebook at: SILETZ TRIBAL FDPIR. I am posting recipes, distribution dates, pictures and food safety tips.

DOWN PAYMENT ASSISTANCE PROGRAM

Are You Ready to Buy a Home:

You can find out by asking yourself some questions:

- Do I have a steady source of income (usually a job)?
- Have I been employed on a regular basis for the last 2-3 years?
- Is my current income reliable?
- Do I have a good record of paying my bills?
- Do I have few or no outstanding debts (like car payments)?
- Do I have some money saved?
- Do I have the ability to pay a mortgage every month, plus additional costs?

If you answered yes to these questions, then you might be ready. Give me a call to find out about the Down Payment Assistance Program. This Program helps with closing costs and down payment when purchasing your first home.

CENERAL GOUNGE NEETING

August 6th Siletz

477/Self-Sufficiency Program



ANGELICA ESPINO
Tribal Service Specialist
angelicae@ctsi.nsn.us
503-390-9494 x1853
NORMA TREFREN
Intake Specialist/Job Coach
normat@ctsi.nsn.us

503-390-9494 x1852

Our Program offers a variety of services on a budgetary basis. We offer Cash Assistance, Emergency Assistance, Classroom Training, Work Experience and On The Job Training. Participants in 477/SSP Programs must meet the eligibility requirements.

IMPORTANT DATES TO REMEMBER

AUGUST 1ST – 5TH CLIENTS MUST MAKE AN APPOINTMENT. IT'S A REQUIREMENT.

Per Capita Payment to Siletz Tribal Members August Ist August 2nd WEX Timesheets Due August 5th Job Search/Monthly Report forms due for Cash Assistance August 6th General Council Meeting - Siletz August 12th WEX Payday 12th - 14th Nesika Illahee Powwow August 16th WEX Timesheets Due August 26th WEX Payday August 30th WEX Timesheets Due

Those clients who are on GA will be suspended for the month of August due to per capita income. **No** services will be provided for the month of August. Self-Sufficiency activities are not required for August. July Self Sufficiency and Monthly Report Forms are still due by august 5th.

Those clients who are on TANF and are a one parent family will receive a grant if you have not received a program disqualification. Two parent (Siletz) families will be over the resource limit and will be suspended for the month of August. Self Sufficiency activities will be required of one parent households. July Self Sufficiency and Monthly Report Forms are still due by August 5th.

IMPORTANT REMINDERS FOR 477/SSP CLIENTS

- > SSP STAFF WILL RETURN CLIENT PHONE CALLS WITHIN 24 BUSINESS HOURS.
- > SSP STAFF WILL ADDRESS CLIENT REQUESTS FOR SUPPORT SERVICES AND OTHER REQUESTS WITHIN TWO BUSINESS DAYS.
- > SUPPORT SERVICES REQUEST FORMS ARE KEPT IN THE LOBBY.
- YOU MUST COMPLETE THE SUPPORT SERVICES REQUEST FORM FOR GAS CARDS, BUS PASSES, ETC.
- ➤ OFFICE STAFF DO **NOT** TAKE MESSAGES. YOU **MUST** LEAVE A VOICEMAIL ON YOUR WORKER'S LINE. IF YOU DON'T LEAVE A CURRENT PHONE NUMBER WE CANNOT RETURN YOUR CALL SO PLEASE BE SURE TO DO SO.
- CHECKS ARE AVAILABLE AFTER 2.00PM ON THURSDAYS. SINCE THE CHECKS COME IN THE MAIL IT CAN EVEN BE FRIDAY BEFORE THEY ARRIVE.

 PLEASE CALL BEFORE COMING ALL THE WAY HERE FOR YOUR CHECK.

Community Health Advocate



CECILIA TOLENTINO, CHA 503-390-9494 x1854 ceciliat@ctsi.nsn.us

> Monday – Friday 8,00am – 4,30pm



August IIth U – Pick Peaches



Join us to visit a local farm and get the opportunity to fill a bucket of u pick fresh peaches. You can use them in a fresh recipe or preserve them using the equipment at the Salem Area Office.

Tuna Canning August 24th



Are you interested in learning how to can fresh albacore tuna? If so, join us to learn how.

No experience needed.

Call Cecilia at (503) 390-9494 or by email ceciliat@ctsi.nsn.us to reserve your spot today.





Indoor Kitchen Herb Garden September 15th

Call Cecilia at (503) 390-9494 or by email ceciliat@ctsi.nsn.us to reserve your spot today.





SONYA MOODY-JURADO, **Education Specialist** 503-390-9494 x1856 sonyamj@ctsi.nsn.us Monday – Thursday 8.00am - 4.30pm

EDUCATION PROGRAM COMPONENTS: Higher Ed Adult Vocational Training (AVT) Adult Education Supplemental Education ♦ (JOM) ♦ Tribal Youth Employment & Education (TYEE)

My office hours are Monday-Thursday 8:00-4:30pm. I do not work on Friday.



When calling, if I am not available, please leave a message. For JOM activities youth must be nine years old to attend without a chaperone. You must call Sonya to sign up for all JOM activities.

We will again have State Fair tickets and school supplies available this year. They will be on a first come first serve basis.

If you call and sign up for activities or tickets, please come and pick up the tickets. Each year we have a limited number of tickets available and have tickets that are not picked up. This is unfair to families that were not able to receive tickets and may prohibit you from receiving tickets in the future.

When picking up tickets and school supplies, please allow time to fill out update forms for each of your children. We are required to have current information on all JOM students. No tickets or supplies will be distributed without updated information, this is a program requirement, so please allow the necessary time.

Beach Trip

We will be going to the beach on August 18, 2016. We will be leaving at 9:00am. We will have limited transportation available on the vans and youth must be 9 years old to ride on the van without a chaperone. Please call Sonya by August 12, 2016 to sign up.

State Fair

We will have tickets for families to attend the Oregon State Fair. These tickets are for JOM eligible families only. You must pre-register for the tickets. They are general admission tickets. The deadline to sign up for tickets will be August 5, 2016, no additional tickets will be purchased after the deadline. Each parent will need to call to sign up his or her own children. You cannot call and sign up for tickets for other people, only your children.

School Supplies

We will be distributing school supplies to JOM students. When calling in let us know the name of your students and what grades they will be going into. The deadline to call in for school supplies will be August 8, 2016. After that date orders will be filled by the supplies we have remaining. Please leave a phone number where you can be reached, so that we can call and let you know when you may pick up your supplies. We will be distributing the supplies the last week of August.

TYEE Program

I currently have 18 youth that are participating in the Tribal Youth Education and Employment program.

HIGHER EDUCATION/ADULT VOCATIONAL TRAINING PROGRAM

The Tribal Higher Education program operates on a one-time per year application deadline. The deadline for Fall Term 15 was June 30, 2016. If you missed the deadline, the next funding cycle is for Fall 2017 and the deadline is June 30, 2017.

ADULT EDUCATION

The Adult Education program is for Siletz Tribal members, 16 years or older, who are not already enrolled in a formal education program. The Adult Education program can assist with the following: Obtaining GED, certificates, or otherwise raise levels of educational achievement through adult classes to improve employment status through education/training. There is no deadline to apply for classes. For an application, please call SONYA at (503) 390-9494.

Siletz Tribal Youth Activity Fund

Helps to fund programs for Siletz tribal youth in the many areas such as: sports, music, camp fees, lab fees, shop supplies, graduation, educational /scholastic materials, cultural supplies and materials, correspondence courses, and extra-curricular supplies. Siletz Tribal members from kindergarten to high school can access up to \$75.00.

Siletz Tribal Head Start Program

Is a preschool program for children 3 to 4 years old. The Salem Center has AM and PM classes. It operates Monday through Thursday for 3.5 hours a day. Transportation depends on residency, which will be determined after acceptance. Register in Spring for the following school year. All Siletz Tribal applications and forms are posted on the Tribal website at: www.ctsi.nsn.us.

Incentive Awards For Siletz Tribal Graduates

The Tribe has an incentives program for Tribal members reaching milestones in their education from Head Start, elementary school, middle school, high school, Adult Vocational Training programs and bachelor degrees, master degrees and doctorate degrees. If you have reached one of these milestones, please send in a copy of your certificates or diploma to Sonya at the Salem area office with your contact information, which includes address and phone number.







Home Visiting Program

Lori Christy
loric@ctsi.nsn.us
Home Visitor
503-390-9494 x1863

Confederated Tribes of Siletz Indians

Tribal Maternal, Infant, & Early Childhood Home Visiting Program

Naytlh - 'a "We Carry the Children"

Our home visiting program provides parenting and life skills for successful and positive parenting. We serve native families that are expecting or have infants under the age of twelve months, continuing through the child's third birthday. The model and curriculum we provide is called Family Spirit and was developed by the John Hopkins Center for American Indian Health. We are funded by the Tribal Maternal, Infant, Early Childhood Home Visiting Program (TMIECHV).

Family Spirit is evidence based and culturally sensitive to native families. Parents gain knowledge and skills for their developing infant through 36 months of age. We also focus on goals and healthy living for parents as a support system for the family as a whole. The program consists of 63 lessons over a 39 month period and is divided into six modules; Prenatal Care, Infant Care, Your Growing Child, Toddler Care, My Family and Me, and Healthy Living. Lessons vary from 30 minutes to 90 minutes and are delivered in the comfort of your home.

As a thank you for participating in our voluntary program we offer some incentives which we will be happy to share with you upon enrollment in the program. If you would like to get more information and or meet our home visiting staff we would love to schedule a home visit to give you a full overview of the program.

If you are expecting a child or have an infant less than twelve months old please give me a call to find out more about the program. I look forward to meeting you!

Lori Christy, Tribal Home Visitor



Siletz Tribal Vocational Rehabilitation Program



ANGIE BUTLER, Voc Rehab Director 503-390-9494 x1872

angieb@ctsi.nsn.us

TONI LEIJA, VOC REHAB JOB DEVELOPER 503–390–9494 x1861

antonial@ctsi.nsn.us

DANA RODRIGUEZ, Voc Rehab Aide 503-390-9494 x1862

danar@ctsi.nsn.us

The Siletz Tribal Vocational Rehabilitation program (STVRP) is here to assist members of any federally recognized Tribe (living within the Siletz Tribes service area) with overcoming impediments to employment. We work with a diverse population of individuals who have disabilities ranging from cognitive impairments to physical limitations.

If you have a documented disability that creates limitations or prevents you from doing the work you desire or are qualified for we would like to assist you. We can assist with obtaining and employment maintaining We focus on developing skills. motivation, identifying your abilities, lead to successful that skills employment and the development of self advocacy.

You should have a strong desire to work and be willing to work collaboratively with STVRP staff to provide you with the services needed to overcome your disability. Your personal goal should be self sufficiency and to live a healthy sustainable lifestyle.

WELCOME To the Voc Rehab Team Toni

The STVRP also assists transitioning students with disabilities. The ideal age for a student to start working with VR is two to three years before graduation, until the age 22, or graduated from high school. Our program can provide vocational guidance and counseling; identification with assist employment goals; employment retention; and advocacy within the academic environment. Students with a documented disability or who are on an "Individualized Education Plan-IEP" or on a "504 Plan" are encouraged to participate in the STVRP. Examples of SERVICES PROVIDED by STVRP:

- Guidance and Counseling
- Referral to Services
- Employment Services
- Portfolio Building, Resume Writing, Interviewing Techniques, Job Coaching
- Culturally Relevant Individualized Services
- Evaluations and Assessments
- Training Placement Opportunities
- Adaptive Equipment

For more information about the STVRP, please inquire at 1-800-922-1399. We also maintain resource and employment boards so please stop by if you're interested. You can speak to any of the VR staff: In Salem Office - Dana Rodriguez (Program Aide); Angie Butler (Program Director).

Want help getting a job? Do you have a diagnosed disability (IEP or 504)?

You could be eligible for STVRP services.

Steps in working with Siletz Tribal Vocational Rehabilitation Program:

Step 1: Establish contact with the STVRP Counselor assigned to your school and schedule a meeting. Your first meeting with a STVRP Counselor will be to gather information about you, your needs, and to discuss whether the STVRP fits for you.

If the program is for you......

Step 2: Sign an application and a STVRP Counselor will determine whether or not you're eligible for services by talking with you about your needs, your disability, and what barriers you have as a result. They may also need to do some additional testing and will read through your school records.

Step 3: Once you're eligible, you'll meet with your STVRP Counselor to discuss your goals and plans for employment.

STVRP Counselors can provide guidance and counseling to students who need help determining their goals or plan for what they want after high school.

Step 4: You'll also work with your STVRP Counselor to discuss the impact of your barriers as you work to reach your employment goals and determine what services are necessary to help you reach your goals.

August 2016

Saturday	6 General Council 1pm	Huckleberry Gathering	13	Pow wow	20 Elders Meeting 1pm	Grand Ronde Annual Contest Powwow 19th – 21st	27	Klamath Tribe Restoration Powwow 27 th – 28 th	Huckleberry Camping Weekend	
Friday	5 Deadline to sign up for Fair tickets.	Summer Family Film Fest at Salem Library 2pm	Deadline to sign up for JOM Beach trip	POUVON N	19	Grand Ronde	26 WEX Payday		Huckleberry Ca	dar Guerds
Thursday	4 Sewing Machines Available for Use	SELF Support Group 5:30-7:00pm	11 U Pick Peaches Sewing Machines Available for Use	Royalty Pageant	18 JOM Beach Trip	Sewing Machines Available for Use	25 USDA	Sewing Machines Available for Use		alendar of Control
Wednesday	WEX Timesheets 3 Regal Summer Movies \$1 Tue/Wed 10am	CEDARR 12:00pm Siletz Clinic	Regal Summer Movies \$1 Tue/Wed 10am	Two Spirit 5-7pm	WEX Timesheets 17 Regal Summer Movies \$1 Tue/Wed 10am		24 USDA	Tuna Canning		31
Tuesday	2 WEX Timesheets Regal Summer Movie		9 Regal Summer Movie	\$4 Day at the Portland	16 WEX Timesheets Regal Summer Movie	Tarona Clase 6-8mm	23 USDA			30 WEX Timesheets
Monday	1 Fer Capita Fayment		8 Deadline to sign up for school supplies		15		22 USDA			29
O. m. Jan.	Suma		7		14	Esa Powwom	Huckleberry Gathering			28

Notes

Free Summer Bowling: For Youth 15 and under through September 7th : Firebird Lanes (3 games per day)
Northgate Bowling/Town & Country Lanes (2 games per day)

It's a GREAT month for Siletz Tribal Members.....Per Capita & Our Big Powwow!