

# The Drumbeat

## SALEM AREA OFFICE



BEVERLY OWEN, AREA OFFICE SUPERVISOR  
503-390-9494, x1851 bevo@ctsi.nsn.us

CINDY JACKSON, AREA OFFICE SECRETARY  
503-390-9494, x1850 cindyj@ctsi.nsn.us

### OFFICE INFORMATION

**HOURS OF OPERATION:** Our office hours are Monday through Friday 8:00am – 4:30pm. We are closed on Federal holidays and Tribal holidays. We do ask that you try to make it into the office in plenty of time to conduct any business you have by close of business.

**PRINTING, COPYING & FAXING:** Community Members can send or receive faxes, have copies made and print documents. The charge is 5 cents per page. *Note: If the documents are specifically requested by a Tribal Program there will not be a charge.* (Non Siletz Tribal members will be charged for all faxing, printing and copying.)



The position of the Tribe on coming into Tribal Offices under the influence of drugs and/or alcohol is that it will NOT be tolerated. That also includes threats of any kind and/or unruly behavior. If you exhibit any of this type of behavior, you will be asked to leave.

**IMPORTANT REMINDER:** We are not allowed to accept collect phone calls! If you place a call like that it will be declined. You must call the 800 number in Siletz and asked to be transferred to this office.



If you would like to get your newsletter electronically, email Cindy ([cindyj@ctsi.nsn.us](mailto:cindyj@ctsi.nsn.us)) and she will add you to the distribution list. *Reminder: All Area Office newsletters are available online.*



**Office Closed**  
December 9<sup>th</sup>  
Winter All Staff  
December 26<sup>th</sup>  
Christmas

*We would like to wish our  
Salem Community a very  
Happy Holiday*





# HOLIDAY HAPPENINGS

## DECEMBER GATHERING

DECEMBER 15, 2016

TIME: 4:00 TO 7:00

Join Us For  
A Little  
Christmas Cheer!

&

Some fun little take home projects too!

A LIGHT MEAL WILL BE  
SERVED FROM 5:30 TO  
6:30

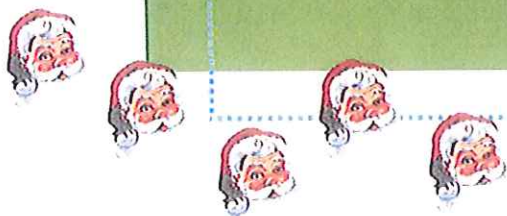
FOR ADEQUATE MEAL PLANNING PLEASE  
CONTACT BEVERLY OR CINDY TO LET US  
KNOW IF YOUR FAMILY PLANS TO ATTEND

503-390-9494

You're Invited!

In the newsletter there is a  
Dear Santa Page  
Fill it out however you would like  
Funny, serious, creative, and re-  
turn it to the area office. All ages  
are encourage to participate! We  
will have a drawing at the open  
house from the people who wrote  
to Santa!

Deadline is 6:00 pm 12/15/16





Love,

Dear Santa,

## SILETZ & JOM MOVIE NIGHT

DECEMBER 29, 2016

6:30 PM

MOVIE: TBA

FUN FUN FUN TIME FOR EVERYONE!

WE WILL NEED TO PROVIDE A FINAL COUNT OF OUR PARTICIPANTS. THEREFORE YOU NEED TO CALL US BY TUESDAY, DECEMBER 20<sup>TH</sup>.

503-390-9494

WE WILL NOT ADMIT PEOPLE TO THIS EVENT WHO HAVE NOT SIGNED UP. THIS EVENT IS PRIVATE AND THE PUBLIC IS NOT ALLOWED ADMITTANCE.

THANK YOU IN ADVANCE FOR UNDERSTANDING AND YOUR COOPERATION

LET'S GO OUT TO THE MOVIES...  
...LET'S GO OUT TO THE MOVIES!

LET'S GO OUT TO THE MOVIES...  
...LET'S GO OUT TO THE MOVIES!



KIMBERLY LANE COORDINATOR/ADVOCATE <a href="mailto:kimberlyl@ctsi.nsn.us">kimberlyl@ctsi.nsn.us</a> (Siletz) 800-648-0449 (Salem) 503-390-9494	KIRA WOOSLEY <a href="mailto:kiraw@ctsi.nsn.us">kiraw@ctsi.nsn.us</a> (Siletz) 800-648-0449
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The CARE Program offers confidential, safe and culturally appropriate education and advocacy services to Native American victims of domestic violence, sexual assault, dating violence and stalking, as well as victims associated with Native families, such as a non-native spouse.

An advocate is available to provide assistance to access services, including personal protective orders, shelter or housing, Tribal program information and other program resources.

It is the Program's mission to educate and empower our community to live a healthy, non-violent lifestyle that strengthens spirit for future generations.

**Care Program**

The Siletz SAO recently hosted the Siletz CARE Program - film screening of "The Hunting Ground" for Tribal Sexual Assault Awareness Month  
What it is: The hunting ground is a documentary film about the issues surrounding sexual assault on college campuses. It shows the difficulties that survivors face as well as the institutional cover-ups sweeping college campuses across America.

Who could attend: Anyone 17 and older who would like to learn more about activism and awareness around the topics of sexual assault awareness. Children 14 to 16 could attend with a parent.

The film screening is followed by a talking circle where we discuss the issues presented in the film. There is an advocate present and available.

We had this presentation during the day time hours and are able and willing to arrange another presentation during the evening if there is interest in the community. Please contact Beverly at 503-390-9494 if you would like to see this scheduled in the near future.



Our next gathering will be on  
Wednesday December 7<sup>th</sup> 5:00pm  
At the Salem Area Office





**LIHEAP IS OPEN FOR SILETZ TRIBAL MEMBERS**  
**By appointment only.**  
 Call Cindy for an appointment.

 Find us on  
**Facebook**

Confederated Tribes of Siletz - Salem Area Office  
<https://www.facebook.com/groups/383072355357428/>



We're coming into the winter weather season. We want to make sure to let everyone know that in the event of an office closure, we will do everything within our power to get the word out to community members. During times of bad weather, it's always a good idea to call before coming into the office to make sure we are open. We will try to update our phone message as often as possible. Also, since we now have our Facebook page, we can get information out that way.



Connor Ortiz born 11-2-16 7lb 13oz 21in.  
 Parents Jessica and Nico  
 Big Brother Josiah



**WE ARE HAPPY TO  
 ANNOUNCE THAT YOU CAN  
 NOW COME IN FOR TRIBAL  
 IDS! CALL BEV TO MAKE  
 AN APPOINTMENT.**





Nuu-wee-ya'  
(Our Words)

## ATHABASKAN LANGUAGE

DATE: December 13<sup>th</sup>  
TIME: 6:00 – 8:00 pm  
WHERE: Salem Area Office

BUD LANE  
1-800-922-1399 x8320  
[budl@ctsi.nsn.us](mailto:budl@ctsi.nsn.us)

These classes will begin with basic instruction and will progress over the year. It will also be a refresher course for those more advanced students. Come and join other members of your community and Tribe in learning to speak one of our ancient languages. We also have equipment in the Culture Department available for use in grinding and drilling shell or pine nuts or other applications. If you have a need for using the equipment call and I can set up an appointment during regular business hours or after hours.



## FOOD DISTRIBUTION

Monday December 12 <sup>th</sup>	1:30 – 6:30 pm
Tuesday December 13 <sup>th</sup>	9:00 am – 6:30 pm
Wednesday December 14 <sup>th</sup>	9:00 am – 6:30 pm
Thursday December 15 <sup>th</sup>	9:00 – 11:00 am

JOYCE RETHERFORD  
CTSI FDP Director  
LISA PAUL  
CTSI FDP Clerk  
800-922-1399 (Siletz)  
503-391-5760 (Salem)



Be sure to LIKE us on Facebook at: **SILETZ TRIBAL FDP**. I am posting recipes, distribution dates, pictures and food safety tips.

### Cloud Bread With Tuna Salad

3 eggs separated *	3 tblsp cream cheese
¼ tsp baking powder (or cream of tartar)	Salt, Garlic Powder, Rosemary
Optional: 1 tblsp honey or some natural sweetener)	



Preheat oven to 300. Separate eggs (there must be no yolk in the white). In one bowl mix together the egg yolks, cream cheese and honey until smooth. In a second bowl, add ¼ tsp baking powder to the whites and beat with a hand mixer on high until fluffy and form a nice peak and hold their peak. Slowly fold egg yolk mixture into the egg whites and mix carefully; you don't want to break the fluffiness of the egg whites. Do the following as quickly as possible or the mixture may start melting....Spoon the mixture into 10-12 even rounds onto lightly greased baking sheet. Sprinkle with Rosemary or favorite spices and put in the oven. Bake for 18-20 mins on middle rack. Then, broil for 1 min or until golden brown. Remove from oven and let cool. Put a dollop of tuna salad in the middle of each bread, roll it up and eat it.

\*Indicates commodity foods used.



# 477 SSP



ANGELICA ESPINO  
Tribal Service Specialist  
angelicae@ctsi.nsn.us  
503-390-9494 x1853  
"VACANT"  
Intake Specialist/Job Coach  
503-390-9494 x1852

Our Program offers a variety of services on a budgetary basis. We offer Cash Assistance, Emergency Assistance, Classroom Training, Work Experience and On The Job Training. Participants in 477/SSP Programs must meet the eligibility requirements.

## Happy Holidays from your Salem SSP Staff

### IMPORTANT DATES TO REMEMBER

**DECEMBER 1<sup>ST</sup> – 5<sup>TH</sup> CLIENTS MUST MAKE AN APPOINTMENT. IT'S A REQUIREMENT.**

December 2 <sup>nd</sup>	WEX Payday
December 5 <sup>th</sup>	Job Search/Monthly Report forms due for Cash Assistance
December 6 <sup>th</sup>	WEX Timesheets Due
December 7 <sup>h</sup>	<i>Native Wellness Training* 1:00-3:00pm</i>
<b>December 9<sup>th</sup></b>	<b>OFFICE CLOSED – WINTER ALL STAFF</b>
December 15 <sup>th</sup>	Salem Area Office Open House
December 16 <sup>th</sup>	WEX Payday
December 20 <sup>th</sup>	WEX Timesheets Due Deadline to sign up for the Family Movie Night
<b>December 26<sup>TH</sup></b>	<b>CHRISTMAS HOLIDAY – ALL TRIBAL OFFICES CLOSED</b>
December 29 <sup>th</sup>	Annual Family Movie Night



\* Please note the change in time and day for the class

### IMPORTANT ANNOUNCEMENTS FOR 477/SSP CLIENTS

- SSP STAFF WILL RETURN CLIENT PHONE CALLS WITHIN 24 BUSINESS HOURS.
- SSP STAFF WILL ADDRESS CLIENT REQUESTS FOR SUPPORT SERVICES AND OTHER REQUESTS WITHIN TWO BUSINESS DAYS.
- SUPPORT SERVICES REQUEST FORMS ARE KEPT IN THE LOBBY. YOU **MUST** COMPLETE THE SUPPORT SERVICES REQUEST FORM FOR GAS CARDS, BUS PASSES, ETC.
- OFFICE STAFF DO **NOT** TAKE MESSAGES. YOU **MUST** LEAVE A VOICEMAIL ON YOUR WORKER'S LINE. IF YOU DON'T LEAVE A CURRENT PHONE NUMBER WE CANNOT RETURN YOUR CALL SO PLEASE BE SURE TO DO SO.
- CHECKS ARE AVAILABLE AFTER 2:00PM ON THURSDAYS. SINCE THE CHECKS COME IN THE MAIL IT CAN EVEN BE FRIDAY BEFORE THEY ARRIVE. **PLEASE CALL BEFORE COMING ALL THE WAY HERE FOR YOUR CHECK.**



# COMMUNITY HEALTH

CECILIA TOLENTINO, CHA  
503-390-9494 x1854  
[ceciliat@ctsi.nsn.us](mailto:ceciliat@ctsi.nsn.us)  
Monday – Friday  
8.00am – 4.30pm



## Community Health News

### Diabetes Exercise Program

We currently have gym membership stipends available. Each stipend is a maximum amount up to \$25 per month paid directly to a local gym. Selected participants must agree to complete a total of 8 separate gym visits per month one visit per day.

Participant will be liable for the remaining gym membership dues in excess of the allowable stipend of \$ 25 per month. Memberships are available to Siletz Tribal members with Diabetes or Siletz tribal members who are at risk for diabetes.



### Community Garden

Are you interested in renting a garden plot in your local community. The Weave Grant will fund the cost of the rental fee. That way you and your family would be able to grow fresh produce.

No experience needed we can provide plants, seeds and basic gardening information and resources to assist in the growing season. For more information or to sign up call Cecilia at the Salem area office or by email (503)390-9494 or [ceciliat@ctsi.nsn.us](mailto:ceciliat@ctsi.nsn.us)



# EDUCATION DEPT



SONYA MOODY-JURADO,  
Education Specialist  
503-390-9494 x1856  
[sonyamj@ctsi.nsn.us](mailto:sonyamj@ctsi.nsn.us)  
Monday – Thursday  
8.00am – 4.30pm

**EDUCATION PROGRAM COMPONENTS:** Higher Ed ♦ Adult Vocational Training (AVT) ♦ Adult Education ♦ Supplemental Education ♦ (JOM) ♦ Tribal Youth Employment & Education (TYEE)

My office hours are Monday-Thursday 8:00 – 4:30pm. I do not work on Friday.\*

*\*I will be out of the office a great deal in the month of December attending meetings and using leave.  
I will be in to check messages and return calls and emails*

**Tutoring** Tutoring is on Tuesday evenings from 4:30 – 6:30 pm here in the Salem Area Office.

**Indian Education** 5:30pm (dinner) and classes will go from 6:00-7:30 pm at Bush Elementary.

## JOM

When calling, if I am not available, please leave a message. For JOM activities youth must be nine years old to attend without a chaperone. **You must call Sonya to sign up for all JOM activities.**

### TOWN & COUNTRY LANES

We will have a limited number of bowling passes available for Christmas Break. Please call by December 8 to sign up.

### NORTHERN LIGHTS MOVIE NIGHT

We will again collaborate with the Salem Area Office on a community event for JOM and Siletz Families at Northern Lights Movie Theatre on December 29<sup>th</sup>. Please call Cindy to sign up no later than December 23<sup>rd</sup>. ***NO SIGN UPS WILL BE TAKEN AFTER THAT DATE. YOU CANNOT ATTEND THE EVENT UNLESS YOU HAVE SIGNED UP AS WE PAY PER PERSON.***

### HIGHER EDUCATION/ADULT VOCATIONAL TRAINING PROGRAM

The Tribal Higher Education Program operates on a one-time per year application deadline. The next funding cycle is for Fall Term 2017 and the deadline is June 30, 2017. **To be eligible to receive Tribal Education Funding you will have to complete your FAFSA by January 31, 2017.**

**ATTENTION ALL STUDENTS CONTEMPLATING ATTENDING SCHOOL FALL TERM** High School Seniors, **returning** students and anyone that may be interested in attending school Fall Term 2017, Below are two very important dates.

The Tribe only has a once a year application process, so if you miss the deadline dates you will be ineligible for Tribal funding until the next school year.

**THE TRIBAL HIGHER EDUCATION AND ADULT VOCATIONAL TRAINING PROGRAMS HAVE A TWO PART DEADLINE REQUIREMENT TO BE ELIGIBLE TO RECEIVE FUNDING:**

- **FILL OUT THE APPLICATION FOR FEDERAL STUDENT AID (FAFSA) BY JANUARY 31, 2017.** The application becomes available October 1, 2016. Applications are available on-line at [www.fafsa.ed.gov](http://www.fafsa.ed.gov).
- **APPLY TO THE HIGHER EDUCATION/ AVT PROGRAM BY THE JUNE 30<sup>TH</sup> DEADLINE.** All documentation has to be turned in by the deadline.



## SCHOLARSHIP INFORMATION

It is getting harder for students to pay for college without applying for scholarships or loans. There are a lot of scholarships out there, but it takes drive and dedication to research the scholarships and apply. Below are few sites that can assist you, as well the FAFSA website has a scholarship search engine on their site, [www.fafsa.ed.gov](http://www.fafsa.ed.gov)

**Nellie Thompson-Dorothy Patch Fund** awards monies to Salem-Keizer students of color who plan to continue their education beyond high school. Criteria emphasize extra-curricular activities and future academic and career goals, not solely GPA based. Deadline to apply is **December 16th**. We have applications available here at the office. Tribal enrollment is not necessary for this scholarship.

The Oregon Student Assistance Commission offers many scholarships with only having to fill out one application. [www.GetCollegeFunds.org](http://www.GetCollegeFunds.org)

American Indian Science and Engineering Society (AISESnet) [www.aises.org](http://www.aises.org)

College Board [www.collegeboard.com](http://www.collegeboard.com)

FastWEB- [www.fastweb.com](http://www.fastweb.com)

## ADULT EDUCATION



The Adult Education program is for Siletz Tribal members, 16 years or older, who are not already enrolled in a formal education program. The Adult Education program can assist with the following: Obtaining GED, certificates, or otherwise raise levels of educational achievement through adult classes to improve employment status through education/training. There is no deadline to apply for classes. For an application, please call **SONYA** at (503) 390-9494.

## Siletz Tribal Youth Activity Fund

Helps to fund programs for Siletz tribal youth in the many areas such as: sports, music, camp fees, lab fees, shop supplies, graduation, educational /scholastic materials, cultural supplies and materials, correspondence courses, and extra-curricular supplies. Siletz Tribal members from kindergarten to high school can access up to \$75.00.

## Siletz Tribal Head Start Program

Is a preschool program for children 3 to 4 years old. The Salem Center has AM and PM classes. It operates Monday through Thursday for 3.5 hours a day. Transportation depends on residency, which will be determined after acceptance. Register in Spring for the following school year. All Siletz Tribal applications and forms are posted on the Tribal website at: [www.ctsi.nsn.us](http://www.ctsi.nsn.us).

SILETZ & JOM MOVIE NIGHT		
	<p><b>DECEMBER 29, 2016</b> <b>6:30 PM</b> <b>MOVIE: TBA</b> FUN FUN FUN TIME FOR EVERYONE! WE WILL NEED TO PROVIDE A FINAL COUNT OF OUR PARTICIPANTS. THEREFORE YOU NEED TO CALL US BY TUESDAY, DECEMBER 29TH. <b>503-390-9494</b> WE WILL NOT ADMIT PEOPLE TO THIS EVENT WHO HAVE NOT SIGNED UP. THIS EVENT IS PRIVATE AND THE PUBLIC IS NOT ALLOWED ADMITTANCE. THANK YOU IN ADVANCE FOR UNDERSTANDING AND YOUR COOPERATION</p>	
LET'S GO OUT TO THE MOVIES... ...LET'S GO OUT TO THE MOVIES!		LET'S GO OUT TO THE MOVIES... ...LET'S GO OUT TO THE MOVIES!



*Happy Holidays from your Salem Education Office*





ANDULIA WHITE ELK  
 A & D Counselor  
 503-390-9494 x1855  
[anduliawe@ctsi.nsn.us](mailto:anduliawe@ctsi.nsn.us)

Holidays can be stressful for people in recovery so here are a few tips for you to get through them and stay in your recovery program.

1. Get enough rest remember H.A.L. T. Hungry, Angry, Lonely, Tired- Make sure you are monitoring your body's red flags for self care. Many decisions made at this time may not be in your best interest when you don't pay attention to your body, mind and spirit's needs.
2. Be selective about what invitations you accept- It's totally ok to "pass" on invitations that may have the potential for relapse or "stinkin thinkin" in general. Remember being in recovery is a selfish program and you cannot be around for great get togethers with people you love if you don't commit to your own recovery first.
3. Spend time with fellow people in recovery during the holidays if possible- If that means going to a meeting on that holiday or just talking with someone in recovery and getting some good peer support. Do what you need to do to get validation that your recovery is important in your life. Again you cannot be around to enjoy life if you are in the depths of your addiction.
4. Go late and leave early- If you end up going to a event or party where there is drinking or using behavior is present do this. Arrive late to make a appearance that is what matters to most hosts anyway. Leave early this ensures that you have put an end to the temptation. Besides nothing different is going to happen than what you already know. Been there done that.
5. Give thanks for your sober days-It easy to think about the negative that comes automatic sometimes. But think about your sober days and the clear thinking and progress you have made so far. You have made significant change in your life even if 1 day sober. Gratitude is the attitude here.

Hope these tips are helpful for you in getting through these holidays safe and sober. For extra support please call us in Behavioral Health Addiction Services and always remember you are worth your recovery.

## Happy Holidays from your Salem Behavioral Health Staff

### Behavioral Health

#### In Times of Stress:

With the election over, many people are feeling the stress of what this new President may do to our country. Many Natives are concerned negative things could be headed their way. November 9th, many tears were shed by the people I saw in the office. Not everyone is worried about Trump. Many people are concerned what a fully Republican federal government may do to the balance for which we strive.

Here are some coping skills you might find useful whether you're dealing with political stress, or just daily life stresses:

- 1) Exercise- Go out and do a fun physical activity; 30 minutes every day can do so much for our souls.

- 2) Deep breathing exercises- Try breathing in while counting by fours both in and out, out loud.
- 3) Meditation- Set aside 20 minutes per day to sit and clear your head of thoughts; let thoughts freely enter your head, and breathe them back out. Thinking the same word over and over again can help.

#### Traditional Coping

Of course, don't forget your tribe's traditional methods of coping, such as sweat lodges, talking circles, beading, dancing and praying. Make it routine to reach out to an Elder for wisdom.

Portland Area Office	Salem Area Office
Mondays & Tuesdays	Wednesdays, Thursdays & Fridays
(503) 238-1512	1-(503) 390-9494

## Mental Health

RACHEL ADAMS  
 Mental Health Counselor  
 503-390-9494  
[rachela@ctsi.nsn.us](mailto:rachela@ctsi.nsn.us)





# HOME VISITING

Confederated Tribes of Siletz Indians

Tribal Maternal, Infant, & Early Childhood Home Visiting Program

Nayllh - 'a "We Carry the Children"

Lori Christy

[loric@ctsi.nsn.us](mailto:loric@ctsi.nsn.us)

Home Visitor

503-390-9494



## Moccasin Class



Our Salem and Portland Home Visiting families had a great time at our moccasin making event in October. After enjoying a meal together they got to work making moccasins for their little ones. A big thanks to Norma Trefren and Sonya Moody-Jurado for teaching us how to make moccasins. Pictures show some of the finished products. Job well done!

The Home Visiting Program has begun to get together monthly to spend time with other families and do something fun. In November a group of parents gathered and made mini cradle boards. Shyann Jimenez led the way – thank you Shyann! Thanks to Linh Hang as well for helping with the sewing.

Our next get together is scheduled for December 2nd 5:00-7:00. We will be finishing the mini cradle boards and doing something Christmasy. Home Visiting families hope you can join us!

The Siletz Home Visiting Program is a home based parenting program providing parenting and life skills for successful and positive parenting. We follow a model and curriculum created at John Hopkins University called Family Spirit. Family Spirit is the only evidence based home visiting program designed specifically for Native American families.

*For more information about the Home Visiting Program contact Lori Christy*



# Happy Holidays from the Home Visiting Program



# Siletz Tribal Vocational Rehabilitation Program



The Siletz Tribal Vocational Rehabilitation program (STVRP) is here to assist members of any federally recognized Tribe (living within the Siletz Tribes service area) with overcoming impediments to employment. We work with a diverse population of individuals who have disabilities ranging from cognitive impairments to physical limitations.

If you have a documented disability that creates limitations or prevents you from doing the work you desire or are qualified for we would like to assist you. We can assist with obtaining and maintaining employment and developing skills. We focus on motivation, identifying your abilities, skills that lead to successful employment and the development of self advocacy.

You should have a strong desire to work and be willing to work collaboratively with STVRP staff to provide you with the services needed to overcome your disability. Your personal goal should be self sufficiency and to live a healthy sustainable lifestyle.



The STVRP also assists transitioning students with disabilities. The ideal age for a student to start working with VR is two to three years before graduation, until the age 22, or graduated from high school. Our program can provide vocational guidance and counseling; assist with identification of employment goals; employment retention; and advocacy within the academic environment. Students with a documented disability or who are on an "Individualized Education Plan-IEP" or on a "504 Plan" are encouraged to participate in the STVRP. Examples of SERVICES PROVIDED by STVRP:

- Guidance and Counseling
- Referral to Services
- Employment Services
- Portfolio Building, Resume Writing, Interviewing Techniques, Job Coaching
- Culturally Relevant Individualized Services
- Evaluations and Assessments
- Training Placement Opportunities
- Adaptive Equipment

For more information about the STVRP, please inquire at 1-800-922-1399. We also maintain resource and employment boards so please stop by if you're interested. You can speak to any of the VR staff: **In Salem Office** - Dana Rodriguez (Program Aide); Angie Butler (Program Director).

ANGIE BUTLER, Voc Rehab Director

503-390-9494 x1872

[angieb@ctsi.nsn.us](mailto:angieb@ctsi.nsn.us)

ANTONIA "TONI" LEIJA, Job Developer

503-390-9494 x1861

[antonial@ctsi.nsn.us](mailto:antonial@ctsi.nsn.us)

DANA RODRIGUEZ, Voc Rehab Aide

503-390-9494 x1862

[danar@ctsi.nsn.us](mailto:danar@ctsi.nsn.us)

**Want help getting a job? Do you have a diagnosed disability (IEP or 504)?**

**You could be eligible for STVRP services.**

**Steps in working with Siletz Tribal Vocational Rehabilitation Program:**

**Step 1:** Establish contact with the STVRP Counselor assigned to your school and schedule a meeting. Your first meeting with a STVRP Counselor will be to gather information about you, your needs, and to discuss whether the STVRP fits for you.

If the program is for you.....

**Step 2:** Sign an application and a STVRP Counselor will determine whether or not you're eligible for services by talking with you about your needs, your disability, and what barriers you have as a result. They may also need to do some additional testing and will read through your school records.

**Step 3:** Once you're eligible, you'll meet with your STVRP Counselor to discuss your goals and plans for employment.

STVRP Counselors can provide guidance and counseling to students who need help determining their goals or plan for what they want after high school.

**Step 4:** You'll also work with your STVRP Counselor to discuss the impact of your barriers as you work to reach your employment goals and determine what services are necessary to help you reach your goals.

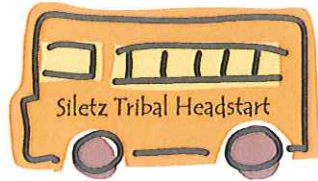
## Happy Holidays from the Salem Voc Rehab Staff



# SILETZ TRIBAL HEAD START

TEACHER JENNIFER 3960 CHEMAWA RD NE, SALEM

503-393-6942



November was busy as we welcomed our new teacher, Jennifer Chalton! We spent the past month learning about Restoration, the Siletz Tribe, and native foods and homes. We have been singing, dancing, and learning our Athabaskan Language. We have also been very focused on literacy and love checking books out each week to take home and read. We have several parents and grandparents helping us with our Literacy Backpack program!



## We are SO THANKFUL for:

Cindy Jackson from our Salem Area Office: Grandma Cindy came to share with our students about being a Siletz Tribal Member. We learned about basket making, foods, clothing, homes, and government from long ago and in our present lives.

Chemawa Dental: Thanks to the Dentist and his assistants for coming to teach our children about healthy teeth and providing fluoride treatments.

Chemawa Indian School: Thank you to Warner Austin and students who came over to drum for us. What a great treat!



## CTSI JOB VACANCY ANNOUNCEMENT

**Opening Date:** October 12, 2016  
**Closing Date:** Open Until Filled  
**Job Title:** Head Start Classroom Aide  
**Salary/Wage:** \$11.00/hr  
**Tribal Level:** 12  
**Location:** Salem, OR  
**Classification:** Part Time, 26 hours per week, Seasonal, Non-Exempt  
**Job Posting Number:** 201668

### HOW TO APPLY:

All applicants must submit a Tribal "Application for Employment Form".  
[http://www.ctsi.nsn.us/uploads/downloads/Employment/Application\\_CTSI\\_2007-1.pdf](http://www.ctsi.nsn.us/uploads/downloads/Employment/Application_CTSI_2007-1.pdf)  
Applications must be received by the closing date of this announcement to receive consideration.

*You can see the entire job announcement on the CTSI website.*



# Happy Holidays from the Salem Tribal Head Start

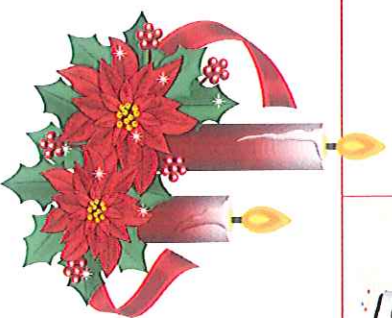


# December 2016

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
				1 Indian Education Bush Elementary 5:30pm	2 WEX Payday Home Visiting Program Cradleboards (part 2) 5:00-7:00pm	3
4	5 SSP Monthlys Due	6 WEX Timesheets Due Tutoring 4:30-6:30pm	7 Native Wellness Training 1:00-3:00pm Two Spirit 5-7pm	8 Call for Town & Country Lame Tickets Indian Education Bush Elementary 5:30pm	9 Office Closed	10
11	12	13	14	15 Open House Indian Education Bush Elementary 5:30pm	16 WEX Payday Winter Solstice – Feather Dance 16 <sup>th</sup> – 18 <sup>th</sup>	17
18	19	20 WEX Timesheets Due	21	22	23	24 Christmas Eve
25 Christmas Day	26 Office Closed	27 Deadline to sign up for Movie Night	28	29 Annual Family Movie Night Event	30 WEX Payday	31 New Years Eve 



Confederated Tribes of Siletz - Salem Area Office  
<https://www.facebook.com/groups/383072355357428/>





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*Area Office Secretary*  
*Intake Specialist/Job Coach*  
*Tribal Service Specialist*  
*Community Health Advocate*  
*A&D Counselor*  
*Mental Health Specialist*  
*Education Specialist*  
*VocRehab Aide*  
*VocRehab Job Developer*  
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*Home Visitor*  
*On Call Transporter*  
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