

The Drumbeat

SALEM AREA OFFICE



BEVERLY OWEN, AREA OFFICE SUPERVISOR

503-390-9494, x1851 bevo@ctsi.nsn.us

CINDY JACKSON, AREA OFFICE SECRETARY

503-390-9494, x1850 cindyj@ctsi.nsn.us

OFFICE INFORMATION

HOURS OF OPERATION: Our office hours are Monday through Friday 8:00am – 4:30pm. We are closed on Federal holidays and Tribal holidays. We do ask that you try to make it into the office in plenty of time to conduct any business you have by close of business.

PRINTING, COPYING & FAXING: Community Members can send or receive faxes, have copies made and print documents. The charge is 5 cents per page. *Note: If the documents are specifically requested by a Tribal Program there will not be a charge.* (Non Siletz Tribal members will be charged for all faxing, printing and copying.)



The position of the Tribe on coming into Tribal Offices under the influence of drugs and/or alcohol is that it will NOT be tolerated. That also includes threats of any kind and/or unruly behavior. If you exhibit any of this type of behavior, you will be asked to leave.

IMPORTANT REMINDER: We are not allowed to accept collect phone calls! If you place a call like that it will be declined. You must call the 800 number in Siletz and asked to be transferred to this office.



If you would like to get your newsletter electronically, email Cindy (cindyj@ctsi.nsn.us) and she will add you to the distribution list. *Reminder: All Area Office newsletters are available online.*





KIMBERLY LANE COORDINATOR/ADVOCATE kimberlyl@ctsi.nsn.us (Siletz) 800-648-0449 (Salem) 503-390-9494	KIRA WOOSLEY kiraw@ctsi.nsn.us (Siletz) 800-648-0449
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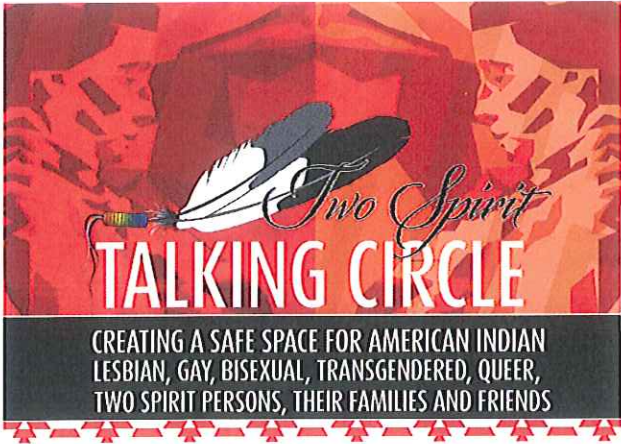
The CARE Program offers confidential, safe and culturally appropriate education and advocacy services to Native American victims of domestic violence, sexual assault, dating violence and stalking, as well as victims associated with Native families, such as a non-native spouse.

An advocate is available to provide assistance to access services, including personal protective orders, shelter or housing, Tribal program information and other program resources.

It is the Program’s mission to educate and empower our community to live a healthy, non-violent lifestyle that strengthens spirit for future generations.

SELF Support Group

Support group that focuses on Safety, Emotions, Loss and Future for those who have experienced trauma in their life. The group meets the first Thursday of each month from 5.30-7.00pm at the Hee Hee Illahee RV Resort. If you have questions or would like more info, call Kimberly or Kira.



**Join us Wednesday
Mar 15th at 5:00 pm
Salem Area Office**

Every month, the Siletz Tribal Change Team hosts a community talking circle for the American Indian Lesbian, Gay, Bisexual, Transgendered, Queer (LGBTQ), Two-Spirit community and its allies. The goal of the Talking Circle is to create a safe and confidential space for the community to discuss the struggles, triumphs and concerns of the LGBTQ Two-Spirit Community. This is also a place for friends and family to receive advice, support, and education as they continue their journey as an ally.

The Siletz Tribal Change Team works to improve the services utilized by the LGBTQ and Two-Spirit community. The team works to create awareness, provide education/resources and change the culture of the Native community to be more accepting of its LGBTQ and Two-Spirit individuals.

The Talking Circle is held on the second Wednesday of each month from 5.00-7.00pm
For more information, contact Norma Trefren 503-390-9494 or normat@ctsi.nsn.us

What's Happening

POW WOW

Annual Willamette University Social Powwow
Willamette University, Salem, OR

March 12th

For more info call 503-370-6265

Annual Pi Nee Waus Elders Powwow
Jackson Armory, Portland, OR

March 26th

For more info call 503-830-4425

Elder News

March 14th from 6:00-8:00pm bring a food item to share and if you have a project you have not finished now is your opportunity. (Shawl, moccasins, necklace, etc.)

We can discuss dates and times for future Elder potlucks at this first gathering.

11th Annual Caring Conference is April 20th & 21st in Pendleton, Oregon.

Your Salem Area Elder Rep is Donna Kessinger.

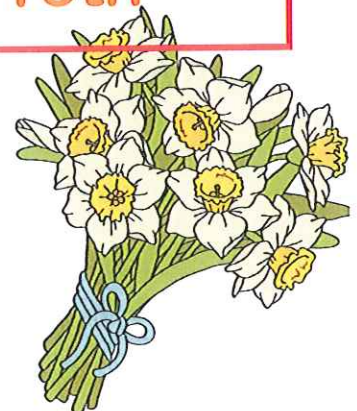


Angelica Espino has been hired as the (temporary) SSP Data Entry Clerk.

Welcome Angelica 😊



March 13th





Upcoming March Classes



Moccasin Classes

(ONLY FOR THE SERIOUS)

- ♦ If you have recently received leather and moccasins are something you would like to learn to make, please call to sign up.
- ♦ We will have a limited supply of leather for Tribal members who do not have their own leather.

Class dates and times to be announced

Beading Classes

- ♦ Herring Bone stitch Bracelets
 - ♦ Chain/Flat Stitches
 - ♦ Peyote Stitch - Prayer Feathers
- (Participants planning to use a Eagle or Hawk feather will need to supply their own feather.)**



Beading classes will be held on Tuesday evenings from
6pm-8pm in March.

You must sign up for these classes

Contact Beverly at:

503-390-9494



Elk Tag Opportunity

The Tribal Natural Resources Department will once again be offering a limited number of Landowner Preference (LOP) elk tags to Tribal members for this fall's hunting season. As a landowner, the Tribe is eligible to participate in the State's LOP program. Based on the number of acres that the Tribe owns, we can get 6 additional antlerless elk tags from the State. These LOP tags are not related to the Tribe's Consent Decree tags that we receive each year. They are based solely on the Tribe being a landowner.

There are a number of important differences between the LOP tags and the Tribe's regular tags. These are summarized in the table below.

	Tribal Tags	LOP Tags
State Hunting License Required?	No	Yes – Tribal member must purchase both a 2015 and a 2016 State hunting license
Area to be Hunted	Anywhere within the specific tag's hunt boundaries	Only on Tribal land within the unit selected during that unit's antlerless elk season. Units available include Upper Siletz, NW Alsea, SW Alsea, SW Alsea Private Lands and West Siuslaw
Eligible for other State elk tags?	Yes	No*
Give tag to another licensed Tribal member to hunt for you?	Yes	No
Application and Selection Process	Apply to Tribe for Tribal drawing	Apply to Tribe for LOP Drawing; if selected apply to State for controlled hunt tag (list LOP unit in LOP section on State controlled hunt application)
Obtain Tag From	Tribe	State – Tribal member must purchase tag

* Note: If you are drawn for an LOP Tag you are still eligible to apply for and be drawn for a Tribal tag.

Please note that a major difference between the LOP tags and the Tribe's regular tags is that **ONLY** the person drawn for the tag can hunt that tag. **The tag cannot be given to someone else to hunt for you.** Therefore, only those folks serious about hunting this hunt themselves are eligible to apply.

The drawing for the 6 LOP elk tags will be held at the Natural Resources Committee Meeting to be held on April 11th at 4:45 PM in the Natural Resources Department Map Room. Applications are available on the Tribal website and at the Tribal Natural Resources Office in Siletz. Completed applications are due in the Natural Resources office by 4:30 PM April 8, 2016. For more information regarding these tags and the differences between the Tribe's regular tags and the LOP tags, contact Natural Resources Manager Mike Kennedy at 541-444-8232.

Natural Resource Department News



News From the Health Clinic At Chemawa



Effective March 7, 2016 the Clinic hours at Chemawa will change as follows:

Monday, Tuesday & Thursday	7:30am – 5:30pm
Wednesday	10:00am – 5:30pm
Friday	7:30am – 5:00pm

Did you know that this service is available to the patients who are registered at the Chemawa Clinic??



Chemawa Nurse Advice Hotline
Western Oregon Service Unit



Toll-Free Nurse Advice Hotline
For All Those Medical/Dental
Health Questions

Phone: 1-877-678-4003
Available to serve you
24 hours per day
7 days per week!

TRIBAL PROGRAMS

LANGUAGE CLASS	USDA (SALEM WAREHOUSE)	PG. 4
477/SELF-SUFFICIENCY PROGRAM		PG. 5
COMMUNITY HEALTH ADVOCATE		PG. 6
EDUCATION PROGRAM		PG. 7
A & D COUNSELING (BEHAVIORAL HEALTH PROGRAM)		PG. 8
DOWN PAYMENT ASSISTANCE		PG. 9
VOCATIONAL REHABILITATION PROGRAM		PG. 10
TRIBAL HEAD START (SALEM)		PG. 11



LANGUAGE CLASS

Nuu-wee-ya' (Our Words)

DATE: March 15th
 TIME: 6:00 – 8:00 pm
 WHERE: Salem Area Office

BUD LANE
 1-800-922-1399 x8320
budl@ctsi.nsn.us

These classes will begin with basic instruction and will progress over the year. It will also be a refresher course for those more advanced students. Come and join other members of your community and Tribe in learning to speak one of our ancient languages. We also have equipment in the Culture Department available for use in grinding and drilling shell or pine nuts or other applications. If you have a need for using the equipment call and I can set up an appointment during regular business hours or after hours.



SALEM WAREHOUSE

Monday March 21 st	1:30 – 6:30 pm
Tuesday March 22 nd	9:00 am – 6:30 pm
Wednesday March 23 rd	9:00 am – 6:30 pm
Thursday March 24 th	9:00 – 11:00 am

JOYCE RETHERFORD
 CTSI FDP Director
 LISA PAUL
 CTSI FDP Clerk
 800-922-1399 (Siletz)
 503-391-5760 (Salem)



FOOD FRIED CABBAGE WITH BACON, ONION & CHICKEN

6 slices chopped bacon	1 lg onion, sliced	2 cloves minced garlic
1/2 tsp garlic powder	1/8 tsp paprika	2 c. chicken chunks
1/4 c. soy sauce	S/P to taste	1g head of cabbage, cored & sliced

Place the bacon in a large stockpot and cook over medium high heat until crispy (about 10 mins). Add the onion and garlic; cook and stir until the onion carmelizes (about 10 mins). Add chicken chunks. Immediately stir in cabbage and continue to cook and stir for 10 mins. Season with S/P, paprika and garlic powder. Reduce heat to low, cover and simmer 30 minutes more. Stir occasionally.



ANGELICA ESPINO
 Temp SSP Data Clerk
angelicae@ctsi.nsn.us
 503-390-9494 x1853

NORMA TREFREN
 Intake Specialist/Job Coach
normat@ctsi.nsn.us
 503-390-9494 x1852

Our Program offers a variety of services on a budgetary basis. We offer Cash Assistance, Emergency Assistance, Classroom Training, Work Experience and On The Job Training. Participants in 477/SSP Programs must meet the eligibility requirements.

IMPORTANT DATES TO REMEMBER

MARCH 1ST – 5TH CLIENTS MUST MAKE AN APPOINTMENT. IT'S A REQUIREMENT.

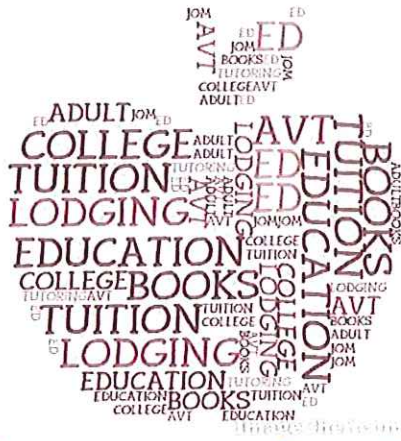
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|--|---|
| March 1 st | WEX Timesheets Due |
| March 5 th | Job Search/Monthly Report forms due for Cash Assistance |
| March 11 th | WEX Payday |
| March 15 th | WEX Timesheets Due |
| March 22 nd , 23 rd , 24 th | Increasing Your Success Conference - MANDATORY |
| March 25 th | WEX Payday |
| March 29 th | WEX Timesheets Due |



IMPORTANT ANNOUNCEMENTS FOR 477/SSP CLIENTS

- SSP Staff will return client phone calls within 24 business hours.
- SSP Staff will address client requests for support services and other requests within two business days.
- Support Services Request Forms are kept in the lobby.





SONYA MOODY-JURADO,
 Education Specialist
 503-390-9494 x1856
sonyamj@ctsi.nsn.us
 Monday – Thursday
 8.00am – 4.30pm

EDUCATION PROGRAM COMPONENTS: Higher Ed ♦ Adult Vocational Training (AVT) ♦ Adult Education ♦ Supplemental Education ♦ (JOM) ♦ Tribal Youth Employment & Education (TYEE)



We have the Turbo Tax program available for use here in the office. We cannot provide tax advice or help in filling out your taxes. Please call before coming in to make sure the program is available for use.

JOM

When calling, if I am not available, please leave a message. For JOM activities youth must be nine years old to attend without a chaperone. Youth attending without a chaperone will have priority for transportation. You must call Sonya to sign up for all JOM activities.

TUTORING Tutoring is held on Wednesday evenings from 4:30-6:30 pm in the Salem Area Office. *Please Note: We will not have tutoring the week of Spring Break – March 21-25*

INDIAN EDUCATION Thursday Evenings at Bush Elementary. Dinner will be at 5:30pm and classes will go from 6:00-7:30 pm.

SPRING BREAK ACTIVITIES

Skate World: March 21st. Call Sonya to sign up. Transportation is limited.

Splash Wave Pool: March 22nd. Call Sonya to sign up. Transportation is limited.

Town & Country Bowling: March 24th. We will be going bowling in Keizer at Town & Country Lanes. Please call Sonya to sign up.



NATIVE AMERICAN YOUTH LEADERSHIP CONFERENCE

Conference is hosted by Chemeketa Community College, Confederated Tribes of Siletz Indians and the US Forest Service. The Conference will be held at Chemeketa Community College on April 8th.

We have Howard Rainer and Jillene Joseph, who are both national native motivational speakers, coming to share the day with youth and share leadership skills. There will also be representatives from public and private universities in attendance to share information about their school, as well as the US forest service about careers. Please call Sonya regarding additional information and sign ups. *This is a wonderful opportunity for youth in middle school and high school.*

HIGHER EDUCATION/ADULT VOCATIONAL TRAINING PROGRAM

The next term we will be funding will be Fall Term 2016. The deadline for Fall term is June 30, 2016. All documentation has to be turned in by that date to have your application considered complete. For an application, please call Sonya or applications are available on our Tribal website www.ctsi.nsn.us. Applications are date stamped by the date of completion.

ADULT EDUCATION

The Adult Education program is for Siletz Tribal members, 16 years or older, who are not already enrolled in a formal education program. The Adult Education program can assist with the following: Obtaining GED, certificates, or otherwise raise levels of educational achievement through adult classes to improve employment status through education/training. There is no deadline to apply for classes. For an application, please call **SONYA** at (503) 390-9494.



ANDULIA WHITE-ELK
 (Interim) A&D Counselor
 503-390-9494 x1855
anduliaw@ctsi.nsn.us

Andulia is helping us out in the Salem Office until an A & D Counselor is hired. You can reach Andulia at the Salem Office on Monday and Tuesday from 10:00am – 3:00pm. Andulia can also be reached at the Portland Office 503-238-1512.



1 in 3 adolescents experience teen dating violence. Females between the ages of 16 and 24 are four times more likely than the general population to victims of intimate partner violence. To bring awareness to the issues surrounding teen dating violence, February

has been designated as National Teen Dating Violence Awareness & Prevention Month. This is a national effort to raise awareness of violence in teen and college-age relationships. In hopes of reducing the number of abusive relationships carried on into adulthood.



The impact of teen dating violence

Teen dating violence is a pattern of abusive behaviors that may include physical, sexual, psychological or emotional violence within a dating relationship of teenagers. Teen dating violence can also occur between former dating partners.

Teens who experience dating violence may suffer from depression and anxiety. These teens may begin to engage in unhealthy behaviors such as; tobacco, drug, or alcohol use.

Survivors of this type of abuse may become

involved in anti-social behaviors such as isolating themselves from friends and family. They may also have thoughts of suicide or engage in self-harm practices.



Teenage males or females from any family, culture, race, religion, sexual orientation or economic background can encounter dating violence. No group is exempt.

Those who are involved in abusive relationships as teens are more likely to experience intimate partner violence as adults.



What are the numbers?

- 50% of reported date rapes occur among teenagers
- 68% of young rape victims know the person who raped them, either as a partner, friend or casual acquaintance
- 6 out of 10 rapes of young women occur in their own home or the home of a friend or relative **NOT** in a dark alley
- 1 in 4 girls who have been in a dating relationship reported going further sexually what they wanted to as a result of pressure
- Nearly half of adult sex offenders report committing their first sexual offense prior to adulthood
- 26% of teens experience cyber dating abuse

Healthy relationships have:

- Honesty
- Support
- Respect
- Trust
- Equality
- Patience
- Communication
- Boundaries



Abusive relationships have:

- Manipulation
- Blaming
- Accusations
- Humiliation
- Isolation
- Jealousy
- Controlling Behaviors



ANGIE BUTLER, Voc Rehab Director

503-390-9494 x1872

angieb@ctsi.nsn.us

VACANT, JOB DEVELOPER

503-390-9494 x1861

DANA RODRIGUEZ, Voc Rehab Aide

503-390-9494 x1862

danar@ctsi.nsn.us

Siletz Tribal Vocational Rehabilitation Program

The Siletz Tribal Vocational Rehabilitation program (STVRP) is here to assist members of any federally recognized Tribe (living within the Siletz Tribes service area) with overcoming impediments to employment. We work with a diverse population of individuals who have disabilities ranging from cognitive impairments to physical limitations.

If you have a documented disability that creates limitations or prevents you from doing the work you desire or are qualified for we would like to assist you. We can assist with obtaining and maintaining employment and developing skills. We focus on motivation, identifying your abilities, skills that lead to successful employment and the development of self advocacy.

You should have a strong desire to work and be willing to work collaboratively with STVRP staff to provide you with the services needed to overcome your disability. Your personal goal should be self sufficiency and to live a healthy sustainable lifestyle.

The STVRP also assists transitioning students with disabilities. The ideal age for a student to start working with VR is two to three years before graduation, until the age 22, or graduated from high school. Our program can provide vocational guidance and counseling; assist with identification of employment goals; employment retention; and advocacy within the academic environment. Students with a documented disability or who are on an "Individualized Education Plan- IEP" or on a "504 Plan" are encouraged to participate in the STVRP.

Examples of SERVICES PROVIDED by STVRP:

- Guidance and Counseling
- Referral to Services
- Employment Services
- Portfolio Building, Resume Writing, Interviewing Techniques, Job Coaching
- Culturally Relevant Individualized Services
- Evaluations and Assessments
- Training Placement Opportunities
- Adaptive Equipment

For more information about the STVRP, please inquire at 1-800-922-1399. We also maintain resource and employment boards so please stop by if you're interested. You can speak to any of the VR staff: In Salem Office - Dana Rodriguez (Program Aide); Angie Butler (Program Director).

Want help getting a job? Do you have a diagnosed disability (IEP or 504)?

You could be eligible for STVRP services.

Steps in working with Siletz Tribal Vocational Rehabilitation Program:

(STVRP)

Step 1: Establish contact with the STVRP Counselor assigned to your school and schedule a meeting. Your first meeting with a STVRP Counselor will be to gather information about you, your needs, and to discuss whether the STVRP fits for you.

If the program is for you.....

Step 2: Sign an application and a STVRP Counselor will determine whether or not you're eligible for services by talking with you about your needs, your disability, and what barriers you have as a result. They may also need to do some additional testing and will read through your school records.

Step 3: Once you're eligible, you'll meet with your STVRP Counselor to discuss your goals and plans for employment. STVRP Counselors can provide guidance and counseling to students who need help determining their goals or plan for what they want after high school.

Step 4: You'll also work with your STVRP Counselor to discuss the impact of your barriers as you work to reach your employment goals and determine what services are necessary to help you reach your goals.

You can get the help you need, schedule your appointment today!



SILETZ TRIBAL HEAD START

TEACHERS DEBBIE & JENNIFER 3960 CHEMAWA RD NE, SALEM

503-393-6942

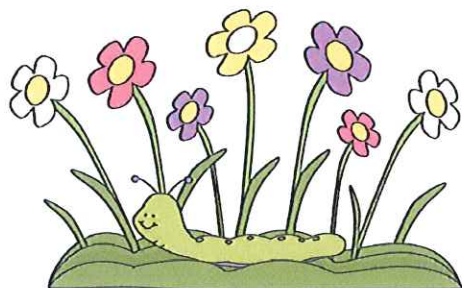


March is here and spring is quickly approaching!

We have all been so excited about the weather transition and are looking forward to seeing the sun come out!

Last month, the students learned about our community, took a trip to Home Depot and the dentist. We also visited the Salem Public library and played in the Discovery room. We can't wait to see what the upcoming spring holds for everyone!

Teachers Debbie and Jennifer,
and the Salem Head Start Staff



WE LOVE OUR VOLUNTEERS!

If you would like to come share regalia, stories, drumming, or songs, please let us know! We would be honored to have you come do a presentation for our children.

A BIG THANK YOU TO,

Salem Public Library for hosting a field trip for our students AND a Family Fun Night for everyone!
Chemawa Dental for helping keep our teeth healthy, and
Home Depot for giving such a wonderful tour! We love our community!

WHAT WE NEED,

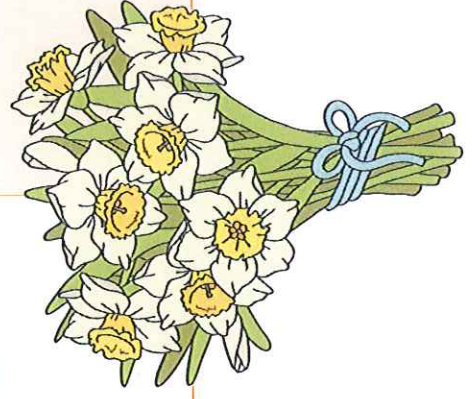
We are in need of gently loved preschool books for our book check out program. A big thanks to all of our parents who have spent time to come help with the checking in and out of books, helping foster a love of reading and promotion of literacy.



***We are accepting applications for our program.
Please contact us if you know of anyone who would like an application.***

March 2016

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
		1 WEX Timesheets Due	2 CEDARR 12:00pm Siletz Clinic	3 Cooking Class 5:00-6:30pm SELF Support Group 5:30-7:00pm *	4	5 SSP Paperwork Due
6	7	8 Beading Class 6-8pm	9 Tutoring 4:30-6:30	10 Beading Class 6-8pm Indian Ed @Bush 5:30 - Dinner 6:00-7:30 - Classes	11 WEX Payday	12 Annual Willamette University Social Powwow
13	14	15 WEX Timesheets Due	16 Tutoring 4:30-6:30	17 Indian Ed @Bush 5:30 - Dinner 6:00-7:30 - Classes	18	19
20	21 USDA (JOM) Skate World	22 USDA Language Class 6-8pm Tutoring 4:30-6:30	23 USDA	24 USDA (JOM) Bowling Indian Ed @Bush 5:30 - Dinner 6:00-7:30 - Classes	25 WEX Payday	26 Fi Nee Waus Elder Powwow - Portland
27	28	29 WEX Timesheets Due	30 Tutoring 4:30-6:30	31 Indian Ed @Bush 5:30 - Dinner 6:00-7:30 - Classes		



Notes

* Group is held at the RV Resort

Salem Area Office Staff
503-390-9494

Beverly Owen
Cindy Jackson
Norma Trefren
Angelica Espino
Cecilia Tolentino
Andulia White Elk
Sonya Moody-Jurado
Vacant
Dana Rodriguez
Angie Butler

Siletz Main Office 800-922-1399

Salem Area Office Supervisor
Area Office Secretary
Intake Specialist/Job Coach
(Temp) SSP Data Clerk
Community Health Advocate
Addictions Counselor
Education Specialist
VocRehab Job Developer
VocRehab Aide
VocRehab Director

Siletz Clinic 800-648-0443



Confederated Tribes of Siletz – Salem Area Office
3260 Blossom Drive N Suite 105
Salem, Oregon 97305

