

The Drumbeat

SALEM AREA OFFICE



September

BEVERLY OWEN, AREA OFFICE SUPERVISOR
503-390-9494, x1851 bevo@ctsi.nsn.us

CINDY JACKSON, AREA OFFICE SECRETARY
503-390-9494, x1850 cindyj@ctsi.nsn.us

OFFICE INFORMATION

HOURS OF OPERATION: Our office hours are Monday through Friday 8:00am – 4:30pm. We are closed on Federal holidays and Tribal holidays. We do ask that you try to make it into the office in plenty of time to conduct any business you have by close of business.

PRINTING, COPYING & FAXING: Community Members can send or receive faxes, have copies made and print documents. The charge is 5 cents per page. *Note: If the documents are specifically requested by a Tribal Program there will not be a charge.* (Non Siletz Tribal members will be charged for all faxing, printing and copying.)



The position of the Tribe on coming into Tribal Offices under the influence of drugs and/or alcohol is that it will NOT be tolerated. That also includes threats of any kind and/or unruly behavior. If you exhibit any of this type of behavior, you will be asked to leave.

IMPORTANT REMINDER: We are not allowed to accept collect phone calls! If you place a call like that it will be declined. You must call the 800 number in Siletz and asked to be transferred to this office.



If you would like to get your newsletter electronically, email Cindy (cindyj@ctsi.nsn.us) and she will add you to the distribution list. *Reminder: All Area Office newsletters are available online.*



Sept 5th
LABOR DAY



Sept 9th
Treaty Day



Sept 11th



ALL TRIBAL OFFICES ARE CLOSED the 5th and 9th



KIMBERLY LANE	KIRA WOOSLEY
COORDINATOR/ADVOCATE	kiraw@ctsi.nsn.us
kimberlyl@ctsi.nsn.us	(Siletz) 800-648-0449
(Siletz) 800-648-0449	
(Salem) 503-390-9494	

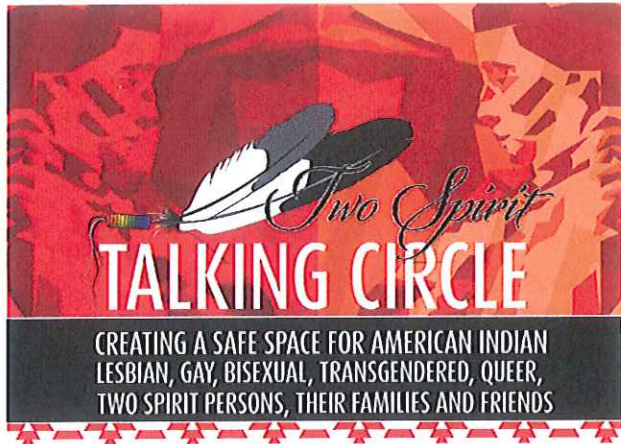
The CARE Program offers confidential, safe and culturally appropriate education and advocacy services to Native American victims of domestic violence, sexual assault, dating violence and stalking, as well as victims associated with Native families, such as a non-native spouse.

An advocate is available to provide assistance to access services, including personal protective orders, shelter or housing, Tribal program information and other program resources.

It is the Program’s mission to educate and empower our community to live a healthy, non-violent lifestyle that strengthens spirit for future generations.

SELF Support Group

Support group that focuses on Safety, Emotions, Loss and Future for those who have experienced trauma in their life. The group meets the first Thursday of each month from 5.30-7.00pm at the Hee Hee Illahee RV Resort. If you have questions or would like more info, call Kimberly or Kira.



**Join us Wednesday
Sept 14th at 5:00 pm
Salem Area Office**

Every month, the Siletz Tribal Change Team hosts a community talking circle for the American Indian Lesbian, Gay, Bisexual, Transgendered, Queer (LGBTQ), Two-Spirit community and its allies. The goal of the Talking Circle is to create a safe and confidential space for the community to discuss the struggles, triumphs and concerns of the LGBTQ Two-Spirit Community. This is also a place for friends and family to receive advice, support, and education as they continue their journey as an ally.

The Siletz Tribal Change Team works to improve the services utilized by the LGBTQ and Two-Spirit community. The team works to create awareness, provide education/resources and change the culture of the Native community to be more accepting of its LGBTQ and Two-Spirit individuals.

The Talking Circle is held on the second Wednesday of each month from 5.00-7.00pm
For more information, contact Norma Trefren 503-390-9494 or normat@ctsi.nsn.us

ALL TRIBAL OFFICES ARE CLOSED the 5th and 9th



FUN BUS SCHEDULE

North Salem:

2855 Broadway St NE
(near Fred Meyer)

Tuesdays

P/U 6:45am
D/O 3:15pm

Wednesdays

P/U 9:15am
D/O 5:35pm

Sundays

P/U 10:05am
D/O 5:40pm

South Salem:

WalMart
5250 SE Commercial St

n/a

Wednesdays

P/U 8:45am
D/O 5:45pm

Sundays

P/U 9:40am
D/O 6:00pm

Bus Transportation is provided for Casino Patrons ONLY, and is not public transportation. Patrons must use Winners Circle cards while at the Casino. Chinook Winds reserves the right to refuse service. Patrons must be 21 years or old



Siletz Tribal Members can ride Lincoln Co. busses for free just by showing your Tribal ID.



Native American Youth & Family Center

5135 NE Columbia Blvd, Portland

Neerchokikoo Powwow

September 10th @ 11:00 am

This time is special for many as they share and practice Native dance, music, art, food and community. NAYA celebrates the tradition of powwow with drumming and dance for men and women of all ages. Our tiny tots exhibition dancing showcases the youth of our community, and throughout the day dancers of all generations step out to display their talent and pride in Native traditions and identity.



A Celebration of Native American and Coquille Tribal Culture
13th Annual Mill Luck Salmon Celebration
September 10th/11th



SOCIAL SECURITY TRAINING

On **September 20th at 1:00pm**, there will be a representative from the Social Security Administration conducting a very informative training session. If you have any questions, call Norma Trefren.





2016 Elk Tag Drawing Info

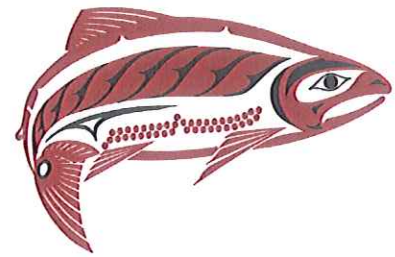
The annual drawing for the Tribe's elk rifle tags will be held on Monday, October 3rd at 5:00 pm in the Tribal Council chambers. Applications will be available starting on September 6th and are due September 23rd in the Natural Resources office. Applications can be picked up at the Natural Resources office, downloaded from the Tribe's website (Tribal Services/Other Departments/Natural Resources), or they can be mailed to you by calling the Natural Resources office. Each person must fill out, sign and turn in their own application. This year we have 25 tags each for the first and second season bull hunts and only 9 tags for the various cow hunts. If you have any questions, call Natural Resources Manager Mike Kennedy at 541-444-8232 or 1-800-922-1399 ext. 1232.

Cut Wood For The Elders Day

The Tribal Natural Resources Committee and Natural Resources Department will sponsor the last "Cut Wood For The Elders Day" of the year on Saturday, September 17th. The woodcut will be held on the Tribe's Logsdon Road Property between the Tribal Food Distribution Warehouse and the Tribal Vehicle Storage Yard in Siletz. We need lots of volunteers to help cut, split and deliver firewood for Tribal elders. Bring your chainsaws, hydraulic wood splitters, splitting mauls, axes, and lots of energy. Even if you don't have any of those we can use the moral support! Lunch, drinks, and snacks will be provided. We will start at 8:00 AM and go until mid-afternoon.

The goal of this event will be to deliver firewood to as many elders as possible. The Elders' Program maintains a list of elders that burn wood for their winter heat. People willing to haul firewood to elders outside of the Siletz area, please contact the Elders Program Clerk at 1-800-922-1399 ext. 1261 or 541-444-8261 to be paired up with an elder in need. We especially need folks who can haul wood to the Eugene, Salem, and Portland areas. Elders in need of firewood should also contact the Elders Program Clerk to get their name on the delivery list.

If you have parents or grandparents that burn wood in the winter to stay warm, you need to help out at this event! Come help replenish those wood piles for the coming winter. This is the last woodcut of the year!



Siletz Tribal Members who would like to be notified when there will be a fish distribution can call and give us your phone number and you will be added to the call list.



We want to wish all students a productive and safe school year.



Anyone interested in learning how to make baby food is invited to attend the upcoming class.

Time/Date: TBA

Please call Cecilia for more information and to sign up.

If you are part of the Home Visiting Program you can call Lori for more details.



Welcome to Cody Cole!!

Cody is our new On Call Transporter in the Salem Office.



Welcome Back to Lydia Kentta!!

Lydia is back to work as the Elder Transporter.



LANGUAGE CLASS

Nuu-wee-ya' (Our Words)

DATE: September 13th
TIME: 6:00 – 8:00 pm
WHERE: Salem Area Office

BUD LANE
1-800-922-1399 x8320
budl@ctsi.nsn.us

These classes will begin with basic instruction and will progress over the year. It will also be a refresher course for those more advanced students. Come and join other members of your community and Tribe in learning to speak one of our ancient languages. We also have equipment in the Culture Department available for use in grinding and drilling shell or pine nuts or other applications. If you have a need for using the equipment call and I can set up an appointment during regular business hours or after hours.



SALEM WAREHOUSE

Monday September 19 th	1:30 – 6:30 pm
Tuesday September 20 th	9:00 am – 6:30 pm
Wednesday September 21 st	9:00 am – 6:30 pm
Thursday September 22 nd	9:00 – 11:00 am

JOYCE RETHERFORD
CTSI FDP Director
LISA PAUL
CTSI FDP Clerk
800-922-1399 (Siletz)
503-391-5760 (Salem)



We received our first shipment of **REAL EGGS** at the Siletz Warehouse for distribution. **What a great thing for our clients!** The food package is getting better. We also received the whole wheat tortillas and blue cornmeal and shredded wheat cereal for the food package.

Be sure to LIKE us on Facebook at: **SILETZ TRIBAL FDP**. I am posting recipes, distribution dates, pictures and food safety tips.



DOWN PAYMENT ASSISTANCE PROGRAM

Are Ready to Buy a Home?

You can find out by asking yourself some questions:

- Do I have a steady source of income (usually a job)?
- Have I been employed on a regular basis for the last 2-3 years?
- Is my current income reliable?
- Do I have a good record of paying my bills?
- Do I have few or no outstanding debts (like car payments)?
- Do I have some money saved?
- Do I have the ability to pay a mortgage every month, plus additional costs?

KC SHORT
1-800-922-1399 x1310
1-541-444-8310

If you answered yes to these questions, then you might be ready. Give me a call to find out about the Down Payment Assistance Program. This Program helps with closing costs and down payment when purchasing your first home.

477/Self-Supporting Training

ALL TRIBAL OFFICES ARE CLOSED the 5th and 9th



ANGELICA ESPINO
Tribal Service Specialist
angelicae@ctsi.nsn.us
503-390-9494 x1853
NORMA TREFREN
Intake Specialist/Job Coach
normat@ctsi.nsn.us
503-390-9494 x1852

Our Program offers a variety of services on a budgetary basis. We offer Cash Assistance, Emergency Assistance, Classroom Training, Work Experience and On The Job Training. Participants in 477/SSP Programs must meet the eligibility requirements.

IMPORTANT DATES TO REMEMBER

SEPTEMBER 1ST – 5TH CLIENTS MUST MAKE AN APPOINTMENT. IT'S A REQUIREMENT.

- | | |
|--------------------------------|---|
| September 5 th | Job Search/Monthly Report forms due for Cash Assistance
ALL TRIBAL OFFICES CLOSED – LABOR DAY |
| September 8 th | WEX Payday (due to office closure on the 9 th)
Native Wellness Training 9:00-11:00am |
| September 9^h | ALL TRIBAL OFFICES CLOSED – TREATY DAY |
| September 9-11 th | Run to the Rogue |
| September 13 th | WEX Timesheets Due |
| September 23 rd | WEX Payday |
| September 27 th | WEX Timesheets Due |



IMPORTANT REMINDERS FOR 477/SSP CLIENTS

- SSP STAFF WILL RETURN CLIENT PHONE CALLS WITHIN 24 BUSINESS HOURS.
- SSP STAFF WILL ADDRESS CLIENT REQUESTS FOR SUPPORT SERVICES AND OTHER REQUESTS WITHIN TWO BUSINESS DAYS.
- SUPPORT SERVICES REQUEST FORMS ARE KEPT IN THE LOBBY.
- YOU **MUST** COMPLETE THE SUPPORT SERVICES REQUEST FORM FOR GAS CARDS, BUS PASSES, ETC.
- OFFICE STAFF DO **NOT** TAKE MESSAGES. YOU **MUST** LEAVE A VOICEMAIL ON YOUR WORKER'S LINE. IF YOU DON'T LEAVE A CURRENT PHONE NUMBER WE CANNOT RETURN YOUR CALL SO PLEASE BE SURE TO DO SO.
- CHECKS ARE AVAILABLE AFTER 2:00PM ON THURSDAYS. SINCE THE CHECKS COME IN THE MAIL IT CAN EVEN BE FRIDAY BEFORE THEY ARRIVE. **PLEASE CALL BEFORE COMING ALL THE WAY HERE FOR YOUR CHECK.**



Community Health Advocate

September

CECILIA TOLENTINO, CHA

503-390-9494 x1854

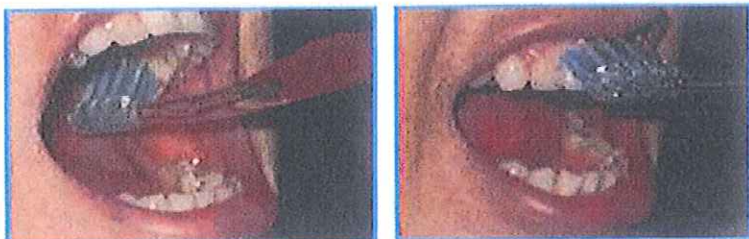
ceciliat@ctsi.nsn.us

Monday – Friday

8:00am – 4:30pm

Step 1

Start where the teeth and gums meet. Brush both outside and inside surfaces of all upper teeth. Move in a circular motion angling bristles slightly upward so that both the teeth and gums are cleaned.



Step 2

Repeat with all the lower teeth but angle bristles downward. Gently pull lower lip and cheeks back to ease access.



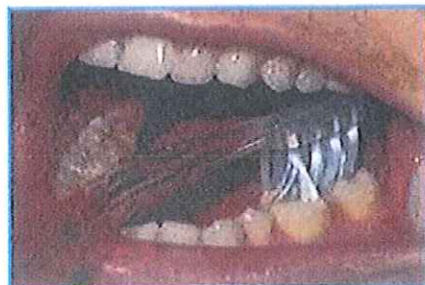
Step 3

Pay attention to the inside surfaces of all front teeth.



Step 4

Brush chewing surfaces of upper and lower teeth.



Upcoming Classes

Sponsored by the WEAVE GRANT

Indoor Kitchen Herb Garden

September 15th

Call Cecilia at (503) 390-9494 or
by email ceciliat@ctsi.nsn.us

To reserve your spot today



ALL TRIBAL OFFICES ARE CLOSED the 5th and 9th

Education

September

SONYA MOODY-JURADO,
Education Specialist
503-390-9494 x1856
sonyamj@ctsi.nsn.us
Monday – Thursday
8,00am – 4,30pm

EDUCATION PROGRAM COMPONENTS: Higher Ed ♦ Adult Vocational Training (AVT) ♦ Adult Education ♦ Supplemental Education ♦ (JOM) ♦ Tribal Youth Employment & Education (TYEE)

My office hours are Monday-Thursday 8:00 – 4:30pm. I do not work on Friday.

Run To The Rogue will be September 8th, 9th and 10th

Siletz Tribal Youth Conference

Tentative Dates: October 14th – 16th 2016. Join your fellow Siletz Tribal youth (7th – 12th grades) for 2 days of getting to know each other, learn more about Siletz Tribal culture and history, hear about important topics for teens and have a great time with Siletz Tribal youth from all areas.

Who's Going:	Enrolled Siletz Tribal youth grades 7 th – 12 th regardless of residence
Location:	B'nai B'rith Camp in Lincoln City, OR
Applications:	Will be mailed directly to the youth in this age range

Tutoring will start again on October 4, 2016. It will return to Tuesday nights from 4:30-6:30pm.

JOM

When calling, if I am not available, please leave a message. For JOM activities youth must be nine years old to attend without a chaperone. **You must call Sonya to sign up for all JOM activities.**

TYEE PROGRAM

We had a very successful summer with our TYEE workers. This summer we had 18 youth participating in various locations in the Salem area. Some job sites include: AC Gilbert House, Salem Public Library, City of Salem Parks, Boys & Girls Club, Battle Creek Commons, Battle Creek Golf Course and many more. I would like to thank all of the youth and work sites for all your hard work.

HIGHER EDUCATION/ADULT VOCATIONAL TRAINING PROGRAM

The Tribal Higher Education Program operates on a one-time per year application deadline. The Tribe has established a deadline for Tribal members interested in attending college in the fall. Every year the deadline is January 31st to complete your FAFSA. The deadline for Fall Term was June 30, 2016. If you missed that deadline, the next funding cycle is for Fall Term 2017 and the deadline is June 30, 2017. **To be eligible to receive Tribal Education Funding you will have to complete your FAFSA by January 31, 2017.**

ADULT EDUCATION

The Adult Education program is for Siletz Tribal members, 16 years or older, who are not already enrolled in a formal education program. The Adult Education program can assist with the following: Obtaining GED, certificates, or otherwise raise levels of educational achievement through adult classes to improve employment status through education/training. There is no deadline to apply for classes. For an application, please call **SONYA** at (503) 390-9494.

Siletz Tribal Youth Activity Fund

Helps to fund programs for Siletz tribal youth in the many areas such as: sports, music, camp fees, lab fees, shop supplies, graduation, educational /scholastic materials, cultural supplies and materials, correspondence courses, and extra-curricular supplies. Siletz Tribal members from kindergarten to high school can access up to \$75.00.

Siletz Tribal Head Start Program

Is a preschool program for children 3 to 4 years old. The Salem Center has AM and PM classes. It operates Monday through Thursday for 3.5 hours a day. Transportation depends on residency, which will be determined after acceptance. Register in Spring for the following school year. All Siletz Tribal applications and forms are posted on the Tribal website at: www.ctsi.nsn.us.



ALL TRIBAL OFFICES ARE CLOSED the 5th and 9th



A & D
September

Andulia WhiteElk
anduliaw@ctsi.nsn.us
A & D Counselor
503-390-9494 x1855



Andulia White Elk

We are happy to Welcome Andulia WhiteElk, A&D Counselor to our team here in Salem!



Home Visiting Program

Confederated Tribes of Siletz Indians

Tribal Maternal, Infant, & Early Childhood Home Visiting Program

Nayllh - 'a "We Carry the Children"

September

Lori Christy

loric@ctsi.nsn.us

Home Visitor

503-390-9494 x1863

Our home visiting program provides parenting and life skills for successful and positive parenting. We serve native families that are either expecting or have infants under the age of twelve months, continuing through the child's third birthday. We travel throughout the 11 county service areas of the Confederated Tribe of Siletz Indians. The model and curriculum we provide is called Family Spirit and was developed by the John Hopkins Center for American Indian Health. We are funded by the Tribal Maternal, Infant, Early Childhood Home Visiting Program (TMIECHV).

Family Spirit is Evidence based and culturally sensitive to native families. Parents gain knowledge and skills for their developing infant through 36 months of age. We also focus on goals and healthy living for parents as a support system for the family as a whole. The program consists of 63 lessons over a 39 month period and is divided into six modules. The modules are broken into these categories: Prenatal care (9 lessons), infant care (16 lessons), your growing child (11 lessons), toddler care (9 lessons), my family and me (6 lessons), and healthy living (12 lessons). While this may seem like a big commitment the lessons vary from 30 minutes to 90 minutes and some can be combined together as we work with your schedule. Family Spirit suggests we deliver at least 32 lessons to our families in order for families to benefit from the evidence based curriculum. For the full benefits of the program we would like to provide all 63 to our families. As a thank you for participating in our program we offer some incentives which we will be happy to share with you upon enrollment in our program.

During your participation if you feel like the timeline of lessons is too often we can adjust the home visits to accommodate your schedule while still keeping the program's timeline in mind. We are a voluntary program that delivers home visits in the comfort of the homes of our families. If you would like to get more information and or meet our home visiting staff we would love to schedule a home visit to give you a full overview of the program.

CONTACT INFORMATION

2468 11th Ave., Eugene, Oregon (Covering Eugene and surrounding areas)

Jessica Phillips, Program Coordinator/Home Visitor: (541) 484-4234 or (541) 222-9503

201 SE Swan Avenue, Siletz, Oregon (Covering Siletz and the coastal range)

Danelle Smith, Home Visitor: (541) 444-9603 or (541) 270-1027

3160 Blossom Drive NE Ste. 105, Salem Oregon (Covering Salem, Portland and surrounding areas)

Lori Christy, Home Visitor: (503) 390-9494 or (541) 272-2241

ALL TRIBAL OFFICES ARE CLOSED the 5th and 9th



Siletz Tribal Vocational Rehabilitation Program



The Siletz Tribal Vocational Rehabilitation program (STVRP) is here to assist **members of any federally recognized Tribe** (living within the Siletz Tribes service area) with overcoming impediments to employment. We work with a diverse population of individuals who have disabilities ranging from cognitive impairments to physical limitations. If you have a documented disability that creates limitations or prevents you from doing the work you desire or are qualified for we would like to assist you. We can assist with obtaining and maintaining employment and developing skills. We focus on motivation, identifying your abilities, skills that lead to successful employment and the development of self advocacy. You should have a strong desire to work and be willing to work collaboratively with STVRP staff to provide you with the services needed to overcome your disability. Your personal goal should be self sufficiency and to live a healthy sustainable lifestyle.



The STVRP also assists transitioning students with disabilities. The ideal age for a student to start working with VR is two to three years before graduation, until the age 22, or graduated from high school. Our program can provide vocational guidance and counseling; assist with identification of employment goals; employment retention; and advocacy within the academic environment. Students with a documented disability or who are on an "Individualized Education Plan-IEP" or on a "504 Plan" are encouraged to participate in the STVRP. Examples of SERVICES PROVIDED by STVRP:

- Guidance and Counseling
- Referral to Services
- Employment Services
- Portfolio Building, Resume Writing, Interviewing Techniques, Job Coaching
- Culturally Relevant Individualized Services
- Evaluations and Assessments
- Training Placement Opportunities
- Adaptive Equipment

For more information about the STVRP, please inquire at 1-800-922-1399. We also maintain resource and employment boards so please stop by if you're interested. You can speak to any of the VR staff: **In Salem Office** - Dana Rodriguez (Program Aide); Angie Butler (Program Director).

ANGIE BUTLER, Voc Rehab Director
503-390-9494 x1872
angieb@ctsi.nsn.us
503-390-9494 x1861
ANTONIA "TONI" LEIJA, Job Developer
503-390-9494 x1862
antonial@ctsi.nsn.us
DANA RODRIGUEZ, Voc Rehab Aide
503-390-9494 x1862
danar@ctsi.nsn.us

Want help getting a job? Do you have a diagnosed disability (IEP or 504)?

You could be eligible for STVRP services.

Steps in working with Siletz Tribal Vocational Rehabilitation Program:

Step 1: Establish contact with the STVRP Counselor assigned to your school and schedule a meeting. Your first meeting with a STVRP Counselor will be to gather information about you, your needs, and to discuss whether the STVRP fits for you.

If the program is for you.....

Step 2: Sign an application and a STVRP Counselor will determine whether or not you're eligible for services by talking with you about your needs, your disability, and what barriers you have as a result. They may also need to do some additional testing and will read through your school records.

Step 3: Once you're eligible, you'll meet with your STVRP Counselor to discuss your goals and plans for employment. STVRP Counselors can provide guidance and counseling to students who need help determining their goals or plan for what they want after high school.

Step 4: You'll also work with your STVRP Counselor to discuss the impact of your barriers as you work to reach your employment goals and determine what services are necessary to help you reach your goals.

ALL TRIBAL OFFICES ARE CLOSED the 5th and 9th

Siletz Tribal Head Start

TEACHERS DEBBIE & JENNIFER 3960 CHEMAWA RD NE, SALEM

503-393-6942

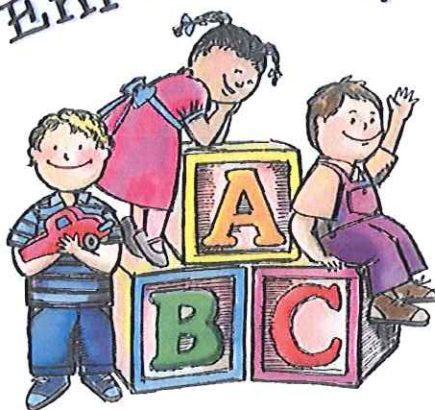
WELCOME BACK



"Sharing, caring and working together, helping to make the world a better place."



Enroll Now



September 2016

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
 4	 5	6 Elk Tag Drawing Applications Available	7 CEDARR 12:00pm Siletz Clinic	1 Exercise Challenge Ends SELF Support Group 5:30-7:00pm	2 9  Native Wellness Training 9:00-11:00am All Treaties Day	3 10 Neerchokikoo Powwow NAYA 11:00am Run to the Rogue Mill Luck Powwow Coos Bay
11 Run to the Rogue Mill Luck Powwow Coos Bay	12 Labor Day SSP Monthllys Due	13 WEX Timesheets Due	14 Two Spirit Group 5-7pm	15 Indoor Kitchen Herb Garden	16 17 Elder Woodcut 8:00am (Last one of the year) Elder Meeting 1:00pm	
18	19 USDA	20 USDA Social Security Training 1:00pm	21 USDA	22 USDA	23 WEX Payday Elk Tag Drawing Application Deadline Native American Day	24
25	26	27 WEX Timesheets Due	28	29	30 	

Notes

All Tribal Offices will be closed on Monday September 5th and Friday September 9th

Salem Area Office Staff
503-390-9494

Beverly Owen
Cindy Jackson
Norma Trefren
Angelica Espino
Cecilia Tolentino
Andulia White Elk
“vacant”
Sonya Moody-Jurado
Dana Rodriguez
Antonia “Toni” Leija
Angie Butler
Lori Christy
Alberto “Junior” Gonzalez
Cody Cole

Salem Area Office Supervisor
Area Office Secretary
Intake Specialist/Job Coach
Tribal Service Specialist
Community Health Advocate
Addictions Counselor
Youth Mental Health Counselor
Education Specialist
VocRehab Aide
VocRehab Job Developer
VocRehab Director
Home Visitor
On Call Transporter
On Call Transporter

September

Confederated Tribes of Siletz ~ Salem Area Office
3160 Blossom Drive N Suite 105
Salem, Oregon 97305

