



The Drumbeat

August Newsletter Salem Area Office

Confederated Tribes of Siletz Indians, 3160 Blossom Dr N. Suite 105, Salem, OR 97305

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Beverly Owen, Area Office Supervisor, x1851

bevo@ctsi.nsn.us

Cindy Jackson, Area office Secretary, x1850

cindyj@ctsi.nsn.us

Our office hours are Monday through Friday 8:00am – 4:30pm. We are closed on Federal and Tribal Holidays. We would appreciate it if you could make it into the office in plenty of time to complete your business by the close of business.



The position of the Tribe on coming into any Tribal Offices under the influence of drugs and/or alcohol is that it will NOT be tolerated. That also includes threats of any kind and/or unruly behavior. If you exhibit any of this type of behavior, you will be asked to leave.



We do not accept collect calls. An option is to call 800-922-1399 number and asked to be transferred to our office.



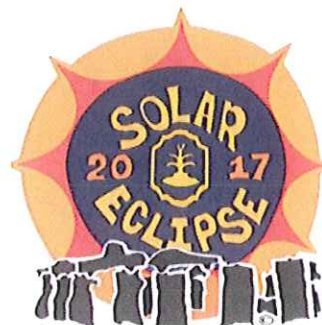
We have a 5¢ per page charge for copies, faxes and printed materials. *Note: If the documents are specifically requested by a Tribal program there will be no charge.*



If you would like to receive your newsletter via email, call Cindy or email and make that request.



CLOSED
ALL SILETZ TRIBAL OFFICES WILL BE CLOSED MONDAY AUGUST 21ST.



Confederated Tribes of Siletz - Salem Area Office



<http://www.ctsi.nsn.us/>

Announcements & Community News



Every year, 9 August is commemorated as the **International Day of the World's Indigenous Peoples**. The day is celebrated with special events around the world, including at United Nations Headquarters in New York.

The United Nations' (UN) International Day of the World's Indigenous People is observed on August 9 each year to promote and protect the rights of the world's indigenous population. This event also recognizes the achievements and contributions that indigenous people make to improve world issues.

"I want to be remembered as the person who helped us restore faith in ourselves." *Wilma Mankiller*

"Although we are in different boats - you in your boat and we in our canoe - we share the same river of life." *Chief Oren Lyons*

August 1st – Per Capita for Siletz Tribal Members \$1,686.00

If you do not receive your check, you must wait 2 weeks before contacting the Tribe about it. If you don't have a current address on file in Enrollment, your check will most likely be returned. Until you do an address update your check will not be remailed.

Address updates cannot be done via telephone or email. They MUST be done on the Update form and signed.



Advocate: **Kim Lane 541-444-9679**

kiml@ctsi.nsn.us

Outreach: **Kira Woosley 541-444-9680**

kiraw@ctsi.nsn.us

(Kim and Kira can be reached using 1-800-648-0449)

The CARE Program offers confidential, safe and culturally appropriate education and advocacy services to Native American victims of domestic violence, sexual assault, dating violence and stalking, as well as victims associate with Native families, such as a non-native spouse.

An advocate is available to provide assistance to access services, including personal protective orders, shelter or housing, Tribal program information and other program resources.

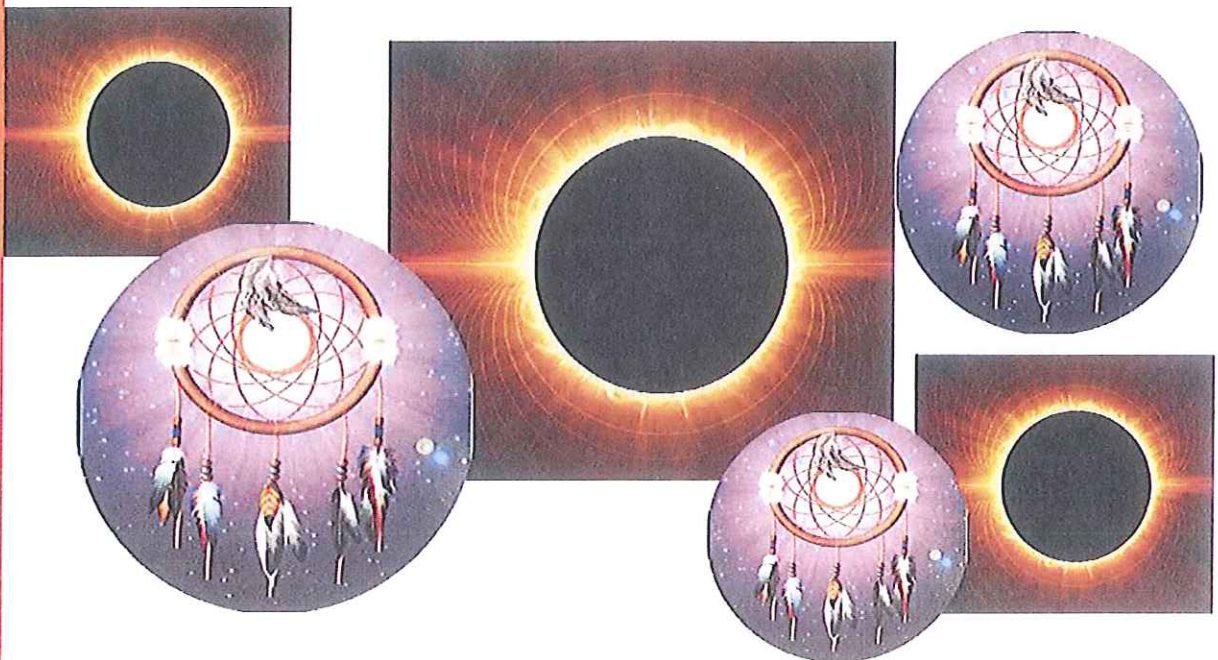
It is the Program's mission to educate and empower our community to live a healthy, non-violent lifestyle that strengthens spirit for future generations.

2017
TOTAL ECLIPSE
COLOR CONTEST

Color one of the coloring pages and return it the office for our contest. We will put the winning pages in our next newsletter.

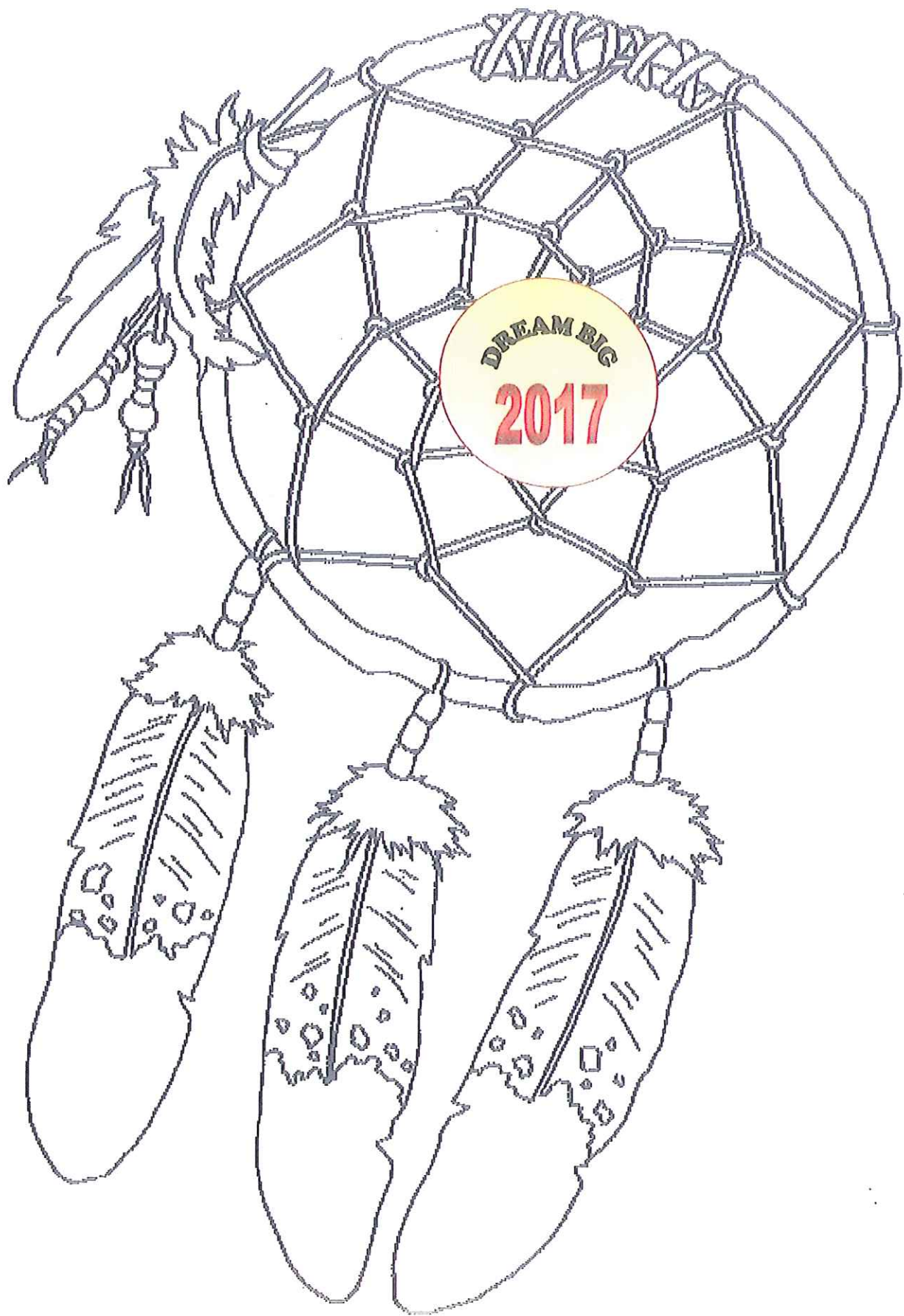
We will select winners on August 17th in time for the TOTAL ECLIPSE!

Join the fun and dance along the Eclipse path too!



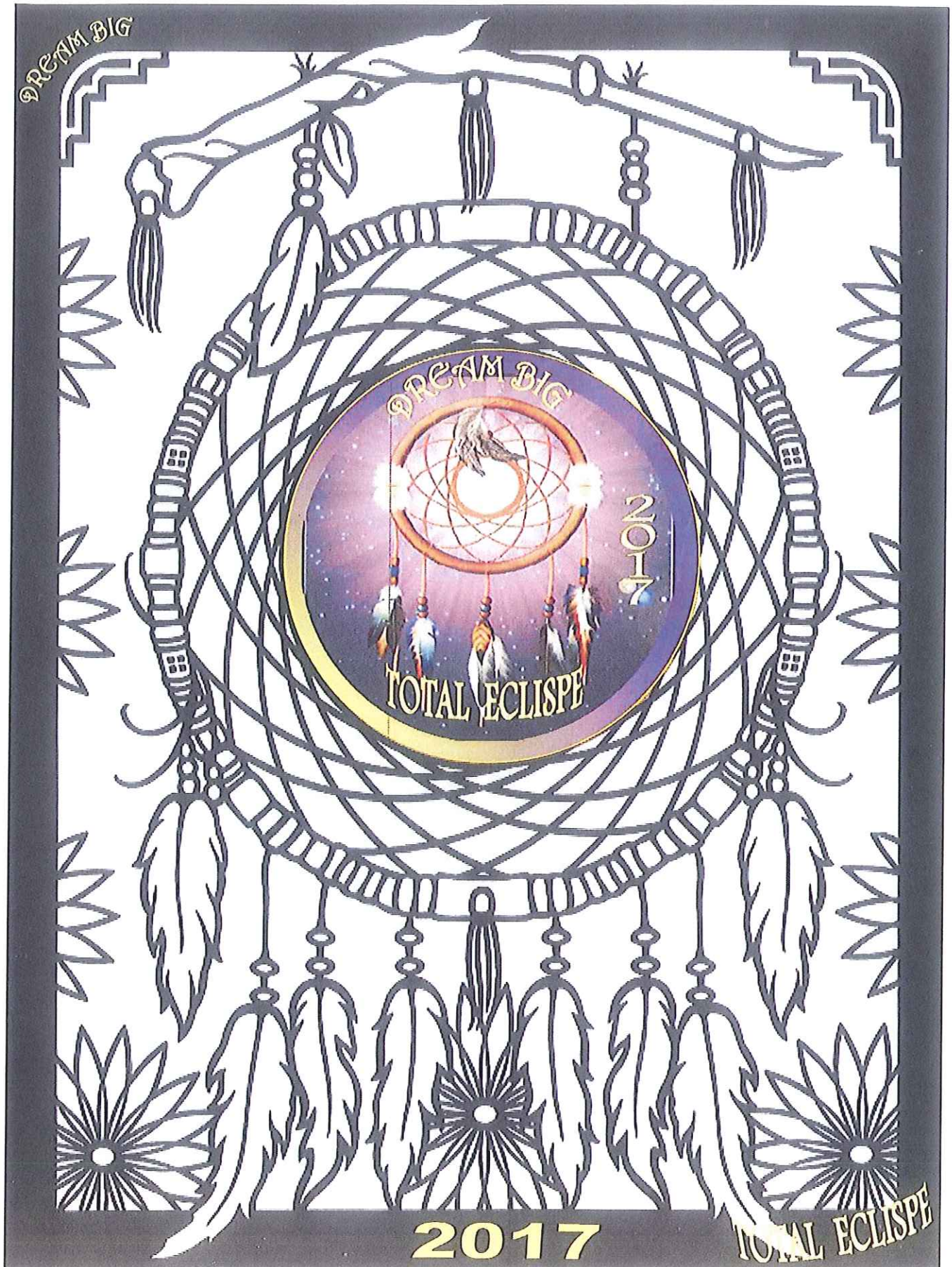
**BE SURE TO PICK UP A PAIR OF ECLIPSE GLASSES
BETWEEN 10AM AND 4PM!!**





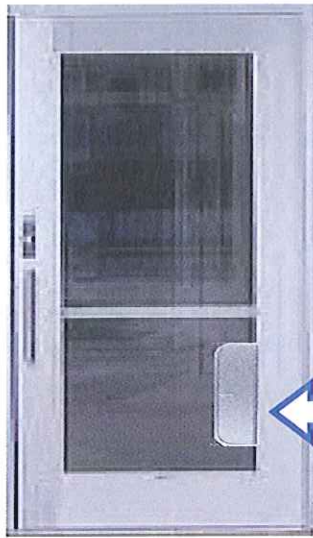
NAME:

AGE:



NAME:

AGE:



DROP SLOT IN THE FRONT DOOR

The office has a slot in the front door to be used for things being dropped off after hours or on days we are closed. Items dropped in the slot with a deadline are considered late after 4:30 pm office closures and will reflect the following days received date stamp. So keep that in mind when submitting applications that have a deadline and submit them early.

Youth Tobacco 101

Save the Date August 7th 11:00-2:30



Siletz Grange Hall
Snacks, Games & Prizes

YOUTH AGES 10-18

Come & learn more about Electronic cigarettes, chewing tobacco, hooka, commercial tobacco and traditional tobacco. Questions: Call TPEP 541 444-9682. Sponsored by NWP.A19FB.



STOP THE SALE OF OUR IMAGE



ALL SILETZ TRIBAL OFFICES WILL BE CLOSED MONDAY AUGUST 21ST.

Announcement From Mental Health Counselor

I am now working 4 ten hour days from 7:30am-6:00pm. I will be in the Portland Office on Monday and Tuesday and the Salem Office on Wednesday and Thursday.



We have a limited amount of fish available for anyone who did not get fish in the last distribution(s).



Back to School Family Health Fair

Saturday, August 12, 2017: 10 am - 1pm at Knudson Boys & Girls Club Branch

Families are invited to come to the Back to School Family Health Fair for services including haircuts for kids; hearing, dental and vision screenings; school supplies; ID kits for kids, and much more! Services are provided at no cost. For more information, contact Jodi at jloper@bgc-salem.org.

Language & Culture Class

Bud Lane
1-800-922-1399
ext 1320
budl@ctsi.nsn.us



Nuu-wee-ya' (Our Words)

Date: August 15, 2017
Time: 6:00-8:00pm
Where: Salem Area Office

These classes will begin with basic instruction and will progress over the year. It will also be a refresher course for those more advanced students. Come and join other members of your community and Tribe in learning to speak one of our ancient languages. We also have equipment in the Culture Department available for use in grinding and drilling shells or pine nuts or other applications. If you have a need for using the equipment, call and I can set up an appointment during regular business hours or after hours.

Great American Eclipse



August 21 2017

USDA Salem Warehouse



JOYCE RETHERFORD
CTSI FDP Director
LISA PAUL
CTSI FDP Clerk
800-922-1399 (Siletz)
503-391-5760 (Salem)

Monday August 14th
Tuesday August 15th
Wednesday August 16th
Thursday August 17th

1:30 – 6:30 pm
9:00 am – 6:30 pm
9:00 am – 6:30 pm
9:00 – 11:00 am

SILETZ TRIBAL
FDPIR



It is that time of year again. We are receiving beautiful peaches, corn on the cob and zucchini squash.

CHOCOLATE ZUCCHINI CAKE



Cream: ½ c. margarine, ½ c. oil, 1 ¾ c. sugar
Add: 2 eggs, 2 tsp vanilla ½ c. sour milk (or buttermilk/buttermilk powder)
Sift Together & Add: 2 ½ c. flour, 1 tsp baking soda, 1 tsp baking powder, 1 tsp salt, 1 tblsp cocoa and 2 tsp cinnamon
Add: 2 c. grated zucchini

Pour into 9x13" pan. Sprinkle 1 small package of chocolate chips on top (I use mini chips).
Bake at 325 for 40-45 minutes.

Down Payment Assistance

KC SHORT
1-800-922-1399 x1310
1-541-444-8310
FAX: 541-444-8313

477/SSP

ANGELICA ESPINO
Tribal Service Specialist
angelicae@ctsi.nsn.us
503-390-9494 x1853

August

Our Program offers a variety of services on a budgetary basis. We offer Cash Assistance, Emergency Assistance, Classroom Training, Work Experience and On The Job Training. Participants in 477/SSP Programs must meet the eligibility requirements.

IMPORTANT DATES TO REMEMBER

August 1st ~ 5th

Monthly Contact Appointments **(MANDATORY)**
Job Search/Monthly Report forms due for Cash Assistance

August 21st

All Tribal Offices will be closed

NOTE: GA clients are suspended for this month and only need to hand in their paperwork.

Other Stuff Going On....

August 12th

Back to School Health Fair
(Salem Boys & Girls Club)

August 11th – 13th

Nesika Illahee Powwow in Siletz

August 18th – 20th

Powwow – Grand Ronde

August 21st

Solar Eclipse

Still Going On....

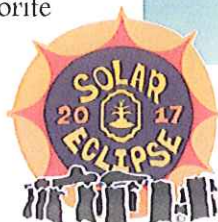
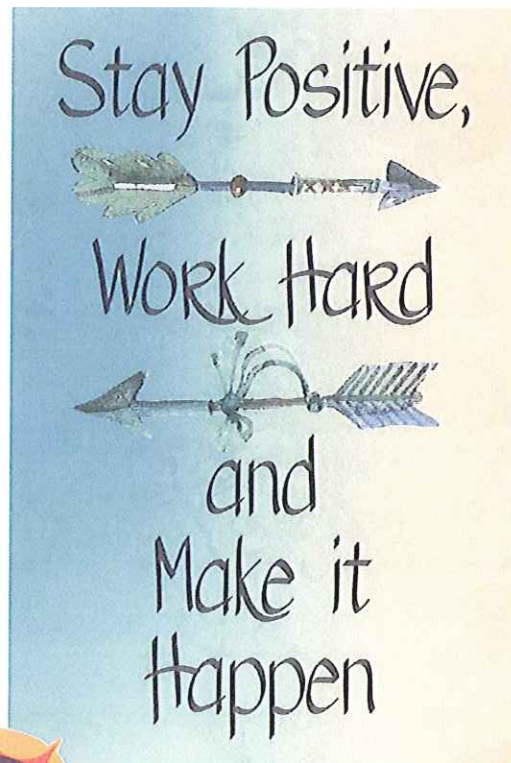
Movies in the Park

Regal Cinema \$1 Movies

Library Activities



On April 8, 2024 there will be another total solar eclipse visible across the continental United States. How old will you be then? Consider writing a letter to yourself on the August 21, 2017 eclipse date to be opened by you in 2024. Imagine who you might be then. Do you have any words of advice or dreams about who you might be then? What do you think the world will be like then? You can write a simple letter, or create an elaborate Time Capsule to be buried in your back yard. You can even include a DVD or thumbdrive with your favorite pictures and songs!



IMPORTANT REMINDERS FOR 477/SSP

- SSP STAFF WILL RETURN CLIENT PHONE CALLS WITHIN 24 BUSINESS HOURS.
- SSP STAFF WILL ADDRESS CLIENT REQUESTS FOR SUPPORT SERVICES AND OTHER REQUESTS WITHIN TWO BUSINESS DAYS.
- SUPPORT SERVICES REQUEST FORMS ARE KEPT IN THE LOBBY.
- YOU **MUST** COMPLETE THE SUPPORT SERVICES REQUEST FORM FOR GAS CARDS, BUS PASSES, ETC.
- OFFICE STAFF DO **NOT** TAKE MESSAGES. YOU **MUST** LEAVE A VOICEMAIL ON YOUR WORKER'S LINE. IF YOU DON'T LEAVE A CURRENT PHONE NUMBER WE CANNOT RETURN YOUR CALL SO PLEASE BE SURE TO DO SO.

PLEASE CALL BEFORE COMING ALL THE WAY HERE FOR YOUR CHECK.

Community Health

CECILIA TOLENTINO, CHA

503-390-9494 x1854

ceciliat@ctsi.nsn.us

Monday – Friday

8.00am – 4.30pm

August

Monthly Diabetes Support and Prevention Group

Join us on the third Wednesday of each month for our diabetes luncheon. HAVE FUN learning about diabetes related topics such as: what do I eat, getting physical, diabetes and eye care, and getting the most out of your carbs. For more information or to sign up call Cecilia at the Salem Area Office (503) 390-9494

August 16th
5pm-6pm



GREAT AMERICAN ECLIPSE

On Aug. 21, 2017 the moon's shadow will cross:



Oregon Eclipse

According to the Oregon Office of Emergency Management is working with Travel Oregon and a host of other agencies to ensure thousands of Oregonians, and visitors to our state, have a positive and enjoyable experience during the total solar eclipse on August 21, 2017.

The eclipse will arc across Oregon all the way to the southeastern coast of South Carolina, and beyond. Oregon Museum of Science & Industry (OMSI) estimates that this first total solar eclipse in 38 years to cross the continental United States will attract millions of spectators.

While exact numbers are very difficult to obtain, emergency managers are planning for an influx of about one million visitors into Oregon for several years on either side of the eclipse. Since August is already prime vacation season in many areas of the state, expect nearly everything to be above capacity for nearly the whole week total.

Suggestions for RESIDENTS and VISITORS:

- Be prepared for crowds, lines and traffic. Be patient. Bring books, games, etc., to keep busy; Take the time in long lines to get to know Oregonians and other visitors via lively conversation. It's a good time to learn about Oregon and other areas from which guests are visiting, and to make friends from around the state/country/world.
- Have snacks, water and first-aid supplies on hand in case crowds/lines/traffic become paramount. Become aware of the beauty, splendor and hazards that are all part of Oregon. Know what to do and where to go in the event of severe heat, wildfires, earthquakes and other natural disasters.
- Have an emergency kit and an emergency plan; make sure family members or friends back home know your schedule, when you are expected to return and your plan if something happens.

Education

SONYA MOODY-JURADO,
Education Specialist
503-390-9494 x1856
sonyamj@ctsi.nsn.us
Monday – Thursday

August

EDUCATION PROGRAM COMPONENTS: Higher Ed ♦ Adult Vocational Training (AVT) ♦ Adult Education ♦ Supplemental Education ♦ (JOM) ♦ Tribal Youth Employment & Education (TYEE)

My office hours are Monday-Thursday 8:00 – 4:30pm. I do not work on Friday.

JOM

When calling, if I am not available, please leave a message. For JOM activities youth must be nine years old to attend without a chaperone. **You must call Sonya to sign up for all JOM activities.**

Incentive Awards for Siletz Tribal Graduates

The Tribe has an incentives program for Tribal members reaching milestones in their education from Head Start, elementary school, middle school, high school, Adult Vocational Training programs and bachelor degrees, master degrees and doctorate degrees. If you have reached one of these milestones, please send in a copy of your certificates or diploma to Sonya at the Salem area office with your contact information, which includes address and phone number.

Beach Trip

We will be going to the beach on August 29, 2017. We will be leaving at 9:00am. We will have limited transportation available on the vans and youth must be 9 years old to ride on the van without a chaperone. Please call **SONYA** by August 11, 2017 to sign up.

State Fair

We will have tickets for families to attend the Oregon State Fair. *These tickets are for JOM eligible families only.* You must pre-register for the tickets. They are general admission tickets. The deadline to sign up for tickets will be August 9, 2017. **No additional tickets will be purchased after the deadline.** Each parent will need to call to sign up his or her own children. *You cannot call and sign up for tickets for other people, only your children.*

School Supplies

We will be distributing school supplies to JOM students. When calling in let us know the name of your students and what grades they will be going into. The deadline to call in for school supplies will be August 9, 2016. After that date orders will be filled by the supplies we have remaining. Please leave a phone number where you can be reached, so that we can call and let you know when you may pick up your supplies. We will be distributing the supplies the last week of August.



HIGHER EDUCATION/ADULT VOCATIONAL TRAINING PROGRAM

The deadline to apply for the 2017-2018 year was June 30, 2017. The next deadline to apply is June 30, 2018. It is required that you complete your FAFSA by January 31, 2018 to be eligible to receive Tribal assistance.

ADULT EDUCATION

The Adult Education program is for Siletz Tribal members, 16 years or older, who are not already enrolled in a formal education program. The Adult Education program can assist with the following: Obtaining GED, certificates, or otherwise raise levels of educational achievement through adult classes to improve employment status through education/training. There is no deadline to apply for classes. For an application, please call **SONYA** at (503) 390-9494.

Home Visiting Program

Lori Christy
loric@ctsi.nsn.us
Home Visitor
503-390-9494 x1863
8.00am – 4.30pm

August

Our home visiting program provides parenting and life skills for successful and positive parenting. We serve native families that are either expecting or have infants under the age of twelve months, continuing through the child's third birthday. We travel throughout the 11 county service areas of the Confederated Tribe of Siletz Indians. The model and curriculum we provide is called Family Spirit and was developed by the John Hopkins Center for American Indian Health. We are funded by the Tribal Maternal, Infant, Early Childhood Home Visiting Program (TMIECHV).

Family Spirit is Evidence based and culturally sensitive to native families. Parents gain knowledge and skills for their developing infant through 36 months of age. We also focus on goals and healthy living for parents as a support system for the family as a whole. The program consists of 63 lessons over a 39 month period and is divided into six modules. The modules are broken into these categories: Prenatal care (9 lessons), infant care (16 lessons), your growing child (11 lessons), toddler care (9 lessons), my family and me (6 lessons), and healthy living (12 lessons). While this may seem like a big commitment the lessons vary from 30 minutes to 90 minutes and some can be combined together as we work with your schedule. Family Spirit suggests we deliver at least 32 lessons to our families in order for families to benefit from the evidence based curriculum. For the full benefits of the program we would like to provide all 63 to our families. As a thank you for participating in our program we offer some incentives which we will be happy to share with you upon enrollment in our program.

During your participation if you feel like the timeline of lessons is too often we can adjust the home visits to accommodate your schedule while still keeping the program's timeline in mind. We are a voluntary program that delivers home visits in the comfort of the homes of our families. If you would like to get more information and or meet our home visiting staff we would love to schedule a home visit to give you a full overview of the program.

CONTACT INFORMATION

2468 11th Ave., Eugene, Oregon (Covering Eugene and surrounding areas)

Jessica Phillips, Program Coordinator/Home Visitor: (541) 484-4234 or (541) 222-9503

201 SE Swan Avenue, Siletz, Oregon (Covering Siletz and the coastal range)

Danelle Smith, Home Visitor: (541) 444-9603 or (541) 270-1027

3160 Blossom Drive NE Ste. 105, Salem Oregon (Covering Salem, Portland and surrounding areas)

Lori Christy, Home Visitor: (503) 390-9494 or (541) 272-2241



A & D

Andulia White Elk
anduliaw@ctsi.nsn.us
Addictions Counselor
503-390-9494 x1855

August

Addiction is a family issue. Families need support not only for their loved one who is addicted but for themselves. We often forget about how we are impacted in a loved one's addiction and how it impacts us in our daily lives. Sometimes we don't even think that it has any effect on us or that the addiction is "their" problem. Reality is that we all are impacted some way or another from a loved one's addiction whether we want to recognize it or not. Some of the family characteristics of a family affected by alcohol are.

- We have an overdeveloped sense of responsibility and it is easier for us to be concerned with others rather than ourselves; this enables us to not look too closely at our own faults, ect.
- We get guilt feelings when we stand up for ourselves instead of giving in to others.
- We confuse love and pity and tend to "love" people we can "pity" and rescue.
- We frighten people with our anger and threat of belittling criticism.
- We dominate others and abandon them before they can abandon us or we avoid relationships with dependent people altogether. To avoid being hurt, we isolate and dissociate and thereby abandon ourselves.
- We become addicted to excitement or chaos.

Understanding the effects of addiction on the whole family is vital in a healthy relationship with someone who is working on their recovery. If families received healing from the trauma that addiction has placed on them then the family unit will become whole and healthy again. Here are some resources to gain support for family members and friends.

Oregonal-anon.org
888-4AL-ANON
www.al-anon.alateen.org.

Remember everyone deserves to heal from addiction even when you're not the one addicted. Be well.



Voc Rehab

JERAMIE MARTIN, Voc Rehab Director

jeramiem@ctsi.nsn.us

TONI LEJA, VOC REHAB JOB DEVELOPER

503-390-9494 x1861

antonial@ctsi.nsn.us

DANA RODRIGUEZ, Voc Rehab Aide

503-390-9494 x1862

danar@ctsi.nsn.us

Siletz Tribal Vocational Rehabilitation Program

The Siletz Tribal Vocational Rehabilitation Program provides holistic, culturally sensitive VR services to federally-enrolled tribal members who have a disability and live within our 11 county service area. It serves as an employment resource for members that have a strong desire to be employed. The program utilizes Strength-Based Practices and Informed Choice to prepare participants for gainful employment. An important part of the Vocational Rehabilitation (VR) program, is helping others find their own strengths and build strong foundations for lasting and productive employment.

Services we may provide but are not limited to:

- ☉ Employment Services
- ☉ Referral to Community Resources
- ☉ Transportation/Support Services
- ☉ Portfolio Building
- ☉ Motivational Counseling
- ☉ Addressing and Eliminating Barriers to Employment
- ☉ Cultural Activities
- ☉ Educational, Physical and Mental Health Assessments



Basic requirements of the program include:

- ☉ Be an enrolled member of a federally recognized tribe
- ☉ Live within the 11 county service area
- ☉ Have a mental, physical, developmental or learning disability that is diagnosed by a licensed clinician
- ☉ Have a disability that causes a substantial barrier to employment
- ☉ Willing and able to be an active participant in the Siletz Tribal Vocational Rehabilitation Program (STVRP)

To find out more about STVRP, please call 800-922-1399 and ask to be connected to STVRP Staff for your area.

*STVRP – Providing Culturally Sensitive Vocational Rehabilitation Services
With a Focus On: Spiritual; Mind Intellectual; Emotional; and Physical Wellness to
Enable Your Success in the Workforce.*

Are you a Student?

Do you have a diagnosed disability (IEP or 504)?

You could be eligible for STVRP services.

Steps in working with Siletz Tribal Vocational Rehabilitation Program: (STVRP)

Step 1: Establish contact with the STVRP Counselor assigned to your school and schedule a meeting. Your first meeting with a STVRP Counselor will be to gather information about you, your needs, and to discuss whether the STVRP fits for you.

If the program is for you.....

Step 2: Sign an application and a STVRP Counselor will determine whether or not you're eligible for services by talking with you about your needs, your disability, and what barriers you have as a result.

Step 3: Once you're eligible, you'll meet with your STVRP Counselor to discuss your goals and plans for employment. STVRP Counselors can provide guidance and counseling to students who need help determining their goals or plan for what they want after high school.

Step 4: You'll also work with your STVRP Counselor to discuss the impact of your barriers as you work to reach your employment goals and determine what services are necessary to help you reach your goals.

You can get the help you need: Schedule your appointment today!

Contact STVRP Staff at one of the offices below:

Siletz/Eugene

800-922-1399

Jeramie Martin,
Program Director

Salem/Portland

503-390-9494

Toni Leija, Counselor
Dana Rodriguez, Program Aide



<https://www.facebook.com/groups/383072355357428/>

AUGUST

SALEM AREA OFFICE 503-390-9494
 MONDAY – FRIDAY 8:00AM – 4:30PM

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	August 1st Per Capita Payment For Siletz Tribal Members	1 School Supplies & State Fair sign ups begin Monthly Cash Grants (TANF) \$1 Movies – Regal – Spongebob Movie: Sponge Out of Water & Adventures of Tin Tin	2 School Supplies & State Fair sign up deadline \$1 Movies – Regal – Happy Feet 2 & Cats & Dogs: Revenge of Kitty Galore	3 Royalty Pageant	4 Nesika Illahnee Powwow 11th, 12th, 13th	5 SSP Monthlys Due General Council Meeting Zootopia Riverfront Park
6	7 Youth Tobacco 101 In Siletz	8	9	10	11	12
13	14 USDA	15 USDA	16 USDA	17 USDA	18	19 Grand Ronde Powwow (18th-20th)
20	21 ALL TRIBAL OFFICES CLOSED TODAY 	22 \$1 Movies – Regal – Storks & Lego Batman Movie Language 6:00-8:00pm	23 Diabetes Group 5-6pm	24 Coloring Contest Winners Selected	25	26 Carionville Pioneer Days & Powwow 26th & 27th Rogue One A Star Wars Story Riverfront Park
27	28	29 JOM Beach Trip	30	31 Chubby Checker - CWCR – 24th & 25th		

August 9th - International Day of the World's Indigenous Peoples

Salem Area Office Staff

503-390-9494

Beverly Owen

Cindy Jackson

Angelica Espino

Cecilia Tolentino

Andulia White Elk

Rachel Adams

Sonya Moody-Jurado

Jeramie Martin

Toni Leija

Dana Rodriguez

Lori Christy

Salem Area Office Supervisor

Area Office Secretary

Tribal Service Specialist

Community Health Advocate

Addictions Counselor

Mental Health Counselor

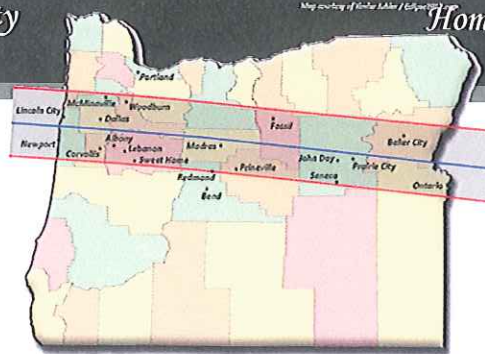
Education Specialist

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VocRehab Job Developer

VocRehab Aide

Home Visitor



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3160 Blossom Dr N Suite 105
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