



The Drumbear

March Newsletter

Confederated Tribes of Siletz Indians – Salem Area Office
3160 Blossom Dr N. Suite 105, Salem, OR 97305
503-390-9494 503-390-8099 (fax)

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Beverly Owen, Area Office Supervisor, x1851 bevo@ctsi.nsn.us
Cindy Jackson, Area office Secretary, x1850 cindyj@ctsi.nsn.us

GENERAL INFORMATION



Our office hours are Monday through Friday 8:00am – 4:30pm. We are closed on Federal and Tribal Holidays. We would appreciate it if you could make it into the office in plenty of time to complete your business by the close of business.



The position of the Tribe on coming into any Tribal Offices under the influence of drugs and/or alcohol is that it will NOT be tolerated. That also includes threats of any kind and/or unruly behavior. If you exhibit any of this type of behavior, you will be asked to leave.



We do not accept collect calls. An option is to call 800-922-1399 number and asked to be transferred to our office.



We have a 5¢ per page charge for copies, faxes and printed materials. *Note: If the documents are specifically requested by a Tribal program there will be no charge.*



<https://www.facebook.com/groups/383072355357428/>

FREQUENTLY CALLED PHONE NUMBERS

Chemawa Health Clinic	503-304-7600
USDA Warehouse – Salem	503-391-5760
Tribal Head Start – Salem	503-9396942
Siletz Tribal Office	800-922-1399
Siletz Health Clinic	800-648-0449
(ext1604 appts ext1625 Pharmacy)	



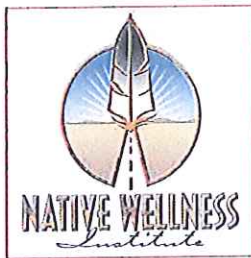
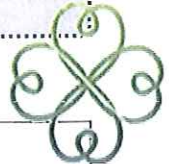
Announcements & Community News



March is Cancers of the Brain Awareness Month. Early diagnosis can be an important factor in the outcome of tumors in the brain. Brain tumors are the second leading cause of cancer death in children under age 15 and the second fastest growing cause of cancer death among those over age 65. Over the next year, more than 100,000 people in the United States will be diagnosed with a brain tumor.

Inspirational thought for this month:

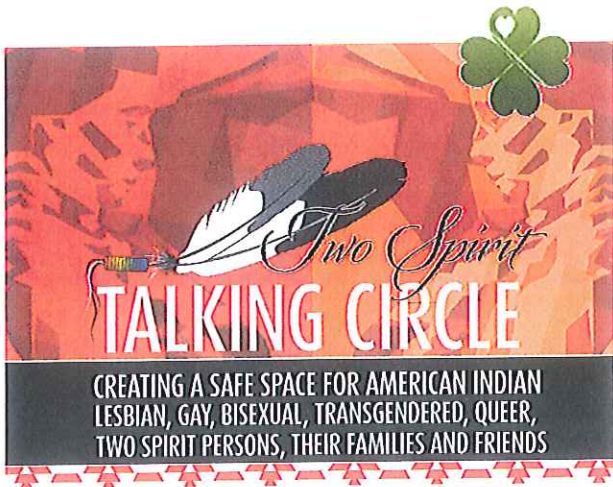
You can tell how smart people are by what they laugh at.



Come and join us for the monthly
Native Wellness Training

Traditional Leadership and Healthy Decision Making

March 8th 1:00-3:00pm



**Join us Wednesday
Mar 8th 5:00 pm
Salem Area Office**

Every month, the Siletz Tribal Change Team hosts a community talking circle for the American Indian Lesbian, Gay, Bisexual, Transgendered, Queer (LGBTQ), Two-Spirit community and its allies. The goal of the Talking Circle is to create a safe and confidential space for the community to discuss the struggles, triumphs and concerns of the LGBTQ Two-Spirit Community. This is also a place for friends and family to receive advice, support, and education as they continue their journey as an ally.

The Siletz Tribal Change Team works to improve the services utilized by the LGBTQ and Two-Spirit community. The team works to create awareness, provide education/resources and change the culture of the Native community to be more accepting of its LGBTQ and Two-Spirit individuals.

The Talking Circle is held on the second Wednesday of each month from 5:00-7:00pm



15th Annual Social Powwow

Presented by Willamette University's Native and
Indigenous Student Union

Saturday March 11, 2017

Willamette University

Cone Fieldhouse, Sparks Athletic Center

Grand Entry: 4 pm (4pm ~ 10 pm)

More Info: Office of Multicultural Affairs 503-370-6265

Women's Generations Group



Andulia WhiteElk, Addictions Counselor, is starting a new group on February 6th called **Women's Generations Group**. This will be an education/support type of group. We will talk about things such as boundaries, addictions, healthy choices and co-dependency among other things. It will be open to all clients and will be held in the Salem Area Office. The Group will meet every Monday from 2:00-3:30pm.

Elk Tag Opportunity

The Tribal Natural Resources Department will once again be offering a limited number of Landowner Preference (LOP) elk tags to Tribal members for this fall's hunting season. As a landowner, the Tribe is eligible to participate in the State's LOP program. Based on the number of acres that the Tribe owns, we can get 6 additional antlerless elk tags from the State. These LOP tags are not related to the Tribe's Consent Decree tags that we receive each year. They are based solely on the Tribe being a landowner.

There are a number of important differences between the LOP tags and the Tribe's regular tags. These are summarized in the table below.

	Tribal Tags	LOP Tags
State Hunting License Required?	No	Yes -- Tribal member must purchase both a 2017 and a 2018 State hunting license
Area to be Hunted	Anywhere within the specific tag's hunt boundaries	Only on Tribal land within the unit selected during that unit's antlerless elk season. Units available include Upper Siletz, NW Alsea, SW Alsea, SW Alsea Private Lands and West Siuslaw
Eligible for other State elk tags?	Yes	No*
Give tag to another licensed Tribal member to hunt for you?	Yes	No
Application and Selection Process	Apply to Tribe for Tribal drawing	Apply to Tribe for LOP Drawing; if selected apply to State for controlled hunt tag (list LOP unit in LOP section on State controlled hunt application)
Obtain Tag From	Tribe	State -- Tribal member must purchase tag

* Note: If you are drawn for an LOP Tag you are still eligible to apply for and be drawn for a Tribal tag.

Please note that a major difference between the LOP tags and the Tribe's regular tags is that **ONLY** the person drawn for the tag can hunt that tag. **The tag cannot be given to someone else to hunt for you.** Therefore, only those folks serious about hunting this hunt themselves are eligible to apply.

The drawing for the 6 LOP elk tags will be held at the Natural Resources Committee Meeting to be held on April 3rd at 4:45 PM in the Natural Resources Department Map Room. Applications are available on the Tribal website and at the Tribal Natural Resources Office in Siletz. Completed applications are due in the Natural Resources office by 4:30 PM March 31, 2017. For more information regarding these tags and the differences between the Tribe's regular tags and the LOP tags, contact Natural Resources Manager Mike Kennedy at 541-444-8232.

Salem Keizer Indian Ed Schedule

Feb 23	Elementary Math and Literacy classes, grades Pre-K -- 1 and 2 -- 5 Culture Connections Math, grades 6--12, making moccasins Study Hall Parent Advisory Committee Meeting
Mar 2	Elementary Math and Literacy classes, grades Pre-K -- 1 and 2 - 5 Summer Programs Writing Workshop, grades 6--12, part 1 Study Hall Parent Workshop: Identity Theft
Mar 9	Elementary Math and Literacy classes, grades Pre-K -- 1 and 2 -- 5 Culture Connections Math, grades 6--12, making moccasins Study Hall Parent Advisory Committee Meeting -- PAC nominations
Mar 16	Storytelling Workshop with Esther Stutzman Elementary Math and Literacy, grades Pre-K through 1 Study Hall
Mar 23	No meetings
Mar 30	Spring Break
Apr 6	Elementary Math and Literacy classes, grades Pre-K -- 1 and 2 -- 5 Summer Programs Writing Workshop, grades 6--12, part 2 Study Hall Parent Workshop: Interpersonal Communications
Apr 13	Elementary Math and Literacy classes, grades Pre-K -- 1 and 2 -- 5 Culture Connections Math, grades 6--12, making moccasins Study Hall Parent Workshop: TBD
Apr 20	Elementary Math and Literacy classes, grades Pre-K -- 1 and 2 -- 5 Culture Connections Math, grades 6--12, making moccasins Study Hall Parent Workshop: Intercultural Communications
Apr 27	Elementary Math and Literacy classes, grades Pre-K -- 1 and 2 -- 5 Culture Connections Math, grades 6--12, making moccasins Study Hall Public Hearing and Parent Advisory Committee Meeting
May 4	Elementary Math and Literacy classes, grades Pre-K -- 1 and 2 -- 5 Study Hall Parent Workshop: Personal Development
May 11	Elementary Math and Literacy classes, grades Pre-K -- 1 and 2 -- 5 Study Hall Parent Advisory Committee Meeting
May 18	Elementary Math and Literacy classes, grades Pre-K -- 1 and 2 -- 5 Study Hall Parent Workshop: Leadership
May 24	Eagle Feather Graduation Celebration
May 25	Storytelling Workshop with Esther Stutzman Elementary Math and Literacy, grades Pre-K through 1 Study Hall

Sewing Machine Introduction April 20th & 21st

We are offering an introduction to our sewing machines again for **tribal members who have not used them before**. We will show you how to use the basic stitches on our machines as well as complete a small project. Give us a call at 390-9494 to sign up as space is limited.

If there is interest in sewing lab with the machines set up as well as "bring your own" machine to work independently with the company of others, contact us and we can set something up. We can provide the coffee and tea!

For tribal members with experience- the machines are available for use in the office call to schedule.

UPCOMING EVENTS

Tribal Member Loom Beading Introduction April 13th & 14th

We are offering an introduction to Loom Beading to tribal members. We will show you how to use a loom to do beadwork. Give us a call at 390-9494 to sign up as space is limited.

If there is interest in a loom beading lab with looms set up as well as "bring your own" to work independently with the company of others, contact us and we can set something up. We can provide the coffee and tea!

"Lab" dates and times will be set based on the sign up list schedules.



Tribal Member Dentalium Class "the small stuff"

*mark
your
calendar*

If you have small dentalium or want to use some of ours, we will be gathering to prep, string and create a beautiful long strand necklace from those little left over pieces that never seem to get used! This group will require a time commitment from participants and willingness to grind shells! The first Gathering will be Wednesday, April 26th from 1 to 3 pm.

Misc Services Available

GRINDING MACHINE

There is a grinding/drilling machine available for community members to use for grinding and/or drilling dentalia, pine nuts, etc. It's a good idea to call ahead to make sure the machine is not in use.

Tribal IDs For Siletz Tribal Members

(Siletz) Tribal Members can now go into any Area Office to have a Tribal ID done. Your picture will be taken, you will sign the card and the info will be sent to Siletz where the actual ID will be made and mailed to you. **You must have an appointment for an ID Card.** Call Bev to schedule an appointment.



HELPING HANDS RESOURCES

Clothes That Work

"Clothes That Work" is a free service provided to women & men, who are beginning job interviews, are recently employed and need appropriate clothing, or are in need of specialty clothing in order to accept a job.

Office Attire: Clients are referred by public or private organizations, or may contact us directly.

An appointment is scheduled by calling our coordinator at 503-371-7822 at least one week before clothing is needed. If appointment cancellation is necessary, the coordinator must be contacted at 503-371-7822, no later than 8 am on the day of the appointment.

The coordinator will work with the client to select clothing to try on, and then will assess the fit and appropriateness of the style, and make changes as needed. Our goal is to dress each client in an ensemble of mix and match items and accessories which will make the best possible impression on prospective or present employers.

We are located in the loft area of our building located at 1755 13th St SE in Salem, and space is very limited. For this reason, clients may not bring family, friends or children to the appointment.

Out of doors wear: Clients needing work clothing for manufacturing, construction or agriculture such as waterproof boots, rain gear or other heavy-duty clothing articles should call the coordinator at 503-399-0122 or 503-931-3150 to discuss specific needs.

Other in door wear: An appointment is not required for clothing such as black pants, white shirts & scrubs. Our business hours are 9:00 am until noon Monday - Thursday & Saturday. A shopping card will be issued, to those providing picture identification. If needs cannot be met from current inventory, clients will be referred to the coordinator at 503-399-0122 or 503-931-3150 to discuss specific clothing needs.

Our goal is to dress each client in an ensemble of mix and match clothing items and accessories which will make the best possible impression on prospective employers.

Helping Hands Resources • 1755 13th St SE • Salem OR 97302 • (503) 364-9936

Energy Assistance (LIHEAP)

Energy Assistance Intakes are now done 2 times a month on Wednesdays from 10:00am – 2:00pm. Please call Bev for an appointment and info on when the next date for appointments will be.



There are two computers available for use in the lobby. They are on a *first come, first served* basis. If you have a big project, it's always a good idea to call ahead.

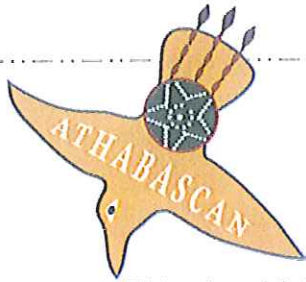
Tribal Members can now go into any Area Office to have a Tribal ID done. Your picture will be taken, you will sign the card and the info will be sent to Siletz where the actual ID will be made and mailed to you. **You must have an appointment for an ID Card. Call Bev to schedule an appointment.**

Energy Assistance Intakes are now done on Wednesdays from 10:00am – 2:00pm. Please call Bev for an appointment and info on when the next date for appointments will be.

If you would like to get your copy of the newsletter via email, call Cindy to get put on the list.

Language & Culture Class

Bud Lane
1-800-922-1399
ext 1320
budl@ctsi.nsn.us



Nuu-wee-ya' (Our Words)

Date: March 14th
Time: 6:00 – 8:00 pm
Where: Salem Area Office

These classes will begin with basic instruction and will progress over the year. It will also be a refresher course for those more advanced students. Come and join other members of your community and Tribe in learning to speak one of our ancient languages. We also have equipment in the Culture Department available for use in grinding and drilling shells or pine nuts or other applications. If you have a need for using the equipment, call and I can set up an appointment during regular business hours or after hours.



USDA Salem Warehouse

JOYCE RETHERFORD
CTSI FDP Director
LISA PAUL
CTSI FDP Clerk
800-922-1399 (Siletz)
503-391-5760 (Salem)



SILETZ TRIBAL FDP/IR



Monday March 20 th	1:30 – 6:30 pm
Tuesday March 21 st	9:00 am – 6:30 pm
Wednesday March 22 nd	9:00 am – 6:30 pm
Thursday March 23 rd	9:00 – 11:00 am

It is that time of year again where it will be very difficult to reschedule any missed appointments. USDA Staff will be attending our Western Region Conference the week of April 24th – 27th. We will do Siletz distribution the first week of the month, receive food shipments the second week, then Salem distribution the third week and then conference time the last week. During that time, we will not be able to do our regular deliveries, so please try to find someone to either bring you in or at least pick up for you. These dates are for April 2017 so you will have time to make arrangements.

Down Payment Assistance

KC SHORT
1-800-922-1399 x1310
1-541-444-8310
FAX, 541-444-8313



If you are planning on buying a home and would like some information on the Down Payment Assistance program through the Tribe, feel free to call or email.

477/SSP



ANGELICA ESPINO
Tribal Service Specialist
angelicae@ctsi.nsn.us
503-390-9494 x1853
-vacant-
Intake Specialist/Job Coach
503-390-9494 x1852

Our Program offers a variety of services on a budgetary basis. We offer Cash Assistance, Emergency Assistance, Classroom Training, Work Experience and On The Job Training. Participants in 477/SSP Programs must meet the eligibility requirements.

IMPORTANT DATES TO REMEMBER

March 1 st – 5 th	Monthly Contact Appointments (MANDATORY)
March 5 th	Job Search/Monthly Report forms due for Cash Assistance
March 8 th	Native Wellness 1:00-3:00pm (MANDATORY)
March 10 th	WEX Payday
March 14 th	WEX Timesheets Due
March 24 th	WEX Payday
March 28 th	WEX Timesheets Due

IMPORTANT REMINDERS FOR 477/SSP CLIENTS



- SSP STAFF WILL RETURN CLIENT PHONE CALLS WITHIN 24 BUSINESS HOURS.
- SSP STAFF WILL ADDRESS CLIENT REQUESTS FOR SUPPORT SERVICES AND OTHER REQUESTS WITHIN TWO BUSINESS DAYS.
- SUPPORT SERVICES REQUEST FORMS ARE KEPT IN THE LOBBY.
- YOU **MUST** COMPLETE THE SUPPORT SERVICES REQUEST FORM FOR GAS CARDS, BUS PASSES, ETC.
- OFFICE STAFF DO **NOT** TAKE MESSAGES. YOU **MUST** LEAVE A VOICEMAIL ON YOUR WORKER'S LINE. IF YOU DON'T LEAVE A CURRENT PHONE NUMBER WE CANNOT RETURN YOUR CALL SO PLEASE BE SURE TO DO SO.
- CHECKS ARE AVAILABLE AFTER 2:00PM ON THURSDAYS. SINCE THE CHECKS COME IN THE MAIL IT CAN EVEN BE FRIDAY BEFORE THEY ARRIVE. **PLEASE CALL BEFORE COMING ALL THE WAY HERE FOR YOUR CHECK.**



Community Health

CECILIA TOLENTINO, CHA

503-390-9494 x1854

ceciliat@ctsi.nsn.us

Monday – Friday

8:00am – 4:30pm



Vegetable Barrels

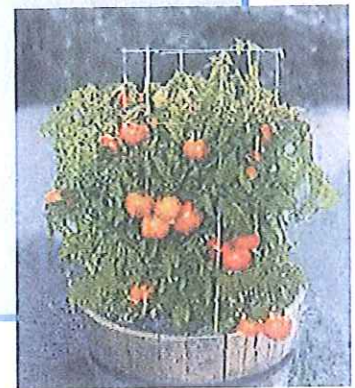


Join us on April 6th to plant your own vegetable barrel. Bring the family. A light snack will be provided. No experience needed we will provide vegetable plants, soil and planting barrel.

For more information or to sign up call Cecilia at (503)390-9494
or by email at ceciliat@ctsi.nsn.us



April 6th
12:00 pm - 1:30 pm
5:30 pm - 6:30 pm



Community Garden Plots

Are you interested in a garden plot in your local community Garden?

The Weave Grant will fund the cost of the rental fee.

That way you and your family will be able to grow fresh produce.

No experience needed. We will provide plants, seeds, basic gardening information and resources to assist in the growing season.

For more information or to sign up call Cecilia at the Salem area office or by email (503)390-9494 or ceciliat@ctsi.nsn.us



Diabetes Exercise Program

We currently have gym membership stipends available. Each stipend is a maximum amount up to \$25 per month paid directly to a local gym. Selected participants must agree to complete a total of 8 separate gym visits per month one visit per day. Participant will be responsible for the remaining gym membership dues in excess of the allowable stipend of \$25 per month. Memberships are available to Siletz Tribal members with Diabetes or Siletz tribal members who are at risk for diabetes. Call Cecilia at (503) 390-9494 to request an

Education



SONYA MOODY-JURADO,
Education Specialist
503-390-9494 x1856
sonyamj@ctsi.nsn.us
Monday – Thursday

EDUCATION PROGRAM COMPONENTS: Higher Ed ♦ Adult Vocational Training (AVT) ♦ Adult Education ♦ Supplemental Education ♦ (JOM) ♦ Tribal Youth Employment & Education (TYEE)

My office hours are Monday-Thursday 8:00 – 4:30pm. I do not work on Friday.

JOM

When calling, if I am not available, please leave a message. For JOM activities youth must be nine years old to attend without a chaperone. **You must call Sonya to sign up for all JOM activities.**

Tutoring is every Wednesday from 4:30-6:30pm. We will not have tutoring the week of Spring Break March 27th – 31st.



SPLASH WAVE POOL
March 28th (call Sonya to sign up)

RIDGEFIELD NATL WILDLIFE REFUGE/PLANK HOUSE
March 30th (Call Sonya to sign up)

TOWN & COUNTRY BOWLING

March 29th (Call Sonya to sign up)

HIGHER EDUCATION/ADULT VOCATIONAL TRAINING PROGRAM

The next term that we will be funding is Fall Term 2017. The application deadline for Fall Term is June 30, 2017. To be eligible you must have filed your FAFSA by January 31, 2017. ALL DOCUMENTATION MUST BE TURNED IN BY THAT DATE (DATE STAMPED) TO HAVE YOUR APPLICATION CONSIDERED COMPLETE. For an application, please call me at (503) 390-9494 or on our website at www.ctsi.nsn.us

ADULT EDUCATION

The Adult Education program is for Siletz Tribal members, 16 years or older, who are not already enrolled in a formal education program. The Adult Education program can assist with the following: Obtaining GED, certificates, or otherwise raise levels of educational achievement through adult classes to improve employment status through education/training. There is no deadline to apply for classes. For an application, please call SONYA at (503) 390-9494.

Turbo Tax

We have the Turbo Tax Program available for use at the Salem Area Office to prepare your taxes. We cannot provide tax advice or help in filing out your return; we can only offer the program for use. Please call before coming in to make sure the program is available for use. (Reminder: There is a .05 per page charge for copies.)

Siletz Tribal Youth Activity Fund

Helps to fund programs for Siletz tribal youth in the many areas such as: sports, music, camp fees, lab fees, shop supplies, graduation, educational /scholastic materials, cultural supplies and materials, correspondence courses, and extra-curricular supplies. Siletz Tribal members from kindergarten to high school can access up to \$75.00.



March 27th – 31st

Home Visiting Program

Lori Christy

loric@ctsi.nsn.us

Home Visitor

503-390-9494 x1863

8:00am – 4:30pm

Have a good
Spring Break!



Are you expecting a baby? Do you know someone who is expecting a baby? Do you have questions about how to care for your little one? Are you interested in gaining skills for successful and positive parenting? If you would like to know more about our Home Visiting program I would love to visit with you. Please give me a call, Lori Christy at 503-390-9494.

Our Home Visiting program serves native families in our 11 county service area who are expecting or have an infant less than 12 months of age, continuing until the child's third birthday.

Our program aims are to: increase parenting knowledge and skills; address maternal psychosocial risks that could interfere with positive child-rearing (such as drug and alcohol use, depression, low education and employment, domestic violence); promote optimal physical, cognitive, social/emotional development for children birth to three years; prepare children for early school success; ensure children get recommended well-child visits and health care; link families to community services to address specific needs and promote parents' and children's life skills and behavioral outcomes across the life span.



This past month our home visiting families gathered together to share a meal and make some freezer meals to take home. Home Visiting partnered with Community Health and invited others in our community to join us. It was fun to come together across generations and share the time together. Families went home with two meals ready to freeze and make at their convenience. Other recipes and information were available for the taking.



A & D

Andulia White Elk
anduliaw@ctsi.nsn.us
Counselor
503-390-9494 x1855



Responsibilities

In Ala-non a member once said that the word “responsibility,” when divided, actually means our “ability” to respond to our own needs and of those around us. Years of living with active alcoholism deter most of us so that we are unable to respond; we simply react. Many of us confuse our responsibilities to others with a feeling of having to be responsible for everyone and everything that happens. The result is many distorted relationships with family and friends. An honest look at our responsibilities can help to increase our self-esteem and to improve those relationships which add so much meaning to our lives. Ask yourself:

- Do I accept responsibility to do something about my problems as they arise?
- Do I set my goals realistically?
- Do I consider my welfare when making decisions?
- Am I true to my ideas, refusing to compromise myself just to keep peace?
- Can I relax when I am by myself?
- Can I be counted on by others?

If you ask yourself some of these questions and are not satisfied with your answers then you know there is work to be done. Start small and begin to build your positive view and actions on responsibility. When you able to work on these points you will begin to see how things will change in your recovery and life for the better.



Mental Health

Rachel Adams
rachela@ctsi.nsn.us
Mental Health Counselor
503-390-9494



Preparing for Spring:

Along with the rain, comes regrowth and new blossoms. Spring is a time to recover from our winter blues, and re-center for the summer months to come. It is a great time to start a garden, and gardening can greatly boost our mental health.

Activities for mental health in the spring:

- 1) Spring is a good time to start getting outdoors more. This is Oregon, so it may be raining, but the weather is warming and the exercise is a great mental boost.
- 2) Grow a garden, or even just plant a few plants in a planter box to tend. Weeding is hard work, but great relief for the mind.
- 3) Don't forget about spring cleaning—get rid of that clutter and feel the relief in your head.
- 4) Toss out one bad habit, and replace it with something healthier. It takes 21 days to make a habit stick, so keep up the hard work and it will pay off!

Odd ways to boost your mental health:

- 1) Drink a cup of tea every day.
- 2) Hug a tree, or yourself, for 3 minutes.
- 3) Brush your teeth every day.
- 4) Don't watch the news, or limit this activity to times when you are not alone.
- 5) Put down your electronic device more.
- 6) Learn how to show yourself compassion like you would a dear friend.

Traditional Coping

For the people of the Siletz tribe, spring is a time to get outdoors and be in nature. It is a time for rope courses, and other adventure-based activities, such as white water rapids rafting. Traditionally, our people would be out in canoes, fishing, gathering plants needed for basket-weaving, and collecting herbs and grasses for healing and smudging.



Voc Rehab



ANGIE BUTLER, Voc Rehab Director

503-390-9494 x1872

angieb@ctsi.nsn.us

TONI LEIJA, VOC REHAB JOB DEVELOPER

503-390-9494 x1861

antonial@ctsi.nsn.us

DANA RODRIGUEZ, Voc Rehab Aide

503-390-9494 x1862

danar@ctsi.nsn.us

The Siletz Tribal Vocational Rehabilitation program (STVRP) is here to assist members of any federally recognized Tribe (living within the Siletz Tribes service area) with overcoming impediments to employment. We work with a diverse population of individuals who have disabilities ranging from cognitive impairments to physical limitations.

If you have a documented disability that creates limitations or prevents you from doing the work you desire or are qualified for we would like to assist you. We can assist with obtaining and maintaining employment and developing skills. We focus on motivation, identifying your abilities, skills that lead to successful employment and the development of self advocacy.

You should have a strong desire to work and be willing to work collaboratively with STVRP staff to provide you with the services needed to overcome your disability. Your personal goal should be self sufficiency and to live a healthy sustainable lifestyle.



The STVRP also assists transitioning students with disabilities. The ideal age for a student to start working with VR is two to three years before graduation, until the age 22, or graduated from high school. Our program can provide vocational guidance and counseling; assist with identification of employment goals; employment retention; and advocacy within the academic environment. Students with a documented disability or who are on an "Individualized Education Plan-IEP" or on a "504 Plan" are encouraged to participate in the STVRP. Examples of SERVICES PROVIDED by STVRP:

- Guidance and Counseling
- Referral to Services
- Employment Services
- Portfolio Building, Resume Writing, Interviewing Techniques, Job Coaching
- Culturally Relevant Individualized Services
- Evaluations and Assessments
- Training Placement Opportunities
- Adaptive Equipment

For more information about the STVRP, please inquire at 1-800-922-1399. We also maintain resource and employment boards so please stop by if you're interested. You can speak to any of the VR staff: In Salem Office - Dana Rodriguez (Program Aide); Angie Butler (Program Director).

Want help getting a job? Do you have a diagnosed disability (IEP or 504)?

You could be eligible for STVRP services.

Steps in working with Siletz Tribal Vocational Rehabilitation Program:

Step 1: Establish contact with the STVRP Counselor assigned to your school and schedule a meeting. Your first meeting with a STVRP Counselor will be to gather information about you, your needs, and to discuss whether the STVRP fits for you.

If the program is for you.....

Step 2: Sign an application and a STVRP Counselor will determine whether or not you're eligible for services by talking with you about your needs, your disability, and what barriers you have as a result. They may also need to do some additional testing and will read through your school records.

Step 3: Once you're eligible, you'll meet with your STVRP Counselor to discuss your goals and plans for employment.

STVRP Counselors can provide guidance and counseling to students who need help determining their goals or plan for what they want after high school.

Step 4: You'll also work with your STVRP Counselor to discuss the impact of your barriers as you work to reach your employment goals and determine what services are necessary to help you reach your goals.

Siletz Tribal Head Start Salem Site

Teacher Jenn
Teacher Jennifer
503-393-6942



WE LOVE OUR VOLUNTEERS!

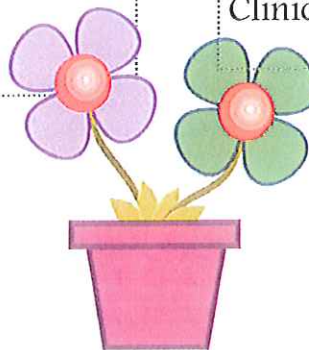
If you would like to come share regalia, stories, drumming, or songs, please let us know! We would be honored to have you come do a presentation for our children.

A BIG THANK YOU TO:

Keizer Police Department for giving us a great tour of the station. What a great experience for our students! We'd also like to thank Chemawa Dental Clinic for hosting us on a field trip and helping teach our children about dental health!

MARCH IS HERE AND IT'S ALMOST SPRING!





We can't wait for the sun to come out! We're ready to play outside and learn about our outdoor world! But first, we will spend time reading for "Read Across America Day!" We **LOVE** to read! We also have been spending time learning about our Community helpers, took a trip to the Keizer Police Department, and Chemawa Dental Clinic.



**We are accepting applications for our program.
Please contact us if you know of anyone who
would like an application.**

MARCH

SALEM AREA OFFICE 503-390-9494
 MONDAY – FRIDAY 8:00AM – 4:30PM

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
 Available for use in the Salem Area Office			1	2	3	4
5 SSP Monthly	6 Women's Generations Group 2:00-3:30pm Oregon Promise Spring Deadline	7 Tutoring 4:30-6:00	8 Two Spirit 5-7pm	9 Indian Ed 5:30/6-7:15	10 Comedy On The Coast – Clatsop Winds WEEK Payday	11 15th Annual Social Powwow – Willamette University
12 Daylight Savings Time Starts 	13 Women's Generations Group 2:00-3:30pm	14 WEX Timesheets Due Tutoring 4:30-6:00 Language Class 6-8pm	15 OSAC non-priority Deadline	16 Indian Ed 5:30/6-7:15	17 	18
19	20 USDA Women's Generations Group 2:00-3:30pm	21 Tutoring 4:30-6:00	22	23 Indian Ed 5:30/6-7:15	24 WEEK Payday	25
26	27 Women's Generations Group 2:00-3:30pm 	28 WEX Timesheets Due WOM Splash Wave Pool Trip Tutoring 4:30-6:00	29 WOM Town & Country Bowling Event	30 WOM Ridgefield Trip Indian Ed 5:30/6-7:15	31	

March is Census of the Twin Dunes Area Month

Inspirational thought for this month: You can tell how smart people are by what they laugh at.