Inside This Issue:

Community 1-3 News

Community 4 Health

477/SSP

Behavioral 6-7 Health

Education 8-9

Calendar 10-11

Language 12

Staff 19

Directory



SRII-NA CHEE-YASH-'E (High in Sky Bird) Or EAGLE Confederated Tribes of Siletz Indians

Portland Potlatch MAY 2018

2018 CTSI

Memorial Day Ceremony

May 28th, 2018 at 11:00 AM

(for more information turn to page 15)

All Area Offices will be Closed on Memorial Day Monday, May 28th

~Enrollment Reminder~

Summer Per-capita is Coming! Be sure to update any new information (i.e. Name Changes, Addresses) with CTSI Enrollment department as soon as possible. Forms are available at your local Siletz office, and online at the CTSI website. Call Angela Ramirez in the Enrollment department at (800) 922-1399 X 1258.



Important Dates

- Sat., 5/5 General Council—I PM
- Sat.,5/12, Elders Council—I PM
- Fri.,5/18, Regular Council—8 AM
- Mon.,5/28, Memorial Day Ceremony II AM

Community News

Portland Area Office Beading Group

We will, host our regular beading group:

Thurs., May 17th 10:00 AM—2 PM

For more information, Please call Sherry Addis.

Get Ready for July, Siletz Culture Camp is Coming!

Don't forget! It's that time of year and summer is right around the corner. This

year's Culture Camp will be held July 10th to the 12th. If you plan to attend Culture Camp this year, be sure to register. Registration applications will soon be



available in all Siletz Area offices and online at www.ctsi.nsn.us. More information to come this June!

Elder's Shopping Days

The next elders shopping day will be:

May 8th & 23rd at 10 AM

To reserve your spot on the bus, please call your Elders program area representative, Kay Steele or Angie Artiago.

PAO Elders Potluck Ch'ay-yii-ne Ghu'-'alh

Weather permitting, we will next meet:

Tues, May 22nd 5:30 PM — 7 PM

Please bring a potluck dish to share. For more information or to request a ride/carpool, please contact your Elders Representatives Kay Steele or Angie Artiago..

Thank You, Oregon Food Bank!

PAO is sending out a big "Thank You" to Chris Sherrod, CTSI-Diabetes Director who contacted and arranged for Oregon Food Bank to provide us with a donations, of hundreds of packets of vegetable and flower seeds!



Garden club members were able to free seed to grow fresh vegetables and flowers in their home gardens and in the PAO community garden.

Siletz tribal members who are interested receiving free garden seeds may contact Sherry or Andrew at PAO at (503) 238-1512.

Healthy Traditions & Garden Club

May Garden Club

Note: May's Meeting will be held at our Gilbert heights Community Garden (weather permitting)

If you are interested in joining us at our monthly garden club or for more information please call Sherry Addis or Andrew Johanson at the Portland Area Office at (503) 238-1512 We look forward to seeing you:

Monday May 29th 5:00 PM—7:30 PM

Location:

Portland Area Office

Garden Update:

Lori Johnson Memorial Learning Garden (LJMLG). Many of the plants are in bloom, including:



Vancouveria:

A species of flowering plant in the barberry family known by the common name "golden inside-out flower". It is native from Southwest Washington to northwestern California, where it occurs in coastal and inland mountain ranges, including the Klamath Mountains. It grows in dry mountain habitat in chaparral and forests.



Salal:

This sturdy evergreen shrub is found widely along the Pacific coast. Salal grows from 3 - 6,' mostly under cover where it spreads quickly to form dense thickets. It has dark green, lustrous leaves, white or pink flowers in late spring that attracts hummingbirds. The fruits are plentiful and delicious.

Traditionally the Siletz people ate the berries and used the leaves for medicines.



Lady Fern:

Its common names "lady fern" and "female fern" refer to how its it is said to be feminine because of its elegant and graceful appearance.



Early Blue Violet:

This lovely moist meadow perennial (3—5") has heart-shaped leaves and dark blue/purple flowers from spring to midsummer.

(Continued on page 9)

Community Health



Diabetes Support Group

Our May Diabetes Support Group will be providing healthy salads, fruits and veggies. All tribal member are welcome.

Weds., May 9th Noon—2 PM

Wisdom Warriors

Support Group for people with chronic health conditions

We are meeting monthly, 2nd. Wednesday from 10:30 –11:50 AM. Diabetes support group follows at noon, You are all welcome to join us for a healthy yummy lunch.

Contract Health Update

Have you moved or gotten a new phone number? Call or come in , we can help you update your Contract Health Benefit Services, & apply for OHP.

Remember that the Portland area office distributes "over the counter" medications to each tribal member, such as the following:

- Pain Relievers/Fever Reducers
- Antihistamines
- Cough Suppressants
- Antacids
- Topical Agents/Creams
- Pedialyte
- Children and Adult Multivitamins
- Nasal Spray

For more information, please contact

Verdene McGuire your Community Health Advocate.

It's Time to be Good To Your Eyes!

Eating better. Spending less time looking at digital devices. It's not just good for your body and mind — it's healthy for your eyes too!

Nutrition is Key:

Your eyes are unique and have their own nutritional needs. Care for them the right way by choosing healthy foods, such as those that contain Lutein and Zeaxanthin (which are typically found together), Omega -3s and antioxidants that support eye health. Spinach, Kale, Peas, Squash, Leeks, Brussel Sprouts, Broccoli, Peaches, Corn Bread, Pistachio Nuts, even Popcorn are high in nutrients for your eyes. Other good nutrients are Vitamin C and zinc that help with healthy immune function and general eye support.

Shades Matter:

By Dr. Jeffry Gerson Sunglasses are more

than a fashion accessory. They are essential for helping protect your eyes against the suns harsh rays. Choose a pair that blocks more than 95% of UV-A and more than 99% of the UV-B radiation. Even if you think your vision is fine, make an annual eye care appointment. Your eyes may offer clues to other health conditions, like diabetes and vascular health. Your doctor can also discuss your diet and life style, and address small complaints before they turn into larger vision problems.

100 Mile Club Participants

This is a reminder. Please take the time to email me your weekly miles traveled each Monday. I like to send out a friendly reminder on Monday's, but I don't have everyone's email address. You know who you are. Here is mine:

verdenem@ctsi.nsn.us

Calling in your miles is fine too: (503) 238-1512 ext. 1413 and ask for Verdene.



The challenge goes until July 31st, 2018! Keep on moving!



477 Self-Sufficiency Program

Creative And Native (CAN)

For all 477 Self Sufficiency Clients:

This the second session of the required monthly CAN meeting. We will welcome back our guest speaker from Aprils class, Norma Trefren. She will be covering more topics on Native Wellness.

Topics covered will include; Traditional values, Healthy communication, Healthy relationships, stress & burnout, Traditional leadership and finally party like its 1491.

If you have any questions please call the program at PAO and speak with Tamra Russell or Anna Renville at (503) 238–1512.

This month's CAN Meeting: May10th, 1:30 — 3 PM

477 Self Sufficiency Mission Statement

To assist eligible clients in attaining self-sufficiency. The 477 Self Sufficiency Program will serve the following groups as they work towards this goal:

• Siletz Families

- Native American
- Alaskan Native
- Native Hawaiian

The available components through the Program are cash grant services, emergency utility assistance, job training, job retention services and supportive services.

The Program Manual lists all available components in detail and the requirements of each. All components of the 477 SSP are available on a budgetary basis.

Your Success is Important to Us!

Contact a Tribal Services Specialist for more information about current components that are available.

If you have questions or to apply, please call the Portland Area Office (503) 238-1512 and speak with Anna Renville, or Tamra Russell.

3

Behavioral Health—Mental Health

In Times of Grief:

In face of recent tragedies in the tribe, it is important to remember there are many different ways people grieve, and no right or wrong to those ways. There are, of course, healthy 3. ways of grieving such as joining support groups, and ways that are less healthy, such as 4. turning to drugs or alcohol. Sometimes, an unfortunate side-effect to grieving, is to have a well-meaning person tell you that your method of grieving is in some way wrong. Remember, it is okay to let this person know you appreciate their thoughts, but that you need to focus on what you feel is right at the moment, to recover from your loss.

Here are some aspects of grieving that are natural and completely reasonable:

- 1. Allow yourself to fully experience the pain tor. of your loss. It can be hard to allow pain in, but it is a natural part of the grieving process. It can be detrimental to your health to avoid that pain, and can even cause long-term damage to your mental health. Grief is a part of life. That being said, it is also okay to put your grief away for a while, especially when it becomes overwhelming.
- Talk with others, particularly people who

have experienced a similar type of loss. No one understands how you feel, but people with similar experiences can share how they coped.

- Express your grief through creative processes such as art, dance, music.
- Be sure to keep physically active. It is a hard time to do so, but all the more important to keep mental health struggles such as depression at bay.

Traditional Coping

Remember our tribe's traditional methods of grieving, and your particular family's ways. It may be a time for participating in a sweat, a wake, or a time to gather and share memories while sharing a meal. There may be talking circles, dancing, praying. As ever, it is a good time to reach out to an Elder and/or the Crea-

Generally, PAO Counselor Adam's Work Days/Hours are:

Portland Ar- Salem Area ea Office Mon & Tues 8 AM—4:30 PM (503) 238-1512

Office Weds. & Thurs 8 AM-4:30 PM

1-(503) 390-9494

Parking at Portland Area Office

When visiting the Portland Area Office, please note that Blue parking spaces are for Siletz tribal members, staff and visitors. Overflow parking is available on SE 128th Ave.

Behavioral Health — Alcohol & Drug Program

Philosophy:

The Siletz Tribal Alcohol and Drug Program views alcoholism, chemical dependency, and Generally, PAO Counselor other addictions as a progressive illnesses. When left untreated they can cause emotional, mental, physical, and spiritual problems for the person, family, and community. Addictions are treatable and staff is personally dedicated to providing culturally relevant treatment services.

Services Include:

- Evaluation/Assessment
- Referral to appropriate resources
- Alcohol/other drug education
- Cultural/traditional Individual, group, or family counseling
- Adolescent treatment
- Women's specific treatment
- Intervention
- Recreational therapy

- Urinalysis/saliva testing
- DUII rehabilitation services

Andulia WhiteElk Hours are:

When Andulia is unavailable, Counselors from other area offices (Salem, Siletz, or Eugene) can assist.



Salem Office Monday, Tuesday 8-4:30PM

Wed. (8AM -Noon)

Portland Office

Wed. (Noon-4:30) Thursday and Friday

8-4:30PM

Recognize **Acknowledge Forgive** Change

If you or someone you know needs substance abuse treatment, recovery is possible. For drug and alcohol information and treatment referral call Andulia WhiteElk

Help is Available & **Confidential**

Contract Health

Need to Call Contract Health?

If you have questions about your eligibility for Siletz, Contract Health Services (CHS), please call your assigned CHS technician. Please call (800) 628-5720. A technician is assigned to you by your last name. Please

refer to the list below to determine who you need to speak with when contacting contract health.

Gail Barker X1329 Joella Strong X1649

Education & Youth Update

Siletz Tribal Higher Education Applications

Applications for the 2018-2019 academic school year school year are due in the Tribal offices by: **June 30, 2018**

The Tribe's Higher Education Application can be accessed at CTSI's website:

www.ctsi.nsn.us

Or contacting Katy Holland at (503) 238-1512 or e-mail: katyh@ctsi.nsn.us

The following Tribal Scholarships: are due June 30, 2018:

- PEPSI—Craig Whitehead Scholarship (\$1,000)
- Arthur S. Bensell Memorial Scholarship (Educator scholarship, \$1,000)
- Siletz Scholarship (Any field of student; \$1,000)

Discover Your Career Pathway, Apprenticeships

Oregon apprenticeship programs combine supervised, paid, on-the-job training with related classroom instruction to start off your career in fields such as linesmen, electricians, machinist, carpenter, plumbers, Highway construction, iron workers and much more. Explore the various occupational apprenticeship opportunities at the following websites or you can make an appointment with Katy to go through the different opportunities and how the tribe can assist you.

- www.apprenticeship.org
- Bureau of Labor & Industries (BOLI) www.oregon.gov/boli/atd
- Oregon Tradeswomen, inc. www.tradeswomen.net

- Coming Up Electric Industry Pre-Apprenticeship Program, July 9th-Sept. 14th, 2018. Visit:
- www.nietc.org/pre-apprenticship
- www.constructinghope.org

You can also contact Portland Community College Apprenticeship & Trades Pre -Trade Opportunities at 971-722-5651.

Your Success Matters:

The Siletz Tribal Incentive Program

The program, rewards Siletz Tribal students for their achievements.

Head Start/Pre-School:	\$10.00		
Kindergarten:	\$10.00		
Elementary School	\$20.00		
Middle School:	\$50.00		
High School:	\$100.00		
Adult Vocational Training:			
1 yr. program:	\$100.00		
2 year program:	\$200.00		
Higher Education Pendleton blanket, plus			
	\$75.00		

Master's degree: \$300.00

Please forward certificates, diploma's to show promotion Katy at the Portland area office with a return address & phone number.

2018 Oregon Tradeswomen's Career Fair

Education, Inspiration, and Opportunity for the Future Construction Workforce will be held on: Friday, May 18, 2018

School Girls' Day (For students attending with their school) 8:30 AM – 3:00 PM: Saturday, May 19

Careers For Women Day (Everyone Welcome) 9:00 AM – 3:00 PM: FREE:

- Admission
- Parking
- On-Site Child Care
- Shuttle Service from the Gateway Transit Center (schedule will be posted in May)

Join the event on Facebook for updates and details as they are announced.

Attention Tribal Youth 14 Years and Older

Are you interested in working this summer 2018? Do you need to attend summer school for credit recovery?

The Siletz Tribe will help to provide summer jobs for youth and pay you to attend summer school for classes you will need to make up. We need to hear from you in our planning to get a head start. Please call Katy Holland or Tamara Russell at the Portland area office for more information at (503) 238-1512.

Youth Council Meeting

The Siletz Tribal Youth Council will volunteer at the May Elders Wood cut, with a meeting to follow. All youth ages 12-24 are welcome to attend on:

Saturday, May 19th, 2018

in Siletz, OR. Please contact Katy for transportation details. Hope to see you!

Our Siletz Tribal teens are invited to participate with us through the Siletz Tribal Youth Council. Youth from each area meet up regularly to get to know what another, to know and understand our Tribal heritage, our tribal government, to build leadership skills, and to join together in community service projects. The youth council regularly visits college campuses. Our upcoming meeting in May we plan to travel to Siletz and to participate in the Tribe's general council meeting. Transporta-

tion will be provided. For more information contact Katy at (503) 238-1512, by email at katyh@ctsi.nsn.us or go to the Siletz Tribal Youth Council Face book page at Siletz Tribal Youth Council.

Family Culture Night:

Enjoy an evening of crafts for youth and families. Begin planning your regalia. Sewing Machines will be available.

6:00 PM Thursday, May 10th Siletz Portland Area Office Learn, Work Hard, Earn Money & Have Fun

Now Recruiting Ages 19-24 for Tribal Stewards! June 18th to September 26th

Hands on training and experience for Native American young adults who are interested in pursuing employment with conservation corps, land and water resource management agencies, and other outdoor careers. Tribal stewards members spend 12 weeks camping, working and traveling together as a six person team. You can expect to work on physically challenging conservation projects in many kinds of weather. Participants will earn a living allowance of \$3,630 for their term of service, prorated through out the program.

To find out more and apply with Tribal Stewards.org or contact by email:

Angelan@nwyouthcorp.org Adult Vocational Training

Provides Siletz Tribal members funding to access training for occupations for up to two years. Fields include all types of occupations such as: truck driving, linesmen, beautician, medical office assisting and much, much more. If you would like more information please contact your local Siletz Tribal Education Specialist in your area or online 5

May 2018

Sun	Mon	TUE	WED	Тни	Fri	SAT
		1	2	3	4	5 General Council 1 PM—Siletz
6	7	8 Elders Shopping Day 10 AM	9 Diabetic Support Group Noon—2 PM	477-SSP: CAN Meeting 1:30—3 PM Family Culture Night 6:00 PM	11	12 Elders Council 1 PM—Lincoln City
13	14	15	16	17	18	19
Mother's Day	Athabaskan Language Class 6 PM—8 PM			Beading Group 10 AM—2 PM	Regular Council 8 AM—Siletz	Youth Council Siletz, OR
20	21	22 Elders Potluck 5:30 PM	23 Elders Shopping Day 10 AM	24	25	26
27	28 Memorial Day Ceremony 11 AM—Noon Siletz	29 Garden Club 5—7:30 PM	30	31		

USDA Tuesday May I 9 AM - 3 PM 9 AM - 3 PM Wednesday May 2 9 AM - 3 PM Thursday May 3 Friday May 4 9 AM - 3 PM 9 AM - 3 PM Monday May 7 1:30 PM - 6:30 PM Monday May 14 Tuesday May 15 9 AM - 6:30 PM 9 AM - 6:30 PM Wednesday May 16 Thursday May 17 9 AM - 11 AM Lisa Paul, FDP Clerk/Warehouseman Joyce Retherford, FDP Director

Athabaskan Language

541-444-8279

Nuu-wee-ya' (Our Words)

541-444-8393

For the month of May during our regularly scheduled language class, we will be hosting a special class: How to feather-dance. Come and join other members of your community and tribe in learning to speak one of our ancient languages used during Feather Dancing.

Monday, May. 14th, 2018 6 PM—8 PM

Any tribal members who need assistance with cultural projects, please bring them prior to class, if possible. We also have equipment in the Cultural Department available for use in grinding and drilling shell or pine nuts or other applications. If you need to use the equipment,

call the number below to set up an appointment. For more information, please contact Bud Lane.

Many Athabaskan language lesson are available to tribal members, in print and audio at the CTSI web site at:

www.ctsi.nsn.us

The language samples are provided for your use online. To confirm proper pronunciation go to the Siletz Talking Dictionary at:

www.siletzlanguage.org



Siletz Home Visiting Program



John and Erika Coleman with their children, L-R, Xavier, Lorenzo, Giovanni and Emeleah

Are you interested in gaining skills for successful and positive parenting?

Erica Coleman recently graduated from the Siletz Home Visiting Program. She entered the program in October of 2014 when she was expecting her fourth child and continued until Xavier turned three years old in February. Erika, and John when he was able, greeted each lesson with openness and a willingness to engage. Erika had this to say, "It's very educational. Lots of information for new parents.

I have four kids and it is a good refresher. It

helps to hear the new stuff that comes out, the old and new ways."

Are you expecting a baby or know someone

Do you have questions about how to care for your little one?

Our home visiting program provides parenting and life skills for successful and positive parenting. We serve native families that are either expecting or have infants under the age of twelve months, continuing through the child's third birthday. The model and curriculum we provide is called Family Spirit and was developed by the John Hopkins Center for American Indian Health. Family Spirit is Evidence based and culturally sensitive to native families. Parents gain knowledge and skills for their developing infant through 36 months of age. We also focus on goals and healthy living for parents as a support system for the family as a

If you would like to know more about our home visiting program please give Lori Christy a call at (503) 390-9494.

Need A New Tribal ID?

Let PAO Help

The Portland area office (PAO) is now set up to assist tribal members with obtaining their tribal ID from the enrollment department. Tribal members are encouraged to call PAO ahead of time to ensure staff are available. If you have any questions about our new process please feel free to call Andrew Johanson at PAO (503) 238-1512 X 1400.



DOB: 09/01/2006

Siletz Valley Charter School 245 NW James Frank Ave, Siletz, OR

PO Box 123456



Natural Resources

Т	Type of Tag	Esti- mated Number Availa- ble	Season Dates	Date to Start Tag Issuance	Method of Issu- ance
Deer	Early Archery	50	8/25- 9/23	8/6 at 8:00 AM at Natural Resources Office	First Come First Served*
	General Rifle	375	9/29- 11/2**	8/20	First Come First Served
	Antlerless or Spike – Adult	8	10/20- 11/2	Lottery applications available 8/6; due 8/31 ; drawing 9/4; tags issued 9/5	Lottery – Open to Elders Only
	Antlerless or Spike – Youth	5	9/29- 11/4	Lottery applications available 8/6; due 8/31 ; drawing 9/4; tags issued 9/5	Lottery – Open to Youth Ages 12-17 Only
	Late Archery	50***	11/17- 12/9	First Distribution: 10/15 at 8:00 AM at NR Office Second Distribution: 10/29 at 8:00 AM at NR Office(see Note 2 below)	First Come First Served*
Elk	Antlerless - Youth	2	8/1- 12/31	Lottery applications available 6/4; due 7/6 ; drawing 7/9; tags issued 7/10	Lottery – Open to Youth Ages 12-17 Only
	Early Archery	25	8/25- 9/23	8/6 at 8:00 AM at Natural Resources Office	First Come First Served*
	1st Season Rifle 2nd Season Rifle	25 25	11/10- 11/13 11/17- 11/23	Lottery applications available 9/4; due 9/21 ; drawing 10/1; tags issued 10/2	Lottery
	Antlerless	8	Various seasons beginning 1/1/19	Lottery applications available 9/4; due 9/21 ; drawing 10/1; tags issued 12/3	Lottery
	Late Archery Antlerless	56	11/24- 12/9	First Distribution: 10/15 at 8:00 AM at NR Office. Second Distribution: 10/29 at 8:00 AM at NR Office(see Note 2 below)	First Come First Served*
Salm on	Salmon	200	11/1- 12/30 (estimate)	9/4	First Come First Served

2018-2019 Hunting and Fishing Tags Distribution

* No early calls to "save" an early archery tag for someone. Must physically show up 8 to obtain tag on first day of distribution.

May call to have a tag mailed beginning on the second day of distribution. ** Season for Youth ages 12-17 is 9/29 - 11/4 (2 additional days at end of general season)

*** Minus number of tags filled in Deer

Early Bow Season

NOTE 1: A Tribal member may obtain only ONE elk tag in their name during the 2018-2019 hunting season (bow, bull and cow tags all count towards the one tag), except as noted below. have not been issued an early season deer archery tag (for deer tags) or any elk tag (for elk tags).

Second Distribution: For any eligible hunter, regardless of what other tags they have receive

NOTE 2: First Distribution: For hunters who



(Garden Club Continued from page 2)

Salmonberry:

The berries on this plant ripen from early May to late July in most of the Pacific Northwest, and



resembles a large shiny yellow to orangered raspberry. They were an important food for our people. Traditionally, the berries were eaten with salmon. They were not dried because of their high moisture content

Oregon Grape:

One of the commost mon (and sometimes underappreciated)



our native shrubs and the official State Flower of Oregon.

The berries are edible, though not always

desirable, because they are often quite tart. Recipes for jelly usually combine the juice of Oregon grape with that of the sweeter Salal berries or apple concentrate. The root has traditional medicinal properties. And was used for yellow dye.

Serviceberry or Juneberry:

Serviceberries are well known for their fragrant white flower in spring and their reliability as landscape plants. This plant is



also known as Saskatoon.

Interestingly, the city of Saskatoon, Saskatchewan in Canada is named after this plant.



CTSI Ongoing Job

Announcement

Position: Transporter (On-Call)

Portland Location:

Supervision: Area Office Supervisor/

Elders Coordinator.

Salary: \$11.25/ Hourly For more information please contact:

Contact: Siletz Human Resources Department (800) 922-1399

This position transports for multiple CTSI tribal programs. Hours vary from week to week. Ideal candidate is reliable, flexible, helpful, culturally sensitive and respectful to elders and clients.

Siletz Tribal Vocational Rehabilitation Program (STVRP)

STVRP is here to assist members of any federally recognized Tribe to overcome barriers to employment. We work with individuals who have disabilities and are living within the Confederated Tribes of Siletz Indians 11 county service area.



Examples of Services:

- Guidance and Counseling
- Referral to Services
- **Employment Services**
- Resume Writing
- Interviewing Techniques
- Job Coaching
- Culturally Relevant Individualized

Services

- Evaluations and Assessments
- Training Placement Opportunities
- Adaptive Equipment

For more information about the STVRP, please inquire at 1-800-922-1399. We maintain resource and employment boards, so please stop by if you're interested. Services are provided in all area offices, however, to inquire about services, please contact your closest office listed below.

Salem Area Office 1-(503) 390-9494

3160 Blossom Drive NE, Ste. 105

Salem, OR 97305

Program Aide— Dana Rodriguez

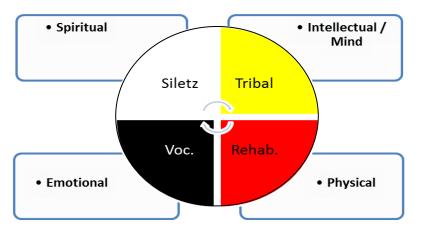
Counselor/Job Developer—Toni Leja

Siletz Area Admin, Office 1-(800) 922-1399

201 SE Swan Ave Siletz, OR 97380

Counselor/Job Developer— Rachelle Endres

Program Director—Jeramie Martin





Published by the
Confederated Tribes of
Siletz Indians of Oregon
Portland Area Office

Portland Area Office

12790 SE Stark St., Suite 102 Portland, OR 97230

Phone: (503) 238-1512

Fax: (503)238-2436 Hours:

Mon—Friday 8:00 AM—4:30 PM

www.ctis.nsn.us



BEAR SV-GVS



Is Your Newsletter Coming to the Right Address?





We frequently receive new mailing address lists from Enrollment. If you have not updated your new address with enrollment your newsletter could be misdirected. If you or someone you know is not currently receiving their newsletter (we send one per household), please contact Enrollment: (800) 922-1399, X1258 to update your mailing address.

How to Get Your Newsletter Faster and In Color?

All Area Office newsletters are now posted for immediate downloading at our tribal website:

www.ctsi.nsn.us

Any tribal member who would like to be notified when the new issues is posted may contact Andrew Johanson, PAO clerk to be added to the notification email. Then you can download and print a color version with a few clicks of your computer keyboard.



Portland Area Office Staff:

Name/ Title

Sherry Addis (503) 238-1512, X1419 Area Office Supervisor sherrya@ctsi.nsn.us Katy Holland (503) 238-1512, X1418 **Education Specialist** katyh@ctsi.nsn.us Andrew Johanson (503) 238-1512, X1400 Area Office Clerk andrewi@ctsi.nsn.us Verdene McGuire (503) 238-1512, X1413 Comm. Health Advocate verdenem@ctsi.nsn.us Anna Renville (503) 238-1512, X1412 Tribal Service Specialist annar@ctsi.nsn.us Tamra Russell (503) 238-1512, X1411 Tribal Service Specialist tamrar@ctsi.nsn.us

Contact Information

Work Cell: (541) 270-9717

andrewe@ctsi.nsn.us

Other Numbers:

Portland Elder's Rep

Peer Recovery Mentor

Andrew Eddings

Name/ Program	Number	Name/ Program	Number
Bud Lane	800-922-1399	Jeremy Martin	800-922-1399
Cultural Program	X1320	Voc. Rehab. Direct.	X1385
K.C. Short	800-922-1399	Mike Kennedy	800-922-1399
Finance Manager	X1316	Natural Resources	X1232
Cecelia DeAnda	800-922-1399	Andulia WhiteElk	(503) 238-1512
Elders Program	X1261	A&D Counselor	X 1414
Rachel Adams	(503)390-9494	DeAnn Brown	(800)922-1399
Mental Health Specialist	X1864	Siletz HS Program	X1510
Angela Ramirez	(800)922-1399	Kay Steele	(503) 760-4746
Enrollment Clerk	X 1258	Portland Elder's Rep	
Angelina Artiago	(503) 760-3899		