Confederated Tribes of Siletz Indians

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Portland Potlatch AUGUST 2019

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August 9th,10tl

coming R at the Or EAGLE

Our annual Siletz PowWow is coming close! It will be held in Siletz OR at the

Pauline Ricks Memorial PowWow grounds on Government Hill, Siletz OR.

For more details please see the flyer on pages 18-19.





SRII-NA CHEE-

YASH-'E



Important Dates

- Sat 8/3, General Council at I PM
- Fri 8/9 thru Sun 8/11 Nesika Illahee Pow-Wow
- Fri 8/16 Regular Council 8 AM

Community News



The next elders shopping days will be:

August 7th and 21st at 10 AM

Please call your area elders representative, Angelina Artiago (503) 760-3899 at a minimum of 48 hours prior or earlier to reserve your seat on the bus.

Portland's Rebuilding Center!

Do you have an aspiring building project such as a raised garden bed, but are short on funds for the materials? The Rebuilding Center may be just what you need. They carry the region's largest volume of used building and remodeling materials. It provides resources that make home repairs affordable to everyone, with the goal of promoting the reuse of salvaged and reclaimed materials. They also offer a free-pick up service, numerous volunteer opportunities, donations of used building materials for community projects, as well as workshops For more information, call or visit (503) 331-1877.Portland Rebuilding Center 3625 N. Mississippi Ave.

Tribal Children Need Foster Parents!

Do you love children? Do you value Siletz Tribal Native culture and want to help preserve it? If so, please consider Fostering for the Tribe. The Siletz Tribe needs loving, stable, nurturing homes in all areas. If you are interested, please contact:

Indian Child Welfare Program (ICW) (541) 444-8236 or 800-922- ext. or visit at:

www.ctsi.nsn.us/icw.html

Congratulations Andrew Johanson!



We regretfully announce our Area office Clerk Andrew Johanson will be leaving us, as our Portland Area Office Clerk.

However...we are also very pleased to announce the arrival of our new Community Health Advocate.....Andrew Johanson!

Andrew has been with the Siletz tribe for 8.5 years, and 7.5 of those years Andrew has served as our Portland Area Office Clerk, providing exceptional service and assistance to our tribal members, community and staff.

We would like to take this opportunity to say goodbye AND Congratulations to Andrew., as he soon enters into his new position as the Portland Community Health Advocate. Andrew's last day will be August 9th and will start his new position as the new CHA August 12th. We are so happy for you Andrew!

2019 Annual Portland Community BBQ/ Picnic-Potluck

On Tuesday August 30th 2019, our office hosted the 2019 Annual Community Potluck-BBQ at Creston Park in SE Portland.

This year we held the event from 5—7 PM and we were very pleased with the turnout. Many tribal members and their families came to visit, have some food and enjoy a nice summer evening in the park.

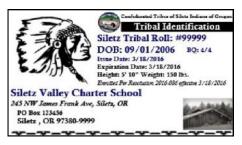




Need A New Tribal ID? Let PAO Help!

The Portland Area Office (PAO) is now set up to assist tribal members with obtaining their tribal ID from the enrollment department. Tribal members are encouraged to call PAO ahead of time to ensure staff are available. If you have any questions about our new process please feel

free to call Rebecca Downey at PAO (503) 238-1512 X 1419.



Behavioral Health — Alcohol & Drug Program

Philosophy:

The Siletz Tribal Alcohol and Drug Program views alcoholism, chemical dependency, and Generally, PAO Counselor other addictions as a progressive illnesses. When left untreated they can cause emotional, mental, physical, and spiritual problems for the person, family, and community. Addictions are treatable and staff is personally dedicated to providing culturally relevant treatment services.

Services Include:

- Evaluation/Assessment
- Referral to appropriate resources
- Alcohol/other drug education
- Cultural/traditional Individual, group, or family counseling
- Adolescent treatment
- Women's specific treatment
- Intervention
- Recreational therapy

Urinalysis/saliva testing

DUII rehabilitation services

Andulia WhiteElk Hours are:

When Andulia is unavailable, Counselors from other area offices (Salem, Siletz, or Eugene) can assist.



Salem Office

Monday, Tuesday 8-4:30PM Wed. (8AM -Noon)

Portland Office

Wed. (Noon-4:30) Thursday and Friday 8-4:30PM

Recognize **Acknowledge Forgive** Change

If you or someone you know needs substance abuse treatment, recovery is possible. For drug and alcohol information and treatment referral call Andulia WhiteElk

Help is Available & Confidential



Reminder from the Siletz Clinic

The Siletz Clinic would like to remind parents an guardians that if you send your child to an appointment with someone other than yourself or other legal guardian, you will need to sign a "Release of Information".

This gives permission for another person to bring your child to appointments and for your child's provider to discuss the child's care with them.

If you have any questions, please call (541) 444-1030 or (800) 648-0449.

Thank you

477 Self-Sufficiency Program

Creative And Native (CAN)

This month's meeting only, is open to TANF families.

July's CAN Meeting is: Thursday, August 8th, 2019 1:30-3 PM

Come meet and learn from others like your self who are working toward their goals!

Light snacks and coffee are served.

If you have any questions please call the program staff at PAO and speak with Tamra Russell or Anna Renville at (503) 238-1512.

Do you need assistance working in Oregon's legal marijuana industry?

The 477-Self Sufficiency Program may be able to provide limited support services to help you gain and maintain employment in Oregon's legal marijuana industry. With funding provided by the Siletz Tribal Council, we are able to assist Native Americans (enrolled in a federally recognized tribe or descendant) that reside within the service area, with licensing fees, background checks, testing fees, outdoor work clothing/tools and transportation assistance. For more information on how to access this service, please contact the 477-Self Sufficiency Program located in each of the four area offices.

477 Self Sufficiency Mission Statement

To assist eligible clients in attaining selfsufficiency. The 477 Self Sufficiency Program will serve the following groups as they work towards this goal:

- Siletz Families
- Native American
- Alaskan Native
- Native Hawaiian

The available components through the Program are cash grant services, emergency utility assistance, job training, job retention services and supportive services.

The Program Manual lists all available components in detail and the requirements of each. All components of the 477 SSP are available on a budgetary basis.

Contact a Tribal Services Specialist for more information about current components that are available.

Your Success is Important to Us!

Contact a Tribal Services Specialist for more information about current components that are available.

If you have questions or to apply, please call the Portland Area Office (503) 238-1512 and speak with Anna Renville, or Tamra Russell.

Parking at the Portland Area Office (PAO)

When visiting the Portland Area Office, please note that Blue parking spaces are for Siletz tribal members, staff and visitors. Overflow parking is available on SE 128th Ave.

Vocational Rehabilitation (STVRP)

STVRP is here to assist members of ANY

federally recognized Tribe to overcome barriers to employment. We work with individuals who have disabilities and are living within the Confederated Tribes of Siletz Indians 11 county service area.



Examples of Services:

- Guidance and Counseling
- Referral to Services
- Employment Services
- Resume Writing
- Interviewing Techniques
- Job Coaching
- Culturally Relevant Individualized Services
- Evaluations and Assessments
- Training Placement Opportunities
- Adaptive Equipment

For more information about the STVRP, please inquire at 1-800-922-1399. Services are provided in all area offices, however to inquire about services, ask to be trans-

ferred to the office nearest you that is listed below.

Salem Area Office:

Dana Rodriguez, Program Aide; Toni Leja, Counselor/Job Developer (503) 390-9494 3160 Blossom drive NE, ste. 105 Salem, OR 97305

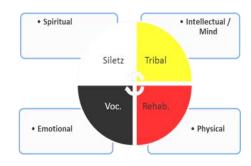
Eugene Area Office:

(541) 484-4234 Jeramie Martin, Program Director 2468 West 11th, Eugene, OR 97402

Siletz Admin. Office:

(800) 922-1399

Rachelle Endress, Counselor/Job Developer 201 SE Swan Ave, Siletz, OR 97380





Section 184 Home Loans

Who is Eligible?

 Enrolled members of federally recognized tribes, Alaska natives, and TDHE's

Also . . .

- Credit is important, but you are not judged on your credit score
- Low down payment (can come from

savings, tribal down payment assistance programs, flexible approval processes. For more information visit:

www.ltribal.com or call (503) 610-5387

To discuss other home buying programs offered by the Siletz tribe, contact Siletz Finance Manager, K.C. Short at (800) 9222-1399.

Savvy Caregiver Training Program



Savvy Caregiver in Indian Country, Training

Registration for training starts
August 1st thru August 30th

Savvy Caregiver in Indian Country is a six-week group program for Native People designed to help caregivers provide care and support for someone with Alzheimer's or dementia.

Classes every Tuesday
1:30 - 3:30 PM
September 17th - October
22nd PAO Community Room

Savvy Caregiver in Indian Country is a culturally-adapted program, developed by Dr. J Neil Henderson, Oklahoma Choctaw, and Executive Director of the Memory Keepers Medical Discovery Team on Health Disparities at the University of Minnesota Medical School.

These <u>free</u> classes offer care strategies, resources, and support to the caregiver. Savvy Caregiver training teaches the caregiver to know the stages of dementia. Knowing the stage allows the caregiver to use activities and tasks that better fit the abilities and capabilities of their loved one resulting in more hours of "contented involvement."

Training will be provided by staff from the Confederated Tribes of Siletz Indians. To sign up for this important informational training, contact: Tamra Russell (503) 238-1512, X 1411.



Athabaskan Language

Nuu-wee-ya' (Our Words)

There are no Language classes scheduled for the month of August.

However, if you want to learn more, many Athabaskan language lessons are available to tribal members, in print and audio at the CTSI web site at:

www.ctsi.nsn.us

The language samples are provided for your use online. To confirm proper pronunciation go to the Siletz Talking Dictionary at:

www.siletzlanguage.org



Education & Youth Update

August 2019 Events & Activities for Native Youth:



Fieldtrip to the Columbia Gorge

We are heading out to the Columbia Hills Historical State Park/Horsethief Lake Petroglyphs.—"She Who Watches". Ed Edmo will be our guide and story teller.

Thursday, August 15th, 2019 Leaving 9:30 AM— Returning at 3 PM

We will be leaving from the Portland area office. If you would like to join us in the adventure please contact Katy and arrange transportation.



Annual Summer Beach Trip For Youth

Have fun flying Kites, building sand castles, playing ball on the beach, jumping the waves coming in.

Thursday, August 23rd Leaving at 8:30 AM and Returning at 4:30 PM.

Lunch and snacks provided.

Please call Katy so we can put you down and arrange transportation.



Siletz JOM School Supply Distribution 2019

Wednesday, Aug. 14th 9 AM to Noon & 1:30 PM to 7:00 PM.

Basic school supplies will be distributed to JOM eligible youth on Friday, August 24th a public elementary or high school. Please contact Katy if you need information or applications.



Shakespeare Festival

Youth Trip to Oregon Festival; Production of Native written play "Between Two Knees".

You're Invited to Join us for a 2 Night trip to Ashland's Shakespearean Festival. Meals, lodging & tickets provided. We will also tour Southern University in Ashland, Oregon. We will be leaving, August

28th—30th. We will drive to Eugene and meet up with all of the other areas and all of us will board a bus in Eugene to travel to Ashland —a national known city for it's theatre.

If you are interested in attending this please contact Katy right away to reserve your space. Transportation, meals, tickets to the plays will all be provided. We hope you can join us. Call (503)238-1512 for more information.

Siletz JOM/Supplemental Program

This program can help all Native youth (3-18) pay for programs, activities, supplies both cultural and academic. For a application you can contact Katy or go online to www.ctsi.nsn.us (under Education)

Siletz Tribal Youth Activity Fund

For Siletz Tribal youth—1st grade to senior in high school. This fund helps to pay for: enrichment activities, school registration, sports, culture activities or sports or academic supplies. Please call Katy at (503) 238-1512.



Calling All Youth: Help as we Improve our Environment!!!

We need your help as we remove a small section of asphalt with Oregon's Depave Program which promotes transformation of over paved places to overcome environmental impacts of pavement. Join us as we work around our area office to make it a better environmental and natural area. Meet up at 10am, Tuesday, August 20th at the Portland area office.

We hope to give youth gift cards for there participation. If you would like to join us please contact Katy.



Funding Still Available! Low Income Heating & Energy Assistance Program (LIHEAP)

If you are a Siletz Tribal Member or your household includes a Siletz tribal member living in your home, and have NOT applied for, or received assistance for Heating between **October 2018 to present**; you may be eligible to apply for funding. LIHEAP is available on a first come, first served basis. The program is available by appointment only. For more information or to apply, call the Portland Area Office, and speak with Andrew Johanson, Area Office Clerk.

August 2019

Sun	Mon	Tue	Wed	Thu	Fri	Sat
				1 Savvy Caregiver Training Sign up Starts	2	3 General Council 1 PM—Siletz, OR
4	5 Deer/ Elk Tags Available	6	7 Elders Shopping Day—10 AM	8 SSP, CAN Meeting 1:30 - 3 PM	9	10
					Nesika Illahee Pow-Wow	
Nesika Illahee Pow-Wow	12	13	JOM School Supply Day 9 AM—Noon & 1:30—7 PM	Columbia Gorge Fieldtrip for Youth 9:30 AM—3 PM	16 Regular Council 8 AM—Siletz	17
18	19 Deer General Rifle Tags Available	20	21 Elders Shopping Day 10 AM	22	Summer Youth Beach Trip 8:30 AM—4:30 PM	24
25	26	27	28	29	30	31
			Education	/ Youth Shakespeare Fo	estival Trip	

Natural Resources



Reminders for Tags

Early Season Archery Tags Deer and Elk Available Starting August 5, 2019 8:00 AM

Natural Resources Office. First Come First Served. Available via mail starting August 6.

Deer General Rifle Tags Available Starting August 19, 2019

Natural Resources Office. First Come First Served.

Elder Antlerless Deer Hunt Applications Due September 6, 2019

Applications available at the Natural Resources office and on the Tribal website under Natural Resources. Open to Tribal Elders age 55 and older.

Youth Antlerless Deer Hunt Applications Due September 6, 2019

Applications available at the Natural Resources office and on the Tribal website under Natural Resources. Open to Tribal youth ages 12-17 who have a valid Hunter Safety Card.

Call Natural Resources Manager Mike Kennedy at (541) 444-8232 if you have questions.

Tobacco Prevention Education Program

Tobacco as Tradition

Traditional Tobacco is: tobacco and/or other plant mixtures grown or harvested and used by American Indians and Alaska Natives for ceremonial or medicinal purposes.

Traditional tobacco has been used by American Indian nations for centuries as a medicine with cultural and spiritual importance. Many Tribes maintain teachings and stories on the origin of tobacco. These teachings address tobacco in its purest form, today known as the tobacco plant Nicotiana rustica, and may include mixtures of other native plants. One common teaching involves the importance of having good attitudes and thoughts while working with traditional tobacco. Traditional tobacco is a medicine, which can be used in a prescribed way to promote physical, spiritual, emotional, and community well-being. It may be used as an offering

to the Creator or to another person, place, or being. A gift of traditional tobacco is a sign of respect and may be offered when asking for help, guidance, or protection. Traditional tobacco is sometimes used directly for healing in traditional medicine. It may be burned in a fire or smoked in a pipe, yet the smoke is generally not inhaled.

In many teachings, the smoke from burned tobacco has a purpose of carrying thoughts and prayers to the spirit world or to the Creator. When used appropriately, traditional tobacco is not associated with addiction and adverse health impacts.

Here are a few other examples of how tobacco was/is used for traditional purposes:

For our Hunters, traditional tobacco

would be used when our people would kill an elk or deer or when we would catch a salmon or trout. Tobacco would be placed at the location or close by so we can communicate with the creator and give our thanks and appreciation "thank you for this elk or salmon as we will use it to feed our family".

For our Gatherers:

Traditional tobacco would be used when our people would gather supplies so that we may use them to make our baskets, or gather traditional medicines as we use it to heal. Tobacco would be placed at the location or close by so that we can communicate to the creator and give our thanks and appreciation "thank you creator for these sticks or medicines that we may use them for our baskets or medicines to help us heal".

Tobacco is a powerful medicine, keep it traditional.



Home Visiting Program



Recent Home Visiting Graduate Eleeziaa Howard with Ryan Nichuals and their daughter Annalia

Congratulations to Eleeziaa Howard for graduating from Home Visiting! Eleeziaa entered the program prior to the birth of her daughter, Annalia, and continued until she turned three this June. Eleeziaa stayed engaged with the Home Visiting program through moves and job changes participating in lessons and Home Visiting family events. When possible her partner Ryan attended events as well occasionally bringing Annalia when Eleeziaa could not attend.

Eleeziaa is committed to her family and being the best parent she can be. Along with Ryan she continues to learn and grow planning ahead for the future. Eleeziaa works to share her cultural heritage with Annalia, attending Tribal events and learning traditional crafts (moccasins, jewelry, regalia and more).

Eleeziaa had this to say, "I went into this parenting gig not knowing the ins and outs and having the guidance and visits helped a lot in becoming the parent I am now. With the home visiting program we not only got educated on how to be better parents we gained an important figure in our lives, our home visitor. If I had worries she could inform me on things I didn't know. My daughter knows who my home visitor is because she's become a huge part in our lives." When asked if she would recommend the program to other families she said, "Yes, definitely, especially those who have questions or worries." Congratulations Eleeziaa!

For more information about Home Visiting contact Lori Christy, Home Visitor, 503-390-9494.

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CONFEDERATED TRIBES OF SILETZ INDIANS

ANNUAL NESIKA ILLAHEE POWWOW

August 9th - 11th, 2019

Pauline Ricks Memorial Pow -Wow Grounds Government Hill, Siletz, OR



Golden Age / Adult | \$600, 500, 400, 300, 200 Teen | \$300, \$250, \$200, \$150, \$100 Youth | \$150, \$100, \$75, \$50, \$25

- Team Dance
- Women's Basket Cap Special (Open)
 Round Bustle (Open)

Royalty Pageant - 6 PM

Memorial / Giveaways

Friday, Aug 9th

Noon to 5 PM

Presentation of Crowns 6 PM

Grand Entry - 7 PM

Parade - 10 AM

Dance competition

Points Awarded for Parade participation Grand Entry-1 PM & 7 PM

Grand Entry - 12 PM

Salmon Dinner

Following Grand Entry

All Dancers & Drummers Welcome

(Drummes, please bring your own chais)

Vendor registration is required. Camping fee \$25; \$5 pet fee / per pet (camping area) Camp Grounds open Thursday at 7 AM Drug and Alcohol Free Event For more information call: 800-922-1399 Buddy Lane Ext. 1230

Purchased Referred Care (PRC)

Need to Call Purchased Referred Care (PRC)?

If you have questions about your eligibility for Siletz, Contract Health Services (CHS), please call your assigned PRC technician. Please call (800) 628-5720. A technician is assigned to you by your last name. Please

Thursday

refer to the list below to determine who you need to speak with when contacting contract health.

Gail Barker A—G X 1329
Chrissy Marcau H—O X 1622
Joella Strong P—Z X 1329

Appointment Only

Headstart

Siletz Tribal Head Start Enrolling Now!

Applications are available at the Portland Area Office and on page 17.

Did you Know?

Head Start helps children grow socially, physically, mentally emotionally, and gain confidence in themselves.

The classroom is located less than a mile from the Portland Area Office, providing easier access for our SE parents and more opportunities for collaboration between the Area Office Staff and the Head Start Teachers. If you have a child that will be age three or four by September 1st, pick up an application from the Area Office today. Applications can also be mailed to you by calling 1(800) 922-1399.

USDA Distribution Dates Wednesday August 1st 9 AM - 3 PM August 2nd 9 AM - 3 PM Thursday August 3rd Friday 9 AM – 3 PM 9 AM - 3 PM Monday August 6th Tuesday August 7th 9 AM - 3 PM August 20th Monday 1:30 PM - 6:30 PM August 21st 9 AM - 6:30 PM Tuesday August 22nd Wednesday 9 AM - 6:30 PM

LIKE us on Facebook at Siletz Tribal FDPIR. We would like to see more people sharing their recipes on our Facebook Page. Joyce Retherford: CTSI FDP Director (541) 444-8393.

August 23rd

CHILD'S NAME		Social Security	y #	
Returning Student:	3. Child's Date of Bi Yes No. Does of special need? Y/ N_Ex	hild have any co	_/ ondition	AGE NOW which may be con-
Is child descendent/n	nember of a federally rec	cognized India	ın Trib	e? Y/ N
Roll # fication).	Tribe			(Please attach veri-
adequate nighttime res	N Homeless children meidence; For Example, are lack of alternative adequat	living in motels	, hotels,	trailer parks, or camp
PARENT/GUARDI	AN NAME(S):			
1.		DOB	/	
2.		DOB	/	_
Street Address:				_ City:
Zip Code:				, and the second
Mailing Address:	Zip Code: _			
	() Work:			
1	off address if different fron	,		
single parent household, suffers a non-handicappin family meets any criteria a here:	nent can be given to famili parents separated or divorce ng medical condition, foster and you want to claim that pre	ed, child is a vic child, sibling wh eference, please	tim of a o attend list the	buse or neglect or child ed the program. If your qualifying condition(s)
LIST ALL OTHER H Household members	HOUSEHOLD MEMBER	S BY NAME :	and DA	<u>ΓΕ Of Birth:</u> Total #
Please add additional	l families members to th	e back of this	applica	<u>ttion</u>
1.	2.			
3.	4.			
FINANCIAL STATEM apply:	IENT (You Must attach ve	erification of the	ese bene	fits.) Check all that
	employment—General Assis sability—College Grants/Sch			
(YOU MUST attach ver	TOTAL GROSS MONTHLY rification)	INCOME \$		
With my signature I cer	tify that the above informa	tion is complete	and ac	curate:
Signature:	Dat	te:	_	
race, color, age, sex, ha	is an equal opportunity pr ndicap, or national origin. hould write to the Secretary	Any person wh	o believ	es she/he has been

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Portland Area Office

Portland Area Office

12790 SE Stark St., Suite 102 Portland, OR 97233

Phone: (503) 238-1512 Fax: (503)238-2436

Hours:

Mon—Friday 8:00 AM—4:30 PM

www.ctsi.nsn.us



BEAR SV-GVS



How to Get Your Newsletter Faster and In Color?

All Area Office newsletters are now posted for immediate downloading at our tribal website:

www.ctsi.nsn.us

Any tribal member who would like to be notified when the new issues is posted may contact Andrew Johanson, PAO clerk to be added to the notification email. Then you can download and print a color version with a few clicks of your computer keyboard.

Is Your Newsletter Coming to the Right Address?



We frequently receive new mailing address lists from Enrollment. If you have not updated your new address with enrollment your newsletter could be misdirected. If you or someone you know is not currently receiving their newsletter (we send one per household), please contact Enrollment: (800) 922-1399, X1258 to update your mailing address.



Portland Area Office Staff:

Name / Title	Contact Information
Name/ Title	Contact Information
Rebecca Downey	(503) 238-1512, X1419
Area Office Supervisor	rebeccad@ctsi.nsn.us
Katy Holland	(503) 238-1512, X1418
Education Specialist	katyh@ctsi.nsn.us
Andrew Johanson	(503) 238-1512, X1400/
Area Office Clerk	andrewj@ctsi.nsn.us
Anna Renville	(503) 238-1512, X1412
Tribal Service Specialist	annar@ctsi.nsn.us
Tamra Russell	(503) 238-1512, X1411
Tribal Service Specialist	tamrar@ctsi.nsn.us
Andrew Eddings	Work Cell: (541) 270-9717
Peer Recovery Mentor	andrewe@ctsi.nsn.us

Other Numbers:

Mental Health Specialist

Rachel Adams

Andulia WhiteElk

A & D Counselor

Name/ Program	Number	Name/ Program	Number
Bud Lane	800-922-1399	Jeremy Martin	800-922-1399
Cultural Program	X1320	Voc. Rehab. Direct.	X1385
K.C. Short	800-922-1399	Mike Kennedy	800-922-1399
Finance Manager	X1316	Natural Resources	X1232
Anita Bailor—Programs I	800-922-1399	Angelina Artiago	(503) 760-3899
Director/ Elders Program	X1220	Portland Elder's Rep	
Rachel Adams	(503)390-9494	Kay Steele	(503) 760-4746
Mental Health Specialist	X1864 Salem X 1417 Portland	Portland Elder's Rep	
Angela Ramirez	(800)922-1399	DeAnn Brown	(800)922-1399
Enrollment Clerk	X 1258	Siletz HS Program	X1510

(503)238-1512 X1417

(503)238-1512 X1414

anduliaw@ctsi.nsn.us

rachela@ctsi.nsn.us