

# Portland Potlatch

FEBRUARY 2020

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## 2020 CTSI Planning Department Community Meeting

### Thursday, February 20th, 5pm at the Portland Area Tribal Office!

The CTSI Planning Department annually holds meetings in all the Siletz Tribal Area Offices at the beginning of the new year.. We encourage and invite all Siletz Tribal Members and their families to join us for a light meal and discuss community issues, program services and goals for the Tribe.



Please join us Thursday, February 20th, 2020 at 5pm for The 2020 CTSI Planning Department Community Meeting!

The general schedule for the meeting is as following:

5:00pm—Mingle

5:15pm—Welcome & Prayer

5:30pm—Light Dinner

5:40pm—Agenda

FEMA and Hazard Planning Update

The 2020 Census and the Tribal Complete Count

Transportation Plans, Projects Update and More!

7:00pm—Drawing, Open Discussion and Mingling!

For more information, contact the Planning Department at 1-800-922-1399

**Need a new Tribal ID? Pick up a new Tribal ID card, while you attend the Planning Meeting!**



## Community News



### Elders Shopping Days!

**February 8th & 22nd at 10AM**

Please call your area elders representative, Angelina Artiago (503) 760-3899 at a minimum of 48 hours prior or earlier to reserve your seat on the bus.

### FAMILY CULTURE NIGHT

**Tuesday, February 12th, 2020**

**5:30pm—7:30pm**

Please come out and enjoy each others company while you finish your culture projects!

We will have someone available to help finish up moccasins, ribbon skirts and have supplies for necklace making.

A light meal will be served.

**Please call Katy or Becky with questions at 503-238-1512.**

### 2020 CTSI Planning Department Community Meeting (continued from page 1)

#### FEMA and Hazard Planning Update:

Rock & Roll is more than tsunamis and earthquakes. Come see some maps and plans. Find out where your local flood plains are in relation to your home.

#### The 2020 Census and the Tribal Complete Count:

Why is it important to YOU that you're counted as a Siletz Tribal Member in the 2020 census? Hint: There's a lot of federal money involved! Come to hear how you can make a difference.

#### Transportation Plans and Projects Update:

What's up with that State transit payroll tax? Got Questions? Have you been discriminated against in the bus system? Do you know what to do about that? Got answers!

#### Ford Foundation Comprehensive/Community Planning Process:

The Ford Foundation has been working with the Tribal Membership on developing Comprehensive and Strategic Plans. Come to find out where we can go from here.

## Behavioral Health

### Not all talks are easy:

During the winter months, people can become depressed, or suffer seasonal affective disorder. Winter holidays can be stressful, to the point of being overwhelming for folks. And remember, even stress caused by happy events can be overwhelming. In the midst of holidays and winter, some people start having thoughts of ending their lives. If you or a loved one has these thoughts, please know that you are not alone. Many people have these thoughts from time to time, and what is important is to take action against them.

### Signs of suicidal thinking and planning:

- 1) Giving away your prized possessions/ animals (Not the same as creating a will)
- 2) Calling up people you haven't talked to in a while to tell them goodbye or reminisce about times past.
- 3) Thinking about how much pain you are in and wishing you did not exist.
- 4) Increased drug/ alcohol use.

### It's hard, but, talking openly about suicide saves lives. Don't be afraid to ask, are we talking about suicide?

### What to do about suicidal thoughts or risk:

- 1) Call the national suicide prevention line: 1-800-273-8255

- 2) Text the national suicide prevention line: Text TALK to 741741 (really works!)

- 3) Call a crisis line:

After hours through the Siletz Tribe:

1-541-444-8286

24/7 county suicide prevention lines: Multnomah County: 503-988-4888

Clackamas County: 503-655-8585

Marion County: 503-585-4949

- 3) Reach out to family, seek the services of a counselor, talk to someone trusted.

**Don't forget, Mental Health Specialist Rachel is always accepting new clients! Call and schedule an appointment, and she can help you learn skills to get you where you want to go.**

### Traditional Coping

For the people of the Siletz tribe, our Elders are an ever-important resource to utilize. Chances are, they have experienced most, if not all, of the stressors we're facing, and quite possibly they have experienced some suicidal thoughts at some point in their lives. Elders can explain how they managed to walk away from those thoughts. Smudging, talking circles and sweat lodges are traditional methods of health and healing for the Siletz people also.

## Most Often Requested Numbers

Siletz Clinic	(800) 648-0449	Chemawa Clinic	(800) 452-7823
Siletz Admin	(800) 922-1399	Chinook Winds	(888) 244-6665
CTSI, Eugene Area Office	(541) 484-4234	CTSI, Salem Area Office	(503) 390-9494
NARA	(503) 224-1044	NAYA	(503) 288-8177



**Portland Area Office**  
Mondays & Tuesdays  
(503) 238-1512  
X1417

**Salem Area Office**  
Wednesdays & Thursdays  
1-(503) 390-9494  
x1864

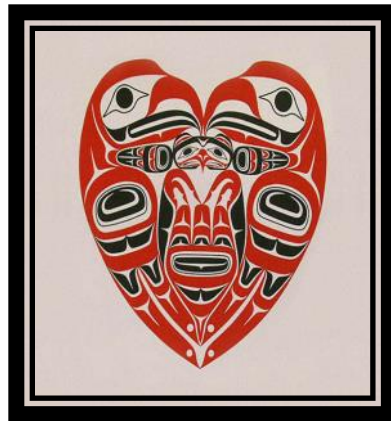
## Behavioral Health — Alcohol & Drug Program

### RELATIONSHIPS AND RECOVERY

Most people experience deep regret, [guilt](#), and [shame](#) related to the harm their use of [alcohol](#) and other drugs has caused to the people they care about. Frequently, wanting to “fix” important relationships immediately is based on a desire to alleviate the emotional pain of having hurt loved ones. But pain—both emotional and physical—is an inevitable aspect of life. It is part of being human. The process of recovery requires learning how to accept and go through the pain that life brings you. Part of this process is accepting that repairing the damage your addiction has done to your relationships will only happen gradually over time—based on what you do rather than what you say. The saying "actions speak louder than words" is especially accurate related to recovery.

It will be helpful to resist the urge to focus on fixing your relationships and keep the focus on making progress in your recovery. As you continue to work on your recovery,

your relationships are likely to improve over time. The best way to resolve relationship issues is through slow, incremental change. It will be helpful to resist the urge to focus on fixing your relationships and keep the focus on making progress in your recovery. As you continue to work on your recovery, your relationships are likely to improve over time. The best way to resolve relationship issues is through slow, incremental change.



**Recognize  
Acknowledge  
Forgive Change**

If you or someone you know needs substance abuse treatment, recovery is possible. For drug and alcohol information and treatment referral call Andulia WhiteElk

**Help is  
Available &  
Confidential**

### Section 184 Home Loans

#### Who is Eligible?

- Enrolled members of federally recognized tribes, Alaska natives, and TDHE's

#### Also ...

- Credit is important, but you are not judged on your credit score
- Low down payment (can come from

savings, tribal down payment assistance programs, flexible approval processes. For more information visit:

**www.1tribal.com or call  
(503) 610-5387**

To discuss other home buying programs offered by the Siletz tribe, contact Siletz Finance Manager, K.C. Short at (800) 922-1399.

## 477 Self-Sufficiency Program

### Creative And Native (CAN)

**February's CAN Meeting is:**

**Thursday, February 13th, 2020**

**1:30—3 PM**

February's workshop is Job Hunting. This workshop will cover; how to start, stay organized and focused as well as where to look.

Light snacks and coffee are served.

If you have any questions please call the program staff at PAO and speak with Tamra Russell or Anna Renville at (503) 238- 1512.

### 477 Self Sufficiency Mission Statement

To assist eligible clients in attaining self-sufficiency. The 477 Self-Sufficiency Program will serve the following groups as they work towards this goal:

- Siletz Families
- Native American

- Alaskan Native
- Native Hawaiian

The available components through the Program are cash grant services, emergency utility assistance, job training, job retention services and supportive services.

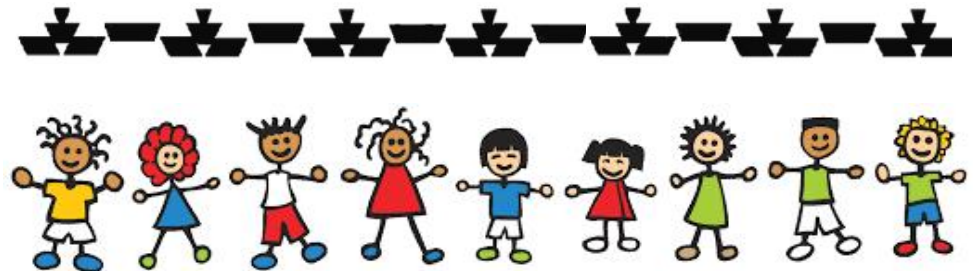
The Program Manual lists all available components in detail and the requirements of each. All components of the 477 SSP are available on a budgetary basis.

Contact a Tribal Services Specialist for more information about current components that are available.

### Your Success is Important to Us!

Contact a Tribal Services Specialist for more information about current components that are available.

If you have questions or to apply, please call the Portland Area Office (503) 238-1512 and speak with Anna Renville, or Tamra Russell.



### CTSI Childcare Assistance Program

CTSI Childcare Assistance Program has expanded services and can now serve children that are under the age of 13 years and who are descendants and/or dependents of enrolled tribal members. Families must reside in the eleven county service area and parents must be working or enrolled in higher education or job training. For more information or to request and application call DeAnn Brown at 541-444-2450 or 1-800-922-1399.

## Vocational Rehabilitation (STVRP)

STVRP is here to assist members of ANY federally recognized Tribe to overcome barriers to employment. We work with individuals who have disabilities and are living within the Confederated Tribes of Siletz Indians 11 county service area.



### Examples of Services:

- Guidance and Counseling
- Referral to Services
- Employment Services
- Resume Writing
- Interviewing Techniques
- Job Coaching
- Culturally Relevant Individualized Services
- Evaluations and Assessments
- Training Placement Opportunities
- Adaptive Equipment

For more information about the STVRP, please inquire at 1-800-922-1399. Services are provided in all area offices, however to inquire about services, ask to be

transferred to the office nearest you that is listed below.

### Salem Area Office:

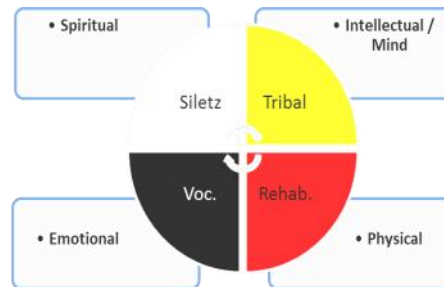
(503) 390-9494  
Toni Leja, Counselor/Job Developer  
3160 Blossom drive NE, ste. 105  
Salem, OR 97305

### Eugene Area Office:

(541) 484-4234  
Jeramie Martin, Program Director  
2468 West 11<sup>th</sup>, Eugene, OR 97402

### Siletz Admin. Office:

(800) 922-1399  
Rachelle Endress, Counselor/Job Developer  
201 SE Swan Ave, Siletz, OR 97380



## Purchased Referred Care (PRC)

### Need to Call Purchased Referred Care (PRC)?

If you have questions about your eligibility for Siletz, Contract Health Services (CHS), please call your assigned PRC technician. Please call (800) 628-5720. A technician is assigned to you by your last name. Please refer to the list

below to determine who you need to speak with when contacting contract health.

**Gail Barker**     **A—G**   **X 1329**  
**Chrissy Marcao**   **H—O**   **X 1622**  
**Joella Strong**     **P—Z**   **X 1329**

## Athabaskan Language

### Nuu-wee-ya' (Our Words)

**Language class will be held on Monday, February 10th, 6-8pm.**

However, if you want to learn more, many Athabaskan language lessons are available to tribal members, in print and audio at the CTSI web site at:

[www.ctsi.nsn.us](http://www.ctsi.nsn.us)

The language samples are provided for your use online. To confirm proper pronunciation go to the Siletz Talking Dictionary at:

[www.siletzlanguage.org](http://www.siletzlanguage.org)



### Culture Craft Night

Lhuk yvthl-tes (Salmon cooking on sticks)

**Monday, February 10th, 2020  
from 5-7pm**

Siletz Tribal Members of all ages are welcome. Young people under age ten need an adult to accompany and assist them.

Contact Bud Lane, budl@ctsi.nsn.us; (541)444-8320 or 1-800-922-1399



## Siletz Community Health Clinic

### Reminder from the Siletz Clinic

The Siletz Clinic would like to remind parents and guardians that if you send your child to an appointment with someone other than yourself or other legal guardian, you will need to sign a "Consent for Treatment" and "Release of Information" forms. This gives permission for another person to bring your child to appointments and for your child's provider to discuss the child's care with them.

If you have any questions, please call the Siletz Community Health Clinic at (541) 444-1030 or (800) 648-0449.



### Highlighted Scholarships For the 2019-2020 School Year.

- **Oregon Student Assistant Commission (OSAC)**

Apply for over 500 separate scholarships with one simple application. Deadline: March 1, 2020

[www.oregonstudentaid.gov](http://www.oregonstudentaid.gov).

- **Cobell Scholarship:**

Opportunities available for graduate, undergraduate.

Deadline: March 31, 2020

<http://cobellscholar.org>

- **American Indian College Fund:**

Deadline: May 31, 2020

<http://collegefund.org>

- **Veryl & Dorothy Miller Scholarship**

A vocational scholarship specifically for Native American students.

Deadline March 1, 2020

- **Howard Vollum American Indian Scholarship**

Established to support Native American residents of Clackamas, Multnomah, Washington and Clark (WA) counties seeking postsecondary education or training in science, technology, engineering or mathematics for up to 5 years.

Deadline March 1, 2020

[www.oregoncf.org/scholarships](http://www.oregoncf.org/scholarships)

For more scholarship information please contact Katy at the Portland office or go to the Tribe's web page at [www.ctsi.nsn.us](http://www.ctsi.nsn.us)— Services/Education

### Family Fish Camp (Corbett, OR)

March 13-15, 2020

Family Fish Camp is for all families who want to learn fishing skills while staying overnight at cozy Camp Angelos on the Sandy River. Scholarships available.

To learn more and to register, visit: <https://nwsteelheaders.salsalabs.org/familyfishcamp2020/>

Questions: [orhabitat@nwf.org](mailto:orhabitat@nwf.org) or (503)616-4280 or call Katy at (503)238-1512

### Youth Are Invited to Join the Siletz Tribal Youth Council!

Siletz youth are invited to join with other Tribal youth by attending our monthly Youth Council Meetings.

### Our next Youth Council meeting will be Saturday, February 22nd. Place to be announced.

Youth have the opportunity to meet one another from all of the areas (Salem, Eugene and Siletz) doing community projects and service as well as enjoying fun activities together. Everyone is welcome. Please call Katy at the Portland area office if you would like to join in.

#### Adult Education

The Adult Education Program offers Siletz Tribal members not already enrolled in a formal education program funding to assist with the cost of GED classes & testing, professional licenses, training, and other employment-related enhancement classes. There is no deadline. Call or email Katy.

# THE ONE THING THAT CAN'T BE TAKEN IS YOUR EDUCATION.

JOIN US FOR AN INFORMATIVE EVENT FOR THE WHOLE FAMILY. WILL INCLUDE A PANEL DISCUSSION, FOOD, VENDORS & KIDS ACTIVITIES

NATIVE NATIONS CLUB IS HOSTING A FAMILY COLLEGE INFO NIGHT FEBRUARY 18TH FROM 5-8PM IN THE STUDENT UNION

LIMITED SPACES FOR VENDORS QUESTIONS

Please contact [jennifer.pirtle@pcc.edu](mailto:jennifer.pirtle@pcc.edu) or at 503-496-2558



Portland Community College



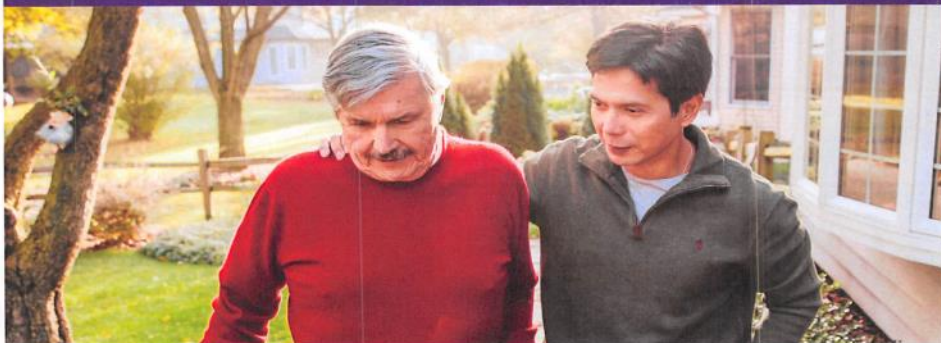
# February 2020

Sun	Mon	Tue	Wed	Thu	Fri	Sat
						1 General Council Mtg. SILETZ 1pm
2	3	4	5	6	7	8
9	10 Culture Craft Night 5-7pm  Language Class 6-8pm	11	12 Elders Shopping Day 10am Family Culture Night 5:30-7:30pm	13 Emergency Preparedness Presentation 10am-Noon  SSP/CAN Meeting 1:30-3pm	14  Valentine's Day	15
16	17 President's Day  <b>Office Closed</b>	18	19 Wellness Luncheon 12-2pm	20 2020 CTSI Planning Department Community Meeting 5pm	21	22
23	24	25 Elders Gathering 12-4pm	26 Elders Shopping Day 10am	27	28	29

## HEALTHY LIVING FOR YOUR BRAIN AND BODY

FROM THE LATEST RESEARCH

An education program presented by the Alzheimer's Association<sup>®</sup>



For centuries, we've known that the health of the brain and the body are connected. But now, science is able to provide insights into how lifestyle choices may help you keep your brain and body healthy as you age.

Join us to learn about research in the areas of diet and nutrition, exercise, cognitive activity and social engagement, and use hands-on tools to help you incorporate these recommendations into a plan for healthy aging.

Tuesday, February 11 | 2-4 p.m.  
Hee Hee Illahee RV Resort  
4751 Astoria St NE, Salem 97305  
RV @ The Meeting Room  
RSVP Salem Area Office Contact:  
Toni Leija, (503)390-9494  
ext. 1861 or 1-800-922-1399

Visit [alz.org/CRF](http://alz.org/CRF) to register online and explore additional education programs in your area.

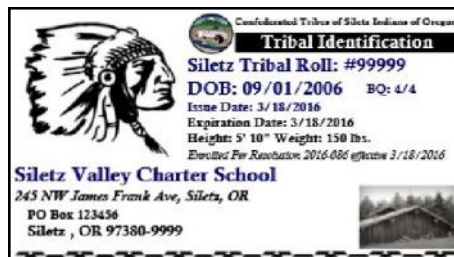
alzheimer's  association<sup>®</sup>

## Need A New Tribal ID?

### Let PAO Help!

The Portland Area Office (PAO) is now set up to assist tribal members with obtaining their tribal ID from the enrollment department. Tribal members are encouraged to call PAO ahead of time to ensure staff are available. If you have any questions or would like to make an

appointment for an ID call Dianna Edenfield at PAO (503) 238-1512 X 1400.



## Tobacco Prevention Education Program

### February is American Heart Month

**So how does smoking affect the Heart?** Lets start this conversation off with one (1) of the 7,000 chemicals found in cigarette smoke, "carbon monoxide".

#### What is carbon monoxide (CO)?

Carbon monoxide (CO) is a colorless, odorless, poisonous gas. CO, tar and nicotine are the main constituents of tobacco smoke. All represent some risk to your health. Carbon monoxide mainly affects the lungs, heart, and blood vessels.

#### If I cut down on smoking, will this reduce my breath CO by an equivalent amount?

Probably not. A smoker may smoke fewer cigarettes, but will require the same amount of nicotine. Thus, you may smoke a smaller number of cigarettes more aggressively. As a result, you may continue to receive a similar amount of CO.

#### How does carbon monoxide (CO) harm my body?

When tobacco smoke is inhaled into the lungs, CO passes through the lining of the lungs into the blood, where it becomes attached to the hemoglobin (Hb) - the oxygen carrier on red blood cells. These red blood cells normally carry oxygen, however, their chemical attraction to CO is greater than oxygen. So, any CO in the blood pushes out oxygen, forming Carboxyhemoglobin (%COHb), thus putting extra strain on the heart.

#### Heart problems caused by carbon monoxide

**Heart:** To compensate for the shortage of oxygen, the heart has to work harder to get enough oxygen to all parts of the body. The heart itself gets less oxygen, increasing the risk of heart damage.

**Circulation:** COHb causes the blood to thicken and the arteries to get coated with a thick, fatty substance. This causes high blood pressure and circulation problems, with increased risk of stroke and heart attack.

### Commercial Tobacco Quitline 1-800-QUIT-NOW

AI/AN Line now available  
1-800-784-8663 (option 7)

## Natural Resources

### 2019/2020 Hunting, Fishing & Gathering Incentives

Reminder to all Siletz Tribal Members: Please report all harvests of deer, elk, salmon and shellfish to the Natural Resources Department. The name on the tag/permit will be submitted into a drawing after the seasons end and could receive one of the following Cabela's Gift Card Incentives.

#### HUNTING INCENTIVE

\$100 - \$75 - \$50 CABELA'S GIFT CARDS

#### FISHING INCENTIVE

\$50 CABELA'S GIFT CARD

#### SHELLFISH INCENTIVE

\$50 CABELA'S GIFT CARD

Please report all harvest to:  
Mike Kennedy (541)444-8232  
mikek@ctsi.nsn.us  
Or  
Denise Garrett (541)444-8227  
deniseg@ctsi.nsn.us

# Home Visiting Program

## Home Visiting

**Are you expecting a baby?**

**Do you have questions about how to care for your little one?**

**Are you interested in gaining skills for successful and positive parenting?**

If you answered yes to any of the above then Home Visiting just might be the thing for you! – If you are expecting a baby or are the parent of a baby under one year old, check out our Home Visiting program. The Siletz Tribal Home Visiting Program is for parents of infants and toddlers. The program offers support and encouragement while providing parenting and life skills for successful and positive parenting. We serve Siletz families in our 11 county service area who are expecting or have an infant less than 12 months of age,

continuing until the child's third birthday. The model and curriculum we provide is called Family Spirit and was developed by the John Hopkins Center for American Indian Health. Family Spirit is Evidence based and culturally sensitive to native families. Parents gain knowledge and skills for their developing infant through 36 months of age. We also focus on goals and healthy living for parents as a support system for the family as a whole. For more information contact Lori Christy Home Visitor at 503-390-9494.

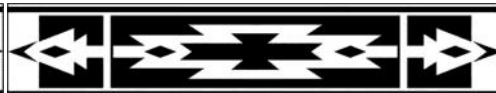


### Tribal Children Need Foster Parents!

Do you love children? Do you value Siletz Tribal Native culture and want to help preserve it? If so, please consider Fostering for the Tribe. The Siletz Tribe needs loving, stable, nurturing homes in all areas. If you are interested, please contact:

Indian Child Welfare Program (ICW) (541) 444-8236 or 800-922- ext. or visit at:

[www.ctsi.nsn.us/icw.html](http://www.ctsi.nsn.us/icw.html)



**Need a new Tribal ID card?? The ID machine will be at the Planning meeting on February 20th. Pick a new one up while you attend!**

## Parking at the Portland Area Office (PAO)

When visiting the Portland Area Office, please note that **Blue** parking spaces are for Siletz Tribal Members, Staff and Visitors. Overflow parking is available on SE 128th Ave.

# Community Health



## Wellness Lunch & Support Group

On the 3rd Wednesday of every month, we provide a yummy diabetic friendly meal and focus our discussions/conversations on Health, wellness and a variety of related topics. Questions? Call your Portland Community Health Advocate, Andrew Johanson at (503) 238-1512

All tribal members and their families are welcome to join us on:

**Wed., Feb. 19th. 2020  
Noon to 2:00 PM**

better or sleep better.

Some people want to be active because it helps them lose weight or it gives them a chance to spend time with friends. Identify which physical activity benefits you value. This will help you personalize the benefits of physical activity.

### Be Active with Friends & Family

Friends and family can help you stay active. For example, go for a hike with a friend. Take dancing lessons with your spouse, or play ball with your child. The possibilities are endless.

The above article originates from the National Heart, Lung and Blood Institute; part of the U.S. department of Health and Human Services. To view the entire article please go visit:

[www.nhlbi.nih.gov/health-topics/physical-activity-and-your-heart](http://www.nhlbi.nih.gov/health-topics/physical-activity-and-your-heart)

## New Over the Counter Medications (OTC's)

The Community health program has added new OTC's to the list of existing medications we distribute. In addition to all other medications we now also have:

- Artificial Tears (eye lubricant)
- Alcohol swabs
- Gas drops
- Docusate Sodium (stool softener)
- Vitamin A & D ointment
- Desitin

## February is American Heart Month

### Make Physical Activity Part of Your Daily Routine



You don't have to become a marathon runner to get all of the benefits of physical activity. Do activities that you enjoy, and make them part of your daily routine. If you haven't been active for a while, start low and build slow. Many people like to start with walking and slowly increase their time and distance. You also can take other steps to make physical activity part of your routine.

### Personalize the Benefits

People value different things. Some people may highly value the health benefits from physical activity. Others want to be active because they enjoy recreational activities or they want to look





# Special Trainings & Presentations at The Siletz Portland Area Office!

477/SSP Siletz Tribal Home Visiting Program is coordinating monthly Trainings/Presentations on a variety of topics each month in all of our area offices. These are open to the community and anyone is welcome to join.

## **-FEBRUARY'S PRESENTATION IS GIVEN BY ELI GROVE, EMERGENCY PREPAREDNESS COORDINATOR-**

Eli Grove is the Emergency Preparedness Coordinator for the Confederated Tribes of Siletz Indians. Please join us on February 13th at 10am for Eli's presentation on Emergency Preparedness! Anyone is welcome and encouraged to attend. This is good information for everyone, regardless of your role at work or at home. Please stop by and ask questions, share concerns or just listen and take home some prizes!

### Presentation agenda:

- Presentation on Emergency Preparedness (overview and general information)
- Talk about individual preparedness (What's in your go-bag?)
- How should you prepare your family?
- Questionnaire and open discussion. How can we best prepare our Tribe for emergencies?
- Sharing local emergency plans. Where do you fit in and how to become involved.
- Questions for him....
- Questions for you.....Prizes available!

**February 13<sup>th</sup> 2020 10am—Noon at the Portland Area Office**

Light snacks provided

Please contact Jessica Hibler, 477/SSP coordinator | (541) 484-4234 if you have any questions

## **-ATTENTION ALL SILETZ TRIBAL ARTISTS-**

Nesika Illahee Pow-Wow is once again having a logo contest for the upcoming Pow-Wow in August 2020. All Siletz Tribal artists are encouraged to submit a Pow-Wow themed logo.

The winning logo artist will receive a cash prize of \$300 and a professional banner with your logo. The winning artist will have their logo highlighted on the Nesika Illahee Pow-Wow flyers and merchandise.

Please submit your artwork to the Cultural Education Director's office at the Tribal Community Center or mail it to:

Confederated Tribes of Siletz Indians  
ATTN: Pow-Wow Logo Contest  
PO Box 549  
Siletz, OR 97380-0549

All entries must be received no later than March 2, 2020.

Published by the  
**Confederated Tribes of  
 Siletz Indians of Oregon  
 Portland Area Office**

**Portland Area Office**  
 12790 SE Stark St., Suite 102  
 Portland, OR 97233

**Phone: (503) 238-1512**  
**Fax: (503)238-2436**

**Hours:**  
 Mon—Friday  
 8:00 AM—4:30 PM

[www.ctsi.nsn.us](http://www.ctsi.nsn.us)



**EAGLE t'a'-lhki**



## 2020 COLLEGE STUDENTS SUMMER INTERNSHIP PROGRAM DEADLINE

Students attending college can apply for the Tribe's 2020 College Students Summer Internship Program. To be eligible, you must be at least a half-time student attending a two-year or four-year college and in good academic standing.

Applications will be mailed to known students, but if you do not receive an application, please contact Assistant General Manager, Tina Retasket or the education specialists at any Tribal area office to request an application.

This program assists Tribal students with locating internship placements to gain work experience in their field of study. Up to Ten slots are available for 2020.

Students can work up to 360 hours at Tribal minimum wage (currently \$12.75/hour) and can be placed within or outside of the Tribe.

Students selected for the program must complete an orientation, criminal history background check and drug screening (Note: The Tribe does not recognize Oregon laws allowing the use of medical or recreational marijuana).

Placements can begin in June, but must be completed by Sept. 30, 2020.

Students should send a completed application and an unofficial copy of transcripts to:

By Mail  
 CTSI

Attn: College Internship Program  
 P.O. Box 549  
 Siletz, OR 97380-0549

By Email  
[collegeinterns@ctsi.nsn.us](mailto:collegeinterns@ctsi.nsn.us)

By Fax  
 541-444-2307

Deadline for applications to be received at the Siletz central administration building is **4:30 p.m. on March 13, 2020.**



## Portland Area Office Staff:

Name/ Title	Contact Information
Rebecca Downey Area Office Supervisor	(503) 238-1512, X1419 <a href="mailto:rebeccad@ctsi.nsn.us">rebeccad@ctsi.nsn.us</a>
Katy Holland Education Specialist	(503) 238-1512, X1418 <a href="mailto:katyh@ctsi.nsn.us">katyh@ctsi.nsn.us</a>
Andrew Johanson Community Health Advocate	(503) 238-1512 x1413 <a href="mailto:andrewj@ctsi.nsn.us">andrewj@ctsi.nsn.us</a>
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## Other Numbers:

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