

# Portland Potlatch

JANUARY 2020

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This is how the Portland Area Tribal Members and their families celebrated Christmas together. We all had a great time and would like to thank Mr. & Mrs. Native Santa, NARA, Two Girls Catering, the 477, Education, Community Health Programs and Enrollment for your contributions as well as Tribal Council. Most of all, thank you Portland Area Tribal Members for bringing your families to the Christmas party. We enjoyed seeing you!



**Happy  
New  
Year!  
2020**

Happy Holidays from the  
Portland Area Office staff!



More pictures on page 12

## Community News



### Elders Shopping Days!

**January 8th and 22nd at 10 AM**

Please call your area elders representative, Angelina Artiago (503) 760-3899 at a minimum of 48 hours prior or earlier to reserve your seat on the bus.

### Low Income Home Energy Assistance Program (LIHEAP) 2019-2020

#### What is LIHEAP?

• LIHEAP (Low-Income Home Energy Assistance Program) is a Federally-funded program that helps low-income households with their home energy bills.

To find out if you qualify please call PAO and make an appointment with Dianna Edenfield (503)238-1512.

What you need to bring to your appointment:

- Tribal ID or CIB.
- Social Security cards for ALL household members.
- Income documentation (pay check stubs, etc.) for all household members over 18.
- Your most current original utility bill.



### Tribal Member and Family Craft Night

Thursday, January 23rd  
5-7pm

The Portland Area Office would like to invite all Tribal Members and their families to a craft night in the PAO Community Room. Materials for the crafts as well as a light meal will be provided. More information will be provided in the next few weeks.

Please RSVP to Rebecca Downey, Katy Holland or Dianna Edenfield by January 21st at (503)238-1512 if you plan on participating so that we can be prepared with materials and have plenty of food. We hope to see you there!

## Behavioral Health

### Thinking about winter:

Winter is underway, but, the days are already starting to lengthen again. There is certainly something to be said about finding the silver lining—yes, it is harder to get out, harder to motivate, but the darkest day is behind us!

### Here are some strategies for helping pull yourself out of the ‘winter blues’:

- 1) “Spring cleaning” during the winter is a good way to help keep yourself from feeling scattered during the holidays. Studies show that a cluttered house stems from a cluttered mind more often than not. Take an hour or two and devote it to finally taking those bags of clothes to your favorite charity, organizing those desk drawers you keep meaning to get to, etc...
- 2) Try and make time to socialize somehow; eat lunch with coworkers instead of alone, spend a family meal at the table instead of in front of the TV, or go to that annual party even though perhaps you’re just not quite feeling in the mood.

### PAO/ SAO Winter Open House:

The PAO gathering was a big success, with lots of families coming out to create crafts, get pictures with Santa and Mrs. Claus, and eat the lovely catered meal. The SAO gathering was also a great success, with families gathering for crafts and some delicious home-cooked foods. Mental Health Specialist Rachel enjoyed baking cupcakes, and working on a wire horse wreath instead of the traditional swag.

### Mental Health Specialist services include:

Gottman-style couples counseling, adventure-based group therapy, youth, adult and family counseling with emphasis in experiential

healing and person-centered therapy. The winter is an important time to address mental health issues, so, please make an appointment today. Rachel is currently accepting new clients, and can see Siletz Tribal Members, their family and descendants, members of other tribes and their descendants, and she can even accept and bill OHP.

### Traditional Coping

For the people of the Siletz tribe, winter is a good time to spend extra time with our Elders, making sure they have firewood, are getting to the store, and are eating healthy. Smudging can be helpful to remove negative energies. Going to a talking circle can be a good way to connect, as well as giving us a safe place to say what is really draining our energy or causing us pain. For many, winter is a time of reflection, and visiting a cemetery and other sacred places to be amongst our ancestors can bring us peace and strength.



## Most Often Requested Numbers

Siletz Clinic	(800) 648-0449	Chemawa Clinic	(800) 452-7823
Siletz Admin	(800) 922-1399	Chinook Winds	(888) 244-6665
CTSI, Eugene Area Office	(541) 484-4234	CTSI, Salem Area Office	(503) 390-9494
NARA	(503) 224-1044	NAYA	(503) 288-8177

### Portland Area Office

Mondays & Tuesdays  
(503) 238-1512  
X1417

### Salem Area Office

Wednesdays & Thursdays  
1-(503) 390-9494  
x1864

## Behavioral Health — Alcohol & Drug Program

### New Years and your Recovery.

New Years is an emotional time for everyone. Whether it is thinking of new resolutions and how you're going to keep them or how you're just going to get through the holiday without using or drinking. Feelings that commonly come up around this time are; possibly sadness, regret, loss, joy and hope because of reflecting back on how your year has gone. One thing is certain; there will be opportunities for overdoing it with parties and festivities and for those in recovery possible relapse potential.

Here are some tips to get through this particular holiday.

- Make a new resolution and throw your own clean and sober party. This will support you and your recovery and will help others with their sobriety as well. It's considered service work and giving back in a way which will make you feel good too.
- If you must attend a party, plan ahead. Make sure you have a plan to leave and give yourself a timeline to stay.

This is so you don't test your own resolve and temptation. Often times that's a losing battle especially those in early recovery.

- Call a sponsor or a good support friend if you feel the thoughts of using creep in. Just to keep you grounded in your commitment to recovery and a healthy lifestyle.
- Don't burden yourself with making New Year's resolutions that will stress you out and are unrealistic. This often sets people up for failure and adds unnecessary stress that you really don't need.

Remember this day will pass and you will still have to join life the next day, so weigh your options and think through what happens when you make the decision to let loose and drink or use. Chances are it's not how you want to start your year. Be safe and remember you are worth your recovery!



**Recognize  
Acknowledge  
Forgive Change**

If you or someone you know needs substance abuse treatment, recovery is possible. For drug and alcohol information and treatment referral call Andulia WhiteElk

**Help is  
Available &  
Confidential**

## Purchased Referred Care (PRC)

### Need to Call Purchased Referred Care (PRC)?

If you have questions about your eligibility for Siletz, Contract Health Services (CHS), please call your assigned PRC technician. Please call (800) 628-5720. A technician is assigned to you by your last name. Please

refer to the list below to determine who you need to speak with when contacting contract health.

**Gail Barker**      **A—G X 1329**  
**Chrissy Marceau**      **H—O X 1622**  
**Joella Strong**      **P—Z X 1329**

## 477 Self-Sufficiency Program

### Creative And Native (CAN)

**January's CAN Meeting is:  
Thursday, January 9th, 2019  
1:30—3 PM**

Come meet and learn from others like you self who are working toward their goals!

Light snacks and coffee are served.

If you have any questions please call the program staff at PAO and speak with Tamra Russell or Anna Renville at (503) 238- 1512.

### 477 Self Sufficiency Mission Statement

To assist eligible clients in attaining self-sufficiency. The 477 Self Sufficiency Program will serve the following groups as they work towards this goal:

- Siletz Families
- Native American

- Alaskan Native
- Native Hawaiian

The available components through the Program are cash grant services, emergency utility assistance, job training, job retention services and supportive services.

The Program Manual lists all available components in detail and the requirements of each. All components of the 477 SSP are available on a budgetary basis.

Contact a Tribal Services Specialist for more information about current components that are available.

### Your Success is Important to Us!

Contact a Tribal Services Specialist for more information about current components that are available.

If you have questions or to apply, please call the Portland Area Office (503) 238-1512 and speak with Anna Renville, or Tamra Russell.

## Natural Resources

### 2019/2020 Hunting/Fishing/Gathering Incentives

Reminder to all Siletz Tribal Members: Please report all harvests of deer, elk, salmon and shellfish to the Natural Resources Department. The name on the tag/permit will be submitted into a drawing after the seasons end and could receive one of the following Cabelas Gift Card Incentives.

**HUNTING INCENTIVES**  
\$100 - \$75 - \$50 CABELAS GIFT CARDS

**FISHING INCENTIVE**  
\$50 CABELAS GIFT CARD  
**SHELLFISH INCENTIVE**  
\$50 CABELAS GIFT CARD

Please report all harvest to:  
Mike Kennedy (541)444-8232  
mikek@ctsi.nsn.us  
Or  
Denise Garrett (541)444-8227  
deniseg@ctsi.nsn.us

# Vocational Rehabilitation (STVRP)

STVRP is here to assist members of ANY federally recognized Tribe to overcome barriers to employment. We work with individuals who have disabilities and are living within the Confederated Tribes of Siletz Indians 11 county service area.



## Examples of Services:

- Guidance and Counseling
- Referral to Services
- Employment Services
- Resume Writing
- Interviewing Techniques
- Job Coaching
- Culturally Relevant Individualized Services
- Evaluations and Assessments
- Training Placement Opportunities
- Adaptive Equipment

For more information about the STVRP, please inquire at 1-800-922-1399. Services are provided in all area offices, however to inquire about services, ask to be trans-

ferred to the office nearest you that is listed below.

### Salem Area Office:

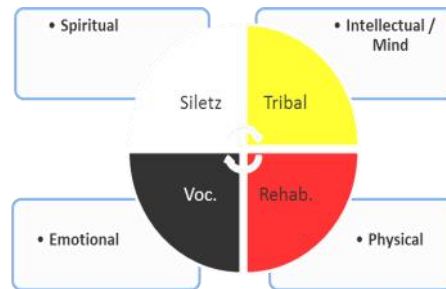
Dana Rodriguez, Program Aide;  
Toni Leja, Counselor/Job Developer  
(503) 390-9494  
3160 Blossom drive NE, ste. 105  
Salem, OR 97305

### Eugene Area Office:

(541) 484-4234  
Jeramie Martin, Program Director  
2468 West 11<sup>th</sup>, Eugene, OR 97402

### Siletz Admin. Office:

(800) 922-1399  
Rachelle Endress, Counselor/Job Developer  
201 SE Swan Ave, Siletz, OR 97380



## Section 184 Home Loans

### Who is Eligible?

- Enrolled members of federally recognized tribes, Alaska natives, and TDHE's

### Also . . .

- Credit is important, but you are not judged on your credit score
- Low down payment (can come from

savings, tribal down payment assistance programs, flexible approval processes. For more information visit:

[www.1tribal.com](http://www.1tribal.com) or call  
**(503) 610-5387**

To discuss other home buying programs offered by the Siletz tribe, contact Siletz Finance Manager, K.C. Short at (800) 9221399.

# Athabaskan Language

## Nuu-wee-ya' (Our Words)

Language class will be held on  
**Monday, January 14th, 5-7pm.**

However, if you want to learn more, many Athabaskan language lessons are available to tribal members, in print and audio at the CTSI web site at:

[www.ctsi.nsn.us](http://www.ctsi.nsn.us)

The language samples are provided for your use online. To confirm proper pronunciation go to the Siletz Talking Dictionary at:

[www.siletzlanguage.org](http://www.siletzlanguage.org)



**Blue Jay**  
**Ghit-ts'ay**

## Culture Craft Night

Ch'ee-ta' yee-li' (Feather Tying)

**Monday, January 13th, 2019 from 5-7pm**



Siletz Tribal Members of all ages are welcome. Young people under age teen need an adult to accompany and assist them.

Learn how to tie feathers for regalia and other uses. The Siletz Culture Department will provide material and instructors. If you have your own feathers/projects, please bring them.

Contact Bud Lane, [budl@ctsi.nsn.us](mailto:budl@ctsi.nsn.us); (541)444-8320 or 1-800-922-1399



## CTSI Childcare Assistance Program

CTSI Childcare Assistance Program has expanded services and can now serve children that are under the age of 13 years and who are descendants and/or dependents of enrolled tribal members. Families must reside in the eleven county service area and parents must be working or enrolled in higher education or job training. For more information or to request an application call DeAnn Brown at 541-444-2450 or 1-800-922-1399.



**Siletz Tribal College  
Information Night**

**Thursday, January 9, 2020  
5:30pm, - 7:00pm**

Learn about important deadlines and the college application process; as well as scholarships and housing grants.

**Portland Siletz Tribal Office  
12790 SE Stark Ste#102  
Portland, OR 97233  
Everyone's Welcome!**

**Funding Is Available for Youth Activities from the Tribe's Johnson O'Malley Youth Program.**

Youth can apply for funding for youth activities/registration, classes, camps, and more. For an application or if you would like more information about the program you can email Katy at [katyh@ctsi.nsn.us](mailto:katyh@ctsi.nsn.us) or call at (503)238-1512.

**File Your Free Application for Federal Financial Aid (FAFSA)**

All adults and graduating seniors who are planning on attending any type of college or training in the 2020-2021 academic school are required to file a free application for federal student aid by **January 30, 2020** to be eligible for Siletz Tribal education funds. The application is done online at:

[www.fafsa.ed.gov](http://www.fafsa.ed.gov)

Students can begin applying in now for federal financial aid. If you would like help with this please contact Katy for any questions you may have., as well as the process to apply .



**College Bound?**

If you are planning on attending college for the 2020-2021 academic school year you can begin completing your Free Application for Federal Student Aid (FAFSA) at this time. If you need assistance with this or understanding the steps necessary to apply for Tribal funding for college please make an appointment with Katy at the Portland area office. The FAFSA is one requirement for Tribal Higher Education funding—to be completed each year by the last day in January. You can fill out your FAFSA at [www.fafsa.ed.gov](http://www.fafsa.ed.gov). or visit <https://Student.ed.gov> for more information.

**Siletz Tribal Youth Council 2020**



The Siletz Tribal Youth Council will start off 2020 with a meeting on January 18 in Portland. Youth Council is truly a valuable experience that offers participants the chance to gain leadership skills, learn about culture, education, wellness, and how to give back to the community. All tribal youth, sixth grade and older, are welcome to attend and participate.

Last year Youth Council put together winter kits to help the houseless population around Portland, helped at a meadow restoration project at Mary's Peak outside of Corvallis, and toured the Long House and tribal residency hall at the University of Oregon. Each year a handful of Youth Council members (15 years and older) are selected to attend the national UNITY Conference. Conference attendees are selected by their level of participation in Youth Council events during the year, by demonstrating leadership at school and communities, and also by writing an application essay and sharing positive grade reports. The national conference this year will take place in Washington D.C from July 3<sup>rd</sup> to July 7<sup>th</sup>. Please encourage youth to attend each Youth Council Meeting as it increases their chances to attend the national UNITY conference and also helps energize Youth Council projects.

For those of you wondering how to get your youth involved, each Area Office has representatives who help organize and transport local youth. For Lincoln County youth, please contact Prevention staff Dee Butler at 541-444-9618 or Jacob Reid at 541-444-9659. For our Portland Area youth, please contact Education Specialist Katy Holland at 541-238-1512. For our Salem Area youth, please contact Education Specialist Sonya Moody-Jurado at 503-390-9494. For Eugene Area youth, please contact Education Specialist Nick Viles at 541-484-4234. Also, for further updates please follow the youth-led Facebook page: Siletz Tribal Youth Council.

Upcoming meetings are planned for February 22<sup>nd</sup>, April 20<sup>th</sup> and May 16<sup>th</sup>, locations TBA. Please reach out if you have any suggestions, questions, or would like to get your youth involved. Our youth are our future and we should help them flourish.

# January 2020

Sun	Mon	Tue	Wed	Thu	Fri	Sat
			1 New Years Day <b>Office Closed</b>	2 Make & Bake 1-4pm	3	4
5	6	7	8 Elders Shopping Day 10am	9 SSP/CAN Meeting 1:30-3pm Siletz Tribal College Information Night 5:30-7pm	10	11 Candidates Fair Aces Bar & Grill (Lincoln City) 9am-Noon
12	13 Culture Craft Night 5-7pm  Language Class 6-8pm	14	15 Wellness Luncheon 12-2pm	16	17	18
19	20 Martin Luther King Jr. Day <b>Office Closed</b>	21 Healthy Traditions Training and Presentation 1-3pm	22 Elders Shopping Day 10am	23 Tribal Family Craft Night 5-7pm	24	25
26	27	28	29	30	31	

## PAO Information



## Parking at the Portland Area Office (PAO)

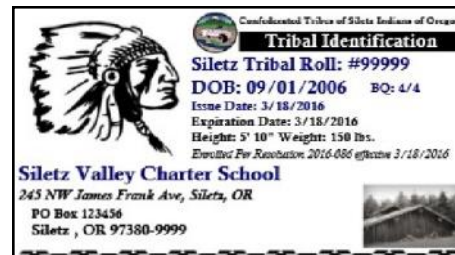
When visiting the Portland Area Office, please note that **Blue** parking spaces are for Siletz tribal members, staff and visitors. Overflow parking is available on SE 128th Ave.

## Need A New Tribal ID?

## Let PAO Help!

The Portland Area Office (PAO) is now set up to assist tribal members with obtaining their tribal ID from the enrollment department. Tribal members are encouraged to call PAO ahead of time to ensure staff are available. If you have any questions or would like to make an

appointment for an ID call Dianna Edenfield at PAO (503) 238-1512 X 1400.



## Tobacco Prevention Education Program

### Happy New Year

As we start off the New Year (2020), several people will make a resolution. Whether it's exercising, eating healthier, take a vacation, go back to school, quit smoking, etc. Many of these resolutions will require a change in lifestyle, for example; eating more fruits and vegetables, working on portion control during meals, start going to the fitness center or incorporating more physical activities into your routine.

### If you are looking at quitting smoking, here are a few tips to help with your success:

1. Make a list of reasons on why you want to "quit smoking".
2. Choose a method whether it be "cold turkey", "tapering", using a app or a texting program, nicotine replacement therapy (NRT's). There are several methods, if you need assistance or have a question, contact the Tobacco Prevention Coordinator at 541-444-9682.
3. Set a quit date. Pick a day that works for you, not a day that will be too stressful. Write it down and commit to it.
4. Let your family and friends know that you are quitting and ask them to support you on your new journey. Let them know that you may need to contact them when your going through a rough time.
5. Reward yourself. Use the money that you will save on cigarettes and treat your self to the new you. You can buy yourself something small and frequent, or save up and get something nice. **You deserve it.**

### Cancers associated with commercial tobacco use for January:

#### *Cervical Cancer:*

Cervical cancer occurs when the cells of the cervix grow abnormally and invade other tissues and organs of the body. When it is invasive, this cancer affects the deeper tissues of the cervix and may have spread to other parts of the body (metastasis), most notably the lungs, liver, bladder, vagina, and rectum.

There are two main types of cervical cancer: squamous cell carcinoma and adenocarcinoma. Each one is distinguished by the appearance of cells under a microscope.

**Squamous cell carcinomas** begin in the thin, flat cells that line the bottom of the cervix. This type of cervical cancer accounts for 80 to 90 percent of cervical cancers.

**Adenocarcinomas** develop in the glandular cells that line the upper portion of the cervix. These cancers make up 10 to 20 percent of cervical cancers.

### Commercial Tobacco Quitline

**1-800-QUIT-NOW**

**AI/AN Line now available (option 7) 1-800-7848-663**



## Home Visiting Program



third birthday. The model and curriculum we provide is called Family Spirit and was developed by the John Hopkins Center for American Indian Health. Family Spirit is Evidence based and culturally sensitive to native families. Parents gain knowledge and skills for their developing infant through 36 months of age. We also focus on goals and healthy living for parents as a support system for the family as a whole. For more information contact Lori Christy Home Visitor at 503-390-9494.

### Home Visiting

Home Visiting is a 477-SSP program for parents of infants and toddlers. The program offers support and encouragement while providing parenting and life skills for successful and positive parenting. We serve Siletz families in our 11 county service area who are expecting or have an infant less than 12 months of age, continuing until the child's



## Community Health



### Wellness Lunch & Support Group

Every month, we provide a yummy diabetic friendly meal and focus discussions/conversations on Health, wellness and a variety of related topics and end with a wellness roundtable. Questions? Call your Portland Community Health Advocate, Andrew Johanson at (503) 238-1512

All tribal members and their families are welcome to join us on:

**Wednesday, January 15th  
Noon to 2:00 PM**

### Community Health Advocacy

Your Portland Community Health Advocate, Andrew Johanson can help you with several benefits our tribe offers. Such as: Over the Counter supplements, Oregon Health Plan applications, Siletz Clinic Registrations, Infant car seats, bicycle and skate helmets, Diabetes consultations and medical transportation information.

An example of Over the Counter Medications (OTCs) the Portland Area Office distributes includes:

- Pain Relievers/Fever Reducers
- Antihistamines
- Cough Suppressants
- Antacids

- Topical Agents/Creams
- Pedialite
- Children and Adult Multivitamins
- Nasal Spray

### Caring for Teeth of Older Adults



#### What to Consider

When caring for teeth at any age, you need to make sure to take care of them properly. Brushing becomes more difficult as we age, which can result in tooth loss or increased tooth decay. Getting a toothbrush with a bigger handle can make this easier as can using an electric toothbrush. Flossing can also be more difficult. To get around this, you may want to consider using handheld flossers as they can get into tight spaces more easily than arthritic fingers.

Part of the many tribe's benefits is toothbrushes, tooth paste, and floss. Just check in with your Community Health Advocate, Andrew, at the Portland Area Office for supplies. May your teeth live a long, strong, and happy life!



### Tribal Children Need Foster Parents!

Do you love children? Do you value Siletz Tribal Native culture and want to help preserve it? If so, please consider Fostering for the Tribe. The Siletz Tribe needs loving, stable, nurturing homes in all areas. If you are interested, please contact:

Indian Child Welfare Program (ICW)  
(541) 444-8236 or 800-922- ext. or visit at:

[www.ctsi.nsn.us/icw.html](http://www.ctsi.nsn.us/icw.html)



## Special Trainings & Presentations at The Siletz Portland Area Office!

477/SSP Siletz Tribal Home Visiting Program is coordinating monthly Trainings/Presentations on a variety of topics each month in all of our area offices. These are open to the community and anyone is welcome to join.

### -JANUARY'S PRESENTATION IS FROM HEALTHY TRADITIONS-

Kathy Kentta-Robinson is the Project Coordinator for the Confederated Tribes of Siletz Indians Healthy Traditions program. She is a Siletz Tribal member and is teaching and practicing harvesting traditional foods. Healthy Traditions activities reinforce our connection to the land, rivers and sea. The practice of gathering Siletz traditional foods is preserving our traditional ecological knowledge (TEK) and passing our traditions on to our families. Please join us on January 21<sup>st</sup> to hear her speak about Healthy Traditions programming for the upcoming year.

**January 2020-** Presentation by Kathy Kentta-Robinson with Healthy Traditions

1pm-3pm Light snacks will be provided

**January 21<sup>st</sup> Portland Area Office**

**February 2020-** Presentation by Eli Grove on Emergency Preparedness

10am-12pm Light snacks provided

**February- 13<sup>th</sup> Portland Area Office**

Please contact Jessica Hibler, 477/SSP coordinator | (541) 484-4234 if you have any questions



## PCC's 21st Annual POW WOW

### VOLUNTEERS NEEDED

Saturday, January 18, 2020

The PCC Sylvania Multicultural Center needs volunteers for the following roles:

- Work kids activities area
- Sell shirts & raffle tickets
- Serve community dinner
- Oversee & monitor site
- Check-in vendors
- Check-in volunteers
- Set up event
- Clean up event

**Scholarships are available for PCC Pow Wow volunteers!**

**Volunteer Orientations:**  
Multicultural Center  
PCC Sylvania  
CC 231

For more information,  
contact **MONICA NOE**  
monica.noe@pcc.edu  
971-722-4116



If you experience disability related barriers or anticipate a need for accommodation please contact the event planner. For additional resources, or to provide feedback, please see [pcc.edu/about/accessibility/](http://pcc.edu/about/accessibility/)

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**Confederated Tribes of  
 Siletz Indians of Oregon  
 Portland Area Office**

**Portland Area Office**  
 12790 SE Stark St., Suite 102  
 Portland, OR 97233

**Phone: (503) 238-1512**  
**Fax: (503)238-2436**

**Hours:**  
 Mon—Friday  
 8:00 AM—4:30 PM

[www.ctsi.nsn.us](http://www.ctsi.nsn.us)



**EAGLE t'a'-lhki**



## How to Get Your Newsletter Faster and In Color?

All Area Office newsletters are now posted for immediate downloading at our tribal website:

[www.ctsi.nsn.us](http://www.ctsi.nsn.us)

Any tribal member who would like to be notified when the new issues is posted may contact Andrew Johanson, PAO clerk to be added to the notification email. Then you can download and print a color version with a few clicks of your computer keyboard.

## Is Your Newsletter Coming to the Right Address?



We frequently receive new mailing address lists from Enrollment. If you have not updated your new address with enrollment your newsletter could be misdirected. If you or someone you know is not currently receiving their newsletter (we send one per household), please contact Enrollment: (800) 922-1399, X1258 to update your mailing address.



## Portland Area Office Staff:

Name/ Title	Contact Information
Rebecca Downey Area Office Supervisor	(503) 238-1512, X1419 rebeccad@ctsi.nsn.us
Katy Holland Education Specialist	(503) 238-1512, X1418 kathyh@ctsi.nsn.us
Andrew Johanson Community Health Advocate	(503) 238-1512 x1413 andrewj@ctsi.nsn.us
Dianna Edenfield Area Office Clerk	(503) 238-1512, X1400/ diannae@ctsi.nsn.us
Anna Renville Tribal Service Specialist	(503) 238-1512, X1412 annar@ctsi.nsn.us
Tamra Russell Tribal Service Specialist	(503) 238-1512, X1411 tamrar@ctsi.nsn.us
Andrew Eddings Peer Recovery Mentor	Work Cell: (541) 270-9717 andrewe@ctsi.nsn.us
Rachel Adams Mental Health Specialist	(503)238-1512 X1417 rachela@ctsi.nsn.us
Andulia WhiteElk A & D Counselor	(503)238-1512 X1414 anduliaw@ctsi.nsn.us

## Other Numbers:

Name/ Program	Number	Name/ Program	Number
Bud Lane	800-922-1399	Jeremy Martin	800-922-1399
Cultural Program	X1320	Voc. Rehab. Direct.	X1385
K.C. Short	800-922-1399	Mike Kennedy	800-922-1399
Finance Manager	X1316	Natural Resources	X1232
Anita Bailor—Programs I Director/ Elders Program	800-922-1399	Angelina Artiago	(503) 760-3899
Rachel Adams	(503)390-9494	Kay Steele	(503) 760-4746
Mental Health Specialist	X1864 Salem X 1417 Portland	Portland Elder's Rep	
Angela Ramirez	(800)922-1399	DeAnn Brown	(800)922-1399
Enrollment Clerk	X 1258	Siletz HS Program	X1510