# **DRUMBEAT NEWSLETTER - AUGUST 2020**

Due to the COVID-19 virus many services are contingent upon the office being open and the ability to provide services in a way that maintains the safety of the community and staff.

# Announcements, News, and Highlights



#### **FISH DISTRIBUTION**



If you request to pick up fish for other family members you must have a note from them that includes their roll number & signature.

\*\*\* Very important - they must call in to sign up! \*\*\*

For more information, please contact Beverly at 503-390-9494.

# RENT/MORTGAGE/FOOD AND WATER/SEWER ASSISTANCE PROGRAMS FOR SILETZ TRIBAL HOUSEHOLDS

Limited rent/mortgage relief and Food assistance is available to Siletz Tribal households negatively impacted by the COVID-19 pandemic (i.e. laid off, reduction in income or hours, etc.). The rent/mortgage relief is a one-time payment to household's landlord or mortgage company. The assistance is available to Siletz Tribal members in and outside the service area.

Assistance for these programs is on a first come first served basis and funds are available until expended. Additional information and the application form can be found on the Tribe's website at: www.ctsi.nsn.us.

To find out more information on these programs, you may call or click on the "Coronavirus Updates & Resources" link on the Tribe's website and scroll to the desired program.

#### RENTAL RELIEF ASSISTANCE

Casey Godwin - (541) 444-8311 Jeanette Aradoz - (541) 444-8316

#### **COVID FOOD ASSISTANCE PROGRAM**

Danelle Smith - (541) 444-9603

#### **MORTGAGE RELIEF ASSISTANCE**

Brett Lane - (541) 444-8317 Kerry Short - (541) 444-8310

#### **WATER/SEWER ASSISTANCE PROGRAM**

Jenifer Jackson - (541) 484-4234



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# Assistance Program Received CARES Funding

The Childcare Assistance Program received CARES funding to help with COVID-19 and with this funding we amended our CCDF plan to expand eligibility for tribal families to provide more assistance during this time while we are all dealing with the fallout from COVID-19.

While we are in a declared emergency, and for 3 months after the declared emergency, co-payments will be waived, and the Income Limit to qualify for assistance is increased from 85% to 100% of the State's Grant Median Income. The maximum income limits are now:

Household (H/H) Size	Maximum Income Limit
1	\$3,410
2	\$4,459
3	\$5,508
4	\$6,557
5	\$7,606
6	\$8,655
7	\$8,852

\$9,049

To qualify, families must be living within the eleven county service area and parents must be working, looking for work, attending college, or participating in a job training program. Children must be under the age of 13 years, an enrolled member or eligible to enroll in the Confederated Tribes of Siletz Indians (CTSI), or the descendent or dependent of an enrolled CTSI tribal member.

To request an application or to find out more about our program, please call DeAnn Brown, at 1-800-922-1399 or 541-444-2450 and ask for the Childcare Assistance Program.



**LIHEAP (Low-Income Home Energy Assistance Program)** is a Federally-funded program that helps low-income households with their home energy bills once a year. To be eligible, the applicant, or a child residing in the household, must be an enrolled Siletz tribal member, reside within the 11 county service area, and must meet annual income guidelines established in the LIHEAP Benefit Matrix.

Household Size	Annual Income
1	\$24,550.00
2	\$32,103.00
3	\$39,657.00
4	\$47,201.00
5	\$54,764.00

LIHEAP Assistance: 541-444-8311



## **CTSI-Community Message**

The safety of our Community, Students, and Staff are a top priority for us. Therefore, we are moving forward with providing services in a manner that will keep you and staff safe. Beginning March 17<sup>th</sup>, until further notice, services will be provided via telephone, email and mail: Offices will be closed to walk-in clients. Payments can be made by telephone with a credit/debit card; by mail via a check or money order. There is a drop box at the rear of the Tribal Administration building to drop off payments, applications, etc. The Clinic will be closing to non-essential appointments, and will work to fulfill your needs – such as Pharmacy – in different ways. Clinic staff will reach out to you to reschedule non-critical appointments.

Our staff are working very hard to continue providing critical services to our community members. As this situation develops, we will continue to update this message.

To access these services, please call:

Siletz Community Health Clinic: (541) 444-1030

Siletz Tribal Housing: (541) 444-8322. Payments can be mailed or put in the Drop Box

**477-SSP:** (541)-444-8247

**USDA Food Program**: (541)-444-8393

Human Resources: (541)-444-8274

Indian Child Welfare (ICW): (541)-444-8272

Natural Resources: (541) 444-8227, or (541) 444-

8232

Enrollment: (541)-444-8258

Elders: (541)-444-8220

Eugene Area Office - Phone- (541)-484-4234

Portland Area Office -Phone-(503)-238-1512

Salem Area Office -Phone-(503)-390-9494

To access all other services, please visit: www.ctsi.nsn.us



#### **NOW AVAILABLE ON-THE-GO**

Access is available to all Siletz Tribal Members, Tribal Families, and CTSI Staff in ANY AREA.

Quarantine keeping you out of the gym? No problem! Stream FitnessOnDemand™ virtual workouts directly from your phone or computer, where ever you are.



- Hundreds of classes from the world's top instructors
- . Available 24/7
- Strength. Cardio. Yoga. HIIT + more!

How do I get on-the-go access!

Contact
Chris Sherrod at
541-444-9647
or
chriss@ctsi.nsn.us

# Siletz Tribal Vocational Rehabilitation Program (STVRP)

STVRP is here to assist members of **ANY** federally recognized Tribe to overcome barriers to employment. We work with individuals who have disabilities and are living within the Confederated Tribes of Siletz Indians 11 county service area.

#### **Examples of Services:**

- Guidance and Counseling
- Referral to Services
- Employment Services
- Resume Writing
- Interviewing Techniques
- Job Coaching
- Culturally Relevant Individualized Services
- Evaluations and Assessments
- Training Placement Opportunities
   Adaptive Equipment



For more information about the STVRP, please inquire at 1-800-922-1399. Services are provided in ALL area offices, however, to inquire about services, ask to be transferred to the office nearest you.

#### **EUGENE - VACANT**

SALEM - TONI LEIJA, Counselor/Job Developer

SILETZ - RACHELLE ENDRES, Counselor/Job Developer

#### **EUGENE AREA OFFICE**

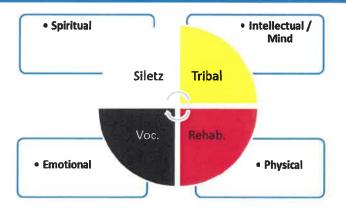
2468 West 11<sup>th</sup> Eugene, OR 97402

#### **SALEM AREA OFFICE**

3160 Blossom Dr. NE, Ste 105 Salem, OR 97305

#### SILETZ ADMIN. OFFICE

201 SE Swan Ave Siletz, OR 97380



# CTSI Resource Call Line To help connect Tribal members and their families to local resources. This could include things such as food, housing, and other essentials. Call us at 541-444-9613. We will be taking calls Monday through Friday between 9am-3pm.





# Warm Weather is on its Way!

# Cecilia Tolentino Community Health Advocate 503-390-9494 X1854 Ceciliat@ctsi.nsn.us

#### Know What These Heat-Related Terms Mean

Heat Wave: More than 48 hours of high heat (90° F or higher) and high humidity (80% relative humidity or higher) are expected.

Heat Index: A number in degrees Fahrenheit that tells how hot it really feels with the heat and humidity. Exposure to full sunshine can increase the heat index by 150 F.

Heat cramps: Heat cramps are muscular pains and spasms due to heavy exertion. They usually involve the abdominal muscles or the legs. It is generally thought that the loss of water and salt from heavy sweating causes the cramps.

Heat Exhaustion: Heat exhaustion is less dangerous than heat stroke. It typically occurs when people exercise heavily or work in a warm, humid place where body fluids are lost through heavy sweating. Fluid loss causes blood flow to decrease in the vital organs, resulting in a form of shock. With heat exhaustion, sweat does not evaporate, as it should, possibly because of high humidity or too many layers of clothing. As a result, the body is not cooled properly. Signals include cool, moist, pale, flushed or red skin; heavy sweating; headache; nausea or vomiting; dizziness; and exhaustion. Body temperature will be near normal.

Heat Stroke: Also known as sunstroke, heat stroke is life-threatening. The victim's temperature control system, which produces sweat to cool the body, stops working. The body temperature can rise so high that brain damage and death may result if the body is not cooled quickly. Signals include hot, red and dry skin; changes in consciousness; rapid, weak pulse; and rapid, shallow breathing. Body temperature can be very high --sometimes as high as 105oF.

#### **STAGES OF HEAT-RELATED ILLNESS**

Heat-related illness usually comes in stages. The signal of the first stage is heat cramps in muscles. These cramps can be very painful. If you are caring for a person who has heat cramps, have him or her stop activity and rest. If the person is fully awake and alert, have him or her drink small amounts of cool water or a commercial sports drink. Gently stretch the cramped muscle and hold the stretch for about 20 seconds, then gently massage the muscle. Repeat these steps if necessary. If the victim has no other signals of heat-related illness, the person may resume activity after the cramps stop.

#### **HEAT EXHAUSTION SYMPTOMS**

Symptoms may include: Cool, moist, pale skin (the skin may be red right after physical activity); headache, dizziness, weakness or exhaustion, and nausea; skin may or may not feel hot. Signals of the late stage of a heat-related illness (often called heat stroke) include vomiting; decreased alertness level or complete loss of consciousness; high body temperature (sometimes as high as 105° F); skin may still be moist or the victim may stop sweating and the skin may be red, hot and dry; rapid, weak pulse and rapid, shallow breathing.

# THIS LATE STAGE OF A HEAT-RELATED ILLNESS IS LIFE THREATENING. CALL 9-1-1 OR THE LOCAL EMERGENCY NUMBER.

General Care for Heat Emergencies

- I.Cool the Body
- 2.Give Fluids
- 3. Minimize Shock



FOR HEAT CRAMPS OR HEAT EXHAUSTION: Get the person to a cooler place and have him or her rest in a comfortable position. If the person is fully awake and alert, give a half glass of cool water every 15 minutes. Do not let him or her drink too quickly. Do not give liquids with alcohol or caffeine in them as they can make conditions worse. Remove or loosen tight clothing and apply cool, wet cloths such as towels or wet sheets. Call 9-1-1 or the local emergency number if the person refuses water, vomits or loses consciousness.

FOR HEAT STROKE: Heat stroke is a life-threatening situation! Help is needed fast. Call 9-1-1 or your local EMS number. Move the person to a cooler place. Quickly cool the body. Wrap wet sheets around the body and fan it. If you have ice packs or cold packs, wrap them in a cloth and place them on each of the victim's wrists and ankles, in the armpits and on the neck to cool the large blood vessels. (Do not use rubbing alcohol because it closes the skin's pores and prevents heat loss.) Watch for signals of breathing problems and make sure the airway is clear. Keep the person lying down.

#### Apply Now for Siletz Tribal Head Start

Apply now for your child to attend our Head Start Program. We have classrooms in Siletz, Lincoln City, Salem and Portland.

We give a preference for enrollment to children who are Native American, but you do not have to be Native American in order to attend our Head Start program.

Our program offers round-trip transportation, 2 meals each class day, structured learning activities to support children's school readiness skills, health screenings, family events, parent training, and services to support family success.

To apply, call us at 1-800-922-1399 or 541-444-2450 and ask for Head Start.



This institution is an equal opportunity provider.



Fun



With



Boxes





Ordering things on line? Don't toss that box just yet! Boxes are a great source of fun for infants, toddlers and children. Here are just a few ideas to get you started —let your imagination run wild.

In and Out – Toddlers love to put things in a box and then take them out. Choose whatever you like depending on the size of the box – stuffed animals, balls, small toys, cotton balls. Show your child how to put the items in and take them back out. Then let them enjoy. Chances are you will tire of this before they do.

**Picture Frame** – For young infants enjoying some tummy time tape a picture to the side of a box and place the box in front of them on the floor. The picture may be of an animal, someone they know or just something brightly colored. A simple picture without too many details work well.

Creative Canvas – Let your child use their creativity to decorate the box. Use any supplies you have and let them be creative. If you use materials that are a little messier you might want to do this outside on a nice day. Some suggestions of what you might use – stickers, crayons or markers, paint, glue on feathers, leaves, sticks, pictures, glitter, etc. When they are done the box can be used to store toys or special items or just a fun space to play in.

Quiet Space – Use a box big enough for your toddler of child to sit in. Let them take a blanket, a favorite stuffed animal, a book and just spend time relaxing.

**Transformer** – A box can become so many things – a house, a stove, a car, an airplane... You can cut out doors, windows, add wheels, whatever is needed to transform the box into something that allows your child to engage in imaginative play.

Blocks- smaller boxes can be taped shut and used as blocks to stack and build with.

What else can you do? Start saving your boxes and see what fun your child can have!



# Behavioral Health - Rachel Adams, Mental Health

#### **Currently in Summer:**

It's gotten hot, and people are looking for places to cool down. COVID-19 is complicating the matter, as it seems there will be some sort of social distancing orders for a while. There are places that are open, where one can get into nature and perhaps some cool water. People are starting to venture out to the coast, and to local rivers and lakes. Wearing a mask is strongly encouraged, if not outright a mandate at the moment. With the pandemic, comes an increase in irritability. People have been in squabbles with family members they would usually be at peace with. Try and remember this, and give a bit more understanding to those around you than you might usually do, if you can. In this heat, it is easier for our bodies to dehydrate, which is another source of irritability. To help combat that irritability, remember to drink more water than you want to, take breaks, and seek out shade to rest in.

#### **Summer Experiences:**

Historically, many activities would be held by the tribe during the summer. Due to the pandemic, these activities have largely been canceled, or turned into digital events. The CTSI Youth Facebook Page continues to be a source of connection and digital experiences for our youth. The counselor strongly encourages you to check it out with your loved ones.

#### A Word on Black Lives Matter:

I once got the opportunity to listen to Maya Angelou speak live, and it was a very inspiring moment. I would like to share a poem, and encourages those who have not read the works of Maya Angelou before, to take a look at them.

Salem Area Office
Virtual Appointments
8:00 am -4:30 pm
(503) 390-9494
x1864

Portland Area Office
Virtual Appointments
8:00 am -4:30 pm
1 - (503) 238-1512
X1417

# Excerpt from On the Pulse of Morning, by Maya Angelou:

A Rock, A River, A Tree
Hosts to species long since departed,
Marked the mastodon,
The dinosaur, who left dried tokens
Of their sojourn here
On our planet floor,
Any broad alarm of their hastening doom
Is lost in the gloom of dust and ages.

But today, the Rock cries out to us, clearly, forcefully, Come, you may stand upon my
Back and face your distant destiny,
But seek no haven in my shadow,
I will give you no hiding place down here.

You, created only a little lower than
The angels, have crouched too long in
The bruising darkness
Have lain too long
Facedown in ignorance,
Your mouths spilling words
Armed for slaughter.

The Rock cries out to us today, You may stand upon me, But do not hide your face...

#### **Traditional Coping**

Social distancing makes traditional forms of coping much more difficult. Don't forget, smudging and prayer are good ways to connect with tradition while still maintaining distance. Also, look for virtual talking circles and other such gatherings, like virtual powwows. They exist. As always, be sure to remember our Elders, making sure they stay cool and hydrated.

# 477 - Self Sufficiency Program

#### The 477-Self Sufficiency Program Is Still Providing Essential Services

The 477-Self Sufficiency Program (SSP) is open and providing essential services to eligible families and individuals residing in the CTSI 11-County Service Area. Due to Covid-19, all tribal offices are closed to the public. We are still accepting applications and conducting appointments over the phone and through email. The SSP has prioritized the following services:

- Pre-Temporary Assistance for Needy Families (Pre-TANF) / Non-Recurrent Short Term Benefits: Siletz families below 185% of the Federal Poverty Level (FPL) may be eligible for short-term financial assistance that doesn't exceed 4 months. The financial assistance is meant to provide basic needs and address short-term emergent needs;
- Regular Temporary Assistance for Needy Families: Siletz families below the countable income limits and FPL may be eligible for monthly grant assistance to meet basic needs;
- General Assistance for Single Adults: Siletz single adults below the countable income limits and FPL may be eligible for monthly grant assistance to meet basic needs;
- <u>Emergency Assistance</u>: Siletz families or single adults may be eligible for support services to prevent eviction or utility shut off. Income guidelines apply;
- <u>Classroom Training</u>: the Program is still providing financial assistance (tuition, stipends and support services) to eligible Native Americans attending GED, Higher Education or Vocational/Occupational Training.

The 477-SSP Summer Youth Employment Program (SYEP) is currently suspended for this year. Other services such as Work Experience, Direct Placement and On-the-Job Training may be available on a limited basis

If you recently lost your employment due to Covid-19 and need assistance to meet your basic needs, please contact your local CTSI Tribal Office for an application. Additional eligibility criteria apply. SSP staff will reach out to you by phone or email. You can also email <a href="mailto:477SSP@ctsi.nsn.us">477SSP@ctsi.nsn.us</a> for more information. Please include your name, phone number and the city/county you reside in.

#### **Important 477-SSP Dates to Remember:**

#### August 5th

Monthly Report Forms, Self Sufficiency Activities, Timesheets, and Job Search Forms are due

#### For More Information Contact:

Tribal Service Specialist: Angelica Espino Phone: 503-390-9494 ext. 1853 Email: Angelicae@ctsi.nsn.us

# USDA Distribution Dates for August

#### Siletz

Monday	August 3	9:00 am - 3:00 pm
Tuesday	August 4	9:00 am - 3:00 pm
Wednesday	August 5	9:00 am - 3:00 pm
Thursday	August 6	9:00 am - 3:00 pm
Friday	August 7	9:00 am - 3:00 pm



#### Salem

Monday	August 17	1:30 pm - 6:30 pm
Tuesday	August 18	9:00 am - 6:30 pm
Wednesday	August 19	9:00 am - 6:30 pm
Thursday	August 20	By appointment only

Salem Warehouse: 503-391-5760 Call the Salem Warehouse only on Salem distribution days/times specified.

#### A MESSAGE TO ALL USDA CLIENTS:

We are coming out of the COVID-19 virus protocols. We are allowing 1 client into the building at a time to do your shopping lists and to bag your own foods. If this changes, we will post it on the warehouse doors. We are accepting hand delivered application packets, but the preferred method of delivery is still email or fax.

We would like to see more people sharing their recipes on our FB page.



at "Siletz Tribal FDPIR" and share your recipes on our page.

Joyce Retherford, FDP Director joycer@ctsi.nsn.us 541-444-8393 Sammy Hall, Warehouseman/Clerk sammyh@ctsi.nsn.us 541-444-8279

Fax

Siletz: 541-444-8306 -OR - Salem: 503-391-4296

#### Fish Distribution

Siletz Tribal Members

Arriving in August!

See the front Page of this newsletter for sign up information.

If you request to pick up fish for other family members you must have a note from them that includes their roll number & signature.

\*\*\* Very important - they must call in to sign up! \*\*\*

For more information, please contact Beverly at 503-390-9494.

### **Tobacco as Tradition**

Corey Strong, NCTTP, CRM TPEP Coordinator Siletz Community Health Clinic

**Traditional Tobacco** is tobacco and/or other plant mixtures grown or harvested and used by American Indians and Alaska Natives for ceremonial or medicinal purposes.

Traditional tobacco has been used by American Indian nations for centuries as a medicine with cultural and spiritual importance. Many Tribes maintain teachings and stories on the origin of tobacco. These teachings address tobacco in its purest form, today known as the tobacco plant *Nicotiana rustica*, and may include mixtures of other native plants.

One common teaching involves the importance of having good attitudes and thoughts while working with traditional tobacco.

Traditional tobacco is a medicine, which can be used in a prescribed way to promote physical, spiritual, emotional, and community well-being. It may be used as an offering to the Creator or to another person, place, or being. A gift of traditional tobacco is a sign of respect and may be offered when asking for help, guidance, or protection. Traditional tobacco is sometimes used directly for healing in traditional medicine. It may be burned in a fire or smoked in a pipe, yet the smoke is generally not inhaled.

In many teachings, the smoke from burned tobacco has a purpose of carrying thoughts and prayers to the spirit world or to the Creator. When used appropriately, traditional tobacco is not associated with addiction and adverse health impacts.

Here are a few other examples of how tobacco was/is used for traditional purposes:

For our Hunters, traditional tobacco would be used when our people would kill an elk or deer or when we would catch a salmon or trout. Tobacco would be placed at the location or close by so we can communicate with the creator and give our thanks and appreciation "thank you for this elk or salmon as we will use it to feed our family".

For our Gatherers, traditional tobacco would be used when our people would gather

supplies so that we may use them to make our baskets, or gather traditional medicines as we use it to heal. Tobacco would be place at the location or close by so that we can communicate to the creator and give our thanks and apprecia-



tion "thank you creator for these sticks or medicines that we may use them for our baskets or medicines to help us heal".

#### Tobacco is a powerful medicine, keep it traditional.



Commercial Tobacco Quitline I-800-QUIT-NOW Al/AN Line now available (option 7) 1-800-7848-663



#### Sonya Moody-Jurado-Education Specialist

August 2020

#### **EDUCATION PROGRAM COMPONENTS**

-Higher Education -Adult Vocational Training (AVT) -Adult Education -Supplemental Education (JOM) -Tribal Youth Employment & Education (TYEE)

#### JOM

We will be distributing school supplies to JOM students. When calling in leave your student's name and what grade they will be entering. The deadline to call in for school supplies will be August 17, 2020. Please leave a phone number as well as an email address. Email is currently the best form of timely communication.



#### ADULT EDUCATION

The Adult Education program is for Siletz Tribal members, 16 years or older, who are not already enrolled in a formal education program. The Adult Education program can assist with the following: Obtaining GED, certificates, or otherwise raise levels of educational achievement through adult classes to improve employment status through education/training. There is no deadline to apply for classes. For an application, please call (503) 390-9494.

#### STUDENT INCENTIVE PROGRAM for Siletz Tribal Graduates

The Tribe has an incentives program for Tribal members reaching milestones in their education from Head Start (can only receive incentive for I year), elementary school, middle school, high school, Adult Vocational Training program and bachelor degree, master degree and doctoral degree. If you have reached one of these milestones, please fill out the Tribal Incentive form and attach a copy of your certificate or diploma. Below is where the form can be found on the Tribal website.

http://www.ctsi.nsn.us/uploads/downloads/Education/Student\_Incentive\_Program.pdf



Keep yourself and others safet Wear your mask and continue to physically distance.

# 2020-2021 Hunting and Fishing Tags Distribution Schedule

Due to the uncertainties of dealing with COVID-19, Tribal members are encouraged to call to have tags mailed to them after the first date of tag issuance (541-444-8227 or 541-444-8232)

		Number Available	Season	Data to Start Tay laws	Method of Issuance
	Type of Tag		Dates	Date to Start Tag Issuance	
Deer	Early Archery	50	8/29-9/27	8/3 at 8:00 AM at Natural Resources Office	First Come First Served*
	General Rifle	375	10/3-11/6**	8/17	First Come First Served
	Antlerless – Adult	8	10/3-11/6	Lottery applications available 8/3; due 8/28; drawing 9/8; tags issued 9/9	Lottery – Open to Elders Only
	Antlerless –Youth	8	10/3-11/8	Lottery applications available 8/3; due 8/28; drawing 9/8; tags issued 9/9	Lottery – Open to Youth Ages 12-17 Only
	Late Archery	50***	11/21-12/13	First Distribution:  10/19 at 8:00 AM at NR Office  Second Distribution:  11/2 at 8:00 AM at NR Office  (see Note 2 below)	First Come First Served*
Elk	Antierless - Youth	2	8/1-12/31	Lottery applications available 6/1; due <b>7/2</b> ; drawing 7/6; tags issued 7/7	Lottery – Open to Youth Ages 12-17 Only
	Early Archery	25	8/29-9/27	8/3 at 8:00 AM at Natural Resources Office	First Come First Served*
	1 <sup>st</sup> Season Rifle	25	11/14-11/17	Lottery applications available 8/31;	
	2 <sup>nd</sup> Season Rifle	25	11/21-11/27	due <b>9/25</b> ; drawing 10/5; tags issued 10/6	Lottery
	Antierless	11	Various sea- sons begin- ning 1/1/21	Lottery applications available 8/31; due <b>9/25</b> ; drawing 10/5; tags issued 11/30	Lottery
	Late Archery Antler- less	56	11/28-12/13	First Distribution:  10/19 at 8:00 AM at NR Office  Second Distribution:  11/2 at 8:00 AM at NR Office  (see Note 2 below)	First Come First Served*
Salmon	Salmon	200	11/1-12/30 (estimate)	8/17	First Come First Served

<sup>\*</sup> No early calls to "save" an early archery tag for someone. Must physically show up to obtain tag on first day of distribution. May call to have a tag mailed beginning on the second day of distribution.

NOTE 1: A Tribal member may obtain only ONE elk tag in their name during the 2020-2021 hunting season (bow, bull and cow tags all count towards the one tag), except as noted below.

NOTE 2: First Distribution: For hunters who have not been issued an early season deer archery tag (for deer tags) or any elk tag (for elk tags).

Second Distribution: For any eligible hunter, regardless of what other tags they have received.

<sup>\*\*</sup> Season for Youth ages 12-17 is 10/3 - 11/8 (2 additional days at end of general season)

<sup>\*\*\*</sup> Minus number of tags filled in Deer Early Bow Season. Unfilled Deer Early Bow tags must be returned to Natural Resources by 10/9.

Confederated Tribes of Siletz Indians Salem Area Office 3160 Blossom Drive NE, Suite 105 Salem, OR 97305



# Your Area Office Staff:

Andulia White Elk	Addictions Counselor	
Andrew Eddings	Peer Recovery Mentor	
Angelica Espino Tribal Services Specialis		
Antonia Leija	Voc Rehab Job Developer	
Beverly Owen	Salem Area Office Supervisor	
Cecilia Tolentino Community Health Advocate		
Dana Rodriguez	Salem Area Office Clerk	
Lori Christy	Home Visitor	
Lydia Kentta	Transporter	
Rachel Adams	nel Adams Mental Health Counselor	
Sonya Moody-Jurado Education Specialist		