

# DRUM BEAT NEWSLETTER—JANUARY 2020

3160 Blossom Drive NE, Suite 105, Salem, 97305

## Salem Area Office

(P) 503-390-9494

(F) 503-390-8099

## Announcements, News, and Highlights

### OFFICE CLOSURES IN JANUARY:

JANUARY 1 — NEW YEAR'S DAY    JANUARY 20 — MARTIN LUTHER KING DAY

**HOTEL RATES:** Chinook Winds Casino Resort hotel rates for Siletz Tribal members are the same year round! Tribal rate is now \$79.00 plus tax for a standard room and \$99.00 plus tax for a junior suite. To receive these rates, you must show tribal ID at check in.

### BE SURE TO LOOK INSIDE OUR NEWSLETTER FOR DETAILS

**477/SSP HEALTHY TRADITIONS PRESENTATION:** January 14th, 1 pm—3 pm. See the 477-Self Sufficiency Program page for additional information.

**Tribal Council Annual Candidates Fair:** Will be held January 11th, 9 am—12 pm at ACE's Bar & Grill. We hope to see you there!

**LANGUAGE CLASS:** January 14th, 6:00—8 pm at the Salem Area Office.

**COOKING MATTERS CLASSES:** This is a partnership between the 477-SSP Program and the Diabetes program. There are 6 sessions to the classes.

**HEALTH & WELLNESS FAIR:** Chemawa Indian School will be holding a Health & Wellness Fair in the gymnasium on Monday, January 27th, 2020 from 1:30 pm—3:30 pm. The Health & Wellness fair is an opportunity for students to explore a variety of ways to be healthy and make healthy choices.

**FAFSA Deadline:** Be sure to fill out the FAFSA BEFORE January 31st!

**ANNUAL TRIBAL MEETING:** January 23rd at 5 pm. Details enclosed!

# Happy 2020!

## NEW SERVICES AVAILABLE

### Mental Health Services & Life Alert

#### **MENTAL HEALTH SERVICES**

➤ **What service is available?**

Counseling Services – individual or family

Psychiatry Services

Psychology Services

Up to 8-visits annually (more if medically necessary)

➤ **Who's eligible?**

Siletz Tribal Members eligible for Purchased Referred Care (PRC),  
formerly Contract Health Services (CHS)

➤ **How do I get benefits?**

Call PRC for benefits quarterly – just like for alternative health care. You will be approved for visits based on the quarter. For example, if you see a counselor monthly, you would use three visits and call the next quarter for approval of more visits (up to 8 visits annually).

Prior to making an appointment with a counselor or psychiatrist of your choice – confirm the provider will accept PRC as payment.

Benefits are limited, first-come, first-serve.

➤ **What you need to know:**

Call in dates will be the first business day of each quarter; January 2, April 1, July 1, & October 1.

After calling PRC for benefits, the patient will receive a letter that lets them know what they are eligible for, how many visits, and the benefit \$ amount. The letter also provides information that they can give to their provider, so they are aware of the payment process.

➤ **Call PRC** at 800-628-5720 or 541-444-9648 to speak with Rhonda Attridge, PRC Tech I

## **LIFE ALERT**

- **Please contact your local Community Health Advocate (CHA) if you think you or another tribal elder could benefit from Life Alert.**

Eligibility Criteria:

Enrolled Tribal Member eligible for PRC

Work with CHA to determine need and apply for local services

- **Steps to get Life Alert:**

Contact your local CHA –

The CHA will determine if you meet the criteria for Life Alert (examples: live alone, health condition, etc.)

The CHA will assist you in applying for Life Alert at no-cost through community options. If you do not qualify for Life Alert at no-cost, the Siletz Community Health Clinic will cover the cost.

- **You may reach the Community Health Advocates at:**

Siletz – Amy Garrett or Hannah Glaser @ 541-444-1030

Salem – Cecilia Tolentino @ 503-390-9494

Eugene – Adrienne Crooks @ 541-484-4234

Portland – Verdene McGuire @ 503-238-1512



Attention All Siletz Tribal Members

It is time for our **Annual Tribal Community Meeting**

When: January 23, 2020

Where: Salem Area Office


A light meal will be served at 5:00 pm. Our meeting will begin at 5:30 pm. Please Plan to attend and share your thoughts and concerns.

Announcing the **Siletz Tribal Council Annual Candidates Fair**

To be held January 11<sup>th</sup>, 2020 at: ACE'S Bar & Grill

Lincoln City, Oregon from 9:00 am to 12:00 pm

Hope to see you there!



# Special Trainings & Presentations at the Siletz Salem Area Office!

**477/SSP Siletz Tribal Home Visiting Program is coordinating monthly Trainings/Presentations on a variety of topics each month in all of our area offices. These are open to the community and anyone is welcome to join.**

## **JANUARY'S PRESENTATION IS FROM -HEALTHY TRADITIONS-**

Kathy Kentta-Robinson is the Project Coordinator for the Confederated Tribes of Siletz Indians Healthy Traditions program. She is a Siletz Tribal member and is teaching and practicing harvesting traditional foods. Healthy Traditions activities reinforce our connection to the land, rivers and sea. The practice of gathering Siletz traditional foods is preserving our traditional ecological knowledge (TEK) and passing our traditions on to our families. Please join us on January 7th to hear her speak about Healthy Traditions programming for the upcoming year.

**January 14th, 2020- Presentation by Kathy Kentta-Robinson with Healthy Traditions**

**A light snack will be provided**

**1 pm—3 pm, Salem Area Office**

## **COMING IN FEBRUARY...**

**February 20, 2020- Presentation by Eli Grove on Emergency Preparedness**

**A Light snack will be provided**

**10 am—12 pm, Salem Area Office**

**Please contact Jessica Hibler, 477/SSP coordinator | (541) 484-4234 if you have any questions.**

# Home Visiting Program - Lori Christy

## Home Visiting

In December the Home Visiting families gathered for an evening of crafts, games and food. Everyone had a good time together and went home with ornaments for their tree.

Lori Christy, Home Visitor  
503-390-9494 x 1863  
Home Visiting Program

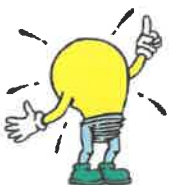


Home Visiting is for Siletz families who are expecting a baby or have an infant under the age of one. The program provides parenting and life skills for successful and positive parenting. For more information please contact Lori Christy, Home Visitor, 503-390-9494.

## Low-Income Home Energy Assistance Program 2020

**LIHEAP (Low-Income Home Energy Assistance Program)** is a Federally-funded program that helps low-income households with their home energy bills once a year. To be eligible, the applicant, or a child residing in the household, must be an enrolled Siletz tribal member, reside within the 11 county service area, and must meet annual income guidelines established in the benefit matrix, as abbreviated below:

<u>Household Size</u>	<u>Annual Income</u>
1	\$24,550.00
2	\$32,103.00
3	\$39,657.00
4	\$47,201.00
5	\$54,764.00



CALL THE SALEM AREA OFFICE TO  
SCHEDULE A LIHEAP INTAKE  
APPOINTMENT WITH  
DANA RODRIGUEZ

USDA distribution dates for *January 2020*

**Siletz**

MONDAY	JAN 6	9:00 AM-3:00 PM
TUESDAY	JAN 7	9:00 AM-3:00 PM
WEDNESDAY	JAN 8	9:00 AM-3:00 PM
THURSDAY	JAN 9	9:00 AM-3:00 PM
FRIDAY	JAN 10	9:00 AM-3:00 PM

**Salem**

TUESDAY	JAN 21	1:30 PM – 6:30 PM
WEDNESDAY	JAN 22	9:00 AM – 6:30 PM
THURSDAY	JAN 23	9:00 AM – 6:30 PM
FRIDAY	JAN 24	<b>BY APPOINTMENT ONLY</b>

Salem Warehouse  
503-391-5760  
Call only on days  
Specified here.



**We hope you all have a safe and HAPPY NEW YEAR!**

The new year is bringing more changes to the food package. USDA & our FOOD PACKAGE REVIEW BOARD is adding a 2-4 lb. boneless lamb shoulder roast to the food package. I believe this product was purchased with funds from the traditional foods grant. Not sure when we will see it in our catalogue. They are also increasing the number of vegetables that households can choose.



The expansion of the Siletz warehouse freezer is complete and it is great to have the space to order more of the frozen foods. In the past couple of months, we have added frozen peas and frozen strawberries and soon we will see frozen carrots.

We should also have copies of our new cookbook that was created using all of the recipes from our cooking demonstrations and the recipe contest that we had several years ago. They are beautiful and we will have enough to give one to each household and then we will sell extra copies if you want them.



We would like to see more people sharing their recipes on our FB page. Visit our page, "Siletz Tribal FDPIR" and share a recipe!

Joyce Retherford, FDP Director  
541-444-8393

Sammy Hall, Warehouseman/Clerk  
541-444-8279



## Education News

Sonya Moody-Jurado-Education Specialist  
January 2020



### EDUCATION PROGRAM COMPONENTS

- Higher Education
- Adult Vocational Training (AVT)
- Adult Education
- Supplemental Education (JOM)
- Tribal Youth Employment & Education Program (TYEE)

**MY OFFICE HOURS ARE MONDAY-THURSDAY 8:00 AM – 4:30 PM**

### HIGHER EDUCATION/ADULT VOCATIONAL TRAINING PROGRAM

#### HIGH SCHOOL SENIORS-

Students that are planning to attend college Fall of 2020 should be actively preparing by:

- Collecting letters of recommendations-(you will need these when applying for scholarships);
- Taking SAT/ACT test;
- Have parents do their taxes as soon as possible after the end of the year-you will need their tax information to fill out the FAFSA (financial aid application) you can use prior year income information to complete the FAFSA;
- Talking to your high school counselors about college choices.

Students that plan for college throughout their senior year are better prepared for when they graduate and transition on to college.

#### OREGON PROMISE HELPS PAY FOR COMMUNITY COLLEGE

The state is launching its Oregon Promise program—offering new high school graduates and GED recipients an opportunity to have some or all of their community college tuition covered.

#### You may qualify if you:

Graduate from an Oregon high school or complete the GED in Spring/Summer 2020. Have a 2.5 cumulative GPA or higher. Are an Oregon resident for at least 12 months prior to enrolling in a community college.

#### Steps to take:

- ◆ Complete the Oregon Promise application (online or written)
- ◆ Submit your high school transcript or GED scores
- ◆ Complete the FAFSA or its approved alternative

For more information, visit [www.OregonPromise.org](http://www.OregonPromise.org)

**ALL STUDENTS CONTEMPLATING ATTENDING SCHOOL FALL TERM, THIS INCLUDES** High School Seniors, returning students and anyone that may be interested in attending school Fall Term 2020, must fill out the FAFSA- Free Application for Federal Student Aid. **IT IS A TRIBAL PROGRAM REQUIREMENT THAT YOU FILL OUT THE APPLICATION FOR FEDERAL STUDENT AID (FAFSA) BY January 31, 2020 TO RECEIVE TRIBAL FUNDING for Fall 2020. There is no exception to this requirement.**



## FAFSA FAQ's

**Is there a cost to fill out the FAFSA application?** No, there is never a fee, as the name states it is a Free application. If you are on a site that says there is a fee, it is the wrong site. The site is [www.fafsa.ed.gov](http://www.fafsa.ed.gov)

**I don't have my taxes complete yet, what do I do?** You do not have to wait until you complete your 2019 taxes, you can use the tax information from 2018 and list on the application that it is last years income and you will update your FAFSA once you complete your taxes.

**What do I do if I miss the January 31, FAFSA deadline?** Unfortunately it is a Tribal requirement , so you would have to wait until the next school year to apply.

**I do not plan on attending school Fall term but want to go Winter Term, when would I apply?** There are two deadlines that you must meet, the January 31, FAFSA deadline and the June 30, Tribal Education application deadline.

For more information, call 800-452-8807 ext 7395 or visit [www.getcollegefunds.org/](http://www.getcollegefunds.org/)  
The website will cover the following questions and areas.

What are the [deadlines?](#)

OSAC [Early Bird](#) priority deadline:

February 15, 2020

OSAC nonpriority deadline:

March 1, 2020

On the application you would indicate Winter and Spring Terms only.

The applications for FAFSA became available October 1, 2019. Applications are available on-line at [www.fafsa.ed.gov](http://www.fafsa.ed.gov).

## SCHOLARSHIP APPLICATION SEASON IS UPON US!

**OREGON STUDENT ASSIST COMMISSION-Complete one application for over 400 scholarships**

Below is a list of some other websites that offer scholarship searches. You can also go through the search engine on the [www.fafsa.ed.gov](http://www.fafsa.ed.gov) website:

American Indian Graduate Center: <https://www.aigcs.org/scholarships-fellowships/>

American Indian Science and Engineering Society (AISESnet) [www.aises.org](http://www.aises.org)

Catching the Dream: <https://www.catchingthedream.org/>

COBELL Scholarship-<https://cobellscholar.org/>

College Board [www.collegeboard.com](http://www.collegeboard.com)

FastWEB- [www.fastweb.com](http://www.fastweb.com)



## ADULT EDUCATION

The Adult Education program is for Siletz Tribal members, 16 years or older, who are not already enrolled in a formal education program. The Adult Education program can assist with the following: Obtaining GED, certificates, or otherwise raise levels of educational achievement through adult classes, improve employment status through education, training, and pursuit of special interest classes. There is no deadline to apply for classes. For an application, please call me at (503) 390-9494.

## *New Years and Your Recovery - Andulia White Elk*

New Years and your Recovery.

New Years is an emotional time for everyone. Whether it is thinking of new resolutions and how you're going to keep them or how you're just going to get through the holiday without using or drinking. Feelings that commonly come up around this time are; possibly sadness, regret, loss, joy and hope because of reflecting back on how your year has gone. One thing is certain; there will be opportunities for overdoing it with parties and festivities and for those in recovery possible relapse potential.

Here are some tips to get through this particular holiday.

- ◆ Make a new resolution and throw your own clean and sober party. This will support you and your recovery and will help others with their sobriety as well. It's considered service work and giving back in a way which will make you feel good too.
- ◆ If you must attend a party, plan ahead. Make sure you have a plan to leave and give yourself a timeline to stay. This is so you don't test your own resolve and temptation. Often times that's a losing battle especially those in early recovery.
- ◆ Call a sponsor or a good support friend if you feel the thoughts of using creep in. Just to keep you grounded in your commitment to recovery and a healthy lifestyle.
- ◆ Don't burden yourself with making New Year's resolutions that will stress you out and are unrealistic. This often sets people up for failure and adds unnecessary stress that you really don't need.

Remember this day will pass and you will still have to join life the next day, so weigh your options and think through what happens when you make the decision to let loose and drink or use. Chances are it's not how you want to start your year. Be safe and remember you are worth your recovery!



## *Language Class - Bud Lane*

**Nuu-wee-ya' (Our Words)**

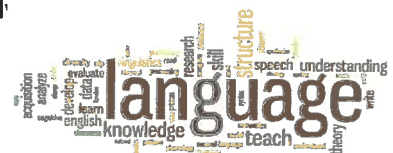
**An Introduction to the Athabaskan Language**

Classes are open to Tribal members of all ages and begin with basic instruction and progress over the year. They also are a refresher course for more-advanced students. Come and join other members of your community and Tribe in learning to speak one of our ancient languages. Classes are held month!

**Salem Area Office**

**January 14**

**6:00 pm—8:00 pm**



Bud Lane, Siletz Cultural Department, 800-922-1399 x 1320, budl@ctsi.nsn.us

## *Childcare Assistance Program - DeAnn Brown*

CTSI Childcare Assistance Program has expanded services and can now serve children that are under the age of 13 years and who are descendants and/or dependents or enrolled tribal members. Families must reside in the eleven county service area and parents must be working or enrolled in higher education or job training. For more information or to request and application call **DeAnn Brown** at **541-444-2450** or **1-800-922-1399**.

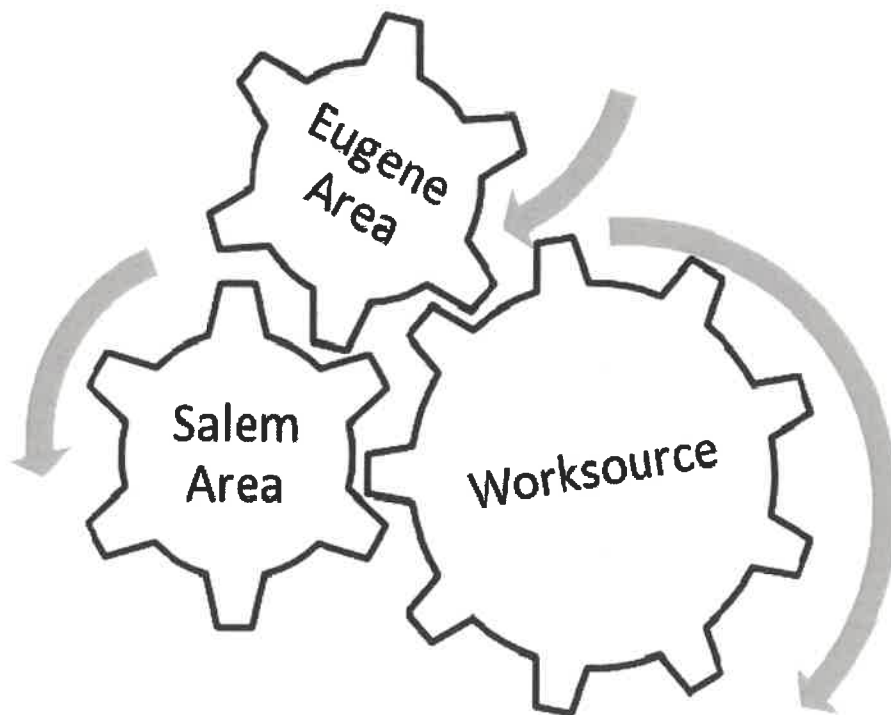
## *Connectivity Through Accessibility*

Worksource Oregon in Albany has partnered with Self-Sufficiency (477) and Siletz Tribal Vocational Rehabilitation Program to provide direct service access to federally enrolled tribal members. There will be a Siletz employee from the two programs at the following office location on:

**THURSDAYS**  
**9:00 AM—12:30 PM**  
**ALBANY WORKSOURCE**  
**139 4TH AVE SE**  
**ALBANY, OR 97321**

This service is to provide connectivity to Tribal members through accessibility, ease of access, and advocacy. Please visit during the above times to obtain information, seek ser-

services, and/or visit with us. If you have further questions please contact **Jeramie Martin** at **541-444-8385** or simply visit the center.



# 477 - Self Sufficiency Program

The 477-Self Sufficiency Program offers a variety of services on a budgetary basis. For Siletz Tribal Members we offer Temporary Assistance for Needy Families (TANF), General Assistance for Single Adults (GASA), Emergency Assistance, and Diverted Services. We also offer the following programs to any Native American (enrolled in a federally recognized tribe or descendant of a federally recognized tribe). Classroom Training, Work Experience, Direct Placement, Summer Youth Employment Program, and On the Job Training. Participants in 477-Self Sufficiency Program must meet the eligibility requirements.

## Important 477-SSP Dates to Remember:

**January 1<sup>st</sup>-5<sup>th</sup>**

Monthly Contact Appointments

**January 5<sup>th</sup>**

Monthly Report Forms, Self Sufficiency Activities Time Sheets, and Job Search Forms are due

**January 8<sup>th</sup>, January 15<sup>th</sup>, January 22<sup>nd</sup>, January 29<sup>th</sup>**  
Cooking Matters Classes

11:00 am -1:00 pm or 5:30 pm -7:30 pm (Must RSVP)

Location: Hee Hee Illahee RV Resort

**January 14<sup>th</sup>**

Health Traditions Presentation

Time: 1:00 pm- 3:00 pm

Location: Salem Area Office

## Cooking Matters Classes

The 477-SSP program is partnering with the Diabetes program in hosting a 6 session cooking matters class in the day and evening time. Class dates will be 1/8/2020, 1/15/2020, 1/22/2020, 1/29/2020, 2/5/2020, and 2/12/2020. Day time sessions: 11.00am-1.00pm and evenings sessions:

5.30-7.30pm

**Space is limited, call Angelica to reserve a spot or with any questions.**

477/SSP Siletz Tribal Home Visiting Program is coordinating monthly Trainings/Presentations on a variety of topics each month in all of our area offices. ***These are open to the community and anyone is welcome to join.***

## HEALTHY TRADITIONS PRESENTATION

Kathy Kentta-Robinson is the Project Coordinator for the Confederated Tribes of Siletz Indians Healthy Traditions program.

She is a Siletz Tribal member and is teaching and practicing harvesting traditional foods. Healthy Traditions activities reinforce our connection to the land, rivers and sea. The practice of gathering Siletz traditional foods is preserving our traditional ecological knowledge (TEK) and passing our traditions on to our families. Please join us on January 14<sup>th</sup> to hear her speak about Healthy Traditions programming for the upcoming year.

**Date: January 14, 2020**

**Time: 1:00 pm-3:00 pm**

**Location: Salem Area Office**

## WorkSource Oregon

The 477-Self Sufficiency Program and Siletz Tribal Vocational Rehabilitation Program have partnered with the WorkSource Oregon office in Albany.

On Thursdays from 9:00am-12:30pm there will be a staff from either the Salem or Eugene's 477-S.S.P. or S.T.V.R.P. present. This service is to provide connectivity to Tribal members through accessibility, ease of access, and advocacy.

## For More Information Contact:

Angelica Espino, Tribal Service Specialist

Phone: 503-390-9494 ext.1853

Email: Angelicae@ctsi.nsn.us

## Behavioral Health

### Thinking about winter:

Winter is underway, but, the days are already starting to lengthen again. There is certainly something to be said about finding the silver lining—yes, it is harder to get out, harder to motivate, but the darkest day is behind us!

### Here are some strategies for helping pull yourself out of the ‘winter blues’:

- 1) “Spring cleaning” during the winter is a good way to help keep yourself from feeling scattered during the holidays. Studies show that a cluttered house stems from a cluttered mind more often than not. Take an hour or two and devote it to finally taking those bags of clothes to your favorite charity, organizing those desk drawers you keep meaning to get to, etc...
- 2) Try and make time to socialize somehow; eat lunch with coworkers instead of alone, spend a family meal at the table instead of in front of the TV, or go to that annual party even though perhaps you’re just not quite feeling in the mood.

### PAO/ SAO Winter Open House:

The PAO gathering was a big success, with lots of families coming out to create crafts, get pictures with Santa and Mrs. Claus, and eat the lovely catered meal. The SAO gathering was also a great success, with families gathering for crafts and some delicious home-cooked foods. Mental Health Specialist Rachel enjoyed baking cupcakes, and working on a wire horse wreath instead of the traditional swag.

### Mental Health Specialist services include:

Gottman-style couples counseling, adventure-based group therapy, youth, adult and family counseling

with emphasis in experiential healing and person-centered therapy. The winter is an important time to address mental health issues, so, please make an appointment today. Rachel is currently accepting new clients, and can see Siletz Tribal Members, their family and descendants, members of other tribes and their descendants, and she can even accept and bill OHP.



### Traditional Coping

For the people of the Siletz tribe, winter is a good time to spend extra time with our Elders, making sure they have firewood, are getting to the store, and are eating healthy. Smudging can be helpful to remove negative energies. Going to a talking circle can be a good way to connect, as well as giving us a safe place to say what is really draining our energy or causing us pain. For many, winter is a time of reflection, and visiting a cemetery and other sacred places to be amongst our ancestors can bring us peace and strength.

*Rachel Adams, Mental Health Specialist*

#### Portland Area Office

Mondays & Tuesdays

(503) 238-1512

X1417

#### Salem Area Office

Wednesdays & Thursdays

1-(503) 390-9494

x1864

# Siletz Tribal Vocational Rehabilitation Program (STVRP)

STVRP is here to assist members of **ANY** federally recognized Tribe to overcome barriers to employment. We work with individuals who have disabilities and are living within the Confederated Tribes of Siletz Indians 11 county service area.

## Examples of Services:

- Guidance and Counseling
- Referral to Services
- Employment Services
- Resume Writing
- Interviewing Techniques
- Job Coaching
- Culturally Relevant Individualized Services
- Evaluations and Assessments
- Training Placement Opportunities



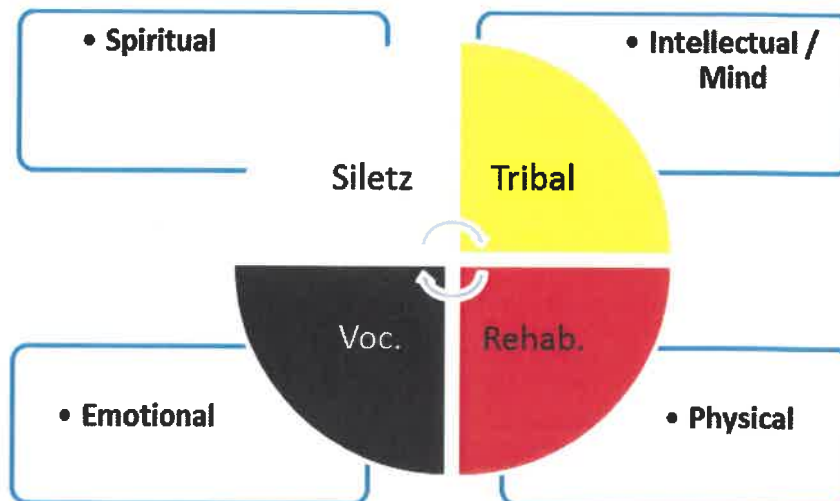
For more information about the STVRP, please inquire at 1-800-922-1399. Services are provided in ALL area offices, however, to inquire about services, ask to be transferred to the office nearest you listed below.

<b>EUGENE AREA OFFICE</b> 2468 West 11 <sup>th</sup> Eugene, OR 97402	<b>SALEM AREA OFFICE</b> 3160 Blossom Dr. NE, Ste 105 Salem, OR 97305	<b>SILETZ ADMIN. OFFICE</b> 201 SE Swan Ave Siletz, OR 97380
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**EUGENE** – **JERAMIE MARTIN**, Program Director

**SALEM** - **TONI LEIJA**, Counselor/Job Developer

**SILETZ** – **RACHELLE ENDRES**, Counselor/Job Developer



# Happy New Year!

As we start off the New Year (2020), several people will make a resolution. Whether it's exercising, eating healthier, take a vacation, go back to school, quit smoking, etc. Many of these resolutions will require a change in lifestyle, for example; eating more fruits and vegetables, working on portion control during meals, start going to the fitness center or incorporating more physical activities into your routine.

If you are looking at quitting smoking, here are a few tips to help with your success:

1. Make a list of reasons on why you want to "quit smoking".
2. Choose a method whether it be "cold turkey", "tapering", using a app or a texting program, nicotine replacement therapy (NRT's). There are several methods, if you need assistance or have a question, contact the Tobacco Prevention Coordinator at 541-444-9682.
3. Set a quit date. Pick a day that works for you, not a day that will be too stressful. Write it down and commit to it.
4. Let your family and friends know that you are quitting and ask them to support you on your new journey. Let them know that you may need to contact them when your going through a rough time.
5. Reward yourself. Use the money that you will save on cigarettes and treat your self to the new you. You can buy yourself something small and frequent, or save up and get something nice. **You deserve it.**

## CANCERS ASSOCIATED WITH COMMERCIAL TOBACCO USE FOR JANUARY

### **Cervical Cancer:**

Cervical cancer occurs when the cells of the cervix grow abnormally and invade other tissues and organs of the body. When it is invasive, this cancer affects the deeper tissues of the cervix and may have spread to other parts of the body (metastasis), most notably the lungs, liver, bladder, vagina, and rectum.

There are two main types of cervical cancer: squamous cell carcinoma and adenocarcinoma. Each one is distinguished by the appearance of cells under a microscope.

**Squamous cell carcinomas** begin in the thin, flat cells that line the bottom of the cervix. This type of cervical cancer accounts for 80 to 90 percent of cervical cancers.

**Adenocarcinomas** develop in the glandular cells that line the upper portion of the cervix. These cancers make up 10 to 20 percent of cervical cancers.



**Commercial Tobacco Quit Line 1-800-QUIT NOW**  
**AI/AN Line now available (option 7) 1-800-784-8663**

Confederated Tribes of Siletz Indians  
Salem Area Office  
3160 Blossom Drive NE, Suite 105  
Salem, OR 97305



**YOUR AREA OFFICE STAFF:**

ANDULIA WHITE ELK	ADDICTIONS COUNSELOR
ANDREW EDDINGS	PEER RECOVERY MENTOR
ANGELICA ESPINO	TRIBAL SERVICES SPECIALIST
ANTONIA LEIJA	VOC REHAB JOB DEVELOPER
BEVERLY OWEN	SALEM AREA OFFICE SUPERVISOR
CECILIA TOLENTINO	COMMUNITY HEALTH ADVOCATE
DANA RODRIGUEZ	SALEM AREA OFFICE CLERK
LORI CHRISTY	HOME VISITOR
LYDIA KENTTA	TRANSPORTER
RACHEL ADAMS	MENTAL HEALTH COUNSELOR
SONYA MOODY-JURADO	EDUCATION SPECIALIST