# **DRUMBEAT NEWSLETTER - March 2020**

Salem Area Office:

3160 BLOSSOM DRIVE NE, SUITE 105, SALEM, 97305

(P) 503-390-9494

(F) 503-390-8099

# Announcements, News, and Highlights

**HOTEL RATES:** Chinook Winds Casino Resort hotel rates for Siletz Tribal members are the same year round! Tribal rate is now \$79.00 plus tax for a standard room and \$99.00 plus tax for a junior suite. To receive these rates, you must show tribal ID at check in.

## Look inside for details on the following classes, presentations or programs

LANGUAGE AND CULTURE CLASS - March 10, 5 pm—8 pm, Dentalium Stringing.

**COLLEGE STUDENTS SUMMER INTERNSHIP PROGRAM** - Deadline to sign up for this wonderful opportunity is March 13th at 4:30 pm.

**FAMILY FISHING CAMP OPPORTUNITY** - CTSI has partnered with the NW Steelheaders Association and the National Wildlife Federation to offer Siletz limited, full scholarships for one youth and one adult to learn fishing skills, March 13-15th. Lodging, food and equipment will be provided. Apply at:

https://nwsteelheaders.salsalabs.org/familyfishcamp2020/index.html

CHILD CARE ASSISTANCE - The CTSI Childcare Assistance Program has expanded services and can now serve children that are under the age of 13 years and who are descendants and/or dependents or enrolled tribal members. Families must reside in the eleven county service area and parents must be working or enrolled in higher education or job training. For more information or to request and application call **DeAnn Brown at 541-444-2450 or 1-800-922-1399**.

**Soap Making Class** - This is a natural cold press soap making process and will be held on March 26th. Call for available slot times and to reserve your spot.

**JOM Spring Break Activities** - There are 3 JOM sponsored events scheduled for Spring Break. Call to sign up to reserve your spot. Transportation is limited.

**10 WARNING SIGNS OF ALZHEIMER'S** - Learn more about 10 common warning signs and what to watch for in yourself and others, March 10th, 2 pm—4 pm.

LIHEAP (Low-Income Home Energy Assistance Program) is a Federally-funded program that

helps low-income households with their home energy bills once a year. To be eligible, the applicant, or a child residing in the household, must be an enrolled Siletz tribal member, reside within the 11 county service area, and must meet annual income guidelines established in the LIHEAP Benefit Matrix.

Call Dana Rodriguez, Salem Area Office Clerk, to schedule a LIHEAP intake or for income guideline information

## **Community Health News**



## SOAP MAKING CLASS

When: Thursday, March 26th (Call for hours offered)

Where: Salem Area Office

Learn the basics of natural cold process soap making. Working in groups, participants will create soap with a customized scent and soap additives such as dried herbs and color, that you will take home. The Workshop will cover basic soap chemistry, lye safety, tools, colorants and scents.

This class is open to our Siletz tribal member households if minors attend, they must be 10+ years of age and have an adult present to assist due to the mixing and handling of lye. Soap supplies are limited so please sign up to reserve your spot.

Call Cecilia or Dana at the Salem Area Office, 503-390-9494, to register or for more information.

#### Over the counter medications - OTC

The Salem Area Community Health advocate distributes over the counter medications (OTC's) to Siletz tribal members to alleviate current temporary symptoms.

OTC'S are subject to availability and are listed below.

Antihistamines

Antacids

Multi vitamins children/adults

Pain relievers/fever reducer-infant/child/adult
 Cough suppressant, expectorant

Pedi lite

Coricidin

•Hydrocortisone cream 1%

Triple Antibiotic ointment

For more information please contact Cecilia at 503.390.9494 or by email ceciliat@ctsi.nsn.us

## Siletz Tribal Youth Helmet Program

Siletz Tribal member youth and legal dependents of a Siletz tribal member are eligible to receive a bicycle or skateboard helmet. Please call or email Cecilia at the Salem Area Office to schedule an appointment time.

# Siletz Tribal Child Passenger Seat Program

Car seat assistance is available to Siletz Tribal member children and legal dependents of Siletz tribal members. Please call or email Cecilia at the Salem Area Office to schedule an appointment time.

# Native Quit Line now available in Oregon

The Confederated Tribes of Siletz Indians is proud to join other Tribal communities in Oregon to say NO to commercial tobacco. If you or someone you know needs help to quit smoking, vaping or chewing commercial tobacco, call 1-800-QUIT-NOW and press "7" for the Native Quit Line. This is a free service that draws on indigenous values to help you quit. Below are a few answers to questions you may have.

#### Q: How much does the Native Quit Line service cost?

**A:** The service is free of charge.

# Q: Are there any pay out-of-pocket costs? What if I don't have insurance, or my insurance does not cover this?

**A:** This is a free program for all Tribal community members living in Oregon. All program materials, including coaching calls and medications, are free.

#### Q: how often can I use the Native Quit Line?

A: you will have seven (7) schedule sessions with a Quit Coach, and unlimited calls to the Native Quit Line for additional support. You can re-enroll for free if you need help again in the future.

#### Q: How old do you have to be to use the Native Quit Line?

**A:** This program is for people 18 years or older. For youth under 18, the Oregon Quit Line provides support tailored specifically for young people ages 13—17 years old.

### Q: What medications does the Native Quit Line use to help people quit commercial tobacco?

A: We use nicotine gum and the nicotine patch. These are safe and proven to help people quit commercial tobacco. When combined with Native Quit Line services and support, your chances of success increase even further. Medications are provided free of charge when you sign up for the Native Quit Line program. It takes 7—10 days for the medication to arrive. For all other FDA-approved tobacco cessation medications, please reach out to your health care providers.



Commercial Tobacco Quitline 1-800-QUIT-NOW
Al/AN Line now available 1-800-784-8669 (option 7)

# 2020 College Students Summer Internship Program Deadline

Students attending college can apply for the Tribe's 2020 College Students Summer Internship Program. To be eligible, you must be at least a half-time student attending a two-year or four-year college and in good academic standing.

Applications have been mailed to known students, but if you did not receive an application, please contact Assistant General Manager, Tina Retasket, or the education specialists at any Tribal area office to request an application.

This program assists Tribal students with locating internship placements to gain work experience in their field of study. Up to Ten slots are available for 2020.

Students can work up to 300 hours at Tribal minimum wage (currently \$12.75/hour) and can be placed within or outside of the Tribe.

Students selected for the program must complete an orientation, criminal history background check and drug screening (Note: The Tribe does not recognize Oregon laws allowing the use of medical or recreational marijuana).

Placements can begin in June, but must be completed by Sept. 30, 2020.

## Students should send a completed application and an unofficial copy of transcripts to:

By Mail By Fax By Email

CTSI 541-444-2307 collegeinterns@ctsi.nsn.us

Attn: College Internship Program

P.O. Box 549

Siletz, OR 97380-0549

Deadline for applications to be received at the Siletz central administration building is 4:30 p.m. on March 13, 2020.

# Language & Culture Craft Night - Bud Lane

Nuu-wee-ya' (Our ₩ords)

An Introduction to the Athabaskan Language Class

Classes are open to Tribal members of all ages and begin with basic instruction and progress over the year. They also are a refresher course for more-advanced students. Come and join other members of your community and Tribe in learning to speak one of our ancient languages. Classes are held monthly. This class will include the culture craft of Dentalium stringing.

Salem Area Office March 10

5:00 pm-8:00 pm



Bud Lane, Siletz Cultural Department, 800-922-1399 x 1320, budl@ctsi.nsn.us

Sonya Moody-Jurado Education Specialist Monday-Thursday 8:00 am—4:30 pm

## **Education News**

## March 2020

## **EDUCATION PROGRAM COMPONENTS**

-Higher Education

-Adult Vocational Training (AVT)

-Adult Education

-Supplemental Education (JOM)

-Tribal Youth Employment & Education Program (TYEE)

## **JOM SPRING BREAK ACTIVITIES**

Transportation to JOM sponsored events will be limited to JOM students 9 years old and up. Youth attending without a chaperone will have priority for transportation, and depend on available space. Sign-ups are required for all events.

SPLASH WAVE POOL

March 23, 2020

Please call Sonya to sign up, transportation is limited.

**OMSI** 

March 25, 2020

Please call Sonya to sign up, transportation is limited.

PORTLAND AUDUBON SOCIETY

March 26, 2020

Please call Sonya to sign up, transportation is limited.







## HIGHER EDUCATION/ADULT VOCATIONAL TRAINING PROGRAM

The next term that we will be funding will be Fall Term 2020. The deadline for Fall Term is June 30, 2020. All documentation has to be turned in by that date to have your application considered complete. For an application please call Sonya at (503) 390-9494 or applications are available on our Tribal website at <a href="https://www.ctsi.nsn.us">www.ctsi.nsn.us</a> Applications are date stamped by the date of completion.

## **ADULT EDUCATION**

The Adult Education program is for Siletz Tribal members, 16 years or older, who are not already enrolled in a formal education program. The Adult Education program can assist with the following: Obtaining GED, certificates, or otherwise raise levels of educational achievement through adult classes, improve employment status through education, training, and pursuit of special interest classes. There is no deadline to apply for classes. For an application, please call (503) 390-9494, or applications are available on the Tribal website at <a href="https://www.ctsi.nsn.us">www.ctsi.nsn.us</a>



We have the TURBO TAX program available for use at the Siletz Salem Area Office to prepare your taxes. We cannot provide tax advice or help in filling out your return; we offer the program for use. Please call before coming in to make sure the program is available for use.

# Siletz Tribal Vocational Rehabilitation Program (STVRP)

STVRP is here to assist members of **ANY** federally recognized Tribe to overcome barriers to employment. We work with individuals who have disabilities and are living within the Confederated Tribes of Siletz Indians 11 county service area.

### **Examples of Services:**

- Guidance and Counseling
- Referral to Services
- Employment Services
- Resume Writing
- Interviewing Techniques
- Job Coaching
- Culturally Relevant Individualized Services
- Evaluations and Assessments
- Training Placement Opportunities



For more information about the STVRP, please inquire at 1-800-922-1399. <u>Services are provided in ALL area offices</u>, however, to inquire about services, ask to be transferred to the office nearest you listed below.

**EUGENE AREA OFFICE** 

2468 West 11<sup>th</sup>

Eugene, OR 97402

**SALEM AREA OFFICE** 

3160 Blossom Dr. NE, Ste 105

Salem, OR 97305

SILETZ ADMIN. OFFICE

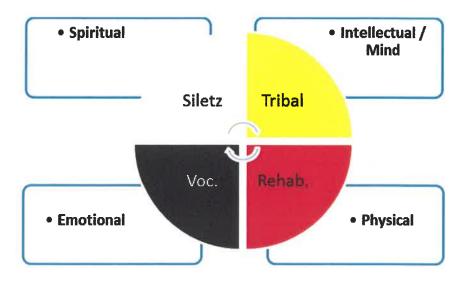
201 SE Swan Ave

Siletz, OR 97380

**EUGENE** - JERAMIE MARTIN, Program Director

SALEM - TONI LEIJA, Counselor/Job Developer

SILETZ - RACHELLE ENDRES, Counselor/Job Developer



## Connectivity Through Accessibility

Worksource Oregon in Albany has partnered with Self-Sufficiency (477) and Siletz Tribal Vocational Rehabilitation Program to provide direct service access to federally enrolled tribal members. There will be a Siletz employee from the two programs at the following office location on:

THURSDAYS
9:00 AM—12:30 PM
ALBANY WORKSOURCE
139 4TH AVE SE
ALBANY, OR 97321

This service is to provide connectivity to Tribal members through accessibility, ease of access, and advocacy. Please visit during the above

Salem Area Worksource

times to obtain information, seek services, and/or visit with us. If you have further questions please contact Jeramie Martin at 541-444-8385 or simply visit the center.

# The Relationship between Seasonal Affective Disorder and Substance Abuse

Seasonal affective disorder, or SAD, is a <u>form of depression</u> that affects some people at about the same time each year, usually beginning in the late fall or early winter and dissipating in the spring or summer. SAD is associated with biochemical brain changes that occur with decreased sunlight and changes to a person's internal clock (also known as their <u>circadian rhythm</u>). When the dark days come, and the symptoms of SAD present themselves, some people may self-medicate with substances. A lack of energy may cause some to turn to stimulants. Others may seek to numb the pain of depression with drugs like opioids or alcohol. Research has shown that some individuals with alcoholism misuse alcohol seasonally, so they may be self-medicating SAD. Approximately 50% of all people who struggle with a mental health disorder will also experience a substance use disorder at some point.

Self-medicating with substances may lead to addiction. Additionally, the use of alcohol and drugs may worsen the symptoms of SAD, so while self-medicating may feel like it's effective in the mom-

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-ment, it may worsen depressive symptoms overall and set the person on a path to a substance use disorder.

Per the Anxiety and Depression Association of America, about 20% of Americans with an anxiety or mood disorder, such as SAD, also struggle with a substance use disorder, and vice versa. According to the National Institute on Drug Abuse, approximately 50% of all people who struggle with a mental health disorder will also experience a substance use disorder at some point. The American Psychiatric Association, about 5% of adults in the U.S. suffer from seasonal affective disorder, and they usually experience symptoms roughly 40% of the year; however, SAD occurs less often in people who live in places with more hours of sunlight in the winter. Generally, the farther one lives from the equator, the more likely they are to develop SAD. According to one study, less than 2% of people surveyed in Florida experienced SAD, as opposed to almost 10% of those surveyed who lived in New Hampshire.

While anyone who thinks they may have SAD should seek professional treatment, there are some things you can do to help relieve symptoms.

- Get outside. Aim to get more natural sunlight.
- Open the blinds. Try to get more sunlight in your home and work environments as well, opening up the blinds and shades to let the maximum amount of light in.
- Eat a balanced diet. Although more research is needed, eating a diet high in vegetables, fruits, and fish may decrease the likelihood of feeling depressed.
- Get moving. Several studies have indicated that exercise may be beneficial for individuals with SAD.
- Seek out support. Lean on friends and family when possible. Seasonal affective disorder often leaves people with the urge to withdraw socially, but it's usually better to spend time with others and let them help you. Having a trusted loved one to talk to may help improve your mood.

It is common to feel a reduction in energy and change in mood during the winter months, but if your mood is affecting your ability to take pleasure in life, or you feel like you don't have the energy to get through your day, or if you are suffering or struggling in other ways, talk to a medical professional about seasonal affective disorder. If you are misusing drugs or alcohol to alleviate your symptoms and you can't stop, don't wait to get help. Treatment programs exist that treat comorbid substance use and mood disorders.

Andulia White Elk. Addictions Counselor

Salem Area Office (503) 390-9494 X1855



Portland Area Office (503) 238-1512 X1414

## Behavioral Health



## **Preparing for Spring:**

Along with the rain, comes regrowth and new blossoms. Spring is a time to recover from our winter blues, and re-center for the summer months to come. It is a great time to start a garden, and gardening can greatly boost our mental health.

## Activities for mental health in the spring:

- Spring is a good time to start getting outdoors more.
   This is Oregon, so it may be raining, but the weather is warming and the exercise is a great mental boost.
- Grow a garden, or even just plant a few plants in a planter box to tend. Weeding is hard work, but great relief for the mind.
- 3) Don't forget about spring cleaning—get rid of that clutter and feel the relief in your head.
- 4) Toss out one bad habit, and replace it with something healthier. It takes 21 days to make a habit stick, so keep up the hard work and it will pay off!

Rachel Adams, Mental Health Specialist, has current openings. Now is a good time to come in and talk about ways to create a fresh start!

## Odd ways to boost your mental health:

- 1) Drink a cup of tea every day.
- 2) Hug a tree, or yourself, for 3 minutes.
- 3) Brush your teeth every day.
- 4) Don't watch the news, or limit this activity to times when you are not alone.
- 5) Put down your electronic device more.
- 6) Learn how to show yourself compassion like you would a dear friend.

## **Traditional Coping:**

For the people of the Siletz tribe, spring is a time to get outdoors and be in nature. It is a time for rope courses, and other adventure-based activities, such as white water rapids rafting. Traditionally, our people would be out in canoes, fishing, gathering plants needed for basket-weaving, and collecting herbs and grasses for healing and smudging.



# Salem Area Office Wednesdays

&

Thursdays (503) 390-9494 x1864

## Portland Area Office

Mondays

&

Tuesdays 1 - (503) 238-1512 X1417

# 477 – Self Sufficiency Program

THE 477-SELF SUFFICIENCY PROGRAM OFFERS A VARIETY OF SERVICES ON A BUDGETARY BASIS. PARTIC-IPANTS IN 477-SELF SUFFICIENCY PROGRAM MUST MEET THE ELIGIBILITY REQUIREMENTS.

## The following programs are for eligible Siletz tribal members:

Temporary Assistance for Needy Families (TANF): This service is available to enrolled Siletz Tribal members with dependents and families with enrolled Siletz dependents. Cash payments are provided to eligible tribal member families to assist in meeting basic needs.

General Assistance for Single Adults (GASA): This service is available to enrolled Siletz Tribal members. Cash payments are provided to eligible tribal members to assist in meeting their basic needs.

Non Needy Care Relative (NNCR): This service is for caretaker relative who is not the parent of the dependent child but may apply for Temporary Assistance for Needy Families as a needy or non-needy caretaker if they are given the care, control and supervision of the Siletz child. Non-needy caretaker relatives do not have to meet income requirements to qualify. However, if the caretaker is receiving ongoing financial assistance from the State or Tribe, the family will not be eligible for NNCR. This service is to assist with the basic needs of the Siletz tribal child.

Emergency Assistance (EA): This service is available to Siletz tribal members who meet 100 % of the Federal Poverty Level. Emergency Assistance is intended to be a one-time service to address emergent situations or basic needs, such as floods, fire, utility shut-off or housing needs to avoid eviction / homelessness.

Diverted Services: This service is available Siletz tribal members who have been employed for a minimum of 45 calendar days, are below 185% of the federal poverty level, and are at risk of losing their employment.

#### For More Information Contact:

Tribal Service Specialist: Angelica Espino Phone: 503-390-9494 ext. 1853 Email: Angelicae@ctsi.nsn.us

We also offer the following programs to any Native American enrolled in a federally recognized tribe, or the descendant of a federally recognized tribal member. that meets program eligibility requirements:

Direct Placement (DP): For those who have the opportunity for permanent, unsubsidized employment and are hired by an employer directly. It must be requested within 7 days of the hire date. Supportive services such as tools, clothing, and uniform may be provided as necessary to assure successful employment.

Classroom Training (CRT): This service is available to eligible participants to assist with obtaining a GED, one term of higher education, or vocational training or certification.

Work Experience (WEX): Paid Work Experience is available to eligible, work ready participants who lack work history, transferrable skills, little to no employment skills, and those needing new employment skills.

Core Services: Provides employment enhancement services to client such as referrals, employment coaching/counseling, etc. to become more employable.

**Re-Entry Services:** May provide support services to participants who were recently released and are transitioning to the community from incarceration.

## **Important 477-SSP Dates to Remember:**

March Ist-5th

Monthly Contact Appointments

#### March 5th

Monthly Report Forms, Self Sufficiency Activities Time Sheets, and Job Search Forms are due

#### March 11th

Mandatory SSP Training 11:00 am -1:00 pm

Location: Salem Area Office



Thanks to all who attended the Drum Making Groups.
Beautiful drums were created & everyone had such a good time!

# Attention Siletz Tribal Members Beading Group

We will begin our annual beading groups on March 9th at 3:00pm we will be meeting for 4 sessions they will be March 9th, 12th, 16th and 19th. The first week will be a teacher lead class to learn or polish up your skills using flat peyote. The second week will be to work on your projects with the support of a beading group so that participants are able to complete projects based on skill level and pace. Please call Beverly to sign up, Space is limited.



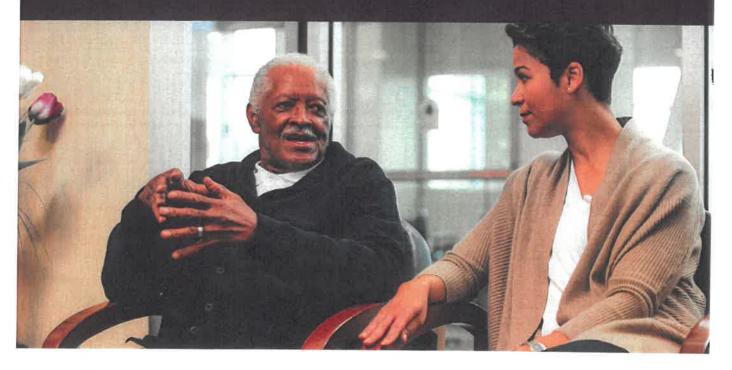


## Coming in April Another opportunity to make a hand drum!

We are working on kits to make a small 9 to 10 inch hand drum. The classes held last month were a huge success and families had a chance to make a beautiful drum. If you would be interested in putting together a small drum please call to sign up. The number of participants is limited so call soon! Contact Beverly at 503-390-9494.

# 10 WARNING SIGNS OF ALZHEIMER'S

An education program presented by the Alzheimer's Association®



Alzheimer's and other dementias cause changes in memory, thinking and behavior that interfere with daily life. Join us to learn about 10 common warning signs and what to watch for in yourself and others.

### The one-hour program covers:

- » Typical age-related changes.
- » Common warning signs of Alzheimer's.
- » How to approach someone about memory concerns.
- Early detection, the benefits of a diagnosis and the diagnostic process.
- » Alzheimer's Association resources.

Tuesday, March 10 | 2-4 p.m.

Hee Hee Illahee RV Resort 4751 Astoria St NE, Salem 97305 RV @ The Meeting Room RSVP Salem Area Office Contact: Toni Leija, (503)390-9494 ext. 1861 or 1-800-922-1399

Visit **alz.org/CRF** to register online and explore additional education programs in your area.

alzheimer's PS association

# Home Visiting

Do you need some ideas to keep your toddler active, engaged and safe while you are in the kitchen? Try some of these simple and fun high-chair activities.

**Utensil Drums** – Give your baby some kitchen utensils such as spatulas or wooden spoons. Let them "drum" and bang to their little hearts content. This one is noisy!

Rings – The metal rings on canning jars are the perfect size for baby to play with. They can put them on their wrists and wear them or bang them!

**Tape** – Use masking tape and tape some toys to the tray. Your child will have fun pulling on the tape to free the toy. Skip the toy and just put pieces of tape on the tray to pull off.







Muffin Tin Play – Put 8 or 9 objects in a muffin tin. The object can be anything safe that fits into the tins such as blocks or balls. You will want to leave a few of the spaces empty so they can transfer the objects from one space to another. Or try taping the toys in as pictured

Water Bottles – Take an empty water bottle and some straws and let your child put the straws in and out. You also can fill an empty water bottle with anything colorful that fits, feathers, buttons, toys, colored water and glitter and seal securely with tape or hot melt glue. These are fun to shake and roll.





Flour – If you are in the middle of baking let baby get involved by sprinkling a bit of flour or corn meal on the high-chair tray for them to push around. This will be messy, they will probably get it all over themselves and the floor.

Siletz Tribal Home Visiting is for parents of infants and toddlers. The program offers support and encouragement while providing parenting and life skills for successful and positive parenting. We serve Siletz families in our 11 county service area who are expecting or have an infant less than 12 months of age, continuing until the child's third birthday. For more information contact Lori Christy, Home Visitor at 503-390-9494.

## USDA distribution dates for MARCH 2020

#### Siletz

MONDAY	MAR 2	9:00 AM-3:00 PM
TUESDAY	MAR 3	9:00 AM-3:00 PM
WEDNESDAY	MAR 4	9:00 AM-3:00 PM
THURSDAY	MAR 5	9:00 AM-3:00 PM
FRIDAY	MAR 6	9:00 AM-3:00 PM



Salem

MONDAY MAR 16 1:30 PM - 6:30 PM TUESDAY MAR 17 9:00 AM - 6:30 PM WEDNESDAY MAR 18 9:00 AM - 6:30 PM

THURSDAY MAR 19 BY APPOINTMENT ONLY

Salem Warehouse: 503-391-5760 Call only on days specified here.



## **CRANBERRY BBQ SAUCE**

4		
	1 CAN CRANBERRY SAUCE*	½ CUP BROWN SUGAR
	1 SMALL ONION, DICED	1/2 TEASPOON CHIPOTLE POWDER
	¼ TEASPOON SALT	1/2 TEASPOON LIQUID SMOKE
	1 TABLESPOON GARLIC POWDER	1 CUP TOMATO SAUCE*
	2 TABLESPOONS RICE VINEGAR	

#### **DIRECTIONS:**

- 1. Sauté onion in a little butter until soft.
- 2. Place the cranberry sauce, tomato sauce, sugar, smoke, vinegar & garlic powder in a saucepan over medium heat.
- 3. Once the mixture is warm, add the onion and let it simmer for about ½ hour.
- 4. Place the mixture into a blender carafe and blend until smooth.
- 5. Put it in a jar to sit for at least a day.



at "Siletz Tribal FDPIR" and share your recipes on our page.



# Elk Tag Opportunity

The Tribal Natural Resources Department will once again be offering a limited number of Landowner Preference (LOP) elk tags to Tribal members for the 2020-2021 hunting season. As a landowner, the Tribe is eligible to participate in the State's LOP program. Based on the number of acres that the Tribe owns, we can get 6 additional antierless elk tags from the State. These LOP tags are not related to the Tribe's Consent Decree tags that we receive each year. They are based solely on the Tribe being a landowner.

There are a number of important differences between the LOP tags and the Tribe's regular tags. These are summarized in the table below.

	Tribal Tags	State LOP Tags		
State Hunting License Required?	No	Yes – Tribal member must purchase both a 2020 and a 2021 State hunting license		
Area to be Hunted	Anywhere within the spe- cific tag's hunt bounda- ries	Only on Tribal land within the unit selected during that unit's antlerless elk season. Units available include West Stott, North Alsea, South Alsea and Siuslaw		
Eligible for other State elk tags?	Yes	No*		
Give tag to another licensed Tribal member to hunt for you?	Yes	No		
Application and Selection Process	Apply to Tribe for Tribal drawing	Apply to Tribe for LOP Drawing; if selected apply to State for controlled hunt tag (list LOP unit in LOP section on State controlled hunt application)		
Obtain Tag From	Tribe	State – Tribal member must purchase hunting license and elk tag prior to the start date of the hunt		
* Note: If you are drawn for an LOP Tag you are still eligible to apply for and be drawn for a Tribal tag.				

Please note a major difference between the LOP tags and the Tribe's regular tags is <u>ON-LY</u> the person drawn for the tag can hunt that tag. The tag cannot be given to someone else to hunt for you. Only Tribal members serious about hunting an LOP tag personally are eligible to apply.

The drawing for the 6 LOP elk tags will be held at the Natural Resources Committee Meeting to be held on April 6<sup>th</sup> at 4:45 PM in the Natural Resources Department Map Room. Applications are available on the Tribal website and at the Tribal Natural Resources Office in Siletz. Completed applications are due in the Natural Resources office by **4:30 PM April 3**, **2020**. For more information regarding these tags and the differences between the Tribe's regular tags and the LOP tags, contact Natural Resources Manager Mike Kennedy at 541-444-8232.

Confederated Tribes of Siletz Indians Salem Area Office 3160 Blossom Drive NE, Suite 105 Salem, OR 97305



## Your Area Office Staff:

Andulia White Elk	Addictions Counselor
Andrew Eddings	Peer Recovery Mentor
Angelica Espino	Tribal Services Specialist
Antonia Leija	Voc Rehab Job Developer
Beverly Owen	Salem Area Office Supervisor
Cecilia Tolentino	Community Health Advocate
Dana Rodriguez	Salem Area Office Clerk
Lori Christy	Home Visitor
Lydia Kentta	Transporter
Rachel Adams	Mental Health Counselor
Sonya Moody-Jurado	Education Specialist