

Duu Lhlan Wee-ya'

Duu Lhlan Wee-ya', "not many words" or "in so many words," is mailed to Lincoln and Tillamook County Tribal members each month. Information includes youth activities, events, meetings, program updates and more.



Public Information Department

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July 2016

From the Siletz Community Health Clinic

Change in check-in times

The Siletz Clinic asks all patients with appointments to check in 15 minutes prior to your scheduled appointment time. This allows for any necessary paperwork to be completed prior to your appointment with your provider.

Thank you!

Dr. Chavez joins clinic

Please join the Siletz Community Health Clinic in welcoming Dr. Fred Chavez, our new physician.

Dr. Chavez received his diploma from the Autonomous University of Guadalajara as a physician-surgeon. He also received a certificate from New York Medical College's Fifth Pathway Program.

He has 14 years of experience and is relocating to the Siletz area from Haxtun, Colo., where he practiced at the Haxtun Family Medicine Center.

Dr. Chavez's first day at the Siletz Clinic was June 13.

To schedule an appointment with him, call 541-444-1030 or 800-648-0449.

Welcome, Dr. Chavez!

Reminder

The Siletz Clinic would like to remind parents and guardians that if you send your child to an appointment with someone other than yourself or other legal guardian, you will need to sign a Release of Information.

This gives permission for another person to bring your child to appointments and for your child's provider to discuss the child's care with them.

If you have any questions, please call 541-444-1030 or 800-648-0449.

Thank you!



Confederated Tribes of Siletz Indians Blood Drive

Shell Conference

Tuesday, July 12
10:00 AM - 3:00 PM

To schedule your appointment, contact Cynthia Druba at (541-444-9652, cynthiad@ctsi.nsn.us), Red Cross (1-800-RED-CROSS, 1-800-733-2767), or sign up at redcrossblood.org using sponsor code: **SiletzIndians**

RAPIDPASS – Save lives in less time with RapidPass! You can save up to 15 min. at your next appointment. Learn more at redcrossblood.org/RapidPass.

Prevent a summer shortage. Give blood.

Download the Blood Donor App | redcrossblood.org | 1-800-RED-CROSS | 1-800-733-2767

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CTSI Jobs

Employment information is available at ctsi.nsn.us.

Education/Youth Services/Housing Summer 2016 Activities

July

Summer Reading as scheduled
Monday-Friday Rec Games, etc. as scheduled
Wednesday Noon Ball as scheduled
Thursday swims as scheduled
7/5: Lincoln City Putt and Bat passes distributed at Tribal admin bldg. front desk, 10 a.m. until gone
7/11: Toledo Summer Festival buttons distributed at Tribal admin bldg. front desk, 10 a.m. until gone
7/12-14: Culture Camp
7/20: Sand boarding @ Sandmaster park
7/30: 2K X-box tourney, 8 p.m.-midnight @ rec center

8/12-14: Nesika Illahee Pow-Wow
8/15-17: Elite 8 Basketball Tourney
8/26: End of summer street dance, 8-11 p.m.
8/27: 2K X-box tourney, 8 p.m.-midnight @ rec center
8/29-9/2: SCHOOL SUPPLY distribution @ admin bldg., 10 a.m.-3 p.m. daily

Contact: Alissa Lane @ 541-444-8373 or alissal@ctsi.nsn.us; or Jeff Sweet at 541-444-8207 or jeffs@ctsi.nsn.us

Youth Antlerless Elk Hunt Applications Due July 8, 2016 2 Tags

Hunt runs from Aug. 1 to Dec. 31

Applications available at the Natural Resources office and on the Tribal website under Natural Resources beginning June 6

Open to Tribal youth age 12-17 who have a valid Hunter Safety Card

Call Natural Resources Manager Mike Kennedy at 541-444-8232 if you have questions.

August

Summer Reading as scheduled
Monday-Friday Rec Games, etc. as scheduled
Tuesday swims as scheduled
Wednesday Noon Ball as scheduled

General Council Meeting

Aug. 6, 2016 • 1 p.m.

Siletz Tribal Community Center
Siletz, Oregon

Call to Order
Invocation
Flag Salute
Roll Call

Approval of Agenda
Approval of Minutes

Programs
Culture – Pow-Wow
Minors' Trust Report

Tribal Members' Concerns

Chairman's Report

Announcements

Adjourn

Summer Break Weekly Schedule

Monday

Rec Games at the
Siletz Tribal Rec Center
10am – 1pm
Snacks and prizes!

Activities for Tribal
JOM youth and/or
Tribal housing
resident youth!

Thursday

Thursday Swim Day
@ Lincoln City Pool.
Leave Rec Center 12:30pm
Return home
approximately 4:30pm

Wednesday

Noon Ball @
Newport Rec Center
Leave Rec Center at
11:15am Return home
approximately 2:15pm
Ages High School +

Thursday

Weekly Rec Center Fun W/
Special Guest
@ Siletz Tribal Rec Center
11am – 2pm
Snacks provided.

All events are set unless
advertised differently.
Snacks will be provided
for each event.
Registration forms
needed for Swim Day
and Noon Ball.

Friday

Rec Games at the
Siletz Tribal Rec Center
(Siletz City Field if Sunny)
11am – 2pm
Snacks and prizes!

Sponsored by: CTSI Education & Youth Services

Contact: Jeff Sweet @ 541-444-8207 or Alissa Lane @ 541-444-8373

Elders Council Meeting

July 16 • 1-4 p.m.
Chinook Winds Casino Resort

Siletz Elder potlucks are held monthly at 6 p.m. on the Monday before the regularly scheduled Elders meeting.
Please bring a potluck dish you would like to share.

For more information, call the Elders Program at 800-922-1399, ext. 1261, or 541-444-8261.

Student Laptop Program 2016

The Central Administration office will accept applications for the Student Laptop Program beginning Aug. 1, 2016. **Early applications will not be accepted.**

This program is specifically for higher education and AVT students who meet the following eligibility requirements and have not previously received a student laptop.

- ✓ Must be an enrolled Siletz Tribal member
- ✓ Must provide copy of current term class schedule of six credit hours or more
- ✓ Must provide an unofficial transcript/grade report of successful completion of two consecutive part-time or full-time (six

credit hours or more) quarters/semesters of higher education/AVT program with a minimum 2.0 GPA

- ✓ Proof of residence required

Applications are available on the Tribe's website or by contacting April Middaugh at 800-922-1399, ext.1201, or 541-444-8201.

Siletz Youth Rafting Trip

July 6, 2016

Come pick up permission slips at Behavioral Health (basement level of the clinic)!

What: Behavioral Health will take a group of Siletz Tribal youth to go white-water rafting on the McKenzie River. Applications must be completed and returned to Behavioral Health prior to the departure date. Snacks, lunch and dinner will be provided. There are only 15 slots available, first-come first-served.

Who: Tribal Youth from 12-18 years old

Leave: Meet at Behavioral Health on Wednesday, July 6, at 8 a.m.

Return: We will be back at Behavioral Health around 9 p.m.

Bring:

- Towel
- Change of clothes
- Change of shoes (one for river, one for the return home)
- Any needed medication (i.e., inhalers)

Additional questions or concerns can be directed to Sharla Robinson or Dee Butler at 541-444-8286.

Reminders

Culture Camp: July 12-14

Registration forms available on Tribal website and at area offices

Nesika Illahee Pow-Wow

The pow-wow hiring date is Aug. 10 from 10 a.m. to 4:30 p.m. at the Tribal Community Center on Government Hill.

Run to the Rogue: Sept. 9-11

Registration forms available on Tribal website and at area offices

For questions or more information, contact Buddy Lane at 541-444-8230; 800-922-1399, ext. 1230; or buddyl@ctsi.nsn.us.

Nuu-wee-ya' (our words)

Introduction to the Athabaskan language for Tribal members of all ages

July class is at Culture Camp Siletz Tribal Community Center

For more information, contact Bud Lane at 541-444-8320 or budl@ctsi.nsn.us.

YOU CAN

QUIT SMOKING!



Public Health
Prevent. Promote. Protect.
Lincoln County

Freedom From Smoking Sign up now for FREE

Learn how to quit your craving. You can enjoy the benefits of better health, better relationships, and more money all in a caring group setting.

Learn:

- ✓ Coping Skills
- ✓ A New Self Image
- ✓ Behavior Modification Skills
- ✓ Weight & Stress Management
- ✓ About Medicines to Help You Quit
- ✓ How to Stay Smoke Free for Good

The group starts **Tuesday, August 9, at 5:30pm** and will meet every Tuesday for seven weeks with an extra class during quit week.

For information or to register, call Deb Myres at 541-574-4846 or dmyres@samhealth.org.

Group Sessions and the Open House will be held at:

Center for Health Education

740 SW 9th Street
Newport



Join us for an **Open House**

Tuesday, August 2 at 5:30pm

Find out more and learn how the program can make you a success.

Freedom from Smoking
Tobacco and your Health
Electronic Cigarettes

People who use the program are six times more likely to be smoke-free one year later than those who quit on their own.

USDA Distribution Dates for July in Siletz

Monday	July 4	HOLIDAY
Tuesday	July 5	9 a.m. – 3 p.m.
Wednesday	July 6	9 a.m. – 3 p.m.
Thursday	July 7	9 a.m. – 3 p.m.
Friday	July 8	9 a.m. – 3 p.m.

Joyce Retherford • CTSI FDPIR
541-444-8393

Lisa Paul • CTSI FDPIR
541-444-8279

CEDARR

**Community Efforts
Demonstrating the Ability
to Rebuild and Restore**

Mission Statement

Working together as a whole community, we will utilize our resources to eradicate and prevent the use of all illegal drugs, underage drinking and abusive use of alcohol, delinquency and community violence.

July 6 • Noon

**Siletz Community Health Clinic
200 Gwee-Shut Road, Siletz**

Duu Lhlan Wee-ya'
P.O. Box 549
Siletz, OR 97380-0549

**PRESORTED
FIRST CLASS
U.S. POSTAGE PAID
SILETZ, OR
PERMIT NO. 2**