## Duu Lhlan Wee-ya'

Duu Lhlan Wee-ya', "not many words" or "in so many words," is mailed to Lincoln and Tillamook County Tribal members each month. Information includes youth activities, events, meetings, program updates and more.



## Public Information Department

P.O. Box 549 Siletz, OR 97380-0549

Phone: 541-444-8291 Fax: 541-444-2307 E-mail: pias@ctsi.nsn.us

## June 2020

## All Tribal cultural events canceled for 2020

AllTribalculturalevents for 2020 have been canceled. It was avery difficult decision, but we cannot practice social distancing with the cultural events.

The Culture Department will develop several virtual activities, including a virtual Run to the Rogue and a virtual Culture Camp, on the Tribal member only section of the Tribe's website. These will include videos, photographs and historical information regarding the Run to the Rogue.

For Culture Camp, staff will develop some "how-to" videos as well as gather links to existing how-to videos on YouTube and other virtual platforms. They also will provide contact information on where Tribal members can order or purchase supplies.

Tribal members should sign in to the Tribal member only section for updates and links to information. The Tribe's website can be accessed at ctsi.nsn.us.

The Tribal Culture Department looks forward to coming together next year.

## One-time economic impact payment coming to Tribal adults

The Tribal Council has authorized a one-time economic impact payment to all Tribal members age 18 and older as of May 19, 2020. The economic impact payment may be taxable and may be countable as an income resource.

Tribal members are encouraged to make sure they have their address up to date with the Enrollment Department. You can contact them at 541-444-8258.

The economic impact payments will be mailed out by June 15.

## DO YOU NEED

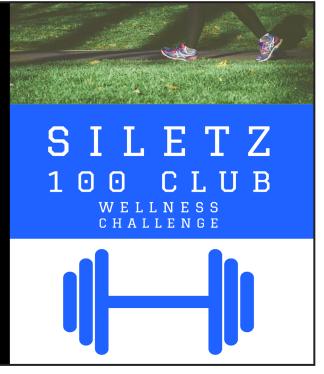
EXERCISE MOTIVATION?

THE 100 CLUB WELLNESS CHALLENGE IS AN EXERCISE MOTIVATION PROGRAM. THE GOAL IS TO REACH 100 MILES BETWEEN JUNE 1ST AND AUGUST 31ST. LOG YOUR MILES AND WHEN YOU ACHIEVE YOUR 100 MILE GOAL, YOU'LL RECEIVE AN EXERCISE PACKAGE TO CELEBRATE YOUR ACCOMPLISHMENT. IF YOU NEED A FITNESS CHALLENGE TO MOTIVATE YOU TO EXERCISE MORE, THEN TAKE THE 100 CLUB CHALLENGE TODAY!

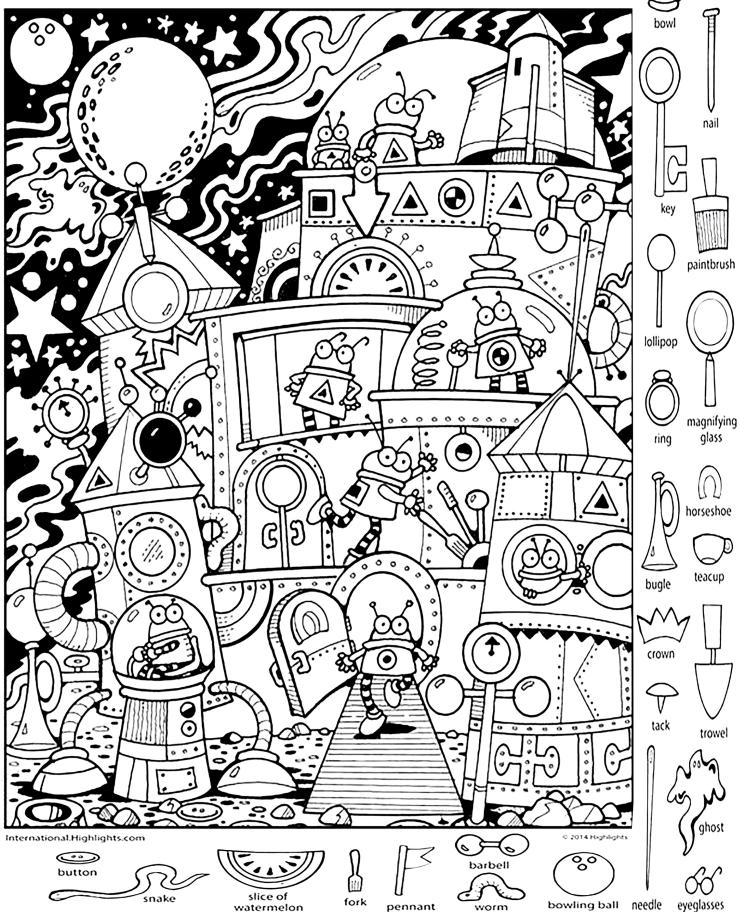
CHOOSE YOUR FITNESS GOAL AND COMPLETE USING ANY MODE OF EXERCISE. IF YOU NEED A FITNESS CHALLENGE TO MOTIVATE YOU TO EXERCISE, THEN TAKE THE 100 CLUB TODAY.

FOR MORE DETAILS OR TO SIGN UP AT WITH THE DIABETES PROGRAM:

SPACE IS LIMITED SIGN UP TODAY!



Highlights Hidden Pictures



# Community Art Challenge

HELP UPLIFT OUR TRIBAL COMMUNITY BY CREATING A WORK OF ART

The past few months have been hard on so many in our community. Beginning in May, the CTSI Youth Services Team invites you to help raise community spirits by creating a piece of artwork that encourages those around you.

You can submit any type of art

drawing poster painting essay collage video song weaving poem beadwork story animation

that you feel will help uplift our tribal community.

If you need some inspiration, you can use your artwork to answer the question "Siletz is strong because..." but submission can be up to your artistic interpretation.

Submit all entries via email to Jacobr@ctsi.nsn.us. With your submission, include the youth's age, name, and any description about the art that you'd like to share.

Age Categories

0-5 (with family help) 6-10 11-14

Prize

All submissions will receive raffle entry with a chance at winning a digital Amazon gift card.

Deadline for submission is June 30th, 2020

All art will be displayed on the CTSI Youth Facebook Page.

## CTSI Online

## YOUTH TALKING CIRCLE



Thursdays 3:30pm to 4:30pm

885-8769-9013

ZOOM ID:

For password:

Email: Jacobr@ctsi.nsn.us Call or text: 541-270-1909 This talking circle is especially fun for our grade school kids. We do show and tells, talk about culture, language, and games.

## COMMUNITY

## CTSI DRUM/SING CLASS



18-24

3:00PM TO 4:00PM THURSDAYS 6:00PM TO 7:00PM

ZOOM ID: 815-0349-3819

For Password:

Email: Jacobr@ctsi.nsn.us

Call or text: 541-270-1909

**POW WOW STYLE** 

## **General Welfare Exclusion Housing Rehabilitation Program**

## **Formerly Over-Income Rehabilitation Grant**

This program funds over-income families with a \$10,000 grant for construction rehabilitation on the primary residence they own.

The over-income grant is for eligible applicants and is limited to one grant per person/address/household. If you have already received a General Welfare Exclusion Housing Rehabilitation Grant, you are not eligible to apply.

If you have received services for the following programs, you are not eligible to apply for the General Welfare Exclusion Housing Rehabilitation Grant for five years: Down Payment Assistance, NAHASDA Rehabilitation Program, NAHASDA Elders Replacement Program, NAHASDA Rehabilitation Program for Elder Tribal Members, NAHASDA Rehabilitation Program for Disabled Tribal Members, Homeownership Program/Mutual Help and BIA Self Governance.

Rehabilitation refers to repairs or renovations to the home, but does not include appliances, saunas, hot tubs, swimming pools, driveways, fences, etc.

Over-income refers to Tribal members whose income exceeds the income limits set by the Native American Housing Assistance and Self Determination Act (NAHASDA). These are listed below:

1	2	3	Base 4	5	6	7	8
\$42,280	\$48,320	\$54,360	\$60,400	\$65,232	\$70,064	\$74,896	\$79,728

Applications, including proof of current annual income, enrollment and proof of homeownership with the Tribal member's name on it, must be submitted to the Housing office by Friday, July 31, 2020, at 4:30 p.m. Applications received after that date and time will not be accepted by the Siletz Tribal Housing Department.

Qualified applicants will be placed in the lottery drawing that will be held in August on a date approved by the Tribal Council.

If you would like an application or have any questions, please call Jeanette Aradoz at 541-444-8316.

## Fun activities for kids inside!

Duu Lhlan Wee-ya' P.O. Box 549 Siletz, OR 97380-0549

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