The Eugene Area Office Newsletter August 2021

All Siletz Tribal Offices Closed to public to limit the spread of the COVID-19 (Coronavirus). All Staff are operating on a limited basis and will return calls or emails within 48 hours. If you call, please leave a clear message with your name and phone number. The health and safety of employees, tribal members, clients and the community is important to us and we appreciate your patience during this time. Be Safe! Thank You!

The Tribe is in need of certified homes to care for Tribal Children in need of emergency, short term and long term placements.



To see how you can help please call today Siletz Tribal Indian Child Welfare Department 541-444-8272

Pharmacy MAIL ORDER SERVICE
AVAILABLE!!
WE CAN NOW PROVIDE MAIL
ORDER SERVICE TO ALL SILETZ
TRIBAL MEMBERS:

LIVING WITHIN THE 11 COUNTY SERVICE AREA

Please note that this service is **not eligible** for the **"Auto-Fill"**program. ALL "Auto-Fill"
prescriptions <u>must be</u> picked up at
the pharmacy. THANK YOU
PHARMACY STAFF

EMERGENCY HOUSING ASSISTANCE FUNDING

OPEN FOR 2021

Entire application must complete before assistance can be provided. Assistance exceed \$1,500.00 and participants may only access this program once every 3 (three) years. This program serves CTSI tribal members looking avoid foreclosure, facing eviction and those that are homeless, anywhere in the United States of America. There is no waiting list for this program. Funds will be available once funds are received each fiscal year and will be offered based on a first-come, first-served basis. When funding has been exhausted, applications will no longer be accepted. Applications are available through Siletz Tribal Housing Department, the CTSI website and all area offices

www.ctsi.nsn.us

Need Rental Housing?

The Siletz Tribal Housing Department encourages you to apply for the Low Income Rental Program waiting list:

Siletz (1, 2, 3, 4 bedroom) Lincoln City (2, 3 bedroom) Neachesna Village.

Applications can be obtained on-line from the tribal website, follow links; Tribal Services-Housing-Low Rent Apartments & Home Ownership. For any questions call:

1-800-922-1399 Ext 1322 (541) 444-8322 FAX (541) 444- 8313 www.ctsi.nsn.us

2021

Fax: 541-484-4583

Low-Income Energy Assistance
Program (LIHEAP)
~OPEN~

Crisis/ Regular heating
All Siletz Tribal Households
Crisis/Shut-off/Regular OPEN

Siletz Tribal Members and households

Contact: Casey Godwin

541-444-8311 caseyg@ctsi.nsn.us

Email Reminders

If anyone would like reminders of special meetings, cultural classes or special events, etc. Please contact Nora at Eugene Area Office to be put on email list.

Telephone: (541) 484-4234 or

email: noraw@ctsi.nsn.us

Chinook Winds Casino Resort Sign up for an electronic newsletter:

www.chinookwindscasino.com



Candace Hill, Education Specialist Education – August 2021

candaceh@ctsi.nsn.us (541) 484-4234 x1763

Higher Ed · Adult Vocational Training (AVT) · Adult Education · JOM · Tribal Youth Employment and Education (TYEE)

Meet Candace Hill, EAO's new **Education Specialist!**

Hello, my name is Candace Hill. I am the new Education Specialist for the Eugene Area Office. I am a Siletz Tribal member and have worked in Native youth education for the past four years at Chemawa Indian School. I went to college in Eugene where I spent a lot of time at the area office. I am so excited to be back! Nick Viles will continue to help me through the transition to this new position. I hope that we can get back to regular activities soon. In the meantime, please let me know how I can support you and your family with your educational needs.



Education Program Opportunities

While our area office remains closed to the public, we are still here to support you during this time. Our activities remain virtual. Below are the August highlights. If you are interested please call or email me to sign up for the Youth Activities email list or check out the CTSI youth Facebook page for upto-date announcements about online events, at home activities and more.

- **JOM** JOM offers money to help pay for extracurricular activities, sports fees, and cultural projects for youth aged 3 to 18 who are enrolled in public school and a member of a federally recognized tribe or at least ½ blood quantum. Call or email Candace for more information on how to sign up.
- Siletz Tribal Youth Activity Fund Offers up to \$150 per year to cover fees for costs related to extracurricular activities, cultural events or supplies to Siletz youth. Call or email Candace for more information on how to sign up.
- August STREAM kits Our final summer STREAM kit will be this August. Those who have already signed up do not need to resubmit an application. If you have not already signed up and wish to do so, please contact Candace to get an application. Applications are due by Sunday, August 15th.
- CTSI Youth Cultural Sharing Night Join us for modern and traditional storytelling, art, poetry, music on Thursday, August 26th. Email jacobr@ctsi.nsn.us to sign up.
- School Supplies Enrolled JOM students in Head Start to 12th grade who live within the Tribe's 11 county service area are eligible for a \$25 school supply stipend. To sign up parents will need to complete a new JOM application for the 2021-22 school year and complete a JOM Request for Services form. The deadline for the application August 6th. Please contact Candace at 541-484-4583 or candaceh@ctsi.nsn
- CTSI Virtual College Info Nights On Thursday September 23rd at 6pm there will be a virtual college information session covering topics such as applying to colleges/universities, grants and scholarships, student housing, Financial Aid/FAFSA, and important deadlines. Plus there will also be an opportunity to meet with advisors from local colleges and universities. All students of all ages and families are welcome. Please contact Candace for sign up and log in information.

Higher Ed/AVT Reminders

Applications for Higher Ed and non-clock hour AVT schools were due June 30th. Education Specialists at every area office are working hard to get in contact with schools to start awarding funds for students who met the deadlines and meet all of the program requirements. Please be on the lookout for emails or regular mail.

Adult Education applications and AVT applications for clock hour schools/programs can be turned in at any point. If you are interested in applying to these programs, contact Candace for more

information.





Graduation Incentives

The Siletz Tribal Incentive Program recognizes Siletz tribal students for their achievements. Help celebrate your child's graduation or grade promotion by submitting a copy of their diploma, GED, or report card showing the change in grade. All Higher Ed/AVT students who graduate also need to send in their diploma or certificate.

Pre K – 12 Achievement	Incentive	Higher Ed/	AVT	Incentive	
		Achievement			
Head Start/Preschool	\$10	One Year AVT		\$100	
Kindergarten	\$10	Two Year AVT		\$200	
Elementary School	\$20	AA, AS, AAOT		\$200	
Middle School	\$50	BA/BS		\$75 plus a Pendleton blanket	
High school/GED	\$100	MA		\$300	
		PhD	·	\$300 plus a Pendleton blanket	

477-Self Sufficiency Program – Essential Services during COVID

The 477-Self Sufficiency Program (SSP) is open and providing essential services to eligible families and individuals residing in the CTSI 11-County Service Area. Due to Covid-19, all tribal offices are closed to the public. We are still accepting applications and conducting appointments over the phone, through email or video conference. The SSP has prioritized the following services:

- <u>Pre-Temporary Assistance for Needy Families (Pre-TANF) / Non-Recurrent Short Term Benefits:</u> Siletz families below 185% of the Federal Poverty Level (FPL) may be eligible for short-term financial assistance that doesn't exceed 4 months. The financial assistance is meant to provide basic needs and address short-term emergent needs;
- Regular Temporary Assistance for Needy Families: Siletz families below the countable income limits and FPL may be eligible for monthly grant assistance to meet basic needs;
- General Assistance for Single Adults: Siletz single adults below the countable income limits and FPL may be eligible for monthly
 grant assistance to meet basic needs;
- <u>Emergency Assistance:</u> Siletz families or single adults may be eligible for support services to prevent eviction or utility shut off. Income guidelines apply;
- <u>Classroom Training:</u> the Program is still providing financial assistance (tuition, stipends and support services) to eligible Native Americans attending GED, Higher Education or Vocational/Occupational Training.
- <u>Childcare Assistance:</u> The Program offers childcare assistance to eligible TANF families while they engage in work or self-sufficiency activities;
- <u>Foster Care Support Services:</u> Childcare assistance to employed foster parents. The Program covers "working hours only" and limited respite.
- <u>Home Visiting:</u> The Program is accepting new families into the Early Childhood Home Visiting Program and working with current families to provide lessons in-person. Staff and families will be required to adhere to social distancing and wearing masks.
- <u>Direct Placement:</u> Support services (work clothing, transportation, tools, etc.) for Native Americans that recently gained employment. Must apply within 7-days of hire.

Other services such as Work Experience and On-the-Job Training may be available on a limited basis.

If you recently lost your employment due to Covid-19 and need assistance to meet your basic needs, please contact your local CTSI Tribal Office for an application. Additional eligibility criteria apply. SSP staff will reach out to you by phone or email. You can also email 477SSP@ctsi.nsn.us for more information. Please include your name, phone number and the city/county you reside in.



477-Self Sufficiency Program Summer Youth Program Announcement

Due to on-going concerns regarding COVID-19, the 477-Self Sufficiency Program (477-SSP) is suspending the Summer Youth Employment Program – Work Experience (WEX) component. We will offer Summer Youth Classroom Training services (CRT) if your local school district is providing summer classes. Basic eligibility requirements include but are not limited to the following:

- Youth between 14 to 24;
- 477-SSP Application for Services with supporting documentation;
- Meet income eligibility;
- Lacking education credits or below 2.0 GPA;
- Summer school registration;
- We serve Siletz Tribal youth along with members of other Federally recognized tribes and descendants;
- Reside within the CTSI 11-county service area.

If found eligible, the 477-SSP may provide assistance with tuition, fees, books, stipends and support services. Services are constantly being evaluated. Please check the CTSI website and Facebook for any updates. For more information regarding Summer Youth Classroom Training, please contact your local CTSI area office or email 477ssp@ctsi.nsn.us

Confederated Tribes of Siletz Indians Classroom Training

For federally Recognized Tribal members and descendants

Higher Education Assistance:

- Assistance with enrollment
- Tuition assistance
- Support Services for books, supplies, fees, etc.
- Education stipend (limited to 15 paid hours per week)

Vocational Education / Occupational Training

- Vocational degrees / certifications from accredited institutions
- Pre-apprenticeship / apprenticeship programs
- Occupation specific certifications / trainings

GED / Adult Basic Education

- Assistance with enrollment
- Tuition assistance
- Support Services for books, supplies, fees, etc.
- Classroom-training stipend (limited to 15 hours each week)

Apply Today!!

Must meet eligibility criteria and services are available on a budgetary basis.



Siletz Administration Office

Phone: (541) 444-8266 jamieb@ctsi.nsn.us

Eugene Area Office

Phone: (541) 484-4234 catheriner@ctsi.nsn.us

Salem Area Office

Phone: (503) 390-9494 agelicae@ctsi.nsn.us

Portland Area Office

Phone: (503) 238-1512

tamrar@ctsi.nsn.us



Siletz Tribal Yocational Rehabilitation Program (STYRP)

STVRP is here to assist members of <u>ANY</u> federally recognized Tribe to overcome barriers to employment. We work with individuals who have disabilities and are living within the Confederated Tribes of Siletz Indians 11 county service area.

Examples of Services:

- Guidance and Counseling
- Referral to Services
- Employment Services
- Resume Writing
- Interviewing Techniques
- Job Coaching
- Culturally Relevant Individualized Services
- Evaluations and Assessments
- Training Placement Opportunities
- Adaptive Equipment



For more information about the STVRP, please inquire at 1-800-922-1399. <u>Services are provided in ALL area offices</u>, however, to inquire about services, ask to be transferred to the office nearest you listed below.

SALEM AREA OFFICE

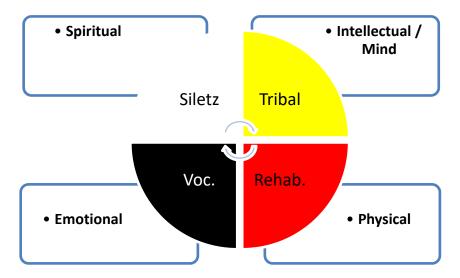
3160 Blossom Dr. NE, Ste. 105 Salem, OR 97305

SILETZ ADMIN. OFFICE

201 SE Swan Ave Siletz, OR 97380

SALEM - Toni Leija, Counselor/Job Developer

SILETZ – RACHELLE ENDRES, Counselor/Job Developer



AUGUST AWARENESS – DIGESTIVE TRACT PARALYSIS (DTP)

Digestive Tract Paralysis (DTP) or "Gastroparesis" is a partial paralysis of the stomach or the intestines or both. In DTP, undigested food stays in the stomach for days or weeks at a time and makes a person feel nauseous and experience episodes of vomiting. It can cause a lack of appetite which may lead to malnutrition, discomfort, bloating, and/or heartburn (Cleveland Clinic & CDHF).

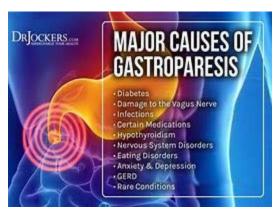
Diabetic DTP is estimated to occur in 20% to 40% of individuals with Diabetes. DTP can cause problems with blood sugar levels and nutrition. There is no cure for DTP other than to make changes to diet and take certain medications to obtain relief (Healthline).

Symptoms

- A feeling of fullness
- vomiting undigested food
- acid reflux or heartburn
- abdominal bloating or pain
- changes in blood sugar levels
- lack of appetite
- weight loss

Causes and Risk Factors

Vagus-nerve damage, stomach surgery, a nerve injury, autoimmune diseases, certain medications (i.e., narcotic pain medications) and virus infections are risk factors for DTP.



Gastroparesis Diet for Slow Stomach

Foods that are okay	Foods that are not okay			
Fat-free consommé & bouillon	Soups made with cream or whole milk			
Skim milk, low-fat yogurt, low-fat cheese	Whole milk products & cream			
White rice, egg noodles, low fat crackers	Oatmeal, whole grain rice, cereal, bread			
Eggs, peanut butter (small amount)	Beef, poultry, pork products			
Cooked vegetables without skins	Raw vegetables & vegetables with skins			
Hard candies, caramels, jelly, honey	High-fat desserts (cakes, pies, cookies)			
Frozen yogurt, fruit ice, gelatin	Fruit preserves			
Canned fruits without skins	Canned fruits with skins			
Non-citrus juices	Citrus juices			
Gatorade & soft drinks	Alcohol			

This disorder may impact an employee's job performance due to frequently missing work because of chronic episodes of DTP or disengagement and/or isolation from family, friends, and others. An employee's level of functioning may be diminished due to limitations in interpersonal skills, work tolerance, and/or work skills. Accommodations can be made such as a flexible work schedule or working from home. If you or someone you love has this condition and it's affecting their job performance, then contact Rachelle Endres, VRC – Siletz 541-444-8213, ext. 1213 or Toni Leija, VRC – Salem 503-390-9494,ext. 1861.

Home Visiting

Here is what families are saying about Home Visiting:

What I like most about participating in the home visiting program is having a scheduled time to sit and talk about what's going on with our daughter. I feel like each week, each lesson is literally spot on what we are experiencing/going through. I want to thank our Home Visitor for being a constant in our lives and reminding us that we are right where we are supposed to be in our parenthood journey, thank you for not making us feel alone!

Gracie

After our son was born I had post-partum depression. The reassurance and guidance I received helped me gain confidence. Overall the program has helped me be a better mom and have a sense of ease that I am doing it right.

Ally

I really appreciate the personal interaction. Being a mom to a little can be very hard and isolating, especially for mothers that might not have a lot of personal support. It's nice having someone who checks in with you for one and for two the family, and for three does really well helping to connect with resources. Although most of the lessons are more like reviews, or confirmation of my parenting style, there have been a few things that I have learned and added to my daily routine. One huge help has been the supplies brought for each visit.

Trechia

What I like most about participating in the home visiting program is the support my family is given and I've learned a lot about myself as a mom from this program.

Chevenne

The Home Visiting program is open to Siletz families in our 11 county service area. We serve families prenatally until the child turns 3 years old (must begin before child turns one year). Our Home Visiting program uses the Family Spirit model and curriculum developed by the John Hopkins Center for American Indian Health and is designed to increase parenting knowledge and skills, link families to resources and provide encouragement to help parents engage in positive parenting.

For more information please contact Lori Christy, Home Visitor at 503-390-9494 ext. 1863 or loric@ctsi.nsn.us.

Siletz Community Health



Siletz 1-800 Numbers

Siletz Central Office 1-800-922-1399
Siletz Community Health Clinic 1-800-648-0449
Purchased/Referred Care (PRC) 1-800-628-5720
Siletz Behavioral Health 1-800-600-5599

Siletz Community Health Clinic registration forms and Chemawa Indian Health Center applications are available at the Eugene Area Office. If you have questions regarding eligibility for services, you may contact:

EAO Community Health Advocate 541-484-4234



Oregon Health Plan (OHP) Applications

Available at the Eugene Area Office

You may qualify for the Oregon Health Plan! OHP provides health care coverage to eligible, low income Oregonians. If you would like to apply, you may stop by and pick up an application, or apply online at www.OregonHealthCare.gov

Telephone 1-800-699-9075
We are here to assist you with any questions that you may have about OHP.

Contact EAO,
Community Health Advocate, at 541-484-4234

Siletz Mail Order Pharmacy

If you need a prescription refill, please call the Siletz Community Health Clinic Pharmacy 7-10 days before you run out of your prescription. This allows the pharmacy time to contact your health care provider, if necessary, and to mail it to you.

Call **1-800-648-0449** and enter **ext.1624**. Follow the voicemail instructions. If you need assistance, you may call EAO, Community Health Advocate at 541-484-4234

Tribal Non-Emergency Medical Transportation

Do you have an appointment and are you in need of a transport? We provide transportation to and from medically related appointments as a last resort to Siletz tribal members who lack transportation. In order to determine eligibility for transport services, you can call the Siletz transport hub at least 48 hours in advance and leave a detailed message. Someone will call you back.

Transport Hub Line: 1-541-444-9633

Jeff Green, Transportation Coordinator

August is Children's Eye Health and Safety Month

Adrienne Crookes, Community Health Advocate



Healthy Living, Healthy Vision



Take Care of Yourself!

Good health is an important part of good vision.

The healthier you are, the better chance you have of avoiding risks to your eyes.

You Can Lower Your Risk of Eye Disease and Vision Loss if You:

Avoid Smoking

Quitting smoking can have many good effects on your health. Avoiding smoking can also protect the health of your eyes. By quitting smoking, you can help to possibly reduce your risk of developing several different types of eye diseases.

Eat Healthy Foods

Lifelong good nutrition may lower your risk of some eye diseases. By eating a healthy, balanced diet, you will have a better chance of staying healthy and keeping your eyes healthy.

Talk to Your Doctor Before Adding Vitamins to Your Diet

Research has suggested that a lifetime diet rich in certain dark green vegetables, such as spinach and kale, may reduce your risk of getting age-related macular degeneration. By eating healthy foods, you can lower your risk of developing other diseases, such as diabetes, which can lead to diabetic eye disease. Diabetes is also a risk factor for developing glaucoma.

Stay Active

Staying active is part of a healthy lifestyle that can improve your overall health. Exercising regularly can reduce your risk of developing problems that can lead to eye disease.

Talk to your doctor before starting an exercise program.

Control Your Blood Pressure

Controlling your blood pressure is not just a good idea for your heart. It is also a good idea for protecting your eyesight. High blood pressure can increase your risk for glaucoma. It may also increase your risk for diabetic retinopathy if you have diabetes.

Protect Your Eyes from the Sun

You already know that you need to wear sunscreen to protect your skin from ultraviolet (UV) rays when you are outdoors. But do you know that you also need to wear protective sunglasses to protect your eyes from those same UV rays? UV rays may be related to some eye diseases later in life, such as macular degeneration, cataracts and even skin cancer around the eyelids. They can also cause corneal sunburn, called photokeratitis, which can lead to temporary vision loss. Everyone who spends time outdoors should wear sunglasses and a wide brimmed hat.

For more information visit www.preventblindness.org

Safety Tips from KidsAndCars.org

KidsAndCars.org believes the solution to these preventable tragedies is a combination of education and technology. KidsAndCars.org would like all vehicles to come equipped with a system that would alert a driver if a child has been left in the vehicle. Below are some simple tips parents and caregivers can follow to prevent heat stroke tragedies.

- Never leave children alone in or around cars; not even for a minute.
- "Look Before You Lock" Get in the habit of always opening the back door to check the back seat before leaving your vehicle. Make sure no child has been left behind.
- Create a reminder to check the back seat.
 - o Put something you'll need like your cell phone, handbag, employee ID or brief case, etc., in the back seat so that you have to open the back door to retrieve that item every time you park.
 - Keep a large stuffed animal in the child's car seat. When the child is placed in the car seat, put the stuffed animal in the front passenger seat. It's a visual reminder that the child is in the back seat.
- Make sure you have a strict policy in place with your childcare provider about daycare drop-off. Everyone involved in the care of your child should always be aware of their whereabouts. If your child will not be attending daycare as scheduled, it is the parent's responsibility to call and inform the childcare provider. If your child does not show up as scheduled; and they have not received a call from the parent, the childcare provider pledges to contact you immediately to ensure the safety of your child. (this is very similar to the 'absence-line' used by most elementary, middle and high schools)
- Keep vehicles locked at all times, even in driveways or garages. Ask home visitors, child care providers and neighbors to do the same.
- Keep car keys and remote openers out of reach of children.
- If a child goes missing, immediately check the inside passenger compartments and trunks of all vehicles in the area very carefully, even if they are locked. A child may lock the car doors after entering a vehicle on their own, but may not be able to unlock them.
- If you see a child alone in a vehicle, get involved. Call 911 immediately. If the child seems hot or sick, get them out of the vehicle as quickly as possible.
- Be especially careful during busy times, schedule changes and periods of crisis or holidays. This is when many tragedies occur.
- Use drive-thru services when available (restaurants, banks, pharmacies, dry cleaners, etc.) and pay for gas at the pump.

Please share these important safety tips with your childcare providers, teachers, relatives, friends, family and neighbors... It could save a life!



SIGN UP TODAY FOR SUMMER SESSION ON-LINE LANGUAGE CLASSES

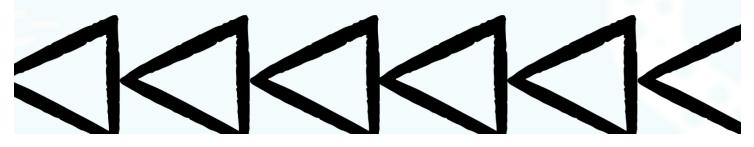


CONTINUING THRU AUGUST

THURSDAYS AT 5:00 PM-INTERMEDIATE CONVERSATION THURSDAYS AT 5:45 PM- BEGINNING CONVERSATION

AUGUST 16-20
INTENSIVE STUDY CAMP
DAILY MEETINGS TO JUMP START AT-HOME LEARNING

Please contact Nick Viles (nickv@ctsi.nsn.us) with questions and to sign up



2021 NESIKA ILLAHEE VIRTUAL POW-WOW

You can participate on the "2021 Nesika Illahee

--*-*-*-*-

Pow-Wow" group by posting a video of yourself

dancing, and sharing photos and videos from

the past, songs, prayers, stories and memories

from our beloved annual Pow-Wow.

The group will be linked to our official CTSI Facebook page. This virtual event is open to the public. We ask everyone to be kind and courteous when participating.

7-7-7-7-7-7

August 14th on Facebook





You will be able to post to the group August 10th - 14th.

Join us beforehand for other updates and pow-wow content!



Mountain Huckleberry Picking

Our potential gathering dates depending on COVID restrictions, weather, and fire danger

Saturdays August 21 & 28th

For more information, please contact: Healthy Traditions 541-444-9627 (office) or kathyk@ctsi.nsn.us

Sponsored by CTSI Healthy Traditions





Confederated Tribes of Siletz Indians is partnered in several grants throughout western and southern Oregon

The Siletz Tribe has partnered with numerous groups doing work in watersheds throughout western Oregon in 2021. These efforts are focused to increase member access to resources and support the work of restoring fish and lamprey habitat as well as important native plants that need to be preserved and enhanced for wildlife habitat. Currently staff are working closely with Curry County watershed partners to review recent studies conducted and published within Floras Creek/New River, Sixes, Elk, Euchre, Lower Rogue, Hunter, Pistol, Chetco, and Winchuck watersheds. This work will result in further enhancement work toward Salmonid species of focus: Winter Steelhead, Coho, Spring and Fall Chinook, Pacific Lamprey, and Coastal Cutthroat.

Virtual Culture Nights

While tribal offices remain closed virtual culture nights will focus on gathering, storing, and preparing materials for traditional arts and foods. All Siletz Tribal members and their families are welcome to log on to these virtual events.

Upcoming Dates:

August 25, 6 –7 pm: Ocean Spray and Bear Grass

September 29, 6-7 pm: Acorns

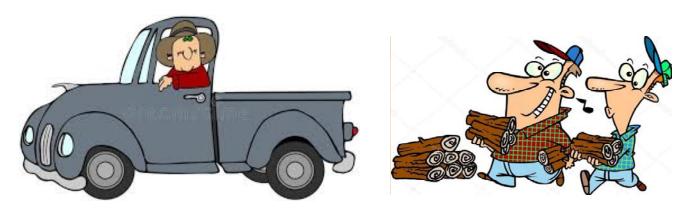
Contact Nick Viles, nickv@ctsi.nsn.us or 1-800-929-1399, x1757 for login information

Sponsored by the Education and Culture Departments

FINAL 2021

ELDERS FIREWOOD DISTRIBUTION EVENT

Cut and Split Firewood Available for Pickup Limited Delivery Available in the Greater Siletz Area Limit ½ Cord per Elder Household, While Supplies Last



Stay in your vehicle - we will load!



MUST CONTACT:

Elders Program
(541-444-8212)
to get on the list for pickup or delivery

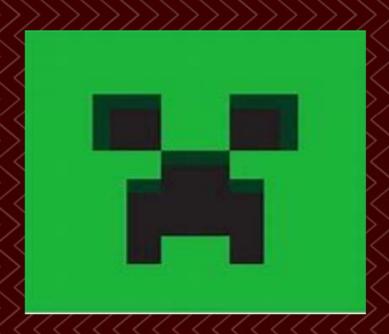




TO REGISTER EMAIL
JACOBR©CTSI.NSN.US
OR USE OR CODE:

Storytelling Art Poetry Music Modern Traditional Nuu-wee-ya'





We're Back!

Calling all Gamers, k-12 CTSI

Minecraft Gathering!

August 28th, 11am

Contact: jacobr@ctsi.nsn.us for registration

RUN TO THE ROGUE 2021

Second Weekend in September

MARK YOUR CALENDARS FOR THIS ONLINE EVENT. JOIN US ON THE CTSI WEBSITE AS WE HONOR OUR ANCESTORS WHO CAME BEFORE US. OTHER UPDATES TO FOLLOW.



REMINDER Early Season Archery Tags Deer and Elk Available Starting August 2, 2021 8:00 AM

Call 541-444-8232 or 541-444-8227 to have a tag mailed to you

First Come First Served

REMINDER Deer General Rifle Tags Available Starting August 16, 20221

Call 541-444-8232 or 541-444-8227 to have a tag mailed to you

First Come First Served

REMINDER Salmon Tags (for cultural fishing at Tribal cultural fishing sites only) Available Starting August 16, 20221

Call 541-444-8232 or 541-444-8227 to have a tag mailed to you

First Come First Served

REMINDER Elder Antlerless Deer Hunt Applications Due August 27, 2021

Applications available at the Natural Resources office and on the Tribal website under Natural Resources Open to Tribal Elders age 55 and older

Call 541-444-8232 or 541-444-8227 if you have questions

REMINDER Youth Antlerless Deer Hunt Applications Due August 27, 2021

Applications available at the Natural Resources office and on the Tribal website under Natural Resources

Open to Tribal youth ages 12-17 who have a valid Hunter Safety Card

Call 541-444-8232 or 541-444-8227 if you have questions

Produce Plus Food Rescue



Siletz Tribal Members:

If you or your family would like to share in some FREE, fresh produce, you may pick it up at the Siletz/Eugene Area office on Tuesdays between 2:00 and 4:00 pm. Any produce that is not picked up at this time can be picked up later on in the week from 9 am-4pm. It just will not be as fresh.

Since our tribal office remains closed to the public during the COVID-19 pandemic, the food distribution will take place outside the building. Face masks and social distancing are required.

If you don't have a mask, one will be provided.

Please bring your own bags or cooler to transport your food. You may call ahead and check on the availability of food.

> Siletz Office: 541–484–4234 2468 W. 11th Avenue, Eugene, OR

This food is collected and distributed by Food for Lane County, Eugene, OR. The Siletz tribe and FFLC are working in a joint effort to alleviate hunger in our community.

USDA distribution dates for August 2021 Siletz

Monday	August 2	9 a.m. – 3 p.m.
Tuesday	August 3	9 a.m. – 3 p.m.
Wednesday	August 4	9 a.m. – 3 p.m.
Thursday	August 5	9 a.m. – 3 p.m.
Friday	August 6	9 a.m. – 3 p.m.

Salem

Monday	August 23	1:30 - 6:30 p.m.
Tuesday	August 24	9 a.m 6:30 p.m.
Wednesday	August 25	9 a.m 6:30 p.m.
Thursday	August 26	By appt only

We hope you are all having a fantastic summer.... remember, we do not count per capita payments as income unless it is received monthly. If you are a Siletz Tribal member, we will not count per capita payments as income so you will still be eligible for food in the month of August.



LIKE us on Facebook at Siletz Tribal FDPIR. We would like to see more people sharing their recipes on our FB page. Like us at SILETZ TRIBAL FDPIR.

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August 2021

Sun	Mon	Tue	Wed	Thu	Fri	Sat
1	2 USDA Distribution Siletz 9-3pm	3 USDA Distribution Siletz 9-3pm Produce Plus Food 2-4pm	4 USDA Distribution Siletz 9-3pm Produce Plus Food 9-4pm	5 USDA Distribution Siletz 9-3pm Produce Plus Food 9-4pm Online Language Beginner Class 5pm	6 USDA Distribution Siletz 9-3pm Pay Day Produce Plus Food 9-4pm	7
8	9	10 Time Sheets Due Produce Plus Food 2-4pm	Produce Plus Food 9-4pm Read Team K-12 4-4:30pm	Produce Plus Food 9-4pm Online Language Beginner Class 5pm	13 Produce Plus Food 9-4pm	14 Elders Meeting Zoom 1pm 2021 Nesika Illahee Virtual Pow-Wow
15	Intensive Study Camp (See Flyer)	17 Produce Plus Food 2-4pm Intensive Study Camp (See Flyer)	Produce Plus Food 9-4pm Read Team K-12 4-4:30pm Intensive Study Camp (See Flyer)	Produce Plus Food 9-4pm Online Language Beginner Class 5pm Intensive Study Camp (See Flyer)	20 Produce Plus Food 9-4pm Pay Day Intensive Study Camp (See Flyer)	21 Elders Wood Cut 8-2pm
22	23 USDA Distribution Salem 1:30-6:30pm	24 USDA Distribution Salem 96:30pm Produce Plus Food 2-4pm Time Sheets Due	25 USDA Distribution Salem 96:30pm Produce Plus Food 9-4pm Read Team K-12 4-4:30pm	26 USDA Distribution Salem By Appt. Only Produce Plus Food 9-4pm CTSI Youth Cultural Sharing Night 6-8pm Online Language Beginner Class 5pm	27 Produce Plus Food 9-4pm	28 Minecraft Gathering Starts 11am (See Flyer)
29	30	31 Produce Plus Food 2-4pm				

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