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Portland Potlatch is published by the Confederated Tribes of Siletz Indians Portland Area Office



Tribal Offices will be closed on:

Labor Day: September 5th All Treaty Day: September 9th

ALL TRIBAL OFFICES RE-OPENING SEPTEMBER 1

PAO set to open September 6th

Many COVID safety pro- newspaper: https:// tocols still in place and adjustments made to **Area Offices**

We are happy to announce the Siletz Tribal Council approved a public access framework on July 15, 2022 with an effective date of September 1, 2022. The public access framework outlines steps the Administration and programs will implement to reduce the risk of COVID-19 spread. The full article about the reopening can be found in the September edition of the Siletz

www.ctsi.nsn.us/siletznews/

While we open our doors to the public, we also prioritize the safety of our staff, Tribal members and clients by maintaining the following:

- Masks are required for staff and visitors.
- Some of our CTSI staff and Area office Staff, telework (working away from the area offices), part of the week. If you need to inquire about services or make an appointment, please call

(Continued on next page)

PAO Announcements

ahead to ensure that staff are available • at that time.

- As a reminder, our current area office has a perimeter fence surrounding the property. To gain access, visitors need a gate code. You may call ahead or when arriving to get the gate code. Vehicles can only enter the property on SE 128th Ave., and exit only on Stark Street.
- Tribal/program services online options preferred for services and meetings; hybrid options also available.
- Transportation services resuming full transportation services. Masks are required for driver and client.

- Siletz Community Health Clinic is open, masks are required.
- Public events outdoor events to resume. Indoor events require social distancing and safety protocols published and in place.

While we are open, we remain vigilant of current COVID-19 case counts, variants and their impacts on the local community. Should an outbreak occur, access to Tribal facilities is subject to change at any time and without prior notice.

For more information about the clinic, call (800) 648-0449 or 1(541) 444-1030. For more information about COVID vaccines, tests and resources, call the Tribe's COVID line at 1(541) 444-9636.

Runtothe 2022 Rogue Sept. 9th, 10th, 11th

Available on the CTSI website -Camping information, schedule, registration forms & other relevant information.

Go to: www.ctsi.nsn.us/culture-language

For questions or more information, contact Buddy Lane at 541-444-8230 or email at BuddyLactsi.nsn.us

Happenings in PDX

The Fantastic Art of Paper Cutting

September 11, 2022 11 AM - 12:30 PM Online via Zoom

In this online workshop, the participants can experience the very best of cutting paper — namely the moment when the paper is unfolded and the magic occurs — that is when the happy paper cut being emerges. For more information and/or to register please visit: https://

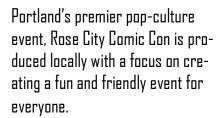
www.nordicnorthwest.org/paper-cutting



Rose City Comic Con September 9-11, 2022

September 9-11, 2022

Oregon Convention Center



While its primary focus is that of comics, comic creators and the creative process, Rose City Comic

Con also provides its attendees with access to gaming, sci-fi, cosplay, anime, fantasy and everything in between. Its goal is to provide you with a rewarding, fun and family-friendly event experience.

The following description was submitted by the event organizer.



Run to the Rogue Challenge



RVN TO THE ROGVE STEP CHALLENGE

An app led virtual journey to honor our annual event, get some steps in, and share our progress across a Siletz Run to the Rogue specific community app! Chat with friends, complete the journey on a team, or simply partcipate to honor our journey

Visit:

https://Run2RogueStepChallenge2022.eventbrite.com

SEPTEMBER 1ST-OCTOBER 14TH

Join us as we spend 45 days paying homage to our historical journey, share our progress, and participate in virtual challenges

477—Self-Sufficiency Program



477-SSP September Meeting Information:

Zoom information will be emailed directly to current 477 clients.

The 477-SSP program will be hosting monthly trainings. We will send out post cards with more information on how to gain access through zoom.

This will be mandatory for all enrolled SSP clients, unless you have been excused by your case worker.

If you have any questions please make sure to contact your Tribal Service Specialist (TSS).

Anna Renville annar@ctsi.nsn.us (503) 238-1512 x 1412

Tamra Russell tamrar@ctsi.nsn.us (503) 238-1512 x 1411





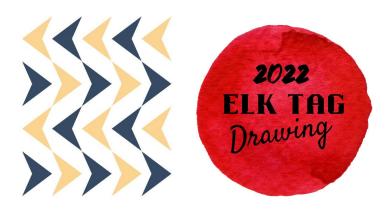
The 477 SSP program offers many services for Siletz Tribal Members and other Tribal Members from federally recognized tribes. These services are in place to help our people attain self-sufficiency by removing barriers to employment. For a full list of those services please visit the CTSI website: https://www.ctsi.nsn.us/tribal-services/477-ssp/



Your Success is Important to Us!

If you have questions, or to apply, please call the Portland Area Office (503) 238-1512 and speak with one of our Tribal Service Specialists; Anna Renville ext. 1412 or Tamra Russell ext. 1411.

Natural Resources Program



The annual drawing for the Tribe's elk rifle tags will be held on **Monday, October** 3rd at the virtual Natural Resources Committee meeting. Applications will be available starting on August 29th and are **due September 23rd** in the Natural Resources office. You can apply online via the Tribe's website (Services and Programs/Natural Resources/Fish & Wildlife), or applications can be downloaded from the website, picked up at the kiosk at the back of the Admin Building, or they can be mailed to you by calling the Natural Resources office. Each person must fill out, sign and turn in their <u>own</u> application. This year we have 25 tags each for the first and second season bull hunts and 15 tags for the various cow hunts. If you have any questions, call Natural Resources Manager Mike Kennedy at (541) 444-8232 or 1(800) 922-1399 ext. 1232.







DO YOU LIKE WHAT YOU ARE READING SO FAR?

Like our Facebook page to get updates on important information and activities.

<u>Confederated Tribes of Siletz Indians</u> -Portland Area Office - Home | Facebook



Natural Resources Program



Last Cut Wood For The Elders Day

The Tribal Natural Resources Committee and Natural Resources Department will sponsor the last "Cut Wood For The Elders Day" of the year on **Saturday, September 17th.** The woodcut will be held on the **Tribe's Logsden Road Property to the right of the Tribal Food Distribution Warehouse** in Siletz. We need lots of volunteers to help cut, split and deliver firewood, for Tribal elders. Bring your chainsaws, hydraulic wood splitters, splitting mauls, axes, and lots of energy. Even if you don't have any of those we can use the moral support! Lunch, drinks, and snacks will be provided. We will start at **8:00 AM** and go until around 2:00 PM.

The goal of this event will be to deliver firewood to as many elders as possible. The Elders' Program maintains a list of elders that burn wood for their winter heat. People willing to haul firewood to elders outside of the Siletz area, please contact the Elders Program Clerk at 1(800) 922-1399 ext. 1261 or (541) 444-8261 to be paired up with an elder in need. We especially need folks who can haul wood to the Eugene, Salem, and Portland areas. Elders in need of firewood should also contact the Elders Program Clerk to get their name on the delivery list.



If you have parents or grandparents that burn wood in the winter to stay warm, you need to help out at this event!

Behavioral Health Program

Providing Telemedicine:

Mental Health Specialist Rachel, has been providing telemedicine to tribal members and their families since March of 2020. It was recently decided that these services will continue to be provided 3 days per week for the foreseeable future. Though Rachel has not started seeing clients in person, once the area offices are open, she will be in Salem on Wednesdays, and Portland on Fridays.

What does Telemedicine look like?



Mental Health Specialist Rachel provides Telemedicine from her home, in a confidential room in the house, where the only occasional interruption is a cat jumping into her lap.

 There are two programs currently being used by MHS Rachel to provide confidential, encrypted Telemedicine. One program is

- doxy.me, and the other is Zoom. Each of these services provides a way for people to connect using a computer or smart phone, and gives face-to-face interactions via video.
- Mental Health Specialist Rachel is also able to provide telephone appointments, when clients do not have access to, or prefer not to use, the technology required to run video programs.

Why can't services be provided by other means, like FaceTime?

- While FaceTime and Messenger video calls are convenient, and perhaps more readily accessed than the applications used in Telemedicine, they are not currently encrypted which means they do not protect confidential information.
- 2) If a new Telemedicine option becomes available that is encrypted, Mental Health Specialist Rachel will be happy to have administration investigate the potential of using said option.

Behavioral Health Program

Upcoming Youth Events:

The Youth Services Team is working on a potential in-person Youth Conference, in October, or November. More details will be announced as they are determined. The next Minecraft day will be on **September 17th**, with Zoom opening at 10:30 AM, and gameplay from 11 AM to 1 PM depending on participant numbers. Contact Elizabeth Madden to register: elizabethm@ctsi.nsn.us

Traditional Coping

The Siletz peoples are encouraged to keep in harmony with their ancestors'

ways. September is a time to start preparing for the winter; gathering fall foods, attending sweats while remembering social distancing measures, and smudging continue to be of importance in our daily lives. People are picking berries and collecting other traditional foods while social distancing, so don't give up hope! Reach out to other tribal members and see how they are managing within the social distancing guide-

distanclines, have solu-

see if they

pointers or

tions.

Virtual Appointments Only (Portland/Salem Area Offices) (503) 200-4340



TRANSPORTATION PROGRAM

Provides <u>non-emergency</u> medical transportation for Siletz Tribal Members in the 11 county service area

To request a transport please call:

Richard Faber (541) 444-9633



Education Program

Back To School!

For many of our children, the beginning of the school year, is a big step. It involves meeting new teachers, going to a new classroom, seeing old friends and meeting new ones. Some children might have worries about the demands of a new school year. If you would like information about how to ease any anxiety over returning to school check this web page out, or google others: https://www.pbs.org/parents/thrive/back-to-school-tips-for-parents

Most importantly, meet your child's teacher. Let them know you value your child's educational experience. Check to see if their school has an Indian Education Program with the school district. Also, make sure your child will get lots of sleep.

If you are in need of assistance, resources, advocacy or referrals please email or call me.

My best wishes to all our families in this new school year, Katy Holland

Portland Area Education Specialist

Check out our Siletz Tribal Youth Facebook page.

You will find up to date announcements and numerous opportunities for our youth!



What is the Tribe's Adult Education Program?

Adult Education assists Tribal members within the 11 county service area with skill development classes and General Education Development (GED) classes to obtain and retain employment. The program may provide funding for special interest and education classes. Applications are available online at https://www.ctsi.nsn.us/tribal-services/education/. You can also call for a hard copy to be sent to you or email Katy at https://www.ctsi.nsn.us/tribal-services/education/. You can also call for a hard copy to be sent to you or email Katy at https://www.ctsi.nsn.us/tribal-services/education/.

Education Program

JOM (Johnson O'Malley Parent Committee Invitation:

Please join us as we start this new school year to be a part of our JOM parent committee. You will meet parents from all of our area offices and Siletz. We hope to hear parents insight and input to help with developing the JOM program. Please contact Katy if you are able to join our first zoom meet up on Tuesday, September 13th at 6PM. Email Katy at katyh@ctsi.nsn.us and she will send you the zoom invitation.

JOM (Johnson O'Malley) Parent Committee Invitation

Parents of enrolled JOM students are invited to join the

JOM Parent Committee

Receive program updates; add parent insight & input; help with program development and enjoy time with other JOM parents.

Meeting Location
On Zoom



Meeting Dates & Time 6:00 PM

September 13, 2022 December 13, 2022 March 14, 2023



Sonya Moody-Jurado Salem Area SonyaMJ@ctsi.nsn.us

Katy Holland Portland Area KatyH@ctsi.nsn.us Jeff Sweet Siletz Area JeffS@ctsi.nsn.us

Candace Hill
Eugene Area
CandaceH@ctsi.nsn.us

Education Program

Siletz Education Programs Serving Our Tribal Members •

- Higher Education: Assists Tribal Members to attend college towards their Bachelors Degree (up to 5 years of educational support funding). Each year the deadline to apply is June 30th. Applications to apply for Federal student Aid (FAFSArequired) opens October 1st.
- **Adult Vocational Training** Program: Supports Tribal Members for up to two years of specific vocational training. Download

applications at www.ctsi.nsn.us

Adult Education Program: For Siletz Tribal Members 16 years or older who are not already enrolled in a formal education program. This program can assist with GED, certificate and licensing programs, classes and more. The programs primary purpose is to improve and maintain employment status of all of our Tribal Members. No deadline applies to this.

For more information please contact Katy at the Portland area office (503) 238-1512 ext. 1418 or by email; katyh@ctsi.nsn.us



Native Enterprise Program 9 **Week Course**

A 9 week Native led, business education course that takes you from the start up phase to a growth phase. Graduates will be ready to develop their business plan and launch business. Fall classes will meet each Tuesday evening from 6-9pm on Zoom. Beginning October 4, 2022 through Dec. 6th 2022. For more information contact Joni McFadden at Jmcspadden@onacc.org or Katy at the Portland area office at katyh@ctsi.nsn.us (See flyer on page 13).



Education Program







THE CONFEDERATED TRIBES **OF SILETZ INDIANS**

Native Enterprise Program is a Native-led, story driven Business **Education for Entreprenuers**



The Confederated Tribes of Siletz Indians and NNC present the Native Enterprise Program, a Native-led, story-driven 9-week business education course that takes you from the start-up phase to a growth phase. At the completion of this course, you will have an Executive Summary, a sample budget, and your business pitch.

Graduates of the Native Enterprise Program are ready to develop their business plan and launch their business.

Currently enrolling for Fall classes each Tuesday evening 6 - 9 pm from 10/4/22 -12/6/22. This course is provided at no cost.



For more information on Native Enterprise Program enrollment or NE's offerings, contact Joni McSpadden at jmcspadden@onacc.org

Contact your local Education Specialist if you have questions.

Jeff Sweet Siletz Area

Katy Holland Portland Area Sonya Moody-Jurado Salem Area

Candace Hill Eugene Area JeffS@ctsi.nsn.us KatyH@ctsi.nsn.us SonyaMJ@ctsi.nsn.us CandaceH@ctsi.nsn.us

Education Program

2022-2023 CTSI College Information Nights

Sponsored by the Education Department

6PM VIA ZOOM



College Information Night I

09/22/2022

- Applying for FAFSA
- College Fair (Meet representatives from colleges and universities)



College Information Night II

12/15/2022

- College Applications: School selections & Application submission
- Tribal & other types of financial aid
- Guest Presenter: Learning Campus life
- Guest Presenter: Learn about a Voc. training program



College Information Night III

02/16/2023

- Re-cap from Night I & II
- Overview of CTSI Student aid programs
 - (STHD Temporary Student Housing Assistance; 477 Self Sufficiency Classroom training; Adult Ed.; AVT; HE; CTSI Student Laptop Program Education Committee Scholarships)
- Guest Presenter: Learning Campus life
- Guest Presenter: Learn about a Voc. training program



College Information Night IV

04/20/2023

- Re-cap of CTSI Student aid programs
- Deadline Reminders
- Guest Presenter: Learning Campus life
- Guest Presenter: Learn about a Voc. training program

Contact an Education Specialist to Sign Up!

Portland Area Siletz Tribal Members please contact: Katy Holland (503)-238-1512 ext. 1418 or katyh@ctsi.nsn.us

Language Class



To sign up, contact Nick Viles at Nicky@ctsi.nsn.us or call (541) 484-4234 X 1757

Virtual Culture Nights

CTSI VIRTUAL CULTURE NIGHTS

ALL TRIBAL MEMBERS AND FAMILIES WELCOME

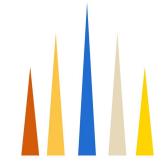
Upcoming Dates:

September 21 at 6pm: Cooking Fish

October 19 at 6pm: Mvn' (Traditional Houses)

Sponsored by the Education and Culture Departments
Contact Nick Viles at nickv@ctsi.nsn.us or 541-484-4234 x1757 to sign up





For access to study materials please log in on the Tribe's website: www.ctsi.nsn.us

For more information or to sign up please contact Nick Viles at nickv@ctsi.nsn.us or call (541) 484-4234 ext. 1757.

Vocational Rehabilitation Program

September: What is Dyspraxia?

Dyspraxia, a developmental coordination disorder (DCD) is a condition that affects the brain's ability to plan and process motor tasks. It causes disturbances in movements, planning, speech and learning new tasks, and processing new information. Dyspraxia may adversely affect one's fine and gross motor skills, handwriting, low muscle tone, articulation, learning new information, mental health, and more. Individuals with Dyspraxia often have language problems, and sometimes difficulty with thoughts and perception. Dyspraxia, however, does not affect the individual's intelligence. It can sometimes cause learning problems.

Experts say that 10 percent of people have some degree of dyspraxia, while approximately 2 percent have it severely. Four out of every 5 children with dyspraxia are boys, although there is some debate whether there are under-diagnosed girls. Children with dyspraxia may also have Attention Deficit Disorder-Hyperactivity (ADHD).

Dyspraxia/DCD is distinct from other motor disorders such as cerebral palsy and stroke. Individuals may experience changes depending on environmental demands and life experiences. Dyspraxia persists into adulthood.

Symptoms:

- Poor balance
- Poor posture
- Fatigue

- Clumsiness
- Differences in speech
- Perception problems
- Poor hand-eye coordination
- Social and sensory issues: individuals with Dyspraxia may be extremely sensitive to taste, light, touch, and/ or noise. There may be a lack of awareness of potential dangers. Many experience mood swings and display erratic behavior.

Accommodations: use of a white board, checklists, electronic organizers with recorded directives, messages, or a task flow chart.

Contact your local Job Developer/ Vocational Rehabilitation Counselor for more information. <a href="https://dyspraxia-and-dyspr

Vocational Rehabilitation Counselors:

Jamie Bokuro (Siletz)

541-444-8266

adults/

Toni Leija (Salem)

503-390-9494 ext. 1861

Tamra Russell (Portland)

503-238-1512 ext. 1411

Makayla Jackson (Eugene)

541-484-4234 ext. 1752

Home Visiting Program

Our Home Visiting Team wants to share this great, new, free resource for all fami**lies** with young children from Family Spirit Nurture. We are excited to announce the launch of Family Spirit Nurture Messages: a new text messaging service and website designed with and for Native families. Check out the website, even if you don't sign up for text messages the website is full of great resources for Native families. https:// fsnmessages.org/

Every parent could use some support and our Siletz Home Visiting Team would like to be part of your support system. Our Siletz Home Visiting Program uses the Family Spirit curriculum developed by John Hopkins Center for American Indian Health. The program is written and designed specifically for Native families. It is a great evidence based curriculum and now contains Family Spirit Nurture, a new piece supporting feeding and nutrition. We serve families in our 11 county service area who are expecting a baby or have a child under 3 (child must be under one to start). For more information about our Home Visiting Program please contact Lori Christy, loric@ctsi.nsn.us or (503) 390-9494.



Do you have a baby under 18 months old or on the way?

Family Spirit Nurture Messages is a free text service for Native American families with young children. Sign up today to learn about your baby's nutrition and growth, plus caregiver wellbeing.



Γext SIGNUP to 413-477-5526 or visit fsnmessages.org





Home Visiting Program

Tribal Parenting Workshops!









Presented by the CTCLUSI Social Services Department in Partnership with The Confederated Tribes of Siletz Indians and Cow Creek Band of the Umpqua Tribe of Indians and The Klamath Tribes

Guest Presenter:

Lorraine Brave

from Brave Transitions

Topics Include:

- Social Media & Technology Concerning our Children
- Traditional Behavior Management (Discipline Techniques)
- Learning from Mother Nature Our Teacher
- Helping our Children & Youth with Mental Health Struggles
- Guiding Lessons in Story Telling (Along with Invited Guest from Klamath Tribes)
- Child Development through the Teen Years

Via Zoom

- Zoom link will be emailed to you after registration

Tuesdays: 6-7:30PM September 13, 20, 27 October 4, 11, 18

RSVP by September 5th

Lori Christy (503) 390-9494 loric@ctsi.nsn.us

Jessica Hibler (541) 484-4234 jessicah@ctsi.nsn.us

"Lead your family with kindness, love, and gratitude"

(Quoted from Native American Fatherhood and Families Association)



SILETZ CARE PROGRAM

Trauma Recovery Support Group

Wednesdays at 5:30 PM

SELF Curriculum
Art Journals
Vision Boards
Native Medicine

This group is available to anyone age 18 and up who has experienced any form of trauma. We will follow the SELF Curriculum and meet via Zoom. This will be a closed group, if you are interested please contact Rachelle: RachelleE@ctsi.nsn.us

Siletz Harm Reduction



Extras



We want to thank all of you, that joined us for Summer Splash! The weather was hot and muggy, which was perfect for swimming in the pool and enjoying delicious pizza!

We hope to see you at future events!





Crisis Text Line for Natives-Call or Text





Portland Area Office Staff

Name/Title Contact Information

Andrew Johanson (503) 238-1512 x 1419

Area Office Supervisor andrewj@ctsi.nsn.us

Katy Holland (503) 238-1512 x 1418 Education Specialist katyh@ctsi.nsn.us

Vacant (503) 238-1512 x 1413

Comm. Health Advocate

Dianna Edenfield (503) 238-1512 x 1400 Area Office Clerk diannae@.ctsi.nsn.us

Anna Renville (503) 238-1512 x 1412 Tribal Service Specialist annar@ctsi.nsn.us

Tamra Russell (503) 238-1512 x 1411 Tribal Service Specialist tamrar@ctsi.nsn.us

Andrew Eddings Work Cell: (541) 270-9717 BH Case Manager andrewe@ctsi.nsn.us

Rachel Zinn (503) 238-1512 x 1417 Mental Health Specialist rachelz@ctsi.nsn.us

Andulia WhiteElk (503) 238-1512 x 1414 A & D Counselor anduliaw@ctsi.nsn.us

Katrina Hudson (503) 238-1512 x 1415 Web Content Specialist katrinah@ctsi.nsn.us



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Phone: (503) 238-1512 Main # (800) 922-1399 Fax: (503) 238-2436 www.ctsi.nsn.us

Other Contact Numbers

Name/Program	Number	Name/Program	Number
Siletz Community Health Clinic	(800) 648-0449	Purchased Referred Care (PRC)	800-628-5720
Salem Area Office	1-(503) 390-9494	Angelina Artiago Portland Elders Rep.	(503) 760-3899
Eugene Area Office	1-(541) 484-4234	Kay Steele Portland Elders Rep.	(503) 760-4746
NAYA	(503) 288-8177	NARA	(503) 224-1044