#### THE DRUMBEAT NEWSLETTER

#### September 2022

# Stletz Salem Frea Office

3160 Blossom Drive NE, Suite 105 Salem, OR 97305

> Phone: 503-390-9494 Fax: 503-390-8099



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# CTSI OFFICES HOLIDAY CLOSURES

LABOR DAY September 5

ALL TREATY DAY
OBSERVED

September 9

7-7



# TRIBAL OFFICES ARE REOPENING

FOR MORE INFORMATION SEE PAGE 2





# Tribal offices reopen September 1 with many COVID safety protocols still in place



The Siletz Tribal Council approved a public access framework on July 15, 2022 with an effective date of September 1, 2022. The public access framework outlines steps the Administration and programs will implement to reduce the risk of COVID-19 spread. While we open our doors to the public, we also prioritize the safety of our staff, Tribal members and clients. Some highlights of the plan include:

- Public access to administration buildings appointments are preferred. If a member of the public arrives as a "walk-in" staff will accommodate as soon as possible. Masks are required for staff and visitors.
- Public events outdoor events to resume. Indoor events require social distancing and safety protocols published and in place.
- Siletz Dance House open for use with request and prior approval. Masks are required.
- Siletz Tribal Community Center open for public events and use under the rental request. Masks are required.
- Siletz Community Health Clinic open, masks are required.
- Transportation services resuming full transportation services. Masks are required for driver and client.
- Tribal/program services online options preferred for services and meetings; hybrid options also available.
- Playgrounds open without restrictions.

While Tribal offices are open to the public, we remain vigilant of current COVID-19 case counts, variants and their impacts on the local community. To address the likelihood that COVID-19 will be in our communities for a long period of time, Tribal Council also approved the latest exposure guidelines for Tribal employees and cleaning protocols that take effect immediately. Should an outbreak occur, access to Tribal facilities is subject to change at any time and without prior notice.

For more information, call 541-444-2532.

For more information about the clinic, call 541-444-1030.

For more information about COVID vaccines, tests and resources, call the Tribe's COVID line at 541-444-9636.

#### COMMUNITY HEALTH NEWS - Cecilia Tolentino, CHA

#### September is National Traumatic Brain Injury Awareness Month

503-390-9494 X1854 Ceciliat@ctsi.nsn.us Monday-Friday

8:00am - 4:30pm

September is recognized as National Traumatic Brain Injury Awareness Month. The main purpose of this observance is to raise awareness about traumatic brain injuries and how to recognize, prevent, and treat one if it occurs.

The most common type of head injury is called a concussion, which is known as a mild traumatic brain injury. These can happen to anyone, at any age that has experienced a blow to the head.

Signs and symptoms of a concussion can include:

- Headache
- Blurry vision
- Nausea
- Feeling tired
- Anxiety
- Sadness
- Difficulty thinking clearly
- Sensitivity to light
- Loss of consciousness

# IMPORTANT PHONE NUMBERS FILL IN THE NAME AND NUMBER OF YOUR LOCAL HOSPITAL(S) BELOW: Hospital Name: Hospital Phone: Hospital Phone: For immediate attention, CALL 911

In most cases, people will recover from a concussion in a week to ten days, with adults usually recovering faster than children. While many times traumatic brain injuries can't be prevented because they are due to an accident, there are a few things a person can do to protect themselves:

- Anyone who participates in a sport that has physical contact should wear proper head gear
- When riding in a car everyone should wear a seat belt
- Helmets should always be worn when riding a bicycle
- People who are prone to falling should walk with the assistance of a cane, a walker or have someone with them for assistance.

If you or someone you know experiences a head trauma, PROMPTLY CONSULT YOUR PHYSICIAN OR CALL 911 IF YOU BELIEVE YOU HAVE A MEDICAL EMERGENCY. it is advised that they be seen immediately by a physician or be taken to the nearest emergency room.

All content of this newsletter is intended for general information purposes only and is not intended or implied to be a substitute for professional medical advice, diagnosis or treatment. Please consult a medical professional before adopting any of the suggestions on this page. You must never disregard professional medical advice or delay seeking medical treatment based upon any content of this newsletter.

# \* Tribal Parenting Workshops!









Presented by the CTCLUSI Social Services Department in Partnership with The Confederated Tribes of Siletz Indians and Cow Creek Band of the Umpqua Tribe of Indians and The Klamath Tribes

## **GUEST PRESENTER** LORRAINE BRAVE

from Brave Transitions

#### **TOPICS INCLUDE:**

Social Media & Technology Concerning our Children

**Traditional Behavior Management (Discipline Techniques)** 

**Learning from Mother Nature - Our Teacher** 

Helping our Children & Youth with Mental Health Struggles

Guiding Lessons in Story Telling (Along with Invited Guest from Klamath Tribes)

Child Development through the Teen Years

~Via Zoom~

Link will be emailed to you after registration

Tuesdays, 6-7:30pm

September 13, 20, 27

October 4, 11, 18, 2022

RSVP by September 5th

Lori Christy 503-390-9494

loric@ctsi.nsn.us

Jessica Hibler 541-484-4234

jessicah@ctsi.nsn.us

"Lead your family with kindness, love, and gratitude"

(Quoted from Native American Fatherhood and Families Association)

#### SILETZ HOME VISITING PROGRAM - Lori Christy, Home Visitor

#### **Introducing: Family Spirit Nurture Messages**

Our Home Visiting team wants to share this great, new, **free resource for all families** with young children from Family Spirit Nurture. We are excited to announce the launch of *Family Spirit Nurture Messages*: a new **text messaging service and website** designed with and for Native families. Check out the website, even if you don't sign up for text messages the website is full of great resources for Native families. <a href="https://fsnmessages.org/">https://fsnmessages.org/</a>

Every parent could use some support and our Siletz Home Visiting team would like to be part of your support system. Our Siletz Home Visiting Program uses the Family Spirit curriculum developed by John Hopkins Center for American Indian Health. The program is written and designed specifically for Native families. It is a great evidence based curriculum and now contains Family Spirit Nurture, a new piece supporting feeding and nutrition. We serve families in our 11 county service area who are expecting a baby or have a child under 3 (child must be under one to start). For more information about our Home Visiting Program please contact Lori Christy, <a href="mailto:loric@ctsi.nsn.us">loric@ctsi.nsn.us</a> or 503-390-9494.





#### **ENERGY ASSISTANCE - LIHEAP/LIHWAP**

#### What is LIHEAP?

• LIHEAP (Low-Income Home Energy Assistance Program) is a federally-funded program that helps low-income households with their home energy bills. This can be electric and/or natural gas.

#### What Assistance does LIHEAP provide?

- Heating Assistance (Applicants must only have a tribal member in the household and be income eligible.)
- Crisis Assistance (Shut off or Final Notice exceeding base award.)

#### What is LIHWAP?

- LIHWAP (Low-Income Household Water Assistance Program) is a federally-funded program that helps low-income households with their clean water bill.
- LIHWAP can help keep clean and safe water in the home.

To find the LIHEAP expanded Assistance Income Requirements, visit the CTSI website at www.ctsi.nsn.us and enter LIHEAP in the search bar.

If you have any additional questions, please don't hesitate to call Casey Godwin in the Siletz Tribal Housing Department at (541) 444-8311 or (541)270-0194.



#### EDUCATION NEWS - Sonya Moody-Jurado, Education Specialist



#### **EDUCATION PROGRAM COMPONENTS**

Sonyamj@ctsi.nsn.us 503-390-9494 x 1856 Monday - Thursday 8:00 am - 4:30 pm

-Higher Education -Adult Vocational Training (AVT) -Supplemental Education (JOM)
-Adult Education -Tribal Youth Employment & Education Program (TYEE)

#### **RUN TO THE ROGUE - September 9 - 11, 2022**

#### **JOM**

#### JOM APPLICATIONS

Each student must have a current JOM application for the 2022-2023 School Year on file to be eligible to receive services through the JOM Program. The link for the JOM application is listed below.

https://www.ctsi.nsn.us/wp-content/uploads/2021/06/JOM-Application.pdf

#### JOM PARENT COMMITTEE MEETING - September 13, 2022

Please come join us to learn more regarding the JOM program and give input in program direction. Contact <a href="mailto:sonyamj@ctsi.nsn.us">sonyamj@ctsi.nsn.us</a> to sign up.

#### HIGHER EDUCATION/ADULT VOCATIONAL TRAINING

#### **COLLEGE INFORMATION NIGHT - September 22, 2022**

Come and join us for a College Fair. We will have a variety of community colleges and universities sharing what their schools have to offer potential students. Please contact <a href="mailto:sonyamj@ctsi.nsn.us">sonyamj@ctsi.nsn.us</a>.

#### **ADULT EDUCATION**

The Adult Education program is for Siletz Tribal members, 16 years or older, who are not already enrolled in a formal education program. The Adult Education program can assist with the following: Obtaining GED, certificates, or otherwise raise levels of educational achievement through adult classes to improve employment status through education/training. There is no deadline to apply for classes. For an application, please call me at (503) 390-9494.

#### NATIVE ENTERPRISE PROGRAM - 10/4/22-12/6/22

The Native Enterprise Program is a 9 week business education course. It will cover start-up phase, growth phase, business plan, executive summary and sample budget. Great opportunities for those wanting to start or expand a business. Please contact Joni McSpadden at <a href="mailto:imcspadden@onacc.org">imcspadden@onacc.org</a>, or <a href="mailto:sonyami@ctsi.nsn.us">sonyami@ctsi.nsn.us</a>

#### **STUDENT INCENTIVE PROGRAM for Siletz Tribal Graduates**

The Tribe has an incentives program for Tribal members reaching milestones in their education from Head Start (Can only receive incentive for 1 year), elementary school, middle school, high school, Adult Vocational Training program and associate/bachelor degree, master degree and doctoral degree. If you have reached one of these milestones, please call Sonya at the Salem area office to request a student incentive form. You can access the fillable form at

https://www.ctsi.nsn.us/wp-content/uploads/2020/12/Student-Incentive-Program.pdf

The SCHC's Virtual R2R

sponsored by the Diabetes program

WE PROUDLY BRING YOU

# run to the ROGUE STEP CHALLENGE

An app led virtual journey to honor our annual event, get some steps in, and share our progress across a Siletz Run to the Rogue specific community app! Chat with friends, complete the journey on a team, or simply partcipate to honor our journey

https://Run2RogueStepChallenge2022.eventbrite.com

SEPTEMBER 1ST-OCTOBER 14TH

Join us as we spend 45 days paying homage to our historical journey, share our progress, and participate in virtual challenges



SIGN UP TODAY FOR FALL

NUU-WEE-YA'

#### TUESDAYS, SEPTEMBER 20-DECEMBER 6

5:00 PM-BEGINNING CONVERSATION 1 5.45 PM- BEGINNING CONVERSATION 2

THURSDAYS. SEPTEMBER 22-DECEMBER 8 5:00 PM-ONGOING CONVERSATION

SATURDAYS 10/29, 11/19, 12/3 NOON-IMMERSION CONVERSATION HOUR

TO SIGN UP CONTACT NICK VILES AT NICKV@CTSI.NSN.US OR 541-484-4234 X1757





ALL TRIBAL MEMBERS AND FAMILIES WELCOME

**Upcoming Dates:** 

September 21 at 6pm: **Cooking Fish** 

October 19 at 6pm: **Mvn' (Traditional Houses)** 

Sponsored by the Education and Culture Departments Contact Nick Viles at nicky@ctsi.nsn.us or 541-484-4234 x1757 to sign up

# Runtothe 20 Rogue

Available on the CTSI website -Camping information, schedule, registration forms & other relevant information.

Go to: www.ctsinsn.us/culture-language

For questions or more information, contact Buddy Lane at 541-444-8230 or email at BuddyLactsinsnus



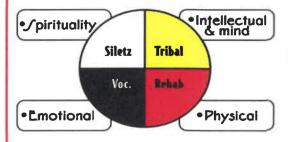
### Siletz Tribal Vocational Rehabilitation Program (STVRP)

STVRP is here to help members of ANY federally recognized Tribe (living within the Siletz Tribe's service area) with barriers to employment. We work with individuals who have disabilities.

#### **Examples of Services**

- · Guidance and counseling
- · Referral to employment services
- · Résumé writing
- · Interviewing techniques
- · Job coaching

- · Culturally relevant and
- individualized services
- Evaluations, assessments and training placement opportunities
- Adaptive equipment





For more information about STVRP, please inquire at 800-922-1399. We also maintain resource and employment boards, so please make an appointment if you're interested. You can speak to VR staff in the following locations:

Makayla Jackson Job Developer/Counselor Eugene Area Office 2468 W 11th Ave. Eugene, OR 97402 541-484-4234, ext. 1752

Tamra Russell
Job Developer/Counselor/TSS 1
Portland Area Office
12790 SE Stark St., STE 102
Portland, OR 97233
503-238-1512, ext. 1411

Toni Leija Job Developer/Counselor Salem Area Office 3160 Blossom Drive NE, STE 105 Salem, OR 97305 503-390-9494, ext. 1861

Jamie Bokuro Intake Specialist/Job Coach Siletz. Area Office 201 SE Swan Ave. Siletz, OR 97380 541-444-8256

#### USDA FOOD DISTRIBUTION PROGRAM - Sammy Hall, FDP Director

#### Siletz

Friday	Sept 2	9:00 am - 3:00 pm
Tuesday	Sept 6	9:00 am - 3:00 pm
Wednesday	Sept 7	9:00 am - 3:00 pm
Thursday	Sept 8	9:00 am - 3:00 pm
Monday	Sept 12	9:00 am - 3:00 pm

#### Salem

Monday	Sept 19	1:30 pm - 6:30 pm
Tuesday	Sept 20	9:00 am - 6:30 pm
Wednesday	Sept 21	By appointment only

We would like to see more people sharing their recipes on our FB page.



at "Siletz Tribal FDPIR" and share your recipes.

Call the Salem Warehouse only on Salem distribution days/times specified.

503-391-5760 -OR- 800-922-1399 ext. 1869

SALEM WAREHOUSE LOCATION
3160 Blossom Drive NE, Suite 185

#### Sammy Hall, FDP Director

sammyh@ctsi.nsn.us 541-444-8279

#### Fax

Siletz: 541-444-8306 Salem: 503-391-4296



#### NATURAL RESOURCES DEPARTMENT

# CUT WOOD FOR THE ELDERS DAY

The Tribal Natural Resources Committee and Natural Resources Department will sponsor the last "Cut Wood for the Elders Day" of the year on Saturday, September 17th. The woodcut will be held on the Tribe's Logsden Road Property to the right of the Tribal Food Distribution Warehouse in Siletz. We need lots of volunteers to help cut, split and deliver firewood for Tribal elders. Bring your chainsaws, hydraulic wood splitters, splitting mauls, axes, and lots of energy. Even if you don't have any of those we can use the moral support! Lunch, drinks, and snacks will be provided. We will start at 8:00 AM and go until around 2:00 pm.

The goal of this event will be to deliver firewood to as many elders as possible. The Elders' Program maintains a list of elders that burn wood for their winter heat. People willing to haul firewood to elders outside of the Siletz area, please contact the Elders Program Clerk at I-800-922-1399 ext. I26I or 54I-444-826I to be paired up with an elder in need. We especially need folks who can haul wood to the Eugene, Salem, and Portland areas Elders in need of firewood should also contact the Elders Program Clerk to get their name on the delivery list.

If you have parents or grandparents that burn wood in the winter to stay warm, you need to help out at this event!

# 2022 Elk Tag Drawing Information



The annual drawing for the Tribe's elk rifle tags will be held on Monday, October 3rd at the virtual Natural Resources Committee meeting. Applications will be available starting on August 29 and are due September 23 in the Natural Resources office. You can apply online via the Tribe's website (Services and Programs/Natural Resources/Fish & Wildlife), or applications can be downloaded from the website, picked up at the kiosk at the back of the Admin Building, or they can be mailed to you by calling the Natural Resources office. Each person must fill out, sign and turn in their own application. This year we have 25 tags each for the first and second season bull hunts and 15 tags for the various cow hunts. If you have any questions, call Natural Resources Manager Mike Kennedy at 541-444-8232 or 1-800-922-1399, ext. 1232.

#### 477 - SELF SUFFICIENCY PROGRAM - Angelica Espino, TSS

The 477-Self Sufficiency Program (SSP) is open and providing essential services to eligible families and individuals residing in the CTSI 11-County Service Area. We are still accepting applications and conducting appointments over the phone and through email.

If you recently lost your employment due to Covid-19 and need assistance to meet your basic needs, please contact your local CTSI Tribal Office for an application. Additional eligibility criteria apply. SSP staff will reach out to you by phone or email. You can also email 477SSP@ctsi.nsn.us for more information. Please include your name, phone number and the city/county you reside in.

#### For Siletz tribal members we offer:

Pre-Temporary Assistance for Needy Families (Pre-TANF), Temporary Assistance for Needy Families (TANF), General Assistance for Single Adults (GASA), and Diverted Services.

We also offer the following programs to any Native American (enrolled in a federally recognized tribe or descendant of a federally recognized tribe):

Emergency Assistance, Classroom Training (CRT), Direct Placement, On the Job Training (OJT), and Work Experience (WEX)

Participants in 477 - Self Sufficiency Programs must meet the eligibility requirements.

#### **Core Services**

Need assistance with finding a JOB??? Core Services is what you need

#### Services:

Job Referrals, Resumes, Cover Letter, Employment Counseling/Coaching, Job Search Assistance, Mock Interviews

#### **Support Services:**

Interview Clothing, Transportation
Directly tied to a job opportunity





Emergency Assistance: Tribal families or single adults may be eligible for support services to prevent eviction or utility shut off. Income guidelines apply.

**Direct Placement:** Support services (work clothing, tools, transportation assistance etc.) for eligible Native Americans that recently gained employment. Must apply within 7-days of hire.

Classroom Training: Financial assistance (tuition, stipends and support services) to eligible Native Americans attending GED, Higher Education or Vocational/Occupational Training.

#### **Important 477-SSP Dates to Remember:**

**September 5th:** Monthly Contact, Monthly Report Forms, Self Sufficiency Activities Timesheets, and Job Search Forms are due.

**TBD:** (Online Activity)

**September 30:** Tribal Treaty (Online Monthly Training) 10:00 am - 12:00 pm

#### For More Information Contact:

Tribal Service Specialist: Angelica Espino

Phone: 503-390-9494 ext. 1853 Email: Angelicae@ctsi.nsn.us



#### SILETZ TRIBAL VOCATIONAL REHABILITATION PROGRAM

(STVRP) - Toni Leija, VRC/Job Developer

#### September: What is Dyspraxia?

yspraxia, a developmental coordination disorder (DCD) is a condition that affects the brain's ability to plan and process motor tasks. It causes disturbances in movements, planning, speech and learning new tasks, and processing new information.

yspraxia may adversely affect one's fine and gross motor skills, handwriting, low muscle tone, articulation, learning new information, mental health, and more. Individuals with Dyspraxia often have language problems, and sometimes difficulty with thoughts and perception. Dyspraxia, however, does not affect the individual's intelligence. It can sometimes cause learning problems.

xperts say that 10 percent of people have some degree of dyspraxia, while approximately 2 percent have it severely. Four out of every 5 children with dyspraxia are boys, although there is some debate whether there are under-diagnosed girls. Children with dyspraxia may also have Attention Deficit Disorder-Hyperactivity (ADHD).

yspraxia/DCD is distinct from other motor disorders such as cerebral palsy and stroke. Individuals may experience changes depending on environmental demands and life experiences. Dyspraxia persists into adulthood.

#### Symptoms:

- poor balance
- poor posture
- fatigue
- clumsiness

- differences in speech
- perception problems
- poor hand-eye coordination
- Social and sensory issues individuals wih dyspraxia may be extremely sensitive to taste, light, tough and/or noise. There may be a lack of awareness of potential dangers. Many experience mood swings and display erratic behavior.

#### **Accommodations:**

use of a white board, checklists, electronic organizers with recorded directives, messages, or task lists, or a task flow chart.

Contact your local STVRP Job Developer/ Vocational Rehabilitation Counselor for more information (https://dyspraxiausa.org/dyspraxia-andadults/)

Makayla Jackson Job Developer/Counselor (Eugene) 541-484-4234, ext. 1752

**Jamie Bokuro** Intake Specialist/Coach (Siletz) 541-444-8266

**Tamra Russell** Job Developer/Counselor (Portland) 503-238-1512, ext. 1411

Toni Leija Job Developer/Counselor (Salem) 503-390-9494, ext. 1861

#### Dyspraxia is....

- Also known as Developmental Coordination Disorder (DCD).
- A motor skills issue that makes it hard to learn new skills and affects body movements. It can also affect speech and social skills.
- Often diagnosed in childhood but

issues can continue in adulthood

#### Dyspraxia is not...

- The same for everyone. Some people struggle with fine motor skills (writing) whilst some struggle with gross motor skills (riding a
- Associated with intelligence.



Use time management strategies like diaries or alarms to aid memory and organisation.

#### BEHAVIORAL HEALTH - Rachel Zinn, Mental Health Specialist (MHS)

#### **PROVIDING TELEMEDICINE**

Rachel has been providing telemedicine to tribal members and their families since March of 2020. It was recently decided by administration that these services will continue to be provided three days per week for the foreseeable future. As area offices open on September 1, Rachel will soon be providing in-person services to clients in Salem on Wednesdays and Portland on Fridays.



#### WHAT DOES TELEMEDICINE LOOK LIKE?

Rachel provides telemedicine from her home, in a confidential room in the house, where the only occasional interruption is a cat jumping into her lap.

- There are two programs currently being used to provide confidential, encrypted telemedicine. One program is doxy.me, and the other is Zoom. Each of these services provides a way for people to connect using a computer or smart phone, and gives face-toface interactions via video.
- Rachel is also able to provide telephone appointments when clients do not have access to the technology required to run video programs.

# WHY CAN'T SERVICES BE PROVIDED BY OTHER MEANS, LIKE FACETIME?

 While FaceTime and Messenger video calls are convenient, and perhaps more readily accessed than the applications used in telemedicine, they are not

- currently encrypted which means they do not protect confidential information.
- If a new telemedicine option becomes available that is encrypted, Rachel will be happy to have administration investigate the potential of using said option.

#### **UPCOMING YOUTH EVENTS**

The Youth Services Team is working on a potential inperson Youth Conference in October or November. More details will be announced as they are determined. The next Minecraft day will be on September 17th, with Zoom opening at 10:30 AM, and gameplay from 11 AM to 1 PM depending on the participant numbers. Contact Elizabeth Madden to register: elizabethm@ctsi.nsn.us

#### TRADITIONAL COPING

The Siletz people are encouraged to keep in harmony with their ancestors' ways. September is a time to start preparing for the winter: gathering fall foods; attending sweats while remembering social distancing measures; and smudging continue to be of importance in our daily lives. People are picking berries and collecting other traditional foods while

social distancing, so don't give up hope! Reach out to other tribal members and see how they are managing within the so-



cial distancing guidelines, see if they have pointers or solutions.

#### Portland & Salem Area Offices

Virtual Appointments Only, Monday - Friday 8:00 am - 4:30 pm (503) 200-4340

#### A&D PROGRAM - Andulia White Elk, Addictions Counselor

#### Addiction Recovery Fatigue...

AnduliaW@ctsi.nsn.us 503-559-1352

In the early stages of recovery, it's pretty common to feel fatigued, so it's okay to go a little easy on yourself. Your body has stopped taking in something that it needs, and detox can be pretty draining. Getting clean and sober often takes a lot out of a person, because the very things that gave you get-up-and-go in the past are being eliminated from your body. For now, resting is not only expected, it's beneficial. Here are some suggestions to keep yourself on track and healthy in your recovery.

- Get enough sleep, detoxing is hard on the body and mind, getting sleep helps with the detoxification process and helps rebuild the body's energy.
- Eat healthy, early recovery is hard on the body, eating healthy foods with vitamins and nutrients are essential for maintaining and rebuilding your body's muscles and neurons.
- Drink a lot of water, we become so dehydrated in addiction that our own bodies take from our reserves and deplete our own muscles and joints, water will help maintain our organs and support everything to flow naturally again.
- Get moving, even if it is slow going. Simply walking from time to time will support your muscles to build and regain strength, remember addiction has taken a lot of energy and alters our moods and emotions, exercising can boost your metabolism and mood so you can continue to heal and stay in your recovery.

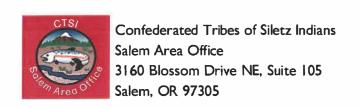
Addiction recovery fatigue is pretty common, and as you make progress in your personal journey, you'll likely discover that you can fight your tired feelings and function rather well. Your body is going through some serious changes so letting it heal is essential. Plus it just might be what you need to get through your day and maintain a positive outlook on your recovery.



## CTSI Jobs Tribal employment Information is available at ctsi.nsn.us

Note: "Open Until Filled" vacancies may close at any time. The Tribe's Indian Preference policy will apply. Tribal government will not discriminate in selection because of race, creed, age, sex, color, national origin, physical handicap, marital status, politics, membership or non-membership in an employee organization.





#### **YOUR SALEM AREA OFFICE STAFF:**

*-*-	<u> </u>		_
Andulia White Elk	AnduliaW@ctsi.nsn.us	Addictions Counselor	X 1414
Angelica Espino	AngelicaE@ctsi.nsn.us	Tribal Services Specialist	X 1853
Antonia Leija	AntoniaL@ctsi.nsn.us	Voc Rehab Counselor/Job Developer	X 1861
Beverly Owen	BevO@ctsi.nsn.us	Area Office Supervisor	X 1851
Cecilia Tolentino	CeciliaT@ctsi.nsn.us	Community Health Advocate	X1854
Dana Rodriguez	DanaR@ctsi.nsn.us	Area Office Clerk	X 1850
Lori Christy	LoriC@ctsi.nsn.us	Home Visitor	X 1863
Lydia Kentta		Transporter	
Rachel Zinn	RachelZ@ctsi.nsn.us	Mental Health Counselor	X1417
Sonya Moody-Jurado	SonyaMJ@ctsi.nsn.us	Education Specialist	X 1856