



Siletz Casino Project to uplift Tribal community by helping with unmet needs

From Quinn Thomas, LLC

Currently, the Confederated Tribe of the Siletz Indians has \$248 million in unmet needs in Tribal programs, including approximately \$207.5 million in capital need and \$40.5 million in annual need.

We intend to use gaming income from the proposed Salem casino to provide much-needed programs for our Tribal members, including supporting Tribal elders, establishing a full-service Tribal law enforcement agency and creating a natural resources division along with strengthening several current Tribal programs.

We expect the casino to generate \$185 million in annual revenue in the first year of operation, growing to \$231 million by the third year. Twenty-five percent of this revenue will be reinvested into community improvements and programs for Siletz Tribal members.

Eventually, we hope revenue from the proposed casino project will reduce the Tribe's reliance on federal grant money to further strengthen its self-governance. As we move toward federal and state approval of our second entertainment property, we hope the community will consider the

hardships faced by our Tribal members due to adverse federal Indian policies. The revenue from this project will not only support local communities, but will improve the lives of our Tribal membership as well.

Impacts of adverse federal Indian policies

The unmet needs of the Siletz Tribe can be explained by the history of the Tribe and the adverse federal Indian policies applied to the Tribe and its members.

Two-thirds of the original Siletz Reservation was unilaterally removed by the federal government by Executive Order in 1865 and statute in 1875. This reservation land was taken without just compensation or Tribal consent.

In 1954, the Siletz Tribe was terminated of its status as an Indian Tribe by the Western Oregon Indian Termination Act and as result the Tribe was stripped of its remaining 25,000 acres of Tribal land. Termination devastated Tribal member-

See Salem on page 4



Photos by Diane Rodriguez

Natasha Smith (l) and Shila Justice (above) work together to make a Christmas ornament in a team-building activity during the Tribe's All-Staff Meeting on Dec. 7 at Chinook Winds Casino Resort. Raina Mason (l), Kyanna Fisher and Jasmine Whitehead (below) work on their ornament.



Planning's Community Meetings start this month

The Salem area meeting kicks off the year on Jan. 26, followed by the Eugene area meeting on Feb. 9. The Siletz area meeting is Feb. 23, followed by the Portland area meeting on March 9. The out-of-area folks will meet via Zoom on March 23.

Because your input is needed to communicate your needs and priorities and for grant writing, we want to spend more time listening to you. We will also update you on various projects we have completed as well as what is in progress.

Most of the meetings will be hybrid with in-person and Zoom connections. Meetings will be from 5:30-7:00 p.m. with the exception of Eugene. That meeting will meet from 6:00-7:30 p.m.

The link to all Zoom meetings is <https://us06web.zoom.us/j/6206272290>. To join by phone, call 1-253-215-8782 and enter the meeting ID: 6206272290.

If you have any questions, please contact the Planning Department at 541-444-8257 or 800-922-1399, ext. 1257.

Siletz Tribal offices will be closed:

- Monday, Jan. 2, for New Year's Day
- Monday, Jan. 16, for Martin Luther King Jr. Day
- Monday, Feb. 20, for Presidents' Day

Editor's note: Tribal Chairman Delores Pigsley wishes everyone a Happy New Year. Her Chairman's Report will resume in a future issue of Siletz News.



WHAT IS THE FASTER INTERNET OREGON SPEED TEST CAMPAIGN?

The Faster Internet Oregon speed test campaign is a statewide broadband mapping effort for Oregonians to report Internet speeds or a lack of connection at home.

The Faster Internet Oregon project will provide decision-makers with data that will:

- Identify Oregon homes that lack high-speed Internet;
- Clarify which households don't have an Internet connection and why;
- Provide cost estimates and assess competitive viability of a variety of technical solutions for areas with identified gaps.

This campaign will help secure infrastructure funding across the state and ensure the funding is equitably allocated so that everyone has access to fast, affordable Internet service.

Please help us identify Oregon's areas with the greatest need for high-speed broadband by using this link: www.FasterInternetOregon.org. It takes less than 1 minute!

FREQUENTLY ASKED QUESTIONS

What information are you collecting?

We are ONLY collecting information on whether you have an Internet connection, the speed of that connection if you do, and your address. We do not ask for your name or contact information.

What about privacy?

Privacy is of the utmost importance to the campaign. No personally identifiable information will be stored beyond the address that residents provide. Information will NOT be used for commercial or marketing purposes. Only campaign partners and decision-makers who sign a data use agreement will have access to the household-level data.

Did you know? Through the federal Affordable Connectivity Program, eligible households may qualify for a discount on Internet service of up to \$30 per month and up to \$75 per month on Tribal lands. Go to <https://www.fcc.gov/acp>.

Does the type of Internet service I use matter for the speed test?

No. Even if you're connected via a mobile hotspot, cable, or satellite Internet like Starlink, please take the speed test. All of this information gives broadband leaders a better understanding of how and where Oregonians connect to the Internet.

If I don't have an Internet connection, do you still want me to respond?

Yes! Knowing what locations do not have an Internet connection is just as important.



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SHARE THE FASTER INTERNET OREGON CAMPAIGN

Help spread the word to your friends and family. Share the speed test with them in person or online. Please reference the Faster Internet Oregon Campaign or use #FasterInternetOregonCampaign.

The more you help us spread the word, the more data we'll receive. Having more information increases our eligibility for funding. We can then improve broadband access where it's needed most.

Elders Council Meeting

The Elders Council will host an in-person/Zoom hybrid meeting on Saturday, Jan. 21, 2023, at 1 p.m. in the Shasta Room at Chinook Winds Casino Resort. If you have questions, please contact the Elders Program at 541-444-8212.

SIGN UP TODAY FOR WINTER ON-LINE LANGUAGE CLASSES

LEARN NUU-WEE-YA' (OUR LANGUAGE)

TUESDAYS, JANUARY 3-MARCH 7

5:00 PM-BEGINNING CONVERSATION 1

5:45 PM- BEGINNING CONVERSATION 2

THURSDAYS, JANUARY 5 -MARCH 2

5:00 PM-ONGOING CONVERSATION

SATURDAYS 1/28, 2/18, 3/4

NOON-IMMERSION CONVERSATION HOUR

TO SIGN UP CONTACT NICK VILES AT NICKV@CTSI.NSN.US OR 541-484-4234 X1757

Siletz News is free to enrolled Siletz Tribal members. For all others, a \$12 annual subscription fee applies. Please make checks payable to CTSI and mail to Siletz News.

Name: _____

Address: _____

Phone: _____

Change of address: Tribal members – contact the Enrollment Department at 541-444-8258; 800-922-1399, ext. 1258; or enrollment@ctsi.nsn.us. All others – call the newspaper office.

Send information to:

Siletz News

P.O. Box 549

Siletz, OR 97380-0549

541-444-8291 or
800-922-1399, ext. 1291

Fax: 541-444-2307

Email: pias@ctsi.nsn.us

Deadline for the February issue is Jan. 10.

Submission of articles and photos is encouraged.

Please see the Passages Policy on page 20 when submitting items for Passages.



Member of the Native American Journalists Association

Siletz Home Visiting Program

Providing:

- Parenting and life skills for successful and positive parenting
- Support and encouragement
- Resources and referrals
- A culturally sensitive, evidence-based curriculum



Serving:

Federally recognized American Indian, Alaskan Native and Native Hawaiian families:

- Prenatally until child turns 3 years of age. Must start before child turns 1.
- Living in Lincoln, Tillamook, Washington, Multnomah, Clackamas, Yamhill, Polk, Marion, Benton, Linn or Lane county

For more information and eligibility criteria, contact
Lori Christy, Family Support Specialist
loric@ctsi.nsn.us
503-390-9494

Go to www.ctsi.nsn.us 477-SSP Home Visiting to view past success stories.



Death Benefits and Designated Beneficiaries

Tribal members have Death Benefits that pay up to \$6,000 for funeral and burial costs. Any amount over \$6,000 is the responsibility of the family/person making arrangements to pay.

If the Tribal member completes the Designated Death Benefit Beneficiary form, then their beneficiary is paid \$1,000. There is no restriction on how the beneficiary spends the money and there is no default beneficiary, such as a parent or spouse. The Designated Death Benefit Beneficiary form must be notarized before submitting to the Enrollment Department.

1,649 members do not have a Designated Death Beneficiary. No money can be paid on those accounts. Due to deaths, re-marriages, etc., some forms are outdated and will result in money not going to the desired beneficiary.

If you have questions, you can contact the Enrollment Department via email at EnrollmentDepartment@ctsi.nsn.us, phone at 541-444-8258, or in person at 107 SE Swan Ave. in Siletz.

USDA distribution dates for January

	Siletz		Salem	
Tuesday	Jan. 3	9 a.m. – 3 p.m.	Tuesday	Jan. 17 1:30 – 6:30 p.m.
Wednesday	Jan. 4	9 a.m. – 3 p.m.	Wednesday	Jan. 18 9 a.m. – 6:30 p.m.
Thursday	Jan. 5	9 a.m. – 3 p.m.	Thursday	Jan. 19 By appt only
Friday	Jan. 6	9 a.m. – 3 p.m.		
Monday	Jan. 9	9 a.m. – 3 p.m.		

Sammy Hall, USDA Program Director
541-444-8279; sammyh@ctsi.nsn.us
Fax: 541-444-8306 or 503-391-4296

LIKE us on Facebook at Siletz Tribal FDPIR. We would like to see more people sharing their recipes on our FB page.



CTSI Jobs – Tribal employment information is available at ctsi.nsn.us.

CTSI VIRTUAL CULTURE NIGHTS



ALL TRIBAL MEMBERS AND FAMILIES WELCOME

Upcoming Dates:

January 11 at 6 pm: Our Tribal Bands

February 8 at 6 pm: Exploring Family History

March 15 at 6 pm: Hazel

Sponsored by the Education and Culture Departments
Contact Nick Viles at nickv@ctsi.nsn.us or 541-484-4234 x1757 to sign up

2023 Standing Committee Applications Due by Feb. 8, 2023

Any Tribal member interested in consideration for serving on a committee for a two-year term are encouraged to fill out this form and return it to the council office prior to Feb. 8, 2023.

Please **mail or fax** your application to Confederated Tribes of Siletz Indians, Attn: Executive Assistant to Tribal Council, P.O. Box 549, Siletz, OR 97380-0549; fax: 541-444-8325.

Name: _____ Roll No.: _____

Address: _____

City: _____ State: _____ ZIP: _____

Telephone: Day () _____ Evening () _____

Email Address: _____

If you only want to be considered for one committee, please indicate by inserting the number 1 next to the committee of interest. If you have interest in more than one committee, please indicate by numbering your preference, 1 (first choice), 2 (second choice) and 3 (third choice).

- | | |
|--------------------------------------|-------------------------------|
| ____ Education Committee (3) | ____ Housing Committee (3) |
| ____ Natural Resources Committee (3) | ____ Pow-Wow Committee (4) |
| ____ Health Committee (3) | ____ Budget Committee (1) |
| ____ Cultural Heritage Committee (3) | ____ Enrollment Committee (2) |

Committee appointments will be made at the Regular Tribal Council meeting in February 2023. If you have any questions, please call the executive assistant to Tribal Council at 800-922-1399, ext. 1372, or 541-444-8372.

ship and many families moved away from the Coast Reservation area. Although termination did not address the Tribe's treaty-reserved hunting, fishing, trapping and gathering rights, after termination occurred in 1954 the state of Oregon began enforcing its fish and wildlife laws against Siletz Tribal members.

Without resources to litigate the continued existence of their treaty rights, the small group of Siletz Tribal members remaining after termination focused on getting the Siletz Tribe's status as a federally recognized Indian Tribe restored. The Siletz Tribe was the second one in the nation to be restored to federally recognized status in 1977.

Supporting Tribal elders

Tribal elders suffered the most devastating impacts from termination, separated from their community and culture, and displaced to other areas of Oregon as Tribal lands were sold off. The disruption has caused increased levels of medical,

social and emotional trauma for elders as a result of termination.

We intend to allocate funds from the Salem casino project to fund the Tribal Elders Program.

Effective law enforcement

We do not currently have a law enforcement department, meaning the Tribe must contract with nearby non-Indian governments to provide limited law enforcement coverage for Tribal lands. With its current level of funding, we are unable to establish and maintain an effective law enforcement department to meet the needs of our communities.

The proposed Salem casino will allow the Siletz Tribe to establish and maintain a full-service Tribal law enforcement agency.

Managing natural resources

Siletz hunting and fishing rights became an issue during restoration as the Oregon Department of Fish and Wildlife

(ODFW) was adamantly opposed to Siletz Restoration unless the Tribe agreed to extinguishment of all of its hunting and fishing rights. This imposed additional trauma on the Tribe and its members while the Tribe was moving forward to mitigate the trauma of termination.

With the choice of establishing a reservation or keeping their hunting, fishing, trapping and gathering rights, the Siletz Tribe chose to move forward with establishing their reservation and was forced to agree to terms that imposed severe limitations on the Tribe's exercise of its hunting, fishing, trapping and gathering rights.

In the last two years state of Oregon officials, including Gov. Kate Brown and the current director of ODFW, Curt Melcher, have acknowledged the state's position during the late 1970s to limit the Tribe's treaty hunting, fishing, trapping and gathering rights was unconscionable. Jointly, the two parties have been working with the Tribe to rectify the harmful effects of termination that continue to adversely affect the Tribe and its members.

With the current negotiations in process with Gov. Brown and the ODFW director, the agreement will allow the Siletz Tribe to exercise its treaty-reserved hunting, fishing, trapping and gathering rights for the first time since 1954. The agreement was set to be finalized by the end of 2022 and once it is in place, we will need to establish a much larger Natural Resources Department with staff to regulate and manage the increased fish and wildlife harvest and related natural resources activities.

Additional support

Other service areas that casino project funds will go toward for Tribal members include education, social services, health care, substance abuse intervention and prevention, employment and training, Tribal language and cultural preservation, housing, natural resources planning and management, environmental protection, public safety, emergency preparedness, public utilities and transportation planning and infrastructure.

For more information about the Siletz Tribal Arts and Heritage Society, visit siletzartsheritagesociety.org.

Healthy brains for growing children require balanced choices in what we consume

By Nancy Ludwig, MS, RDN, LD, Head Start Consulting Nutritionist

Brain development is an important part of health and function for growing children, both in the womb and after birth. In my role as consultant nutritionist to Siletz Tribal Head Start, I offer information for families. Today's topic addresses reasons and ways to support brain health for common conditions that are poorly understood.

There is a great deal of science looking into brain development. At this point, it is a bit early to have clear recommendations. As always, however, we cannot wait; we need to make our best choices now for the health of ourselves and our children. Nurture is my focus for this article, specifically on emotional and food-based nourishment.

The brain functions with synapses and neurons that send important brain signals. Toddlers' brains have twice as many synapses and neurons as adults.

One of the ways a brain stays healthy is the process of pruning. Synaptic pruning is a natural process that occurs in the brain between early childhood and adulthood. During synaptic pruning, the brain eliminates extra synapses. Synapses are brain structures that allow neurons to transmit an electrical or chemical signal to another neuron.

Synaptic pruning is thought to be the brain's way of removing connections in the brain that are no longer needed. Researchers have recently learned that the brain is more "plastic" and moldable than previously thought. Synaptic pruning is our body's way of maintaining more efficient brain function as we get older and learn new complex information.

As more is learned about synaptic pruning, many researchers are wondering if there is a link between synaptic pruning and the onset of certain disorders, such as

autism or schizophrenia. Data shows there is less pruning in autism and possibly too much in schizophrenia. It is postulated that possibly the sense of overwhelm, common in autism, may be associated with less synaptic pruning.

Neuro-typical and neuro-diverse are terms being used more frequently. By contrast, neuro-typical describes expected, or typical, behaviors and neuro-diverse describes a wider range of behaviors, which could be considered atypical. The knowledge of where research is heading can help guide us to make choices now, as well as allow us the acceptance of what is, so we don't beat up on ourselves as parents or be too hard on our children, who may not be able to be as our culture may seem to expect.

Not all children and adults develop in the same ways. When conditions like autism and schizophrenia are noticed, it is very important to bring patience and acceptance to our role as parents, care providers and the wider community. There is often an unseen, deeper root cause that may become worse if not supported emotionally.

Our brains are composed of nearly 60% fat. The brain of a baby is about 1/3 of its adult weight at birth (approximately 1 pound at birth and 3 pounds as adult). At 6 years, children's brains are nearly 90% the weight of an adult brain.

Healthy fats are important for healthy brain development and function. Natural, fresh, unprocessed and organic are good rules of thumb for healthy fats, including avocados, fatty fish (uncontaminated), eggs and nuts.

When babies are in utero, the microbiome is being established. By age 3, a child's microbiome foundation is established. Early assaults to the child's microbiome, such as excessive antibiotics, may lead to adult illness. Mothers with Group B Strep are often given antibiotics during the birth process to protect the baby.

Antibiotics kill our "buddies" (those friendly microbes in our guts), so it is important to take them only when it is really important and not any more frequently than necessary. There is a time and a place for antibiotics.

Each time our buddies are knocked down or killed, recovery and restoration are needed. If we see that previous antibiotic use is possibly linked with our present conditions, we may feel bad and fear that we harmed ourselves or our children. This is not useful! We can be "health warriors" to make the next best choice to nourish our buddies to find balance.

Balance is the state where none of the organisms dominate. We often experience problems or sickness when our microbiome or terrain is not in balance. Balancing the microbiome is also known as strengthening our terrain or taking care of our buddies. To re-establish balance, we can manage our foods and supplements to feed the buddies vs. harming them.

Restoring our microbiome (buddies) is critical because the internal community of living microorganisms supports healthy digestion and immune system response, among other useful functions, such as brain development and function. It is made up of trillions of cells that continually report to the brain on the state of the body. There is major communication going on in the body orchestrated by our microbiome.

Our buddies are nourished by a variety of foods, including fiber and fermented or cultured foods. Adherence to an ancestral, organic diet will do much to restore a damaged microbiome.

Probiotic supplementation has proven to be extremely effective in treating depression through restoration of beneficial bacteria in the gut. One or two teaspoons per day of fermented foods should be added to your list of powerful safeguards against the ravages of the modern age.

We now see that brain development and function is influenced by the gut microbiome. In turn, mental health and function follow this sequence.

Communication between our gut and brain goes both ways (as well as total body communication). This, along with our genetics, sets the stage to determine the levels of neurotransmitters that are produced by our bodies. Neurotransmitters include serotonin, dopamine, acetylcholine, GABA and norepinephrine. Each of these plays a role in our mood and function.

Some of the childhood conditions and related symptoms of ADHD, autism and anxiety may be related to brain development, as influenced by the microbiome and neurotransmitter production and balance. These conditions cannot be classified as brain conditions only as they are intricately linked with digestive or gut conditions (whether symptomatic or not).

When the organisms in the microbiome send distress signals, a host of health effects can occur, from depression and other psychiatric complaints to brain disease, stroke and seizures. Toxins and antibiotics can undermine the beneficial bacteria that are essential to maintaining this delicate internal balance. The resulting inflammation often presents as symptoms of mental illness.

It may be easy to feel alarmed and to think that it is too late to change things. I believe, however, that our choices always matter and we can choose the next best thing to seek health and balance. Our openness to learning can guide us before the science is clear, just as our ancestors did.

Siletz Tribal Head Start offers nutritional support at no cost to Head Start families. This usually occurs over the telephone. If you have nutrition concerns about your Head Start child or want to discuss family nutrition concerns, please contact your teacher or the director and ask to speak to the nutritionist.



Courtesy photo by Zeph Mullins

The Siletz Community Health Clinic is building a greenhouse at the Tribal farm property to grow different vegetables, herbs and flowers starting this year.

Nitzel graduates basic training

Gavin Nitzel, 19, son of Beau and Brandee (Logan) Nitzel of Cascade, Idaho; grandson of Kendall Logan of Neotsu, Ore., and Vicki Jantzi-Konop of Eddyville, Ore; and a graduate of Cascade High School Class of '22, has become a U.S. Army soldier.

He completed basic training at Fort Jackson, S.C., and is now at Advance Individual Training as a (91A) M1 Abrams tank system maintainer at Fort Benning, Ga. PV2 Nitzel graduated in the top 10% of his class and was selected to attend Basic Airborne Training.



Run to the Rogue 2023 Update

This year, R2R will take place
October 13th, 14th & 15th

This change is to avoid cancelations
due to wildfire season.

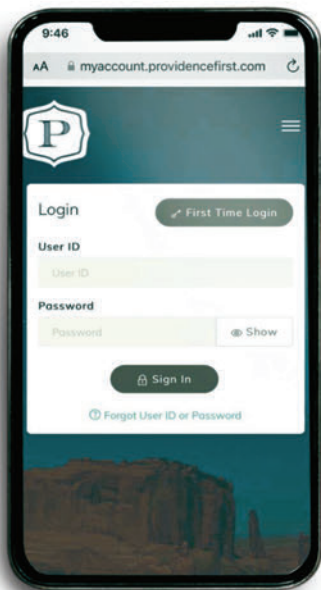
We look forward to seeing you for
Run to the Rogue in October!

Minors Trust Update

We are excited to announce that Providence First Trust is rolling out online access for trust beneficiaries where they can view trust account balance, investment performance, asset allocations, and can download account statements. This is different than logging into a bank account because you cannot conduct transactions because these funds are held in trust, so it is similar to a "view only" account. You can access your online account at:

<https://myaccount.providencefirst.com>

For security purposes, you will need to use various biographical information (birthday, Tribal ID, Social Security number, etc.) the first time that you log in. If you need any assistance with your trust fund, please contact Providence First Trust Company at 602-952-2300 or toll-free at 1-800-350-0208.



CTSI Alerts!

Emergency Notifications Powered By



What is CTSI Alerts!?

CTSI Alerts! is a mass-notification program operated by the Confederated Tribes of Siletz Indians. It is a service designed to provide Tribal members and employees with critical information during natural disasters and other emergency situations, including severe weather warnings, building closures, evacuation routes, etc. The system will also be used to send occasional routine messages and updates of general interest to Tribal members.

The program is powered by the State of Oregon's OR-Alert system and utilizes the Everbridge mass notification platform.

Signing Up/Opting Out

Tribal members over the age of 18 who live in Oregon will *automatically* receive emergency alerts to the phone number and/or email already on file with the CTSI Enrollment office – *no download is needed and no sign-up is required to receive notifications!*

If you prefer *not* to receive notifications from CTSI Alerts!, contact CTSI Emergency Preparedness Coordinator Randy Storms (information below) and request to be removed from the notification list.

Member Portal Profile (Optional)

You may receive an email inviting you to create a profile on the CTSI Alerts! member portal. Creating a profile is optional and will allow you to customize your CTSI Alerts! experience by adjusting your contact preferences as well as the type of alerts you receive.

Everbridge Mobile App (Optional)

The free Everbridge Mobile Application is available for all popular phones. While installing the app is not required to receive notifications, many people prefer to get notifications through the app instead of texts or emails.

Confirmations

Emergency notifications, test messages and other information will be sent to you via the default communication methods for your account. These methods can include email, text, voice calls or the Everbridge Mobile App. When you receive a notification, *please confirm receipt* – the system will continue to try and contact you until a confirmation has been received.

If you have questions or concerns about the CTSI Alerts! program, please email CTSI Emergency Preparedness Coordinator Randy Storms at randalls@ctsi.nsn.us or contact by phone at 541-444-8253.

CTSI Alerts!

Test Message

4th Friday of Each Month

2 p.m.

Beginning on

Friday, Jan. 27

General Welfare Exclusion Accessibility Program

The General Welfare Exclusion Accessibility Program (GWEAP) funds over-income families with a one-time grant of \$5,000 for accessibility features in the primary bathroom of the owner-occupied residence. Grants are solely to provide handicap accessible toilets, showers and grab bars.

GWEAP grants will be made available to Tribal homeowners within the 11-county service area. First priority is for over-income households whose income exceeds the eligibility requirements. Second priority will be low-income households. The over-income grant is for eligible applicants and is limited to one grant per person/address/household.

Over-income refers to Tribal members whose income exceeds the income limits set by the Native American Housing Assistance and Self-Determination Act (NAHASDA). These are listed below:

1	2	3	Base 4	5	6	7	8
\$50,400	\$57,600	\$64,800	\$72,000	\$77,800	\$83,600	\$89,300	\$95,100

Applications, including proof of current annual income, enrollment, and proof of homeownership with the Tribal member's name on it must be submitted to the Housing Office by **Tuesday, Jan. 31, 2023, at 4:30 p.m.** Applications received after that date and time will not be accepted by the Siletz Tribal Housing Department.

Qualified applicants will be placed in a lottery drawing that will be held during February on a date approved by the Tribal Council.

If you would like an application or have any questions, please contact Jeanette Mason at 800-922-1399, ext. 1316; 541-444-8316; or jeanettem@ctsi.nsn.us.



Siletz Community

Find us on Facebook! Siletz Community Health Department

EVENTS

JANUARY 2023

Youth and Adult Virtual Classes

Human Trafficking 101—TBD

New Trauma Support Group

Every Thursday @ 5:30pm

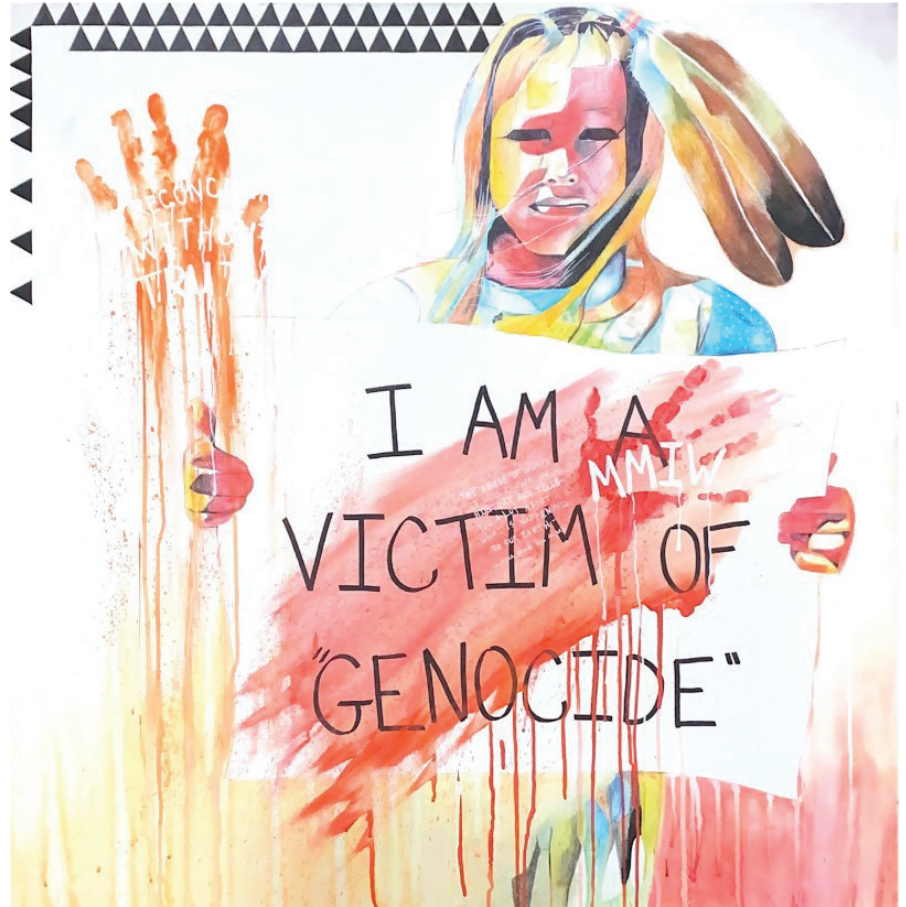
Naloxone/Narcan and HIV/HEP C Testing Event

See flyer on next page

Contact Rachelle Endres for more info at

rachellee@ctsi.nsn.us

or 541-444-9638



January is Human Trafficking Awareness Month

Below are some current sex trafficking statistics

~Portland, Oregon, is currently ranked the number one city in the nation for human trafficking.

~According to the FBI, **40** percent of victims of sex trafficking are Indigenous and Indigenous women represent **10** percent or less of the general population.

~Four out of 5 Indigenous women have experienced violence in their lifetime and one of the highest rates of rape of any racial group in Oregon.

~Murder is the third leading cause of death for Indigenous women.

~ What is human trafficking?

... It is the act of recruiting, harboring, transporting, providing, selling, obtaining... a human being for labor or sex by means of force, fraud or coercion. OR any commercial sex act or forced labor with anyone under the age of 18.

~ The [United Nations Office on Drugs and Crime](#) has a list of indicators you can use to help identify victims. These indicators include:

- Appearing malnourished
- Appearing injured or having signs of physical abuse
- Avoiding eye contact, social interaction and law enforcement
- Responding in manners that seem rehearsed or scripted
- Lacking personal identification documents
- Lacking personal possessions



Health Department



Understanding **ANXIETY** Class

January 5, 2023 6pm-7:30pm

Would you like to better understand anxiety and learn about different ways to cope with this all too common issue? Whether you are working on healing yourself or helping a loved one, your tribal community welcomes you to join a relaxed and judgement-free setting here at the CTSI Eugene Area Office.

Our presenter, Ro Zientara, LPC (Mental Health Clinical Supervisor & Therapist) will share on this topic and explain options for managing anxiety as we take our first steps into a fresh new year.

A light meal and snacks will be provided for those who are able to attend in person and a link will be provided for those who wish to attend virtually.

Please contact Jamie Boe, Community Health Advocate, to sign up for this class no later than January 3, 2023.

Call 541-484-4234 ext.1753 or email JamieBoe@ctsi.usn.us

Sponsored by:

CTSI Community Health Dept.

&

CTSI Behavioral Health Dept.

National Glaucoma Awareness Month

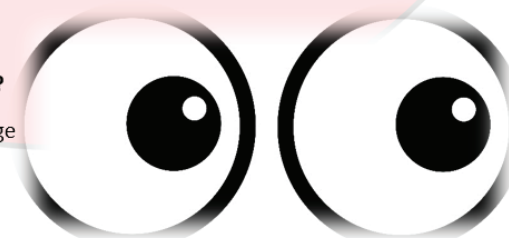
Glaucoma is a group of eye diseases that primarily affects middle-aged and elderly populations, although it can affect people of all ages. More than 3 million people in the United States have glaucoma. This number could increase to 4.2 million by 2030. Glaucoma has almost no symptoms, so as much as 40% of vision can be lost without noticing. Damage to the optic nerve, which is responsible for carrying images from the eye to the brain, is what causes glaucoma. Although there is no cure for glaucoma, medication or surgery can slow or even prevent further vision loss. Early detection is key, so be sure to get regular eye exams.

Risk Factors for Glaucoma

- Native Americans have a higher incidence of normal-tension glaucoma (NTG) than white patients
- People of African, Latino, and Asian descent
- People over the age of 60
- People who have family members with glaucoma
- Diabetes
- People with severe nearsightedness

How often should I get my eyes examined?

- Infants: First exam at 6 months of age
- Children: Every 2 years
- Ages 20 to 39: Every 5 years
- Ages 40 to 54: Every 2 to 4 years
- Ages 55 to 64: Every 1 to 3 years



KNOW THE SIGNS OF AN OVERDOSE:

- Not breathing, or breathing is very slow
- Turning pale, blue, or gray; especially lips or fingernails
- Making snoring, gurgling or choking sounds
- Become limp
- Throwing up
- Not responding to yelling or other stimulation
- Pin point pupils

IF THERE ARE SIGNS OF AN OVERDOSE:

- Call 911!
- There may be complications that need medical attention
- Person may have overdosed on something besides heroin or other opiates
- Emergency medical services are critical

START RESCUE BREATHING

If trained, give CPR or do rescue breathing

- Check mouth for food or other visible obstruction
- If clear, tilt chin, pinch nose and give 1 breath every 5 seconds
- Continue for 30 seconds

Naloxone Distribution and HIV & Hep C Testing Event

January 20 from 12-3pm

The Harm Reduction Program will hold a Naloxone distribution and HIV & Hep C testing event in the lobby of the Siletz Clinic
200 Gwee Shut Road.
Siletz OR 97380

Naloxone saves lives, so come join us and get a Narcan Kit and information on how to use it.

Coffee and donuts will be available for anyone who comes to get tested or grab a Naloxone Kit.



NO JUDGEMENT, NO SHAMING, NO PREACHING, JUST LOVE!

(800) 484-3731

If you are going to use by yourself, call us! You will be asked for your first name, location, and the number you are calling from. An operator will stay on the line with you while you use. If you stop responding after using, the operator will notify emergency services of an "unresponsive person" at your location.



Healthy Traditions



Practice your traditions!

For more information regarding activities contact
Healthy Traditions
541.444.9627 or kathyk@ctsi.nsn.us

Willamette Falls
is a special place
to Siletz Tribal
families.

If you are interested in going
to get eels, are not able to
physically go but would like
to receive eels, please
contact me.

You can be added to our
contact list to continue the
practice of this tradition.

Contact Healthy Traditions at
541-444-9627 or
kathyk@ctsi.nsn.us



Willamette Falls is one of the few places with harvestable eel
populations and where we can practice this tradition to feed
our families.



Eel Cleaning

Raymond Ben
and
Dillon Blacketer
demonstrating
cleaning eels and
helping teach at
Culture Camp.

Healthy Traditions Mission Statement

The CTSI
Healthy Traditions project
seeks to improve
the health of
Siletz Tribal Members
through educational
activities which promote the
use of traditional foods
through hunting, gathering,
gardening, cooking, food
preservation
and protecting our natural
resources.



Health Promotion Activities sponsored by:
Diabetes Prevention Team

Pizza and a Movie night

**DATE: JANUARY 16
@ 6 PM**

For more information,
please contact:
Richardb@ctsi.nsn.us



Create your own pizza,
and enjoy a movie
at the rec center.

1010 W Buford Ave
Siletz, OR. 97380

Strawberry Freezer Jam class

Saturday
January 14th

Saturday
February 4th

To Register:
Please contact:
Kathy Kentta
kathyk@ctsi.nsn.us
541.444.9627

**This event is open to Tribal Members
and their families**

BABY FOOD CLASS

LEARN TO PREPARE BABY FOOD

For more info regarding date, time and to register, please
call Healthy Traditions at 541-444-9627 or email
Kathyk@ctsi.nsn.us.



Natural baby food
rich in vitamins

Are you pre-diabetic and trying
to start the new year off with
health goals?
Join a pre-diabetes group lead by
Life Coaches!
If you are interested and live in the
Salem, Portland, Eugene or Siletz
service areas, please email
Kimberlyl@ctsi.nsn.us or call
541-444-9679.

kayaks rafts paddleboards lifejackets transportation accessories & more

REC CENTER RENTALS

Outdoor recreation equipment is available to check-out for Siletz Tribal Members & CTSI Staff

For FREE

For More Information

Call
541-444-9656

Email
TillicumFitnessCenter@ctsi.nsn.us

To rent, visit:
confederated-tribes-of-siletz-indians.booqable.shop

You are only charged if you fail to return equipment.

Siletz Community
Showers/Restroom/Laundry Facilities
Call to schedule a shower appointment

SHOWER

Please call 541-444-9348 or 541-444-9672
Hours: 8:30 a.m. - 4 p.m. Monday-Friday
Restroom open 8:30 a.m. - 4 p.m.
Closed Saturday-Sunday

Siletz Tribal Behavioral Health Programs

Prevention, Outpatient Treatment, and Women's and Men's Transitional Living Center

Siletz: 800-600-5599 or 541-444-8286
Eugene: 541-484-4234
Salem: 503-390-9494
Portland: 503-238-1512

Narcotics Anonymous Toll-Free Help Line - 877-233-4287
For information on Alcoholics Anonymous: aa-oregon.org


Most Often Requested Numbers

Confederated Tribes of Siletz Indians - 800-922-1399
Salem Area Office - 503-390-9494
Portland Area Office - 503-238-1512
Eugene Area Office - 541-484-4234
Purchased Referred Care (PRC) - 800-628-5720
Tribal Veterans Rep - 541-444-8330 or 541-270-0569
Siletz Community Health Clinic - 800-648-0449
Siletz Behavioral Health - 800-600-5599
Chinook Winds Casino Resort - 888-244-6665
Chemawa Health Clinic - 800-452-7823
Bureau of Indian Affairs - 800-323-8517
Website - www.ctsi.nsn.us

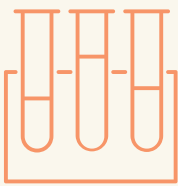
SILETZ COMMUNITY HEALTH CLINIC ANNUAL DIABETES WELLNESS VISIT

The Annual Diabetes Wellness Visit is different than your yearly physical exam. This visit will focus on gathering health information and counseling you on improving your health and preventing complications.


WHAT WILL BE REVIEWED AT YOUR DIABETES WELLNESS VISIT?




MEDICAL HISTORY



LAB RESULTS




MEDICATIONS




PROVIDER PLAN

CALL TO SCHEDULE YOUR LAB VISIT AND APPOINTMENT TODAY!
541-444-1030


ENJOY A FREE GIFT
WHEN YOU ATTEND YOUR VISIT!



ONE ON ONE



VIDEO CALLS



OVER THE PHONE

HERE TO SUPPORT YOU, YOUR FAMILY AND THE COMMUNITY!
YOUR HEALTH IS OUR PRIORITY.

EMERGENCY ASSISTANCE

Confederated Tribes of Siletz Indians 477-SSP

Eviction
Are you being evicted or facing homelessness?

Utility Shut-Off
Have received shut-off notice for utilities (electric, water, sewer)

Native American
Enrolled Siletz Tribal member or enrolled in a federally recognized Indian Tribe and reside in the CTSI service area.

Exhausted All Resources
You have utilized all other funding resources, i.e., Housing Department, LIHEAP, and other community agencies.

100% of Federal Poverty Level
Not sure what your poverty level is? Call one of the area offices.

Taking Action

CTSI Area Offices
Siletz Administration Office: Jamie (541) 444-8266
Salem Area Office: Angelica (503) 390-9494
Portland Area Office: Anna (503) 238-1512
Eugene Area Office: Jen (541) 484-4234
Other criteria may apply

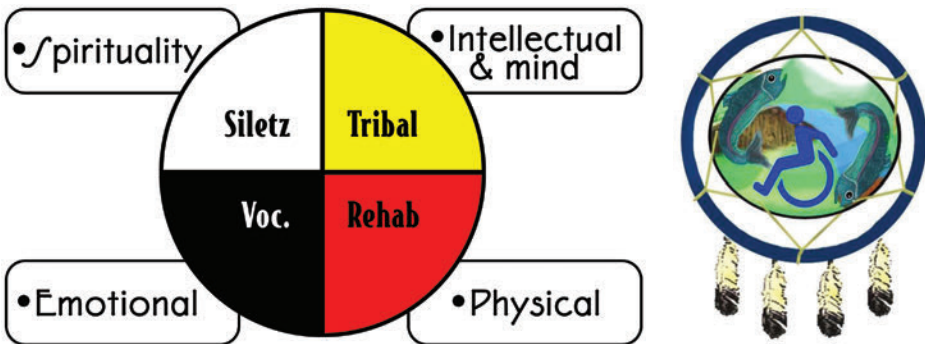
Vocational Rehabilitation Eligibility Awareness

Siletz Tribal Vocational Rehabilitation Program (STVRP)

STVRP is here to help members of ANY federally recognized Tribe (living within the Siletz Tribe's service area) with barriers to employment. We work with individuals who have disabilities.

Examples of Services

- Guidance and counseling
- Referral to employment services
- Résumé writing
- Interviewing techniques
- Job coaching
- Culturally relevant and individualized services
- Evaluations, assessments and training placement opportunities
- Adaptive equipment



For more information about STVRP, please inquire at 800-922-1399. We also maintain resource and employment boards, so please make an appointment if you're interested. You can speak to VR staff in the following locations:

Makayla Jackson
Job Developer/Counselor
Eugene Area Office
2468 W 11th Ave.
Eugene, OR 97402
541-484-4234, ext. 1752

Toni Leija
Job Developer/Counselor
Salem Area Office
3160 Blossom Drive NE, STE 105
Salem, OR 97305
503-390-9494, ext. 1861

Tamra Russell
Self-Sufficiency Counselor 1
Portland Area Office
12790 SE Stark St., STE 102
Portland, OR 97233
503-238-1512, ext. 1411

Jamie Bokuro
Intake Specialist/Job Coach
Siletz Area Office
201 SE Swan Ave.
Siletz, OR 97380
541-444-8266

"Hi, I can help with OHP."

Do you need help with OHP?

You don't have to leave your home to apply!
Applications can now be done online or over the phone.

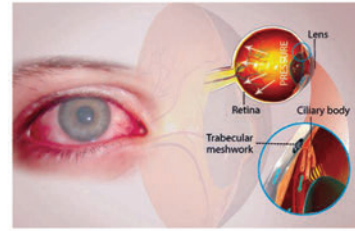
Shop for health plans at <https://or.checkbookhealth.org/> or call direct at 855-268-9767.

541-444-9611

January 2023 Disability Awareness: GLAUCOMA

Glaucoma is a condition that affects the eyes. Damage to the eye's optic nerve causes loss of vision. Sometimes, there is increased pressure inside of the eye called "intraocular pressure." If left untreated, it leads to gradual vision loss.

Symptoms: Blurred vision, glare, eye pain, headache and narrowed vision



Facts

- Treatments can help manage the condition. There's no known cure.
- Requires lab test or imaging
- May last several years or be lifelong
- Common for ages 50 and older
- Family history may increase likelihood

There are two types of glaucoma:

- **Open-angle glaucoma:** Most common. Develops over time and is painless.
- **Angle-closure glaucoma:** This type can show gradually or suddenly; if sudden, it involves severe eye pain, blurred vision, redness of the eye, mild dilated pupil and nausea.
- Vision loss caused by glaucoma is permanent.
- **Treatment:** Reducing the intraocular pressure and preventing further damage to the optic nerves. Intraocular pressure can be reduced by increasing the drainage or reducing its production through medications.

Prevention

- Primary open-angle glaucoma cannot be prevented.
- Certain types of glaucoma can be prevented with early diagnosis and appropriate treatment.
- Surgical interventions can prevent the vision loss.

Nutrition

FOODS TO EAT

- Iron-rich foods, such as spinach
- Vitamin A-containing foods, such as sweet potatoes, carrots, mangoes and milk
- Protein-rich foods, such as eggs and milk
- Zinc-rich foods, such as green peas, eggs, wheat germ, chickpeas, oyster, red meat,
- poultry and certain seafood
- Foods rich in vitamin C, such as green pepper, citrus fruits and tomatoes

FOODS TO AVOID

- Foods with trans fatty acids: i.e., cookies, cakes and French fries
- Coffee (caffeinated)
- Foods with high saturated fats like fatty meat (beef)
- Alcohol

Accommodations: Job site modifications, assistive and adaptive technology
Mobility: Cane, guide dog or sighted aide, and skills training.

The job development specialists in your local Vocational Rehabilitation office are available to assist you with your vocational needs:

Makayla Jackson, Job Development Specialist
Eugene Area Office
2468 W 11th Ave.
Eugene, OR 97402
541-484-4234, ext. 1752

Tamra Russell, Self-Sufficiency Counselor 1
Portland Area Office
12790 SE Stark St., Suite 102
Portland, OR 97233
503-238-1512, ext. 1411

Toni Leija, Job Development Specialist
Salem Area Office
3160 Blossom Dr. NE, Suite 105
Salem, OR 97305
503-390-9494, ext. 1861

Dial 988

from any phone to get help.

If you need immediate help now,
Text **INDIGENOUS** to 741741.



CTSI Jobs – information available at ctsi.nsn.us

Note: "Open Until Filled" vacancies may close at any time. The Tribe's Indian Preference policy will apply. Tribal government will not discriminate in selection because of race, creed, age, sex, color, national origin, physical handicap, marital status, politics, membership or non-membership in an employee organization.



Elders Holiday Party

Siletz Tribal Community Center • Dec. 9, 2022

Photos by Diane Rodriguez

Above: Darlene Carkhuff (left) and Shannon Case enjoy a discussion before Bingo starts.

Above right: Marci Rilatos (black apron) and Shelley Selsic serve food to other elders at the party.

Right: Loraine Butler and LaVonne Butler concentrate on one of the games at the table.



General Council Meeting

Saturday, Feb. 4, 2023 • 1 p.m. • Siletz, Oregon

Call to Order
Invocation
Flag Salute
Roll Call
Approval of Agenda
Approval of Minutes

Program Reports:
Garden Project • PRC Update
Tribal Member Concerns
Chairman's Report
Announcements
Adjourn

Note: The General Council Meeting will be livestreamed through the Tribal website.

Nesika Illahee Pow-Wow

Attention Siletz Tribal Artists

The Pow-Wow Committee is once again having a logo contest for the upcoming pow-wow in August 2023. All Siletz Tribal artists are encouraged to submit a pow-wow-themed logo.

The winning logo artist will receive a cash prize of \$300 and a professional banner with your logo. They also will have their logo highlighted on Nesika Illahee Pow-Wow flyers and merchandise.

Please submit your artwork to the cultural education director's office at the Siletz Tribal Community Center or mail them to Confederated Tribes of Siletz Indians, Attn: Pow-Wow Logo Contest, P.O. Box 549, Siletz, OR 97380-0549.

All entries must be received no later than March 3, 2023.

Royalty Crown Proposals

The Pow-Wow Committee is now accepting proposals for 2023-2024 royalty crowns. Proposals are being accepted for Miss Siletz, Junior Miss Siletz and Little Miss Siletz.

Proposals for a crown must include art design, size of the crown and a bid for the crown or crowns of your interest. Proposals can be submitted for individual crowns, two crowns or you can submit a bid for all three crowns.

Crown proposals must be turned in to the committee no later than March 3, 2023. Proposals should be sent to Siletz Pow-Wow Committee, P.O. Box 549, Siletz, OR 97380-0549.

If you have any questions, contact Buddy Lane at 800-922-1399, ext. 1230; 541-444-8230; or buddy1@ctsi.nsn.us.

Oregon's new Veteran Dental Program now available for those who qualify

Oregon House Bill 4095, which creates the state's first Veteran Dental Program for Oregon veterans who do not qualify for the Oregon Health Plan (OHP), passed in the 2022 Legislative Session. Administered by the Oregon Health Authority, this state-funded program is separate and distinct from the dental benefit offered by the U.S. Department of Veterans Affairs. Veterans can now apply for the program using the OHP application.

For veterans who qualify, dental care will start Jan. 1, 2023. Eligible applicants must be veterans as described in Oregon Revised Statute 408.225, except the veteran may be discharged or released under honorable or other conditions and must be at or below 400% of federal poverty guidelines.

To apply, veterans can visit one.oregon.gov to log in or create an account, or have an application mailed by calling OHP customer service at 800-699-9075. Help filling out an application is also available through a network of local certified community partners statewide. You can find a community partner at bit.ly/ohplocalhelp.

If approved for the Veteran Dental Program, members will be enrolled in a coordinated care organization (CCO) to access dental care. The Veteran Dental Program offers the same dental care as OHP Plus, such as teeth cleanings, filling and extractions, and emergency dental care. Individuals do not need to pay for dental care covered by the Veteran Dental Program.

Funding is limited for the program, so eligible individuals are encouraged to apply now. "The Oregon Veteran Dental Program will bridge a significant gap in veterans' access to accessible and affordable oral care in Oregon, which is critical for physical health, confidence and their overall well-being," said Kelly Fitzpatrick, director of the Oregon Department of Veterans' Affairs. "This new program reflects our state's continuing commitment to serve and support our Oregon veteran community."

For more information, visit <https://www.oregon.gov/oha/HSD/OHP/Pages/Dental-Programs.aspx>.

Established in 1945, the Oregon Department of Veterans' Affairs is dedicated to serving Oregon's diverse veteran community that spans five eras of service members. ODA administers programs and provides special advocacy and assistance in accessing earned veteran benefits across the state.

Learn about veteran benefits and services, or locate a local county or Tribal veteran service office online at oregon.gov/odva.

Thinking of attending college during the 2022-2023 Academic year? Here's what you need to know

✦ FAFSA Opens for Applications Oct. 1st
(at www.fafsa.ed.gov)

*If applying for Higher Education funds for the 2022-2023 academic year, students must complete their FAFSA by June 30th

✦ CTSI Higher Education Grant Application Due June 30th
www.ctsi.nsn.us/wp-content/uploads/2020/12/Higher-Education-Application.pdf

✦ CTSI Graduate Application Due June 30th
www.ctsi.nsn.us/wp-content/uploads/2020/12/Graduate-Student-Application.pdf

Contact an Education Specialist in your area for more information.

Siletz Area & Out-of-State Jeff Sweet JeffS@ctsi.nsn.us 541-444-8207	Eugene Area Candace Hill CandaceH@ctsi.nsn.us 541-484-4234	Portland Area & Washington Katy Holland KatyH@ctsi.nsn.us 503-238-1512	Salem Area Sonya Moody-Jurado SonyaMJ@ctsi.nsn.us 503-390-9494
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Visit www.ctsi.nsn.us/post-secondary-education/ for applications.

HIGH SCHOOL THROUGH GRADUATE SCHOOL

STUDENT GRADUATION STOLE PROGRAM

2023 GRADUATES CAN SUBMIT A REQUEST FORM
JANUARY 1ST, 2023 TO MAY 31ST, 2023.

CONTACT AN EDUCATION SPECIALIST FOR AN APPLICATION

Katy Holland Portland/Washington Area KatyH@ctsi.nsn.us	Jeff Sweet Siletz Area JeffS@ctsi.nsn.us	Sonya Moody-Jurado Salem Area SonyaMJ@ctsi.nsn.us	Candace Hill Eugene/Out-of-Area CandaceH@ctsi.nsn.us
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Applicant must be an enrolled Siletz Tribal member at time of completion/graduation.

JOM FAMILIES

Follow the CTSI Education department on the CTSI Youth Facebook page and in your local area newsletter for monthly youth program information.



@CTSIYouth

Email your local Education Specialist to be added to our email list:

Portland Area Office Katy Holland 503-238-1512 KatyH@ctsi.nsn.us	Siletz Area Jeff Sweet 541-444-8207 JeffS@ctsi.nsn.us	Salem Area Office Sonya Moody-Jurado 503-390-9494 SonyaMJ@ctsi.nsn.us	Eugene Area Office Candace Hill 541-484-4234 CandaceH@ctsi.nsn.us
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Protect yourself and loved ones from respiratory viruses like RSV

Wash hands thoroughly and frequently.

Consider wearing a mask indoors in public places, especially if you are at risk for severe illness.

Cover coughs and sneezes.

Disinfect common, high-touch areas.

Stay home when sick, if possible.



Siletz Tribal Veterans

For information and assistance from Tony Molina, Tribal Veteran Representative, call 541-270-0569 or email tonym@ctsi.nsn.us



Join our **THIRD ANNUAL Sapsik'wala Grow Your Own (GYO) Future Teachers Project!**
March 20 - June 9

2023

Seeking Future Indigenous Teachers

The Sapsik'wala Teacher Education Program invites you to APPLY to participate in our Native Future Teachers Program! Our Grow Your Own (GYO) Project is a 12-week online mentorship program for AI/AN high school and college students living in Oregon or with Tribal affiliation in any of the nine federally recognized Tribal Nations and the 43 Tribal Nations that have residency by aboriginal right in Oregon.



Up to 30 GYO participants will join in community with current Sapsik'wala students, alumni educators, and elder educators to receive weekly academic and cultural mentorship for transitioning to higher education and towards becoming an Indigenous teacher. GYO will be a distance learning experience (through ZOOM). Participants will receive technology support and gift cards for actively participating in our community and completing project goals.



SCAN ME!



Sapsik'wala Teacher Education Program
Grow Your Own

[Visit our blog to find out more!](#)

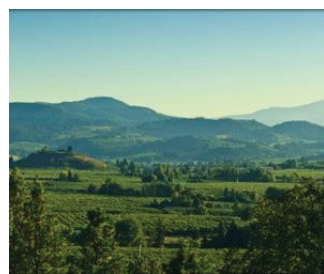
Verl and Dorothy Miller Native American Vocational Scholarship

Scholarship purpose: To award vocational scholarships to **Native American residents** of Oregon for use in the pursuit of post-secondary education or training at an accredited institution in Oregon

O
C
F

ELIGIBILITY CRITERIA

- Oregon residents who can provide a certification of Tribal enrollment or descendants of enrolled members
- Open to high school graduates or graduating high school seniors
- Planning to pursue or pursuing a trade or vocational study
- Enrolled at least half-time
- Enrolled in any public 2-year institution or an accredited vocational or trade school that is in Oregon
- Financial need is required - must complete the FASFA or ORSAA



AWARD SIZE

- Renewal possible up to 4-years; students must reapply each year

HOW TO APPLY

Complete the Office of Student Access and Completion (OSAC) application at: www.oregonstudentaid.gov/scholarships/

Applications accepted Nov. 1 – March 1 for the upcoming academic year.



Tribal Health Scholars (THS) is a paid externship program for American Indian / Alaska Native (AIAN) high school sophomores, juniors and seniors. Students are supported and inspired to envision themselves as healthcare professionals and to pursue education required for a career in healthcare.

THS has two components:

- 14 week virtual experience where scholars learn about healthcare fields and hear from guest speakers
- 4 weeks of a clinical shadowing externship where scholars gain exposure to health careers at their local tribal health clinics

Applications close January 20th, 2023

Apply online at <https://www.nnacoe.org/tribal-health-scholars>

For more information or any questions please contact: Katie at murpkati@ohsu.edu



For information about the Siletz Tribal language program, visit siletzlanguage.org.



Senate Bill 13: Tribal History/Shared History

The Confederated Tribes of Siletz Indians is releasing curriculum for Oregon K-12 public schools to provide "historically accurate, culturally embedded, place-based, contemporary, and developmentally appropriate" lessons about

Siletz tribal people, history, culture, homelands, and government...

LESSON PLANS

Lesson plans cover a range of subjects and content areas including English language arts, social studies, math, and science. Lessons include information about tribal history, traditional homelands, culture, and art as well as modern tribal government, ecological stewardship, and cultural revitalization.

Questions about the Lesson Plans?

Drop by weekly virtual office hours with CTSI Culture Staff to discuss any questions about curriculum content

Wednesdays 3:00-4:00, January-March

Email culture@ctsi.nsn.us for login information

K-1st Grade 2nd Grade 4th Grade 5th Grade 6th Grade 8th Grade 9th Grade 10th Grade 11th Grade



Find lessons at www.ctsi.nsn.us/sb-13-curriculum

2022-2023 CTSI College Information Nights

Sponsored by the Education Department

6PM VIA ZOOM

College Information Night III 02/16/2023

- Re-cap from Night I & II
- Overview of CTSI Student aid programs
 - (STHD Temporary Student Housing Assistance; 477 Self Sufficiency Classroom training; Adult Ed.; AVT; HE; CTSI Student Laptop Program; Education Committee Scholarships)
- Guest Presenter: Learning Campus life
- Guest Presenter: Learn about a Voc. training program

College Information Night IV 04/20/2023

- Re-cap of CTSI Student aid programs
- Deadline Reminders
- Guest Presenter: Learning Campus life
- Guest Presenter: Learn about a Voc. training program

Contact an Education Specialist to Sign Up!

Jeff Sweet
Siletz & Out-of-Area
JeffS@ctsi.nsn.us

Katy Holland
Portland & Washington
KatyH@ctsi.nsn.us

Sonya Moody-Jurado
Salem Area
SonyaMJ@ctsi.nsn.us

Candace Hill
Eugene Area
CandaceH@ctsi.nsn.us

Scholarships

- Fastweb (scholarship search engine)
- Big Future (scholarship search engine)
- Pacific Northwest Scholarship Guide (scholarship search engine)
- OregonStudentAid.gov
- Live Mas Scholarship Program
Deadline: Jan. 11, 2023
- Amazon Future Engineer Scholarship
Deadline: Feb. 1, 2023
- AEF Scholarship
Deadline: Feb. 2, 2023
- Frances Crawford Marvin American Indian Scholarship
Deadline: Feb. 15, 2023
- Venus Morris Griffin Scholarship
Deadline: Feb. 15, 2023
- Tillman Scholarship
Deadline: Feb. 28, 2023
- Oregon State Credit Union Tomorrow's Leaders Today Scholarships
Deadline: Feb. 28, 2023
- Future of School Scholarship Program
Deadline: March 15, 2023
- Inspire Our Future Commercial Scholarship
Deadline: March 20, 2023
- Lockheed Martin Vocational Scholarship
Deadline: March 31, 2023
- Cobell Scholarship
Deadline: March 31, 2023
- NVMS American Indian Music Scholarship
Deadline: March 31, 2023
- CM Cares Religious Scholar Program
Deadline: April 4, 2023
- Nebraskaland Scholarship
Deadline: April 11, 2023
- Edwards Lifesciences Scholarship Program
Deadline: April 18, 2023
- Brave of Heart Scholarship Program
Deadline: April 21, 2023
- #RAREis Scholarship Fund
Deadline: April 21, 2023
- OTR Diversity in Business Scholarship
Deadline: May 25, 2023

Internships

- Tic Tok Marketing Intern/Summer 2023
Deadline: Feb. 15, 2023
- Cronin and Company
Deadline: Open
- Liberty Mutual Insurance TechStart Summer Internship
Deadline: Open
- DropBox – Remote Customer Experience Program and Project Management Intern – Summer 2023
Deadline: Open
- Roku
Deadline: Multiple/Open
- Nike N7 Undergraduate Internship
Deadline: Multiple
- Nike Internships
Deadline: Multiple
- Tesla Internships (spring 2023)
Deadline: Multiple
- The Home Depot Remote Human Resources Internships (summer 2023)
Deadline: Multiple
- Starbucks Public Affairs and Communications Internship (summer 2023)
Deadline: Open
- Paramount Pictures Internships (summer 2023)
Deadline: Multiple
- Brighthouse Financial 2023 Remote Marketing Summer Intern
Deadline: Multiple
- WSJ.Magazine Internship/Summer 2023
Deadline: Open
- DMS Internships
Deadline: Ongoing
- Apple Business, Marketing and G&A Internships
Deadline: Multiple
- Coca-Cola Company Marketing Summer Intern
Deadline: Open
- Amazon Undergraduate Program Internships
Deadline: Multiple
- Habitat Restoration Internship
Deadline: Various
- Meta (Facebook) Data Center Engineering Internships
Deadline: Various

Fellowships

- Just Tech Fellowship
Deadline: Jan. 30, 2023
- Tribal Agriculture Fellowship
Deadline: Feb. 10, 2023
- McGraw Fellowship for Business Journalism (CUNY)
Deadline: March 31, 2023
- MBA Special Advisor Fellowship
Deadline: Ongoing
- Franklin Talent Exchange Program
Deadline: Ongoing
- NYT Local Investigations Fellowship
Deadline: Rolling
- Institute for Citizens and Scholars Fellowships
Deadline: Various
- American Indian Graduate Center
Deadline: Ongoing
- NOAA Fellowships
Deadline: Ongoing
- Master of Forest Resources Fellowships
Deadline: Open until filled
- NW NA Research Centers for Health Research Support Fellowship
Deadline: Rolling

Important information for college-bound Tribal seniors

January

- FAFSA forms must be submitted by June 30. Do not delay, start on this.
- Complete scholarships that are due.
- Check for Student Aid Report (SAR) on the FAFSA website several days after filing out the FAFSA).
- Request mid-year transcripts be sent to colleges to which you have applied.
- Request transcripts needed for OSAC scholarship application.
- Send thank you notes to people who have helped you.
- Students who apply for Tribal assistance for college must apply for FAFSA no later than June 30 at fafsa.ed.gov.

February

- First semester grades and mid-year reports are sent to some colleges.
- Check your school counseling office or ASPIRE center for scholarship information.
- Complete scholarships.
- Check with colleges applied to for verification they have received all necessary documents. Continue to monitor status of submitted applications.
- Check to see if your mid-year transcripts have been sent to the schools to which you have applied.
- Wrap up any scholarship application, essays and activities chart (for OSAC). February is OSAC early bird deadline.

Other Opportunities

- UO Home Flight Scholars Program
- Oregon Tribal Student Grant
- UC Native American Opportunity Plan
- NAYA Native Business Accelerator
Deadline: Jan. 15, 2023
- Soul Center for the Arts Artist Creation Grants
Deadline: Jan. 31, 2023
- Native Launchpad 2023
Deadline: Feb. 1, 2023
- Fund for Indigenous Journalists: Reporting on MMIWG2T
Deadline: Rolling
- Amber Grants
Deadline: Rolling
- NAYA Ninth Grade Counts
Deadline: Rolling
- Dept. of Energy Scholars Program
Deadline: Ongoing
- National Park Service Tribal Stewards Inclusion Program
Deadline: Ongoing
- Center for Native American Youth at the Aspen Institute – Generation Indigenous Network Youth Ambassador
- National Youth Leadership Forum STEM Program Nomination Form
Deadline: Various
- The Student Conservation Association
- Northwest Youth Corps

Siletz Tribal Members Online Academic Support

Free Virtual Tutoring!

* **24/7 On-Demand Access to Online Professional Tutors**

* **GED Support**

* **All Subjects and Grade Levels- From Kindergarten through College/University**

* **Individualized Help in All Subjects**

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* **All Tribal Students Eligible to Apply, Regardless of Residence.**

Contact your local Education Specialist to sign up:

Siletz & Out-of-Area
Jeff- JeffS@ctsi.nsn.us

Salem
Sonya- SonyaMJ@ctsi.nsn.us

Portland
Katy- KatyH@ctsi.nsn.us

Eugene
Candace- CandaceH@ctsi.nsn.us

Please Note:

Students **MUST** complete a Tutoring Application to register. Tutoring hours are available on a first come first serve basis as resources are available.

Tribal Council Timesheets for November 2022

Frank Aspria – 11/1/22-11/30/22

TC	Ind	Gmg	STBC	ED	Tvl	
7	7	.5				11/1 Email, Wade tour
1.75	1.75					11/2 Meet w/ Tina Kotek, packets
5	5		4			11/3-4 Interviews, email, packets
3.5	3.5					11/5 Health, Housing, General Council
2	2	2.75		1		11/7 Econ dev, casino mtg, email
5.75	5.75	2	2.5			11/8-9 Casino presentation, STBC mtg/email, email, CPT/ICWA, reports, packets
2.75	2.75		2.5			11/10 CPT, High tour, email, updates
1.25	1.5	8.5			2.5	11/11 Casino budget mtg, Special TC, email, reports
4	4			.5		11/14 Interview, meet w/ attorney, econ dev, PAO move, email, packets
4.5	4.5					11/15 Email, casino news
6.5	6.5					11/16 Regular TC, report, packet
9.25	9.25	8				11/17-20 Packets, email, report
3.25	3.25	.5		1		11/21 Econ dev, interviews, email
1.5	1.5					11/22 Special TC, email
4.5	4.5					11/23-26 Special TC, email

Loraine Y. Butler – 11/1/22-11/30/22

TC	Ind	Gmg	STBC	ED	Tvl	
7	7				8	11/1-3 NCAI
1.5	1.5					11/4 Packets
3	3					11/5 Health, Housing, General Council
.5	.5	1.5				11/7-8 Hotel wkshp, packets
.5	.5		3		2	11/9 Tour LC clinic, STBC mtg
1.5	1.5	2				11/10 Tour High ranch, packets
		7			2	11/11 Gaming budget mtg
3.5	3.5					11/13-15 Meet w/ attorney, packets
3.75	3.75					11/16 Regular TC
1	1				2	11/18 Restoration activity
6	6				2	11/19-20 Restoration events
.75	.75					11/22 TC meeting
.25	.25					11/23 TC meeting

Sharon Edenfield – 11/1/22-11/30/22

TC	Ind	Gmg	STBC	ED	Tvl	
.25	.25					11/2 Meet w/ Tina Kotek
				.5		11/7 Salem econ dev
1	1	3				11/9-10 Gaming wkshp, packets, minutes
.5	.25	8				11/11 Gaming budget mtg, Special TC
1	1					11/15 Packets
3.75	3.75					11/16 Regular TC, TC wkshp
5	5				2	11/18-20 Restoration events
.5	.5					11/22 TC hearing
.5	.5					11/29 STRCP

Alfred Lane III – 11/1/22-11/30/22

TC	Ind	Gmg	STBC	ED	Tvl	
.5	.5	4				11/8 Interview on Tribal consultation, casino wkshp
		8				11/11 CWCR budget wkshp
3.5	3.5					11/16 Regular TC
.5	.5					11/22 TC hearing
8	8				11	11/28-30 Meetings in Washington, D.C.

Bonnie Petersen – 11/1/22-11/30/22

TC	Ind	Gmg	STBC	ED	Tvl	
2	2					11/1 Wade tour, email, admin time
3.75	3.75					11/2-4 Meet w/ Tina Kotek, CEDARR, email, research, reading
3.5	3.5					11/5 Health, Housing, General Council, email
1.25	1.25			.5	2	11/6-7 Youth Conf, econ dev, email
.5	.5	1	1			11/8 Casino wkshp, email, STBC prep
1.5	1.5		2		2	11/9-10 STBC mtg, property tour, email
.5	.5	7			1.75	11/11 Casino wkshp, Special TC, email
3	3					11/12-13 Email, mtg prep, reading
1.75	1.75					11/14 Meet w/ attorney, email, packets
1.5	1.5					11/15 Email, mtg prep, reading
5	5					11/16 Regular TC, Special TC, email
.5	.5					11/17 Email, reading
					1.5	11/18 Restoration Cmte, email
1.25	1.25			.75		11/20-21 Interview prep, econ dev, email
3.75	3.75					11/22-23 Special TC, attorney mtg, email, reading, mtg prep
2.25	2.25					11/24-26 Email, reading, reports
2	2					11/28-30 Interviews, email, research

Delores Pigsley – 11/1/22-11/30/22

TC	Ind	Gmg	STBC	ED	Tvl	
7.75	7.75				10	11/1-3 NCAI, meet w/ Tina Kotek, mail, agenda items
1	1	1			1.25	11/4 Investment/Audit Cmte, charitable donations, mail
3.5	3.5				3	11/5 Health, Housing, General Council, meet w/ Christine Drazan
2.5	2.5					11/6-7 Meet w/ City of Keizer, mail
1	1	1			2.5	11/8 Casino wkshp, consultation interview, mail
1.5	1.5		2			11/9-10 STBC, mail, agenda items
.75	.75	7				11/11 Special TC, casino budget mtg, mail
3.25	3.25	.25				11/12-15 Mail, prep for cncl, agenda items
3.75	3.75				4	11/16 Regular TC, clinic wkshp, mail
6.25	6.25				5.5	11/17-20 Pick up Wilkinson, Restoration events, mail
4	4					11/21-22 Legislative Comm on Indian Svcs, Special TC, mail
2.75	2.75					11/23-27 Mail, agenda items, prep for cncl
8	8				10	11/28-30 Meetings in Washington, D.C.

Angela Ramirez – 11/1/22-11/30/22

TC	Ind	Gmg	STBC	ED	Tvl	
3	3.25					11/1-3 Email, packets
.25	.25					11/2 Government to government
12	12					11/4-14 Email, packets, check requests
5.5	5.5					11/5 Health, Housing, General Council
4.5	4.5					11/6 STAHS
		1.25				11/8 Casino wkshp
			2			11/9 STBC mtg
.5	.5	7			2	11/11 Gaming budget mtg, Special TC
3.5	3.75					11/13-14 STAHS, conferences
11.5	11.5					11/15-29 Email, packets
2.5	2.5					11/16 Regular TC
4.5	4.5				1	11/18 STAHS, Restoration activity
6.75	6.75					11/19 Restoration events, STAHS booth
.5	.5				1	11/20 STAHS
.75	.75					11/22 TC meeting
1.5	1.5					11/23 Conferences

Timesheets continue on page 18

Chinook Winds

CASINO RESORT

SCORE A BIG SCREEN TV AND CASH!



Each week, **THREE PLAYERS** will be drafted to play the **SUPER GAME**, where you can win up to **\$1,000 in CASH** and a **70-inch TV!**

DRAWINGS

JAN. 8, 15, 22, 29 • STARTS AT 1:30PM

Get ready for SUPER Game FUN on SUNDAYS starting January 8th. Collect entries by swiping your Winners Circle card at any promotional kiosk and by playing Slots, Table Games, Keno, Bingo, and placing Sports Wagers.

Vicki Lawrence



AND *Mama:*
A TWO-WOMAN
SHOW

JANUARY 13 & 14, 2023 • TICKETS \$25-\$40 • ON SALE NOW!

JANUARY 20 & 21 • 8:00PM • \$15



HEADLINER
AUGGIE SMITH



FEATURING
ART KRUG



HOST
CHRIS SIMPSON

Tickets available at the Chinook Winds Casino Resort Box Office. Buy by phone at 1-888-MAIN-ACT (1-888-624-6228), 541-996-5776 or online. 21 and over event, doors open at 7pm with a no-host bar.

SNOWBALL'S CHANCE

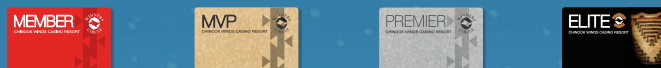
This January when you play in the casino, you might get a chance to throw down for **CASH & PRIZES!**

Drawings Fridays at 8pm

Each drawing, we'll select three finalists to play "Snowball's Chance" on our promotional kiosk.

The top finisher pockets
\$5,000 CASH!

Collect **free entries** weekly with your Winners Circle Card beginning **January 2!**



MEMBER: 1 free entry **MVP:** 2 free entries **PREMIER:** 3 free entries **ELITE:** 4 free entries

Activate your entries starting one hour before each drawing up until each drawing time by inserting your Winners Circle card in any slot machine or swiping into any promotional kiosk, and activating the "Snowball's Chance" entries on the Promotions tab.



Complete rules at Winners Circle. Sports Wagering entries will be applied 24 hours after ticket has closed. Management reserves the right to alter or withdraw promotion at any time.



chinookwinds.com • 1-888-CHINOOK • Lincoln City



All Nations Network brings Indigenous stories to US through Comcast Xfinity

OTTAWA, Ontario – All Nations Network (ANN), a new Indigenous-focused streaming service, has officially launched in the United States. Available to Comcast Xfinity customers, ANN offers inspiring, enlightening and entertaining stories by, for and about Indigenous peoples from Turtle Island.

ANN is home to the largest collection of Indigenous peoples' stories available on one streaming platform. Its content is based on programming that is already available in Canada on APTNlumi, the

streaming service from APTN (Aboriginal Peoples Television Network).

Now, American audiences can enjoy unprecedented access to an extensive and ever-expanding catalogue of original programming, documentaries, kids' shows and much more. With more than 100 titles and more being added on a regular basis, there's something for everyone.

"We are thrilled to have established this relationship with Comcast that will allow us to offer this programming to our American friends and neighbors," said Jean La Rose, ANN CEO. "We constantly

get requests from the United States for access to this content and we can now offer it on this service. In the coming weeks and months, we will also be adding content from Native American producers, further expanding the range of productions to our viewers."

ANN gives Indigenous peoples of North America and American Indian storytellers the opportunity to reclaim and share their stories in innovative ways. Streaming services allow content creators to select the perfect format for their story, letting their creativity shine.

American Comcast Xfinity customers can subscribe to ANN via their Video on Demand Service for unlimited access to the entire library of content, commercial-free, for \$4.99 per month after a 7-day free trial. For a glimpse of the exciting

content on ANN, check out the website www.watchannnow.com.

About ANN

ANN launched in 2022 as the first Indigenous peoples-focused streaming service in the United States. Available on Comcast Xfinity, the platform is dedicated to providing audiences with authentic stories from Indigenous peoples that spark the cultural revitalization of American Indian communities.

ANN offers an extensive and ever-expanding catalogue of programming, documentaries, kids' shows and much more – all told from the perspective of Indigenous peoples from across Turtle Island.

For more information about ANN, please email info@watchannnow.com.

Tribal employment information is available at ctsi.nsn.us.



Photo by Diane Rodriguez

The Siletz Clinic's new readerboard is now operational, carrying up to five rotating messages at a time, including the date/time and information about emergency preparedness, vaccine clinics and office closings/delayed openings when they occur. It's located on the grounds of the Tribe's Admin II building at the south end of town.

NOW ★ HIRING

JOB FAIR EVERY TUESDAY • 3PM-6PM

Located upstairs in the Siletz Bay Buffet • Hiring Managers On-Site

JOB FAIR SATURDAY, JANUARY 14 10AM-3PM

Located upstairs in the Convention Center • Hiring Managers On-Site

\$15/HR MINIMUM WAGE

EXCLUDING HIGHLY TIPPED POSITIONS

\$1500 SIGNING BONUS

GROUP BENEFITS • PAID TIME OFF

+\$3/HR INCENTIVE PAY

FOR HOURLY EMPLOYEES

CHINOOKWINDS.COM/CAREERS

541-996-5800



Chinook Winds
CASINO RESORT



Siletz Tribal Athletic Commission Vacancy

The Athletic Commission was formed to promote and offer different types of sports activities at the Siletz Tribe's gaming center and/or at other locations on Tribal trust land. It was established to create rules and regulations for the conduct of each sporting activity and to regulate each sporting activity that is authorized by the Tribal Council.

The Athletic Commission consists of three members and a Tribal Council member. Two of the three members may be a non-Tribal member with experience in the conduct and regulation of sporting activities.

The Athletic Commission shall permit and regulate only those sporting activities specifically authorized by Tribal Council and permitted by applicable law. The following activities are authorized by Tribal Council: boxing (amateur and professional), wrestling (amateur and professional) and mixed martial arts (amateur and professional).

The Athletic Commission shall be responsible for regulation of any sporting activity that occurs on Siletz lands to ensure that the conduct of such sporting activity comports with all Athletic Commission regulations and applicable laws.

Athletic Commission members shall be reimbursed for approved travel, subject to the availability of funds.

If interested in an appointment to the Siletz Tribal Athletic Commission, please complete a résumé and submit it to Tribal Council, Attn: Executive Assistant to the Tribal Council, P.O. Box 549, Siletz, OR 97380-0549 or fax to 541-444-8325.

There are three vacancies with terms ending in 2024, 2025 and 2026. Appointments will be made at the Regular Tribal Council Meeting in February 2023. The deadline to submit your résumé is Feb. 8, 2023.

Timesheets, continued from page 16

Selene Rilatos – 11/1/22-11/30/22

TC	Ind	Gmg	STBC	ED	Tvl	
2.5	2.5				11/1	Email, packets
1.75	1.75				11/2	Meet w/ Tina Kotek, mail, packets
3	3				11/3-4	Email, packets
4.25	4.25			1	11/5	Health, Housing, General Council
2.75	2.75				11/6-7	Health Cmte, email
		3			1.5 11/8	Casino wkshp, email
1	1		2		1.5 11/9	STBC mtg, email
1.5	1.5				11/10	Property tour, email
.25	.25	8			11/11	Gaming budget wkshp, Special TC, email
2.75	2.75				11/12-14	Email, packets

Dear Tribal members:

If I have heard it once, I've heard it a million times. Respect your elders! RESPECT others!

Perhaps difficult to earn, it should be pretty darn easy to give. Respect could be an answer to most problems in the world if we would allow ourselves to show respect toward each other.

Unfortunately I had to witness disrespect when I saw approximately 75 percent or more of attendees at our first annual Restoration Celebration in years talking, laughing and enjoying the food and fellowship while our honored guest speaker was sharing his thoughts and the experiences he had while working for our Tribal Restoration.

Our speaker was giving of his time freely and speaking to us of the respect he has had for our people and the efforts put forth by some of our elders to achieve restoration. He did so willfully and happily, giving of himself and his knowledge to the betterment of our people. And yet during his brief talk, I was embarrassed to witness the lack of respect shown him by the attendees with their constant humdrum of laughter, joy and pain.

I was sitting somewhat close to the podium while he spoke and even from my closeness I had a very hard time hearing and understanding what he was saying.

I pray that during any of our celebrations and gatherings in the future, when we have guest speakers giving of their time, we allow them the respect that they deserve! We should feel honored to have these people give of their time and when they do, we should show our respect for them.

Thank you,
John L. Roe Jr.

Dear Tribal members:

It is election time again and I will not be a candidate in the February 2023 election. I appreciate the opportunity to serve the past 18 years and very much appreciate the support, input and growth in understanding that I have gained through those years.

I may run again in future, but that decision is for another time. Best wishes to you all in the New Year.

Robert Kentta

To the editor:

Candidates for the Siletz Tribal Council are asking for votes.

One candidate who will receive my vote this year is Cynthia Farlow. Cynthia Farlow is a Siletz parent and grandparent who is active with many groups, including the Siletz Elders Council. She has shown that she has the time and inclination to work on behalf of Siletz people. There is no doubt that she will work hard as a Siletz Tribal Council member.

In addition to being on good terms with hard work, Cynthia Farlow is on good terms with neighboring nations. This might come naturally for her. Her father worked for years in the Seattle area for the Duwamish Tribe. Cynthia has expansive knowledge of many neighboring Tribes, including the Chinook Indian Nation. And Cynthia Farlow wholeheartedly supports their pursuit of federal re-recognition.

Cynthia Farlow has long advocated for moving to descendency as the means to establish eligibility for Siletz citizenship. Cynthia Farlow knows our future as Siletz people rests with future generations.

Not everything in life should come with a price tag. Identity is one of those things.

Cynthia Farlow remembers that a child of a Siletz parent is a Siletz child. And she knows that now is a good time for Siletz people to end the regime of blood quantum qualification and replace it with a more ancient and simpler process where children officially share their parent's identity.

Cynthia Farlow responds thoughtfully and thoroughly to Siletz people asking her questions. That's how I got to know her!

Yours truly,
Drew Viles



ACP Affordable Connectivity Program

Save up to \$75 a month on your internet service bill

The Affordable Connectivity Program (ACP) is a new federal program that helps low income families afford the cost of having internet service at home.

ACP Participants Receive:

- Up to a \$75/month discount if your household is on qualifying Tribal lands
- A one-time discount of up to \$100 for a laptop, tablet, or desktop computer (with a co-payment of more than \$10 but less than \$50)

Who Qualifies?

There are four ways your household can qualify for the Affordable Connectivity Program (ACP):

- Based on your household income
- If you or your child or dependent participate in certain government assistance programs such as SNAP, Medicaid, WIC, or other programs
- If you or your child or dependent already receives a Lifeline benefit
- You may also qualify for the ACP through a participating internet provider's existing low-income program.

If you or someone in your household participates in one of these programs you are automatically eligible for ACP:

- Supplemental Nutrition Assistance Program (SNAP)
- Medicaid
- Special Supplemental Nutrition Program for Women, Infants, and Children (WIC)
- Supplemental Security Income (SSI)
- Federal Public Housing Assistance (FPHA)
- Veterans Pension and Survivors Benefit
- Free and Reduced-Price School Lunch Program or School Breakfast Program,
- Received a Federal Pell Grant in the current award year
- Bureau of Indian Affairs General Assistance
- Head Start (only households meeting the income qualifying standard)
- Tribal Temporary Assistance for Needy Families (Tribal TANF)
- Food Distribution Program on Indian Reservations

Enroll Today www.affordableconnectivity.gov

FC Universal Service Administrative Co. The Affordable Connectivity Program is administered by USAC with oversight from the Federal Communications Commission (FCC).

Use Amazon Smile to donate to STAHS

Here's how you can donate to the Siletz Tribal Arts and Heritage Society (STAHS) painlessly and effortlessly.

It's as easy as 1,2,3,4. Thank you!

1--Go to Amazon.com.

2--In the Department drop down box, type Amazon Smile.

3--See Amazon Smile – You shop. Amazon Gives.

4--Follow the easy directions.



Video Service Delivery (VSD)

Video Service Delivery offers the same secure and confidential process that hearings conducted in person provide.

Real time face-to-face video conference!

If you need assistance in applying for SSD, SSI, Retirement or a replacement card, contact:

- Danelle Smith**
CTSI 477-SSP, Tribal Services Specialist
201 SE Swan Ave.
Siletz, OR 97380
541-444-9603 or email danelles@ctsi.nsn.us
- Social Security Disability**
- Supplemental Security Insurance**
- Retirement**
- Replacement Social Security card**
- Address/Name change update**

OPEN TO THE PUBLIC

Appointments available Thursday afternoons from 1-4 p.m.
Beginning Sept. 1, 2022

Social Security Matters

Siletz News Letters Policy

Siletz News, a publication of the Confederated Tribes of Siletz Indians, is published once a month. Our editorial policy encourages input from readers about stories printed in Siletz News and other Tribal issues.

All letters must include the author's signature, address, and phone number in order to be considered for publication. Siletz News reserves the right to edit any letter for clarity and length, and to refuse publication of any letter or any part of a letter that may contain profane language, libelous statements, personal attacks or unsubstantiated statements.

Not all letters are guaranteed publication upon submission. Published letters do not necessarily reflect the opinions of Siletz News, Tribal employees, or Tribal Council.

Please type or write legibly. Letters longer than 450 words may be edited for length as approved by Tribal Council Resolution #96-142.

Please note: The chief executive officer of the Siletz Tribe is the editor-in-chief of Siletz News.

Editor-in-Chief: Kurtis Barker
Editor: Diane Rodriguez
Assistant: Andy Taylor



Judge Calvin E. Gantenbein in June 1999, when he was appointed as chief judge



Judge Mark B. Williams in June 2022, appointed as chief judge



Courtesy photos

Judge Calvin E. Gantenbein in 1999, swearing in Judge Mark B. Williams as associate judge

**Calvin E. Gantenbein
Chief Judge, 1999-2022**

In 1999, Calvin E. Gantenbein was appointed by the Siletz Tribal Council as chief judge of the Siletz Tribal Court.

To commemorate 22 years as the chief judge, the Tribal Court judiciary and the court staff presented Judge Gantenbein with a plaque in his honor.

Judge Gantenbein retired from his many years of service with the Tribe to spend some quality time with his family.

**Mark B. Williams
Chief Judge, 2022**

In June 2022, the Tribal Council appointed Mark B. Williams to serve as chief judge of the Siletz Tribal Court. Before his appointment as chief judge, Judge Williams had served as an associate judge since 1999, including as Gaming Court judge and as a member of the Siletz Court of Appeals.

The chief judge is appointed for a four-year term and can be reappointed.

Happy Birthday to Shawna Gray on Jan. 27! We love you lots.
Selina, Deenie, Cameron and Mateas



Courtesy photos

Above: Students at the Lincoln City Head Start get ready for their Christmas performance., including Oliver Davis, Orion Reboh-Blake, Holly Lawrence, LuAna House and Kayden Butler.

Below: Lincoln City Head Start takes a field trip to the Lincoln City Post Office and mails letters to Santa during the visit. Those children visiting included (l to r) LuAna House, Holly Lawrence, Orion Reboh-Blake, Oliver Davis, Kayden Butler and Jensen Brown. Adults included (l to r) Head Start teacher Sarah Lally, Post Office worker Cody Blake and Head Start teacher Shannon Reboh.



7 Indigenous films about reciprocity available at no charge

SEATTLE – A unique series of original films made by Indigenous creators on their homelands is now free for all to watch. These seven short films make up the first season of Reciprocity Project, which answers the question: “What does ‘reciprocity’ mean to your community?”

The films are free to stream at reciprocity.org and on REI’s YouTube channel. Reciprocity Project is a collaboration between Nia Tero and Upstander Project in association with REI Co-op Studios.

“Stories from Indigenous peoples about being in reciprocity with the Earth are essential in delivering messages of truth, healing and transformative change,” said executive producer Tracy Rector, who is also managing director, storytelling, at Nia Tero. “Our survival is the result of the efforts of many ancestors that have come before us and with the Reciprocity Project films as a guide, we ask ourselves – and you: what kind of ancestor do you want to be?”

Reciprocity Project season one showcases films created within Indigenous communities across Turtle Island in the

U.S. and Colombia. The filmmakers worked alongside community partners, infusing the films with unique perspectives on reciprocity and relationship to land and animals.

“Our shared vision is a paradigm shift toward each of us living in reciprocity – taking good care of each other, our families, neighbors and communities,” said Reciprocity Project producer Adam Mazo, who is also creative director at Upstander Project.

As the world navigates an escalating climate crisis, Reciprocity Project films uplift Indigenous value systems that have bolstered communities since time immemorial.

“We believe stories can inspire a more equitable, empathetic outdoor community and we are committed to elevating diversity and representation in the storytellers we partner with,” said Paolo Mottola, REI Co-op’s director of content and media.

The Reciprocity Project is now in production for its second season with a new cohort of Indigenous filmmakers from

Kenya, Finland, Sierra Leone, Rotuma, Taiwan, United States and beyond.

In addition to watching the films, you can read more information about the filmmakers and view discussion guides on the Reciprocity Project website, reciprocity.org.

Free child ID kits from the Oregon State Police
503-934-0188 or 800-282-7155
child.idkits@state.or.us

Need Rental Housing?
The Siletz Tribal Housing Department encourages you to apply for the Low-Income Rental Program waiting list in Siletz (1-4 bedrooms) and Lincoln City (2-3 bedrooms – Neachesna Village). Applications can be obtained at any Tribal area office (Eugene, Salem, Portland, Siletz) or online from the Tribal website – ctsi.nsn.us; follow links – Tribal Services-Housing-Low Rent Apartments & Home Ownership. Questions? Call 800-922-1399, ext. 1322, or 541-444-8322; fax: 541-444- 8313

Passages Policy
Submissions to Passages are limited to two 25-word items per person, plus one photo if desired. All birthday, anniversary and holiday wishes will appear in the Passages section. Siletz News reserves the right to edit any submission for clarity and length. Not all submissions are guaranteed publication upon submission. Please type or write legibly and submit via e-mail when possible.