# **SILETZ NEWS**

Confederated Tribes of Siletz Indians
Vol. 51, No. 2 February 2023



Siletz News Confederated Tribes of Siletz Indians PO. Box 549 Siletz, OR 97380-0549

Delores Pigsley, Tribal Chairman Kurtis Barker Chief Executive Officer and Editor-in-Chief Presorted
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# **Experts say lawsuits pose greatest** threat to tribes in decades

Betting and adoption cases take aim at tribal sovereignty, experts say By Karina Brown, Underscore News

Editor's Note: This story was produced through a collaboration between The Oregonian/OregonLive and Underscore News. The Data-Driven Reporting Project supported Underscore's work on this story.

A lawsuit in Washington state and another case before the U.S. Supreme Court are part of a coordinated campaign that experts say is pushing once-fringe legal theories to the nation's highest court and represents the most serious challenge to tribal sovereignty in over 50 years.

Maverick Gaming, which operates 19 card rooms in Washington and casinos in Nevada and Colorado, is challenging a 2020 law that allows sports betting only on tribal lands. The lawsuit, filed in federal court in Washington state, claims the law created a "discriminatory tribal gaming monopoly."

But it goes further, arguing gaming compacts between Washington state and tribes are based on race and therefore discriminate unconstitutionally against people who run non-tribal casinos. The argument takes aim at the inherent right of tribal nations to govern themselves and at centuries of U.S. law that recognizes tribal governments' political parity alongside their state and federal counterparts.

Advocates and legal experts say the Maverick case and others like it threaten a return to the Termination Era policies of the 1950s, when the U.S. government sought to end the political status of Indigenous tribes forever.

The most prominent of the cases, argued before the U.S. Supreme Court in November, focuses on the right of Native American families to have preference over non-Native families in the adoption placements of Native kids.

As in the Maverick case, the plaintiffs in Brackeen v. Haaland claim the preference is based on race, rather than the political sovereignty of tribal nations. A ruling in their favor could fundamentally rewrite the way the U.S. government regards tribal nations, casting policies created by treaty or agreements between sovereign nations in doubt.

"It could have really big impacts on basically every law Congress has passed that has to do with tribes and tribal citizens," said Rebecca Nagle, a journalist, citizen of the Cherokee Nation and host of the *This Land* podcast, which explored the Brackeen

See Lawsuits on page 12



Courtesy photo by Zeph Mullins

The Health Promotions Team and the Garden Program coordinated an event at the Tribal farm property in December with Tribal youth to plant 33 fruit trees and sort locally sourced camas bulbs provided by the Healthy Traditions Project and the Natural Resources Department.

#### **Tribal Council Election**

Courtesy photo from Katrina Hudson

This year's candidates participate in the Candidates Fair (right) on Jan. 7, 2023.

Saturday, Feb. 4 • 10 a.m. to 4 p.m. You can vote in person at the Siletz Tribal Community Center

All ballots for the 2023 election must be received by 4 p.m. on Feb. 4.



#### Planning's Community Meetings continue this month in Eugene and Siletz

The next Community Meeting is the one in Eugene, set for Feb. 9. The Siletz area meeting is Feb. 23, followed by the Portland area meeting on March 9. The out-of-area folks will meet via Zoom on March 23.

Because your input is needed to communicate your needs and priorities and for grant writing, we want to spend more time listening to you. We will also update you on various projects we have completed as well as what is in progress.

Most of the meetings will be hybrid with in-person and Zoom connections. Meetings will be from 5:30-7:00 p.m. with the exception of Eugene. That meeting will meet from 6:00-7:30 p.m.

The link to all Zoom meetings is https://us06web.zoom.us/j/6206272290. To join by phone, call 1-253-215-8782 and enter the meeting ID: 6206272290.

If you have any questions, please contact the Planning Department at 541-444-8257 or 800-922-1399, ext. 1257.

#### **Chairman's Report**

#### **Productive year**

We are all looking forward to a productive year 2023.

#### **Education report**

The Tribe's Education Department reported in its minutes a very successful year working with our students. Johnson O'Malley students through November totaled 650, Adult Education has six students. In this quarter, Adult Vocational Training has 11 students and Higher Education has 110 students.

It should remind us all that this was a priority for Restoration of our Tribe. Thank you to our Education staff.

#### Salem casino

We are still in the planning stages for our Salem casino. The Bureau of Indian Affairs (BIA) in Minneapolis will recommend a decision to the BIA in Washington, D.C., which will make a decision on the Environmental Impact Statement. It has been a lengthy process to get to this stage. The Tribe will meet with Oregon's new governor, Tina Kotek, to keep her abreast of where we are in the process.

I will meet with the Northgate Neighborhood Association in Salem to give an update on our progress on the casino and on the Tribe's plan to build housing on our property there.

#### **Salem City Council**

The Tribe hosted Salem's new mayor, Chris Hoy, and some of his staff on a visit to Siletz just before Christmas. They toured the town, visited our Collections Building and the Dance House. They were eager to visit and hear about our history, and plan to join us in future celebrations.

The Tribe will also visit the Salem City Council in the near future.

#### **Consent Decree**

We were set to have our hearing on the Tribe's Consent Decree with the Oregon

Department of Fish and Wildlife (ODFW) in December. We've had many discussions over the years and we were prepared to move forward with the hearing after many negotiating sessions on the agreement.

At the last minute we received opposition from another Tribe. In trying to resolve the opposition, we voted to make a change to the Trask hunting unit that would get negotiated at a later time. A majority of council voted not to make the change and as a result, the planned presentation was pulled from the ODFW agenda.

As a result of the above discussion, nothing happened and we didn't go before ODFW. Hopefully we can reach agreement in future negotiations. This will be discussed further at our General Council meeting in February.

#### **Tribal Council lawsuit**

I have been asked about the lawsuit filed by two council members against five other council members. It has had a hear-



**Delores Pigsley** 

ing in Tribal Court and the court has made a decision. I have asked that the action be posted to the Tribal website.

Most Often Requested Numbers

Confederated Tribes of Siletz Indians – 800-922-1399

Salem Area Office – 503-390-9494

Portland Area Office – 503-238-1512

Eugene Area Office – 541-484-4234

Purchased Referred Care (PRC) – 800-628-5720

Tribal Veterans Rep – 541-444-8330 or 541-270-0569

Siletz Community Health Clinic – 800-648-0449

Siletz Behavioral Health – 800-600-5599

Chinook Winds Casino Resort – 888-244-6665

Chemawa Health Clinic – 800-452-7823

Bureau of Indian Affairs – 800-323-8517

Website – www.ctsi.nsn.us

Siletz News is free to enrolled Siletz Tribal members. For all others, a \$12 annual subscription fee applies. Please make checks payable to CTSI and mail to Siletz News.

Name:	 	
Address:	 	 
Phone:	 	 

**Change of address:** Tribal members – contact the Enrollment Department at 541-444-8258; 800-922-1399, ext. 1258; or enrollment@ctsi.nsn.us. All others – call the newspaper office.

**Send information to:** 

Siletz News P.O. Box 549

Siletz, OR 97380-0549

541-444-8291 or 800-922-1399, ext. 1291

Fax: 541-444-2307
Email: pias@ctsi.nsn.us

Deadline for the March issue is Feb. 10.

Submission of articles and photos is encouraged.

Please see the Passages Policy on page 20 when submitting items for Passages.



Member of the Native American Journalists Association

#### **Elders Council Meeting**

The Elders Council will host an in-person/Zoom hybrid meeting on Saturday, Feb. 11, 2023, at 1 p.m. in the banquet room at Aces Sports Bar & Grill in Lincoln City.

If you have any questions, please contact the Elders Program at 541-444-8212.



TUESDAYS, JANUARY 3-MARCH 7
5:00 PM-BEGINNING CONVERSATION 1
5:45 PM- BEGINNING CONVERSATION 2

THURSDAYS, JANUARY 5 - MARCH 2 5:00 PM-ONGOING CONVERSATION

SATURDAYS 1/28, 2/18, 3/4 NOON-IMMERSION CONVERSATION HOUR

TO SIGN UP CONTACT NICK VILES AT NICKV@CTSI.NSN.US OR 541-484-4234 X1757



# 2023 College Students Summer Internship Program

Students attending college can apply for the Tribe's 2023 College Students Summer Internship Program. To be eligible, you must be at least a half-time student attending a two-year or four-year college and in good academic standing.

Applications will be mailed to known students, but if you do not receive an application, please contact Chief Administrative Officer Lisa Norton or the education specialists at any Tribal area office to request one.

The purpose of the program is to provide funding for a paid internship to Tribal students to gain work experience in their field of study that will help them be competitive in the job market after graduation. Ten slots are available, paid at Tribal minimum wage for up to 350 hours.

Students will be responsible for securing their own placement. We are available to assist, but ultimately it is the student's responsibility to locate and develop a placement. A limited number of placements are available with the Tribe. Due to COVID, at this point most Tribal placements will likely be remote.

Students selected for the program must complete an orientation, criminal history background check and drug screening (Note: The Tribe does not recognize Oregon laws allowing the use of medical or recreational marijuana).

Placements can begin in June and must be completed by Sept. 30, 2023.

Students should send a completed application and an unofficial copy of transcripts to:

Mail: CTSI

Attn: Summer Internship Program P.O. Box 549 Siletz, OR 97380-0549

Online: www.ctsi.nsn.us/summer-intern-application/

Email: collegeinterns@ctsi.nsn.us

Fax: 541-444-2307

The deadline to apply for the program is **4:30 p.m. on March 31, 2023.** 

If you have questions about the program, please contact Norton at the above email address or by calling 541-444-8210.

#### **USDA** distribution dates for February

#### Siletz

# Wednesday Feb. 1 9 a.m. - 3 p.m. Thursday Feb. 2 9 a.m. - 3 p.m. Friday Feb. 3 9 a.m. - 3 p.m. Monday Feb. 6 9 a.m. - 3 p.m. Tuesday Feb. 7 9 a.m. - 3 p.m.

Sammy Hall, USDA Program Director 541-444-8279; sammyh@ctsi.nsn.us Fax: 541-444-8306 or 503-391-4296

#### Salem

Monday	Feb. 13	1:30 – 6:30 p.m.
Tuesday	Feb. 14	9 a.m. – 6:30 p.m.
Wednesday	Feb. 15	By appt only

LIKE us on Facebook at Siletz Tribal FDPIR. We would like to see more people sharing their recipes on our FB page.



For information about the Siletz Tribe, visit our website at www.ctsi.nsn.us.

# CTSI VIRTUAL CULTURE NIGHTS

ALL TRIBAL MEMBERS AND FAMILIES WELCOME

#### **Upcoming Dates:**

February 8 at 6 pm: Exploring Family History

March 15 at 6 pm: Hazel

Sponsored by the Education and Culture Departments
Contact Nick Viles at nicky@ctsi.nsn.us or 541-484-4234 x1757 to sign up

#### **Attention: Important PRC Information**

Effective March 1, 2023, all Tribal members who live within a 40-mile radius must receive medical, dental and vision care and services at one of the three Indian Health Service (IHS) or Tribal health care facilities.

If a Tribal member is in the middle of dental treatment, he/she will be allowed to complete it. After the dental treatment is done, however, the Tribal member will be required to be seen at one of the three IHS or Tribal health care facilities.

If you are unsure whether you live within the 40-mile radius, please contact Siletz PRC at 800-628-5720 or email Siletz PRC@ctsi.nsn.us.

#### **Contact numbers for IHS and Tribal health care facilities**

- Siletz Community Health Clinic: 800-648-0449
- Chemawa Health Clinic: 800-452-7823
- Grand Ronde Health & Wellness Center: 800-422-0232

Utilization of these facilities is required unless the Tribal member is referred out for specialty care.

# Runtothe 2023 Rogue Update

This year, R2R will take place October 13th, 14th & 15th

This change is to avoid cancelations due to wildfire season.

We look forward to seeing you for Run to the Rogue in October!

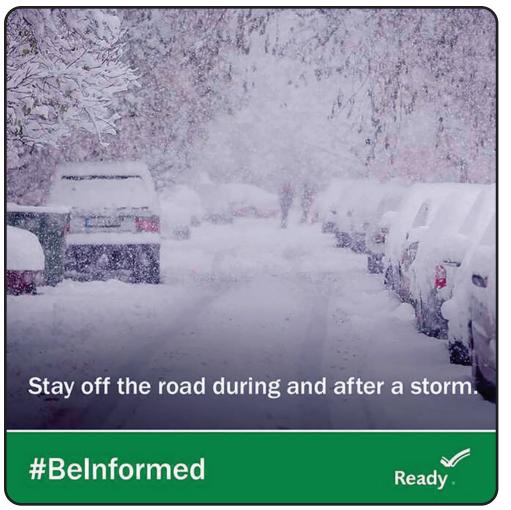
# 2023 Standing Committee Applications Due by Feb. 8, 2023

Any Tribal member interested in consideration for serving on a committee for a two-year term are encouraged to fill out this form and return it to the council office prior to Feb. 8, 2023.

Please **mail or fax** your application to Confederated Tribes of Siletz Indians, Attn: Executive Assistant to Tribal Council, P.O. Box 549, Siletz, OR 97380-0549; fox: 541,444,8325

fax: 541-444-8325.	ii, i.o. Box 3 12, Shetz, OK 27 300 03 12,
Name:	Roll No.:
Address:	
City:	_State:ZIP:
Telephone: Day ( )	_Evening ( )
Email Address:	
If you only want to be considered for o ing the number 1 next to the committee than one committee, please indicate by nur 2 (second choice) and 3 (third choice).	•
Education Committee (3)	Housing Committee (3)
Natural Resources Committee (3)	Pow-Wow Committee (4)
Health Committee (3)	Budget Committee (1)
Cultural Heritage Committee (3)	Enrollment Committee (2)

Committee appointments will be made at the Regular Tribal Council meeting in February 2023. If you have any questions, please call the executive assistant to Tribal Council at 800-922-1399, ext. 1372, or 541-444-8372.





#### Early digestive warning signs might signal a growing problem for your child

By Nancy Ludwig, MS, RDN, LD, Head Start Consulting Nutritionist

Today's topic reviews childhood constipation and the need to raise our children to adults who can make good choices for themselves. In my role as consultant nutritionist to Siletz Tribal Head Start, I offer information for families. Constipation, even occasional, can be an early warning sign about our children's unfolding health and our opportunities to support them.

The articles last July and August focused on constipation and addressed the topic at three levels – foundational habits, short-term interventions and finding the root cause. This month, I step back with an alternative perspective to view constipation as a possible early warning sign that enables us to observe that the body is struggling.

When we can support and train children to notice how they feel and connect that with what they do, and support them to learn to make healthy decisions, they grow into adults with healthy skills.

As I said above, constipation is often a very early warning sign that we need to look deeper into what is going on. This is true at every age.

Let's start with a focus on toddlers who sometimes don't poop. They may "hold it" for a variety of reasons. We must always consider the "why" behind this behavior.

When they hold it, the stool generally becomes hard, making it more difficult to pass and may end up being painful. This pain then reinforces the pattern of holding it. The initial reason may be due to confusing emotions around potty training or a shameful experience of an accident.

Setting the stage where children can experience safety around bowel habits, with communication to help them understand, is important for health later in life. Meanwhile, you may want to soften the stool by offering diluted prune juice or

prunes to chew in order to ease the passage and reduce potential pain, thereby removing a barrier while opening safe communication.

Often children get the idea they should not talk about their bowel habits, especially when they begin to be independent of their parents and care providers in the bathroom. If this occurs, it is difficult for parents to catch these warning signs. Furthermore, when children and adults don't feel comfortable talking, children often suffer without seeking support. This failure to communicate and learn intensifies the negative health consequences.

If our bowels don't move in a timely way, toxins and waste products stay in our bodies, creating an additional burden. Moving the bowels multiple times per day is considered ideal.

Our modern culture has minimized the dangers of not eliminating frequently and in a timely manner. Two to four days between bowel movements is too long and leads to irritation and inflammation, as well as possibly holding onto infection and toxicity.

In an online summit about healthy elimination, I heard Joel Warsh, MD, pediatrician, share that almost all chronic health issues are related to what we eat. He shared some simple points to consider: Buy local food that is right for our genetics. Eat a well-balanced diet, emphasizing fiber, protein and fat. Try to include fruits and vegetables.

Read labels. Make time for family meals. Prepare foods together. Be aware that most people have issues with grains, dairy and sugars. Problems with these foods can lead to health conditions, with the "first warning signs" possibly being slow bowels.

Dr. Warsh also stated that nearly 50% of kids are experiencing chronic disease. Kids are no longer outliving the lifespans of their parents. We must be doing many things that are not ideal.

For example, if you and/or your child have an issue with wheat (such as an

allergy, celiac or gluten sensitivity) and if wheat is consumed every day, many times, the body is required to perform extra work.

At first this chronic, low-level irritation may not be noticeable. This stress adds to the overall burden, however, and takes away from our body's total resources to continue to function. In this way, wheat, when consumed every day by someone who doesn't tolerate it well, is a hidden burden. The body continues to do its best, but over time it cannot manage; immunity weakens and/or digestion is impaired.

Often it seems like changes are sudden, but many things are going on beneath the surface. Frequently, constipation is an early symptom or warning sign. Then other symptoms follow, despite the long history that occurs prior to our awareness.

In addition to food as the foundation for healthy digestion, it is essential to know what healthy gut function feels like. How do you feel when you don't have a bowel movement? How do you feel when you evacuate your bowels every day regularly? How does it feel to have a "big one" when it seems like you be might catching up from missed bowel movements? How do you feel after eating specific foods that may not be ideal?

Many people struggle to get clear about specific problem foods because of the conflict between the comfort and joy of eating them, but feeling worse afterward. It is important that your children learn about these associations to be able to make the personal connection with what they eat, how they feel, plus how often they move their bowels.

Parents may also want to consider the following questions: Are the foods that are not ideal for you the same or different than your children's? Would you guide your children better if you first knew what triggered you? Are you resistant to change? Does this resistance interfere with the changes your children may need to make?

Questioning and observing are vital parts of learning about which foods to

eat in order to become healthy adults who are able to look after and provide for themselves without any help from others. A parent's job is to let children become themselves and able to make their own good decisions.

When children are quite young, parents and caregivers need to make the changes for them, as well as be a role model. As children age, they need to participate. You could deprive your children of an important growth experience if you do for them what they can already do or can almost do.

When making changes, start with healthier versions of what your children like, such as organic, non-GMO chips vs. whatever is cheap. Remove problem foods from the house so they are not a temptation.

The foods that are encouraged can be placed in visible locations. By seeing a bowl of fruit, children may warm up to the idea or they may just eat the fruit out of hunger when the previous favorites are not available. Eventually, children may prefer the new snacks.

Consider a kid's cookbook or cooking class. Choose recipes and prepare meals together. Talk about the foods, their attributes and benefits. Let kids help in the kitchen as it will likely increase their willingness to try new healthy foods.

When removing foods like wheat, to test the results make sure any trials with re-introduction are designed to allow children to make the connections with the consequences. i.e. "When I eat this, it may be delicious, but I don't like how I feel later." Our choices always matter.

Siletz Tribal Head Start offers nutritional support at no cost to Head Start families. This usually occurs over the telephone. If you have nutrition concerns about your Head Start child or want to discuss family nutrition concerns, please contact your teacher or the director and ask to speak to the nutritionist.



#### #BeInformed



Legal Aid Services of Oregon and the Oregon Law Center, civil legal service providers for low-income Oregonians, operate a **public benefits hotline** where low-income Oregonians can talk to lawyers and paralegals to get advice on public benefits, including unemployment benefits:

800-520-5292 • Oregonlawhelp.org.



#### **Babies!**



#### Wylder Illahee Bellamy-Tenan

I'm happy to announce my second grandson, Wylder Illahee Bellamy-Tenan, was born Nov. 22, 2022, at 2 p.m. He weighed 7 pounds, 2 ounces and was 203/4 inches long.

He is the second son to my daughter, Ashley, and her wife, Shanyn Bellamy-Tenan. His brother, Greyson Skye, is very pleased to have a sibling.

Wylder Illahee is the great-greatgreat-grandson of Pearl Rilatos and greatgreat-grandson of Manuel Rilatos. His great-grandmother is Darlene S. Rilatos and his grandmother is Marci Rilatos.

Welcome to our lil Tribe, Wylder Illahee!

#### PORTRAITS IN <u>Red</u> Missing 6 Murdered Indigenous People Painting Project February 2 - May 7, 2023









MANNY

# SPECIAL EXHIBITION PACIFIC MARITIME HERITAGE CENTER

SHAYLA

FREE OPENING RECEPTION: February 2 from 4-7 PM.
Confederated Tribes of Siletz Indians Blessing Ceremony at 4 PM

#### PORTRAITS IN RED

MISSING & MURDERED INDIGENOUS PEOPLE PAINTING PROJECT February 2 - May 7, 2023

"...This project is a labor of love. It has found me and inspired a mission of raising awareness and honoring the memory of those lost. I hope it helps those still here heal, even if only a very small amount. Perhaps it will help someone still suffering gain the courage to get help. You are not alone, you are not without hope, we are your sisters and we are here beside you." — Nayana LaFond

#### WOMEN'S HISTORY MONTH EVENTS AT THE PMHC

MARCH 23, 6 PM | Panel Discussion featuring visiting artist Nayana LaFond and others
MARCH 25, I PM | Painting Demonstration by Nayana LaFond

Thank you to our Sponsors:

NAYANA LAFOND









Thank you to



PACIFIC MARITIME HERITAGE CENTER / LINCOLN COUNTY HISTORICAL SOCIETY
333 SE Bay Boulevard, Newport, OR 97365 | 541-265-7509 | www.oregoncoasthistory.org
HOURS: Tuesday - Sunday, II-4 | ADMISSION: \$10 for adults | Kids under 12 & LCHS Members are free



# Siletz Community

Find us on Facebook! Siletz Community Health Department

## **EVENTS**

#### FEBRUARY 2023

**CEDARR Dinner February 8, 2023 - 5:30-7 p.m.** 

Trauma Support Group Every Thursday @ 5:30 p.m.

contact Rachelle Endres for more info at rachellee@ctsi.nsn.us
or 541-444-9638



Lunch meetings are from 12-1:30 p.m. - Siletz Health Clinic Shell Room

Dinner meetings are from 5:30-7 p.m. - Siletz Tribal Community Center

February 8: Dinner

March 1: Lunch

April 5: Lunch

#### February: American Heart Month

Jamie Boe, Community Health Advocate

Heart disease is the No. 1 killer worldwide. Protect your heart by living a healthy lifestyle so you can share it with the ones you love for years to come.

#### Risk Factors

Approximately 47% of all Americans have 1 of 3 key risk factors for heart disease:



- · High Blood Pressure
- High Cholesterol
- Smoking Cigarettes

Other Risk Factors: Age, Family History, Diabetes, Obesity, Physical Inactivity, Eating Disorders, Drug and Alcohol Use; men have the greater risk.

#### Symptoms

Symptoms can vary widely, from not having any symptoms to having a heart attack or losing consciousness.

Watch for Pains: Chest pain or pain in shoulder blades, jaw, left arm or upper abdomen

#### Prevention

Physical exercise (this can be as simple as taking a walk), heart healthy diet, quit smoking, get good sleep, and get regular health screenings. For more information, please visit:

<a href="https://www.cdc.gov/heartdisease/prevention.htm">https://www.cdc.gov/heartdisease/prevention.htm</a>



# Harm Reduction is a radical act of love.

Harm Reduction in legal terms is reducing the negative social and/or physical consequences associated with various human behaviors. So we as harm reduction workers look at everything through a harm reduction lens and try to figure out ways to reduce the harmful effects of people's choices or everyday life, whether it's the use of drugs or alcohol, tobacco, sexually transmitted infections, mental health, sickness, mental or physical abuse, homelessness, eating disorders - the list goes on. We don't judge people or look down on them. Instead, we meet them where they are at, build them up and try to help them in any way we can, whether that's supplying them with clean needles, Narcan, safe sex supplies, peer support, connecting them with resources or just being someone they can call and talk to when they're having a bad day. Why, you ask? Because we are trying to make the world a better and safer place in which to live.



# February is Dating Violence Awareness Month

#### What does teen dating violence look like?

Dating violence is a type of relationship violence that occurs between young people. It is defined as when a person uses a pattern of abusive behavior toward their partner to gain power and control over them. This can include one or more of the types of abuse below:

**Physical abuse:** Pushes, shakes, slaps, kicks or spits on you. Holds you down. Throws or breaks your personal belongings (ex. books, cell phone, etc.).

**Emotional abuse:** Insults you, calls you hurtful names or embarrasses you in public. Constantly accuses you of cheating. Threatens to hurt you or expose secrets about you.

**Sexual abuse:** Unwanted kissing or touching, reassures you to have sex or makes you feel guilty for not wanting to have sex, or demands that you send them sexually explicit photos or videos.

Digital abuse: Constantly calls, texts or DMs you to find out where you are or who you're with, tells you who you can be friends with on social media, or sends mean messages on social media either directly from them or anonymously.

Cultural/Spiritual abuse: Criticizes your spiritual or

**Financial abuse:** Steals money from you, your family or friends.

Some signs of dating violence can include when a partner:

Acts extremely jealous or possessive of you. Follows you home or to school, or shows up wherever you are unannounced. Is annoyed or upset when you spend time on the phone with other people. Tells you who you can or cannot be friends with. Starts rumors or threatens to start rumors about you. Excessively texts you or sends non-stop DMs. Checks your phone for who texts or calls you. Tags you in hurtful social media memes, posts or pictures. Criticizes your dreams, goals, family or friends. Tells you what to wear or how to dress. Explodes in anger toward you or acts aggressively when they're upset. Kisses, grabs or touches your body without your permission. Forces you to take sexually explicit selfies or videos. Threatens to hurt themselves or commit suicide if you don't do what they want.

#### **Current statistics**

Tribal beliefs.

Nationally, nearly 1 in 11 female and approximately 1 in 15 male high school students report having experienced physical dating violence in the last year. About 1 in 9 female and 1 in 36 male high school students report having experienced sexual dating violence in the last year. No one deserves to be abused in any way. Romantic relationships should be grounded in respect, not based on power and control masked as love. Dating violence is not our tradition. Our young relatives deserve healthy, respectful love.



#### FEBRUARY

Winter storms create a higher risk of car accidents, hypothermia, frostbite, carbon monoxide poisoning and heart attacks from overexertion. Winter storms, including blizzards, can bring extreme cold, freezing rain, snow, ice and high winds.

#### How to protect yourself in winter weather...

- 1. Winter Storm Warning
- 2. Winter Storm Watch
- 3. Winter Weather Advisory
- 4.Know Your Risk for Winter Storms

Winter Weather | Ready.gov

#### EMERGENCY PREPAREDNESS

Hypothermia is an unusually low body temperature. A body temperature below 95 degrees is an emergency.

 Signs: Shivering, exhaustion, confusion, fumbling hands, memory loss, slurred speech or drowsiness.

Actions: Go to a warm room.

Warm the center of the body
first—chest, neck, head and
groin. Keep dry and wrapped up
in warm blankets, including the
head and neck.





#### **Community Health Programs contact information:**

Community Health Advocates - 541-444-9613

CARE Program - 541-444-9680

Harm Reduction - 541-444-9672 or 541-444-9348

Tobacco Prevention - 541-444-9682

# Tealthy Traditions Like Us On facebook f



Practice your traditions!

For more information regarding activities contact Healthy Traditions

541.444.9627 or kathyk@ctsi.nsn.us

**In-person class in Siletz** 

COOKING CLASS



**FEBRUARY 22** 2023

Beginning cooking class - Lets roast a chicken, and steam some broccoli!

To register email: DanicaL@ctsi.nsn.us



We are planning a series of virtual cooking classes in Salem, Eugene, and **Portland!** Watch this space for the dates!

Classes are Co-Sponsored by:

- Community Health
  - · Home Visiting
- Diabetes Prevention

#### **Healthy Traditions Mission Statement**

#### The CTSI

Healthy Traditions project seeks to improve the health of Siletz Tribal Members through educational activities which promote the use of traditional foods through hunting, gathering, gardening, cooking, food preservation and protecting our natural resources.





# Tillicum Fitness Center



Reggie Butler Jr.
Physical Fitness Coordinator
Tillicum Fitness Center



#### Have you been to our fitness center in Siletz?

In Siletz, Tribal members have access to a free gym to help **us promote** self-care and healthy goals. Our fitness center staff have been with the Tribe for a decade, providing access to fitness equipment, personal training and group classes facilitated with local talent.

They are an integral part of keeping the community healthy and offer more than just the services available in the gym. These staff members support our medical response to COVID-19, provide singers for our ceremonies and events, and provide interactive activities throughout the year focused on fitness and being active.

Currently, the gym is run by Physical Fitness Coordinator and local **c**oach Reggie Butler Jr. Reggie is a **T**ribal member, singer and drummer, and dedicated coach to our youth. Ronald Butler Jr. is our **p**hysical **f**itness **a**ssistant. **H**e is a **T**ribal member and goes into the local school to work with youth teaching drumming and other physically active cultural activities.

The gym relies heavily on on-call physical fitness staff members Spencer Hatch and Oscar "Gus" Garcia. Both are dedicated Tribal members available at the gym to help with making the gym feel comfortable and accessible.

If you are diabetic or pre-diabetic, and do not live in Siletz with access to our beautiful facility and awesome staff, please email the Diabetes Department at <a href="mailto:Kimberlyl@ctsi.nsn.us">Kimberlyl@ctsi.nsn.us</a> to help find out if you qualify for a gym membership in your area!

Are you pre-diabetic and trying to start the new year off with health goals?

Join a pre-diabetes group lead by Life Coaches! If you are interested and live in the Salem, Portland, Eugene or Siletz service areas, please email

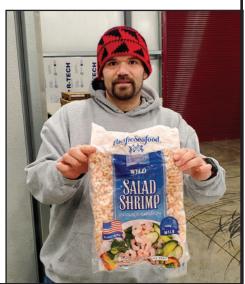
Kimberlyl@ctsi.nsn.us or call 541-444-9679.





Courtesy photos by Marci Rilatos

USDA Program Director Sammy Hall helps unload a portion of the approximately 1,600 pounds of shrimp that Pacific Seafood donated to the Tribe in December. Most of the shrimp was distributed to Tribal members and the larger community in bags like the one Hall holds (right), but some of it was repackaged into smaller portions and delivered to homebound elders and others unable to visit the USDA distribution center.



CTSI Jobs – information available at ctsi.nsn.us

Note: "Open Until Filled" vacancies may close at any time. The Tribe's Indian Preference policy will apply. Tribal government will not discriminate in selection because of race, creed, age, sex, color, national origin, physical handicap, marital status, politics, membership or non-membership in an employee organization.

#### CEDARR IS NOW RECRUITING!

CEDARR IS LOOKING FOR ADVISORY BOARD MEMBERS

IF YOU OR ANYONE YOU KNOW WOULD BE INTERESTED IN BEING PART OF THE CHANGE IN OUR COMMUNITY, PLEASE APPLY. WE WOULD LOVE TO HAVE YOU.

To obtain an application, please contact:

Sheila Aviles at 541-444-8348 or sheilaa@ctsi.nsn.us



from any phone to get help.

If you need immediate help now, Text INDIGENOUS to 741741.









To use **mail order pharmacy** to order your refills after hours and on weekends: Call the Siletz Clinic 7-10 days before you need your refills. This allows us time to contact your provider, if necessary, and for mailing.

- Call 800-648-0449; enter 1624 as soon as the clinic's message begins you'll be transferred to the refill line.
- Or call the refill line direct 541-444-9624.



#### Do you need help with OHP?

You don't have to leave your home to apply! Applications can now be done online or over the phone.

Shop for health plans at https://or.checkbookhealth.org/ or call direct at 855-268-9767.

#### **Siletz Tribal Behavioral Health Programs**

**Prevention, Outpatient Treatment, and Women's and Men's Transitional Living Center** 

Siletz: 800-600-5599 or 541-444-8286 Eugene: 541-484-4234

Salem: 503-390-9494 Portland: 503-238-1512 **Narcotics Anonymous Toll-Free** Help Line - 877-233-4287

For information on Alcoholics Anonymous: aa-oregon.org

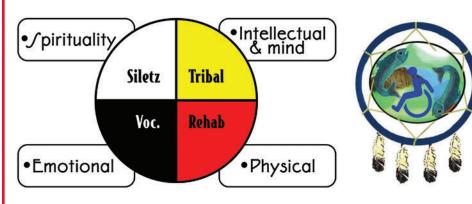
#### **Vocational Rehabilitation Eligibility Awareness**

# Siletz Tribal Vocational Rehabilitation Program (STVRP)

STVRP is here to help members of ANY federally recognized Tribe (living within the Siletz Tribe's service area) with barriers to employment. We work with individuals who have disabilities.

#### **Examples of Services**

- · Guidance and counseling
- Referral to employment services
- Résumé writing
- Interviewing techniques
- Job coaching
- Culturally relevant and individualized services
- Evaluations, assessments and training placement opportunities
- Adaptive equipment



For more information about STVRP, please inquire at 800-922-1399. We also maintain resource and employment boards, so please make an appointment if you're interested. You can speak to VR staff in the following locations:

#### Makayla Jackson Job Developer/Counselor Eugene Area Office 2468 W 11th Ave.

2468 W 11th Ave. Eugene, OR 97402 541-484-4234, ext. 1752

#### Tamra Russell Self-Sufficiency Counselor 1 Portland Area Office

Portland Area Office 12790 SE Stark St., STE 102 Portland, OR 97233 503-238-1512, ext. 1411

#### Toni Leija Job Developer/Counselor Salem Area Office

3160 Blossom Drive NE, STE 105 Salem, OR 97305 503-390-9494, ext. 1861

#### Jamie Bokuro Intake Specialist/Job Coach

Siletz Area Óffice 201 SE Swan Ave. Siletz, OR 97380 541-444-8266

### **Siletz Home Visiting Program**

#### **Providing:**

- Parenting and life skills for successful and positive parenting
- Support and encouragement
- · Resources and referrals
- A culturally sensitive, evidence-based curriculum



#### Serving:

Federally recognized American Indian, Alaskan Native and Native Hawaiian families:

- Prenatally until child turns 3 years of age. Must start before child turns 1.
- Living in Lincoln, Tillamook, Washington, Multnomah, Clackamas, Yamhill, Polk, Marion, Benton, Linn or Lane county

For more information and eligibility criteria, contact

Lori Christy, Family Support Specialist

loric@ctsi.nsn.us

503-390-9494

Go to www.ctsi.nsn.us 477-SSP Home Visiting to view past success stories.

#### February 2023 Disability Awareness: Ehlers-Danlos Syndrome

Ehlers-Danlos syndrome is a group of hereditary disorders (14 types) that affect the connective tissues of the body. Connective tissues are crucial to providing strength and flexibility to the skin, bones, blood vessels and other organs.

If an individual presents with signs and symptoms, urgent medical attention may be necessary in severe cases. Ehlers is very rare (fewer than 200,000 cases per year). Treatments help with managing the condition; however, there is no known cure. It runs in families, which predisposes a family member to an increased likelihood of getting it. Due to the syndrome being genetic, it may not be preventable.



If you are experiencing new, severe or persistent symptoms, contact a health care provider.

#### **Common symptoms**

- Overly flexible joints; smaller joints may be more affected
- ♣ Loose joints that dislocate easily
- Joint pain
- Stretchy and fragile skin that bruises easily
- **♣** Soft, velvety skin
- Non-healing damaged skin
- Muscle painExtreme tiredness
- ♣ Dizziness
- Increased heart rate, especially after standing
- Digestive problems such as heartburn and constipation
- Urinary incontinence
- Heart valve problems
- Protruding eyes

#### Signs and symptoms in people with Vascular Ehlers-Danlos syndrome

- Thin nose
- Thin upper lip
- Small earlobes
- Prominent eyes
- Thin and translucent skin that bruises easily; underlying blood vessels may be visible in fair-skinned people

#### **Causes and complications**

- Overly flexible joints: Joint dislocation and early-onset arthritis
- Vascular Ehlers-Danlos syndrome: A serious condition where the walls of blood vessels, intestines or uterus rupture
- Flexible skin: Stitches to close a wound do not heal. Instead they tear out, leaving a gap.
- Permanent scarring
- Rupture of uterus during pregnancy
- Hernias and organ prolapse

#### Questions to ask your doctor

- Is my condition treatable or is it life-long?
- Are there any complications?
- Is there any special diet I need to follow?
- Should I make any changes to my routine or lifestyle?

#### Nutrition

#### Foods

- ♣ Raw vegetables and fruits
- ♣ Dairy products like milk and yogurt
- Properly cooked meat
- ♣ Increase the intake of fluids to stay hydrated

#### Foods to avoid

- ♣ Foods rich in sugar
- Foods that contain gluten

**Accommodations:** Worksite modifications; assistive technology; referral for mental health counseling; and support groups

The job development specialists in local Vocational Rehabilitation offices are available to assist you with your vocational needs:

Makayla Jackson, Job Development Specialist

2468 W 11<sup>th</sup> Ave. Eugene, OR 97402 541-484-4234, ext. 1752

Toni Leija, Job Development Specialist

Salem Area Office 3160 Blossom Drive NE, Suite #105 Salem, OR 97305

503-390-9494, ext. 1861

Tamra Russell, Self-Sufficiency Counselor I Portland Area Office 12790 SE Stark St., Suite #102

Portland, OR 97233 503-238-1512, ext. 1411

Jamie Bokuro, Intake Specialist/Job Coach Siletz Area Office

201 SE Swan Ave. Siletz, OR 97380 541-444-8266

For more information about the Siletz Tribe, visit ctsi.nsn.us.

case in detail. "It's really the legal foundation for the rights of Indigenous nations in this country."

The two cases share a set of underlying arguments based on the idea that federal laws that outline the U.S. government's obligations to Indigenous nations, including the Indian Child Welfare Act and the Indian Gaming Regulatory Act, violate the equal protection clause of the Fourteenth Amendment. Those bringing the cases argue that such laws are racially discriminatory – against non-Indigenous people.

The political status of tribal nations is laid out in the Constitution and affirmed by hundreds of years of legal precedent. The U.S. government had to negotiate and, in nearly 400 cases, sign treaties with Native American tribes because of their political, cultural and military strength. Just as the federal government honors the treaties it has signed with France or Germany, it's bound by those it has agreed to with sovereign Indigenous nations.

"You don't make treaties with a race or an ethnic group," said Daniel Lewerenz, an assistant law professor at the University of North Dakota and attorney with the Native American Rights Fund. "You make treaties with a political entity, with a sovereign."

That relationship – one between political entities – has been the way U.S. and European leaders have negotiated with tribal nations since before the country's founding, according to Lewerenz, a member of the Iowa Tribe of Kansas and Nebraska.

#### Old arguments gain ground

The arguments in both the Maverick and Brackeen lawsuits echo claims made for decades by groups seeking to end tribal sovereignty.

One such group is the Citizens Equal Rights Alliance, which attacks tribal sovereignty on the basis that the federal laws enshrining it discriminate against everyone who isn't a member of one of the 574 federally recognized Native American tribes in the United States.

"How does the federal government promote tribal sovereignty and not discriminate against the rest of us?" asked Lana Marcussen, CERA's attorney for 25 years.

A 2018 report by the Montana Human Rights Network listed CERA as an anti-Indigenous hate group. (CERA rejects the label.) Travis McAdam, the researcher who authored that report and has been monitoring anti-Indigenous groups for decades, said CERA is the major national advocacy group for a dispersed anti-Indigenous movement mostly made up of small, local groups who focus on specific tribal sovereignty issues like water rights, casinos or hunting and fishing rights.

"Anywhere there is a local organization or community members that are opposing tribes on tribal sovereignty or basically anything, eventually CERA is going to show up," McAdam said. "At its core, the anti-Indigenous movement is about destroying tribal sovereignty, getting rid of tribes and erasing tribal culture."

In effect, CERA has for decades nurtured ideas long rejected by Congress, the courts and a succession of U.S. presidents. But within the current climate of rising extremism and white nationalism, McAdam worries a major ruling would bring them back into the mainstream.

"Anti-Indigenous groups have used those talking points for decades, but the idea that tribal sovereignty and treaty rights somehow penalize nonmembers – that argument fits into mainstream circles now much better than it did a decade ago," McAdam said.

In the Termination Era beginning in the 1950s, the federal government enacted policies based on a viewpoint similar to the one espoused by CERA and Marcussen: that Indigenous people should assimilate into American society and give up their Indigenous identities, and that the rights negotiated in treaties and codified in federal laws were preventing them from doing so.

Congress quickly passed 46 laws terminating 109 tribes around the United States, including 62 in Oregon – more than any other state.

The result was disastrous for Native Americans.

Termination unilaterally dissolved tribal membership and ended the U.S. government's obligations toward terminated tribes, including the services guaranteed in treaties in exchange for land. Termination policies also allowed the government to seize millions of acres of tribal lands rich with minerals and timber.

"The justification for termination was that the federal trust responsibility between the federal government and tribes was holding Native Americans back," Nagle said. "It's just kind of a rinse and repeat argument, that equality for Native people is treating Native people the same as everybody else. That's a very coded way to talk about erasing the special trust relationship that the U.S. federal government has with tribes."

Members of suddenly landless tribes scattered, with many moving from their former reservations to cities under federal relocation policies aimed at forcing assimilation. Termination caused dire social disarray and further impoverishment. For the leaders of terminated tribes, it also squashed the ability to prevent such harm.

All three branches of the U.S. government firmly repudiated termination policy in the 1960s and '70s, pushing proponents to the political sidelines. Two presidents from opposing parties refused to enforce termination, the courts reaffirmed treaty rights, and in 1975 Congress replaced it with the current federal tribal policy known as self-determination.

Indigenous leaders and activists pushed for more protections of their rights, and Congress soon passed more laws, including the Indian Child Welfare Act, the Indian Healthcare Improvement Act, and the American Indian Religious Freedom Act.

And after decades of work, many terminated tribes eventually won back federal recognition of their sovereignty – but not their land, in most cases.

So modern-day efforts to undermine tribal sovereignty ring familiar to people like Lewerenz, the Native American Rights Fund attorney.

"The people who have tried to get whatever it is that Indians have – whether

that's land or fish or children – have always done so by trying to claim the mantle of equality," Lewerenz said.

#### **Key cases share attorney**

Maverick Gaming and Chad and Jennifer Brackeen are also backed by the same legal team.

The Brackeens are challenging ICWA, a 1978 law that requires caseworkers to give preference to Indigenous families in foster and adoption placements of children who are members of a federally recognized tribe.

The law was aimed at correcting centuries of injustice.

Between 1819 and 1969, the federal government took many thousands of Indigenous kids from their homes and forced them to attend brutal schools that employed "systematic militarized and identity-alteration methodologies," according to a report released by the U.S. Department of the Interior in May.

After the federal government ended mandatory attendance at American Indian boarding schools, officials continued to remove overwhelming numbers of Indigenous kids from their families and place them in foster or adoptive care outside their communities.

When Congress passed ICWA in 1978, studies showed that state child welfare agencies and private adoption companies were taking between 25% and 35% of Native kids from their families. And 85% of those children were placed with non-Indigenous families.

Native families are still four times as likely as white families to have kids removed from their homes, according to the National Indian Child Welfare Association.

But some private adoption companies and evangelical groups argue that the law gives preference to Indigenous people as a racial group and therefore violates the equal protection clause of the Fourteenth Amendment to the Constitution.

The Brackeens, a white couple, sought to adopt a 4-year-old girl in foster care, the baby sister of a boy they had already adopted. Devout evangelical Christians, the Brackeens told *The New York Times* they saw adoption of foster kids as a way to "rectify their blessings." The Navajo Nation wanted to place the girl, who is Cherokee and Navajo, with a Navajo family, as laid out by the Indian Child Welfare Act. But when that placement fell through, both Indigenous nations supported the Brackeens' adoption.

Despite their happy ending, the Brackeens are the lead plaintiffs in a federal lawsuit claiming the act is based on a racial preference that unfairly prioritizes Indigenous families as adoptive parents.

For a child welfare dispute that started out in a small Texas family court, the Brackeen case draws unusual firepower.

Texas Attorney General Ken Paxton intervened in the case on the couple's behalf.

And Matthew McGill, an attorney with the high-powered firm Gibson, Dunn & Crutcher who argued the Citizens United case before the Supreme Court in 2010, took the Brackeens' case pro bono.

He argued on their behalf before the U.S. Supreme Court in November.

His law firm is also known for representing Chevron in the longstanding lawsuit filed by Indigenous communities in Ecuador, as well as Energy Transfer Partners, architect of the Dakota Access Pipeline. The latter proposal has drawn fierce opposition from the Standing Rock Sioux Tribe, along with the Yankton Sioux, the Oglala Sioux and the Cheyenne River Sioux Tribes, who say the pipeline's route under nearby Lake Oahe threatens their main source of drinking water and could pollute the waters they hold sacred.

McGill also successfully argued the Supreme Court case that led to the court's 2018 ruling allowing states to legalize sports betting. The firm counts among its clients several major international casino operators.

Two years after McGill's win in the sports betting case, Washington Gov. Jay Inslee signed a bill allowing sports betting only under Washington's tribal-state gaming compacts, setting the stage for the Maverick lawsuit.

In January 2022, McGill filed the Maverick lawsuit, as well. He did not respond to requests for an interview.

On its surface, the case is connected to his litigation around betting and gaming. But the legal arguments parallel those of the Brackeen adoption case.

Lewerenz said both cases could result in rulings that cast tribes as "merely private associations of people with a common racial ancestry."

"If that happens," Lewerenz said, "then it's hard to understand why they would have any governing power, any political power."

Nagle said that power flows from tribes' unique position as sovereign nations that predate the United States.

"What racial group in the United States has its own land?" she asked. "Its own water rights and environmental regulations? Its own police force, its own elections, its own government?"

Tribes fear they stand to lose almost everything: their right to self-governance, the resources to preserve their culture and traditions, and the main economic engine that provides for basic tribal services.

But for those with interests in the private casino industry, such a change could be a boon. The same goes for corporations looking to develop oil and gas leases without interference from Indigenous nations, whose right to co-manage the lands they stewarded for millennia is increasingly recognized by the federal government.

#### Gaming change could devastate tribes

The Washington State Legislature authorized gambling only for the state lottery, for tribes, for charitable and non-profit gaming and, in a much more limited capacity, as a financial boost for bars.

But dozens of non-tribal, for-profit card rooms have expanded the category.

"Those food and beverage establishments have somehow become these massive mini-casinos," said Rebecca George, executive director of the Washington Indian Gaming Association.

**Continued on next page** 



Courtesy photo by Karina Brown, Underscore News

The Shoalwater Bay Casino in Tokeland, Wash., on Dec. 6, 2022

#### Lawsuits, continued from previous page

That's where Maverick stepped in.

Its CEO, Eric Persson, declined repeated requests for an interview. But in press releases and news articles about the lawsuit his company filed, Persson says he supports tribal sovereignty.

In fact, Persson is a member of the Shoalwater Bay Indian Tribe, a tiny community located an hour southwest of Hoquiam, Wash., where he grew up. The tribe gave Persson a partial scholarship every semester, according to his spokesman, from undergrad through law school at Georgetown University. Persson is one of over 100 members the tribe estimates it has helped send to college.

Now, the tribe says, his lawsuit could devastate the tribe's ability to provide government services to its citizens – including its scholarship fund.

The Shoalwater Tribe is fighting for survival on several fronts. Its reservation is a tiny piece of land. The single square acre set aside by the U.S. government in 1866 is big enough to house the tribal headquarters and not much else. Rising sea levels caused by climate change have eaten into that territory as the ocean has slurped up houses on what used to be forested land above high tide.

"Half the reservation is underwater," said Larry Kerns, the tribe's chief financial officer.

The tribe is using gaming revenue to painstakingly buy back small chunks of its homelands, including areas atop nearby hills that would be a safer place to live. The tribe now owns nearly 5,000 acres.

"It's our land and we want it back," Kerns said. "Unfortunately, we have to buy it back. They stole it from us, and we have to buy it back."

The Shoalwater tribal government made about \$7 million last year in gaming revenue, according to Kerns. It pays for most of the tribe's governmental services, including education, tribal housing, elders' pensions, child welfare services, tribal policing and administration.

"Gaming income funds basically everything," Kerns said. "Without it, we'd have to cut our programs by about 70%."

The Maverick case threatens it all.

In 2018, the company bought about half the card rooms in the state, adding to the casinos and card rooms it already owned in Nevada and Colorado. Persson immediately launched his campaign to allow sports betting in private clubs throughout the state. Maverick poured millions into a political action committee and lobbied lawmakers in support of a bill in the Washington State Legislature that would allow sports betting in his clubs.

After that bill failed, he tried again with a narrower model, which he said would "level the playing field" between tribal gaming operations and those that are privately owned by non-tribal entities. That bill also failed.

Lawmakers approved gambling in Washington in part to fund essential government services. Just like the state lottery raises money for education, tribal gaming raises money that tribes use to provide their citizens with education, health care, natural resources and behavioral health, George said.

"(Persson) has a bottom line that he wants to grow," George said. "But for us, we want to get up to basic standards for our communities, and we still have a long way to go."

Thirty years after the first tribal casino opened in Washington state, poverty rates among reservation communities there are improving, because of the jobs they create and the government services they fund. But annual incomes among tribal members living on reservations in Washington state average just \$18,600, according to a recent report by the gaming association.

"Indian gaming has helped a lot," George said. "But we're still a good 50% behind the state average for poverty. So there's still a long way to go."

-- Karina Brown, Underscore News; kbrown@underscore.news

Underscore is a nonprofit collaborative reporting team in Portland focused on investigative reporting and Indian Country coverage. We are supported by foundations, corporate sponsors and donor contributions. Follow Underscore on Facebook and Twitter.







The Sapsik'wałá Teacher Education
Program invites you to APPLY to
participate in our Native Future Teachers
Program! Our Grow Your Own (GYO)
Project is a 12-week online mentorship
program for Al/AN high school and college
students living in Oregon or with Tribal
affiliation in any of the nine federally
recognized Tribal Nations and the 43 Tribal
Nations that have residency by aboriginal
right in Oregon.







Up to 30 GYO participants will join in community with current Sapsik'wałá students, alumni educators, and elder educators to receive weekly academic and cultural mentorship for transitioning to higher education and towards becoming an Indigenous teacher. GYO will be a distance learning experience (through ZOOM). Participants will receive technology support and gift cards for actively participating in our community and completing project goals.

Visit our blog to find out more!



#### Howard Vollum Scholarship

Scholarship Purpose: To assist American Indian students planning to enroll full time in an undergraduate or graduate course of study in STEM.

#### **ELIGIBILITY CRITERIA**

- Must provide a certification of Tribal enrollment or descendants of enrolled members
- Must be a resident of Clackamas, Multnomah or Washington counties in Oregon, or Clark County, Washington
- Open to students planning to major or majoring in science, computer science, engineering or mathematics
- Enrolled or planning to enroll full time
- Attending or planning to attend any public or private nonprofit college or university in the United States
- Financial need is required must complete the FASFA or ORSAA

#### AWARD SIZE

• Renewal possible up to 4 years; students must reapply each year

#### HOW TO APPLY

Complete the Office of Student Access and Completion (OSAC) Application at: www.oregonstudentaid.gov/scholarships/

Applications accepted through March 1 for the upcoming academic year



For more information, contact The Scholarships Team

503-227-6846 or scholarships@oregoncf.org



#### Verl and Dorothy Miller Native American Vocational Scholarship

Scholarship Purpose: To award vocational scholarships to Native American residents of Oregon for use in the pursuit of postsecondary education or training at an accredited institution in Oregon

#### **ELIGIBILITY CRITERIA**

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- Oregon residents who can provide a certification of Tribal enrollment or descendants of enrolled members
- Open to high school graduates or graduating high school seniors
- Planning to pursue or pursuing a trade or vocational study
- Enrolled at least half time
- Enrolled in any public 2-year institution or an accredited vocational or trade school in Oregon
- Financial need is required must complete the FASFA or ORSAA

#### AWARD SIZE

• Renewal possible up to 4 years; students must reapply each year



For more information, contact The Scholarships Team

503-227-6846 or scholarships@oregoncf.org

#### HOW TO APPLY

causes they care about most

Complete the Office of Student Access and Completion (OSAC) Application at: www.oregonstudentaid.gov/scholarships/

Applications accepted through March 1 for the upcoming academic year

JeffS@ctsi.nsn.us

Sonya Moody-Jurado

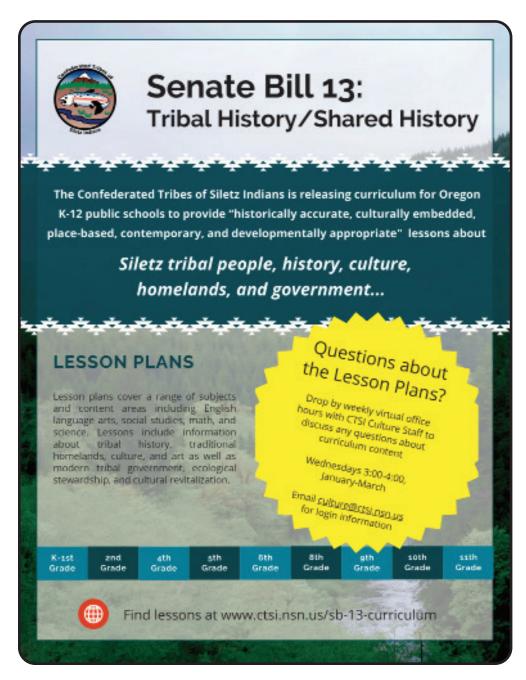
Salem Area

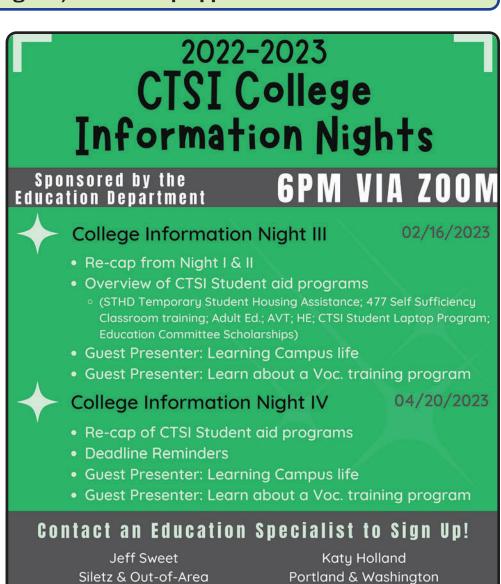
SonyaMJ@ctsi.nsn.us

The mission of Oregon Community Foundation is to improve lives for all Oregonians through the power of philanthropy. OCF puts donated money to work for Oregonians — more than \$100 million in grants and scholarships annually. Since 1973, OCF grantmaking, research, advocacy and community-advised solutions have helped individuals, families, businesses and organizations create charitable funds to support the causes they care about most

#### The mission of Oregon Community Foundation is to improve lives for all Oregonians through the power of philanthropy. OCF puts donated money to work for Oregonians — more than \$100 million in grants and scholarships annually. Since 1973, OCF grantmaking, research, advocacy and community-advised solutions have helped individuals, families, businesses and organizations create charitable funds to support the

#### Visit OregonStudentAid.gov - 500+ grant/scholarship opportunities





KatyH@ctsi.nsn.us

Candace Hill

Eugene Area

CandaceH@ctsi.nsn.us

#### **Scholarships**

- Fastweb (scholarship search engine)
- Big Future (scholarship search engine)
- Pacific Northwest Scholarship Guide (scholarship search engine)
- OregonStudentAid.gov
- Frances Crawford Marvin American Indian Scholarship Deadline: Feb. 15, 2023
- Venus Morris Griffin Scholarship Deadline: Feb. 15, 2023
- Tillman Scholarship Deadline: Feb. 28, 2023
- Oregon State Credit Union Tomorrow's Leaders Today Scholarships Deadline: Feb. 28, 2023
- Never Drink and Drive Scholarship Deadline: March 11, 2023
- Future of School Scholarship Program Deadline: March 15, 2023
- Be the Boss Scholarship Deadline: March 15 & Sept. 15, 2023
- Inspire Our Future Commercial Scholarship

Deadline: March 20, 2023

• Knowledge is Key Scholarship Deadline: March 30, 2023

 Lockheed Martin Vocational Scholarship

Deadline: March 31, 2023

Cobell Scholarship
 Deadline: March 31, 2023

NVMS American Indian Music Scholarship

Deadline: March 31, 2023

- Too Cool to Pay for School Scholarship Deadline: March 31 & June 30, 2023
- OppU Achievers Scholarship
   Deadline: March 31, June 30, Sept.
   30 & Dec. 31, 2023
- CM Cares Religious Scholar Program Deadline: April 4, 2023
- Nebraskaland Scholarship Deadline: April 11, 2023
- Edwards Lifesciences Scholarship Program
   Deadline: April 18, 2023
- AIGA Worldstudio Scholarships Deadline: April 20, 2023

#### **Internships**

- Tic Tok Marketing Intern/Summer 2023 Deadline: Feb. 15, 2023
- Cronin and Company Deadline: Open
- Liberty Mutual Insurance TechStart Summer Internship Deadline: Open
- DropBox Remote Customer Experience Program and Project Management Intern Summer 2023
   Deadline: Open
- Roku
- Deadline: Multiple/Open
- Nike N7 Undergraduate Internship Deadline: Multiple
- Nike Internships
   Deadline: Multiple
- Tesla Internships (spring 2023) Deadline: Multiple
- The Home Depot Remote Human Resources Internships (summer 2023) Deadline: Multiple
- Starbucks Public Affairs and Communications Internship (summer 2023)
  Deadline: Open

- Paramount Pictures Internships (summer 2023)
  - Deadline: Multiple
- Brighthouse Financial 2023 Remote Marketing Summer Intern Deadline: Multiple
- WSJ.Magazine Internship/Summer 2023
- Deadline: Open
- DMS Internships
  - Deadline: Ongoing
- Apple Business, Marketing and G&A Internships
  - Deadline: Multiple
- Coca-Cola Company Marketing Summer Intern
  - Deadline: Open
- Amazon Undergraduate Program Internships
  - Deadline: Multiple
- Habitat Restoration Internship
  - Deadline: Various
- Meta (Facebook) Data Center Engineering Internships
   Deadline: Various

#### **Fellowships**

- Tribal Agriculture Fellowship Deadline: Feb. 10, 2023
- NASA Postdoctoral Program Deadline: March 1, 2023
- McGraw Fellowship for Business Journalism (CUNY)
   Deadline: March 31, 2023
- MBA Special Advisor Fellowship Deadline: Ongoing
- Franklin Talent Exchange Program Deadline: Ongoing
- NYT Local Investigations Fellowship Deadline: Rolling

- Institute for Citizens and Scholars Fellowships
   Deadline: Various
  - Deadline: Various
- American Indian Graduate Center Deadline: Ongoing
- NOAA Fellowships Deadline: Ongoing
- Master of Forest Resources Fellowships Deadline: Open until filled
- NW NA Research Centers for Health Research Support Fellowship Deadline: Rolling

# Important information for college-bound Tribal seniors

#### **February**

- First semester grades and mid-year reports are sent to some colleges.
- Check your school counseling office or ASPIRE center for scholarship information.
- Complete scholarships.
- Check with colleges applied to for verification they have received all necessary documents. Continue to monitor status of submitted applications.
- Check to see if your mid-year transcripts have been sent to the schools to which you have applied.
- Wrap up any scholarship application, essays and activities chart (for OSAC).
   February is OSAC early bird deadline.

#### March

- Check for four Tribal scholarships at ctsi.nsn.us.
- Complete scholarships.
- Start working on Tribal higher education or adult vocational training grant application. This can be found on the Tribe's website and is due June 30.
- Review the Student Aid Report (SAR).
- You should start receiving admission responses.

#### **Other Opportunities**

- Oregon Promise Grant
- Portland Community College Career Pathways Program
- UO Home Flight Scholars Program
- Oregon Tribal Student Grant
- UC Native American Opportunity Plan
- Indigenous Writers in Residence Program
  - Deadline: Feb. 6, 2023
- Indigenous Community Media Fund Deadline: Feb. 15, 2023
- Leadership Academy for Diversity in Media
  - Deadline: Feb. 17, 2023

- Al Neuharth Free Spirit and Journalism Conference
   Deadline: March 1, 2023
- Data Bootcamps for Educators Deadline: April 3, 2023
- Fund for Indigenous Journalists: Reporting on MMIWG2T Deadline: Rolling
- Amber GrantsDeadline: Rolling
- NAYA Ninth Grade Counts Deadline: Rolling
- Dept. of Energy Scholars Program Deadline: Ongoing

# Siletz Tribal Members Online Academic Support

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Contact your local Education Specialist to sign up:

Siletz & Out-of-Area Jeff- JeffS@ctsi.nsn.us Salem Sonya- SonyaMJ@ctsi.nsn.us

Portland Katy- KatyH@ctsi.nsn.us Eugene Candace- CandaceH@ctsi.nsn.us

#### Please Note:

Students MUST complete a Tutoring Application to register. Tutoring hours are available on a first come first serve basis as resources are available.

#### **Tribal Council Timesheets for December 2022**

#### Frank Aspria - 12/1/22-12/31/22

TC	Ind	Gmg	STBC	ED	Tvl		
6.5	6.5	8	2	2		12/1-5	Email, reports, notebook
6.75	6.75	5.5	2.5			12/6-7	CWCR & ARPA wkshp, email, STBC mtg/email
2.25	2.25	2.75				12/8	Special TC – gaming, email
15	15	2.5	2	.5		12/9-12	Meet w/ Salem City Council, reports, email, minutes, reports, packets
3.5	3.5					12/13	Attorney, TC budget
2.25	2.25		1.5	.5		12/14	Attorney, reports, court, email
6	6	1				12/15	Regular TC, STBC mtg, email
1.5	1.5	1		1		1216-18	Email
4.25	4.25	1				12/19	Econ dev, COVID update, email
2.25	2.25					12/20	Interviews, packets, email, reports
9	9	5.5				12/21-30	Safety Cmte, reports, email, packets

#### Loraine Y. Butler - 12/1/22-12/31/22

TC	Ind	Gmg	STBC	ED	Tvl		
		4.5	2.5			12/5-6	Gaming wkshp, packets
1.5	1.5					12/7	All-Staff mtg, packets
		4.5				12/8	Special TC – gaming
1.5	1.5					12/9-10	Elders Holiday Party, packets
.5	.5		2			12/12	Chemawa Station, packets
1.25	1.25					12/13	Budget mtg
.5	.5		2.5			12/14	Hearing, STBC
2.5	2.5					12/15	Regular TC
.5	.5					12/21	Hearing
		8			1	12/31	NY celeb

#### **Sharon Edenfield - 12/1/22-12/31/22**

TC	Ind	Gmg	STBC	ED	Tvl		
.75	.75	1	2.5			12/6	CWCR & ARPA wkshp, STBC mtg
		4				12/8	Special TC – gaming
1	1					12/13	Packets
			1.5			12/14	STBC mtg
2.5	2.5					12/16	Regular TC

#### Alfred Lane III - 12/1/22-12/31/22

TC	Ind	Gmg	STBC	ED	Tvl		
7.5	7.5					12/1	Mtgs in Washington, D.C., travel home
1	1					12/2	Budget Cmte
.5	.5	1				12/6	CWCR & ARPA wkshp
		4.25				12/8	Special TC – gaming
1.5	1.5					12/9	Meet w/ Salem City Council
1	1					12/13	TC budget wkshp
				1.5		12/14	STBC
2.5	2.5					12/15	Regular TC



#### **Bonnie Petersen – 12/1/22-12/31/22**

TC	Ind	Gmg	STBC	ED	Tvl		
1.75	1.75	.5				12/2-5	Attorney mtg, email, meeting prep
1.75	1.75	1	2.5			12/6	CWCR & ARPA wkshp, STBC mtg, Education Cmte, email
1.25	1.25	1				12/7	Special TC – gaming, email, prep, reading
.5	.5	4.5				12/8	Special TC – gaming, email
3.25	3.25	2				12/9-12	Email, minutes, reading, meeting prep
2	2					12/13	Budget Cmte, email, meeting prep
1.75	1.75		1.5			12/14	STBC mtg, hearing, email, mtg prep
2.75	2.75					12/15	Regular TC, email
2	1.75					12/16-21	Email, reading, interview prep
7.25	7.25					12/22-29	Interviews, email, reading, correspondence, interview prep
1.5	1.5					12/30	Interviews, email

#### **Delores Pigsley - 12/1/22-12/31/22**

TC	Ind	Gmg	STBC	ED	Tvl		
2.5	2.5					12/2-4	Budget Cmte, mail, agenda items
1	1					12/5	OR Tribes mtg, mail
2	2	1	1			12/6	CWCR & ARPA wkshp, STBC mtg, mail
3	3		.75		1.5	12/7	All-Staff mtg, STBC discussion, mail
.5	.5	4.25			1.5	12/8	Special TC – gaming, mail
1.75	1.75	.25			4	12/9	Meet w/ Salem City Council, mail
1.25	1.25					12/10	Willamette U event, mail
1.5	1.5					12/11	Mail, prep for council, agenda items
1.25	1.25		1			12/12	Chemawa Station, mail, prep for council
2	2					12/13	Budget Cmte, mail
1.25	1.25		1.5			12/14	STBC mtg, mail
3	3				4	12/15	Regular TC, prep ODFW testimony, mail
8.25	8.25					12/16-30	Mail, agenda items
.25	.25	1			1.25	12/31	Casino event, mail

#### **Angela Ramirez - 12/1/22-12/31/22**

TC	Ind	Gmg	STBC	ED	Tvl		
7.5	7.5	2	1			12/1-15	Email, packets
.25						12/2	Legal
.5	.5					12/5	Health Cmte
.75	.75	1	1.5			12/6	CWCR & ARPA wkshp, STBC mtg
		4.25				12/8	Special TC – gaming
3.25	3.25					12/11	STAHS
1	1.25					12/13	Workshop
.5	.5		1.5			12/14	STBC mtg, legal
2.5	2.5					12/15	Regular TC
5	5					12/16-31	Email, packets

#### **Selene Rilatos - 12/1/22-12/31/22**

TC	Ind	Gmg	STBC	ED	Tvl		
2.25	2.25					12/1-3	Email, packets
2	2					12/5	Clinic mtg, email, packets
2	2	1	2.5			12/6-7	CWCR & ARPA wkshp, STBC mtg, packets, email
.5	.5	4.5				12/8	Special TC – gaming, email
1.75	1.75					12/11	Email, packets
1	1					12/12	Interviews, email, packets
1.75	1.75					12/13	Budget wkshp, packets
1.5	1.5					12/14	Hearing, email, packets
3	3					12/15	Regular TC
1.75	1.75					12/16-18	Email, packets
.75	.75					12/19	SCP, email
2.75	2.75					12/20-21	COVID mtg, email, packets
6.5	6.5					12/22-30	Comfort Station, email, packets

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#### Oregon State archaeologists uncover oldest known projectile points in the Americas

By Molly Rosbach, molly.rosbach@ oregonstate.edu

CORVALLIS, Ore. - Oregon State University archaeologists have uncovered projectile points in Idaho that are thousands of years older than any previously found in the Americas, helping to fill in the history of how early humans crafted and used stone weapons.

The 13 full and fragmentary projectile points, razor sharp and ranging from about half an inch to 2 inches long, are from roughly 15,700 years ago, according to carbon-14 dating. That's about 3,000 years older than the Clovis fluted points found throughout North America and 2,300 years older than the points previously found at the same Cooper's Ferry site along the Salmon River in presentday Idaho.

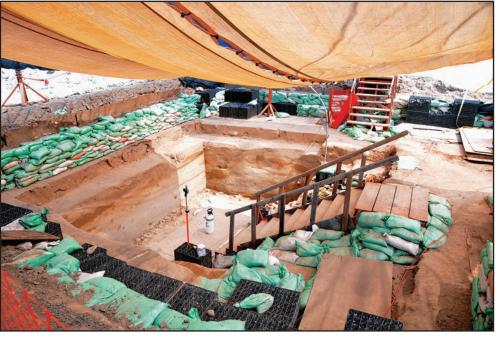
The findings were published Dec. 23, 2022, in the journal Science Advances.

"From a scientific point of view, these discoveries add very important details about what the archaeological record of the earliest peoples of the Americas looks like," said Loren Davis, an anthropology professor at OSU and head of the group that found the points. "It's one thing to say, 'We think that people were here in the Americas 16,000 years ago'; it's another thing to measure it by finding well-made artifacts they left behind."

Previously, Davis and other researchers working the Cooper's Ferry site had found simple flakes and pieces of bone that indicated human presence about 16,000 years ago. But the discovery of projectile points reveals new insights into the way the first Americans expressed complex thoughts through technology at that time, Davis said.

The Salmon River site where the points were found is on traditional Nez Perce land, known to the Tribe as the ancient village of Nipéhe. The land is currently held in public ownership by the federal Bureau of Land Management.

The points are revelatory not just in their age, but in their similarity to projectile points found in Hokkaido, Japan, dating to 16,000-20,000 years ago, Davis said. Their presence in Idaho adds more detail to the hypothesis that there are early



Courtesy photos by Loren Davis

Above: Overview of the Area B excavations at the Cooper's Ferry site in 2017 Below: Stone projectile points discovered buried inside and outside of pit features at the Cooper's Ferry site, Area B



genetic and cultural connections between the ice age peoples of Northeast Asia and North America.

"The earliest peoples of North America possessed cultural knowledge that they used to survive and thrive over time. Some of this knowledge can be seen in the way people made stone tools, such as the projectile points found at the Cooper's Ferry site," Davis said. "By comparing these points with other sites of the same age and older, we can infer the spatial extents of social networks where this technological knowledge was shared between peoples."

These slender projectile points are characterized by two distinct ends, one sharpened and one stemmed, as well as a symmetrical beveled shape if looked at head-on. They were likely attached to darts, rather than arrows or spears, and

despite the small size, they were deadly weapons, Davis said.

"There's an assumption that early projectile points had to be big to kill large game; however, smaller projectile points mounted on darts will penetrate deeply and cause tremendous internal damage," he said. "You can hunt any animal we know about with weapons like these."

These discoveries add to the emerging picture of early human life in the Pacific Northwest, Davis said. "Finding a site where people made pits and stored complete and broken projectile points nearly 16,000 years ago gives us valuable details about the lives of our region's earliest inhabitants."

The newly discovered pits are part of the larger Cooper's Ferry record, where Davis and colleagues have previously reported a 14,200-year-old fire pit and a food-processing area containing the remains of an extinct horse. All told, they found and mapped more than 65,000 items, recording their locations to the millimeter for precise documentation.

The projectile points were uncovered over multiple summers between 2012 and 2017, with work supported by a funding partnership held between OSU and BLM. All excavation work has been completed and the site is now covered. BLM installed interpretive panels and a kiosk at the site to describe the work.

Davis has been studying the Cooper's Ferry site since the 1990s when he was an archaeologist with BLM. Now, he partners with BLM to bring undergraduate and graduate students from OSU to work the site in the summer.

The team also works closely with the Nez Perce Tribe to provide field opportunities for Tribal youth and to communicate all findings.

About the OSU College of Liberal Arts: The College of Liberal Arts includes the fine and performing arts, humanities and social sciences, making it one of the largest and most diverse colleges at OSU. The college's research and instructional faculty members contribute to the education of all university students and provide national and international leadership, creativity and scholarship in their academic disciplines.

**USDA Natural Resources Conservation Service Lincoln County Local Work Group Meeting** Thursday, Feb. 23, 2023 • 10 a.m.-12 p.m. **Zoom Online Meeting** 

https://www.zoomgov.com/j/1614265439?pwd=WnBydjZieWtreG5WaHJrUzUr | https://www.zoomgov.com/j/1610444633?pwd=NDVXcG9hMnRIVmRLNDJIUW WWJhdz09

Meeting ID: 161 426 5439

Passcode: 981699

To join by phone, dial 669-254-5252

Purpose: Gather input from farmers, ranchers, small woodland owners, Tribes, agency staff, and agriculture and conservation organizations regarding natural resource conservation priorities and opportunities for collaborative investment in Lincoln County.

The USDA is an equal opportunity provider, employer and lender.

A request for accommodations for persons with disabilities should be made 48 at 541-563-5627 or anna.marion@usda.gov.

**USDA Natural Resources Conservation Service** West Lane County (Siuslaw) Local Work Group Meeting

Thursday, March 2, 2023 • 10 a.m.-12 p.m.

**Zoom Online Meeting** 

dud1JUOT09

Meeting ID: 161 044 4633

Passcode: 765373

■ To join by phone dial: 669-254-5252

Purpose: Gather input from farmers, ranchers, small woodland owners, Tribes, agency staff, and agriculture and conservation organizations regarding natural resource conservation priorities and opportunities for collaborative investment in western Lane County.

The USDA is an equal opportunity provider, employer and lender.

A request for accommodations for persons with disabilities should be made 48 hours before the meeting. For questions or concerns, please contact Annie Marion I hours before the meeting. For questions or concerns, please contact Annie Marion at 541-563-5627 or anna.marion@usda.gov.

# **NOW \* HIRING**

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For more information about the Siletz Tribal language program, please visit siletzlanguage.org.

## **Organic Farming Training**

Elderberry Wisdom Farm is offering paid internships for Native Americans interested in learning regenerative farming. You will train with a Native American farmer during morning classes, and learn to grow a crop of organic foods in the afternoons on our 11-acre organic farm near Aurora, Oregon. There is an option to join the Native American Farm Cooperative and Farmer's Market being formed in 2023.

- 8 weeks (April 5 May 26, 2023)
- 3 days a week (Thurs., Fri., Sat.)
- Paid internship (\$2,000)
- Additional funding available

#### To apply, contact Sara:

info@elderberrywisdom.org

## ELDERBERRY WISDOM FARM www.elderberrywisdom.org

#### **Elderberry Wisdom Farm**

www.elderberrywisdom.org

To the editor:

Selene (Marita) Rilatos is seeking re-election to the Siletz Tribal Council. That's good news for Siletz people.

In my experience, Selene listens patiently and carefully – even when such listening proves challenging because of worked-up emotions expressed by the person making the call. Siletz people can call Selene and have Selene listen carefully to their concerns.

Selene has support for the efforts of the Chinook Indian Nation to regain federal recognition. That's important to me (and hundreds of others at Siletz) who have had a Chinook ancestor marry into the Siletz Tribe.

Selene understands the importance of nurturing long-established friendships between Siletz and neighboring Tribes such as Chinook. Not only that, Selene has a capacity to appreciate and to support the struggle for justice of other people – Selene is like those leaders at Warm Springs and other Tribes who supported the struggle of the Siletz people a few decades ago as Siletz sought federal re-recognition.

Selene is both a political leader of great integrity who is also compassionate and also a leader in the cultural sphere. Selene understands that her responsibilities include helping others seeking to remember and re-establish cultural practices.

Selene's work in helping Siletz people retain our cultural inheritance includes bringing back the Flower Dance. Selene's success as a political leader depends upon her deep connection with ancestral cultural practices.

We are lucky to have Selene on the Siletz Tribal Council! Selene Rilatos works for the people and has my vote and full support!

Yours truly, Drew Viles

Dear Tribal members:

It's been an honor serving as your Tribal Council member these past three years. I'm hoping I'm re-elected to serve you once again.

I congratulate the 13 other candidates for running this year. It's a huge commitment and I've grown as a person and have enjoyed working with our leaders and for our great Tribe. We have some exciting projects on going and I hope you've practiced your inherent right by voting for your leaders to serve you.

Respectfully,

Marita "Selene" Rilatos

# General Council Meeting Saturday, Feb. 4, 2023 • 1 p.m. • Siletz, Oregon

Call to Order
Invocation
Flag Salute
Roll Call
Approval of Agenda
Approval of Minutes

Program Reports:
Garden Project • PRC Update
Tribal Member Concerns
Chairman's Report
Announcements
Adjourn

**Note:** The General Council Meeting will be livestreamed through the Tribal website.

#### **CTSI Jobs** – Employment information available at ctsi.nsn.us

Note: "Open Until Filled" vacancies may close at any time. The Tribe's Indian Prefeence policy will apply. Tribal government will not discriminate in selection because of race, creed, age, sex, color, national origin, physical handicap, marital status, politics, membership or non-membership in an employee orgnization.

CTSI constantly is looking for temporary employees to cover vacancy, vacations, maternity leave and extended sick leave. If you are looking for temporary work that can last from 2-12 weeks, please submit an application for the temp pool.

#### **Siletz News Letters Policy**

Siletz News, a publication of the Confederated Tribes of Siletz Indians, is published once a month. Our editorial policy encourages input from readers about stories printed in *Siletz News* and other Tribal issues.

All letters must include the author's signature, address, and phone number in order to be considered for publication. *Siletz News* reserves the right to edit any letter for clarity and length, and to refuse publication of any letter or any part of a letter that may contain profane language, libelous statements, personal attacks or unsubstantiated statements.

Not all letters are guaranteed publication upon submission. Published letters do not necessarily reflect the opinions of *Siletz News*, Tribal employees, or Tribal Council.

Please type or write legibly. Letters longer than 450 words may be edited for length as approved by Tribal Council Resolution #96-142.

Please note: The chief executive officer of the Siletz Tribe is the editor-in-chief of Siletz News.

Editor-in-Chief: Kurtis Barker Editor: Diane Rodriquez Assistant: Andy Taylor



Happy 4<sup>th</sup> Birthday, Aryana! Mommy and Daddy are so proud of you!



Happy 15<sup>th</sup> Birthday, Cori! Love, the Ben/Tomlinson families



My children: I may not say I love you every day, but know that every day you are loved.

Sarai and Reese: Happy Birthday!

Free child ID kits from the Oregon State Police

503-934-0188 or 800-282-7155

child.idkits@state.or.us

#### **Passages Policy**

Submissions to Passages are limited to two 25-word items per person, plus one photo if desired.

All birthday, anniversary and holiday wishes will appear in the Passages section.

Siletz News reserves the right to edit any submission for clarity and length.

Not all submissions are guaranteed publication upon submission.

Please type or write legibly and submit via e-mail when possible.

#### Tribe seeks to update its record of Tribal veterans

It is important for the Tribe to keep a current updated record of our Siletz Tribal veterans. So often we are totally unaware of Siletz veterans who have served our nation, especially our younger veterans.

We are also trying to track how many Vietnam-era veterans have served and also how many were "boots on the ground." I would appreciate it if you could help supply us with this muchneeded information. Thank you!

Tony Molina, Tribal Vet Rep. Low voltage license #2025LEA Confederated Tribes of Siletz Indians P.O. Box 549

Siletz, OR 97380-0549 800-922-1399, ext. 1330 Direct: 541-444-8330 Cell: 541-270-0569

#### **Information for Veterans**

- A veteran or a family member whose veteran is enrolled in the VA only has 72 hours to report a non-emergency room hospital visit so as not to get billed.
- There is a new program for veterans called Veterans Appeal Improvement Modernization Act for those veterans who have been waiting too long for their appeal to be addressed. Again, this is a new program.
- For veterans who are enrolled into the VA system you can also apply to join My Healthy Vet to have access to your local VA doctor, prescriptions, etc. This is a very useful tool.
- Also, some veterans have joined the EBenfits logon application to try and do their VA needs online, but first you must be eligible to apply for VA ben-

- efits. I'm here to help you in that VA enrollment process. It's your choice to try EBenefits or let me assist you.
- The VA can be a very complex program and very trying to one's patience and I have experienced certain road blocks. So please give me a call and I will do everything within my means to make sure you can enroll in the VA system.
- Our VA presumes that spinal bifida in biological children of certain Vietnam-era veterans who were exposed to Agent Orange was caused by the veteran's military service. Eligible children may receive VA benefits.

Contact Molina if you have questions on any of these items.

#### **Lincoln County Jail seeks volunteers**

The Lincoln County Jail in Newport, Ore., is seeking additional cultural practitioners to provide services to American Indians who are incarcerated. They are seeking both female and male practitioners to provide online, one-on-one and group guidance (once it is safe to hold in-person meetings).

If you have questions, please contact Lisa Norton at lisan@ctsi.nsn.us. If you

want to volunteer, contact Dennis Buckmaster (dbuckmaster@co.lincoln.or.us) to start the process.

This process does include a background check, but all situations will be considered individually.

#### **Siletz Tribal Athletic Commission Vacancy**

The Athletic Commission was formed to promote and offer different types of sports activities at the Siletz Tribe's gaming center and/or at other locations on Tribal trust land. It was established to create rules and regulations for the conduct of each sporting activity and to regulate each sporting activity that is authorized by the Tribal Council.

The Athletic Commission consists of three members and a Tribal Council member. Two of the three members may be a non-Tribal member with experience in the conduct and regulation of sporting activities.

The Athletic Commission shall permit and regulate only those sporting activities specifically authorized by Tribal Council and permitted by applicable law. The following activities are authorized by Tribal Council: boxing (amateur and professional), wrestling (amateur and professional) and mixed martial arts (amateur and professional).

The Athletic Commission shall be responsible for regulation of any sporting activity that occurs on Siletz lands to ensure that the conduct of such sporting activity comports with all Athletic Commission regulations and applicable laws.

Athletic Commission members shall be reimbursed for approved travel, subject to the availability of funds.

If interested in an appointment to the Siletz Tribal Athletic Commission, please complete a résumé and submit it to Tribal Council, Attn: Executive Assistant to the Tribal Council, P.O. Box 549, Siletz, OR 97380-0549 or fax to 541-444-8325.

There are three vacancies with terms ending in 2024, 2025 and 2026. Appointments will be made at the Regular Tribal Council Meeting in February 2023. The deadline to submit your résumé is Feb. 8, 2023.

#### **Nesika Illahee Pow-Wow**

#### **Attention Siletz Tribal Artists**

The Pow-Wow Committee is once again having a logo contest for the upcoming pow-wow in August 2023. All Siletz Tribal artists are encouraged to submit a pow-wow-themed logo.

The winning logo artist will receive a cash prize of \$300 and a professional banner with your logo. They also will have their logo highlighted on Nesika Illahee Pow-Wow flyers and merchandise.

Please submit your artwork to the cultural education director's office at the Siletz Tribal Community Center or mail them to Confederated Tribes of Siletz Indians, Attn: Pow-Wow Logo Contest, P.O. Box 549, Siletz, OR 97380-0549.

All entries must be received no later than March 3, 2023.

#### **Royalty Crown Proposals**

The Pow-Wow Committee is now accepting proposals for 2023-2024 royalty crowns. Proposals are being accepted for Miss Siletz, Junior Miss Siletz and Little Miss Siletz.

Proposals for a crown must include art design, size of the crown and a bid for the crown or crowns of your interest. Proposals can be submitted for individual crowns, two crowns or you can submit a bid for all three crowns.

Crown proposals must be turned in to the committee no later than March 3, 2023. Proposals should be sent to Siletz Pow-Wow Committee, P.O. Box 549, Siletz, OR 97380-0549.

If you have any questions, contact Buddy Lane at 800-922-1399, ext. 1230; 541-444-8230; or buddyl@ctsi.nsn.us.