Confederated Tribes of Siletz Indians

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Portland Potlatch

PAO Office Closure Dates

All Siletz Tribal offices will be closed on the following days:

Nov 11th
Veteran's Day

Nov 18th
Restoration Day

Nov 24th
Thanksgiving Day

Nov 25th
Day After Thanksgiving

Low Income Home Energy Assistance Program (LIHEAP)

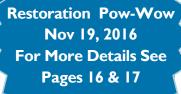
What is LIHEAP?

• LIHEAP (Low-Income Home Energy Assistance Program) is a Federally -funded program that helps low-income households with their home energy bills.

SRII-NA CHEE-YASH-'E EAGLE High in Sky Bird

• LIHEAP can help you stay warm in the winter. By doing so, you can reduce the risk of health and safety problems (such as illness, fire, or eviction.)

(Continued on page 8)



Important Dates

- II/I, LIHEAP Opens for all Tribal Members
- Sat., I I/5, General Council—I PM
- Sat., 11/13, Elders Council—1 PM
- Thur., 11/17 Regular Council—8 AM
- Sat., I I/I9 CTSI, Restoration

Community News

Portland Area Office Beading Group

You are invited to join us for an informal gathering, to bead, learn and visit. Bring whatever you are working on:



For more information, Please call Sherry Addis.

Elders Potluck at PAO

Ch'ay-yii-ne Ghu'-'alh

Please bring a potluck dish to share:

Tues., Nov. 29th, 5:30 PM — 7 PM

For more information or to request a ride/carpool, please contact the Elders Coordinator or your Elders Representative Kay Steele or Cookee Fernandez.



Elder's Shopping Days



The next elders shopping day will be:

Nov. 8th & 22nd - 10 AM

To reserve your spot on the bus for the next shopping day, please call your Elders program area representative, Kay Steele at: or Consuelo "Cookie" Fernandez

PAO Annual Holiday Party Coming in December

Please mark your calendars for PAO's annual Holiday party:

Tuesday December 13th, 2016.

More information will be provided in the December Potlatch newsletter.

We hope you can plan to attend and enjoy the holiday cheer!

2016 Portland Fix-It Fair

Sat., 11/19 at 9:30AM—2:30PM

This is a FREE event hosted by the City of Portland at Ron Russell Middle School, 3955 SE 112th Ave., Portland, Or.

Learn simple ways to save money and connect with resources. Join your neighbors and talk to the experts about how to spend less and stay healthy. For more information visit:



www.portlandoregon.gov/bps/FIF

NAYA Homeownership Program Orientation

Do you want to own a home but aren't sure where to start? Start with the NAYA Homeownership Program Orientation

Thurs., 11/3 or Wed. 11/4; 6PM—7:30PM at 5135 NE Columbia Blvd.

Join us to learn about NAYA Family Center's Homeownership Program, including our culturally specific classes and coaching. At this FREE event, you'll learn about:

- The steps to becoming a homeowner
- Resources that can help you
- Ways that NAYA can support you

Questions? Contact Cecelia Lente at (503) 288-8177 X 351 or e-mail at:

Cecelial@nayapdx.org

Chemawa School Veteran's Pow-wow

Sat., Nov., 5th, 2106

Grand Entry at 1 PM & 7PM, location Chemawa Indian School 3700 Chemawa Rd. NE Salem, OR 97305

Weatherization Workshop

Thurs., Nov. 12th, 1:00-3:00 PM Gresham Public Library 385 NW Miller Ave, Gresham, OR

Presented by Community Energy Project, this hands-on workshop will give you and your family the tools to make your home warmer and more energy-efficient! Income -qualifying Portland residents can pick up a free weatherization kit worth \$150. For more information please visit:

www.communityenergyproject.org/

Healthy Traditions (HT)

November Planting Guide

It's hard to believe that we're already into November! Hopefully everyone has had a bountiful harvest this year and enjoyed the good growing season. Plants that can be direct sowed into your garden this month are:

- Fava beans
- Onion (sets)
- Garlic (cloves)
- Shallot (bulbs)

Garlic is incredibly easy to grown. Choose a sunny sheltered spot. Divide garlic head into individual cloves (plant only the largest) insert into soil point up, and cover with 3/4 inch soil. Garlic also grows well in containers.

Cover Crops and Winterization

Fall is a great time of year to tune up your soil. For example:

- Test the soil to see if any nutrients are significantly out of whack. You can take a soil sample and send it to your state Extension Service office for testing.
- Move disease-free dead plants (not weeds) to the compost pile or cut up (Continued on page 4)

A \$7,000 Tribal benefit

Do you know what it is? Will your loved one benefit from it?

Obviously, none of us wants to think about passing away Inevitably, though, it will happen – to all of us. We should do our best to make sure we have arranged what we can. One simple thing you can do is submit your Designation of Death Benefit Beneficiary form to the Enrollment Department.

The Siletz Tribe carries death benefit insurance on all enrolled Tribal members, including children, for funeral and burial costs. As of October 14, 2016, there are 1,349 Tribal members who have no beneficiary listed for this benefit. Are you, a family member or your children one of them? A mail out was done with the annual per capita check for all tribal members and a label was included on the check stub for people with no beneficiary on file and the response was about a 1% return for those that did not have a beneficiary on file.

Please check with your family members to see if they have submitted their paperwork for this important benefit. If it has already been submitted, when was it last updated for contact information for the beneficiary? Do you know whom you have listed as your beneficiary?

Things you need to know:

 Tribal members need to fill out and keep an updated Designation of Death Benefit Beneficiary form. It can then be updated at any time to name a different beneficiary or to update the contact information for your beneficiary. It is extremely important to update your Designation of Death Benefit Beneficiary form anytime you marry, divorce or if your designated person is deceased..

- The designated beneficiary needs to be age 18 or older as they might be the one responsible for making your funeral arrangements.
- Are your children over age 18 now?
 They need to update their beneficiary.
 You now can update your beneficiary to include them.
- The Enrollment Department keeps the original form on file with the Tribal member's enrollment file. In the event of your passing, the most recent form submitted is what will be used to determine the beneficiary for this benefit.
- The beneficiary can be anyone, a Tribal member or a non-Tribal member. They can be a family member or not. The most common beneficiary is a parent, spouse, adult child or someone trusted who will be in charge of funeral arrangements.
- The current death benefit amount is \$6,000 and is for burial and funeral expenses. Most funeral homes are willing to work with the Tribe so families do not have to pay out-of-pocket costs up to the benefit amount Some funeral homes are not, so please be aware of this.
- If funeral expenses are less than \$6,000, the unused balance of the death benefit goes directly to the beneficiary.
- If funeral expenses are more than \$6,000, the balance of the expenses is the responsibility of the person making the funeral arrangements.

Community Health

Diabetes Support Group

Our November Diabetes Support Group will be providing healthy salads, fruits and veggies. All tribal members are welcome.

Wed., Nov 16th, Noon to 2PM



Contract Health Update

Remember to update your contract health services form each year! Call the Portland Area office and we can send you the form. You are always welcome to come in to complete it. Especially if you have moved, have a new phone number or even a new primary care doctor, please update your information.

November is American Diabetes Month

Diabetes is one of the leading causes of disability and death in the United States. It can cause blindness, nerve damage, kidney disease, and other health problems if it's not controlled.

One in 11 Americans have diabetes 86 million American adults are at high risk of developing type 2 diabetes.

The good news? People who are at high risk for type 2 diabetes can lower their risk by more than half if they make healthy changes.

Such as:

- Make small changes, like taking the stairs instead of the elevator. Parking a little farther from the store entrance, etc.
- Get regular checkups. Get your blood pressure and cholesterol checked.
- Ask your doctor about the diabetes risks, so you understand how important good food choices make

Combining many small changes and adding physical activity to your daily routine will help you lose weight, manage your glucose levels and reduce your risk factors so you can live a long and healthy life

- The current insurance amount is \$1,000 and will be paid directly to the beneficiary.
- If no beneficiary is listed, the funeral and burial expenses still are paid and Enrollment will work with the family and the funeral home. However, any unused balance of the death benefit and the \$1,000 will go unpaid to anyone.
- The Tribe has caskets with a Pendleton blanket liner that can be purchased with death benefits or directly.
- If you have specific wishes for your burial, please let your family members know of them. You also might want to research costs for plots and fees if you wish to be buried someplace other than at the Siletz cemetery.

If you have questions about death benefits, Tribal caskets or completing the form, please contact Angela Ramirez, Enrollment Clerk or Danise Barker, Enrollment clerk temp., at 800-922-1399 ext. 1258, or 541-444-8258.

477 Self-Sufficiency Program

SSP Monthly Meetings

The Self Sufficiency Programs monthly group meeting speaker this month will be Michelle Moore, Owner/Instructor Empowered Focused Self-Defense.

The required monthly group is a supportive/informational meeting that focuses on work, education, family and goals.

who are working toward their goals!

Please mark your calendars. The 477 Self The Program Manual lists all available Sufficiency Program's (SSP) upcoming components in detail and the requirements mandatory monthly group meeting will be: of each which is also available at the CTSI

November 10th and **December 8th** 4PM-6PM, at the Portland Area Office.

These mandatory monthly meetings will allow clients to talk and share what is happening on their journey to self sufficiency. This will support clients in knowing that they are not alone and they have the same issue, concerns, questions and struggles as others. This will empower clients to talk with each other and come up with solutions together.

477-SSP Mission Statement:

To assist eligible clients in attaining selfsufficiency. The 477 Self Sufficiency Program will serve the following groups as they work towards this goal: Siletz needy families, Native American, Alaskan Native, Native Hawaiian.

Program components include: cash grant services, emergency utility assistance, job training, job retention services and other Come meet and learn from others like you supportive services which are subject to budget cycle availability.

website:

www.ctsi.nsn.us

Your Success is Important to Us

If you have questions or to please call the apply, Portland Area Office (503) 238-1512 and speak with Anna Renville X1412, or Tamra Russell X1411.

Athabaskan Language

Nuu-wee-ya' (Our Words)

These classes begin with basic instruction and progress over the year. They are also offer a refresher course for more advanced students. Come and join other members of your community and tribe in learning to speak one of our ancient languages.

Any tribal members who need assistance with cultural projects, please bring them prior to class if possible.

We also have equipment in the Cultural Department available for use in grinding and drilling shell or pine nuts or other applications. If you need to use the equipment, call the number below to set up an appointment. For more information, please

contact Bud Lane.

Many Athabaskan language lesson are available to tribal members, in print and audio at the CTSI web site at:

> **Portland Area Office** Monday, Nov. 14th 6:00 - 8:00 PM

www.ctsi.nsn.us

The language samples are provided for your use online. To confirm proper pronunciation go to the Siletz Talking Diction-

www.siletzlanguage.org

(Continued from page 2)

plants and lay them on the ground as

- If your soil is healthy and nutrient rich enough you can cover with organic com-
- After liming, layer mulch comprised of autumn leaves on the soil of your vegetable garden beds and around your ornamental shrubs.
- Cover the soil with two layers of burlap coffee sacks, which serve the same function as leaves. The leaves or burlap sacks can be removed in the spring for early crops.
- Plant a cover crop, but remove them before they go to seed next spring.

Thank You From HT's

We put out a call for help to put our two community gardens to bed, and we want to thank the staff and volunteers who answered. Pictured below, left to right are:

Andrew Johanson, sherry Addis, Carolyn Dufek, Consuelo "Cookie" Fernandez, Sarah Addis, and Verdene McGuire.

Together, many hands made the work light. Thank you.



USDA

		Tuesday	November 1st	9 AM — 3PM
	Z	Wednesday	November 2rd	9 AM — 3 PM
	Siletz	Thursday	November 3rd	9 AM — 3PM
	S	Friday	November 4th	9 AM — 3PM
		Monday	November 7th	9 AM — 3PM
		Monday	November 14th	1:30 PM—6:30 PM
	Salem	Tuesday	November 15th	9 AM — 6:30 PM
	Sal	Wednesday	November 16th	9 AM — 6:30 PM
		Thursday	November 17th	9AM—II AM

Yes, we have canned tuna back in the food package. I made these and they are so good! Between now and December, we will also have wild rice, as a one time offering, apple/ cherry juice will replace the grapefruit juice, and frozen, sockeye salmon filets in the food package. At the first of October, the income guideline went up, for the smaller households. Be sure to check it out on the website. Also, LIKE us on Facebook at Siletz Tribal FDPIR.

Tuna Salad Wraps

Ingredients:

1 can Tuna (squeeze dry)* Tuice of 1 lemon* ½ Bunch romaine lettuce (shredded)* 1 cup celery (diced)* 1/4 cup dill relish ½ cup mayo Whole wheat tortillas* Salt & pepper to taste

Directions:

Mix the first 7 ingredients in a large bowl. Place about ½ cup of the mixture into a tortilla and roll it up.

* Indicates commodity foods used

Joyce Retherford Lisa Paul **FDP** Director FDP Clerk/ Warehouse

(541) 444-8393 (541) 444-8279

Parking at the Portland Area Office (PAO)

When visiting the Portland Area Office, please note that **Blue** parking spaces are for siletz tribal members, staff and visitors. Overflow parking is available on SE 128th Ave.

Behavior Health

A & D Philosophy:

The Siletz Tribal Alcohol and Drug Program views alcoholism, chemical dependency, and other addictions as a progressive illnesses. When left untreated they can cause emotional, mental, physical, and spiritual problems for the person, family, and • community. Addictions are treatable and staff is personally dedicated to providing culturally relevant treatment services. Services include:

- Evaluation/Assessment
- Alcohol/other drug education
- Cultural/traditional Individual, group,

or family counseling

- Adolescent treatment
- Women's specific treatment
- Intervention
- Urinalysis/saliva testing
- DUII rehabilitation services

Andulia's Schedule 8 AM — 4:30 PM

Salem: Mon., Tues., & Wed.,

Portland: Thurs & Fri., Portland

When Andulia is unavailable, Counselors from other area offices (Siletz, or Eugene) can assist.

Recognize
Acknowledge
Forgive
Change

If you or someone you know needs substance abuse treatment, recovery is possible. For drug and alcohol information and treatment referral call Andulia WhiteElk

Help is Available & **Confidential**

New Mental Health Employee at PAO

Hello, I am Rachel Adams, new counselor connections are so important. for the Siletz tribe. I am honored and happy to be working with individuals and families of the Siletz Tribe. My position will entail I hold a Master of Science Degree in Mental both connecting our youth with activities Health Counseling from Capella University. such as Adventure Camp and horse therapy, I studied about child, adolescent and adult and providing formal counseling.

Philosophy and Approach

vidual, and not treating just symptoms or are: behaviors. I rely on the core values of growth, family, and community, to guide me in my everyday care. I work from a mindset of Person-Centered Therapy, and employ techniques from other modalities

such as Motivational Interviewing and Dialectical Behavior Therapy as I feel is needed. Whenever possible, I include the individual's family in treatment, as family

Formal Education and Training

development, the group process, mindfulness and the Person-Centered approach. I am a Nationally Certified Counselor in I believe strongly in helping the whole indigood standing. Generally, my office hours

Portland Area Office

Mon. & Tues. 8AM-4:30PM (503) 238-1512

Salem Area Office

Mon. & Tues, 8AM-4:30PM (503) 390-9494

November 2016

SUN	Mon	TUE	WED	THU	Fri	SAT
Inclement Weather Conditions: This time of year, the weather outside can be frightful. For the safety of all, sometimes close our office due to weather conditions. So, if it is snowing, icy or unusually cold, please call the office a listen to the message before coming to the office to make certain we are open. We will update our phone message to reflect the conditions of the office to make certain we are open.						
		1 LIHEAP Opens for All Siletz Tribal Members	2	3	4 Siletz Youth Conference	5 General Tribal Council 1 PM Siletz Youth Conference
6 Siletz Youth Conference	7	8 Elder's Shopping Day 10 AM Regalia Making Class 5:30-7:30 PM	9	10 SSP Meeting 4—5:30 PM	All CTSI Offices Closed Veterans Day Holiday	12
13 Elders Council 1 PM	14 Language Class 6—8 PM	15	16 Diabetic Support Group 12—2 PM	17 Beading Group 10 AM-2 PM	All CTSI Offices Closed Siletz Restoration Day	19 Restoration Celebration 10 AM-2:30 PM Restoration Pow-Wow 6 PM
20	21	22 Elder's Shopping Day 10 AM	23	All CTSI Offices Closed Thanksgiving Day	25 All CTSI Offices Closed Day After Thanksgiving	26 Native Family Day 10 AM—5 PM
27	28	29 Elders Potluck 5:30 — 7 PM	30			

Education and Youth Update

November Events:

Siletz Tribal Youth Conference 2016

Is rescheduled for November 4th, 5th and 6th. If you have applied to attend this year's youth conference in Lincoln City please contact Katy at the Portland area office at (503) 238-1512.

Tickets to Children's Museum:

"Eric Carle traveling exhibit" tickets are now available for



JOM Youth. Children can step into pages of their favorite books i.e."Becoming the Very Hungry Caterpillar or the Very Busy Spider." If you would like to take your little one's to this exhibit please contact Katy for tickets.

Green Spaces Restoration & Urban Naturalist Team (Jr. GRUNT)

Youth (8th & 9th graders through Portland Parks & Recreation) can discover plants and animals of Oregon, and have fun on interesting adventures in the great outdoors. You will be able to meet new friends and build strong leadership and teamwork skills that will help you in high school. Students will visit college and career sites and participate in stewardship projects, helping to protect the natural areas you get to explore.

Once you graduate from Jr. GRUNT, you can apply for internships and paid

summer work with Portland Parks and Recreation. You must be willing to get dirty. Jr. GRUNT meets at Montavilla Community Center in SE Portland on Burnside and 82nd Avenue. Please contact Jules, Karen and Robbi at (503) 823-6461 or call Katy for an application. More information online at:

www.portlandoregon.govparkgrunt.

Native Family Day at Mt. Scott Community Center

In partnership with Portland Parks & Recreation and the Native American Community Advisory Council we will be sponsoring a Native Family Day.

Sat 11/26, 10 AM-5 PM

Enjoy FREE swimming, FREE roller skating with craft table for kids, and adults, a marketplace of Native arts and crafts for sale and other Native organizations present. The Bow and Arrow Club will also be selling fry bread to raise money for the annual Delta Park Pow Wow. You are invited to come and enjoy a day of fun. Mt. Scott community center is located at 5530 SE 72nd and Harold.

Financial Aid News

For H.S. Seniors, & Returning College Students & Adults

Students can apply now for the financial aid beginning in October. If you are interested in free grants and scholarships for the 2017-2018 academic school year you can apply online right now at:

www.fafsa.ed.gov

For more information about the college process and scholarships you can visit:

www..oregonstudentaid.gov

or to find out more about College Nights go to:

www.collegenights.org

Youth in high school can also began preparing for college by enrolling in either an online or local ASPIRE program. Aspire provides one-on-one-mentoring to high school students. Preparing them for college.

To find out more visit:

www.oregonstudentaid.gov/aspireeaspire.aspx.

The Siletz Tribal Higher Education and Adult Vocational Applications are avail-

How to Make School More Meaningful

GOING through school without a goal is like running a race on a track that has no finish line. Ask yourself, 'How do I plan to earn a living?' Think of it this way: If you wanted to go on a trip, first you would need to decide on your destination. Then you would look at a map and determine the best way to get there. You can take a similar approach to your schooling. Think about which occupation you will pursue, and then choose courses that will help you reach your destination.

Consider your abilities. For example, do you enjoy service-related tasks or being helpful to others? Are you good at mechanics? Numbers? Finances? Fixing things?

able at the Tribe's web site at:

www.ctsi.nsn.us.

Youth and parents are encouraged to make an appointment with Katy at the Portland area office

Regalia Classes Ready to Begin, JOM Program

We are planning to begin new for our youth. If you would like to be a part of this class please contact Katy to make arrangements. The JOM program can assist in purchasing materials. The first class is:

Please sign up with Katy. Pre-requisite for class is to schedule a date for purchasing materials. If you have other needs the JOM program can assist you with please cal and ask for a form.

Consider your options. Which occupations are a good match for your abilities? Brainstorm several options rather than focusing only on your "dream" job. And think practically. For example, will the field you want to pursue be available in other locations, in case you should move? Will the training that is required put you in unreasonable debt?

Consider your opportunities. Once you know which occupation you would like to pursue, look at the market for that type of work locally. Do you know any potential employers? If so, do they offer apprenticeships? Are there vocational training programs available?

The bottom line: If you have a goal, your education will have direction and purpose.

Vocational Rehabilitation (STVRP)

The Siletz Tribal Vocational Rehabilitation program (STVRP) is here to assist members of any federally recognized Tribe (living within the Siletz Tribes service area) with overcoming

impediments to employment. We work with a diverse population of individuals who have disabilities ranging from cognitive impairments to physical limitations.

If you have a documented disability that creates limitations or prevents you from doing the work you desire or are qualified for we would like to assist you. We can assist with obtaining and maintaining employment and developing skills. We focus on motivation, identifying your abilities, skills that lead to successful employment and the development of self advocacy. You should have a strong desire to work and be willing to work collaboratively with STVRP staff to provide you with the services needed to overcome your disability. Your personal goal should be self sufficiency and to live a healthy sustainable lifestyle.

The STVRP also assists transitioning students with disabilities. The ideal age for a student to start working with VR is two to three years before graduation, until the age 22, or graduated from high school. Our program can provide vocational guidance and counseling, assist with identification of employment goals;

employment retention; and advocacy within the academic environment. Students with a documented disability or who are on an "Individualized Education Plan-IEP" or on a

"504 Plan" are encouraged to participate in the STVRP. Examples of SERVICES PROVIDED by STVRP:

- 1. Guidance and Counseling
- 2. Referral to Services
- 3. Employment Services
- 4. Portfolio Building, Resume Writing,
- 5. Interviewing Techniques, Job Coaching
- 6. Culturally Relevant Individualized Services
- 7. Evaluations and Assessments
- 8. Training Placement Opportunities
- 9. Adaptive Equipment

For more information about the STVRP, please inquire at 1-800-922-1399. We also maintain resource and employment boards so please stop by if you're interested. You can speak to the VR staff: in the **Salem Office**—Antonia Leija, (Counselor) or Dana Rodriguez (Program Aide) and Angie Butler (Program Director).

Most Often Requested Numbers

Siletz Community Health Clinic	(800) 648-0449	Salem Area Office	(503) 390-9494
Grand Ronde Health Center	(800) 775-0095	Chemawa Clinic	(800) 452-7823
Eugene Area Of- fice	(541) 484-4234	Chinook Winds	(888) 244-6665

LIHEAP

(Continued from page 1)

What Help does LIHEAP provide?

- Heating Assistance
- Crisis Assistance (Shut off or Final Notice)

To Qualify

The applicant, or a member/child residing in the household, must be an enrolled Siletz tribal member.

Residence Location

The residence must be located within the 11 county service-area.

Income Eligible

The applicant/family must meet the annual income guidelines as determined at the time of intake.

When can I apply?

October 1st—Siletz Tribal Elders and Disabled Tribal Members

November 1st—Other Siletz Tribal Households

Program Key-points:

LIHEAP is divided into two categories: First is heating (A regular bill) and Second, is crisis (Shut-off, disconnect, owing more than you can pay).

Awards will vary depending on family size, income and need. When making your appointment for assistance, please be sure to have all necessary documentation beforehand, or be able to have required documents before appointment time. Required documentation includes, but is not limited to:

• Social Security Cards for ALL

- household members (there are no exceptions)
- Most recent utility bill
- Current income documents for each adult household member (e.g. Social Security award letter, Unemployment print out, paystubs etc.)

If you need documentation from other departments, please be sure to make those requests from those departments prior to your appointment.

Total Gross Household Income Cannot Exceed:

Household Members Income

// 110 GO GITO TO TO TO TO TO	
Limit	
1	\$22,626.00
2	\$29,587.00
3	\$36,549.00
4	\$43,511.00
5	\$50,473.00
6	\$57,435.00
7	\$58,740.00

Contact your service area for appointment times available. If you have any additional questions, please don't hesitate to call Casey Godwin, Emergency Energy Assistance Program Coordinator (541) 444-8311.

Notice To Applicants

The applicant is responsible for providing their own documentation at the time of the appointment, i.e. SS card, tribal ID or CIB, income documentation and current utility bill.

Applications without complete documentation at the time of appointment will be rescheduled.

Confederated Tribes of Siletz Indians 39th Annual Restoration Pow-Wow

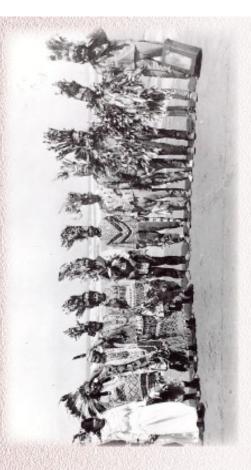
White Guy") Show. Tickets available at Box Office while supplies last. Friday, Nov. 18, at 8:00 p.m. FREE Williams & Ree ("Indian and the

On Saturday, Nov. 19, 2016

The Confederated
Tribes of Siletz Indians
of Oregon Invites you
to celebrate with us
at our 39th Annual
Restoration Pow-Wow
to be held at:



1777 NW 44th Street, Lincoln City, Oregon





Grand Entry: 6 pm

Whip Man: Tony Whitehead Whip Woman: Shirley Walker MC: Nick Sixkiller

All Drums and Dancers Welcome

Information: Buddy Lane: 1-800-922-1399 ext. 1230 or 541-444-8230 Nick Sixkiller: 541-484-4234

The Confederated Tribes of Siletz Indians and Chinook Winds Casino Resort This is a family event, drugs and alcohol will not be tolerated are not responsible for injuries and lost or stolen items



Portland Area Office 12790 SE Stark St., Suite 102 Portland, OR 97230

Phone: (503) 238-1512 Fax: (503)238-2436

Hours:

Mon—Friday 8:00 AM—4:30 PM

www.ctis.nsn.us





Are You In the Loop?

The Portland Area Office now uses an auto-dialer system to notify or remind tribal members of upcoming events, for example: Salmon Distribution, Planning meeting, holiday party, Flu Shot clinic, summer picnic, etc..

Auto-Dialer Notifications

If you have not been notified by our system, Please contact the Enrollment department to update your phone number because the calling list is provided to us by the enrollment department.

Newsletters/ Notices

If you have not updated your new address with enrollment your newsletter could be misdirected. Please contact Enrollment: (800) 922-1399, X1258 to update your mailing address.



Portland Area Office Staff:

Name/ Title	Contact Information
Sherry Addis	(503) 238-1512, X1419
Area Office Supervisor	sherrya@ctsi.nsn.us
Katy Holland	(503) 238-1512, X1418
Education Specialist	katyh@ctsi.nsn.us
Andrew Johanson	(503) 238-1512, X1400
Area Office Clerk	andrewj@ctsi.nsn.us
Verdene McGuire	(503) 238-1512, X1413
Comm. Health Advocate	verdenem@ctsi.nsn.us
Anna Renville	(503) 238-1512, X1412
Tribal Service Specialist	annar@ctsi.nsn.us
Tamra Russell	(503) 238-1512, X1411
Tribal Service Specialist	tamrar@ctsi.nsn.us

Other Numbers:

Name/ Program	Number	Name/ Program	Number
Angie Butler Voc. Rehabilitation	503-390-9494	Bud Lane	800-922-1399
	X1872	Cultural Program	X1320
Casey Godwin	(800)-922-1399	K.C. Short	800-922-1399
LIHEAP Coordinator	X 1311	DPA/ IDA Housing	X1316
Mike Kennedy	800-922-1399	Cecelia DeAnda	800-922-1399
Natural Resources	X1232	Elders Program	X1261
Andulia WhiteElk SAO Addictions Coun- selor	(503) 238-1512 X 1414	Rachel Adams Mental Health Spe- cialist	(503)390-9494