

Address: 2468 West 11<sup>th</sup> Avenue Eugene OR 97402  
Telephone: 541-484-4234 Fax: 541-484-4583

The Confederated Tribes of Siletz Indians

## The Eugene Area Office Newsletter December 2017

Office hours: Monday through Friday, 8:00 - 4:30  
OPEN THROUGH LUNCH HOUR

Nuu-wee-ya'  
(Our Words)

Introduction into the Athabaskan Language  
Open to all Tribal Members of all ages

Location, Dates, times:

Siletz CC	December 4 <sup>th</sup>	6:00 - 8:00pm
Eugene AO	December 5 <sup>th</sup>	6:00 - 8:00pm
Portland AO	December 11 <sup>th</sup>	6:00 - 8:00pm
Salem AO	December 12 <sup>th</sup>	6:00 - 8:00pm

These classes will begin with basic instruction and will progress over the year. It will also be a refresher course for those more advanced students. Come and join other members of your community and Tribe in learning to speak one of our Ancient Languages. For more information call:

Bud Lane at the Siletz Cultural Department  
(541) 444-8320 or 800-922-1399 ext. 1320; or email [budl@ctsi.nsn.us](mailto:budl@ctsi.nsn.us)



**We are here to help you with your concerns and answer your questions.**

**However:**

Persons under the influence of drugs or alcohol are not permitted on CTSI property or at Tribally sponsored activities.

Physical or verbal abuse, harassment, the use of foul language or intimidation will not be tolerated. Threatening phone calls are reported immediately to supervisors and to the police.

Anyone choosing to exhibit any of the above behaviors maybe refused services and, when warranted, will be asked to leave premises.

**Thank you for you cooperation...**

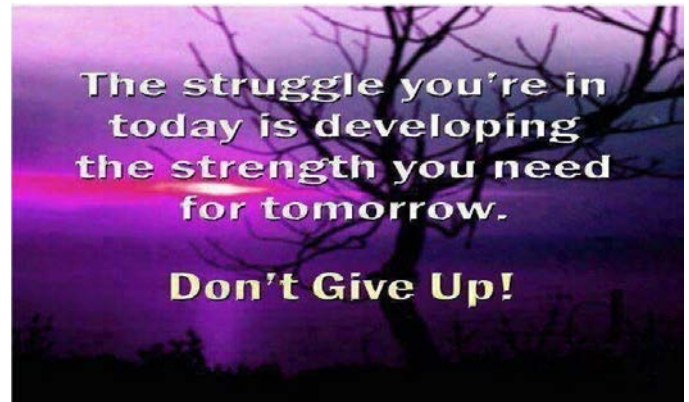
**Tribal Administration**

Tribal children are in need  
Of foster parents for:  
Permanent care,  
Temporary foster care,  
OR Short-term emergency care.

Contact:

Anita Bailor

Foster Family Coordinator  
CTSI – Siletz Indian Child Welfare  
541-444-8236  
[anitab@ctsi.nsn.us](mailto:anitab@ctsi.nsn.us)



**!!MAIL ORDER SERVICE AVAILABLE!!**  
**WE CAN NOW PROVIDE MAIL ORDER**  
**SERVICE TO**  
**ALL SILETZ TRIBAL MEMBERS:**  
LIVING WITHIN THE 11 COUNTY SERVICE  
AREA

Please note that this service is **not eligible** for the "Auto-Fill" program. ALL "Auto-Fill" prescriptions must be picked up at the pharmacy. THANK YOU PHARMACY STAFF

**COME MEET WITH**  
**DIABETES PROGRAM DIRECTOR**

If you have diabetes or are a pre-diabetic, and would like to meet with Chris Sherrod, you can call him and set up a time for you to meet with him. You can contact Chris by calling:

541-484-4234 x1647

## EMERGENCY HOUSING ASSISTANCE

### STILL HAS FUNDING FOR 2017

Entire application must be complete before assistance can be provided. Assistance cannot exceed \$1,500.00 and participants may only access this program once every 3 (three) years. This program serves CTSI tribal members looking to avoid foreclosure, facing eviction and those that are homeless, anywhere in the United States of America. There is no waiting list for this program. Funds will be available once funds are received each fiscal year and will be offered based on a first-come, first-served basis. When funding has been exhausted, applications will no longer be accepted. Applications are available through the Siletz Tribal Housing Department, the CTSI website and all area offices

### Low-Income Energy Assistance Program (LIHEAP)

**~OPEN~**

**Elderly and Disabled-October 1<sup>st</sup>**

**Crisis/ Regular heating- November 1<sup>st</sup>**  
**All Siletz Tribal Households**

Please contact Nora Williams-Wood for more information or to make an appointment:

541-484-4234 or 1-800-922-1399 ext 1750

grudges are a waste of perfect happiness.  
**LAUGH WHEN YOU CAN**  
*apologize when you should*  
and let go of what you can't change.  
*Love deeply* and **FORGIVE QUICKLY.**  
take chances, give everything  
and have no regrets.  
**life is too short to be unhappy.**  
*you have to take the good with the bad.*  
**SMILE WHEN YOU'RE SAD**  
**love what you got**  
and always remember what you had.  
*always forgive but never forget.*  
**learn from your mistakes**  
**but never regret.**  
people change, and things go wrong  
**BUT ALWAYS REMEMBER**  
**Life goes on!**

Notary Public (Free Service)

Call to set up an appointment

Contact: Nora Williams-Wood

Siletz/Eugene AO

541-484-4234 or 1-800-922-1399 Ext. 1750

Please make sure document is completely filled out, except for signature and what Notary fills out. Current ID required

Chinook Winds Casino Resort

Sign up for an electronic newsletter: [www.chinookwindscasino.com](http://www.chinookwindscasino.com)

### Email Reminders

If anyone would like reminders of special meetings, cultural classes or special events, etc at Eugene Area Office, please contact Nora to be put on email list or email me. (541) 484-4234 or email: [noraw@ctsi.nsn.us](mailto:noraw@ctsi.nsn.us)

### Lane County Veterans Service Office

Providing services: to Veterans, dependents and their survivors. Providing advocacy and facilitating access to benefits including for Disability compensation, Widows/Survivors Benefits, Non-Service Connected Pensions, Education benefits, and access to VA Medical services.

**Address:** 165 E 7<sup>th</sup> Avenue, Suite 200 Eugene Oregon 97404

**Telephone:** (541) 682-4191

**Website:** <http://www.lanecounty.org/HSC/veteranservice.htm>

### Oregon Telephone Assistance Program

<http://www.puc.state.or.us/PUC/rspf/otapapps.shtml>

You can fill out online or mail application in.

If, you or know someone who receives:

Food Stamps, TANF, SSI or OHP they may be eligible for a reduction on their telephone bill.

## *JOM: Youth News and Notes*

### Winter Break Movie Nights:

Relax at the movies with other JOM students and families. JOM will buy tickets for one show time in Corvallis and one in Springfield. Call or email before event for exact movie and times. Rides available.

Monday, December 18, 2017

AMC 12 Covallis  
750 NE Circle Blvd.  
Corvallis, OR 97330

Thursday, December 28, 2017

Cinemark Theatres  
2900 Gateway St.  
Springfield, OR 97477

### December Youth Activity Calendar

Dec 18: Winter Break Movie, time and movie TBA, AMC 12-CORVALLIS

Dec 20: Family Holiday Craft Night, 5-7 pm, EAO

Dec 28: Winter Break Movie Night, time and movie TBA, Cinemark Theatres-SPRINGFIELD

\*\*\*\*\*

Please Note:  
Homework Help-Craft Nights will return in January

\*\*\*\*\*

Sign up for the Youth Events Email List for updates and reminders  
Contact:  
[nickv@ctsi.nsn.us](mailto:nickv@ctsi.nsn.us)

### Holiday Craft Night

- December 20, 5-7 p.m.
- Eugene Area Office
- JOM and Home Visiting families are invited to a night of holiday crafts and treats. Dinner, refreshments, and crafting supplies will be provided. Call Jessica Philips or Nick Viles for more information or check out the flyer.

### Extracurricular Opportunities:

JOM: JOM offers money to help pay for extracurricular activities, sports fees, and cultural projects for students from any federally recognized tribe.

Siletz Youth Activity Fund: Offers up to \$75 per year to cover fees for costs related to extra-curricular activities as well as cultural activities or supplies for Siletz tribal members. Call for details.

# Higher Ed/AVT: News and Reminders

---

## Adult Education

The Adult Education Program offers Siletz tribal members not already enrolled in a formal education program funding to assist with the cost of GED classes and testing, professional licenses, and other employment enhancement classes. There is no application deadline. Call or email for more information.

## Higher Education and AVT Grants

Higher Ed and Adult Vocational Training (AVT) grants provide funding to attend an accredited college, university, or training program.

Fall 2018 applications for new and continuing Higher Ed and AVT students will be due **JUNE 30, 2018** but to be eligible for funding you must complete a federal financial aid application (FAFSA) by **January 31, 2018**. **DO NOT MISS THIS IMPORTANT DEADLINE!**

If you have any questions about about filing out the FAFSA, signing up for the SAT/ACT, finding schools or training programs, applying to schools, additional scholarships, and/or how to apply for tribal assistance please don't hesitate to make an appointment today.

Note: Applications for clock-hour schools (i.e. truck driving school or cosmetology programs) have no deadline and are handled case-by-case.

Applying to college or university? Do not forget these three important steps:

### 1. Fill out FAFSA

Applications for FAFSA opened on October 1. Apply online: [www.fafsa.gov](http://www.fafsa.gov) before January 31, 2018 to be eligible for tribal aid.



### 2. Apply to College/University

Be sure to pay attention to application deadlines at college and universities. Many schools have deadlines in January and February, less than six weeks away!

### 3. Apply for Outside Scholarships

Oregon Student Assistant Commission (OSAC) applications are now open. Apply for over 500 separate scholarships with one simple application. Early deadline Feb. 15; final deadline March 1. Apply online at : <https://app.oregonstudentaid.gov>

## SILETZ ELDER NEWS

If you use this number to contact the Elders Program **541-444-8225** be sure to leave your name, phone number and brief message and you will get a call from the Elder staff.

The next Introduction to the Athabaskan Language Class at the Eugene Area Office will be held on Tuesday, December 5, 2017. Class is held from 6:00pm until 8:00pm and a light meal will be provided.

The next Elder Council meeting is Saturday, December 9, 2017 at ACES. The meeting starts at 1:00pm and ends at 4:00pm. For more information contact the Elders Program at 1-800-922-1399.

The Chinook Winds Entertainment for December, 2017 is Sara Evans. She will be here on the 1<sup>st</sup> and 2<sup>nd</sup> and her shows start at 8:00pm. Contact Chinook Winds Casino Resort Winners Circle to request tickets, 1-888-244-6665.

There will not be a Diabetes Support Class in December. The next meeting will be in January. Contact Adrienne Crookes at 541-484-4234 for more information. The exact date of the next meeting will be in the next newsletter.

The Wisdom Warriors will meet in December on the 12<sup>th</sup> and the 19<sup>th</sup>. These classes will teach you how to manage your illness through self-care. Classes start at 5:30pm and a light nutritious meal will be provided.

The Eugene Area Office is holding an Open House on December 14<sup>th</sup> from Noon until 4:00pm. You are invited to stop by and visit, enjoy something to eat and relax.

The Eugene Area Office will be closed on December 8<sup>th</sup>.

The Elders Title VI Holiday Luncheon will be held on Tuesday December 12, 2017 at the Siletz Tribal Center at Noon

Jim Swanson, 541-683-8766 or [jimswanson38@comcast.net](mailto:jimswanson38@comcast.net)

Confederated Tribes of Siletz Indians

Tribal Maternal, Infant, & Early Childhood Home Visiting Program

Naytlh - 'a "We Carry the Children"



*Our home visiting program provides parenting and life skills for successful and positive parenting. We serve native families that are either expecting or have infants under the age of twelve months, continuing through the child's third birthday. We travel throughout the 11 county service areas of the Confederated Tribe of Siletz Indians. The model and curriculum we provide is called Family Spirit and was developed by the John Hopkins Center for American Indian Health. We are funded by the Tribal Maternal, Infant, Early Childhood Home Visiting Program (TMIECHV).*

*Family Spirit is Evidence based and culturally sensitive to native families. Parents gain knowledge and skills for their developing infant through 36 months of age. We also focus on goals and healthy living for parents as a support system for the family as a whole. The program consists of 63 lessons over a 39 month period and is divided into six modules. The modules are broken into these categories: Prenatal care (9 lessons), infant care (16 lessons), your growing child (11 lessons), toddler care (9 lessons), my family and me (6 lessons), and healthy living (12 lessons). While this may seem like a big commitment the lessons vary from 30 minutes to 90 minutes and some can be combined together as we work with your schedule. Family Spirit suggests we deliver at least 32 lessons to our families in order for families to benefit from the evidence based curriculum. For the full benefits of the program we would like to provide all 63 to our families. As a thank you for participating in our program we offer some incentives which we will be happy to share with you upon the enrolled in our program.*

*During your participation if you feel like the timeline of lessons is too often we can adjust the home visits to accommodate your schedule while still keeping the programs timeline in mind. We are a voluntary program that delivers home visits in the comfort of the homes of our families. If you would like to get more information and or meet our home visiting staff would love to schedule a home visit to give you a full overview of the program.*

**CONTACT INFORMATION**

**2468 11<sup>th</sup> Ave., Eugene, Oregon (Covering Eugene and surrounding areas)**

*Jessica Phillips, Program Coordinator/Home Visitor: (541) 484-4234 or (541) 222-9503*

**201 SE Swan Avenue, Siletz, Oregon (Covering Siletz and the coastal range)**

*Danelle Smith, Home Visitor: (541) 444-9603 or (541) 270-1027*

**3160 Blossom Drive NE Ste. 105, Salem Oregon (Covering Salem, Portland and surrounding areas)**

*Lori Christy, Home Visitor: (503) 390-9494 or (541) 272-2241*



**Holiday Craft Night at the Eugene Area Office**

Siletz Tribal Home Visiting and JOM families are invited to attend a fun night of crafts and holiday treats

**December 20<sup>th</sup> 2017**

**5:00pm-7:00pm**

**Dinner will be provided.**



Contact Jessica Phillips or Nick Viles for more details

(541) 484-4234

**LANE COUNTY TOYS FOR TOTS INFO**  
**541-600-4483**

**Email**  
**lanetoysfortots@gmail.com**

**This year's distribution dates are:**  
December 16-17, 2017

**!! FOR EUGENE/SPRINGFIELD ONLY !!**

- Tickets issued on **Friday, December 15, 2017** at 3:00pm, 3106 Pierce Parkway, Springfield, OR
- Distribution Location: 3106 Pierce Parkway, Springfield, OR.
- Distribution Times:
  - 9:00am - 8:00pm on **Saturday, December 16, 2017**
  - 9:00am - 6:00pm on **Sunday, December 17, 2017**

- *Tickets are issued out to minimize wait time at the distribution, but are not required.*

**FOR OAKRIDGE**

- No tickets are issued for this distribution!!
- Distribution Location: Oakridge Fire Station
- Distribution Time: **Saturday, December 16, 2017**, from 5:00pm-7:00pm

**FOR COTTAGE GROVE**

- No tickets are issued for this distribution!!
- Distribution Location: Cottage Grove Fire House
- Distribution Time: **Sunday, December 17, 2017**, from 12:00pm - 4:00pm

Information required to receive toys is the following (**NO PHOTOCOPIES**):

- \*Proof of residency in Lane County**
- \*Proof that the child lives with you**
- \*Proof of child's age**

**Acceptable Documents:**

**For Parents:** - Local Photo ID **OR** Photo ID with local mail (proving residency in Lane County)

**For Children:** - Birth certificate **OR** Social Security Card **AND ONE** of the following:

- \*The First sheet of a Medical card showing both the parent's and child's names
- \*WIC card
- \*DHS paperwork the includes both the parents and child's name(s)
- \*Any other legal document that includes both the parents and child's name(s) and date of birth(s)



Confederated Tribes of Siletz Indians  
Tribal Maternal, Infant, & Early Childhood Home Visiting Program  
Naytlh - 'a "We Carry the Children"

## Pumpkin Patch



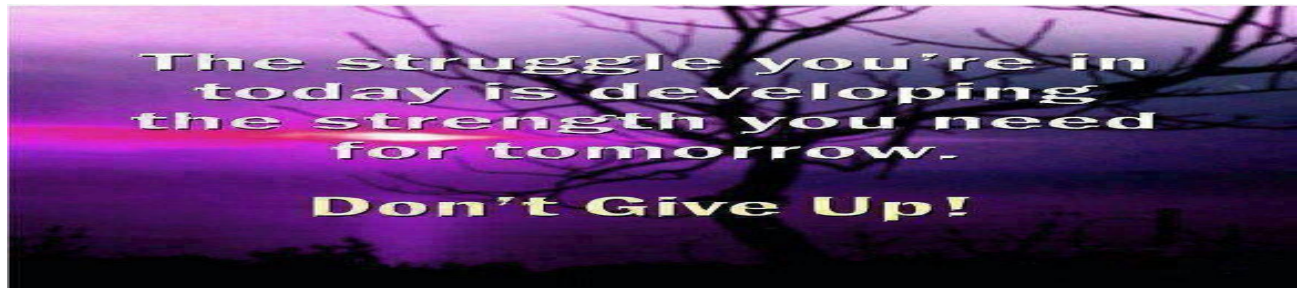
**For more information on the Siletz Tribal Home visiting program please call Jessica Phillips  
at 541-484-4234**

# 477 Self-Sufficiency Program

**Norma Trefren, Intake Specialist/Job Coach x1756**

**Jenifer Jackson, Tribal Services Specialist x 1755**

The Confederated Tribes of Siletz Indians 477 Self-Sufficiency Program offers Work-Experience (WEX), On-the-Job Training (OJT), Classroom Training (CRT) and Direct Placement (DP), General Assistance (GA) and Temporary Assistance for Needy Families (TANF) services to eligible clients. If you are interested in any of the above programs please contact Norma to schedule an appointment at x1756.



**TSS staff administrative hours Monday through Friday 8:00am - 9:30am**

Phone calls will be passed to their voice mail during this time unless previous arrangements have been made.

## Phone Messages:

As a reminder when you leave a phone message please leave your name and number, SSP staff will return your call as soon as they are able, unless you are experiencing an emergency and arrangements can be made to assist you.

## Long Distance Calls:

You may now reach SSP staff through the 1-800-922-1399 number, please ask to be transferred to Norma **x1756** or Jen **x1755**

## Schedules:

Norma's: **M-F 8-4:30pm**  
**Work Experience, Summer Youth Employment, On-the-Job Training, Classroom Training, Direct Placement, Emergency Assistance, TANF Youth Services**

Norma will be **OUT** of the office:

**\*Norma – December None**

Jen's hours: **M-F 8:00-4:30pm**  
**General Assistance and TANF**

Jenifer will be **OUT** of the office:

**\*Jenifer – December 26<sup>th</sup>**

\* Lou Carey x1751 will be available to assist clients with some needs when Jenifer and Norma are out.

**Please remember that 477-SSP staff may be out of the office at other times than listed above to meet with employers, complete home visits, client support services, etc... so please call to schedule an appointment.**

**Clients are required:**

**To meet with Tribal Services Specialists each month**

**You will need to call and set up an appointment**

## WEX/Grant Assistance

### Dates to remember in December 2017

Friday	December 1 <sup>st</sup>	TANF/GA
Friday	December 1 <sup>st</sup>	WEX Payday
Tuesday	December 5 <sup>th</sup>	EAO Language Class
Tuesday	December 5 <sup>th</sup>	Self-Sufficiency documentation due
Tuesday	December 5 <sup>th</sup>	WEX Time Sheets Due
Friday	December 8 <sup>th</sup>	Winter Staff Meeting
Friday	December 8 <sup>th</sup>	All Tribal Office CLOSED
Tuesday	December 12 <sup>th</sup> & 19 <sup>th</sup>	Wisdom Warriors Class 5:30-8pm
Thursday	December 14 <sup>th</sup>	EAO Open House 12pm -4pm
Friday	December 15 <sup>th</sup>	WEX Payday
Tuesday	December 19 <sup>th</sup>	WEX Timesheets Due
Wednesday	December 20 <sup>th</sup>	Education/HVP Holiday Activity
Monday	December 25	Christmas Day CLOSED
Friday	December 29 <sup>th</sup>	WEX Payday

**\*All CRT and childcare timesheets are due a day early the week before a holiday\***

**Services available to eligible enrolled federally recognized tribal members and descendants:**

**Please contact Norma at 541-484-4234 or 1-800-922-1399 x1756 to discuss programs, eligibility or to schedule appointment**

*All components are offered on a budgetary basis*

#### **Classroom Training (CRT)**

**CRT** services are available for Vocational Training, GED completion, a term of Higher Ed.

#### **Direct Placement**

**DP** is available to any tribal member who has obtained full time employment and applies within seven days of the hire date. Service provides clothing and tools necessary for work.

#### **On-the-Job Training (OJT)**

**OJT** is available to any tribal member seeking employment. It is a reimbursement to an employer for half of a hired employee's wages, up to \$4,500.00 or 6 months, whichever comes first.

#### **Work Experience (WEX)**

**WEX** can be used to obtain current training and skills to be a valued employee. 480 hours paid at minimum wage.

# Siletz Tribal Vocational Rehabilitation Program (STVRP)

---

STVRP is here to help members of **ANY** federally recognized Tribe (living within the Siletz Tribes service area) with barriers to employment. We work with individuals who have disabilities.

## Examples of Services:

- Guidance and Counseling
- Referral to Services
- Employment Services
- Resume Writing
- Interviewing Techniques
- Job Coaching
- Culturally Relevant Individualized Services
- Evaluations and Assessments
- Training Placement Opportunities
- Adaptive Equipment



For more information about the STVRP, please inquire at 1-800-922-1399. We also maintain resource and employment boards so please stop by if you're interested. You may speak to VR staff in the following locations:

### Salem Area Office

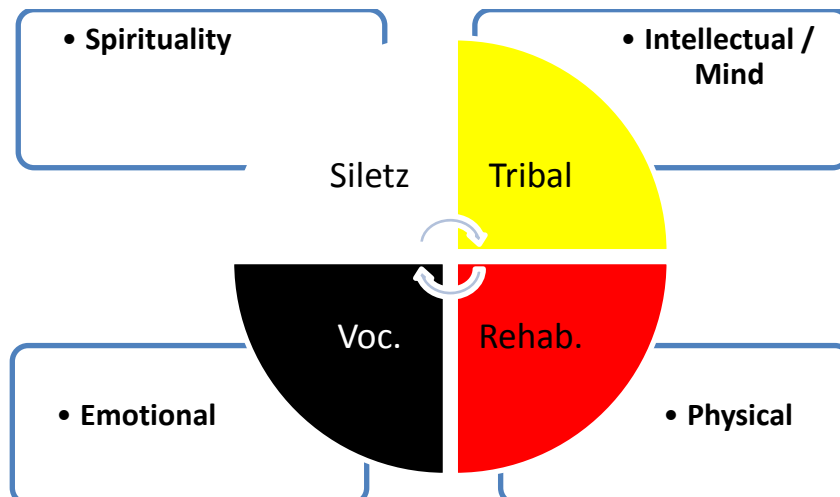
3160 Blossom Drive NE, Ste 105  
Salem, OR 97305

### Siletz Admin. Office

201 SE Swan Ave  
Siletz, OR 97380

**Salem Office** - Dana Rodriguez, Program Aide; Toni Leija, Counselor/Job Developer

**Siletz** – Jeramie Martin



# Siletz Community Health



## Siletz 1-800 Numbers

Siletz Central Office	1-800-922-1399
Siletz Community Health Clinic	1-800-648-0449
Siletz Contract Health	1-800-628-5720
Siletz Behavioral Health	1-800-600-5599

Siletz Contract Health registration forms and Chemawa Indian Health Center applications are available at the Eugene Area Office. If you have questions regarding eligibility for services, you may contact:

**Adrienne Crookes**  
Community Health Advocate  
541-484-4234



## Oregon Health Plan (OHP) Applications

Available at the Eugene Area Office

You may qualify for the Oregon Health Plan! OHP provides health care coverage to eligible, low income Oregonians. If you would like to apply, you may stop by and pick up an application, or apply online at [OregonHealthCare.gov](http://OregonHealthCare.gov)  
Telephone 1-800-699-9075

We are here to assist you with any questions that you may have about OHP.

**Contact Adrienne Crookes,**  
Community Health Advocate, at 541-484-4234

## Siletz Mail Order Pharmacy

If you need a prescription refill, please call the Siletz Community Health Clinic Pharmacy 7-10 days before you run out of your prescription. This allows the pharmacy time to contact your health care provider, if necessary, and to mail it to you.

Call **1-800-648-0449** and enter **ext 1624**. Follow the voicemail instructions. If you need assistance, you may call Adrienne Crookes, Community Health Advocate at 541-484-4234

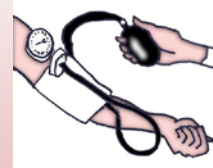
# Siletz Community Health

## Blood Pressure Screenings



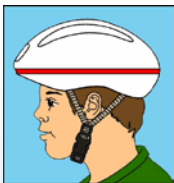
At the Siletz Eugene Area Office

Have you had your blood pressure checked lately? High blood pressure puts you at risk for heart attack, stroke, and other health problems.



Feel free to come in and get it checked.

To make an appointment with Adrienne Crookes, CHA, call 541-484-4234.



## Bicycle Helmets

Are available at the Eugene Area Office

Parents, protect your little ones! Siletz household member children who are between the ages of 3-17 are eligible to receive a free helmet. Children who are not the legal dependents are not eligible for this service. Youth are encouraged to take care of their helmet and to return for a new one every other year or earlier if they:

- 1.) Need a larger size
- 2.) Sustain a fall that causes the helmet to hit the ground.

To be fitted for a helmet you may contact Adrienne Crookes, CHA, at 541-484-4234

## Attention Tribal Parents and Child Care Givers!

**Did you know 3 out of 4 child safety seats are used incorrectly?**



If you are unsure if your child's car seat is installed correctly, you may stop by the Siletz office and have it checked by a CTSI Child Passenger Safety Seat Technician.

Free car seats are available to the legal dependents of Siletz tribal members.

To make an appointment with Adrienne Crookes, call 541-484-4234. She will be available to provide information and assist in properly installing your car seat.

# Wisdom Warriors

## Living Wise.....Living Strong Chronic Disease Self-Management Classes

At the Siletz Eugene Area Office  
2468 West 11<sup>th</sup> Avenue



**CLASSES:**  
**5:30-8:00 pm on Tuesdays**  
**December 12 and 19**

The Siletz Eugene Area Office has partnered with the Coos, Lower Umpqua and Siuslaw Tribes and will be offering a series of 6 health classes for anyone with a chronic illness, or those caring for someone with a chronic illness. These classes will teach you how to manage your illness through self-care.

Topics include Chronic Disease Management, making action plans, problem solving, dealing with difficult emotions, healthy eating, communication skills, and working with your health care provider.

A light, nutritious meal will be provided.

**For more information or to sign up contact  
Adrienne Crookes, CHA, at 541-484-4234**

# Christmas Tree Safety



As you deck the halls this holiday season, be fire smart. A small fire that spreads to a Christmas tree can grow large very quickly.



## PICKING THE TREE

- Choose a tree with fresh, green needles that do not fall off when touched.



## PLACING THE TREE

- Before placing the tree in the stand, cut 2" from the base of the trunk.
- Make sure the tree is at least three feet away from any heat source, like fireplaces, radiators, candles, heat vents or lights.
- Make sure the tree is not blocking an exit.
- Add water to the tree stand. Be sure to add water daily.



## LIGHTING THE TREE

- Use lights that are listed by a qualified testing laboratory. Some lights are only for indoor or outdoor use.
- Replace any string of lights with worn or broken cords or loose bulb connections. Read manufacturer's instructions for number of light strands to connect.
- Never use lit candles to decorate the tree.
- Always turn off Christmas tree lights before leaving home or going to bed.



## After Christmas

Get rid of the tree after Christmas or when it is dry. Dried-out trees are a fire danger and should not be left in the home or garage, or placed outside against the home.

Check with your local community to find a recycling program.

Bring outdoor electrical lights inside after the holidays to prevent hazards and make them last longer.

## FACTS

- ! **One quarter** of home Christmas tree fires are caused by electrical problems.
- ! Although Christmas tree fires are not common, when they do occur, they are more likely to be serious.
- ! A heat source too close to the tree causes roughly **one in every four** of the fires.



Your Source for SAFETY Information

NFPA Public Education Division • 1 Batterymarch Park, Quincy, MA 02169

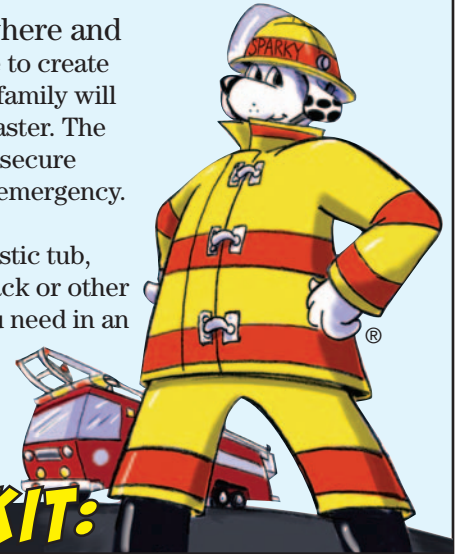




# GET READY!

Disasters can happen anywhere and at any time. By taking the time to create an emergency supplies kit, your family will be prepared in the event of a disaster. The kit also helps children feel more secure knowing it is there in case of an emergency.

The supplies can be kept in a plastic tub, small suitcase, trash can, backpack or other container. To learn what else you need in an emergency supplies kit, go to [www.ready.gov](http://www.ready.gov).



Sparky® is a registered trademark of the NFPA.

## EMERGENCY SUPPLIES KIT:

- Water – one gallon per person per day for drinking and sanitation — store 3-day supply
- Ready-to-eat food, canned juices, comfort/stress foods — at least a 3-day supply
- Battery-powered or hand-cranked radio and a NOAA weather radio, and extra batteries for both
- Flashlights and extra batteries
- First aid kit
- Non-prescription drugs such as pain reliever, anti-diarrhea medication, antacid, laxative
- Prescription medications, contact lenses and supplies, denture needs
- Whistle to signal for help
- Infant formula and diapers, if you have an infant
- Water and pet food if you have pets
- Moist towelettes, garbage bags and plastic ties for personal sanitation
- Dust mask or cotton t-shirt to filter the air
- Plastic sheeting and duct tape to shelter-in-place
- Wrench or pliers to turn off utilities
- Can opener for food
- Aluminum foil
- A jacket or coat, hat and gloves
- A complete change of clothing including long pants, long sleeve shirt, and sturdy shoes stored in a waterproof container.
- Sleeping bag or warm blanket for each person
- Rain gear
- Mess kits, paper cups, plates and plastic utensils
- Cash or traveler's checks, change
- Paper towels
- Tent
- Compass
- Matches in a waterproof container
- Signal flare
- Paper, pencil
- Personal hygiene items
- Soap
- Disinfectant and household chlorine bleach
- Important family documents such as copies of insurance policies, identification and bank account records in a waterproof, portable container. Remember to include emergency contact numbers.
- Passport, bank account numbers, credit card account numbers and companies
- Books, games puzzles, portable music device

**NOTE:** Replace food every six months. Re-think your kit and family needs once a year. Replace batteries and update clothes, etc.

### My Personal Pack Checklist

Have children create their personal pack. Have them include things like their favorite book or stuffed animal. These familiar things will help keep them comfortable during an emergency.

- ✓ Change of clothes
- ✓ Blanket
- ✓ Books
- ✓ Favorite toy
- ✓ Paper, pencils and crayons



For more information, visit the National Fire Protection Association at [www.nfpa.org/disaster](http://www.nfpa.org/disaster).

Developed by NFPA. Funding provided by the U.S. Department of Homeland Security, Office of Domestic Preparedness.

# Nuu-wee-ya'

(our words)

## Introduction to the Athabaskan Language

Tribal Members – all ages

Dates, times and location:

### **Siletz**

Siletz Community Center

Dec 4<sup>th</sup> 6:00 to 8:00 pm

Jan 8<sup>th</sup> 6:00 to 8:00 pm

### **Portland**

Portland Area Office

Dec 11<sup>th</sup> 6:00 to 8:00 pm

Jan 17<sup>th</sup> 6:00 to 8:00 pm

### **Salem**

Salem Area Office

Dec 12<sup>th</sup> 6:00 to 8:00 pm

Jan 16<sup>th</sup> 6:00 to 8:00 pm

### **Eugene**

Eugene Area Office

Dec 5<sup>th</sup> 6:00 to 8:00 pm

Jan 9<sup>th</sup> 6:00 to 8:00 pm

**These classes will begin with basic instruction and will progress over the year. It will also be a refresher course for those more advanced students. Come and join other members of your community and Tribe in learning to speak one of our Ancient Languages.**

**We also have some equipment in the Culture Dept. available for use in grinding and drilling shell or pine nuts or other applications. If you have a need for using the equipment call and I can set up an appointment during regular business hours or after hours.**

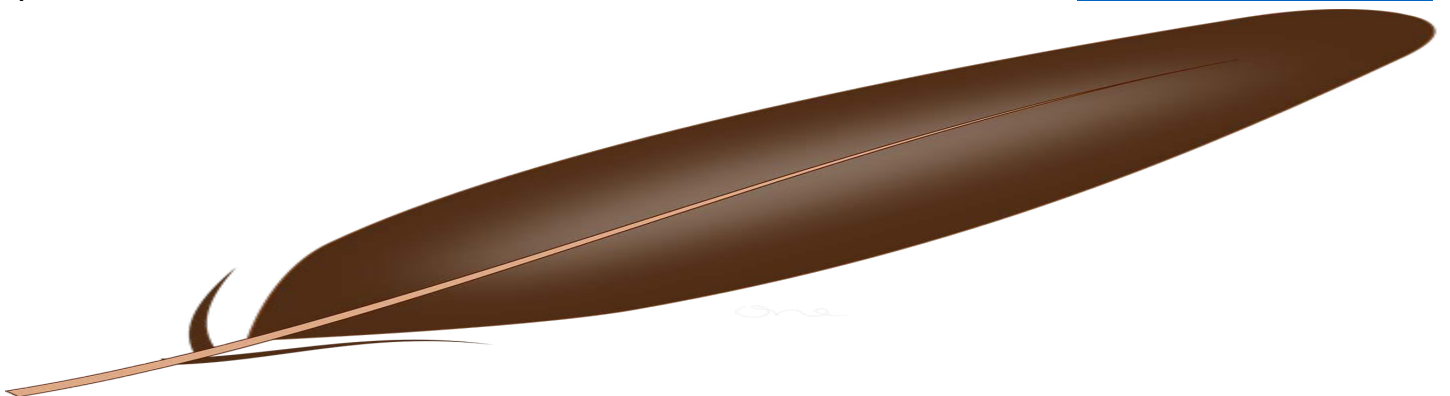
**For more information call:**

**1-800-922-1399 ex.8320 or 1-541-444-8320 or E-mail: [budl@ctsi.nsn.us](mailto:budl@ctsi.nsn.us)**

# New Language Resource Available Online

The Northwest Indian Language Institute (NILI) at the University of Oregon is in its second year of the Southwest Oregon Athabaskan Language Project as part of a Documenting Endangered Languages (DEL) Grant. This project is taking publicly available materials of SW Oregon Athabaskan, including the work of linguists J.O. Dorsey and J.P. Harrington, and speakers Ida Bensell, Coquelle Thompson, Hoxie Simmons, Miller Collins and Lucy Smith to create a digital archive of these materials in the modern Dee-ni' orthography currently utilized the Tribe. This project will allow language teachers and learners to access new language resources, and act as a support to the great language revitalization work going on currently at Siletz.

The project team is lucky to have Tututni PhD candidate Jaeci Hall, and Siletz Tribal members Carson and Jerome Viles as a core part of the research team. A big welcome also to Melanie Viles, who has started working on the project this fall! The digital archive, called Nuu-da' Mv-ne' (one way of saying "our language's house") is currently up and running. This archive is a work in progress, so please note that all the terms found within are still being worked on, and that many parts of the website are not yet "fleshed out". There are mistakes and many changes yet to be made. The project team is excited and humbled to work on the language, and welcomes any chances to collaborate, get feedback from people in the community, or provide help/training in how to use the archive. It is a technical resource, so familiarity with the language and/or digital archives will be helpful in accessing Nuu-da' Mv-ne'. Please check out the Nuu-da' Mv-ne' at: [rvida.org/nuuda](http://rvida.org/nuuda), and feel free to contact Carson Viles with any questions: [cviles@uoregon.edu](mailto:cviles@uoregon.edu).



## USDA distribution dates for DECEMBER 2017

### Siletz

MONDAY	December 4	9:00 AM-3:00 PM
TUESDAY	December 5	9:00 AM-3:00 PM
WEDNESDAY	December 6	9:00 AM-3:00 PM
THURSDAY	December 7	9:00 AM-3:00 PM
FRIDAY	December 8	CLOSED

### Salem

MONDAY	December 18	1:30 PM – 6:30 PM
TUESDAY	December 19	9:00 AM – 6:30 PM
WEDNESDAY	December 20	9:00 AM – 6:30 PM
THURSDAY	December 21	9:00 AM – 11:00 AM

I hope everyone has had a chance to check out the new income guideline and the increased (up \$50 to \$400) standard deduction. Remember, we take your gross income and multiply it by the 20% tax deduction and then do the deductions, like child care, child support and the standard deduction if you pay rent or utilities. If you are over 62, and have out of pocket medical expenses we can also deduct a portion of that. All we need is 1 Tribal ID (any federally recognized tribe) in the household and we can certify the entire household. If you have foster children that are tribal, we can also certify the household, and we count the payments that are received for those children. We also count adoption subsidies if you have adopted tribal children.

### FNS HANDBOOK 501 EXHIBIT M

(Rev. 09/2017)

### FOOD DISTRIBUTION PROGRAM ON INDIAN RESERVATIONS (FDPIR)

#### FY 2018 NET MONTHLY INCOME STANDARDS

(Effective October 1, 2017 to September 30, 2018)

The net monthly income standard for each household size is the sum of the applicable Supplemental Nutrition Assistance Program (SNAP) net monthly income standard and the applicable SNAP standard deduction.

48 Contiguous United States: Use this Amount Household Size	SNAP Net Monthly Income Standard	+	SNAP Standard Deduction	=	FDPIR Net Monthly Income Standard
<b>1</b>	\$1,005	+	\$160	=	<b>\$1,165</b>
<b>2</b>	\$1,354	+	\$160	=	<b>\$1,514</b>
<b>3</b>	\$1,702	+	\$160	=	<b>\$1,862</b>
<b>4</b>	\$2,050	+	\$170	=	<b>\$2,220</b>
<b>5</b>	\$2,399	+	\$199	=	<b>\$2,598</b>
<b>6</b>	\$2,747	+	\$228	=	<b>\$2,975</b>
<b>7</b>	\$3,095	+	\$228	=	<b>\$3,323</b>
<b>8</b>	\$3,444	+	\$228	=	<b>\$3,672</b>
<b>each additional member</b>			<b>\$349</b>		

LIKE us on Facebook at Siletz Tribal FDPIR. We would like to see more people sharing their recipes on our FB.

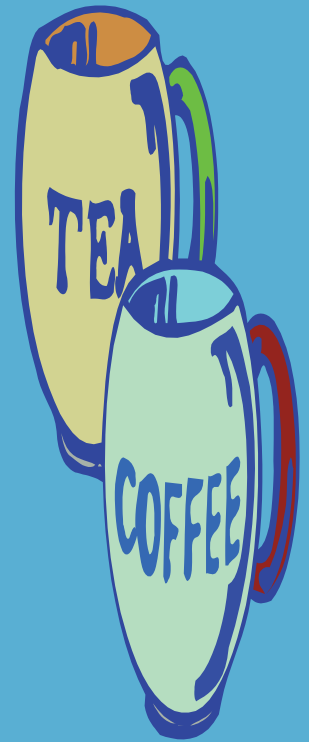
Joyce Retherford, FDP Director  
541-444-8393

Lisa Paul, FDP Clerk/Warehouseman  
541-444-8279

CTSI Eugene A/O

2017 Open House

12/14/17 12:00—4:00pm



Stop by the Siletz Eugene Area Office for a dessert break, have some coffee, tea and dessert with the Eugene area office staff

Hope to see you then,

Lou Carey

Nick Viles

Adrienne Crookes

Jen Jackson

Norma Trefren

Jessica Phillips

Nora Williams-Wood



## Two Firewood Areas Now Open

The Natural Resources Department now has two areas open for Tribal member personal use firewood cutting. The **Logsdan Road** unit (located just east of Siletz) is open seven days a week. It has a mixture of alder, hemlock and some fir. The **Sam Creek #4** unit (9½ miles from Siletz) is open by appointment on weekends only. It has larger fir and spruce on three landings. **Permits are required** and may be obtained at the Tribal Natural Resources office in the Admin Building in Siletz from 8AM to 4:30 PM on weekdays. Maps and directions are also available at the same location. Permits will be issued to Siletz Tribal members only, who will need to show their Tribal ID card and provide the license number of the vehicle they will be using to haul the wood. Out-of-the-Siletz-area woodcutters may call the numbers below to have a permit mailed to them. The permits are for Tribal member woodcutting for **personal use only**. This firewood **may not be sold**. The person named on the permit **must be present** when cutting and hauling the firewood. Tribal members wishing to cut wood for Tribal elders must present a signed note from the elder stating that the individual is authorized to cut firewood on their behalf when requesting a permit. The note must include the elder's Tribal ID number. Permits are good for 4 weeks and allow up to 2 cords of wood to be cut on each permit. Each Tribal member is allowed up to 5 cords total per year from Tribal firewood units. For more information, stop by the Natural Resources Office or call Natural Resources Manager Mike Kennedy at 1-800-922-1399 ext. 1232 or (541) 444-8232.

**2017/2018**

### **HUNTING/FISHING/GATHERING INCENTIVES**

Reminder to all Siletz Tribal Members: Please report all harvests of deer, elk, salmon and shellfish to the Natural Resources Department. The name on the tag/permit will be submitted into a drawing after the seasons end and could receive one of the following Cabelas Gift Card incentives.

#### **HUNTING INCENTIVES**

\$100 ~ \$75 ~ \$50  
CABELAS GIFT CARDS

#### **FISHING INCENTIVE**

\$50  
CABELAS GIFT CARD

#### **SHELLFISH INCENTIVE**

\$50  
CABELAS GIFT CARD

Please report all harvests to:

Mike Kennedy  
541-444-8232

[mikek@ctsi.nsn.us](mailto:mikek@ctsi.nsn.us)

or

Denise Garrett at  
541-444-8227

[deniseg@ctsi.nsn.us](mailto:deniseg@ctsi.nsn.us)

# December 2017

Sun	Mon	Tue	Wed	Thu	Fri	Sat
					1 TANK/GA WEX Payday	2
3	4  Siletz Language Class 6-8pm	5 WEX Timesheets Due by Noon  Self-Sufficiency Documents Due  EAO Language Class 6-8pm	6	7	8 Winter Staff Mtg  All CTSI Office CLOSED	9
10	11  PAO Language Class 6-8pm	12  Wisdom Warrior Class 5:30-8pm  SAO Language Class 6-8pm	13	14 EAO Open House Noon—4pm	15 WEX Payday	16
17	18 Winter Break Movie Nights AMC 12 Corvallis OR	19 WEX Timesheets Due by Noon  Wisdom Warrior Class 5:30-8pm	20 Education /THV Holiday Activity 5-7pm	21	22	23
24	25 Christmas Day CLOSED  	26	27	28 Winter Break Movie Nights Cinemark Theaters Springfield OR	29 WEX Payday	30
31						

The Confederated Tribes of Siletz Indians

**The Eugene Area Office Staff**

**541-484-4234 1-800-922-1399**

**Lou Carey, A/O Supervisor x1751**

**Nick Viles, Education Specialist/JOM x1757**

**Jenifer Jackson, Tribal Service Specialist/477SSP x1755**

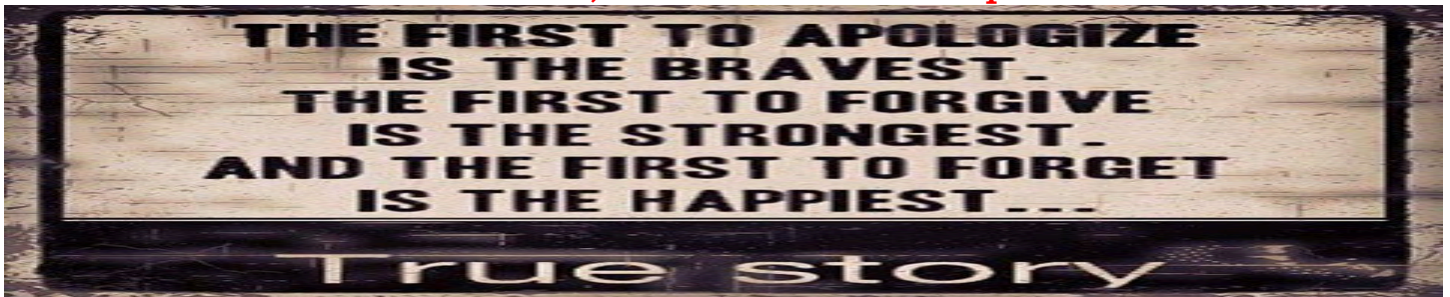
**Norma Trefren, Intake Specialist/Job Coach/477SSP x1756**

**Adrienne Crookes, Community Health Advocate x1753**

**Jessica Phillips, Program Coordinator/THV x1752**

**Nora N Williams-Wood, Clerk x1750**

**Gloria Stott, Elders On-Call Transport**



**The Confederated Tribes of Siletz Indians**  
**The Eugene Area Office**  
**2468 West 11th Avenue**  
**Eugene Oregon 97402**