

# Portland Potlatch

DECEMBER 2017

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**Planning Meeting & ID Machine Coming to PAO Wed, Jan. 31st 5:30—7 PM**

## December Office Closures

All Siletz Tribal offices will be closed on:

- Friday, December 8th  
Siletz All Staff Day
- Monday, Dec., 25th  
Christmas Day



**SRII-NA CHEE-YASH-'E  
High in Sky Bird  
EAGLE**

## Energy Assistance Program (LIHEAP)

### Still Open

LIHEAP (Low-Income Home Energy Assistance Program), which opened on October 1st, is a Federally-funded program that helps low-income households with their home energy bills. If you haven't already applied, for assistance, please call Andrew Johanson at (503) 238-1512 to see if you qualify. (See page 4 for details).



**PAO Holiday Open House**  
Thursday December 14th  
2 PM—6:30 PM  
(See pages 6 & 7 for details)



### Important Dates

- Thurs, 12/14, Portland Holiday Party
- Sat., 12/9, Elders Council—1 PM
- Fri., 12/15, Regular Council—8 AM

## Community News

### Portland Area Office Beading Group

We will resume beading group in January 2018. our next beading group date is:

**Fri., January 12th, 2018  
10 AM—2 PM**

For more information, please contact Sherry Addis at (503) 238-1512. See you in 2018!



### Elder's Shopping Day

The next elders shopping day will be:

**Dec. 6th & 20th at 10 AM**

To reserve your spot on the bus for the next shopping day, please call your Elders program area representative, Kay Steele at: (503) 760-4746 or Angie Artigato at (503) 760-3899.

### PAO Elders Potluck

**Ch'ay-yii-ne  
Ghu'-'alh**

Weather permitting, we will next meet:

**Mon. December 18th  
5:30 PM — 7 PM  
PAO Community Room**

Please bring a potluck dish to share. For more information or to request a ride/carpool, please contact the Elders rep. Kay Steele.



### Congratulations Shawl Makers!

This fall, the Portland area office hosted a shawl making class, prior to the CTISI 40th anniversary of restoration. Pictured below is a photo of a few of our proud tribal elders donning their creations with the generous guidance and help of Jolynne Downey, CTISI elder and Sherry Addis, Portland Office Supervisor. Thank you to everyone involved.



### Zenger Farm's Winter Kids Camp 2017

Enrollment is now open for camp. The camp is located at Zenger Farms at SE Foster road near 122nd AVE. Kindergarten to Sixth graders will harvest, cook and create seasonal treats and gifts in the farmhouse. To enroll, please visit: [www.zengerfarm.org/winter](http://www.zengerfarm.org/winter)

### New Years Eve Pow-Wow

**December 31st, 1 PM—12 AM  
777 NE MLK JR. Blvd.**

This year is NARA's 31st annual New Year's Eve Sobriety Pow-Wow. This Pow-Wow is hosted by NARA NW, and will take place at the Oregon Convention and Event Center. For more information please visit:

[www.narathwest.org/event/new-years-eve-sobriety-powwow/](http://www.narathwest.org/event/new-years-eve-sobriety-powwow/)

### Portland Winter Resources 2017-18

This time of year winter can present families with unique challenges. To assist, we have combined the below resources that are generally available during the winter months for those who may need assistance. Please visit:

<http://streetroots.org/about/work/resourceguide>

Or you can call your local 211 info all-purpose referral line at (503) 222-5555 or dial 211.

#### • Bradley-Angle House

24-hour crisis line for women and women with children fleeing domestic violence. 24-hour crisis line. Undisclosed location (503) 281-2442.

#### • Clackamas Women's Crisis Hotline (503) 654-2288.

#### • Child Abuse/Reporting Hotline (All of Oregon) (503) 731-3100.

#### • Allen Temple Emergency Aid Center

Food boxes with ID or proof of current address. Services area from Wielder to Lombard, and Greeley to NE 42nd. Must meet USDA income guidelines. Opens: 5 PM 7 PM Tues., 11 AM 2 PM Wed. & Sat. Closed 1st & 2nd Tues and 1st Wed and Sat. (503) 289-6615.

#### • The Family Winter Shelter

The Family Winter Shelter is a 100-bed homeless family shelter operated by Human Solutions. Families with children or couples and single women in their third trimester of pregnancy have a warm, dry, safe and welcoming place to sleep. Shelter families are able to access housing, employment and other services designed to quickly end their homelessness.

**Operating from Nov. 1st to Mar. 31st**

**16141 E. Burnside St.  
Portland, OR**

**Open Every night 7 PM to 7 AM**

[www.homelessshelterdirectory.org](http://www.homelessshelterdirectory.org)

#### • Mainspring Emergency Services

Formerly "Fish Emergency Services" provides, clothing for families in need. Items provided include emergency food boxes, clothing, personal care products (soap, toothpaste, laundry soap, etc.) and referrals for people most in need.

**1335 SE Hawthorne Blvd.  
Portland, OR (503) 233-5533  
Mon - Thurs 9:30 AM - 2:00 PM  
Transit: 14, 10, 70  
<http://www.mainspringpdx.org>**

### Parking at the Portland Area Office (PAO)

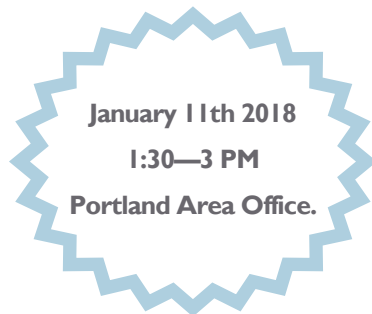
When visiting the Portland Area Office, please note that **Blue** parking spaces are for siletz tribal members, staff and visitors. Overflow parking is available on SE 128th Ave.

## 477 Self-Sufficiency Program

### SSP Monthly CAN Meeting

The required monthly group will resume in January 2018. We will not have a monthly meeting in December.

Please mark your calendars. The 477 Self Sufficiency Program's (SSP) upcoming CAN meeting will resume:



#### 477-SSP Mission Statement:

To assist eligible clients in attaining self-sufficiency. The 477 Self Sufficiency Program will serve the following groups as they work towards this goal: Siletz needy

families, Native American, Alaskan Native, Native Hawaiian.

Program components include: cash grant services, emergency utility assistance, job training, job retention services and other supportive services which are subject to budget cycle availability.

The Program Manual lists all available components in detail and the requirements of each which is also available at the CTSI website:

[www.ctsi.nsn.us](http://www.ctsi.nsn.us)

**Your Success is  
Important to Us**

If you have questions or to apply, please call the Portland Area Office (503) 238-1512 and speak with Anna Renville X1412, or Tamra Russell X1411.

## LIHEAP

### Who is Eligible?

- Enrolled Siletz Tribal Members. The applicant, or a child residing in the household must be an enrolled Siletz tribal member.
- Located within the 11 county service area.
- Income eligible household. The applicant must meet the annual income guidelines.

#### To Apply:

Please make an appointment by calling the Portland area office at: (503) 238-1512.

#### Notice To Applicants:

The applicant is responsible for providing their own documentation at the time of the appointment.

Applications without complete documentation at the time of appointment will be re-scheduled.

## Community Health



### Diabetes Support Group

Our December Diabetes Support Group will be providing healthy holiday appetizers, fruits and veggies for the Holiday Open House event this month instead of the usual scheduled luncheon. Please join us for a fun open house event.

**Holiday Party  
Thurs, Dec. 14th, 2017  
2—6:30 PM**

### It's Gold and Flu Season

Remember that the Portland area office distributes Over The Counter Medication's (OTC'S) to each tribal member.

We may have the following on hand:

- Pain Relievers/Fever Reducers
- Antihistamines
- Cough Suppressants
- Antacids
- Topical Agents/Creams
- Pedialite
- Children and Adult Multivitamins
- Nasal Spray

Just check with Verdene McGuire your Community Health Advocate or Sherry Addis the office Supervisor.

### Holiday Safety Tips; Red Cross

•Prepare your vehicle for traveling to grandmother's house. Build an emergency kit to include items such as blankets or sleeping bags, jumper cables, fire extinguisher, compass and road maps, shovel, tire repair kit and pump, extra clothing, flares, and a tow rope. Avoid driving in a storm. If you must travel, let someone know where you are going, the route you're taking to get there, and when you expect to arrive. If the car gets stuck along the way, help can be sent along their predetermined route.

•Help prevent the spread of the flu. Stay home if you're sick. Wash hands with soap and water as often as possible, or use an alcohol-based hand rub. Cover your nose and mouth with a tissue or sleeve when coughing or sneezing, and throw the tissue away after use. If a tissue isn't available, cough or sneeze into your elbow, not your hands. When it's cold outside, layered lightweight clothing will keep you warmer than a single heavy coat. Gloves and a hat will prevent loss of body heat. Cover your mouth to protect your lungs.

•**Avoid danger while** in the kitchen when frying, grilling or broiling food. If you leave the kitchen even for a short period of time, turn off the stove.

•**The Red Cross** recommends at least one person in every household should take first aid and CPR/AED training. (Plus, there's a 20 percent discount until

*(Continued on page 9)*



# *CTSI—Portland Area Open House & Cookie Contest*



*Thurs., Dec. 14<sup>th</sup>, 2:00-6:30 PM*

*LOCATION:*

*CTSI, Portland Area Office*

*12790 SE Stark St. Suite 102 Portland, OR 97233*

This year's holiday event will be open-house style. That means we welcome our Tribal members and their families to drop by for an hour or so, beginning at 2:00 o'clock. We will also be hosting our first ever Christmas cookie contest. **To enter the contest:** bake your favorite cookie recipe to share and submit your creation for a chance to win a fun prize.



## Education & Youth Update

### Katy's Out of Office Days

Please note Katy will be out of the office and unavailable on the following days in December: **1st, 5th, 6th, 11th, 15th and 21st thru the 29th.**

## December Youth & Family Activities:

### Make & Take Gifts



The Johnson O'Malley Youth Program invites our youth and families to join us for a fun afternoon together making crafts and yummy treats to share with our friends. Snacks will be served.

**Tues., Dec. 19th, 10:30 AM—2:00 PM**

Please confirm you would like to join us in this youth event—please call Katy Holland.

### Let's Go Bowling



Our Portland and Salem youth are invited to join us for a fun afternoon of bowling and snacks during winter break: with our tribal youth from Salem.

**10:30 AM, Thurs., Dec. 28th**  
**King Pins**  
**3550 SE 92nd Avenue**

For transportation and to confirm who will be coming please contact Katy.

### Zoo Light Tickets

Please contact Katy if you are interested in receiving free tickets to the Oregon Zoo Lights. Go at a time that fits your schedule. For tickets call Katy at (503) 238-1512.

## Youth Regalia Classes

The JOM program will be sponsoring a Regalia Class in January. To get started we will be purchasing material in December for this project. If you would like to participate please contact Katy by Dec. 14th to make arrangements to purchase the needed materials. If you would like to participate please contact Katy by Dec. 14th to make arrangements to purchase needed materials

## File Your Free Application for Federal Financial Aid

All adults who are planning on attending any type of college or training in the 2018-2019 academic school are required to file a free application for federal student aid by **January 30, 2018** to be eligible for Siletz Tribal education funds. The application is done online at:

[www.fafsa.ed.gov](http://www.fafsa.ed.gov)

Students can begin applying in now for federal financial aid. If you would help with this please contact Katy for any questions you may have. As well as the process to apply for Siletz Tribal funding.

## Attention H.S. Seniors!

Oregon Promise is a state grant that covers most tuition at any Oregon community college for recent high school graduates and GED recipients. If you are a recent Oregon

high school graduate or GED recipient, have a 2.5 cumulative GPA or higher, plan to attend an Oregon community college within 6 months of graduation and are a Oregon resident for at least 12 months you may be eligible. For information about this program please visit [OregonStudentAid.gov](http://OregonStudentAid.gov) I you are eligible for grants or any other funding for college. scholarship Information!

## Internship Opportunities For Summer 2018!

Applications are now open to apply to become an intern through the Apprenticeships in Science and Engineering; through Saturday Academy in Portland. If you are a 10th, 11th or 12th grade student and interested in

careers in science and or engineering consider applying for this internship program. The application deadline is March 9th.

Learn amore bout the American Science and Engineering Program by attending upcoming sessions scheduled throughout Portland and Molalla. If you would like assistance in applying for this opportunity please contact Katy and she can help walk you through the application process. Consider taking additional courses at Saturday Academy.



## Athabaskan Language

### Nuu-wee-ya' (Our Words)

These classes begin with basic instruction and progress over the year. They are also a refresher course for more advanced students. Come and join other members of your community and tribe in learning to speak one of our ancient languages.

Many Athabaskan language lesson are available to tribal members, in print and audio at the CTSI web site at:

[www.ctsi.nsn.us](http://www.ctsi.nsn.us)

The language samples are provided for your use online. To confirm proper pronunciation go to the Siletz Talking Dictionary at:

[www.siletzlanguage.org](http://www.siletzlanguage.org)

**Monday, Dec. 11th, 2017**  
**6 PM—8 PM**

## Words for December

tee-lhi	Snow
xwint'-tvn	Ice
xii	Winter
kish-mvs	Christmas



# December 2017

SUN	MON	TUE	WED	THU	FRI	SAT
<p align="center"><b>Inclement Weather Conditions</b></p> <p>This time of year, the weather outside can be frightful. For the safety of all, we sometimes close our office due to weather conditions. So, if it is snowing, icy or unusually cold, please call the office and listen to the message before coming to the office to make certain we are open. We will update our phone message to reflect any modification of our office hours.</p>					1	2
3	4	5	6 Elder's Shopping Day 10 AM	7	8 All CTSI Offices Closed All Staff Day	9 Elders Council 1 PM
10	11 Language Class 6 PM– 8 PM	12	13	14 PAO Holiday Open House 2:00 PM—6:30 PM	15 Regular Tribal Council 8 AM	16
17	18 Elder's Potluck 5:30 - 7:00 PM	19 Make & Take Gift Ac- tivity for youth 10:30 AM—2 PM	20 Elder's Shopping Day 10 AM	21	22	23
24 31	25 All CTSI Offices Closed Christmas Day	26	27	28 Youth Bowling 10:30 AM	29	30

## Behavior Health

### Rachel Adam's Schedule:

#### Portland Area Office

Mondays &  
Tuesdays  
(503) 238-1512  
X1417

#### Salem Area Office

Wednesdays &  
Thursdays  
1-(503) 390-9494  
x1864

### Couples Retreat Coming to Siletz in January:



A Gottman-inspired Couple's Retreat is currently under preparations for Friday, January 12th, 2018. It's the start of a new year, New Year's Resolutions are underway, why not work on your relationship while you're feeling that motivation? For more information, call Rachel Adams, Portland and Salem Behavioral health Specialist. Portland (503) 238-1512 or Salem at (503) 390-9494.

#### About the Gottman method:

This is an evidence-based practice that helps couples work on their relationships. It starts with an extensive survey that provides detailed information to the therapist and is used to create the ultimate and unique treatment plan for the couple. Topics ex-

plored include a) The four horsemen (the four factors most likely to cause friction in a relationship): Criticism, Defensiveness, Contempt and Stonewalling, b) Aftermath of a Fight, and c) Love maps.

#### What is a Gottman-inspired Couple's Retreat?

1. An opportunity to reconnect with your partner and work on little issues before they become big.
2. A day to relax, enjoy your time with your partner, eat good food and learn how to take your relationship to the next level.
3. An opportunity to learn new tools from Gottman's proven methods to help your relationship become what you and your partner agree you want.

#### How do we register to go?

All couples wanting to attend the retreat will need to be registered by myself, Rachel Adams, the Mental Health Specialist for the PAO and SAO. Once registered, couples will be asked to complete a survey online. Once the survey is completed, couples approved for registration will be given further instructions..

#### Transportation to Siletz?

It is currently pending to see if transportation can be made available to all registered couples, from both the Portland and Salem area offices.

#### Childcare?

Childcare is not likely available at this time, but is still pending as well.

### Traditional Coping

While Gottman's methods are tried and true, the Siletz peoples are still encouraged to participate in traditional methods of healing. It is a good time to attend a sweat and pray for clarity on new goals to set. As always, drum circles, talking circles, and smudging are different ways to stay con-

nected with our ancestors and pay tribute to our roots. Some people find peace in calling on Creator for clarity and health.



## A & D Program



#### Philosophy:

The Siletz Tribal Alcohol and Drug Program views alcoholism, chemical dependency, and other addictions as a progressive illness. When left untreated they can cause emotional, mental, physical, and spiritual problems for the person, family, and community. Addictions are treatable and staff is personally dedicated to providing culturally relevant treatment services.

#### Services Include:

- Evaluation/Assessment
- Referral to appropriate resources
- Alcohol/other drug education

- Cultural/traditional Individual, group, or family counseling
- Adolescent treatment
- Women's specific treatment
- Intervention
- Recreational therapy
- Urinalysis/saliva testing
- DUII rehabilitation services

#### Generally, PAO Counselor Andulia WhiteElk Hours are:

When Andulia is unavailable, Counselors from other area offices (Salem, Siletz, or Eugene) can assist.

#### Andulia's Schedule

8 AM—4:30 PM

Salem—Mon., Tues., & Wed.,  
Portland—Thurs & Fri., Portland

When Andulia is unavailable, Counselors from other area offices (Siletz, or Eugene) can assist.

Recognize  
Acknowledge  
Forgive  
Change

If you or someone you know needs substance abuse treatment, recovery is possible. For drug and alcohol information and treatment referral call Andulia WhiteElk

Help is  
Available &  
Confidential

## USDA Distribution Dates

Siletz

Monday	December 4th	9 AM — 3PM
Tuesday	December 5th	9 AM — 3PM
Wednesday	December 6th	9 AM — 3PM
Thursday	December 7th	9 AM — 3PM
Friday	December 8th	Closed for All Staff

Salem

Monday	December 18th	1:30 PM—6:30 PM
Tuesday	December 19th	9 AM — 6:30 PM
Wednesday	December 20th	9 AM — 6:30 PM
Thursday	December 21st	9 AM — 11:00 AM

We hope everyone has had a chance to check out the new income guideline and the increase (from \$50 up to \$400) standard deduction. Remember, we take your gross income and multiply it by 20% tax deduction and then do the deductions, such as child care, child support and the standard deduction if you pay rent or utilities. If you are over 62, and have out of pocket medical expenses we can also deduct a portion of that. All we need is 1 Tribal ID (any federally recognized tribe) in the household and we can certify the entire household. If you have foster children that are tribal, we can also certify the household, and we count the payments that are received for those children. We also count adoption subsidies if you have adopted tribal children. For more information please contact us at:

Joyce Retherford  
FDP Director  
(541) 444-8393

Lisa Paul  
FDP Clerk/ Warehouse  
(541) 444-8279

## PAO Garden Club Resumes!

The CTSI, Portland Area Office is excited to announce preparation for the next gardening season.

**Tues., Jan. 3rd 2018**  
**5:30 to 7:30 PM**  
**Portland Area Office**

If you would like more information about garden club and how to participate, please contact Sherry Addis or Andrew Johanson at PAO.



## Siletz Tribal Vocational Rehabilitation Program (STVRP)

The program is here to assist members of Any federally recognized Tribe to overcome barriers to employment. We work with individuals who have disabilities and are living within the Siletz service areas.



- Adaptive Equipment

For more information about the STVRP, please inquire at 1-800-922-1399. We also maintain resource and employment boards, so please stop by if you're interested. You may speak to VR staff in the following locations:

### Salem Area Office

**1-(503) 390-9494**

3160 Blossom Drive NE, Ste 105  
Salem, OR 97305

Program Aide— Dana Rodriguez  
Counselor/Job Developer—Toni Leja

### Siletz Area Admin, Office

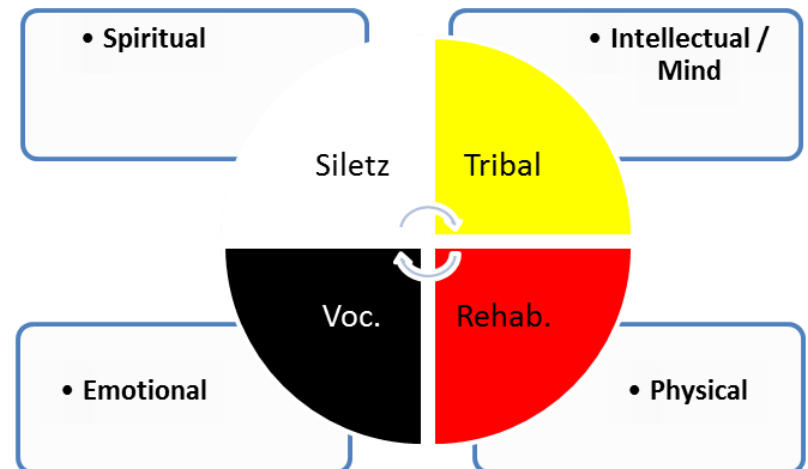
**1-(800) 922-1399**

201 SE Swan Ave Siletz, OR 97380  
Counselor/Job Developer— Rachele Endress

Program Director—Jeramie Martin

### Examples of Services:

- Guidance and Counseling
- Referral to Services
- Employment Services
- Resume Writing
- Interviewing Techniques
- Job Coaching
- Culturally Relevant Individualized Services
- Evaluations and Assessments
- Training Placement Opportunities





(Continued from page 3)

December 31st).

- **Designate a driver or skip the holiday cheer.** Buckle up, slow down, don't drive impaired. If you plan on drinking, designate a driver who won't drink.
- **When the weather outside is frightful, heat your home safely.** Never use your stove or oven to heat your home. Never leave portable heaters or fireplaces unattended. Install smoke alarms. In your home or apartment.
- **Cut down on your heating bills** Get your furnace cleaned and change the filters. Make sure your furniture isn't blocking the heat vents. Close off any rooms not in use and turn off the heat in those rooms. Turn down the thermostat and put on a sweater.
- **Home for the holidays?** Travel safely. Check the air pressure in your tires and make sure you have windshield fluid. Be well rested and alert. Give your full attention to the road – avoid distractions such as cell phones they are against the law to use while driving here in Oregon now. If you have car trouble, pull off the road as far as possible., before calling for help.

## Give Your Comfort Foods a Healthy Boost

### Diabetes Healthy Living Wellness

When it comes to fat, salt and sugar content, comfort foods can really take you out of your healthy comfort zone. To make your favorite foods healthier, try these cooking tips this holiday season.

- For your cheesy dishes, choose strong tasting varieties—like Parmesan or sharp cheddar—so you can use less in your recipes by bumping up the flavor.
- Making dips with Greek yogurt instead of mayo or sour creams is healthier and better for tummy.
- Trade out ice cream, for a big bowl of fresh berries with a little whipped cream, so good and tasty!
- Slip chopped fresh spinach into your favorite dishes, mac and cheese, and pizza—and take comfort in knowing you made them healthier!
- Swap regular French fries for baked sweet potato fries and a variety of different veggies. So good for your and delicious with your favorite spices!

## Siletz Home Visiting Program

The Siletz Tribal Home Visiting Program is designed to increase parenting knowledge and skills, link families to resources and provide encouragement to help parents engage in positive parenting. The Home Visiting program is open to American Indian/ Alaskan Native families when they are expecting a child or have a child under the age of one, continuing until the child turns three.

The model and curriculum we provide is called Family Spirit and was developed by the John Hopkins Center for American Indian Health. Family Spirit is evidence

based and culturally sensitive to native families. We are funded by the Tribal Maternal, Infant, Early Childhood Home Visiting Program (TMIECHV).

If you are interested in learning more about the program please contact Lori Christy, (503) 390-9494, X1863.



## Need A New Tribal ID? Let PAO Help!

The Portland area office (PAO) is now set up to assist tribal members with obtaining their tribal ID from the enrollment department. Tribal members are encouraged to call PAO ahead of time to ensure staff are available. If you have any questions about our new process please feel free to call Andrew Johanson at PAO (503) 238-1512 X 1400.

	<small>Confederated Tribes of Siletz Indians of Oregon</small>	
	<b>Tribal Identification</b>	
	<b>Siletz Tribal Roll: #99999</b>	
	<b>DOB: 09/01/2006</b>	<b>BQ: 4/4</b>
	<small>Issue Date: 3/18/2016</small>	<small>Expiration Date: 3/18/2016</small>
	<small>Height: 5' 10"</small>	<small>Weight: 150 lbs.</small>
	<small>Eligible Per Resolution: 2016-086 effective 3/18/2016</small>	
<b>Siletz Valley Charter School</b>		
<small>245 NW James Frank Ave, Siletz, OR</small>		
<small>PO Box 123456</small>		
<small>Siletz, OR 97380-9999</small>		



## CTSI Ongoing Job Announcement

**Position:** Transporter (On-Call) Location (s): Portland

**Supervision:** Area Office Supervisor/ Elders Program Coordinator.

**Salary:** \$11.25/ Hourly

For more information please contact:

**Siletz Elders program: Cecilia DeAnda:**  
**(800) 922-1399**  
**X 1212 and E-mail: ceceliad@ctsi.nsn.us**

This position transports for multiple CTSI tribal programs. Hours vary from week to week. Ideal candidate is reliable, flexible, helpful, culturally sensitive and respectful to elders and clients.

## 2018 Portland Fix-It Fair

**January 27th at 9:30AM—2:30PM**

This is a FREE event hosted by the City of Portland at George Middle School, 10000 N Burr Ave., Portland, Or.

Learn simple ways to save money and connect with resources. Join your neighbors and talk to the experts about how to spend less and stay healthy. For more information visit:

[www.portlandoregon.gov/bps/FIF](http://www.portlandoregon.gov/bps/FIF)



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 Siletz Indians of Oregon  
 Portland Area Office**

**Portland Area Office**  
 12790 SE Stark St., Suite 102  
 Portland, OR 97230

Phone: (503) 238-1512  
 Fax: (503)238-2436

Hours:  
 Mon—Friday  
 8:00 AM—4:30 PM

[www.ctis.nsn.us](http://www.ctis.nsn.us)



**BEAR SV-GVS**



## Are You In the Loop?

The Portland Area Office now uses an auto-dialer system to notify or remind tribal members of upcoming events, for example: Salmon Distribution, Planning meeting, holiday party, Flu Shot clinic, summer picnic, etc..

### Auto-Dialer Notifications

If you have not been notified by our system, Please contact the Enrollment department to update your phone number because the calling list is provided to us by the enrollment department.

### Newsletters/ Notices

If you have not updated your new address with enrollment your newsletter could be misdirected. Please contact Enrollment: (800) 922-1399, X1258 to update your mailing address.



## Portland Area Office Staff:

Name/ Title	Contact Information
Sherry Addis Area Office Supervisor	(503) 238-1512, X1419 sherrya@ctsi.nsn.us
Katy Holland Education Specialist	(503) 238-1512, X1418 kathy@ctsi.nsn.us
Andrew Johanson Area Office Clerk	(503) 238-1512, X1400 andrewj@ctsi.nsn.us
Verdene McGuire Comm. Health Advocate	(503) 238-1512, X1413 verdenem@ctsi.nsn.us
Anna Renville Tribal Service Specialist	(503) 238-1512, X1412 annar@ctsi.nsn.us
Tamra Russell Tribal Service Specialist	(503) 238-1512, X1411 tamrar@ctsi.nsn.us
Andrew Eddings Peer Recovery Mentor	Work Cell: (541) 270-9717 andrew@ctsi.nsn.us

## Other Numbers:

Name/ Program	Number	Name/ Program	Number
Bud Lane Cultural Program	800-922-1399 X1320	Jeremy Martin Voc. Rehab. Direct.	800-922-1399 X1385
K.C. Short Finance Manager	800-922-1399 X1316	Mike Kennedy Natural Resources	800-922-1399 X1232
Cecelia DeAnda Elders Program	800-922-1399 X1261	Andulia WhiteElk A&D Counselor	(503) 238-1512 X 1414
Rachel Adams Mental Health Specialist	(503)390-9494 x1864	DeAnn Brown— Siletz HeadStart Program	(800)922-1399 X1510
Angela Ramirez Enrollment Clerk	(800)922-1399 X 1258		