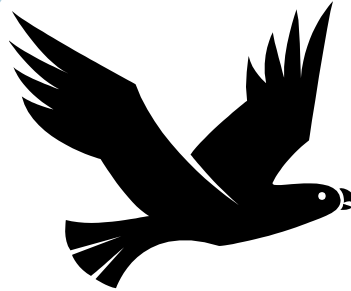


Portland Potlatch

JULY 2017

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SRII-NA CHEE-YASH-'E
(High in sky bird)
Or **EAGLE**

CTSI July Closure:

All Offices will be closed on
Tuesday, July 4th
Independence Day Holiday

We will re-open on Wednesday July 5th at 8:00 AM

**Per Capita Address
Update Deadline!**
(See Page 9 for Details)

**August 2017
Nesika
Illahee
Pow-Wow
Information
(See Page 12)**

Important Dates

- Sat., 7/8, Elders Council—1 PM
- Fri., 7/14, Regular Council—8 AM
- 7/11 to 7/13, CTSI, Culture Camp

Community News

Portland Area Office Beading Group

Each month, all Portland Area Siletz Tribal members are invited to bring their culture projects and enjoy a morning of beading, visiting and associating. So, come join us:

Thursday, July 6th
10 AM—2 PM

Elder's Shopping Day



The next elders shopping day will be:

July 7th & 19th at 10 AM

To reserve your spot on the bus, please call your Elders program area representative, Kay Steele (503) 760-4746.

Siletz Tribal Head Start Enrolling Now!



Siletz Tribal Head Start is in the process of accepting new applications for the 2017-2018 school year. We have Head Start Centers in Portland, Siletz, Lincoln City and Salem. If you or someone you know has a child who will be 3-4 years old by September

1, 2014, application are available at your local Siletz Area Office, or by calling: (541) 444-8376 or 1 (800) 922-1399. Send in your application as soon as possible. See page 17 for a copy of the application.

Did you Know?

Head Start helps children grow socially, physically, mentally emotionally, and gain confidence in themselves.

Consider Becoming a Foster Parent

Tribal children are in need of foster parents for:

- **Permanent care**
- **Temporary foster care**
- **Short-term emergency care**

For more information contact Marne' Grusing, Siletz Indian Child Welfare Program, Foster Family Coordinator at (800) 922-1399 X 1338.

CTSI Ongoing Job Announcement

Position: Elders Transporter (On-Call)

Location (s): Portland

Salary: \$11.00/ Hourly

**Supervision: Area Office Supervisor/
Elders Program Coordinator.**

For more information, please visit:

www.ctsi.nsn.us

Congratulations Katy Holland and Portland Area Office!

On June 8th Katy Holland and The Portland Area Office (PAO) were honored at the Portland State University (PSU) Native Center Annual Awards Ceremony. Katy was awarded as Alumni of the year for her years of dedication and support to the Portland Native Community, and to PSU. PAO was awarded for being an outstanding community partner for their years of dedication to ongoing community education and partnership with PSU and the Siletz Healthy Traditions Program. (Pictured left to right: Katy Holland, Verdene McGuire, Andrew Johanson and Sherry Addis).



Healthy Traditions

Healthy Traditions Vegetable Cooking Class



Turn your ordinary veggies into something fantastic! Learn how to spiralize and transform your vegetables into healthy pasta and other creations.

The Healthy Traditions program Weave Grant is offering this class on:

Friday, July 21st at 10 AM

For more information or to sign up, call Sherry Addis or Andrew Johanson.

July 2017 Planting Guide

Whether you're a seasoned gardener or a first timer, June is a great month for planting a large variety of veggies. The list below is referenced from Portland Nursery's planting guide. The list is broken down by vegetables that may be directly sown outdoors or started by seed indoors. Plants with dates next to them indicate the date they must be started or directly sown.

Seed Outdoor

Arugula
Asian greens
Basil
Beans
Beets 7/1
Broccoli 7/1
Brussels Sprouts
Cabbage (early)
Carrots 7/1

Cauliflower 7/1
Chard
Cilantro
Collards 7/1
Corn until 7/15
Fennel (bulbing) 7/15
Kale
Kohlrabi 7/1
Lettuce

Parsnips
Peas
Radish
Scallions
Spinach
Squash, summer until 7/15
Turnips 7/1
Starts
Artichoke

Basil
Broccoli
Bruss. sprouts
Cabbage
Carrots
Cauliflower
Collards
Corn until 7/15
Cucumbers
Eggplant 7/15

Community Health

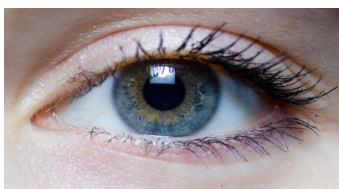


Diabetes Support Group

**Wednesday
July 5th, 2017
Noon—2 PM**

Our Diabetes Support Group will be providing healthy salads, fruits and veggies. All tribal member are welcome.

Casey Eye Institute Mobile Health Clinic at PAO



On Saturday, August 5th the Casey Eye Institute bus is coming. Please call and get on the list. They are only taking 40 appointments so first come first serve. Call Andrew or Verdene to get signed up morning or afternoon. Plus glasses are being offered for as little as \$30.00 a pair.

Exercise Program

Diabetes fitness memberships slots are still available

With our updated Diabetes Grant the PAO has additional Fitness Membership slots available to tribal members with diabetes

or at risk for diabetes. Call Verdene McGuire at (503) 238-1512 for an appointment to fill out the application and apply for a slot. First come first serve.

Eat your way to Better Brain Health!

If you've ever found bliss in a bite of chocolate or smiled when someone offered you a French fry, then you know food can make you happy. But while it's true, that your favorite treat may give you a brief emotional lift, sustained mood-boosting brain power can only come from a consistent supply of nutritious foods. Here are some brain health ingredients to consider adding to your plate and why you should embrace them:

SALMON: People who eat omega-3-rich fish tend to have a lower risk of depression and have a more positive effect, which is defined by how much they experience positive moods and feel joy.

PROBIOTICS: Whether from supplements or foods, these good bacteria are beneficial for more than digestive health. People who take probiotics see improvements in their perceived levels of stress and have a more positive mental outlook compared to people not taking probiotics.

LEAFY GREENS: Spinach, chard and other dark leafy greens contain magnesium which can positively impact serotonin levels and boost your mood. About half of all Americans are low in magnesium, and this deficiency has been linked to an increase risk of depression and anxiety. In addition to

(Continued on page 5)

Vocational Rehabilitation (STVRP)



The Siletz Tribal Vocational Rehabilitation Program (STVRP) provides holistic, culturally sensitive Vocational Rehabilitation (VR) services to federally-enrolled tribal members who have a disability and live within the Siletz 11 county service area. STVRP serves as an employment resource for members that have a strong desire to be employed. The program utilizes Strength-Based Practices and Informed Choice to prepare participants for gainful employment. An important part of the VR program, is helping others find their own strengths and build strong foundations for lasting and productive employment.

Services we may provide, but are not limited to:

- Employment services
- Referral to community resources
- Transportation/Support services
- Portfolio building
- Motivational counseling
- Addressing and eliminating barriers to employment

- Cultural activities
- Educational, physical and mental health assessments

Basic requirements of the program include:

- Be an enrolled member of a federally recognized tribe
- Live within the Siletz 11 county service area
- Have a mental, physical, developmental or learning disability that is diagnosed by a licensed clinician
- Have a disability that causes a substantial barrier to employment
- Willing and able to be an active participant in the Siletz Tribal Vocational Rehabilitation Program (STVRP)

STVRP provides culturally sensitive vocational rehabilitation services with a focus on: Spiritual; Mind Intellectual; Emotional; and Physical Wellness to Enable Your Success in the Workforce.

To find out more about STVRP, please call 800-922-1399 and ask to be connected to STVRP Staff for your area.

Need A New Tribal ID? Let PAO Help!

The Portland area office (PAO) is now set up to assist tribal members with obtaining their tribal ID from the enrollment department. Tribal members are encouraged to call PAO ahead of time to ensure staff are available. If you have any questions about our new process please feel free to call Andrew Johanson at PAO (503) 238-1512 X 1400.

Confederated Tribes of Siletz Indians of Oregon
Tribal Identification
 Siletz Tribal Roll: #99999
 Issue Date: 09/01/2006 BQ: 4/4
 Expiration Dates: 3/18/2016
 Height: 5' 10" Weight: 150 lbs.
 Enrollment For: Renovation 2016-006 effective 3/18/2016

Siletz Valley Charter School
 243 NW James Frank Ave, Siletz, OR
 PO Box 123456
 Siletz, OR 97380-9999



Behavior Health

Summertime Tips to Stay Sober and Enjoy the Sun



Summer can be a difficult time to stay sober. There are parties at the pool, lake, beach or backyard BBQ. We all want to go out and have some fun and summer may be a time for triggers and cravings for those in recovery. Here are 6 tips for you to use to stay sober this summer.

- 1. Use the buddy system:** When going to family reunions, social parties, or events check in with a member of your sober support group every few hours. Text, call, or even bring them along.
- 2. Be the one with the plan:** If you're going to a work or leisure related function where there will be alcohol, develop a plan. Arrive on time but leave early before the heavy drinking begins. Order a club soda or coke with lime, sip it slowly and keep it in your hand. If someone asks can I get you a drink? Simply respond "thanks but I already have one".
- 3. Get Advice:** When we get sober it can feel like we just gave up our best friend. Getting involved with activities help us to rebuild a healthy body and mind. Try exercise, hiking, kayaking or gardening.

4. Be true to yourself: Recovery is hard work, all the work you have put into recovery is valuable. We must continue to apply the tools of recovery in our everyday life. Just because it's summertime does not mean that we get the summer off from recovery.

5. Keep your sober routine: We must keep our structure and balance in recovery. Remember our lives were unmanageable and chaotic in addiction. One of the gifts of recovery is being able to do other things we never could before like take vacation or spend time with a loved one. Keep your routine and support resources and use them.

6. Remember: addiction never takes time off and never slacks; this is why you need to be aware of what works for you to stay clean and sober. Enjoy the summer...you've earned it!

Generally, PAO Counselor Andulia WhiteElk Hours are:

Salem Office	Monday, Tuesday and Wednesday 8— 4:30PM
Portland Office	Thursday and Friday 8— 4:30PM

When Andulia is unavailable, Counselors from other area offices (Salem, Siletz, or Eugene) can assist.

Recognize Acknowledge Forgive Change	If you or someone you know needs substance abuse treatment, recovery is possible. For drug and alcohol information and treatment referral call Andulia WhiteElk.	Help is Available & Confidential
---	--	---

Behavioral Health

Traditional Coping

July is a great month to get your children to culture camp. And, as a Siletz adult, it's a great time to participate or volunteer and help shape our youth into well-rounded individuals who take pride in their Native heritage. Summer can be a time of difficulty for our Elders, when it's getting hot. It's a good time to reach out and connect with an elder and make sure they stay cool and hydrated.

New crisis line access

Starting July 1st, CTSI will have after hours help available for anyone suffering with a mental health crisis. This is the new way to get help every evening from 5:00 PM to 8 AM, and on weekends and Holidays. Call 1-(541) 444-8286 or 1(800) 600-5599. If you call this number, a professional trained in crisis prevention and assistance will answer. They will help you to the best of their ability. If you have questions about this information, please call the Behavioral Health Department at 1-(800) 648-0449.

In the heat of summer

Plans for the season are established and the weather is being more cooperative than not. Children are embracing their freedom, while

parents may be struggling to keep them entertained, while also working full-time. Parks with water features are a great source of entertainment. To function well, our brains need to keep cool and hydrated, so be sure you pay attention to signs of heat exhaustion, and carry a water bottle with you at all times.

Summer is the best time of the year to get a head start on mental health preparation for the increase of symptoms people often feel in winter, here are some tips to help:

- 1. Exercise:** it can be harder to get out and be active with the heat. It's important to find a way to boost endorphins with at least 30-45 min of cardio-type activity each day.
- 2. Connect:** It's an important time of year to keep in touch with people to keep depression at bay.
- 3. Sunlight:** Research says we should get 20 minutes of sunlight a day, (don't forget sunblock!) can lift your mood.

Portland Area Office Mondays & Tuesdays (503) 238-1512 X1417	Salem Area Office Wed. to Fri. 1-(503) 390-9494 x1864
--	---

Have You Heard About Section 184 Home Loans?

Who is Eligible?

- Enrolled members of federally recognized tribes, Alaska natives, Tribes and TDHE's

Also...

- Credit is important, but you are not

judged on your credit score

- Low down payment (can come from savings, tribal down payment assistance programs, flexible approval processes.

For more information visit:

www.1tribal.com or call (503) 610-5387

You can also call our Siletz Finance Manager K.C. Short at (800) 9222-1399 to discuss other home buying programs.

Education & Youth Update

July Events & Activities for Native Youth:



Mt. Hood—Ski Bowl Adventure Day

This event is for youth 12 years and up. A fun adventure filled day on the mountain with activities that build leadership skills. We will be starting early **Tuesday, July 18th**. Please contact Katy to reserve a space.

Cultural Craft Day In the Park for Native Youth

**Tuesday, July 25th
10:00 AM to 3 PM**

We will meet up at Sellwood Park, where we will have a full day of fun with kick ball, cultural activities, lunch and lastly swimming at Sellwood's outdoor swim park. A picnic lunch will be provided. Swimming passes will be provided at no cost. Young children must be accompanied by a chaperone. Please call Katy to register.

Blue Berry Picking at Sauvie Island & Lunch

Tuesday, August 1, 2017

We will meet at the Portland Area Office at 8 AM. Please call Katy for a space and sign up.

"Kids in the Game" \$50 Pass for Youth

The Kids in the Game Pass assists low-income, physically/developmentally challenged and at-risk children to have the opportunity to participate in sports. There is an online application for families to apply for up to \$50 to help pay sports registration fees. Apply online at: www.kidsinthegame.org/youth-sports-grants

Katy can write a letter of reference for you upon request.

Free Portland Parks Activities



The City of Portland Parks and Rec. will offer free movies, concerts, lunches, swimming and more at all City of Portland Park and Recreation areas.

For information about events visit:

www.portlandoregon.gov.portland_parks_and_recreation.

Incentive Awards: Siletz Tribal Graduates, All Ages

The Siletz Tribe would like to recognize our graduates from Head Start, kindergarten, elementary school, middle school, high school, adult vocational training degree or certificate programs, Bachelors degree, Masters and Doctorate degrees with a financial incentive award. Please send in a copy of your promotion certificates, transcripts, or diploma's to Katy at the Portland area

office with your return address. For more information call (503) 281-1234.

The Siletz Tribal Youth Activity Program

- **The Siletz Youth Activity Program**
Provides up to \$75 per year to assist youth pay for music, camp fees, science/environmental projects, graduation, cultural supplies and materials, lab fees, shop supplies, sports and more. To be eligible you must be enrolled in the Siletz Tribe and be between elementary school through high school level.
- **The Johnson O'Malley Program**

Has funding to assist our Native youth to enroll in summer enrichment activities and/or academic programs. For more information please contact Katy Holland Applications can be found on line at: www.ctsi.nsn.us



Enrollment Reminders

How do I Update My Address?

Submit your updates to the Enrollment department for the per-capita deadline in writing by:

Friday July 14th, at 4:30 PM

We will continue to accept address changes after the deadline, as always. However, anyone who updates after that date is cautioned that they could have a delay in the mailing of their check.

Please provide: Roll number and date of birth, and signature (required). Forms are available online from enrollment by calling 1 (800) 922-1399 or visiting the CTSI website at:

www.ctsi.nsn.us



(Continued from page 3)

greens, add magnesium-rich pumpkin seeds, Brazil nuts, chickpeas and beans to meals.

BLUEBERRIES: With a high content of antioxidants known as flavonoids, blueberries help activate brain pathways associated with better cognition and less cellular aging. Blueberries and blueberry juice are associated with having a more positive mood.

OYSTERS: This seafood delicacy is high in zinc, a mineral that's not stored by the body and must be consumed daily. Being deficient

in zinc is linked to depression. Other good sources of zinc include crab, beef, beans, chickpeas and cashews.

CHOCOLATE: Research indicates that cocoa can shake off bad moods and may be protective against depression. And sipping antioxidant-rich hot cocoa increases feelings of contentment and puts people in a happy mood. But since too much sugar is a negative associated with brain health. Choose dark chocolate, and keep your portions to a square or two a day.

July 2017

SUN	MON	TUE	WED	THU	FRI	SAT
						1
2	3	4 Independence Day Holiday All Offices Closed	5 Diabetic Luncheon Noon—2 PM	6 Beading Group 10 AM—2 PM	7 Elder's Shopping Day 10 AM	8 Elders Council 1 PM—Lincoln City
9	10	11	12	13 477-SSP (CAN) Meeting 1:30—3 PM	14 Regular Council 8 AM—Siletz Address Changes Due to all Siletz offices by 4:30 PM	15 Elders Wood Cut Day Siletz, OR 8 AM—2 PM
CULTURE CAMP July 11 – 13—Siletz, Oregon						
16	17	18 Education, Mt.Hood Ski -Bowl Trip Time: TBA	19 Elders Shopping Day 10 AM	20	21 Healthy Traditions Cooking Class 10AM	22
23 30	24 31	25 Education, Culture Craft Day in the Park 10 AM—3 PM	26	27	28	29

2017 Nesika Illahee Pow-Wow

Confederated Tribes of Siletz Indians

Annual Nesika Illahee Pow-Wow

August 11~13, 2017

THURSDAY AUG. 10

Royalty Pageant
6:00 PM

FRIDAY AUG. 11

Memorial / Giveaways
12:00 Noon ~ 5:00 PM

Presentation of Crown
6:00 PM

Grand Entry
7:00 PM

SATURDAY AUG. 12

Parade
10:00 AM
(Dance Competition Points
Awarded for Parade
Participation)

Grand Entry
1:00 PM & 7:00 PM

SUNDAY AUG. 13

Grand Entry
12:00 Noon
Salmon Dinner

All
Are
Welcome!

Alcohol &
Drug-Free
Event

Categories:

Golden Age • Adult • Teen • Youth
(Teen & Youth Preliminaries Occur Friday Night)

Specials:

- Men's Fancy Dance
(Sponsored by Plummie Wright)
- Team Dance
- Womens' Basketcap (Open)
- Round Bustle (Open)

Vendor Registration is Required. Camping Fee: \$25 + \$5 per pet.
Campground Open Thursday 7:00 AM. No Campfires.

For More Information, Call:
Buddy Lane, 800-922-1399, x-1230.

Pauline Ricks Memorial Pow-Wow Grounds, Government Hill, Siletz, OR

USDA

Siletz	Monday	July 3	9 AM – 1 PM
	Tuesday	July 4	HOLIDAY
	Wednesday	July 5	9 AM – 3 PM
	Thursday	July 6	9 AM – 3 PM
	Friday	July 7	9 AM – 3 PM
Salem	Monday	July 10	9 AM – 3 PM
	Monday	July 17	1:30 PM – 6:30 PM
	Tuesday	July 18	9 AM – 6:30 PM
	Wednesday	July 19	9 AM – 6:30 PM
	Thursday	July 20	9 AM – 11 AM

In June, we attended our National Conference that was held in St. Louis, Missouri. There are some changes coming to the food packages. Stay tuned for the specifics on these changes.

Be sure to LIKE us on Face book at: SILETZ TRIBAL FDP. We are posting recipes, distribution dates, pictures and food safety tips.

Joyce Retherford, FDP Director
541-444-8393

Lisa Paul, FDP Clerk/Warehouseman
541-444-8279

Athabaskan Language



NAA-GHAA-YVSH-NE

WOLF

Nuu-wee-ya'
(Our Words)

For July, language class will be held in Siletz during culture camp. For more information please call bud lane at (800) 922-1399 X 1320.

Many Athabaskan language lessons are available to tribal members, in print and audio at the CTSI web site at:

www.ctsi.nsn.us

The language samples are provided for your use online. To confirm proper pronunciation go to the Siletz Talking Dictionary at:

www.siletzlanguage.org

**Language Class
Jul. 11—13, 2017
Siletz, OR (Culture Camp)**

477 Self-Sufficiency Program

Creative And Native (CAN)

For all 477 Self Sufficiency Clients:

The required monthly group is a supportive/informational group that will focus on work, education, family and goals.

Follow up Soft Skills workshop– remember your homework!

Come meet and learn from others like your self who are working toward their goals!

Light snacks and coffee served.

This month's CAN Meeting:

Thursday, July 13th

1:30—3 PM

If you have any questions please call the program at PAO and speak with Tamra Russell or Anna Renville at (503) 238-1512.

477 Self Sufficiency Mission Statement

To assist eligible clients in attaining self-sufficiency. The 477 Self Sufficiency Program will serve the following groups as they work towards this goal:

- Siletz Families
- Native American
- Alaskan Native
- Native Hawaiian

The available components through the Program are cash grant services, emergency utility assistance, job training, job retention services and supportive services.

The Program Manual lists all available components in detail and the requirements of each. All components of the 477 SSP are available on a budgetary basis.

Contact a Tribal Services Specialist for more information about current components that are available.

Your Success is Important to Us!

Contact a Tribal Services Specialist for more information about current components that are available.

If you have questions or to apply, please call the Portland Area Office (503) 238-1512 and speak with Anna Renville, or Tamra Russell.

Parking at the Portland Area Office (PAO)

When visiting the Portland Area Office, please note that **Blue** parking spaces are for siletz tribal members, staff and visitors. Overflow parking is available on SE 128th Ave.

Most Often Requested Numbers

Confederated Tribes of Siletz Indians	(800) 922-1399
Siletz Community Health Clinic	(800) 648-0449
Contract Health Services	(800) 628-5720

Contract Health

Need to Call Contract Health?

If you have questions about your eligibility for Siletz, Contract Health Services (CHS), please call your assigned CHS technician. Please call (800) 628-

5720. A technician is assigned to you by your last name. Please refer to the list below to determine who you need to speak with when contacting contract health.

Trish Carey	A-G	X1651
Misty Hammet	H-O	X1329
Joella Strong	P-Z	X1649

Natural Resources

Second Cut Wood For The Elders Day

The Tribal Natural Resources Committee and Natural Resources Department will sponsor the second “Cut Wood For The Elders Day” of the year on **Saturday, July 15th**. The woodcut will be held on the Tribe’s Logsdon Road Property between the Tribal Food Distribution Warehouse and the Tribal Vehicle Storage Yard in Siletz. We need lots of volunteers to help cut, split and deliver firewood for Tribal elders. Bring your chainsaws, hydraulic wood splitters, splitting mauls, axes, and lots of energy. Even if you don’t have any of those we can use the moral support! Lunch, drinks, and snacks will be provided. We will start at **8:00 AM** and go until around **2:00 PM**. The goal of this event will be to deliver firewood to as many elders as possible. The Elders’ Program maintains a list of elders that burn wood for their winter heat. People willing to haul firewood to elders out-

side of the Siletz area, please contact the Elders Program Clerk at 1-800-922-1399 X 1261 or (541) 444-8261 to be paired up with an elder in need. We especially need folks who can haul wood to the Eugene, Salem, and Portland areas. Elders in need of firewood should also contact the Elders Program Clerk to get their name on the delivery list.

The first woodcut held in May was immensely successful. Let’s see if we can repeat that success at this one. If you have parents or grandparents that burn wood in the winter to stay warm, you need to help out at this event! Be sure to mark your calendars for the final woodcut of the year that will be held on September 16th.



2017 Culture Camp Registration Form

JULY 11-13, 2017

Siletz Tribal Community Center & Grounds, Siletz, Oregon

Registrations forms are required for all participants

(forms can be submitted by mail, fax or hand delivery at camp)

This is a day camp only unless you are traveling from the Eugene, Salem, Portland (or other) areas.

If you are traveling from an outside area, camping space is available (campers must provide own equipment). Parent/Guardians are welcome to attend and are responsible for dropping off and picking up children at appropriate times. Children age 10 or younger must be accompanied by an adult. *Some activities require adult assistance.

Name: _____

Age: _____ Roll #: _____

Mailing Address: _____

Telephone #: _____ E-mail _____

Parent/Guardian's Name: _____

Parent/Home #: _____ Work #: _____

Emergency Contact Person: _____

Emergency Phone #: _____

Does participant have any allergies? If so list below: _____

Chaperone's Name: _____ Chaperone's Phone #: _____
(Chaperones must be 18 or older)

Classes will include but are not limited to :

Siletz Basket Weaving	Flint Knapping	Beargrass	braiding
Learn about Pine nuts	Ropes Course		Beadwork
Moccasins craft	Face painting		Headstart
Shell Necklaces	Soapstone Carving		Aquatics
Shawls	Drum Sticks		Drumming &
Singing			
Youth Games	Traditional Foods		Scrapbooking

Other classes may be scheduled

Parent/Guardian's Signature _____

Date _____

Please return registration form to your nearest tribal office or send completed form to Culture Camp, CTSI, P.O. Box 549, Siletz, OR 97380-0549.

Fax 541 444-8392

2017-18 Siletz Tribal Head Start Enrollment Application

CHILD'S NAME _____ Social Security #- _____ - _____

Child's Sex: M F 3. Child's Date of Birth: ____/____/____ AGE

NOW _____ Returning Student: Yes No. Does child have any condition which may be considered a disability or special need? Y/ N Explain: _____
Is child descendent/member of a federally recognized Indian Tribe? Y/ N
Roll # _____ Tribe _____ (Please attach verification).

Are You Homeless? Y/ N Homeless children means individuals who lack a fixed, regular, and adequate nighttime residence; For Example, are living in motels, hotels, trailer parks, or camping grounds due to the lack of alternative adequate accommodations, or are awaiting foster care placement.)

PARENT/GUARDIAN NAME(S):

1. _____ DOB ____/____/____

2. _____ DOB ____/____/____

Street Address: _____ City: _____

Zip Code: _____

Mailing Address: _____

City: _____ Zip Code: _____

Telephone #'s: Home:() Work:()

Bus Pick-up and drop-off address if different from above: _____

A preference for enrollment can be given to families which face any of the following conditions: single parent household, parents separated or divorced, child is a victim of abuse or neglect or child suffers a non-handicapping medical condition, foster child, sibling who attended the program. If your family meets any criteria and you want to claim that preference, please list the qualifying condition(s) here:

LIST ALL OTHER HOUSEHOLD MEMBERS BY NAME and DATE Of Birth :

Total # Household members _____

Please add additional families members to the back of this application

1. _____ 2. _____

3. _____ 4. _____

FINANCIAL STATEMENT (You Must attach verification of these benefits.) Check all that apply:

____ Employed ____ Unemployment—General Assistance—Child Support—TANF - Veteran's Benefits—Social Security—Disability—College Grants/Scholarships—Other, explain

TOTAL GROSS MONTHLY INCOME

\$ _____ (YOU MUST attach verification)

With my signature I certify that the above information is complete and accurate:

Signature: _____ Date: _____

Siletz Tribal Head Start is an equal opportunity program and open to all children regardless of race, color, age, sex, handicap, or national origin. Any person who believes she/he has been discriminated against should write to the Secretary of Agriculture, Washington, DC, 20250.

Published by the
**Confederated Tribes of
 Siletz Indians of Oregon**
Portland Area Office

Portland Area Office
 12790 SE Stark St., Suite 102
 Portland, OR 97230

Phone: (503) 238-1512
Fax: (503)238-2436

Hours:
 Mon—Friday
 8:00 AM—4:30 PM

www.ctis.nsn.us



BEAR SV-GVS



Is Your Newsletter Coming to the Right Address?

We frequently receive new mailing address lists from Enrollment. If you have not updated your new address with enrollment your newsletter could be misdirected. If you or someone you know is not currently receiving their newsletter (we send one per household), please contact Enrollment: (800) 922-1399, X1258 to update your mailing address.

How to Get Your Newsletter Faster and In Color?

All Area Office newsletters are now posted for immediate downloading at our tribal website:

www.ctsi.nsn.us

Any tribal member who would like to be notified when the new issues is posted may contact Andrew Johanson, PAO clerk to be added to the notification email. Then you can download and print a color version with a few clicks of your computer keyboard.



Portland Area Office Staff:

Name/ Title	Contact Information
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