

CONFEDERATED TRIBES OF SILETZ INDIANS

ANNUAL NESIKA ILLAHEE POWWOW

August 9th - 11th, 2019

Pauline Ricks Memorial Pow -Wow Grounds
Government Hill, Siletz, OR



Categories

Golden Age / Adult | \$600, 500, 400, 300, 200

Teen | \$300, \$250, \$200, \$150, \$100

Youth | \$150, \$100, \$75, \$50, \$25

(Teen & Youth Preliminaries Occur Friday Night)

Specials

- Team Dance
- Women's Basket Cap Special (Open)
- Round Bustle (Open)

Thursday, Aug 8th

Royalty Pageant - 6 PM

Friday, Aug 9th

Memorial / Giveaways

Noon to 5 PM

Presentation of Crowns 6 PM

Grand Entry - 7 PM

Saturday, Aug 10th

Parade - 10 AM

Dance competition

Points Awarded for Parade participation

Grand Entry - 1 PM & 7 PM

Sunday, Aug 11th

Grand Entry - 12 PM

Salmon Dinner

Following Grand Entry

All Dancers & Drummers Welcome

(Drummers, please bring your own chairs)

Alcohol & Drug-Free Event | All are welcome to Attend!

Vendor registration is required. Camping fee \$25; \$5 pet fee / per pet (camping area) Camp Grounds open Thursday at 7 AM Drug and Alcohol Free Event For more information call: 800-922-1399 Buddy Lane Ext. 1230

Sponsored by Chinook Winds Casino Resort & Pepsi Bottling Co.

Address: 2468 West 11th Avenue Eugene OR 97402
Telephone: 541-484-4234 Fax: 541-484-4583

The Confederated Tribes of Siletz Indians

The Eugene Area Office Newsletter August 2019

Office hours: Monday through Friday, 8:00 - 4:30
OPEN THROUGH LUNCH HOUR



We are here to help you with your concerns and answer your questions.

However:

Persons under the influence of drugs or alcohol are not permitted on CTSI property or at Tribally sponsored activities.

Physical or verbal abuse, harassment, the use of foul language or intimidation will not be tolerated. Threatening phone calls are reported immediately to supervisors and to the police.

Anyone choosing to exhibit any of the above behaviors may be refused services and, when warranted, will be asked to leave premises.

Thank you for your cooperation...

Tribal Administration



Nuu-wee-ya'
(Our Words)

Introduction into the Athabaskan Language

Open to all Tribal Members of all ages

Location, Dates, times:

NO Language Classes will be held in August

These classes will begin with basic instruction and will progress over the year. It will also be a refresher course for those more advanced students. Come and join other members of your community and Tribe in learning to speak one of our Ancient Languages. For more information call:

Bud Lane at the Siletz Cultural Department

(541) 444-8320 or 800-922-1399 ext. 1320; or email budl@ctsi.nsn.us

EMERGENCY HOUSING ASSISTANCE FUNDING FOR 2019

Entire application must be complete before assistance can be provided. Assistance cannot exceed \$1,500.00 and participants may only access this program once every 3 (three) years. This program serves CTSI tribal members looking to avoid foreclosure, facing eviction and those that are homeless, anywhere in the United States of America. There is no waiting list for this program. Funds will be available once funds are received each fiscal year and will be offered based on a first-come, first-served basis. When funding has been exhausted, applications will no longer be accepted. Applications are available through the Siletz Tribal Housing Department, the CTSI website and all area offices

2019

Low-Income Energy Assistance Program (LIHEAP)

~OPEN~

Crisis/Shut-off/Regular OPENS
Siletz Tribal Members and households

**Please contact Nora Williams-Wood for more information or to make an appointment:
541-484-4234 or 1-800-922-1399 Ext 1750**

Tribal children are in need

Of foster parents for:

Permanent care,

Temporary foster care,

OR Short-term emergency care.

Contact: Debra Brown

Foster Family Coordinator

CTSI – Siletz Indian Child Welfare

541-444-8336

debrab@ctsi.nsn.us

Returnable Bottle Deposit

Are you tired of having to stand and put your bottle and cans into a machine!

You can donate your bottles and cans to the Siletz Youth Tribal Council at the EAO

Contact Nora or Nick @ 541-484-4234



EAO Mini Library

**Available: Native Books to checkout
Come by and check out a book to read**

Need Rental Housing?

The Siletz Tribal Housing Department encourages you to apply for the Low Income Rental Program waiting list in Siletz (1,2,3,4 bedroom) and Lincoln City (2, 3 bedroom) - Neachesna Village).

Applications can be obtained at any Tribal area office (Eugene, Salem, Portland, Siletz) or access on-line from the tribal website, www.ctsi.nsn.us follow links; Tribal Services- Housing-Low Rent Apartments & Home Ownership.

For any questions call
1-800-922-1399 Ext 1322 or (541) 444-8322
FAX (541) 444- 8313

!!MAIL ORDER SERVICE AVAILABLE!!

WE CAN NOW PROVIDE MAIL ORDER SERVICE TO

ALL SILETZ TRIBAL MEMBERS:

LIVING WITHIN THE 11 COUNTY SERVICE AREA

Please note that this service is **not eligible** for the "Auto-Fill" program. ALL "Auto-Fill" prescriptions must be picked up at the pharmacy. THANK YOU PHARMACY STAFF

The Siletz Community Health Clinic will be offering Medication Assistance Treatment (MAT) in Salem, Oregon soon. The clinic is contracting with a local provider, Eric Davis, MSW, BCD, LCSW, QMHP, MAC, CADC III, and JD Health and Wellness, to offer MAT services. MAT services to be provided include: medication treatment (SUBOXONE®/VIVITROL®/Antabuse), mental health counseling, and A&D counseling.

What is MAT: MAT is the use of medications with counseling and behavioral therapies to treat substance use disorders and prevent opioid overdose. MAT is primarily used for the treatment of addiction to opioids such as heroin and prescription pain relievers that contain opiates. (SAMHSA)

Who is eligible for services at the Salem MAT clinic: Siletz tribal members, other Natives, and non-Native with close family ties. Initially, the program is able to accept 25 patients.

When will services be available: June 2019 (tentatively). For more information about the Salem MAT program, contact Delina John, CADC I, @ 541-444-9697.

Chinook Winds Casino Resort
Sign up for an electronic
newsletter: www.chinookwindscasino.com

Do you need assistance working in Oregon's legal marijuana industry?

The 477-Self Sufficiency Program may be able to provide limited support services to help you gain and maintain employment in Oregon's legal marijuana industry. With funding provided by the Siletz Tribal Council, we are able to assist Native Americans (enrolled in a federally recognized tribe or descendant) that reside within the service area, with licensing fees, background checks, testing fees, outdoor work clothing/tools and transportation assistance. For more information on how to access this service, please contact the 477-Self Sufficiency Program located in each of the four area offices.

Notary Public (Free Service)

Call to set up an appointment

Contact: Nora Williams-Wood

Siletz/Eugene AO

541-484-4234 or 1-800-922-1399 Ext. 1750

Please make sure document is completely filled out, except for your signature and what Notary fills out. Current ID required

Lane County Veterans Service Office

Providing services: to Veterans, dependents and their survivors. Providing advocacy and facilitating access to benefits including for Disability compensation, Widows/Survivors Benefits, Non-Service Connected Pensions, Education benefits, and access to VA Medical services.

Address: 165 E 7th Avenue, Suite 200 Eugene Oregon 97404

Telephone: (541) 682-4191

Website: <http://www.lanecounty.org/HSC/veteranservice.htm>

Oregon Telephone Assistance Program

<http://www.puc.state.or.us/PUC/rspf/otapapps.shtml>

You can fill out online or mail application in.

If, you or know someone who receives:
Food Stamps, TANF, SSI or OHP they may be eligible for a reduction on their telephone bill.

Email Reminders

If anyone would like reminders of special meetings, cultural classes or special events, etc. at Eugene Area Office, please contact Nora to be put on email list or email her. (541) 484-4234 or email: noraw@ctsi.nsn.us

SILETZ ELDER NEWS

Use this number to contact the Elders Program, 541-444-8225, be sure to leave your name, phone number and brief message and you will get a call from the Elder staff.

The next Elder's Council Meeting is scheduled for Saturday September 21, 2019 at 1:00 pm and will be held in the Aces Room at the Golf Course. **There will be no Elder's Council Meeting in August.**

The next Introduction to the Athabaskan Language Class will be held September 4, 2019. **No class will be held in August.**

The Annual Nesika Illahee Pow-Wow is August 09-11, 2019. The POWWOW is held at the Pauline Ricks Memorial Pow-Wow Grounds Government Hill, Siletz, OR. Read the flyer in The Eugene Area Office Newsletter July, 2019 for more information.

The Chinook Winds Entertainment for August, 2019 is 90's House Party and the shows are August 9th and 10th at 8:00 pm. Call Chinook Winds Casino Resort Winners Circle to request tickets, 1-888-244-6665. The area office is continuing its noon walking group. The group meets on Tuesdays and Thursdays and walk from 12:15 pm until 12:45 pm.

There will a canning class presented by the Master Food Preservers on August 14th from 1:00 pm until 3:30 pm everything you need, will be provided but yourself. Call Adrienne for more information and to let her know you will be there.

Adrienne will present two classes on healthy eating on a budget the first one is August 15th and the next one is August 22nd.

There is a Wellness Carnival in Siletz at the Siletz Fitness Center on Saturday, August 24, 2019 from 1:00 pm to 4:00 pm. A whole lot of fun for the entire family

There will be a Diabetes Support Class on August 29, 2019. Class will start at 6:00 pm and a light meal will be served. Contact Adrienne Crookes at 541-484-4234 for more information.

Jim Swanson, 541-683-8766

jimswanson38@comcast.net

JOM: Youth News and Notes

Mini Culture Camp

8/2 and 8/13, 3:00-7:00 pm, Eugene Area Office: Bring your own projects or come and use office materials for beading, moccasins, baskets, and more. Light meal provided. See flyer for more details.

Eugene Area Community Hike

August 16, depart Eugene Area Office at 10 am: Come explore Sweet Creek Falls (near Mapleton) on an easy/moderate 1.9 mile hike (round trip). Snacks, drinks, and sack lunch will be provided. Transportation is available, call ahead to sign up.

Portland Zoo

Thursday August 22, depart Eugene Area Office 7:30 am: Join other students for a trip to the Portland Zoo. Lunch, snacks, and admission to the zoo will be provided to both students and chaperones. Transportation is available. Please call ahead to sign up or with any questions.

August Youth Activity Calendar

August 2: Mini Culture Camp, 3:00-7:00 pm

August 13: Mini Culture Camp, 4:30-7:00 pm

August 16: Community Hike, depart EAO 10:00am

August 21: School Supplies Distribution Begins, EAO

August 22: Zoo, depart EAO, 7:30 am

August 28-30: Oregon Shakespeare Festival

Get updates on upcoming events by signing up for the Youth Activities Email List!
Contact: nickv@ctsi.nsn.us

School Supply Distribution

Beginning Wednesday August 21, Eugene Area Office

Siletz and JOM students attending grades K-12 are eligible to receive basic school supplies. Call ahead to set up an appointment or drop in anytime during business hours to pick up supplies. Please plan to allow time to update registration forms.

Extracurricular Opportunities

JOM: JOM offers money to help pay for extracurricular activities, sports fees, and cultural projects for youth aged 3-18 from any federally recognized tribe.

Siletz Tribal Youth Activity Fund: Offers up to \$75 per year to cover fees for costs related to extra-curricular activities, cultural events, or supplies for Siletz youth.

Youth Trip to Oregon Shakespeare Festival



Between Two Knees (2019): Justin Gauthier (Larry). Photo by Thomas Ryan

Meals, Lodging, and Tickets Provided

Ages 12 and over

Depart August 28, Noon

Return August 30

Don't miss a chance to check out the world-premiere production of "Between Two Knees," written by the Native sketch-comedy troop the 1491s. Plus:

- Behind-the-Scenes Tour of the Oregon Shakespeare Festival Production Building
- Q & A with Cast Members
- Tickets to an additional play ("Mother Road")
- Campus Tour at Southern Oregon University
- Please call for more information and to sign up

Higher Ed/AVT: News and Reminders

Higher Ed/AVT Graduation Incentives:

Graduates don't forget to submit a copy of your diploma to be recognized by the tribal incentive program.

- One-year AVT Program-\$100
- Two-year AVT program/AA or AS-\$200
- BA/BS-\$75 plus a Pendleton blanket
- MA-\$300
- PhD-\$300 plus a Pendleton blanket

Adult Education

The Adult Education Program offers Siletz tribal members not already enrolled in a formal education program funding to assist with the cost of GED classes and testing, obtaining or renewing professional licenses, and other employment enhancement classes. There is no application deadline. Call or email for details.

Higher Ed and Adult Vocational Training

The deadline for the 2019-20 school year was June 30. The next application cycle will be for the 2020-2021 school year.

Deadlines for the 2020-2021 School Year:

- Apply for FAFSA: January 31, 2020
- Completed Application: June 30, 2020

Students interested in attending a clock-hour school (i.e. truck-driving or cosmetology school) are still eligible to apply on a case-by-case basis.

Want to finish a project from Culture Camp?

Been meaning to start on a new outfit for pow wow?

Couldn't make it over to culture camp?

Come to:

Mini Culture Camp

at the
Eugene Area Office

FRIDAY AUGUST 2 AND TUESDAY AUGUST 13

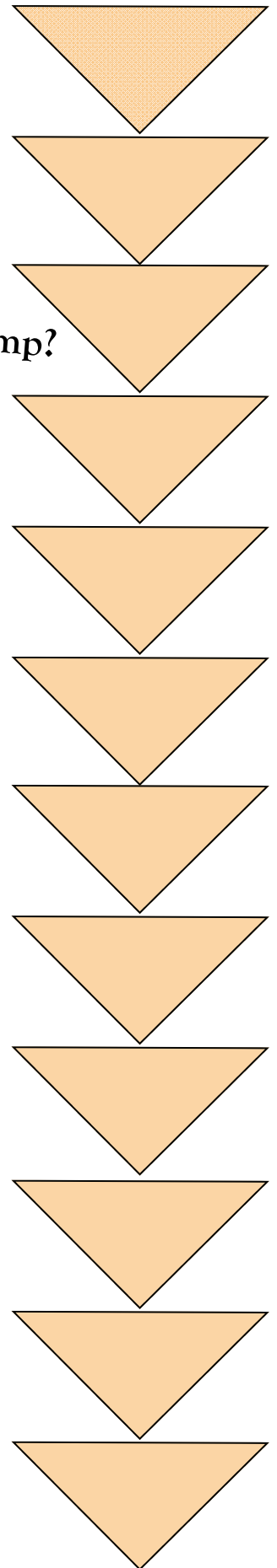
TIME: 3:00-7:00 PM -EUGENE AREA OFFICE

Bring your own unfinished project or come and start new ones. Planned activities include:

- Baskets
- Moccasins
- Bear Grass Weaving
- Beaded Earrings
- Naa-svt Necklaces
- AND MORE

A light meal will be provided

CO-SPONSORED BY JOM, BETHEL TITLE VI INDIAN ED, AND EUGENE AREA OFFICE
FOR MORE INFORMATION CONTACT NICK VILES - 541-484-4234 /NICKV@CTSI.NSN.US



Siletz Tribal Home Visiting

Notice

We are excited to inform you that the home visiting program has moved under the 477-SSP program and will continue to serve Siletz Tribal families. There, however, have been a few minor changes made to the program under the new funding source. The two areas that you will notice changes in are ELIGIBILITY and INCENTIVES.

ELIGIBILITY

The Siletz Tribal Home Visiting program will now be following new eligibility guidelines. To be eligible for the program, families must meet the criteria below:

- Siletz Tribal Head of household or dependent child;
- Family must be considered “at risk” and these factors include:
 - Income below 300% federal poverty level for last 30 days
 - Households that reside in rural locations that have limited employment opportunities
 - First time parent
 - Households with at least one adult without a post-secondary certificate
 - Family experienced trauma, chemical dependency or mental health barriers

Note – Effective January 1, 2019, these guidelines pertain to all newly enrolled families.

INCENTIVES

Effective January 2019, families will no longer receive incentives in the form of gift cards for their participation in the home visiting program. Families will receive incentives in the form of a point system for attending home visits and family activity nights. You then use the points to “buy an item”. This will be evaluated after six months to assure the program can continue sustaining the new incentive system dependent on funding.

If you have any questions contact Jessica Phillips, Program Coordinator.

(541) 484-4234 or Jessicap@ctsi.nsn.us

Siletz Tribal Vocational Rehabilitation Program (STVRP)

STVRP is here to assist members of **ANY** federally recognized Tribe to overcome barriers to employment. We work with individuals who have disabilities and are living within the Confederated Tribes of Siletz Indians 11 county service area.

Examples of Services:

- Guidance and Counseling
- Referral to Services
- Employment Services
- Resume Writing
- Interviewing Techniques
- Job Coaching
- Culturally Relevant Individualized Services
- Evaluations and Assessments
- Training Placement Opportunities
- Adaptive Equipment



For more information about the STVRP, please inquire at 1-800-922-1399. Services are provided in ALL area offices, however, to inquire about services, ask to be transferred to the office nearest you listed below.

EUGENE AREA OFFICE

2468 West 11th
Eugene, OR 97402

SALEM AREA OFFICE

3160 Blossom Dr NE, Ste 105
Salem, OR 97305

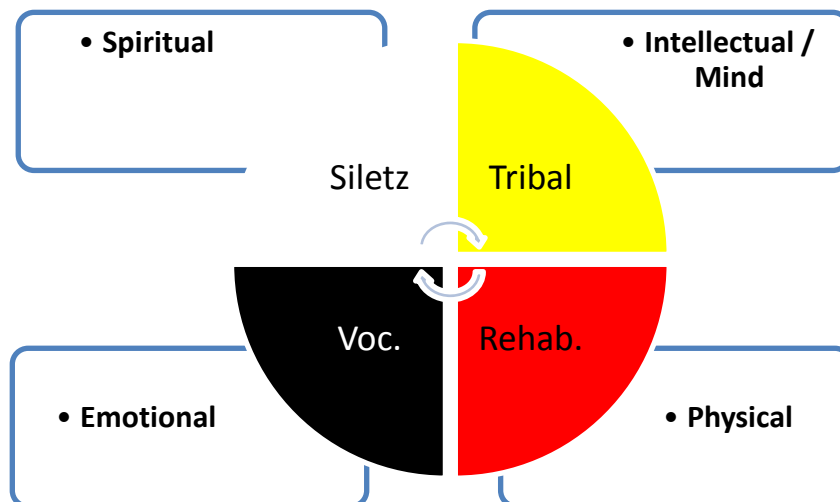
SILETZ ADMIN. OFFICE

201 SE Swan Ave
Siletz, OR 97380

EUGENE – **JERAMIE MARTIN**, Program Director

SALEM - **DANA RODRIGUEZ**, Program Aide; **Toni Leija**, Counselor/Job Developer

SILETZ – **RACHELLE ENDRES**, Counselor/Job Developer



477 Self-Sufficiency Program

Norma Trefren, Intake Specialist/Job Coach x1756

Jenifer Jackson, Tribal Services Specialist x 1755

The Confederated Tribes of Siletz Indians 477 Self-Sufficiency Program offers Work-Experience (WEX), On-the-Job Training (OJT), Classroom Training (CRT) and Direct Placement (DP), General Assistance (GA) and Temporary Assistance for Needy Families (TANF) services to eligible clients. If you are interested in any of the above programs please contact Norma to schedule an appointment at x1756.

“Never Give Up” on something you really want. It’s difficult to wait, but it’s more difficult to Regret...

TSS staff administrative hours

Monday through Friday

8:00am - 9:30am

Phone calls will be passed to their voice mail during this time unless previous arrangements have been made.

Phone Messages:

As a reminder when you leave a phone message please leave your name and number, SSP staff will return your call as soon as they are able, unless you are experiencing an emergency and arrangements can be made to assist you.

Long Distance Calls:

You may now reach SSP staff through the 1-800-922-1399 number, please ask to be transferred to Norma **x1756** or Jen **x1755**

Schedules:

Norma’s hours: M-F 8-4:30pm
Work Experience, Summer Youth Employment, On-the-Job Training, Classroom Training, Direct Placement, Emergency Assistance, TANF Youth Services – All Intakes

Jen’s hours: M-F 8:00-4:30pm
General Assistance and TANF

* Lou Carey x1751 will be available to assist clients with some needs when Jenifer and Norma are out.

Please remember that 477-SSP staff may be out of the office at other times than listed above to meet with employers, complete home visits, client support services, etc... so please call to schedule an appointment.

Clients are required:

To meet with Tribal Services Specialists each month

You will need to call and set up an appointment

WEX/Grant Assistance

Dates to remember in August 2019

Thursday	August 1 st	TANF
Thursday	August 1 st	Per Capita
Friday & Tuesday	August 2 nd & 13 th	EAO Mini Culture Camp
Tuesday	August 5 th	WEX Timesheets Due
Monday	August 5 th	Self-Sufficiency documentation due
Monday	August 5 th	Free Cooking Course 12-2pm
Friday-Sunday	August 9-11 th	Illahee PowWow
Friday	August 9 th	WEX Payday
Tuesday	August 13 th	Time Sheets Due
Thursday	August 16 th	Community Hiking Trip
Thursday	August 15 & 22	Healthy Families Wkshp. 5:30-7:30pm LCC
Wednesday	August 21 st	JOM School Supplies Distribution starts
Thursday	August 22 nd	JOM Portland Zoo Trip
Friday	August 23 rd	WEX Payday
Thursday	August 29 th	Diabetes Support Group 6-8pm

All CRT and childcare timesheets are due a day early the week before a holiday

Services available to eligible enrolled federally recognized tribal members and descendants:

Please contact Norma at 541-484-4234 or 1-800-922-1399 x1756 to discuss programs, eligibility or to schedule appointment

All components are offered on a budgetary basis

Classroom Training (CRT)

CRT services are available for Vocational Training, GED completion, a term of Higher Ed.

Direct Placement

DP is available to any tribal member who has obtained full time employment and applies within seven days of the hire date. Service provides clothing and tools necessary for work.

On-the-Job Training (OJT)

OJT is available to any tribal member seeking employment. It is a reimbursement to an employer for half of a hired employee's wages, up to \$4,500.00 or 6 months, whichever comes first.

Work Experience (WEX)

WEX can be used to obtain current training and skills to be a valued employee. 480 hours paid at minimum wage.



Purchased Referred Care (PRC) (formerly Contract Health Service)

You can get help with your medical bills if you participate in PRC.

PRC can pay your copays and patient responsibility if you follow these easy steps.

- 1) Complete an annual update form and turn into PRC.
- 2) If you do not have any health insurance, you are required to sign up for no cost health care or provide over income verification. You can call our Benefits Coordinator @ 541-444-9611 for assistance.
- 3) You are required to contact PRC within 24 hours of any Dental, Optometry, Medical: office visit, labs, radiology, etc... appointments to get an authorization number.
- 4) Take your insurance cards and your authorization number to your appointments. Each appointment requires a different authorization number.

Should you go to the ER or Urgent Care Clinic?

Call 1-800-628-5720

A gatekeeper will help you 24hours a day!

Did you have an emergency/urgent care clinic?

You have 72 hours to call PRC if you use the ER or an Ambulance.

Are you going to see a specialist?

Have your Doctor fax a request for a specialist & chart notes to the PRC fax number 541-444-9645 by Noon on Tuesdays.

Every Wednesday Gatekeepers meet and will approve or defer all requests.

Denial Letters:

In the last 12 months,

563 medical claims were denied because the appointments were not called in.

Call us, it takes 2 minutes to get an Authorization number.

Did you know you can appeal a denial letter?

Submit a letter to PRC explaining the circumstances and request an appeal.

We can help if you call us ☺

<p>Confederated Tribes of Siletz Indians Purchased Referred Care (PRC) P.O. Box 320, Siletz, OR 97380 541-444-1236 or 1-800-628-5720 Fax 541-444-9645</p>	<p>If you live within 40 miles of Chemawa: Go here for your Primary Care- Chemawa Indian Health Center 3750 Chemawa Rd NE, Salem, OR 97305 1-800-452-7823</p>
<p>If you live within 40 miles of Grand Ronde: Go Here for your primary care- Grand Ronde Health & Wellness Center 9605 Grand Ronde Rd, Grand Ronde, OR 97347 1-800-422-0232</p>	<p>If you live within 40 miles of Siletz: Go here for your primary care- Siletz Community Health Clinic 200 Gwee-Shut Rd, Siletz, OR 97380 1-800-648-0449 541-444-1030</p>



Alternate Healthcare benefits

Alternate Healthcare benefits are available to all enrolled Siletz Tribal members. Dependents and descendants are not eligible for alternate healthcare benefits. We do request that you have completed an individual registration application and are updated with the Siletz Community Health Clinic before obtaining authorization for Alternate healthcare benefits.

The benefits that are available are acupuncture, chiropractic care, and massage therapy. These benefits are available 4 times per year at the beginning of each quarter as long as funding is available. It is on a 1st come 1st serve basis. A tribal member just needs to contact PRC and request which benefit they would like. The patient will then receive a letter that lets them know what they are eligible for, how many visits, and the benefit \$ amount. The letter also provides information that they can give to their provider, so they are aware of the payment process. Each patient is eligible for a maximum of 3 visits up to \$50.00 per visit per day per quarter. Anything over that becomes patient responsibility.

CAREMARK (PEQUOT) PHARMACY CARD & REIMBURSEMENT INFORMATION

Regardless of where you live, your pharmacy benefit is \$500.00 per year. Every January 1st your card renews. Members that live in the 11-County Service Area should have your maintenance medication mailed to you through the Siletz Community Health Clinic (SCHC) pharmacy. Not all medications are in the SCHC formulary, so that is when you would use your pharmacy card at a retail pharmacy such as Walgreens, Fred Meyer, Rite Aid etc.

Members that live outside the 11-County Service Area (Direct Care) are not able to get medication mailed through the Siletz clinic, but are able to get medication directly through Pequot Pharmacy. Any maintenance medication needed by Direct Care patients should be mailed to Pequot directly this will stretch your card dollars.

Patients that have primary pharmacy insurance, such as: Medicaid, Blue Cross Blue Shield, AETNA, Medicare Part D etc . . . and have to pay a co-pay up front to the retail pharmacy, can be reimbursed up to the \$500.00 per year. Members that pay up front for medication, and still have a balance on their pharmacy card, can be reimbursed as well.

To receive a reimbursement you must provide the receipt from the pharmacy, **NOT** the cash register receipt. The receipt must have: **YOUR NAME, DOCTORS NAME, DATE OF SERVICE, MEDICATION NAME, MEDICATION DOSAGE, AMOUNT PAID.** Mail your receipt to Purchased Referred Care, PO Box 320, Siletz, OR 97380.

Your pharmacy card should **NOT** have your social security # on it. If the card has your social security # on it, you need to contact Rhonda Attridge with PRC @ 1-800-628-5720 to get a new card. You will be required to have an updated Individual Registration form on file in order to receive your new card.

Siletz Community Health



Siletz 1-800 Numbers

Siletz Central Office	1-800-922-1399
Siletz Community Health Clinic	1-800-648-0449
Purchased Referred Care	1-800-628-5720
Siletz Behavioral Health	1-800-600-5599

Siletz Community Health Clinic registration forms and Chemawa Indian Health Center applications are available at the Eugene Area Office. If you have questions regarding eligibility for services, you may contact:

Adrienne Crookes
Community Health Advocate
541-484-4234



Oregon Health Plan (OHP) Applications

Available at the Eugene Area Office

You may qualify for the Oregon Health Plan! OHP provides health care coverage to eligible, low income Oregonians. If you would like to apply, you may stop by and pick up an application, or apply online at OregonHealthCare.gov
Telephone 1-800-699-9075

We are here to assist you with any questions that you may have about OHP.

Contact Adrienne Crookes,
Community Health Advocate, at 541-484-4234

Siletz Mail Order Pharmacy

If you need a prescription refill, please call the Siletz Community Health Clinic Pharmacy 7-10 days before you run out of your prescription. This allows the pharmacy time to contact your health care provider, if necessary, and to mail it to you.

Call **1-800-648-0449** and enter **ext 1624**. Follow the voicemail instructions. If you need assistance, you may call Adrienne Crookes, Community Health Advocate at 541-484-4234

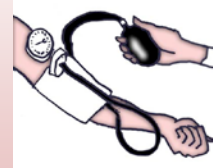
Siletz Community Health

Blood Pressure Screenings



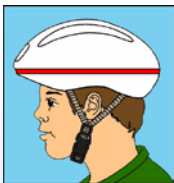
At the Siletz Eugene Area Office

Have you had your blood pressure checked lately? High blood pressure puts you at risk for heart attack, stroke, and other health problems.



Feel free to come in and get it checked.

To make an appointment with Adrienne Crookes, CHA, call 541-484-4234.



Bicycle Helmets

Are available at the Eugene Area Office

Parents, protect your little ones! Siletz household member children who are between the ages of 3-17 are eligible to receive a free helmet. Children who are not the legal dependents are not eligible for this service. Youth are encouraged to take care of their helmet and to return for a new one every other year or earlier if they:

- 1.) Need a larger size
- 2.) Sustain a fall that causes the helmet to hit the ground.

To be fitted for a helmet you may contact Adrienne Crookes, CHA, at 541-484-4234

Attention Tribal Parents and Child Care Givers!

Did you know 3 out of 4 child safety seats are used incorrectly?



If you are unsure if your child's car seat is installed correctly, you may stop by the Siletz office and have it checked by a CTSI Child Passenger Safety Seat Technician.

Free car seats are available to the legal dependents of Siletz tribal members.

To make an appointment with Adrienne Crookes, call 541-484-4234. She will be available to provide information and assist in properly installing your car seat.



free cooking course

where

Confederated Tribes of Siletz
2468 W 11th Ave, Eugene

when

Mondays, July 1st-August 5th

12 pm– 2pm

who

Open to adults

how

Registration is required. Sign up by calling 541-344-0249 x 2 or search Eventbrite to register online.

details

Please plan to attend all 6 classes
Participants get a free take home ingredient bags, spice sample bags, a class handout/recipe book and more!

Cooking Matters: Cooking Healthy Meals on a Budget

Would you like to learn to:

- Make the most of your food budget
- Cook nutritious, delicious food
- Learn recipes from cooks and recreate them with ingredients you take home



Come join us !

Salsa Canning Class



Wednesday, August 14th
From 1:00-3:30 p.m.

At the Siletz Eugene Area Office
2468 W. 11TH Avenue



Would you like to learn to can salsa? Come join us for this hands-on class and learn about the great health benefits of homemade salsa. You can take home a finished jar of salsa.

OSU Extension Master Food Preservers will guide us as we make salsa, using kitchen tested recipes and following proper procedures to can it safely.



This class is free to Siletz tribal members and their families. All supplies are provided. Class size is limited, so call early to sign up!

To RSVP you may contact Adrienne Crookes or Nora Williams-Wood at 541-484-4234.

Healthy Families

& Lifestyles Workshops

Come join us for a Tribally co-sponsored workshop in learning about Healthy Eating Habits & Stress Reduction for Families & Parents.

WHEN: Thursdays, August 15th & 22nd 2019

TIME: 5:30-7:30 pm

LOCATION: Lane Community College

Native American Longhouse (Building 31)

4000 East 30th Ave, Eugene, OR 97405

To RSVP please contact:

→ Adrienne Crookes (Siletz)

(541) 484-4234

→ Shayne Platz (CTCLUSI)

(541) 744-1334

Salmon Dinner &

Childcare Provided

* Space is limited

* RSVP Required



Co-sponsored by CTCLUSI -Family Support and Behavioral Health Services and the Confederated Tribes of Siletz Indians



Presenting the 3rd Annual

Wellness Carnival

FREE ENTRANCE

FREE FOOD

FREE GAMES

Saturday, August 24th 2019

12-4pm

Siletz Fitness Center Outdoor Grounds

- ◆ **Healthy Food & Drinks**
- ◆ **Carnival, Court, and Yard Games**
- ◆ **Craft Table & Talking Circles**
- ◆ **Slip n' Slides and Pony Rides**
- ◆ **A Whole lot of FUN for EVERYONE!**





Diabetes Support Group

Thursday, August 29th

From 6:00–8:00 p.m.

**At the Siletz Tribal Office
2468 West 11th Avenue
Eugene, OR**

Did you know that Native Americans are more than twice as likely to become diabetic than the rest of the U.S. population?

Native Americans are more likely to develop complications from diabetes once they have the disease.

Everyone is welcome! You don't have to be pre-diabetic, or have diabetes to attend. A light, nutritious meal will be provided.

**For more information you may contact
Adrienne Crookes, Community Health Advocate, at 541-484-4234**

FREE PARENTING WORKSHOP IN EUGENE!

FAMILY SUPPORT AND BEHAVIORIAL HEALTH
DEPARTMENT

Free Dinner, Childcare, and Raffle
Items Will Be Provided.



To RSVP Please contact:

Shayne Platz CLUSI Eugene Outreach Office

541-297-3450

Adrienne Crookes Siletz Eugene Area Office

541-484-4234

When: September
2019
(Thursdays)

September 5th
September 12th
September 19th
September 26th
October 3rd

Time:

5:30-7:30pm

Where: Siletz
Outreach Office
2468 W 11th Ave
Eugene OR 97404



Co-sponsored by The CTCLUSI Family Support and
Behavioral Health Department and the
Confederated Tribes of Siletz Indians.



Tobacco as Tradition

Traditional Tobacco is tobacco and/or other plant mixtures grown or harvested and used by

American Indians and Alaska Natives for ceremonial or medicinal purposes.

Traditional tobacco has been used by American Indian nations for centuries as a medicine with cultural and spiritual importance. Many Tribes maintain teachings and stories on the origin of tobacco. These teachings address tobacco in its purest form, today known as the tobacco plant *Nicotiana rustica*, and may include mixtures of other native plants.

One common teaching involves the importance of having good attitudes and thoughts while working with traditional tobacco.

Traditional tobacco is a medicine, which can be used in a prescribed way to promote physical, spiritual, emotional, and community well-being. It may be used as an offering to the Creator or to another person, place, or being. A gift of traditional tobacco is a sign of respect and may be offered when asking for help, guidance, or protection. Traditional tobacco is sometimes used directly for healing in traditional medicine. It may be burned in a fire or smoked in a pipe, yet the smoke is generally not inhaled.

In many teachings, the smoke from burned tobacco has a purpose of carrying thoughts and prayers to the spirit world or to the Creator. When used appropriately, traditional tobacco is not associated with addiction and adverse health impacts.

Here are a few other examples of how tobacco was/is used for traditional purposes:

For our Hunters, traditional tobacco would be used when our people would kill an elk or deer or when we would catch a salmon or trout. Tobacco would be placed at the location or close by so we can communicate with the creator and give our thanks and appreciation “thank you for this elk or salmon as we will use it to feed our family”.



For our Gatherers, traditional tobacco would be used when our people would gather supplies so that we may use them to make our baskets, or gather traditional medicines as we use it to heal. Tobacco would be placed at the location or close by so that we can communicate to the creator and give our thanks and appreciation “thank you creator for these sticks or medicines that we may use them for our baskets or medicines to help us heal”.

Tobacco is a powerful medicine, keep it traditional.



Request Your Siletz Tribal ID Card Today!

If you are unable to make it to the Administration building in Siletz to obtain or replace your Siletz Tribal ID card you are now able to request one at on of the three Area Offices; Eugene, Salem and Portland. They will take your photo and obtain your signature then send it to the Enrollment Department in Siletz. Your Tribal ID will then be mailed by CERTIFIED mail to your address on file or to the Area Office where you made your request.

If you have family that do not live in the 11-county service area or are not able to make it to a Tribal office during work hours, there is a form on the Tribal website under Government Listings > Enrollment and the tab marked "Enrollment Forms." Tribal members can print the form titled "Siletz Tribal Identification (ID) Request" and follow the directions regarding the digital photo specifications, identity verification and signature verification then mail the form to the Enrollment Department.

If you have not updated or replaced your Tribal ID card since April 1, 2016 there is a new format and more information on the card that makes it more acceptable as a form of identification with many more places. The expiration date is 10 years from the issue date. When you update your address, send in your Tribal ID card and we will mail you an updated card with your new address.

Sample of Siletz Tribal ID card using our local school's mascot and some fictitious information.

 <p>Confederated Tribes of Siletz Indians of Oregon Tribal Identification Siletz Tribal Roll: #99999 DOB: 09/01/2006 BQ: 4/4 Issue Date: 3/18/2016 Expiration Date: 3/18/2016 Height: 5' 10" Weight: 150 lbs. <small>Enacted Per Resolution 2016-088 effective 3/18/2016</small></p> <p>Siletz Valley Charter School 245 NW James Frank Ave, Siletz, OR PO Box 123456 Siletz, OR 97380-9999</p>	 <p style="text-align: center;">WARRIORS Siletz Valley Charter School</p> <p style="text-align: center;">Siletz Tribal Hunting & Fishing License Not valid without seasonal License No.</p> <p style="text-align: center;">99999</p> <p style="text-align: center;"><small>If found, return to: CTSI Enrollment PO Box 549 Siletz, OR 97380 (800) 922-1399 ext. 1258</small></p>
<i>Front of ID Card</i>	<i>Back of ID Card</i>

If you need to replace your card with no changes (for example address or name) within the same calendar year it was issued, there is a \$5.00 replacement fee (per Tribal Resolution #2016-087). You can obtain up to one new Tribal ID card per calendar year at no charge. Call the Enrollment Department at (800) 922-1399 ext. 1258 if you have questions about this fee.

We Are All
Related



**2019-2020 Hunting and Fishing Tags
Distribution Schedule**

Type of Tag		Estimated Number Available	Season Dates	Date to Start Tag Issuance	Method of Issuance
Deer	Early Archery	50	8/24-9/22	8/5 at 8:00 AM at Natural Resources Office	First Come First Served*
	General Rifle	375	9/28-11/1**	8/19	First Come First Served
	Antlerless or Spike – Adult	8	10/19-11/1	Lottery applications available 8/5; due 9/6 ; drawing 9/9; tags issued 9/11	Lottery – Open to Elders Only
	Antlerless or Spike – Youth	5	9/28-11/3	Lottery applications available 8/5; due 9/6 ; drawing 9/9; tags issued 9/11	Lottery – Open to Youth Ages 12-17 Only
	Late Archery	50***	11/16-12/8	<i>First Distribution:</i> 10/14 at 8:00 AM at NR Office <i>Second Distribution:</i> 10/28 at 8:00 AM at NR Office (see Note 2 below)	First Come First Served*
Elk	Antlerless - Youth	2	8/1-12/31	Lottery applications available 6/3; due 6/28 ; drawing 7/1; tags issued 7/2	Lottery – Open to Youth Ages 12-17 Only
	Early Archery	25	8/24-9/22	8/5 at 8:00 AM at Natural Resources Office	First Come First Served*
	1 st Season Rifle	25	11/9-11/12	Lottery applications available 9/3; due 9/27 ; drawing 10/7; tags issued 10/8	Lottery
	2 nd Season Rifle	25	11/16-11/22		
	Antlerless	8	Various seasons beginning 1/1/20	Lottery applications available 9/3; due 9/27 ; drawing 10/7; tags issued 12/2	Lottery
	Late Archery Antlerless	56	11/23-12/8	<i>First Distribution:</i> 10/14 at 8:00 AM at NR Office <i>Second Distribution:</i> 10/28 at 8:00 AM at NR Office (see Note 2 below)	First Come First Served*
Salmon	Salmon	200	11/1-12/30 (estimate)	9/3	First Come First Served

* No early calls to “save” an early archery tag for someone. Must physically show up to obtain tag on first day of distribution. May call to have a tag mailed beginning on the second day of distribution.

** Season for Youth ages 12-17 is 9/28 - 11/3 (2 additional days at end of general season)

*** Minus number of tags filled in Deer Early Bow Season

NOTE 1: A Tribal member may obtain only ONE elk tag in their name during the 2019-2020 hunting season (bow, bull and cow tags all count towards the one tag), except as noted below.

NOTE 2: *First Distribution:* For hunters who have not been issued an early season deer archery tag (for deer tags) or any elk tag (for elk tags).

Second Distribution: For any eligible hunter, regardless of what other tags they have received.

Homeless/Low Income HOUSING Eugene/Springfield

Emergency

*weather related, etc.
families & Individuals*

SVDP

Dusk to Dawn

4:30 pm - 7:30 am
541-687-5820

Eagan Warming Centers

from Nov 15 - Mar 31
Various locations
541-689-6747

Eugene Mission

Women w/children, Men, Women
Food, Clothing, Overnight
541-344-3251

Centro Latino Americano

Se Habla Español - SVDP
Asistencia con vivienda rapida
541-687-2667

Womenspace

Women & Women w/children
Domestic Violence Emergency
Crisis Line: 541-485-6513
541-485-8232

Overnight Parking

1st Place Family Center
Various Locations
541-342-7728

Centralized Wait List

Front Door Assessors
does not include Section 8

St. Vincent DePaul

SVDP - 1st Place Family Center
1995 Amazon Pky. Eugene, OR
541-342-7728

SVDP - Lindholm Center
450 Hwy 99 N. Eugene, OR
541-607-0439

SVDP - Veteran Families
2890 Chad Dr. Eugene, OR
541-743-7170

ShelterCare

ShelterCare - Housing Services
969 Hwy 99 N Eugene, OR
541-689-7156

ShelterCare - Shankle
1545 S Brooklyn St. Eugene, OR
541-741-7726

Catholic Community Services
1464 W 6th Ave. Eugene, OR
541-345-3628 x402

Looking Glass Services

(youth ages 24 and under)
941 W 7th Ave. Eugene, OR
541-686-4310

Other Local Options

Community Supported Shelters

Conestoga Huts, Tiny Homes, Safe Spot
1160 Grant St. Eugene, OR
541-683-0836

Homes for Good

Section 8 Housing Assistance
177 Day Island Rd. Eugene, OR
541-682-3755

Opportunity Village

Square One Villages - Tiny Homes
458 Blair Blvd. Eugene, OR
541-606-4455

Springfield Housing Programs

City of Springfield
225 Fifth St. Springfield, OR
541-736-1039

Community Sharing Program of Cottage Grove

1440 Birch Ave. Cottage Grove, OR
541-942-7933

Cornerstone

Community Housing

Affordable Apartment Living
1175 Charnelton St. Eugene, OR
541-683-1751

August 2019

Sun	Mon	Tue	Wed	Thu	Fri	Sat
28	29	30 Time Sheets Due	31	1 Per Capita TANF Check USDA Distribution Siletz 9-3pm	2 Mini Culture Camp EAO 3-7pm USDA Distribution Siletz 9-3pm	3
4	5 477/Self Sufficiency Documents Due USDA Distribution Siletz 9-3pm Free Cooking Course 12-2pm	6 USDA Distribution Siletz 9-3pm	7 USDA Distribution Siletz 9-3pm	8	9 Illahee Pow Wow Siletz OR Pay Day	10 Illahee Pow Wow Siletz OR
11 Illahee Pow Wow Siletz OR	12	13 Time Sheets Due Mini Culture Camp EAO 3-7pm	14 Salsa Canning Class 1-3:30pm	15 Healthy Families WS 5:30-7:30pm @ LCC	16 Community Hike Depart EAO 10am	17
18	19 USDA Distribution Salem 1:30-6:30pm	20 USDA Distribution Salem 9:30-6:30pm	21 USDA Distribution Salem 9:30-6:30pm JOM School Supplies Distribution Begins K-12th Grades	22 Portland Zoo Trip Depart EAO 7:30am USDA Distribution Salem By Appt. ONLY Healthy Families WS 5:30-7:30pm @ LCC	23 Pay Day	24 Wellness Carnival Siletz Fitness Ctr. 12-4pm
25	26	27 Time Sheets Due	28 OR Shakespeare Festival	29 OR Shakespeare Festival Diabetes Support Croup 6-8pm	30 OR Shakespeare Festival	31

**The Confederated Tribes of Siletz Indians
The Eugene Area Office Staff
541-484-4234 1-800-922-1399
Lou Carey, A/O Supervisor x1751
Nick Viles, Education Specialist/JOM x1757
Jessica Phillips, Program Coordinator/THV x1752
Jeramie Martin, Program Director/STVRP x1385
Jenifer Jackson, Tribal Service Specialist/477SSP x1755
Norma Trefren, Intake Specialist/Job Coach/477SSP x1756
Adrienne Crookes, Community Health Advocate x1753
Sherry Addis, Elders Wex
Nora N Williams-Wood, Clerk x1750
Vacant, Elders On-Call Transport**

**You will find that it is necessary to let things go;
Simply for the reason that they are heavy...**

The Confederated Tribes of Siletz Indians
Eugene Area Office
2468 W 11th Avenue
Eugene Oregon 97424