

# Duu Lhlan Wee-ya'

Duu Lhlan Wee-ya', "not many words" or "in so many words," is mailed to Lincoln and Tillamook County Tribal members each month. Information includes youth activities, events, meetings, program updates and more.

**October 2019**



## Public Information Department

P.O. Box 549  
Siletz, OR 97380-0549  
Phone: 541-444-8291  
Fax: 541-444-2307  
E-mail: [pias@ctsi.nsn.us](mailto:pias@ctsi.nsn.us)

### MILITARY SEXUAL TRAUMA SUPPORT GROUP



*Sexual assault is a pervasive problem in the United States, including in the Armed Forces. Public beliefs and attitudes about sexual assault lead to complacency and acceptance of a "rape culture" in the United States where rape is normalized, excused, tolerated and even condoned. This acceptance creates an environment that makes it nearly impossible for sexual assault victims, in both the military and civilian systems, to obtain justice and discourages them from reporting and seeking help.*

**WHEN:** Monday, October 21, 2019

**WHERE:** 107 SE Swan Ave., Siletz OR 97380  
(old clinic lobby)

**TIME:** 5:30-7:00PM

**CONTACT:** Jenifer Metcalf  
541-444-9615 or [jenm@ctsi.nsn.us](mailto:jenm@ctsi.nsn.us)

## DANCE AND DRUM CLASSES

Inviting everyone of all ages, girls, boys, men, and women!

Want to learn how to powwow dance or drum?

**WHEN?** Every Thursday

**WHERE?** At The Siletz Rec

**TIME:** 4:00

For questions contact: Cecillie @ 541-270-6980

### Welcome New CTSI Employees

Darin Rilatos - Insurance Verification Specialist  
Dana Burden - Rodriguez Area Office Clerk-Salem  
Taylor Bennett-Wiens - Medical Assistant  
Jeff Green - On-Call Elders Transporter  
Linh Hang - Head Start Teacher-Salem  
Dianna Edenfield - Area Office Clerk-Portland

**Thank you for joining our team!**

### ARE YOU INTERESTED IN FISH AND OUR CULTURAL FISHERY?

**DO YOU LIKE WORKING OUTDOORS?**

**DO YOU HAVE TIME TO VOLUNTEER?**

The Tribe will begin a new winter steelhead rearing and trapping program at our hatchery property this winter. We have a need for folks who can assist with a range of activities. These include, but are not limited to, checking water flow and egg incubation systems, cleaning rearing troughs, feeding baby fish, running the adult steelhead trap, conducting spawning surveys, maintaining the buildings and grounds, tracking supplies and inventory, and helping with Siletz area winter trout fishing pond and culture camp fishing activities.

If you want to help or would like more info, please call Denise Garrett at 541-444-8227. The volunteer planning meeting will be held Monday, Oct. 14, 2019, at 5:30 p.m. at the Siletz Tribal administration building.

# Halloween At The Rec

Schools out event for Siletz Tribal/ JOM &  
CTSI housing resident youth

No school! What to do?

Join us as we celebrate Halloween!

Games Grab Bags Prizes Snacks Fun

Date: Friday, Oct. 25 2019

Time: 11 a.m.-3 p.m.

Location: Siletz Tribal Recreation Center

# Pumpkin Carving

Siletz Tribal/JOM & Housing Resident Youth

Come get your pumpkin to take home, or carve/decorate it with us!



Date: Thursday  
October 24, 2019



Time:  
11 a.m. - 3 p.m.



Location:  
CTSI recreation center



Pumpkins, carving kits, paint, decorations and snacks provided.

\*Must be 9 and older to use carving tools without chaperone.

\*This event is for Siletz Tribal Youth / JOM eligible youth & CTSI Housing resident youth. Thank you!

## Domestic Violence Awareness Month 2019

**TUES  
DAYS**  
all day

Wear purple every Tuesday in October to show your support for survivors of domestic violence and have a chance to win a prize each week.

wear purple and win

**16 • 23  
& • 30**  
CLINIC SHELL ROOM  
5-7pm

The CARE Program is providing materials and space to make bone aprons. Space is limited, please contact the CARE Program to register: 541-444-9680.

apron making

On October 7-10, the CARE Program will host a Women's Gathering facilitated by Rebecca Martel. Space is limited, please contact Jen Metcalf to register: 541-444-9615.

**7-10**  
LOCATION TBD  
9am-4pm

women's gathering

The CARE Program is honored to host an evening with a couple of strong Siletz community members who will share their stories of survival and resilience. All are welcome.

**24**  
DANCE HOUSE  
6pm

survivor stories



# October 2019



Sun	Mon	Tue	Wed	Thu	Fri	Sat
		1 USDA Distribution - Siletz Dental walk-in day Community Health - Siletz Swim Wear Purple Tuesday	2 USDA Distribution - Siletz CEDARR Trauma Support Group Youth Game Night	3 USDA Distribution - Siletz Pow-Wow Dance Class Youth Group/Native STAND Blood Drive 	4 USDA Distribution - Siletz	5
6	7 USDA Distribution - Siletz Language Class - Siletz Culture Craft Night	8 Community Health - Siletz Swim Wear Purple Tuesday	9 Trauma Support Group Youth Game Night	10 Pow-Wow Dance Class	11	12
		<b>W o m e n ' s G a t h e r i n g</b>				
13	14 Natural Resources meeting	15 Community Health - Siletz Swim Dental walk-in day Wear Purple Tuesday	16 Trauma Support Group Youth Game Night Bone Apron Class	17 Pow-Wow Dance Class Youth Group/Native STAND ICW Community Dinner	18	19
20	21 Military Trauma Support Group	22 Community Health - Siletz Swim Wear Purple Tuesday	23 Trauma Support Group Youth Game Night Bone Apron Class	24 Pow-Wow Dance Class Wellness Luncheon Pumpkin carving activity Siletz JOM/Housing Youth CARE Survivor Stories	25 Halloween at the Rec Center Siletz JOM/Housing Youth	26
27	28	29 Community Health - Siletz Swim Dental walk-in day Wear Purple Tuesday	30 Trauma Support Group Youth Game Night Bone Apron Class	31 Optometry Walk-In Day 		

# Get HYPED for Youth Conference

Nov. 9-12, 2019

Siletz Tribal Youth Conference is back for an annual three day youth camp. Middle and high school youth are invited to attend for an opportunity to gain peer support and learn about culture, education and living positively. The conference will once again be up in Lincoln City at B'nai B'rith camp.

Last year we had cultural crafts, a basketball tournament, a talent show, and motivational speaker Arnold Thomas, who spoke about mental health and suicide prevention. This year in addition to our regular activities and guest speaker, we will offer health and wellness workshops. In all, the youth conference is an awesome gathering to learn and grow together as a tribe.

Applications will be sent out by mail in early October. Contact your area office education specialist for more information. You can also reach out to the prevention team at Siletz Clinic.

Parents please sign your kids up by the deadline of Oct. 18, 2019.

*Memories from 2018*



Duu Lhlan Wee-ya'  
P.O. Box 549  
Siletz, OR 97380-0549

**PRESORTED  
FIRST CLASS  
U.S. POSTAGE PAID  
SILETZ, OR  
PERMIT NO. 2**