



Underscore.news: Deadline to spend COVID-19 funds has Oregon Tribes on edge

Relief money provided by the CARES Act must be spent by Dec. 30. With Congress fighting over additional stimulus, Oregon Tribal governments are left wondering how they'll provide services next year.

By Brian Bull, Underscore.news; originally published Dec. 9, 2020

While many people are waiting anxiously for 2020 – a year rife with disasters and vitriol – to finally end, Oregon's Tribal governments are anxious about what will happen to COVID-19 relief funds when 2021 arrives.

In response to the COVID-19 pandemic, the U.S. Department of the Treasury has allocated \$200 million in direct payments to Oregon Tribal governments this year. That money came with conditions, one of the most pressing being that it must be spent by year's end.

With just weeks left before the Dec. 30 deadline, Tribes are facing a dilemma. Should they hold onto their COVID-19 relief money to fund services after the new year and hope Congress grants an extension? Or should they spend the money now, as the law requires, and risk not being able to fund services in 2021?

"Hopefully the date is going to be extended," says Stephanie Watkins, acting CEO and director of human services for the Confederated Tribes of Coos, Lower Umpqua and Siuslaw Indians. The small Tribe received \$11 million from the federal CARES Act of 2020 this year.

"We're conservative in our spending right now too, just because we don't know what the future's going to hold," Watkins said. "We're definitely conservative in our reopening protocols and procedures, and we'll maintain that until it's determined that our communities are safe."

"Conservative" is a reoccurring word for Oregon's Tribes, as officials describe how they've approached a pandemic that has killed more than 286,000 Americans, including more than 1,000 in the state. Many Tribal offices have limited services, and casinos – a primary economic generator and employer – were shut down at the onset of the pandemic.

The \$2.2 trillion CARES Act that passed in March has funded testing and distance-learning programs that help limit the transmission of COVID-19. It's also

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History again! Haaland tapped to lead Interior Department in Biden's Cabinet

N.M. Democrat poised to become first American Indian to lead a Cabinet agency after being nominated by Joe Biden

By Aliyah Chavez, Indian Country Today; originally published Dec. 17, 2020

President-elect Joe Biden has chosen Rep. Deb Haaland to lead the U.S. Interior Department, according to the Washington Post. If confirmed by the Senate, the New Mexico Democrat would make history as the first American Indian to serve as a Cabinet secretary.

Haaland, who is from the Pueblos of Laguna and Jemez, became one of the first two Native women elected to Congress in 2018.

She was selected for the Interior post over former Deputy Interior Secretary Michael Connor, Taos Pueblo, and two U.S. senators from New Mexico: Tom Udall, who is retiring, and Martin Heinrich. Gov.

Michelle Lujan Grisham of New Mexico was offered the job but turned it down, according to The Hill.

The Interior Department, which employs 70,000 people, is tasked with protecting the nation's natural resources

and honoring the government's federal trust responsibilities. The agency manages America's vast public lands and coastal waters while overseeing prominent departments such as the Bureau of Indian Affairs and the Bureau of Indian Education.

Haaland's nomination has been backed by many Indigenous leaders, advocates and allies for weeks.

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Courtesy photo by Aliyah Chavez, ICT Rep. Deb Haaland

Community Meeting Schedule

The Community Meetings held annually by the Tribal Planning Department are scheduled for:

- Jan. 13, 2021 – Eugene
- Jan. 21, 2021 – Siletz
- Feb. 11, 2021 – Salem
- Feb. 25, 2021 – Portland

The Community Meetings this year will be via ZOOM and each will still focus on the scheduled area noted. Information to connect with each Zoom meeting and the meeting agenda will be posted online and also available at your area office.

Planning will present the outcome of the Tribal survey.

2019 Indian gaming revenue of \$34.6B sets industry record, shows 2.5% increase

WASHINGTON – Chairman E. Sequoyah Simermyer and Vice Chair Kathryn Isom-Clause of the National Indian Gaming Commission announced the fiscal year 2019 (FY19) gross gaming revenue (GGR) for the Indian gaming industry on Dec. 8.

Revenue for FY19 totaled \$34.6 billion, an increase of 2.5% over 2018. In the 32 years since the federal Indian Gaming Regulatory Act was enacted, 2019 marked the Indian gaming industry's highest revenue report.

During FY19, nearly every NIGC region experienced growth. The Oklahoma City region saw the largest increase of 7.7%.

"Healthy Tribal economies are important to promoting the Tribal self-sufficiency envisioned in the Indian Gaming Regulatory Act. The growth reflected in the 2019 gaming revenue demonstrates the strength of Tribal economies in recent years. The Indian gaming industry is a

vital component to many Tribal economies across the country," said Simermyer.

The reporting period for FY19 ended before the COVID-19 pandemic forced the temporary closure of every Tribal gaming operation. Although the full effect of the pandemic is yet to be realized, many Indian gaming operations remain closed or operate at reduced capacity.

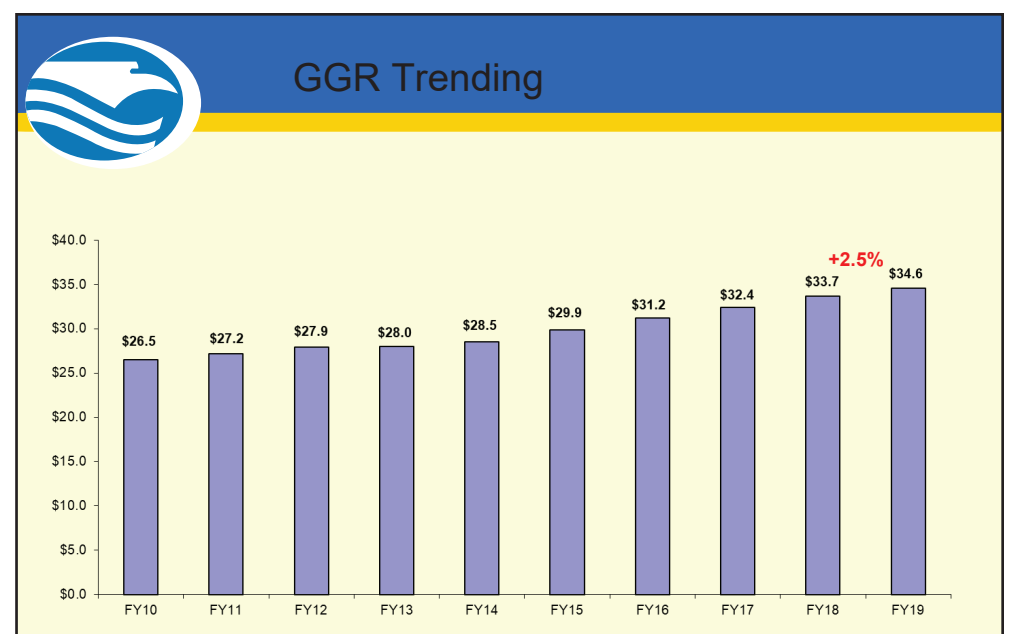
Some Indian gaming operations have been closed since March 2020. The pandemic's impact on the Indian gaming industry will be reflected in the fiscal year 2020 GGR report.

"It is important to recognize the pandemic's impact on Tribes," said Simermyer. "Tribes' dedication to a safe and sustainable Indian gaming industry is demonstrated in the preventative measures Tribes continue to take during the challenging economic times brought on by the pandemic. This same dedication has fostered a successful and responsibly regulated Indian gaming industry over several decades."

Isom-Clause added that, "While we welcome this positive report from FY2019, we know that the current reality is dramatically different. Future reports will reflect the effects of the pandemic on

the industry, as well as how it continues to adapt to changing circumstances. Despite these current hardships, Indian gaming,

See Gaming on page 9



As the New Year arrives, we will look back on the difficult year we all have experienced and are still experiencing today. We will sadly miss all the Tribal members we have lost but remember all the fun and memorable times of the past.

Many of you have been shut in trying to stay safe from the COVID-19 virus; it does make the days seem very long. Hopefully we will be able to enjoy each other's company once again in the coming year with pow-wows, Run to the Rogue and other Tribal events and gatherings.

The good news is that the Tribe has received its first shipment of the COVID-19 vaccines. Our clinic staff will be the first to receive the vaccinations; our Tribal elders will be the next group. We are lucky to have received the vaccine along with the State of Oregon. The order and way the vaccine will be given will be determined by the Siletz Clinic.

As of this writing there is legislation pending that will assist with the increased costs experienced by everyone as we try to get through the pandemic.

The Tribal Council and staff have worked very hard to address the needs of the membership. Many of our staff have worked long hours in their regular jobs and other job assignments. I am grateful to them for their commitment.

The Tribal Council continues to hold all council and workshop meetings virtually. I expect this will continue into the New Year.

May you all have a Happy and safe New Year!



Delores Pigsley

Harjo receives appointment to third term as U.S. poet laureate

Librarian of Congress Carla Hayden has announced the appointment of U.S. Poet Laureate Joy Harjo to a third term, making Harjo the second laureate to receive this extension since terms for the position were established in 1943.

Harjo's third term, to begin in September 2021, will offer her the opportunity to complete projects and programs with timelines that continue to be affected by the COVID-19 pandemic, including her signature project that was launched in November in celebration of Native American Heritage Month.

"Throughout the pandemic, Joy Harjo has shown how poetry can help steady us and nurture us. I am thankful she is willing to continue this work on behalf of the country," said Hayden. "A third term will give Joy the opportunity to develop and extend her signature project."

For her third term, Harjo will focus on her signature project, *Living Nations, Living Words*, available at loc.gov/programs/poetry-and-literature/poet-laureate/poet-laureate-projects/living-nations-living-words/.

This digital project features an interactive ArcGIS Story Map, developed with the library's Geography and Map Division, which maps 47 contemporary Native American poets across the country – including Harjo, Louise Erdrich, Natalie Diaz, Ray Young Bear, Craig Santos Perez, Sherwin Bitsui and Layli Long Soldier.

The map connects to a new online audio collection developed by Harjo and housed in the library's American Folklife Center, which features the participating poets reading and discussing an original poem. Each chose their poems based on the theme of place and displacement, and with four focal points in mind: visibility, persistence, resistance and acknowledgment.

"This has been a challenging year for the country, for our earth. Poetry has provided doorways for joy, grief and understanding in the midst of turmoil and pandemic," Harjo said. "I welcome the opportunity of a third term to activate my project and visit communities to share Native poetry. The story of America begins with Native presence, thoughts and words. Poetry is made of word threads that weave and connect us."

During her laureateship, which began in June 2019, Harjo opened her term as the nation's first American Indian poet laureate with a poetry reading and concert in the library's Coolidge Auditorium accompanied by a three-piece band. Her first-term closing event was canceled after the pandemic forced the closure of the library's public buildings, and she started her second term in September 2020.

Harjo has adapted to the virtual world by participating in programs such as the 2020 Library of Congress National Book Festival – in a video recorded especially for the event and by appearing in the festival's accompanying broadcast special on PBS – as well as in *The Poetry of Home*,

a virtual series developed with *The Washington Post*.

About Joy Harjo

Joy Harjo was born in Tulsa, Okla., on May 9, 1951, and is the author of nine books of poetry, including her most recent collection, *An American Sunrise*, as well as *Conflict Resolution for Holy Beings*; *The Woman Who Fell From the Sky*, which received the Oklahoma Book Arts Award; and *In Mad Love and War*, which received an American Book Award and the Delmore Schwartz Memorial Award.

Harjo has also written a memoir, *Crazy Brave*, which won the 2013 PEN Center USA literary prize for creative nonfiction, as well as a children's book, *The Good Luck Cat*, and a young adult book, *For a Girl Becoming*.

Siletz News is free to enrolled Siletz Tribal members. For all others, a \$12 annual subscription fee applies. Please make checks payable to CTSI and mail to Siletz News.

Name: _____

Address: _____

Phone: _____

Change of address: Tribal members – contact the Enrollment Department at 541-444-8258; 800-922-1399, ext. 1258; or enrollment@ctsi.nsn.us. All others – call the newspaper office.

Send information to:

Siletz News
P.O. Box 549
Siletz, OR 97380-0549
541-444-8291 or
800-922-1399, ext. 1291
Fax: 541-444-2307
Email: pias@ctsi.nsn.us

Deadline for the February issue is Jan. 11.

Submission of articles and photos is encouraged.

Please see the Passages Policy on page 20 when submitting items for Passages.



Member of the Native American Journalists Association

COLLEGE HORIZONS

We're Going Remote in 2021!

Online Application Available Soon - Visit www.collegehorizons.org/apply

2021

WORKSHOPS

Pre-College Workshop for American Indian, Alaska Native, & Native Hawaiian High School Students

College Horizons 2021 is a **FREE**, remote "crash course" in preparing for the college application process. Students learn about a variety of colleges and universities and establish personal relationships with college admission representatives as well as college counselors. Approximately 200 students from across the nation will work remotely with over 70 college professionals to:

- How to navigate college admission process during COVID-19
- How to apply for financial aid and complete FAFSA
- Select 10 suitable colleges to apply to
- Write memorable essays and create a resume
- Complete winning applications using the Common Application
- Receive ACT/SAT test taking strategies and resources
- Navigate the financial aid and scholarship process
- Attend a remote college fair with over 50 colleges

2021 College Horizons:
Remote Program*
(Dates TBA)

*200 students will still be served through our remote programming.

Our program alumni also gain access to unique opportunities, including:

- Eligibility to apply to an all-expenses paid College Horizons Scholars summer bridge program, which helps prepare first-year students transition from high school to college
- Eligibility to apply to the Davis Scholarship for New Mexico students (restrictions apply)
- Scholarship & Fly-In opportunities to select partner colleges/universities

Apply: Visit www.collegehorizons.org/apply for instructions on how to apply.
Deadline: To be announced.
Eligibility: Applicants must be American Indian (enrolled), Alaska Native (proof of status) or Native Hawaiian (proof of heritage); maintain a 3.00 GPA, and be in 10th or 11th grade in high school.
Cost of Program: There will be no cost or tuition fees for the 2021 remote program.

COLLEGE HORIZONS

PO Box 1262 | Pena Blanca, NM 87041 | 505.401.3854 | info@collegehorizons.org | www.collegehorizons.org

2021 Virtual Tribal Council Candidates Fair

The Tribal Election Board will host the 2021 Tribal Council Candidates Fair virtually due to the ongoing COVID-19 pandemic. It's our objective to protect the health and safety of the Tribal membership and candidates while also encouraging participation in the election process.

Date: Jan. 9, 2021

Time: 9 a.m. – Noon

Location: Zoom

Question Deadline: Jan. 6, 2021

The Candidates Fair will be held on the Zoom platform. For access to the meeting link and access code, email Elections@ctsi.nsn.us. Please include your name and roll number in the email. The meeting link and access code will be distributed on Jan. 8, 2021, by 5 p.m.

Election rules approved by the Siletz Tribal Council (2020-345) state that the Election Board will not accept live questions from attendees. **If you have questions**

for the candidates to be read by the moderator, please email the Election Board by the end of business on Jan. 6, 2021. Questions received after this date will not be considered or asked of the candidates. A recording of the fair will be available on the CTSI Tribal Member section of the website on Jan. 10 – Feb. 6, 2021.

Voter registration

If you are not registered to vote in Siletz Tribal elections or need to update your signature card, please contact the Election Board as soon as possible by emailing Elections@ctsi.nsn.us or by calling 800-922-1399, ext. 1256, or 541-444-8256.

Election deadlines

9 a.m. – Noon	Jan. 9, 2021	Candidates Fair – Zoom (email for link and access code)
4 p.m.	Jan. 29, 2021	Deadline to request a mail-in ballot
10 a.m. – 4 p.m.	Feb. 6, 2021	In-person voting – Tribal election, Tribal Community Center, Siletz
4 p.m.	Feb. 6, 2021	Deadline for returning absentee ballots

Elders Council Meeting

The Elders Council will hold a virtual Zoom meeting on Saturday, Jan. 16, 2021, at 1 p.m. If you are interested in participating in the virtual meeting from your phone, computer or smart phone, please contact Brian Crump in the Elders Program at 541-444-8233 by Dec. 9, 2020.

USDA distribution dates, recipe for January

	Siletz	
Monday	Jan. 4	9 a.m. – 3 p.m.
Tuesday	Jan. 5	9 a.m. – 3 p.m.
Wednesday	Jan. 6	9 a.m. – 3 p.m.
Thursday	Jan. 7	9 a.m. – 3 p.m.
Friday	Jan. 8	9 a.m. – 3 p.m.

	Salem	
Tuesday	Jan. 19	1:30 – 6:30 p.m.
Wednesday	Jan. 20	9 a.m. – 6:30 p.m.
Thursday	Jan. 21	9 a.m. – 6:30 p.m.
Friday	Jan. 22	By appt only

Cracker Candy with Toasted Peanuts and Dried Cherries

- 35 crackers*
- 1 cup peanuts*
- 1 cup dried cherries, chopped*
- 1 cup butter*
- 1 cup packed brown sugar
- 2 cups chocolate chips

1. Preheat oven to 350 F Line a 15x10x1 baking pan with foil; grease foil. Arrange crackers in a single layer on foil.
2. Place peanuts in a pan over medium heat. Stir constantly and sprinkle with kosher salt. Stir until toasted.

3. Chop the cherries and add to the peanuts.
4. In a heavy saucepan, melt butter over medium heat. Stir in brown sugar. Bring to a boil, cook and stir 3-4 minutes or until sugar is dissolved. Spread evenly over crackers.
5. Bake 8-10 minutes or until bubbly. Immediately sprinkle with chocolate chips. Allow chips to soften for a few minutes, then spread over the top. Sprinkle the peanut and cherry mixture on the top. Cool slightly.
6. Refrigerate uncovered 1 hour or until set. Break into pieces. Store in an airtight container.

** Food available in food package

LIKE us on Facebook at Siletz Tribal FDPIR. We would like to see more people sharing their recipes on our FB page.



Joyce Retherford, FDP Director
541-444-8393/joycer@ctsi.nsn.us

Sammy Hall, Warehouseman/Clerk
541-444-8279/sammyh@ctsi.nsn.us

FAX: 541-444-8306 or 503-391-4296

CTSI Virtual College Info Night

Featuring Info on: Tribal Programs for Students

**THURSDAY,
JANUARY 14
6:00 PM**

online
via
zoom

GET INFO ABOUT:

- ◆ Tribal Grants and Scholarships
- ◆ Important Deadlines
- ◆ Financial Aid/FAFSA
- ◆ Other Tribal Programs for Students

All Students and Families Welcome

Contact katyh@ctsi.nsn.us to sign up
and for login information

For more information about the Siletz Tribe, visit ctsi.nsn.us.

Nesika Illahee Pow-Wow

Attention Siletz Tribal Artists

The Pow-Wow Committee is once again having a logo contest for the upcoming pow-wow in August 2021. All Siletz Tribal artists are encouraged to submit a pow-wow-themed logo.

The winning logo artist will receive a cash prize of \$300 and a professional banner with your logo. The winning artist will have their logo highlighted on Nesika Illahee Pow-Wow flyers and merchandise.

Please submit your artwork to the cultural education director's office at the Tribal Community Center or mail it to Confederated Tribes of Siletz Indians, Attn: Pow-Wow Logo Contest, P.O. Box 549, Siletz, OR 97380-0549.

All entries must be received no later than March 1, 2021.

Royalty Crown Proposals

The Pow-Wow Committee is now accepting proposals for 2021-2022 royalty crowns. Proposals are being accepted for Miss Siletz, Junior Miss Siletz and Little Miss Siletz.

Proposals for a crown are required to include art design, size of the crown and a bid for the crown or crowns of your interest. Proposals can be submitted for individual crowns, two crowns or you can submit a bid for all three crowns.

Crown proposals must be turned in to the committee no later than March 1, 2021.

Proposals can be sent to Siletz Pow-Wow Committee, P.O. Box 549, Siletz, OR 97380-0549.

If you have any questions, contact Buddy Lane at 800-922-1399, ext. 1230, or 541-444-8230.

DePoe, Google help provide online access to homes in Washington town



Courtesy photo

Suzanne DePoe

Suzanne DePoe, Tribal member and a test engineer for Google Inc. who is on the Google American Indian Network Leadership Council, provided a grant to the Goldendale School District for Viasat.com Satellite Service, which gives WiFi and Internet access to each home.

This community is located on the Tribal lands of the Yakama Nation just north of Goldendale, Wash. All 19 homes are connected and are now using the much-needed access to online video conferencing for distance learning.

In addition to the grant to provide Internet access, Google Inc provided a second grant to the Goldendale School District to assist its food program.

Great thanks go out to the Goldendale School District for accepting these grants for its students and community.

CTSI Jobs

Tribal employment information is available at ctsi.nsn.us.

Note: "Open Until Filled" vacancies may close at any time. The Tribe's Indian Preference policy will apply. Tribal government will not discriminate in selection because of race, creed, age, sex, color, national origin, physical handicap, marital status, politics, membership or non-membership in an employee organization.

CTSI constantly is looking for temporary employees to cover vacancy, vacations, maternity leave and extended sick leave. If you are looking for temporary work that can last from 2-12 weeks, please submit an application for the temp pool.

Tenas Illahee Childcare Center Board of Directors Vacancies

Résumés are being accepted for the Tenas Illahee Childcare Center Board of Directors. Currently, there are two vacant board positions.

If interested, please submit your résumé to Siletz Tribal Council, c/o Executive Secretary, P.O. Box 549, Siletz, OR 97380-0549. Vacancies are open until filled.

For more information about the Siletz Tribal Arts and Heritage Society, visit siletzartsheritage.org.

Can nutrition really help my mood? Home science experiment might tell you

By Nancy Ludwig, MS, RDN, LD, Head Start Consulting Nutritionist

In my role as consultant nutritionist to Siletz Tribal Head Start, I offer information for families. Today's topic addresses natural ways to support or calm our nervous systems, and therefore our moods.

In these stressful times, resilience and having tools to feel calm is critical. Nutrition can support our ability to handle stress and avoid depression. Likewise, poor food choices can increase anxiety and depression. Of course, other interventions may also be necessary when anxiety and depression are high.

First of all, the balance of our food combinations can influence our mood dramatically.

Do you find that you feel sluggish after some meals and alert after others? The protein, fat and carbohydrate composition of your meals affects your alertness and calmness. Furthermore, it can stabilize your moods or cause swings based on how well carbohydrates and sugar are managed.

Understanding how to enhance mood and performance based on food choices can be powerful. Usually meals with protein and non-starchy vegetables support alertness. Meals high in starch tend to slow us down. Keep in mind that starch and sugar are both carbohydrates, but sugar is not a true supportive friend for the nervous system and a stable mood.

A fun activity for exploration with your children is to play with breakfast composition to see how your mood, function and stability change. Write down what you ate and then over the next 4-5 hours, record how you feel and function.

For example, how long did you stay full or how quickly did you get hungry again? How alert was your attention or focus? How did you feel and how was your mood? Did your mood shift quickly

from happy to grumpy or did it stay about the same?

Compare your experience with others in your family, perhaps during family dinner. Finding the ideal food combinations may help with focus and family harmony when facing remote schooling. If you dare, try the home experiment described below.

Home science experiment (With parental supervision and approval)

1. Choose a menu (samples below) and eat breakfast. List what you ate and how much.
2. On a sheet of paper or in a notebook, record the time and describe how you feel.
3. One hour later, describe your mood and attention or anything else you noticed during the hour.
4. Repeat step 3 each hour until lunchtime.
5. Just before eating lunch, record the time and how you feel plus what you crave for lunch. If you need or eat a snack before lunch, record it as well. If you drink beverages make sure to include that information – especially if caffeinated.
6. The next morning, try another menu and repeat all above steps.
7. At the end of your three-day experience, think about which menu felt best for you. Was school easier with one menu? Compare your experience with other family members.

Sample menus (suggestions only)

- A. Sweet foods that are low in protein and fiber, such as pancakes with syrup and orange juice, or cold cereal with milk and orange juice
- B. Eggs with cheese and/or breakfast meat and a small glass of milk
- C. Your choice – it might be oatmeal (instant, rolled or steel cut) with toppings, such as dried fruit, walnuts and cinnamon. Small glass of milk. Do you need brown sugar?

Food allergies and intolerances also play a role affecting mood, not usually in a positive way. Often times we crave the very foods that are bad for us.

This is clearly seen in autism. Frequently, the only foods consumed are the very foods that do not support recovery. Gluten and casein are often problems for autistic children (and for non-autistic folks as well).

Gluten is found in wheat, rye and barley grains and the foods made with them. Casein is a protein in milk and dairy products.

Most of us know that turkey can make us feel tired due to its high proportion of tryptophan. This amino acid, as well as other amino acids, and essential fatty acids can make a difference in some of the most common mood imbalances, such as depression, anxiety, lack of focus, chronic stress, etc.

Protein foods supply amino acids to support growth and repair, and the materials to help regulate mood. Fish oils are an important source of essential fatty acids that can stabilize mood when consumed at adequate levels.

Sometimes amino acids and essential fatty acids are taken in the form of supplements. Tryptophan and GABA can be calming amino acids. Fish oil contains Omega-3 essential fatty acids.

Oats are a calming food and an herbal medicine. Not only are oats consumed as food, but when the grain is at the milky stage it can be tinctured and used as a medicine to support the nervous system.

Many additional herbs support and nourish the nervous system. Commonly used herbs include chamomile (tea) and lavender (can also be made into tea and added to foods).

Mood supporting guidelines

The four top good-mood foods (from *The Mood Cure* by Julia Ross):

1. Protein (amino acids from fish, poul-

try, eggs, beef, lamb, pork, venison, buffalo, dairy, nuts and legumes)

2. Fats (omega-3 fats, coconut oil, olive oil); I would add sunflower and avocado oils.
3. Vegetables (colorful, energizing and calming – 4-5 cups per day!)
4. Good quality carbs (fruits, vegetables, legumes and grains)

Other tips

1. Eat regularly.
2. Eat enough but not too much.
3. Eat according to your genetic heritage (culturally appropriate, preventative regarding family tendencies).
4. Eat organic and range-fed whenever possible.
5. Eat nutrient-dense foods (in the context of how nature provided them).
6. Eat whole foods (rather than processed and packaged).
7. Avoid foods you may be sensitive to (or make you feel poorly after eating them, while remembering that reactions can be delayed).
8. Be aware of food cravings/addictions (because these might be problem foods).
9. Pay attention to blood sugar swings (and limit or avoid sugar).
10. Enjoy calming foods and herbs when needed, such as oats, chamomile or lavender.
11. Include cultured foods/probiotics.
12. Ask for help – especially if you wonder whether supplements or additional intervention is needed.

Siletz Tribal Head Start offers nutritional support at no cost to Head Start families. This usually occurs over the telephone. If you have nutrition concerns about your Head Start child or want to discuss family nutrition concerns, please contact your teacher or the director and ask to speak to the nutritionist.

Photo Entries Accepted Through February 1st



Photo Contest

Practice Your Traditions!

Hunting and Fishing Photo Competition

Healthy Traditions is dedicated to promoting traditional foods culture and is inviting tribal families to submit photos that we can use to promote hunting and fishing. Photos can be submitted from any year, including historical photos.

Photo submissions must include:

- Name
- Mailing Address
- Phone number
- Names of people in photo
- Optional: Description of photo, location of where and when photo was taken

First Place prize will include a \$100 gift card to Cabela's. The Natural Resources Committee will assist with judging photos. By submitting a photo to the competition, you are giving permission for Healthy Traditions to use the photo for promotion purposes. Send submissions to KathyK@ctsi.nsn.us by February 1st, 2021.

Thank you for passing on our food traditions to the next generation!

Healthy Traditions outdoor activities and gardening space would not be successful without the many other CTSI programs that allow some of their staff to assist with the coordination, and the physical work of maintaining land, and resources.

Thank you to the CTSI Public Works, Natural Resources, Diabetes/Fitness, Community Health, and Behavioral Health programs!

Have a blessed and safe Winter Solstice!

**Kathy Kentta
Project Coordinator
Healthy Traditions**

**Office: 541.444.9627
Work Cell: 541.272.1705
Email: kathyk@ctsi.nsn.us**



Siletz Community

Siletz Harm Reduction Needle Exchange Program

1 Identify Opioid Overdose and Check for Response

Ask person if he or she is okay and shout name.

Shake shoulders and firmly rub the middle of their chest.

Check for signs of opioid overdose:

- Will not wake up or respond to your voice or touch
 - Breathing is very slow, irregular, or has stopped
 - Center part of their eye is very small, sometimes called "pinpoint pupils"
- Lay the person on their back to receive a dose of NARCAN Nasal Spray.



2 Give NARCAN Nasal Spray

Remove NARCAN Nasal Spray from the box. Peel back the tab with the circle to open the NARCAN Nasal Spray.



Hold the NARCAN nasal spray with your thumb on the bottom of the plunger and your first and middle fingers on either side of the nozzle.



Gently insert the tip of the nozzle into either nostril.

- Tilt the person's head back and provide support under the neck with your hand. Gently insert the tip of the nozzle into **one nostril**, until your fingers on either side of the nozzle are against the bottom of the person's nose.



Press the plunger firmly to give the dose of NARCAN Nasal Spray.

- Remove the NARCAN Nasal Spray from the nostril after giving the dose.

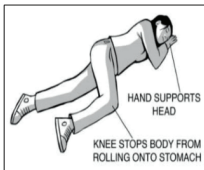


Get emergency medical help right away.

Move the person on their side (recovery position) after giving NARCAN Nasal Spray.

Watch the person closely.

If the person does not respond by waking up, to voice or touch, or breathing normally another dose may be given. NARCAN Nasal Spray may be dosed every 2 to 3 minutes, if available.



3 Call for emergency medical help, Evaluate, and Support

Repeat Step 2 using a new NARCAN Nasal Spray to give another dose in the other nostril. If additional NARCAN Nasal Sprays are available, repeat step 2 every 2 to 3 minutes until the person responds or emergency medical help is received.

Naloxone/Narcan Distribution

We are seeing a spike in OVERDOSES in Lincoln County. If you know someone who uses opioids please ask for Narcan. It is FREE and can save a life. Please never use alone.

Questions about Harm Reduction or our services, contact:

Chris Oleman: 541-272-2721

Sissy Rilatos: 541-270-9643



Free and we will deliver to you!

Happy New Year

As we start off the New Year (2021), several people will make a resolution. Whether it's exercising, eating healthier, take a vacation, go back to school, quit smoking, etc. Many of these resolutions will require a change in lifestyle, for example; eating more fruits and vegetables, working on portion control during meals, start going to the fitness center or incorporating more physical activities into your routine.

If you are looking at quitting smoking, here are a few tips to help with your success:

1. Make a list of reasons on why you want to "quit smoking".
2. Choose a method whether it be "cold turkey", "tapering", using a app or a texting program, nicotine replacement therapy (NRT's). There are several methods, if you need assistance or have a question, contact the Tobacco Prevention Coordinator at 541-444-9682.
3. Set a quit date. Pick a day that works for you, not a day that will be too stressful. Write it down and commit to it.
4. Let your family and friends know that you are quitting and ask them to support you on your new journey. Let them know that you may need to contact them when your going through a rough time.
5. Reward yourself. Use the money that you will save on cigarettes and treat your self to the new you. You can buy yourself something small and frequent, or save up and get something nice. **You deserve it.**

Cancers associated with commercial tobacco use for January

Cervical Cancer:

Cervical cancer occurs when the cells of the cervix grow abnormally and invade other tissues and organs of the body. When it is invasive, this cancer affects the deeper tissues of the cervix and may have spread to other parts of the body (metastasis), most notably the lungs, liver, bladder, vagina, and rectum.

There are two main types of cervical cancer: squamous cell carcinoma and adenocarcinoma. Each one is distinguished by the appearance of cells under a microscope.

Squamous cell carcinomas begin in the thin, flat cells that line the bottom of the cervix. This type of cervical cancer accounts for 80 to 90 percent of cervical cancers.

Adenocarcinomas develop in the glandular cells that line the upper portion of the cervix. These cancers make up 10 to 20 percent of cervical cancers.

Commercial Tobacco Quitline 1-800-QUIT-NOW

AI/AN Line now available (option 7) 1-800-7848-663

Health Department



January is the month we talk about...

Stalking Awareness



Human Trafficking Prevention

What is stalking?

- The definition of stalking includes that a reasonable person would feel fear. It is important to note that fear is often masked by other emotions: anger, frustration, hopelessness or despair.
- Stalkers use a variety of tactics including unwanted contact including phone calls, texts and social media, unwanted gifts, showing up and approaching family or friends, monitoring whereabouts, and threatening.

What is the difference between stalking and harassment?

- Stalking and harassment are similar and can overlap. The element of fear is what separates the two.
- Harassment is typically irritating and bothersome however, victims of harassment are not typically afraid of the perpetrator.
- Stalking can start as harassment and escalate into behaviors which cause the victim to live in fear.

What is Human Trafficking?

- There are different forms of human trafficking including forced labor, domestic servitude and sexual exploitation or sex trafficking.
- Sex trafficking occurs when someone uses force, fraud or coercion to cause another person to engage in sexual acts in exchange for any item of value such as money, drugs, shelter, food or clothing.

Where do traffickers find victims?

- Traffickers can find victims in many places that seem safe. Social networking, home neighborhoods, clubs/bars, internet/social media, and schools are all popular places and ways to find potential victims.

Victims are often lured through promises of:

- Protection
- Adventure
- Opportunity
- Love
- Home
- Money

If you or someone you know has experienced stalking or sex trafficking:

You can reach us at:
Office: 541-444-9680

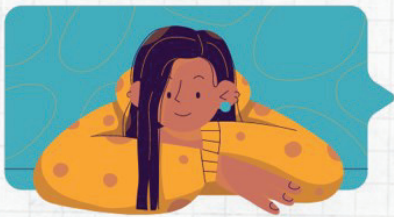
the Siletz CARE Program is here to help.

24 Hour Hope Line:
541-994-5959

How Does Contact Tracing Generally Work?

1

When someone tests positive for COVID-19, the health department is notified.



2

The person who tested positive is called to see who else might have been exposed.



How Does Contact Tracing Generally Work?

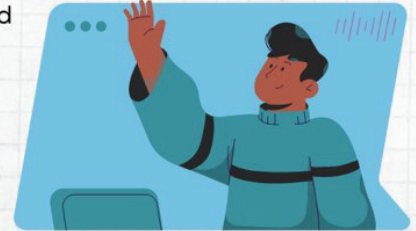
3

Once they know who else has been exposed, those people are contacted.



4

Everyone is asked to stay home for 2 weeks to stop the spread of COVID-19.



If you are waiting for a COVID-19 test result, someone from the health department may call you to check on your health, discuss who you've been around recently, and ask you to stay home to self-isolate—if you aren't doing so already. Tell people who you have been around that they may have been exposed to COVID-19. Answer the call to slow the spread of coronavirus. Please check with your local health department for up-to-date information in your community!

Virtual Home Visiting available during COVID-19 pandemic

Have you been thinking about utilizing the Home Visiting Program but have concerns about someone coming to your home due to COVID? No worries! We can do virtual visits.

During this COVID season we are not meeting in the home or office. We can meet by phone, FaceTime, Google Duo or the like. When weather permits we can meet outside if you prefer, following all the safety protocols of wearing masks and staying six feet apart.

So who is Home Visiting for?

We serve Siletz Tribal families who are expecting a baby or have a baby less

than 1 year of age, continuing until the child is 3 years old. Our Family Spirit curriculum, developed by the Johns Hopkins Center for American Indian Health, is evidence-based and culturally sensitive to Native families.

Some of the goals are to increase parenting knowledge and skills; promote optimal physical, cognitive and social/emotional development for children birth to 3 years; prepare children for early school success; link families to community services to address specific needs; and promote parents' and children's life skills and behavioral outcomes across the life span.

Bottom line – we want to help provide parenting and life skills for you to have a successful and positive parenting experience.

For more information, contact Jessica Hibler, 477-SSP coordinator 1/home visitor covering Eugene and surrounding areas, at 541-484-4234 (Eugene Area Office) or 541-337-2285 (cell); Lori Christy, home visitor covering Salem, Portland and surrounding areas, at 503-390-9494 (Salem Area Office) or 541-272-2241 (cell); or Danelle Smith, home visitor covering Siletz and the Costal Range, at 541-444-9603 (office) or 541-270-8941 (cell).

COVID, continued from page 1

provided a financial boost to members reeling from the economic downturn brought on by the pandemic.

“It feels like we’re back to where we were in March,” – Chris Mercier, vice chair, Confederated Tribes of Grand Ronde

But Tribal governments will lose unspent CARES Act funds when the year ends, and the pandemic hasn't “gone away” as President Trump has repeatedly insisted since COVID-19 reached the U.S.'s shores. While Oregon Tribes have largely avoided the calamitous outbreaks that other Indigenous nations have suffered, case numbers are hitting record highs across the country.

“It feels like we’re back to where we were in March,” says Chris Mercier, vice chair of the Grand Ronde Tribal Council. They received roughly \$45 million in CARES Act money for emergency response to the pandemic. “We don't really know what's going on. State and federal governments are preoccupied with other things. Especially at the federal level. We just concluded the presidential election, so it's just hard to say.”

The release of a vaccine expected sometime next year will create a new set of challenges as governments find ways to store and distribute it. **Lisa Norton, a temporary project manager for the Confederated Tribes of Siletz Indians**, said she can see Tribal members needing support for another 3-6 months.

“So between the ongoing need for the health and safety of our Tribal members, to be able to even access the items necessary to make that happen, are all things that keep us up at night,” Norton said.

Tribal governments generally lack a tax base and rely on enterprises such as casinos to generate revenue. Precautionary measures, including business shutdowns and closing reservations to visitors, have caused budget shortfalls. The U.S. government, meanwhile, has treaty obligations to ensure Tribal governments can provide resources and essential services.

“We are a sovereign government within the U.S., but we do have a treaty relationship that binds us to the federal government and creates a special relationship there,” said Matt Johnson, communications director for the Confederated Tribes of the Umatilla Indian Reservation. The Tribe has received nearly \$26 million this year to help purchase personal protective equipment and provide financial assistance to its members.

“I don't know what could happen if some other major waves or spike impacted the national economy. Obviously that's going to have an effect on us as well,” Johnson said. “But I think we've prepared ourselves as best we can at this point and are just trying to continue to emphasize vigilance and good health and safety practices.”

“The need isn't going to stop after Dec. 30.” – Lisa Norton, temporary project manager for the Confederated Tribes of Siletz Indians

A spokeswoman for U.S. Senator Jeff Merkley says he's pressing Senate leadership to include a deadline extension in a spending bill, “since there's no indication that (Senate Majority Leader Mitch) McConnell will allow a coronavirus relief bill to come to the floor that could include that fix.”

And a spokesman for U.S. Senator Ron Wyden said the Oregon Democrat is sponsoring legislation to extend the spending deadline and thinks Tribes should get additional aid.

Federal assistance has also flowed into nonprofits serving Native Americans in Oregon, and Tribal governments have benefitted from equipment donations.

The Northwest Portland Area Indian Health Board received a \$316,646 grant that they've used to help 35 Tribal clinics across Oregon, Washington and Idaho. The Confederated Tribes of Siletz Indians was one of the earliest Tribes to receive one of 250 so-called “Abbott Machines” back in May. Its technical name is the Abbott ID NOW, which allows on-site testing that gives results in 15 minutes.

Since then, the U.S. Department of Health and Human Services has allocated more than 500,000 units of an upgraded testing system – the Abbott Binax NOW COVID-19 AG card – to Indian Health Service clinics nationwide, including the CTSI.

But direct relief remains an important part of Tribal governments' playbook in combating COVID-19. Siletz officials say they've received about \$39 million in federal money per the CARES Act of 2020. They've used much of that to help Tribal members with rent and mortgage assistance and utilities since the pandemic came to the Pacific Northwest. It's also being spent on personal protective equipment for health care workers.

“We were very adamant in that we wanted to try and provide whatever services we could so we wouldn't overwhelm our local county health care partners,” said **Cherity Bloom-Miller, the clinical services director for the CTSI**. Six months into the pandemic, the clinic began offering the majority of its services again. “You have to find ways to do this safely and I think we've done a really good job of that.”

Some Tribes say they expect to use their CARES funding by year's end. Mercier of the Confederated Tribes of Grand Ronde says their \$45 million has provided members with financial assistance, ranging from rental assistance to providing \$500 for parents wanting to purchase new laptops for their kids. But that leaves the Tribal government with new challenges.



“Teachers are way, way underpaid, especially those who have to deal with younger people,” Mercier says, adding that he's been having a tough time keeping his stepkids focused and engaged with virtual learning.


“That's becoming an additional source of stress to some of the families in our community. I don't know if I'd call it cabin fever or what, but just this sense of sitting around waiting for the world to return to normal and not knowing when that's going to be, I think that's its own form of stress.”


Uncertainty also sits heavy on Norton, the project manager for the Confederated Tribes of Siletz Indians. A survey conducted in July showed Tribal members are contending with job loss and with

2020-2021
Hunting * Fishing * Gathering
REPORTING INCENTIVES

CTSI Tribal members:
Please report all harvests with your tribal license for deer, elk, salmon, and shellfish to the Natural Resources Dept. Once reported, the name on the tribal tag/permit will be included in a drawing after the season closes for one of the following **Cabela's gift cards**:

HUNTING INCENTIVES
(3 Drawn)
 **\$100 ~ \$75 ~ \$50** 

FISHING INCENTIVE
 **\$50 (1 Drawn)**

SHELLFISH INCENTIVE
\$50 (1 Drawn) 

Report all harvests to:
Mike Kennedy, 541-444-8232
mikek@ctsi.nsn.us -OR-
Denise Garrett, 541-444-8227
deniseg@ctsi.nsn.us

THANK YOU!

basic living costs becoming more expensive. And then there's that spending issue before New Year's.

“I think we're in the same boat as every other Tribe, every other jurisdiction across the state,” Norton said. “We have a limited number of things we can spend it on, but everybody's competing for the same resources. Whether it's PPE or laptops or computer desks, anything we're attempting to get there's jurisdictions that are also attempting to get.”

Norton said vendors and contractors can't guarantee projects would be done by Dec. 30. She's unsure if they'll have requisitioned acrylic sheet barriers and additional face masks delivered by year's end.

“The need isn't going to stop after Dec. 30,” she said. “Numbers are skyrocketing. Our hope is that Congress will extend the deadline for the money to be used or they could do another round of spending.”

About the author: Brian Bull has been involved in journalism for 25 years and has filed for National Public Radio, the BBC and other broadcast outlets. A proud citizen of the Nez Perce Tribe, Bull mentors up-and-coming journalists of color through NPR's Next Generation Radio Project. When not covering news in the Pacific Northwest, he's either spending time with his family or looking for hidden patches of huckleberries.

Underscore is a nonprofit collaborative reporting team in Portland focused on investigative reporting and Indian Country coverage. We are supported by foundations, corporate sponsors and donor contributions. Follow Underscore on Facebook and Twitter.

Tribal employment information is available at ctsi.nsn.us.

Arts Revitalization of Toledo to involve local, Tribal artists to celebrate town

TOLEDO, Ore. – The Arts Revitalization of Toledo (ART) is a project launched by the city and supported by local businesses, nonprofits, the county and other stakeholders who are dedicated to revitalizing downtown to serve the needs of current residents and breathe new life into Toledo's Main Street.

There is so much to already love and celebrate about Toledo, such as the annual Port of Toledo boat show, Yaquina Bay, our artist community, annual art walk, Georgia Pacific and the jobs it brings to our community, the farmers market, the railroad museum, our holiday events and more. This project will tap into our local cultural, environmental and historical assets

to support long-term economic recovery for the city and our residents.

We have gathered a group of committed citizens who have formed the Arts Revitalization of Toledo Committee. Why art? Because we believe we can use art to celebrate our history and our culture, and use it as a way to draw more people to Main Street. We will also have a very strong focus on economic activities – such as marketing and improved signage.

One of the committee's first projects will be the launch of "Phantom Galleries. These are galleries will be

installed in empty storefronts to showcase local artists and their work. The goal is to draw more people to Main Street and provide a marketing opportunity for local artists.

If you are a local artist and/or a Siletz Tribal member, we encourage you to apply! There is no cost to participate and 100% of sales will go directly to the artist. In addition to displaying your artwork, we will create individual webpages with your bio and contact information.

We will announce a call for artists in mid-January. Please pay attention to

the City of Toledo's Facebook page for more information.

A lot of great people, businesses and organization are already on board for the ART project, including the Port of Toledo, Timbers Restaurant & Lounge, Crow's Nest Gallery, Lincoln County School District, Oregon Arts Commission, Lincoln County Economic Development Alliance, Yaquina Pacific Railroad Museum, Oregon Coast Visitors Association, Michael Gibbons Signature Gallery and more.

Will you join us? Together we can build a thriving future for Toledo!

If you are interested in joining the ART Committee or have any questions, contact rachael@sequoiaconsulting.org.



Be safe. Stay home. Stay well.

Haaland, continued from page 1

More than 130 Tribal leaders collaborated to write letters to Biden and Vice President-elect Kamala Harris, citing Haaland's bipartisan leadership. Native organizations including NDN Collective and IllumiNative created online campaigns, and celebrities like Mark Ruffalo have offered support via social media.

Many of Haaland's colleagues in Congress have also rallied behind her. In mid-November, more than 50 House Democrats penned a letter to the Biden transition team backing her for the post.

On Wednesday, House Speaker Nancy Pelosi added her support.

"Congresswoman Haaland knows the territory and if she is the president-elect's choice for an Interior secretary, then he will have made an excellent choice," Pelosi said in a statement.

Haaland has been cited saying she would accept a nomination as Interior secretary,

including in an October interview with Indian Country Today.

"I think it's nice that people are thinking about me. And of course, if I ever had an opportunity to step up and do good work for this district, for the state of New Mexico, for our country, I would always be proud to do that," Haaland said.

In her first term in Congress, Haaland has held leadership positions on a number of committees, currently serving as vice chair of the Committee on Natural Resources and chair of the Subcommittee on National Parks, Forests and Public Lands. She also sits on the Subcommittee for Indigenous Peoples, the House Armed Services Committee, the Subcommittee on Readiness and the Subcommittee on Military Personnel.

She previously worked as head of New Mexico's Democratic Party, as Tribal administrator and as an administrator for

an organization providing services for adults with developmental disabilities.

Biden, who has pledged to pick a diverse leadership team, said at a Native candidate forum in January that he would nominate and appoint people who "look like the country they serve, including Native Americans."

The pick breaks a 245-year record of non-Native officials, mostly male, serving as the very top federal official over Indian affairs in a federal government that worked to dispossess them of their land and, until recently, assimilate them into White culture.

It could also further deplete, at least temporarily, the narrow majority Democrats maintain in the House. Biden has already selected several lawmakers from the chamber, including Louisiana Rep. Cedric Richmond and Ohio Rep. Marcia Fudge, to serve in his administration.

Interior's broad authority includes managing federal relations with Tribes, administering tens of millions of acres of land and mineral rights held in trust for American Indians and Alaska Natives, running national parks and making decisions affecting millions of miles of U.S. lands and waterways, wildlife, endangered species, and oil and gas mining.

Biden has promised the nation's broadest effort yet to curb the oil, gas and coal emissions that are causing the rapid deterioration of the climate, and Interior would play an important part in that.

Aliyah Chavez, Kewa Pueblo, is a reporter-producer at Indian Country Today. Follow her on Twitter: @aliyahjchavez or email her at achavez@indiancountrytoday.com.

The Associated Press contributed to this report.

Gaming, continued from page 1

like the Tribal nations it benefits, has proved its resiliency over the years."

The FY19 GGR figure is calculated from 522 independently audited financial statements submitted to the NIGC by 245 federally recognized Tribes across 29 states. An operation's GGR is the total amount of money wagered less any amounts paid out as prizes and before deducting operating expenses.¹

For additional information regarding FY19 GGR, including information by region and facility size, as well as information regarding the pandemic's effect on the Tribal gaming industry, visit the NIGC website at nigc.gov.

The Indian Gaming Regulatory Act created the National Indian Gaming Commission to support Tribal self-sufficiency and the integrity of Indian gaming.

NIGC oversees the efficient regulation of 527 gaming establishments operated by 247 Tribes across 29 states.

¹25 U.S.C. § 2717(a)(6)



FY18-FY19 Gaming Revenues by Region

National Indian Gaming Commission Tribal Gaming Revenues (in thousands) by Region Fiscal Year 2019 and 2018

	Fiscal Year 2019		Fiscal Year 2018		Increase (decrease)		
	Number of Submissions	Gaming Revenues	Number of Submissions	Gaming Revenues	Number of Submissions	Gaming Revenues	Revenue Percentage
Portland	57	\$3,811,461	55	\$3,662,891	2	\$148,569	4.1%
Sacramento	76	\$9,680,300	73	\$9,279,366	3	\$400,934	4.3%
Phoenix	57	\$3,275,522	59	\$3,141,434	(2)	\$134,088	4.3%
St. Paul	100	\$4,922,394	95	\$4,795,897	5	\$126,497	2.6%
Rapid City	42	\$376,487	36	\$368,601	6	\$7,886	2.1%
Tulsa	75	\$2,468,144	73	\$2,466,359	2	\$1,785	0.1%
OK City	73	\$2,669,839	72	\$2,479,814	1	\$190,025	7.7%
Washington DC	42	\$7,374,396	38	\$7,525,208	4	(\$150,812)	(2.0%)
Totals	522	\$34,578,542	501	\$33,719,569	21	\$858,973	2.5%

Source: Compiled from gaming operation audited financial statements received by the NIGC through November 19, 2020.

Portland	Alaska, Idaho, Oregon, and Washington.
Sacramento	California, and Northern Nevada.
Phoenix	Arizona, Colorado, New Mexico, and Southern Nevada.
St. Paul	Indiana, Iowa, Michigan, Minnesota, Nebraska and Wisconsin.
Rapid City	North Dakota, South Dakota, Montana and Wyoming.
Tulsa	Kansas, and Eastern Oklahoma.
OK City	Western Oklahoma and Texas.
Washington DC	Alabama, Connecticut, Florida, Louisiana, Mississippi, North Carolina, and New York. 2

Good news ahead, but challenges remain as vaccines start to reach more areas

From the North Portland Area Indian Health Board

There is good news about COVID-19 vaccines, but we need to be vigilant for a while longer.

You have probably seen or heard the good news about the results of the COVID-19 vaccine trials. Two vaccines have reported almost 95% effectiveness in preventing infection with COVID-19. And more vaccines are on the way.

Having been approved by the Food and Drug Administration, the first of these vaccines is already being distributed and Tribes have started to receive their shipments. Health care workers and people in long-term care facilities are expected to receive the first doses. In the next 6-9 months, the rest of the U.S. population should be able to be vaccinated.

Covid-19 continues to surge

With this great news about the vaccine, it is tempting to let our guard down about COVID-19. But we must stay resolved and continue to take steps to prevent its spread. The virus is surging all across the U.S. Hospitals are becoming over-crowded. Tribal communities, where medical care and resources can be limited, are some of the hardest hit.

Even being vaccinated does not mean we can stop being cautious. First, it takes several weeks for vaccines to be protective. Second, while it is known that the vaccines are effective at preventing serious

COVID-19 disease, it is not yet known if they prevent asymptomatic infection that could be transmitted to others. Until the majority of the population is vaccinated, it is essential to wear a mask around people you don't live with.

Our collective commitment to fighting COVID-19 is more important now than ever before.

Remaining vigilant

The next 6-9 months are critical

There is light at the end of the tunnel, but even with vaccines coming, remaining vigilant while we wait for them to be widely distributed is essential. This will help protect thousands of people. Together, we can protect our Tribes, communities and families.

In the last few weeks, the most frequently reported places of exposure to COVID-19 are households, community or social activities, and workplaces. It is difficult to think that people you work and interact with might be infectious, but treating everyone you encounter outside your household as if they might have COVID-19 is the safest thing to do.

Everyday actions

Below are the four most important actions you can continue to take to stay safe. Together they provide a layered approach to limiting risk to yourself and others, each action building on the next to add more protection.

1. Wear masks. Non-ventilated, multi-layer cloth masks not only help prevent you from exhaling infectious particles but from inhaling them, too. Wear masks whenever you are around people you don't live with, inside or outside.
2. Stay at least six feet apart. When we breathe, talk, cough or sing, we exhale microscopic droplets. Larger droplets fall out of the air at about six feet, but smaller droplets, sometimes called aerosols, can travel past six feet and remain in the air for several hours.
3. Avoid large indoor gatherings. These types of gatherings are a prime place to spread COVID-19. Inside it is difficult to stay six feet apart, poor indoor air circulation can cause a concentration of aerosol particles and surfaces have more opportunity to become contaminated because of the concentration of people.
4. Wash your hands. New studies have shown that the coronavirus can remain infectious on human skin for up to nine hours. Washing your hands frequently can help prevent spread.

box or purse; discuss safe gatherings with family and friends before events; and take a moment before gatherings to consider location, time and distance.

- Location. Is the activity indoors or outdoors? Outdoor is better than indoor. COVID-19 stays in the air longer when indoors and can be spread by ventilation systems. Crowded indoor locations are especially high-risk.
- Time. How long will you be doing the activity? Shorter activities are safer. Being in "close contact," or within six feet of an infected individual for 15 minutes over 24 hours, increases your risk of becoming infected
- Distance. Can you stay at least six feet apart from others? Most germs cannot travel more than six feet from person-to-person in the air.
- Thinking and planning for location, time and distance in your activities will help you and others stay safe, but it does not replace wearing a mask or staying home altogether!

Planning ahead

As you go about your day or life, plan ahead to be safe. Have extra face coverings and hand sanitizer in your backpack, glove

With vaccines now in sight, the light is on at the end of the tunnel. We still must stay cautious though, until our communities can be protected by it.



Indian Health Service
National Pharmacy and Therapeutics Committee
Pharmacovigilance Drug Safety Alert



V-Safe After Vaccination Health Checker



V-safe is a smartphone-based tool developed by the CDC that uses text messaging and web surveys to conduct electronic health check-ins with participants who have received a COVID-19 vaccine.

Electronic health check-ins will take place:

- daily for first week post-vaccination
- weekly thereafter until 6 weeks post-vaccination
- additional checks at 3-, 6-, and 12-months post-vaccination

Electronic health check-ins will:

- Provide an opportunity for participants to report any side effects or health problems after COVID-19 vaccination.
 - If reports result in significant health impact, the CDC will follow-up by phone and create a VAERS report if appropriate.
- Capture information on pregnancy status and enable follow-up on pregnant women.
- Remind participants when it is time to get their second dose of COVID-19 vaccine if needed.

To register, visit: [CDC v-safe website](https://www.cdc.gov/v-safe/)

The CDC asks that healthcare providers:

- Give a one-page enrollment sheet to patients at the time of vaccination.
- Counsel patients on the importance of enrolling in v-safe.

Participation in v-safe is voluntary and patients can opt out at any time. Consider placing v-safe posters and materials in clinic rooms and locations where the COVID vaccine may be administered.

Learn more information about using the [v-safe after vaccine health checker](https://www.cdc.gov/v-safe/).

To help track safety issues with vaccinations, please report adverse vaccine events involving the VAERS program as recommended in the [Indian Health Manual](https://www.cdc.gov/indianhealthmanual/). Instructions for reporting can be found online at the [NPTC Pharmacovigilance website](https://www.cdc.gov/nptc/).

December 14, 2020

Rain and Face Coverings

Letting your face covering get wet may decrease its effectiveness and make it difficult to breathe.

Keep your mask dry by wearing a rain jacket with a hood, carrying an umbrella, or having another means to shield your face covering from the rain. You may also want to carry a spare, just in case.



For more information visit healthoregon.org/coronavirus or call 211



Oregon Health Authority: We hear you. What exactly does 'outdoors' mean?

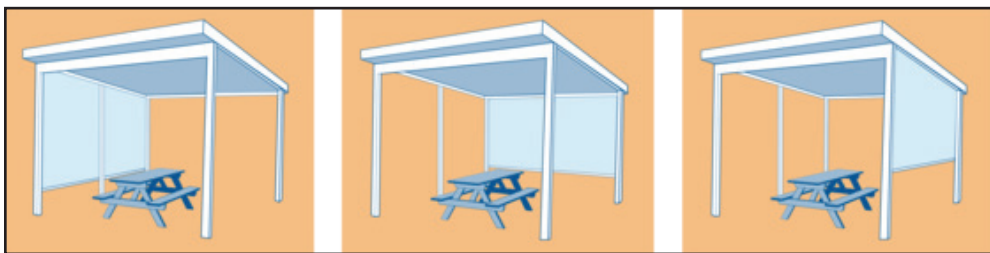
It's a question we get a lot. "What is considered outdoors?" That's because spending time with people outdoors is a lower risk activity than spending time with people indoors, so many businesses have moved into the fresh air.

Some businesses, like restaurants and bars, have put up temporary structures as weather protection. Some of these structures allow for airflow and are safer alternatives than being inside, but some don't allow enough airflow and can be as dangerous as sharing indoor air.

In order to limit the spread of COVID-19, it's important to understand what "outdoor" means when used in OHA (Oregon Health Authority) guidance. Outdoor means any open-air space with at least 75% of the square footage of its sides open for airflow. Outdoor spaces may have a temporary or fixed cover, like an awning or roof.

A fully enclosed tent or structure does not allow enough airflow to protect against virus transmission.

Here are some examples of structures that would be considered outdoors:



MASK UP, LATHER UP, SLEEVE UP

Take action to #FightFlu. Don't delay on this year's vaccine.



JOHNS HOPKINS
CENTER FOR AMERICAN
INDIAN HEALTH

Why social gatherings increase your risk for COVID-19



For more information visit healthoregon.org/coronavirus or call 211



Be safe. Stay home if you can.
Wear a mask and social distance out in public.
Exercise a little patience. Remember - we're all in this together.

CTSI Resource Call Line

We are here to connect Tribal members and their families to local resources. This includes food, housing, and other essentials. In addition, we are providing households with hard to find hygiene and sanitation items.

**Disclaimer: Supplies are limited but we will do our best to meet your needs.*

Call us at 541-444-9613.
We will be taking calls Monday through Friday between 9am-3pm.



STAY SAFE. SAVE LIVES.



KEEP A SAFE DISTANCE.

New York Times: Archaeologists could help bring otters back from the dead

The sea mammals vanished from Oregon's coast long ago, but a technique from human archaeology offers a clue to restoring them

By Joshua Sokol, *The New York Times*; originally published Dec. 3, 2020

From 1969 to 1971, the United States was testing nuclear weapons beneath one of Alaska's Aleutian Islands, worryingly close to some of the world's few surviving sea otters. The subterranean explosions prompted conservation managers to carry out a daring plan.

First, they netted some Alaskan sea otters. Then they set 59 free off the coast of Washington State and 93 more near Oregon. This was part rescue mission, part homecoming. Before fur traders hunted them to the brink of extinction, sea otters used to bob and roll up and down North America's Pacific Coast, gobbling down sea urchins and helping to maintain waving towers of kelp.

In Washington, the transplants took. But within a few years the Oregon otters vanished.

"The biggest question is: What happened to Oregon?" said Shawn Larson, a conservation biologist at the Seattle Aquarium, because the answer could inform transplantation efforts.

One hypothesis holds that the otters simply swam off, heading back north. But another explanation, advanced in 2008, suggests that the cold water-adapted Alaskans died out because they were too different from Oregon's original pre-fur trade otters.

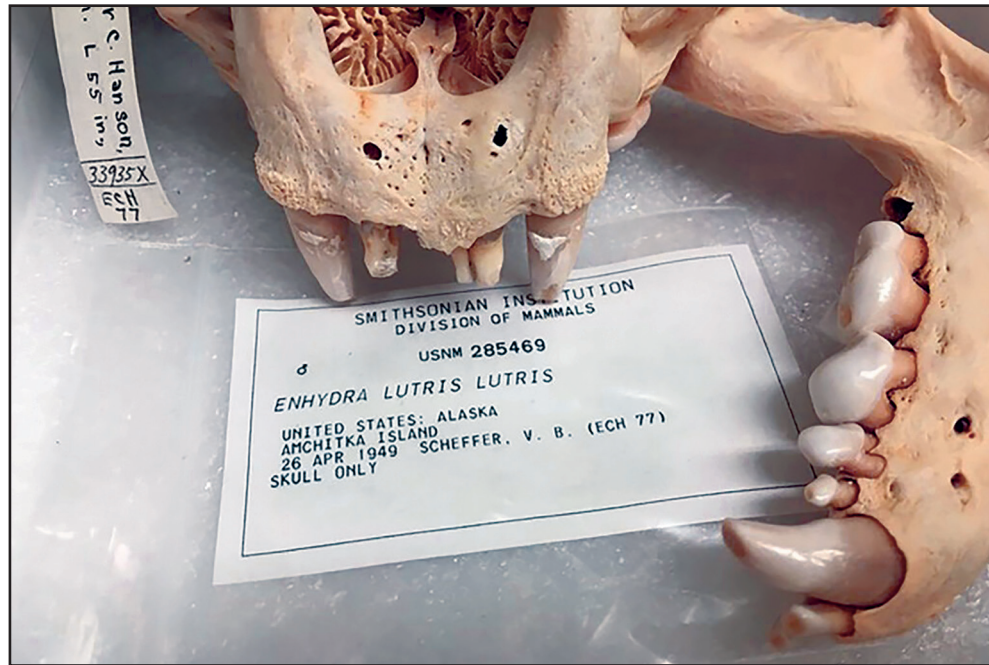
Scientists divide sea otters into northern and southern subspecies, each adapted to its own habitat. If the state's ancient otter inhabitants were more closely related to the southern subspecies, maybe sea otter reintroduction efforts along that stretch of coast should instead work with animals from Californian populations.

A technique borrowed from the science of human archaeology may answer this conservation question. New research published Wednesday in *Proceedings of the Royal Society B* suggests that the northern subspecies had long settled along the Oregon coast.



Courtesy photo by Raul Touzon/National Geographic Image Collection, via Getty Images

Sea otters in waters near Sitka, Alaska. Scientists divide sea otters into northern and southern subspecies, each adapted to its own habitat.



Courtesy photo by Courtney Hofman

Scientists scraped calculus off the teeth from otters that lived during the days of the fur trade, to compare DNA.

"Our recommendations are that actually Alaskan or other northern populations would be appropriate," said Hannah Wellman, a graduate student in anthropology at the University of Oregon who led the study. The research compiled the most comprehensive genetic data set yet of Oregon's original sea otters.

To understand which otters had once lived there, the team turned to otter teeth found in two archaeological sites

in northern Oregon associated with the Clatsop and Tillamook groups. Their goal was to extract genetic sequences from the specimens.

These otters were hunted or traded well over a thousand years ago, long before European contact and the maritime fur trade, and the results of the analysis show it.

"We have a lot more genetic diversity in these two adjacent sites than we do in

modern sea otters," said Courtney Hofman, a molecular anthropologist who extracted ancient DNA from the teeth at the University of Oklahoma.

To complement that finding, the team also reached out to the Smithsonian in Washington, D.C., for a few rare sea otter specimens from the waning days of the fur trade when otters became increasingly scarce.

Barred from any analysis that would destroy the samples, the researchers settled on giving those preserved otters the equivalent of a dentist visit. They scraped calculus off the teeth, then carefully extracted the small percentage of otter DNA in that calculus.

Combined with previous studies, genomic sequences from both time periods show that both northern and southern sea otter populations once called Oregon's coastline home. Perhaps the region was once a genetic way station, allowing interbreeding up and down the Pacific Coast, says Dr. Larson, who did not participate in the current work. And that implies that Alaskan otters can be used for reintroduction programs.

Ms. Wellman says she plans to share her data with the **Elakha Alliance**, a non-profit organization supported by the **Confederated Tribes of Siletz Indians** and the Coquille Indian Tribe. The group's goal is to bring back Oregon's otters – and the towering kelp forests they tend – for good.

This past February, the U.S. Fish and Wildlife Service funded a feasibility study by the Elakha Alliance, the first in a long series of evaluations and steps that could ultimately bring back Oregon's sea otters.

Dr. Larson, who is helping write that assessment, says she plans to incorporate the new analysis of Oregon's past otter diversity. Perhaps reintroductions can bring in both Californian sea otters to the state's southern shores and Alaskan otters farther north.

"Then as the populations grow, they'll merge and now we'll have a connected group that is basically continuous from southern Oregon all the way up to Russia," she said. "Which would be awesome."

For more information about the Siletz Tribe, visit ctsi.nsn.us.

How to access language materials online

Ch'ee-la xwii-t'i
(Greetings everyone)

To assist Tribal members during this time of social distancing and the interruption of our normal schedules, this tutorial on how to access language materials and recordings from the Tribal website has been developed. I hope you and your families are safe and healthy during this time. Hopefully many folks can access these materials from the safety of their homes.

Go to www.ctsi.nsn.us. Enter in your roll number and last four digits of your Social security number to log on

to the Tribal member access area. Click on "Our Heritage." On the drop down, click on "Language."

Lots of written and recorded materials are available in this section. The Nuu-wee-ya' (Our Words) Language Dictionary is on this page. You can click on the selection A to Z to look up written English language words and their Athabaskan equivalent.

Also on this page are Siletz Dee-ni Volumes 1, 2 & 3. Just click on "Study Materials" and scroll down. Volume 1 contains lessons on body parts, counting, relatives, foods and table talk.

In these lessons, the written word on the screen is accompanied by audio of the

word's pronunciation. Volume 2 contains animals, birds, colors, fish, greetings and goodbyes, insects, and trees and brush. Volume 3 contains lessons on sentence structure and word order.

Each lesson has a complete practical alphabet sound chart. All three volumes have a word document and audio recording for each lesson. Tests are available if you want to use them.

To access the Siletz Talking Dictionary, click on Siletz Language website. Drop down three lines and click on www.siletzlanguage.org, go to the Talking Dictionary tab and click on it. The Siletz Talking Dictionary Page will appear.

Just below the words "Search for" is an empty white box. Type in the word you are searching for and click on the "search" button. The word and the Athabaskan equivalent will appear just below the search box. To hear the word being spoken, simply click on the red ear icon on the left side of the page.

You may have to wait a few seconds for the page and sound to load, depending on your connectivity. Some of the words also have pictures.

Also on the www.siletzlanguage.org website are 14 Language learning videos and many other culture-related videos, materials and curriculum.

NAYA receives \$5 million grant to help end homelessness, one of 42 nationwide

Day 1 Families Fund grants \$105.9 million to 42 nonprofits helping families gain housing support, stability

PORTLAND, Ore. – The Native American Youth and Family Center (NAYA) based in Portland announced Dec. 9 it has been selected to receive a \$5 million grant from the Day 1 Families Fund.

Launched in 2018 by Amazon founder and CEO Jeff Bezos, the Day 1 Families Fund issues annual leadership awards to organizations and civic groups doing compassionate, needle-moving work to provide shelter and hunger support to address the immediate needs of young families.

“NAYA is beyond grateful for this support from the Day 1 Families Fund to help homeless families,” said Paul Lumley, NAYA executive director. “This year, COVID and economic uncertainty have deepened the housing crisis, particularly in communities of color. In Portland, data shows that rates of homelessness among Native American families are shockingly, disproportionately higher than all other groups. For so many reasons, this grant could not have come at a better moment. The need for these families is significant and urgent.”

This one-time grant, awarded to organizations doing meaningful work to connect families with shelter and support, will allow NAYA to strengthen its ability to divert families from entering shelter or becoming unsheltered, to provide culturally resonant wraparound case management and to re-house families experiencing homelessness.

NAYA is one of 42 nonprofits across the U.S. to receive the third annual Day 1 Families Fund grants. The fund issued \$105.9 million in grants this year.

To select these organizations, the fund worked with an advisory board of homelessness advocates and leaders whose expertise spans housing justice, racial equity, direct services, homelessness policy, equity for American Indian communities and anti-poverty work.

This year’s grant recipients from around the country include Anchorage Coalition to End Homelessness; The Cathedral Center, Inc.; Catholic Charities of Acadiana; Coalition for Homelessness Intervention & Prevention; Coalition for the Homeless of Central Florida; Community Action Council for Lexington-Fayette, Bourbon, Harrison and Nicholas

Counties; Congreso de Latinos Unidos; Coalition on Homelessness and Housing in Ohio; Denver Indian Family Resource Center; East Los Angeles Women’s Center; East Oakland Community Project; Facing Forward to End Homelessness; Families Together; Family Life Center; Friendship Place; HELP of Southern Nevada; The Homeless Families Foundation; Homeless Outreach Program Integrated Care System; HOPE Atlanta; House of Ruth; Housing Matters; Housing Up; Kahumana; MAHUBE-OTWA Community Action Partnership, Inc.; Metro Denver Homeless Initiative; MUST Ministries; The National Center for Children and Families; Native American Youth and Family Center; North Carolina Coalition to End Homelessness; One80 Place; Poverello House; Rainbow Services; Refugee Women’s Alliance; Safe Haven Family Shelter; Samaritan House; Solid Ground; St. Vincent de Paul CARES; Su Casa – Ending Domestic Violence; The Salvation Army Austin Area Command; Time for Change Foundation; United American Indian Involvement, Inc.; and WestCare California.

“We are honored that the Day 1 Families Fund recognizes NAYA as ‘needle-

moving’ as we tackle the incredibly complex work of reducing homelessness in the Native community,” Lumley stated. “For years, NAYA has endeavored to create innovative solutions to address homelessness, knowing previous approaches were not working for our families. This recognition from the Day 1 Families Fund will keep this work moving forward.”

About the Bezos Day One Fund

The vision statement comes from the inspiring Mary’s Place in Seattle: No child sleeps outside. For more information, visit BezosDayOneFund.org/Day-1FamiliesFund.

About NAYA

The Native American Youth and Family Center provides culturally specific programs and services that guide our people in the direction of personal success and balance through cultural empowerment. Our mission is to enhance the diverse strengths of our youth and families in partnership with the community through cultural identity and education.

For more details, visit nayapdx.org.

Most Often Requested Numbers

Confederated Tribes of Siletz Indians – 800-922-1399
Salem Area Office – 503-390-9494
Portland Area Office – 503-238-1512
Eugene Area Office – 541-484-4234

Purchased Referred Care (PRC) – 800-628-5720
Siletz Clinic – 800-648-0449
Siletz Behavioral Health – 800-600-5599
Chinook Winds – 888-244-6665

Chemawa Health Clinic – 800-452-7823
Bureau of Indian Affairs – 800-323-8517
Website – www.ctsi.nsn.us

2021 Standing Committee applications due by Feb. 10, 2021

Any Tribal member interested in consideration for serving on a committee for a two-year term is encouraged to fill out this form and return it to the council office prior to Feb. 10, 2021.

Please **mail or fax** your application to Confederated Tribes of Siletz Indians, Attn: Executive Secretary to Tribal Council, P.O. Box 549, Siletz, OR 97380-0549; fax: 541-444-8325.

Name: _____ Roll No: _____

Address: _____

City: _____ State: _____ ZIP: _____

Telephone: Day () _____ Evening () _____

If you only want to be considered for one committee, please indicate by inserting the number 1 next to the committee of interest. If you have interest in more than one committee, please indicate by numbering your preference, 1 (first choice), 2 (second choice) and 3 (third choice).

- | | |
|--|---|
| <input type="checkbox"/> Education Committee (3) | <input type="checkbox"/> Housing Committee (3) |
| <input type="checkbox"/> Natural Resources Committee (3) | <input type="checkbox"/> Pow-Wow Committee (4) |
| <input type="checkbox"/> Health Committee (3) | <input type="checkbox"/> Budget Committee (1) |
| <input type="checkbox"/> Cultural Heritage Committee (3) | <input type="checkbox"/> Enrollment Committee (3) |

Committee appointments will be made at the Regular Tribal Council meeting in February 2021. If you have any questions, please call Tami Miner, executive secretary to Tribal Council, at 800-922-1399, ext. 1203, or 541-444-8203.

CTSI Tribal Youth Online Academic Support

Weekly Student Meet Ups

*Homework Help with CTSI Staff

*Connect with other tribal students

*Every Monday 4-5 pm via Zoom

On-Demand Tutoring

*Live Access to Professional Tutors 24/7

*All Subjects and Grade Levels

*Individualized Help

PLEASE NOTE:
On-line tutoring access is funded with US CARES Act Funds: Families MUST register by December 1, 2020

To get started with either program contact your local education specialist:
Siletz and Out of Area-Alissa alissal@ctsi.nsn.us; PDX- Katy Katyh@ctsi.nsn.us; Salem and Out of Area-Sonya sonyamj@ctsi.nsn.us; Eugene-Nick nickv@ctsi.nsn.us

SERVICES AVAILABLE

Mental Health Services & Life Alert

Mental Health Services

➤ What services are available?

- Counseling Services – individual or family
- Psychiatry Services
- Psychology Services
- Up to 8-visits annually (more if medically necessary)

➤ Who's eligible?

- Siletz Tribal members eligible for Purchased/Referred Care (PRC), formerly Contract Health Services (CHS)

➤ How do I get benefits?

- Call PRC at 800-628-5720 or 541-444-9648 to speak with Rhonda Attridge, PRC Tech I.

- Prior to making an appointment with a provider – confirm the provider will accept PRC as payment.
- Benefits are limited, first-come, first-served.

➤ What you need to know:

- After calling PRC for benefits, the patient will receive a letter with program details. The letter also provides information that the patient can give to their provider for payment processing information.
- You will not be required to use other resources first. This will allow you to go to a provider who does not accept Oregon Health Plan/Medicaid or your private insurance.

Life Alert

- Please contact your local community

health advocate (CHA) if you think you or another Tribal elder could benefit from Life Alert.

• Eligibility Criteria:

- Enrolled Tribal member eligible for PRC
- Work with CHA to determine need/apply for local services

➤ Steps to get Life Alert:

- Contact your local CHA –
- The CHA will determine if you meet the criteria for Life Alert (examples: live alone, health condition, etc.)
- The CHA will assist you in applying for Life Alert at no cost through com-

munity options. If you do not qualify for Life Alert at no cost, the Siletz Community Health Clinic will cover the cost.

➤ You can reach the community health advocates at:

- Siletz – Amy Garrett or Hannah Glaser at 541-444-1030
- Salem – Cecilia Tolentino at 503-390-9494
- Eugene – Adrienne Crooks at 541-484-4234
- Portland – Andrew Johanson at 503-238-1512

Siletz Tribal Behavioral Health Programs

Prevention, Outpatient Treatment, and Women's and Men's Transitional Living Center

Siletz: 800-600-5599 or
541-444-8286

Eugene: 541-484-4234

Salem: 503-390-9494

Portland: 503-238-1512

**Narcotics Anonymous Toll-Free
Help Line – 877-233-4287**

**For information on Alcoholics
Anonymous: aa-oregon.org**

2020 Out-of-Area Benefits

The Tribal Council has approved Out-of-Area Benefits for 2020. These benefits are for Tribal members who live outside the 11-county service area. To qualify, Tribal members must be registered for health care with the Siletz Community Health Clinic AND reside outside of the Tribe's 11-county service area. These funds are intended for Tribal members who are not eligible for Purchased Referred Care.

All benefits are dependent on available funding.

Annually	Biannually
\$2,000 Total in Medical + Mental Health + Dental + Hearing Plus \$500 Pharmacy Card Benefit	\$450 in total Vision Care for Adults* *Available Annually for Elders, Children, Students or Diabetics

Call PRC – 800-628-5720

Prior authorization by PRC is required and benefits must be used within 90 days. Any funds not used within 90 days, or claims not received, will be returned to the pool for redistribution. **An individual can access benefits up to \$2,000 annually by calling on the authorization date.** For example, an individual can call Jan. 2 for medical of \$500 and then call again Oct. 7 for dental of \$1,500 for a total of \$2,000. All benefits are subject to funding availability. When calling for pre-authorization, PRC will authorize for household members only. Voice messages do not hold funds, the individual must speak to PRC staff and obtain an out-of-area (OOA) number to secure funds.

Siletz Tribal Vocational Rehabilitation Program (STVRP)

STVRP is here to assist members of **ANY** federally recognized Tribe to overcome barriers to employment. We work with individuals who have disabilities and are living within the Confederated Tribes of Siletz Indians 11 county service area.

Examples of Services:

- Guidance and Counseling
- Referral to Services
- Employment Services
- Resume Writing
- Interviewing Techniques
- Job Coaching
- Culturally Relevant Individualized Services
- Evaluations and Assessments
- Training Placement Opportunities
- Adaptive Equipment



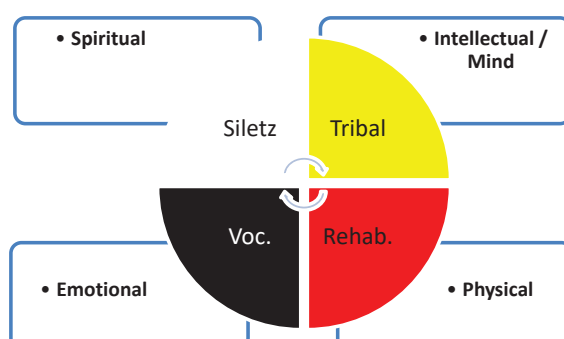
For more information about the STVRP, please inquire at 1-800-922-1399. Services are provided in ALL area offices, however, to inquire about services, ask to be transferred to the office nearest you listed below.

EUGENE AREA OFFICE	SALEM AREA OFFICE	SILETZ ADMIN. OFFICE
2468 West 11 th Eugene, OR 97402	3160 Blossom Dr NE, Ste 105 Salem, OR 97305	201 SE Swan Ave Siletz, OR 97380

EUGENE – CURRENTLY OPEN Program Director

SALEM - TONI LEIJA, Counselor/Job Developer

SILETZ – RACHELLE ENDRES, Counselor/Job Developer



IAIA approved to offer MFA degrees in studio arts

In late October, the Higher Learning Commission, the Institute of American Indian Art's accrediting organization, approved the school's application to launch an MFA Program in Studio Arts. The change is effective immediately and students will be able to apply for the degree program soon.

Studio arts has been the primary focus of IAIA's academic programs for more than 50 years. Since IAIA opened its doors as a high school with a fine arts focus, students engage with nearly every artistic medium – painting, ceramics, jewelry, sculpture, printmaking, design and photography.

In 1975, IAIA became a two-year college offering associate degrees in studio arts, creative writing, and museum studies. In August 2000, IAIA expanded its academic programs to include baccalaureate degrees. Almost from the start, potential students inquired when IAIA would offer an MFA program. Now the school can fulfill those requests.

The IAIA MFA in Studio Arts Program will be a Low-Residency Program with two intensive residency periods per year (summer and winter) on the IAIA campus in Santa Fe, N.M. At the end of each nine-day, on-campus residency, students will be paired with a master artist mentor with whom they will work one-on-one, virtually, during the following 16-week semester.

The mentorships are complemented by a series of online art history courses as well as the intensive residencies offering artist lectures, professional workshops, exhibition and peer critique of work, and an opportunity to engage with a diverse community of artists.

IAIA's Graduate Studio Arts Department is committed to graduating successful artists whose contributions will be recognized nationally and internationally within a global art context. Students can graduate with a master of fine arts (MFA) in studio arts with the following areas of emphasis – integrated practice, studio arts 2D practice and studio arts 3D practice.

Offering undergraduate degrees in Studio Arts, Creative Writing, Cinematic Arts and Technology, Indigenous Liberal Studies, Museum Studies and Performing Arts – an MFA in Creative Writing – along with certificates in Business and Entrepreneurship, Museum Studies and Native American Art History – IAIA is the only college in the nation dedicated to the study of contemporary Native arts.

The school serves approximately 500 full time equivalent (FTE) Native and non-Native college students from across the globe.

Scholarships

- Fastweb (scholarship search engine)
- Big Future (scholarship search engine)
- Pacific Northwest Scholarship Guide (scholarship search engine)
- OregonStudentAid.gov
- DAR American Indian Scholarship
Deadline: Jan. 31, 2021
- Frances Crawford Marvin American Indian Scholarship
Deadline: Jan. 31, 2021
- USDA/1890 National Scholars Program
Deadline: Jan. 31, 2021
- USDA 1994 Tribal Scholars Program
Deadline: Jan. 31, 2021
- NYU Journalism-NAJA Scholarship
Deadline: Feb. 20, 2021
- ACS Scholars Program
Deadline: March 1, 2021
- ALA Scholarship Program
Deadline: March 1, 2021
- American Indian Education Fund Graduate/Undergraduate Scholarships
Deadline: April 4, 2021
- Cobell Scholarship
Deadline: April 2021
- Full Circle Scholarship
Deadline: May 31, 2021
- Assoc. on American Indian Affairs Undergraduate/Graduate Scholarships
Deadline: May 31, 2021
- Accenture American Indian Scholarships
Deadline: May 2021
- Wells Fargo Undergraduate Scholarships
Deadline: May 2021
- AIS Scholarship
Deadline: Varies
- Open Education Database Graduate and Ph.D. Scholarships
Deadline: Varies
- Tribal College & University Scholarships
Deadline: Ongoing
- American Indian Service Scholarships
Deadline: Ongoing
- American Indian s Science and Engineering Society (AISES) Scholarships
Deadline: Ongoing
- American Institute of CPAs
Deadline: Varies
- American Meteorological Society Minority Scholarships
Deadline: Ongoing
- Army Emergency Relief Scholarships
Deadline: Ongoing
- Catching the Dream Scholarships
Deadline: Ongoing
- College Board Scholarship
Deadline: Ongoing
- Jack Kent Cooke Foundation Scholarships
Deadline: Varies
- National Action Council for Minorities in Engineering
Deadline: Varies
- NOAA Scholarships
Deadline: Ongoing

Fellowships

- National Urban Fellows' Social Impact Leadership Development Fellowship
Deadline: Jan. 30, 2021
- E. Kika De La Garza Fellowship
Deadline: March 1, 2021
- Terra Preta do Indio Tribal Fellowship
Deadline: March 1, 2021
- Booker T. Washington Fellowship
Deadline: March 1, 2021
- Doris O'Donnell Innovations in Investigative Journalism Fellowship
Deadline: June 30, 2021
- American Indian Graduate Center
Deadline: Ongoing
- NOAA Fellowships
Deadline: Ongoing
- NBC News Summer Fellows Program
Deadline: Ongoing
- Master of Forest Resources Fellowships
Deadline: Open until filled
- NW Native American Research Centers for Health Research Support Fellowship
Deadline: Rolling
- Northwestern University's Center for Native American and Indigenous Research Undergraduate Fellowships
Deadline: Rolling
- Fred Hutchinson Cancer Research Center Post-Doctoral Research Fellow
Deadline: Multiple

Internships

- Nike N7 Internship
Deadline: Jan. 30, 2021
- NOAA Internships
Deadline: Ongoing
- Code Switch Internship
Deadline: Various
- HP 3D Printing Engineering Intern
Deadline: Open until filled
- Wisdom of the Elders Agricultural Incubator Internship
Deadline: Various
- Saturday Academy Internships
Deadline: Multiple
- EPA Environmental Research and Business Support Program
Deadline: Multiple
- National Science Foundation Research Experiences for Undergraduates
Deadline: Multiple
- Indian Land Tenure Foundation
Deadline: Multiple
- Environmental Protection Agency
Deadline: Multiple
- American Fisheries Society
Deadlines: Multiple
- Oregon Museum of Science & Industry (OMSI)
Deadline: Multiple

Graduates!



Athena Shepherd
Portland State University

Athena graduated with a Bachelor of Arts degree in psychology and received a Pendleton blanket from the Tribe.

She has been accepted into PSU's Masters of Architecture Program.



José Miguel Paez
California State Univ., Northridge

I completed the Doctoral Program in Educational Leadership (Ed.D.) at California State University, Northridge this August. I want to express my appreciation to everyone at Siletz for the support you gave me during the process.

Important information for college-bound Tribal seniors

December

- If you haven't already done so, take this last SAT test for seniors.
- Get FAFSA forms, available for federal and state financial aid.
- Apply for FAFSA pin number – student/parents must apply separately.
- Mail or submit all revised, complete college applications before the holiday break.
- Start scholarship essays.
- Start OSAC (Oregon Student Assistance Commission).

January

- FAFSA forms can be submitted Jan. 1! Do not delay – do this ASAP.
- Complete scholarships that are due.
- Check for Student Aid Report (SAR) on the FAFSA website several days after filing out the FAFSA).
- Request mid-year transcripts be sent to colleges to which you have applied.
- Request transcripts needed for OSAC scholarship application.
- Send thank you notes to people who have helped you.
- Students who plan to apply for Tribal assistance for college must apply for FAFSA by Jan. 31 at fafsa.ed.gov.

For more information about the Siletz Tribal language program, please visit siletzlanguage.org.

Outside Scholarships for NATIVE AMERICAN STUDENTS

Cobell Scholarship
<http://cobellscholar.org/>
various scholarships available
*essay required
Open to descendants/enrolled members

American Indian Services
<https://www.americanindianservices.org/>
various scholarships available
*essay may be required
Open to descendants/enrolled members

American Indian College Fund
<http://www.collegefund.org/>
various scholarships available
*essay required
Open to descendants/enrolled members

Bureau of Indian Education
<http://www.bie.edu/ParentsStudents/Grants/>
various scholarships available
*essay may be required
Open to descendants/enrolled members

Native American Scholarship Fund
<http://catchingthedream.org/>
various scholarships available
*essay may be required
Open to descendants/enrolled members

Other Opportunities

- NAYA Ninth Grade Counts
Deadline: Rolling
- Dept. of Energy Scholars Program
Deadline: Ongoing
- National Park Service Tribal Stewards Inclusion Program
Deadline: Ongoing
- Center for Native American Youth at the Aspen Institute – Generation Indigenous Network Youth Ambassador
- National Youth Leadership Forum STEM Program Nomination Form
Deadline: Various
- The Student Conservation Association
- Northwest Youth Corps
- Saturday Academy - FREE Classes for Native American Students
- ON TRACK OHSU!
- The SMART Competition

Tribal Council Timesheets for November 2020

Lillie Butler – 11/1/20-11/30/20

TC	Ind	Gmg	STBC	ED	Tvl	
1.5	1.5	3				11/2-3 Packets
2	2	4				11/4-6 CW budget, packets
.75	.75					11/7 Health
10.25	10.25					11/9-12 NCAI, packets
1	.75		2			11/13 Council, STBC mtg/packet
7	7					11/16-19 Packets
3	3					11/20 Regular TC
5.5	5.5					11/23-30 Packets

Lorraine Y. Butler – 11/1/20-11/30/20

TC	Ind	Gmg	STBC	ED	Tvl	
		6				11/2-3 Packets
		1.5				11/4 Budget mtg
1.5	1.5					11/7 Health mtg
1	1		4			11/9-11 Packets
.75	.75					11/12 CPT
1	.75		1.75			11/13 HR wkshp, STBC mtg
.5	.5	1				11/18-19 Packets
3	3					11/20 Regular TC

Reggie Butler Sr. – 11/1/20-11/30/20

TC	Ind	Gmg	STBC	ED	Tvl	
4	4					11/2-3 Packets
3.5	3.5	4.5				11/4-6 CW budget, packets
.75	.75					11/7 Health
10	10					11/9-12 NCAI, packets
1	1		3			11/13 Council, STBC mtg/packet
3.75	3.75					11/18-19 Packets
3	3					11/20 Regular TC
8.75	8.75					11/23-30 Packets

Sharon Edenfield – 11/1/20-11/30/20

TC	Ind	Gmg	STBC	ED	Tvl	
		1				11/1 Packets
1.5	1.5	1.5				11/4-5 Budget wkshp, packets
1.25	1.25					11/7 Health/Housing
1.5	1.5					11/11 Minutes, packets
.75	.75					11/13 HR wkshp
1	1					11/17 STRCP

Alfred Lane III – 11/1/20-11/30/20

TC	Ind	Gmg	STBC	ED	Tvl	
.5	.5	1				11/3 NILI taskforce, packets
		1.5				11/4 CW budget wkshp
1	1					11/5-6 Audit/Investment Comm, packets
1.25	1.25					11/7 Health/Housing mtg
.75	.75					11/12 HR wkshp
			1.5			11/13 STBC
.5	.5					11/19 Packets
3	3					11/20 Regular TC
.5	.5					11/23 Consent Decree
.5	.5					11/24 Meet w/ LCSO

Delores Pigsley – 11/1/20-11/30/20

TC	Ind	Gmg	STBC	ED	Tvl	
1.75	1.75	.25				11/1-2 Mail
1	1				4	11/3 General Council recording, mail
1	1	1.5				11/4-5 Casino budget, mail
1	1					11/6 Audit & Investment, mail
2	2					11/7-8 Special TC, mail, agenda items
3	3.25	2.75				11/9-11 NCAI, OTGA, mail
1	1					11/12 Mail, prep for council
2.25	2.25		1			11/13 Wkshp, STBC mtg, mail
4.5	4.5					11/14-19 Mail, agenda items, news article
3.25	3.25					11/20 Regular TC, mail
3.25	3.25					11/21-23 Mail, agenda items, prep for mtgs
1	1					11/24 Mtg w/ Lincoln Co. jail, mail
1.5	1.5					11/25 Self-gov negotiations, mail
2.75	2.75					11/26-30 Mail, agenda items, prep for summit

Selene Rilatos – 11/1/20-11/30/20

TC	Ind	Gmg	STBC	ED	Tvl	
1.75	1.75					11/1-3 Email, packets, Tribal member concerns (TMC)
.75	.50	1.5			1	11/4 Wkshp, COVID
3.75	3.75					11/5-6 Packets, email, TMC, COVID
2	2				1	11/7 Special TC, email
5	5					11/8-12 Email, packets, TMC
1.75	1.75				1	11/13 Wkshp
8.25	8.25					11/14-19 Packets, email, COVID, TMC, mail
3.5	3.5					11/20 Regular TC, email
1.75	1.75					11/21-22 Email, mail
2	2					11/23 Interviews, email, mail
3.25	3.25					11/24-30 COVID, email, mail

For more information about the Siletz Tribe, please visit ctsi.nsn.us.

What are my other options?

Ask questions about prescription painkillers.

My pain. My plan. HealSafely.org

Did you know that prescription painkillers can:

- Create physical dependence in as few as 3 days
- Slow down your breathing and heart rate to dangerous levels
- Make you feel drowsy, nauseated and constipated
- Slow your body's healing process



Tribal Council Email Addresses

- Tribal Chairman: Delores Pigsley dpigsley@msn.com
- Vice Chairman: Alfred "Bud" Lane III budl@ctsi.nsn.us
- Treasurer: Robert Kentta rkentta@ctsi.nsn.us
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- Angela Ramirez angelar@ctsi.nsn.us
- Selene Rilatos maritar@ctsi.nsn.us

*The Chinook Winds
team wishes you and
your family a safe and
prosperous New Year.*

Stay healthy!



NCAI commends decision by MLB's Cleveland franchise to change its 'Indians' name

WASHINGTON – The National Congress of American Indians (NCAI) commends today's (Dec. 14, 2020) announcement by the Major League Baseball (MLB) franchise in Cleveland to retire its "Indians" name and mascot, which the team has used for more than a century.

Cleveland arrived at this landmark decision following an extensive, multi-faceted process to engage with and learn from Tribal nations, leaders, scholars, local and national Native organizations, and Native people from all walks of life about how the team's name impacts them.

"Today's announcement represents a monumental step forward in Indian Country's decades-long effort to educate America about what respect for Tribal nations, cultures and communities entails,

and how sports mascots like the 'Indians' prevent our fellow Americans from understanding and valuing who Native people are today, what makes us unique and the many contributions we make to this country," said NCAI President Fawn Sharp. "The genuine commitment the team has made to listen to and learn from Indian Country over the past several months is to be applauded and the process the team used should serve as a blueprint for sports teams and schools across the nation as this movement for racial justice and inclusion continues to grow."

"This decision and the team's ensuing transition to a new name offer us an unprecedented teaching moment, as our work is far from done. We must continue

to teach all who will listen the fact that Native people are still here, that we belong to sovereign Tribal nations and that a racially just society must center and celebrate Native people, welcome our perspectives and value the rich cultural diversity we bring to America's table," said Dr. Aaron Payment, NCAI first vice president. "It also presents an opportunity to honor the toil and sacrifice of those who have fought for so long to enable us to reach this moment, individuals such as Clyde Warrior, Suzan Harjo, Lynda Clause, Faye Brings Them, Ray Halbritter and Amanda Blackhorse."

NCAI joined other national and local Native organizations and leaders, local civic leaders and academic experts in

engaging with the team's leadership during its comprehensive listening and learning process over the past several months, and it is committed to partnering with the team moving forward to share knowledge and information with its fan base, the Cleveland community, and schools across the country about Tribal nations, the mascot issue and the thoughtful process the team devised to address it.

NCAI is the oldest, largest and most representative national organization serving American Indian and Alaska Native Tribal nations and their citizens, and has been leading Indian Country's movement to eradicate offensive Native "themed" mascots from sports and popular culture for more than 50 years.

For more information, visit ncai.org.

Baseball's Cleveland Indians announce decision to change current team name

CLEVELAND – The Cleveland Indians today (Dec. 14, 2020) announced our decision to begin the process of changing from our team name "Indians."

Since July, we have conducted an extensive process to learn how our team name affected different constituencies and whether it aligned with our organizational values. As a result of that process, we have decided to move forward with changing

the current team name and determining a new, non-Native American based name for the franchise.

In our statement in June 2020, we acknowledged the importance of taking a leadership role in diversity, equity and inclusion efforts across the community and enhancing our support for underserved and under-represented groups. As part of that commitment, we heard from

individuals and groups who shared a variety of views and opinions on the issue.

We are deeply grateful for the interest and engagement from Native American communities, civic leaders, leading researchers, fans, corporate partners, players and internal teammates devoted to these formal and informal conversations. After reflecting upon those discussions, we believe our organization is at its best when we can unify our community and bring people together – and we believe a new name will allow us to do this more fully.

The Cleveland Indigenous Coalition and the National Congress of American Indians (NCAI) were both active contributors to our listening and learning process. The Cleveland Indigenous Coalition provided the following statement about today's announcement:

"For six decades our community has fought tirelessly to be recognized as diverse and vibrant, instead of portrayed in inaccurate and harmful ways. By agreeing to change the team name away from Indigenous themes, the Cleveland baseball team is helping to create a place where Native American children and their families feel valued and fully seen. During this period of transition, we look forward to continued collaborative efforts with the team to move in a direction of healing and to create a better future for all generations to come."

Team Owner and Chairman Paul Dolan said, "Hearing firsthand the stories and experiences of Native American people, we gained a deep understanding of how Tribal communities feel about the team name and the detrimental effects it has on them. We also spoke to local civic leaders who represent diverse populations in our city and who highlighted the negative impact our team name has had on our broader population and on under-represented groups across our community. I am truly grateful for their engagement

and input, which I found enlightening and insightful. When a sports team is aligned with its community, it unlocks the ability to unite people from different backgrounds and bring people together in support of their home team. While Indians will always be a part of our history, it is time to move forward and work to unify our stakeholders and fans through a new name."

The team's decision to change the current name is phase one of a multi-phase process. Future decisions, including new name identification and brand development, are complex and will take time. While we work to identify a new and enduring franchise name, we will continue using the Indians name.

The decision to move forward with a name change is just one of several efforts the organization is making to continue to unify our region. Through Cleveland Indians Charities and partnerships with local civic organizations and institutions, we will enhance our continuing support of underserved groups and work to create a stronger, more equitable community.

Currently, we are working with the Cleveland Indigenous Coalition along with other organizations to help support and raise awareness about the Native American community and other under-represented populations.

To learn more about Native American imagery and representation, and for more information on this announcement, visit MLB.com/CLETeamName.

About the Cleveland Indigenous Coalition: The Cleveland Indigenous Coalition consists of four Northeast Ohio Native American organizations: The American Indian Movement of Ohio, The Committee of 500 Years of Dignity & Resistance, the Lake Erie Native American Council and the Lake Erie Professional Chapter of the American Indian Science and Engineering Society.

Chinook Winds Casino Resort

Follow us on Twitter, find us on Facebook or visit our website at chinookwindscasino.com.

For more information about events in North Lincoln County, visit lcchamber.com, oregoncoast.org or lincolncity-culturalcenter.org.

Calling all Tribal member business owners

If you would like to be on the preferred Tribal members business list with Chinook Winds, please fax, mail, email or drop off your business card, brochures, or business information to:

Chinook Winds Casino Resort
Attn: Purchasing Dept.
1777 NW 44th St.
Lincoln City, OR 97367
Phone: 541-996-5853
Fax: 541-996-3847
erica@cwresort.com



If you want to be part of a great team and looking for a new career opportunity,

Please call Human Resources at (541) 996-5800 or (541) 996-5806.

www.chinookwindscasino.com/careers

Office Hours: Monday through Friday 8am-4:30pm

Chinook Winds Casino Resort in Lincoln City, Ore., offers 24-hour Las Vegas-style gaming, an 18-hole golf course, headline entertainment from some of music's most legendary stars, three full-service restaurants, a secure child care facility and arcade, and a 243-room ocean-view hotel.

For more information, visit chinookwindscasino.com, or call 888-CHINOOK (244-6665) or 541-996-5825.

Donate to STAHS through Amazon Smile

Here's how you can donate to the Siletz Tribal Arts and Heritage Society (STAHS) painlessly and effortlessly. It's as easy as 1,2,3,4.

Thank you for supporting STAHS!

1. Go to Amazon.com.
2. In the Department drop down box, type Amazon Smile.
3. See Amazon Smile – You shop. Amazon Gives.
4. Follow the easy directions.

NMAI receives nearly \$5.7 million gift to launch Native Knowledge 360°

The Smithsonian's National Museum of the American Indian has received a \$5.67 million gift from the Federated Indians of Graton Rancheria, a federally recognized Tribe in Northern California. This gift is the largest to date dedicated to supporting the museum's national education initiative, Native Knowledge 360° (NK360°).

These funds will allow the museum to underwrite, pilot and launch the first national, state and local model, which will produce content that can be easily integrated into education curricula throughout the nation. The model also includes professional development for educators.

"It cannot be overstated: Native history is American history," said Kevin Gover, director of the National Museum of the American Indian. "Native people need to be involved in the telling of the American story. Native Knowledge 360° is our museum's way of ensuring that Indigenous people are in that conversation. This generous gift from Federated Indians of Graton Rancheria makes it possible for the museum to work with Native scholars and knowledge-keepers to include Native narratives in educational materials at the national, state and local levels."

"Understanding more about America's collective roots will help us succeed in the future," said Greg Sarris, chairman of the Federated Indians of Graton Rancheria. "We're excited to make this important gift to the National Museum of the American Indian to provide much-needed access to historically accurate Native history for generations to come. It's time to look at our past, present and future in the United States with transparency and truth."

About Federated Indians of Graton Rancheria

The Federated Indians of Graton Rancheria are descendants of Coast Miwok and Southern Pomo Tribes. The Miwok of west Marin County have, through the years, been referred to as Marshall Indians, Marin Miwok, Tomales, Tomales Bay and Hookoeko.

The Bodega Miwok (aka, Olamentko) traditionally lived in the area of Bodega Bay. The neighboring Southern Pomo Sebastopol group lived just north and east of the Miwok. The town of Sebastopol is located about one mile midway between the north boundary of Miwok territory and the southern edge of Southern Pomo territory.

In 2000, President Bill Clinton signed into law legislation restoring federal recognition to the Federated Indians of Graton Rancheria. The legislation also provided for the restoration of land.

About NK360°

Native Knowledge 360° (NK360°) is a set of teaching resources that provides educators and students with new perspectives on American Indian history and cultures.

Most Americans have only been exposed to part of the story, as told from a single perspective through the lenses of popular media and textbooks. NK360° offers educational materials and teacher trainings that incorporate Native narratives, more comprehensive histories and accurate information to enlighten and inform teaching and learning about Native America.

It challenges common assumptions about Native peoples – their cultures, their roles in United States and world history, and their contributions to the arts, sciences and literature. The initiative provides a view that includes not only the past but also the richness and vibrancy of Native peoples and cultures today.

Principal funding for the Native Knowledge 360° education initiative is provided by the Federated Indians of Graton Rancheria. Lead funding is provided by Margaret A. Cargill Philanthropies, Cherokee Nation and Elizabeth Hunter Solomon.

Major funding is provided by the Booth Ferris Foundation, Ralph Lauren Corporate Foundation, National Museum of the American Indian's National Council, Bonnie and Jere Broh-Kahn and Deutsche Bank Americas Foundation. Additional funding provided by Rodney Coenen, The Nathan Cummings Foundation, William Lomax, TEW Foundation, the Secretary of the Smithsonian and the Smithsonian Seattle Regional Council.

To the editor:

We would like to give a special thank you for the Siletz Tribal Charitable Contribution Fund donation. We were awarded \$2,000 toward new flooring and carpet for our classroom.

We appreciate our Parent Committee, led by Jimmy Williams, for requesting these funds for our classroom.

We look forward to when our students can return to enjoy the new classroom environment.

With gratitude,
Teacher Robin
Teacher Lori

To the editor:

Good day to you and your family, I wish you all good health and a Happy New Year. I'm once again asking for your vote as the election date comes closer.

Please take time to fill out your ballot and make a difference with your vote. I do know from previous times I have run for Tribal Council only a fraction of eligible voters send in their ballots. And large numbers of eligible voters do not cast a vote at all.

I please ask for you to vote and help any other family member or Tribal member you can to cast their vote too. Send a message that Tribal members care about Tribal government and affairs conducted by elected council members.

I have a daughter who suffered discrimination with her 18-year-old per capita payment being taxed by the kiddie tax of 37% and she lost thousands of dollars. Now I know that nothing was/or has been done to compensate these young Tribal members for their loss.

And rather than bring a class action lawsuit with other Tribes or even just our Tribe against the IRS and the U.S. government, it has been just swept under the carpet as if it didn't happen. My daughter with many more young Tribal members questioned why this was happening to them when their sister or brother a couple years older didn't have this happen to them.

I truly believe this is a violation of the Confederated Tribes of Siletz Indians Constitution and these young Tribal members should be compensated.

Now currently the payment policy has changed to where there are limits on how much an 18-year-old Tribal member can get of their per capita payment without being taxed by this unfair kiddie tax. If elected, I would support all young Tribal members should be compensated and repaid, and we should never sit idle and let something like this affect any Tribal member again. Every Tribal member should be treated equal, period.

Thank you for your time and please vote for Frank Aspria Sr.

Frank Aspria Sr.

Join this 5-day interactive Building Native Communities: Financial Empowerment for Teens and Young Adults Train-the-Trainer certification class. Due to COVID-19, organizations are having to shift into a virtual training space to fulfill the community needs and still adhere to the recommended social distancing guidelines. This virtual certification training will run for 3 hours daily for 5 days, this will allow your staff or community members become certified BNC: Financial Empowerment for Teens and Young Adults financial education trainers.

This training covers 7 lessons:

1. Building Thriving Native Economies
2. Money in Native Cultures
3. Banking 101 -Check it Out
4. Credit Journey - Thriving Not Surviving
5. Credit & Loans - Understanding, Applying, and Managing - Oh My!
6. Home is where the Heart Is - Ultimate Adulting
7. Circle of Life - Financial Milestones

Participants will have access to a downloadable PDF of the curriculum or have the option to order a hard copy to be shipped directly to you, shipping and book fees will be billed directly to the participant.

Attendees will obtain certification to effectively teach the Building Native communities: Financial

To become certified: Empowerment for Teens and Young Adults curriculum virtually.

Register for this Training at NativeLearningCenter.com

Siletz News Letters Policy

Siletz News, a publication of the Confederated Tribes of Siletz Indians, is published once a month. Our editorial policy encourages input from readers about stories printed in *Siletz News* and other Tribal issues.

All letters must include the author's signature, address, and phone number in order to be considered for publication. *Siletz News* reserves the right to edit any letter for clarity and length, and to refuse publication of any letter or any part of a letter that may contain profane language, libelous statements, personal attacks or unsubstantiated statements.

Not all letters are guaranteed publication upon submission. Published letters do not necessarily reflect the opinions of *Siletz News*, Tribal employees, or Tribal Council.

Please type or write legibly. Letters longer than 450 words may be edited for length as approved by Tribal Council Resolution #96-142.

Please note: The general manager of the Siletz Tribe is the editor-in-chief of *Siletz News*.

Editor-in-Chief: Gerald L. Smith
Editor: Diane Rodriguez
Assistant: Andy Taylor



Happy Belated Birthday to the two Ed Bens – Ed senior, 93 years young, and Ed Jr., not so young.
The Ben/Tomlinson families



Happy Birthday to Ms. Khloe!
The Ben/Tomlinson families



Happy 13th Birthday to our Teya Tootootney! Keep chasing your dreams. We'll always be with you.
Love, Dad, Mom and Makaia



Happy 7th Birthday, Aiden! Can't believe how fast time flies. We love you to the moon and back!
Mama, Dada, Huddy and Bella

Free child ID kits from the Oregon State Police
503-934-0188 or 800-282-7155
child.idkits@state.or.us

January 16th, 11 AM!
CTSI Rocket League Tournament
Teams and Singles




Rules and Guidelines

- ◊ Singles and team tournaments will be held!
- ◊ Rocket League is free to download on PC (Steam), Xbox One, Playstation 4 and the Switch
- ◊ Must be logged into Zoom and the Rocket League Private Match by 10:45 AM to check in (login information will be sent after registration).
- ◊ Prizes available to match winners!
- ◊ Eligibility is for K-12 students including CTSI youth, descendants, JOM, all teammates & more

Email: Jacobr@ctsi.nsn.us to get permission slip

Submissions to **Passages** are limited to two 25-word items per person, plus one photo if desired. All birthday, anniversary and holiday wishes will appear in the Passages section.
Siletz News reserves the right to edit any submission for clarity and length. Not all submissions are guaranteed publication upon submission. Please type or write legibly and submit via e-mail when possible.

Trevor – May your future shine bright and be full of many good times. Happy Birthday!
Love, Mom, Dad and your sisters

Darcy – May your birthday be sprinkled with fun and laughter. Have a great day!
Love, your favorite cousin MM

Mark – Happy Birthday, Uncle! From your favorite niece! (It's OK, we don't have to tell the others ...)
Love, Maggie and family

Kyanna – Happy Birthday to such a fabulous friend! Wishing you many blessings for the year ahead.
Maggie and family

Be safe.
Stay home.
Stay well.

American Indian College Fund and Pendleton Woolen Mills name Deshawna Anderson's *The Courage to Bloom* as 2020 Tribal College Blanket Contest winner

DENVER – The American Indian College Fund and Pendleton Woolen Mills, the international lifestyle brand headquartered in Portland, Ore., have selected Deshawna Anderson's *The Courage to Bloom* as its 2020 Tribal College Blanket Contest winner.

Anderson is an enrolled member of the Crow Nation, an American Indian College Fund scholar and a student attending Little Big Horn College, a Tribal college in Crow Agency, Mont. She is studying business administration.

Pendleton creates wool blankets in partnership with College Fund for its American Indian College Fund collection. In addition, Pendleton has provided nearly \$1.65 million in higher education support for American Indian and Alaska Native students.

The College Fund and Pendleton launched the Tribal College Blanket Design Contest to further elevate the voices, work and representation of Tribal college and university (TCU) students while providing additional scholarship opportunities. Anderson's design is the first winner of the annual competition.

The Courage to Bloom design is laden with traditional meaning. Anderson said



the arrow shapes symbolize finding a good path in life, while acknowledging that every path holds pitfalls and opportunities. To honor the loss of missing and murdered indigenous Native people, she included an hourglass shape at the base of the largest blossom to symbolize life's spiritual journey through the most difficult circumstances.

"It's sad that it has to be something like this, but I hope that whoever is able to put on the design or wear it is able to get comfort from it ... I hope it makes them

feel good because I put good thoughts into it," Anderson said.

A visual learner, Anderson became interested in art as an education tool to communicate her perspectives and experiences to others. She said, "My art is influenced by the Apache and Crow cultural landscapes, from the Crazy Mountain Range in the Northern Rockies of Montana to the Salt River Canyon." She also draws inspiration from historic and contemporary Apache beadwork, quillwork and burden baskets (conically shaped and fringed baskets that traditionally were used by women to carry everyday items like food and firewood).

Anderson's career goal is to work in marketing and to design a clothing line of T-shirts, sweats and more, and her experience with the blanket design will help her as she embarks upon her career. "I would like to thank everyone for giving me this opportunity and for your hard work. A shout-out to Pendleton and the American Indian College Fund and everyone who has helped me here at Little Big Horn College," she said.

The Courage to Bloom was chosen from 48 entries in the inaugural blanket design contest. You can pre-order one



Courtesy photos

Deshawna Anderson (above) and *The Courage to Bloom* blanket (left)

at pendleton-usa.com/blankets/featured-blankets/american-indian-college-fund/.

This contest is open to all American Indian TCU students. Applications are now being accepted for the 2021 contest. Submission guidelines and applications are available at collegefund.org/pendletoncontest. Any Native TCU student can submit up to two designs. Formal artistic study and textile design experience are not required.