

# PORTLAND POTLATCH

May 2021

Inside This Issue:

Natural Resources	2-3
477-SSP	4-5
Education	6-7
477-SSP	4-5
Education	6-7
Behavioral Health	8
Childcare Assistance	9
Voc. Rehab.	10
TPEP	11
Home Visiting	12-13
A & D	14
Housing	15
Flyers	16-18
Staff Directory	19

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## HAPPY MOTHER'S DAY



My Mother kept a garden, A garden of the heart. She planted all the good things That gave my life it's start. She turned me to the sunshine And encouraged me to dream. Fostering and nurturing The seeds of self-esteem. And when the winds and rain came, She protected me enough But not too much because she knew	I'd need to stand up strong and tough. Her constant good example Always taught me right from wrong. Markers for my pathway That will last a lifetime long. I am my Mother's garden. I am her legacy. And I hope today she feels the love Reflected back from me.  <i>-Author Unknown</i>
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# Natural Resources

## 2021-2022 Hunting and Fishing Tags

### Distribution Schedule

**Tribal offices are closed to the public due to COVID-19 restrictions. Tribal members wanting a tag should call to have tags mailed to them beginning the first date of tag issuance 541-444-8227 or 541-444-8232**

Type of Tag		Number Available	Season Dates	Date to Start Tag Issuance	Method of Issuance
Deer	Early Archery***	50	8/28-9/26	8/2 at 8:00 AM at Natural Resources Office	First Come First Served*
	General Rifle	375	10/2-11/5**	8/16	First Come First Served*
	Antlerless – Adult	12	10/2-11/5	Lottery applications available 8/2; due <b>8/27</b> ; drawing 9/7; tags issued 9/8	Lottery – Open to Elders Only
	Antlerless – Youth	8	10/2-11/7	Lottery applications available 8/2; due <b>8/27</b> ; drawing 9/7; tags issued 9/8	Lottery – Open to Youth Ages 12-17 Only
	Late Archery	50 (minus # of early season tags filled)	11/20-12/12	<i>First Distribution:</i> 10/18 at 8:00 AM at NR Office <i>Second Distribution:</i> 11/1 at 8:00 AM at NR Office (see Note 2 below)	First Come First Served*

NOTE 1: A Tribal member may obtain only ONE elk tag in their name during the 2021-2022 hunting season (bow, bull and cow tags all count towards the one tag), except as noted below.

NOTE 2: *First Distribution:* For hunters who have not been issued an early season deer archery tag (for deer tags) or any elk tag (for elk tags).  
*Second Distribution:* For any eligible hunter, regardless of what other tags they have received.

# Natural Resources

Type of Tag		Number Available	Season Dates	Date to Start Tag Issuance	Method of Issuance
Elk	Antlerless - Youth	3	8/1-12/31	Lottery applications available 6/1; due <b>7/2</b> ; drawing 7/6; tags issued 7/7	Lottery – Open to Youth Ages 12-17 Only
	Early Archery	25	8/28-9/26	8/2 at 8:00 AM at Natural Resources Office	First Come First Served*
	1 <sup>st</sup> Season Rifle	25	11/13-11/16	Lottery applications available 8/30; due <b>9/24</b> ; drawing 10/4; tags issued 10/5	Lottery
	2 <sup>nd</sup> Season Rifle	25	11/20-11/26		
	Antlerless	15	Various seasons beginning 1/1/22	Lottery applications available 8/30; due <b>9/24</b> ; drawing 10/4; tags issued 12/1	Lottery
	Late Archery Antlerless	56	11/27-12/12	<i>First Distribution:</i> 10/18 at 8:00 AM at NR Office <i>Second Distribution:</i> 11/1 at 8:00 AM at NR Office (see Note 2 below)	First Come First Served*
Salmon	Salmon	200	11/1-12/30  (estimate)	8/16	First Come First Served

\* No early calls to “save” a tag for someone. Must call to have a tag mailed no earlier than the first day of distribution.

\*\* Season for Youth ages 12-17 is 10/2 - 11/7 (2 additional days at end of general season)

\*\*\* **Unfilled Deer Early Bow tags must be returned to Natural Resources by 10/8.**

## 477—Self-Sufficiency Program



477-SSP May Meeting  
Information:

**Stress and Coping  
May 18th at 10:00 AM**

**Zoom information will be  
emailed to current 477 clients.**

The 477 SSP program will be hosting monthly trainings. We will be sending out

post cards with more info on how to access through zoom. This will be mandatory for all enrolled SSP clients, unless you have been excused by your case worker.

We look forward to seeing everyone again and assisting you during this continued pandemic.

If you have any questions please make sure to contact your Tribal Service Specialist (TSS).

Anna Renville [annar@ctsi.nsn.us](mailto:annar@ctsi.nsn.us)  
(503) 238-1512 x 1412

Tamra Russell [tamrar@ctsi.nsn.us](mailto:tamrar@ctsi.nsn.us)  
(503) 238-1512 x 1411

### 477 Self Sufficiency Mission Statement

To assist eligible clients in attaining self-sufficiency. The 477 Self-Sufficiency Program will serve the following groups as they work towards this goal:

- Siletz Families
- Native American
- Alaskan Native
- Native Hawaiian

The available components through the Program are cash grant services, emergency utility assistance, job training, job retention services and supportive services.

The Program Manual lists all available components in detail and the requirements of each. All components of the 477 SSP are available on a budgetary basis.

Contact a Tribal Services Specialist for more information about current components that are available.

### Your Success is Important to Us!

Contact a Tribal Services Specialist for more information about current components that are available.

If you have questions or to apply, please call the Portland Area Office (503) 238-1512 and speak with Anna Renville, or Tamra Russell.

## 477—Self-Sufficiency Program

### 477-Self Sufficiency Program Summer Youth Program Announcement

Due to on-going concerns regarding COVID-19, the 477-Self Sufficiency Program (477-SSP) is suspending the Summer Youth Employment Program – Work Experience (WEX) component. We will offer Summer Youth Classroom Training services (CRT) if your local school district is providing summer classes. Basic eligibility requirements include but are not limited to the following:

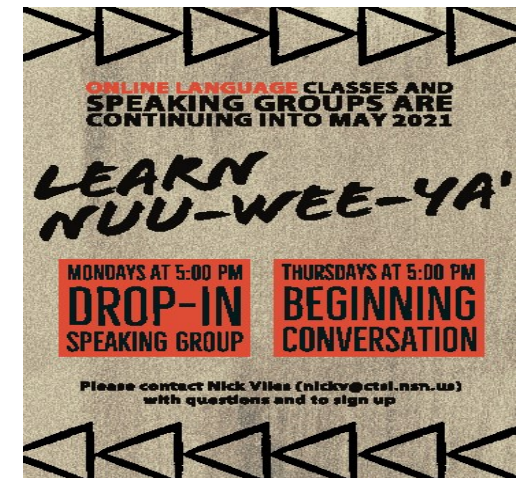
- Youth between 14 to 24;
- 477-SSP Application for Services with

- supporting documentation;
- Meet income eligibility;
- Lacking education credits or below 2.0 GPA;
- Summer school registration;
- We serve Siletz Tribal youth along with members of other Federally recognized Tribes and descendants;
- Reside within the CTSI 11-county service area.

If found eligible, the 477-SSP may provide assistance with tuition, fees, books, stipends and support services. Services are constantly being evaluated. Please check the CTSI website and Facebook for any updates. For more information regarding Summer Youth Classroom Training, please contact your local CTSI area office or email [477ssp@ctsi.nsn.us](mailto:477ssp@ctsi.nsn.us)

## Siletz Language Program

Don't forget to log in on the CTSI website to find out more information about classes and to get access to study materials.



## Education & Youth Update



Siletz Tribal Higher Education/Adult Vocational Training: Applications—Deadline Approaching June 30, 2021

The Higher Education application for the 2021-22 academic school year school year are due in the Tribal offices by: **June 30, 2021. Continuing students need to apply as well— please see portion of application for continuing students.**

To be eligible to receive an award, applicant must have submitted a complete higher education grant application with all supporting documents by June 30 and filed a 2021 FAFSA by January 31, 2021.

The Tribe's Higher Education Application ( fillable) and the Adult Vocational Application can be accessed at CTSI' Tribal website:

[www.ctsi.nsn.us](http://www.ctsi.nsn.us)

If you would like more information please contact Katy Holland at (503) 238-1512 or e-mail: [katyh@ctsi.nsn.us](mailto:katyh@ctsi.nsn.us)



### Siletz Tribal Scholarships Opportunities.

The following Tribal Scholarships: are due June 30, 2021

- PEPSI—Craig Whitehead Scholarship (\$1,000)
- Arthur S. Bensell Memorial Scholarship (Educator scholarship, \$1,000)
- Siletz Scholarship (Any field of student; \$1,000)
- Sharon Butler Memorial Scholarship due May 9th, 2021
- Cathern Tufts Memorial Scholarship (Natural Resource and or Pre Law./Law School)
- Morris K. Udell Foundation Scholarship ([http://udall.gov/Our Programs](http://udall.gov/Our_Programs)—<http://udall>)

For more information visit the tribes web site at [www.ctsi.nsn.us](http://www.ctsi.nsn.us). Click on [education/college/grad/scholarships](#)



## Education & Youth Update



### APPRENTICESHIPS

Now Is the Time to Explore Oregon's Apprenticeship Opportunities.

Apprenticeship Programs Are Opening up Once Again! Check out the following resources to help you what type of job or trade is right for you <https://www.oregon.gov/boli/apprenticeship>

- ◆ [oregonapprenticeship.org/](http://oregonapprenticeship.org/)
- ◆ <https://www.pcc.edu/pactec/apprentice/>
- ◆ <https://tradeswomen.net/apprenticeship/>
- ◆ [www.oregonbuildingtrades.com/](http://www.oregonbuildingtrades.com/)
- ◆ <http://oregonlaborers.com/>
- ◆ [www.apprenticeship.gov/apprenticeship-job-finder](http://www.apprenticeship.gov/apprenticeship-job-finder)

If you would like more information and see how our Tribal programs can assist you please contact Katy at the Portland Area office (503) 238-1512.

### Siletz Youth Activity

Provides up to \$150 per year to cover costs for extra curricular activities as well as cultural projects and/or educational and other needed supplies for Siletz tribal youth.

### Siletz Johnson O'Malley/ Supplemental Program:

The JOM program provides funding to help pay for educational support, extracurricular activities, sports, fees, lessons and cultural projects for students from any federally recognized tribe or 1/4 blood quantum, & attending public school.

### Siletz Tribal Incentive Program

Recognizing our Siletz Graduates and students who have been promoted -from Head Start to each grade through a Doctorate degree. For an application & more information visit [www.ctsi.nsn.us](http://www.ctsi.nsn.us)-to services> education> youth or please call Katy at the Portland area office.

Siletz Tribal Youth Council May 16th!

See Flyer on page 16

# Behavioral Health Program

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## Spring has arrived:

The saying is, April showers bring May flowers. We experienced snow late into March, but more mild weather in April, including some beautiful sunshine. As Oregonians, we know we're in for more rain, but here's hope that the flowers will be spectacular. Now is the time to tackle projects that were set aside for the thaw, like doing the bathroom remodel or making that quilt for your loved one you've been meaning to make.

## Activities for personal mental growth:

- 1) Start writing in a journal about your daily struggles and accomplishments. It is a useful tool to see where you are in life, and where you want to go next.
- 2) Do five minutes of mindfulness each day, focusing on living in the present moment.
- 3) Stand in front of a mirror, posed like a super-hero, for three minutes. Great thing to do before an interview to build confidence. (It really works!)

## Activities to help with emotions during trying times:

- 1) Do at least five minutes of mindfulness each day, focusing on living in the present moment. An app that can be helpful is Smiling Mind, it has many different brief, medium and long meditations on it.
- 2) Try square breathing: Breathe in for four seconds, hold it for four seconds, breathe out for four seconds, and hold it for four seconds, then repeat. Doing five to ten rounds of square breathing can really soothe the nerves. (Please don't strain your lungs, it doesn't have to be four seconds, just an equal amount of time for each breathe in and out).

## A spring haiku by the MHS:

Warm sunshine causes  
smiles, pauses to smell flowers,  
and a springy step.

**Email Mental Health Specialist Rachel your own haiku and she'll put it in her newsletter, first-come first-served.**

[rachela@ctsi.nsn.us](mailto:rachela@ctsi.nsn.us)

*Continued on next page*

# Behavioral Health Program

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## Traditional Growing

For the people of the Siletz tribe, spring is a time of regrowth. Social distancing makes it harder to garden, harder to stay connected, but it is possible! Keep hope. Social gatherings still have restrictions, but there will be a time when we all come together again. And for now, we can meet virtually, which is still good

connection. Prayer and smudging remain ways to be spiritual and find peace and healing during these times. And as always, do not forget to call and check in on our Elders.

Portland Area Office  
Virtual Appointments M-F  
(503) 238-1512 x1417

Salem Area Office  
Virtual Appointments M-F  
(503) 390-9494 x1864

## CTSI Childcare Assistance

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### CTSI Childcare Assistance Program expands eligibility for Tribal Families

The CTSI Childcare Assistance Program has received an increase in funding from the CCDF Coronavirus Relief and Response Supplemental Act. With this increase in funding we requested approval from the Office of Child Care to temporarily waive the income eligibility requirement for all tribal families living in the 11 county service area, and to increase the payment rates for Family Home Providers.

The approval to waive the income eligibility will be in affect while the State and/or Tribe is in a declared emergency, and can continue for 3 months following the suspension of the declared emergency, as long as funding is sufficient. Families will be eligible for up to 12 months for childcare assistance, as long as funding is sufficient.

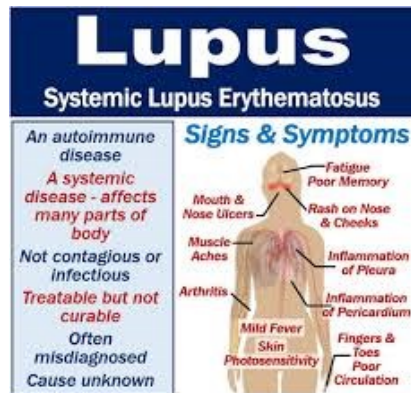
Families must meet other eligibility requirements which include: living in the 11 county service area, parents must be working or engaged in education or job training activities, children must be enrolled CTSI tribal members or eligible to enroll in CTSI, or be the descendant or dependent of an enrolled CTSI tribal member.

To request an application, please contact DeAnn Brown by email at [deannb@ctsi.nsn.us](mailto:deannb@ctsi.nsn.us), or by telephone at 541-444-2450.

# Vocational Rehabilitation Program

## LUPUS

May Disability Awareness



Systemic Lupus Erythematosus (SLE) is an autoimmune condition that affects mostly women in their 20s or 30s (Mayo Clinic). Children can develop Lupus too (see Native Americans and Lupus: <https://www.lupus.org/s3fs-public/Doc%20-%20PDF/Ohio/Copy%20of%20Native%20Americans%20and%20Lupus.pdf>).

According to some studies, Native Americans develop Lupus at a younger age and may experience severe and acute symptoms more often than people from other ethnic groups. The reasons for this are unclear at this time (see Native Americans and Lupus link) “Lupus may affect almost every organ and system in the body including the skin, heart, lungs, blood vessels, nervous system, joints, and kidneys. Genetic and environmental factors may contribute to triggering Lupus. The disease may be progressive. Potential triggers include viruses, sunlight, and allergies to medications. People may have “flares” (disease gets worse) and then periods of remission (disease gets better).

The individual who has characteristics of Lupus may exhibit a “butterfly rash” across the bridge of the nose and cheeks (see photo).

“Symptoms and signs of the condition may include pain, arthritis, fatigue, fever, pleuritis Raynaud’s phenomenon, loss of appetite, photosensitivity, pericarditis, oral ulcers and other symptoms.”

“Lupus cannot be cured, but treatment is available to relieve symptoms and prevent tissue destruction.” Medications can be prescribed to strengthen immune function and decrease inflammation in the body. Prevention matters!

Lupus is diagnosed when four of the following 11 criteria are present in a patient:

- Malar “butterfly” rash across the nose and cheeks
- Rash consisting of raised red patches (discoid rash)
- Rash resulting from sensitivity to the sun (photosensitivity)
- Ulcers in the nose or mouth
- Two or more joints affected by arthritis with swelling, tenderness, or effusion
- Inflammation of the heart (pericarditis) or lungs (pleuritis)
- Neurological symptoms like seizures or psychosis
- Kidney problems including excess protein in the urine or reduced kidney function
- Positive antinuclear antibody (ANA) test
- Presence of antibodies such as antiphospholipid antibodies, anti-double strand DNA, or anti-Smith antibodies.
- Presence of abnormalities in blood counts (low white blood cells, low platelets, or anemia)

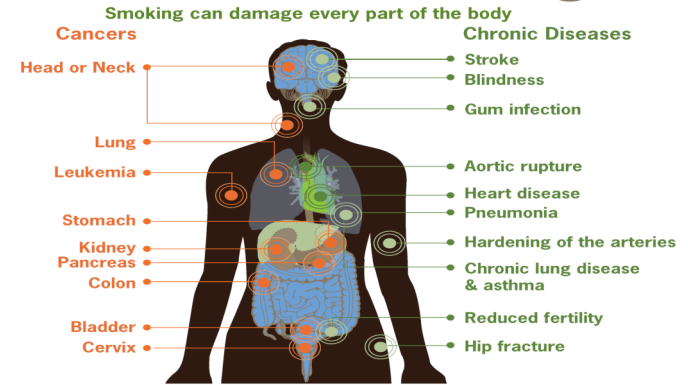
Text Reference: American College of Rheumatology: "Lupus"



(picture of Systemic Lupus Erythematosus 1)

# Tobacco Prevention Education

## Risks from Smoking



## Tobacco Related Cancers for the Month of May

**Melanoma and Skin Cancers:** Melanoma is a cancer that develops in melanocytes, the pigment cells present in the skin. It can be more serious than the other forms of skin cancer because of a tendency to spread to other parts of the body and cause serious illness and death. Because most melanomas occur on the skin where they can be seen, patients or their spouses are often the first to detect suspicious tumors. Caught early, most melanomas can be cured with relatively minor surgery.

Early signs of melanoma are changes to the shape or color of existing moles or, in the case of nodular melanoma, the appearance of a new lump anywhere on the skin. At later stages, the mole may itch, ulcerate or bleed

**Bladder Cancer:** Bladder cancer is any of several types of cancer arising from the tissues of the urinary bladder. It is a disease in which cells grow abnormally and have the potential to spread to other parts of the body. Symptoms include blood in the urine, pain with urination, and low back pain.

Risk factors for bladder cancer include smoking, family history, prior radiation therapy, frequent bladder infections, and exposure to certain chemicals. The most common type is transitional cell carcinoma. Other types include squamous cell carcinoma and adenocarcinoma.

**Commercial Tobacco Quitline 1-800-QUIT-NOW**

**AI/AN Line now available (option 7) 1-800-784-8663**

# Home Visiting Program

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Happy Mother's Day from Home Visiting!



To the mom who's breastfeeding: Way to go! It really is an amazing gift to give your baby, for any amount of time that you can manage! You're a good mom.

To the mom who's formula feeding: Isn't science amazing? To think there was a time when a baby with a mother who couldn't produce enough would suffer...but now? Better living through chemistry! You're a good mom.

To the cloth diapering mom: Fluffy bums are the cutest, and so friendly on the bank account. You're a good mom.

To the disposable diapering mom: Wow, those things hold a lot, and it's excellent to not worry about leakage and laundry! You're a good mom.

To the mom who stays home: I can imagine it isn't easy doing what you do, but to spend those precious years with your

babies must be amazing. You're a good mom.

To the mom who works: It's wonderful that you're sticking to your career...you're a positive role model for your children in so many ways...it's fantastic. You're a good mom.

To the mom who had to feed her kids from the drive thru all week because you're too worn out to cook or go grocery shopping: You're feeding your kid! And hey, I bet they aren't complaining! Sometimes sanity can indeed be found in a red box with a big yellow M and a cheap plastic toy in it. You're a good mom.

To the mom who gave her kids a home-cooked breakfast, lunch, and dinner for the past week: Excellent! Good nutrition is important, and they're learning to enjoy healthy foods at an early age, a boon for the rest of their lives. You're a good mom.

*Continued on next page*

# Home Visiting Program

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To the mom with the kids who are sitting quietly and using their manners in the fancy restaurant: Kudos! It takes a lot to maintain order with children in a place where they can't run around. You're a good mom.

To the mom with the toddler having a meltdown in the cereal aisle: They always seem to pick the most embarrassing places to lose their minds, don't they? We've all been through it. You're a good mom.

To the mom who gave birth "naturally," sans drugs: Holy cow, woman...you are a rock star! I'm positive that giving birth to your sweet baby was an experience you will never forget. Good for you. You're a good mom.

To the mom who begged until she got her epidural: Isn't it grand drugs are an option? I'm positive that giving birth to your sweet baby was an experience you will never forget. Good for you. You're a good mom.

To the mom who had a C-Section: Ouch! Those stitches are no joke, Mama! I'm positive that giving birth to your sweet baby was an experience you will never forget. Good for you. You're a good mom.

To the mom whose babies were born in your heart, but came from another woman's womb: The journey of fostering and/or adoption is arduous, nerve wracking and sometimes heartbreaking, so thank you for CHOOSING to follow this twisty path into motherhood. How lucky

are your kids to have you?! You're a good mom.

To every mom: Being a Mom is the most difficult and most important role you will ever have. Don't be surprised if you are constantly questioning whether or not you're "doing it right." You're not alone, most moms question. It's a lot of work and a lot of pressure, so give your self permission to make mistakes, to learn and grow and extend grace to others and accept grace for yourself. You're a good mom.

Home Visiting is for Siletz families in the 11 county service area expecting a baby or with a baby under one year of age. For information about Home Visiting contact Lori Christy, Home Visitor at 503-390-9494.



# Siletz Alcohol & Drug Program

## Addiction is a Family Issue

Addiction is a family issue; families need support not only for their loved one who is addicted but for themselves. We often forget about how we are impacted in a loved one's addiction and how it impacts us in our daily lives. Sometimes we don't even think that it has any effect on us or that the addiction is "their" problem. Reality is that we all are impacted some way or another from a loved one's addiction whether we want to recognize it or not. Some of the family characteristics of a family affected by alcohol are.

- We have an overdeveloped sense of responsibility and it is easier for us to be concerned with others rather than ourselves; this enables us to not look too closely at our own faults, etc.
- We get guilt feelings when we stand up for ourselves instead of giving in to others.
- We confuse love and pity and tend to "love" people we can "pity" and rescue.
- We frighten people with our anger and threat of belittling criticism.
- We dominate others and abandon them before they can abandon us or we avoid relationships with dependent people altogether. To avoid being hurt, we isolate and dissociate and thereby abandon ourselves.
- We become addicted to excitement or chaos.

Understanding the effects of addiction on the whole family is vital in a healthy relationship with someone who is working on their recovery. If families received healing from the trauma that addiction has placed on them then the family unit will become whole and healthy again. Here are some resources to gain support for family members and friends. Oregon-anon.org, 888-4AL-ANON, www.al-anon.alateen.org. Remember everyone deserves to heal from addiction even when you're not the one addicted.

Recognize  
Acknowledge  
Forgive  
Change

If you or someone you know needs substance abuse treatment, recovery is possible. For drug and alcohol information and treatment referral call Andulia WhiteElk (503) 238-1512 x 1414  
Help is available and confidential.

# Siletz Tribal Housing Department



## Temporary Tribal Student Assistance Program

The Siletz Tribal Housing Department's Temporary Tribal Student Assistance Program (TTSAP) will accept applications for the 2021-2022 academic year beginning May 1, 2021.

### Program Information

- TTSAP assists Tribal students who will be attending a college, university, vocational or trade school.
- TTSAP is a time-limited program. Funding is for one academic year.
- TTSAP assists students with rent or room and board in a dormitory.
- The student's share of the rent is 30% of their adjusted annual income.  
Important Note: The student might be required to remit a portion of the rent. For example, if a student is working the wages will affect the student's share of the rent.

- Assistance is not transferable.

**The Siletz Tribal Housing Department will accept applications from May 1-31, 2021. If applications are received after May 31, they will not be accepted by STHD.**

To obtain an application, please stop by the STHD office at 555 Tolowa Court, Siletz OR, 97380 or call 800- 922-1399, ext. 1315, or 541-444-8315. Applications can also be downloaded from the Tribal website at [ctsi.nsn.us](http://ctsi.nsn.us).

Cecelia DeAnda  
[ceceliad@ctsi.nsn.us](mailto:ceceliad@ctsi.nsn.us)  
Rental Assistance Program Coordinator/  
Resident Services Advocate

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U  
E





## Tribal Youth Council






**Siletz Tribal Youth Council!**  
 May 16th  
 11:00am  
 Via Zoom

**Area Office Contact Info**

Portland: Katy Holland  
 (503) 238-1512, Katyh@ctsi.nsn.us

Salem: Sonya Moody-Jurado  
 (503) 390-9494, Sonyamj@ctsi.nsn.us

Eugene: Nora Williams  
 (541) 484-4234, NoraW@ctsi.nsn.us

Siletz: Elizabeth Madden

Youth Council is for ages 12 to 24.  
 Middle School, High School, &  
 Higher-Ed students welcome!

Experience  
 Leadership  
 Community

## CTSI Youth Activities

Stay up-to-date with Tribal youth activities on the Facebook CTSI Youth page.




**We're Back!**  
 Calling all Gamers, k-12  
 CTSI Spring Break  
 Minecraft Gathering!

**May 22nd, 11am**

Contact:  
 jacobr@ctsi.nsn.us for  
 registration

## CTSI Youth Activities



**CTSI Youth Is Providing Activity Boxes To Promote Mental & Emotional Wellness**

Register by 05/20/2021



**Contact the Prevention Coordinator or Youth Development Program Coordinator for Registration**

- Fidget Spinner Kits
- Calming Bottles
- Mindfulness Rocks

Elizabeth Madden | elizabethm@ctsi.nsn.us  
 Jacob Reid | jacobr@ctsi.nsn.us

**This event is intended for CTSI households for youth 18 and under**

**CTSI Youth Cultural Sharing Night**  
 MONTHLY/VIRTUAL  
 5/20, 6/17  
 6-8pm

TO REGISTER EMAIL  
 JACOBR@CTSI.NSN.US  
 OR USE QR CODE:

Storytelling  
 Art  
 Poetry  
 Music  
 Modern  
 Traditional  
 Nuu-wee-ya'



## Resources



PAPERLESS??

Would you like to receive the newsletter in color and faster than by postal service?

Please email [diannae@ctsi.nsn.us](mailto:diannae@ctsi.nsn.us) to sign up today.

*CTSI Tribal Youth*  
**Online Academic Support**

**\*24/7 On-Demand Access to Online Professional Tutors**

**\*All Subjects and Grade Levels-Including College and University**

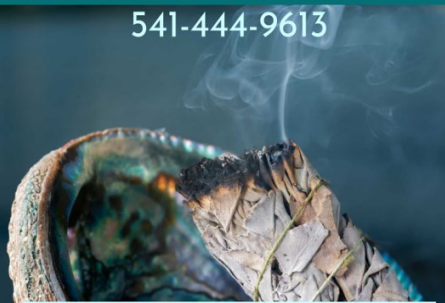
**\*Individualized Help**

**\*All Tribal Students Eligible to Apply, Regardless of Residence**

To sign up contact your local education specialist:  
Siletz and Out of Area-[alissalectsi.nsn.us](mailto:alissalectsi.nsn.us); PDX- [Katy.Katy@ctsi.nsn.us](mailto:Katy.Katy@ctsi.nsn.us);  
Salem and Eugene-[sonyamj@ctsi.nsn.us](mailto:sonyamj@ctsi.nsn.us)

PLEASE NOTE:  
On-line tutoring access is funded with US CARES Act Funds. Students MUST register by October 31, 2021. Tutoring hours are available on a first come first serve basis as resources are available

**CTSI Resource Line**  
**541-444-9613**



We are here to connect Tribal members and their families to local resources. This includes food, housing, and other essentials.

We have hard to find items available for general membership. This includes:

- Thermometers
- Hygiene and sanitation items
- Smudge kits
- and more!

*Available while supplies last*

If you need assistance, call us Monday through Friday between 9am-3pm.

DO YOU HAVE QUESTIONS ABOUT THE COVID VACCINE OR WANT TO BE PLACED ON OUR LIST?

**CALL THE COVID LINE**  
**541.444.9636**

Please do not call our main clinic line. Thank you!



**Siletz Tribal Veterans**

For information and assistance from Tony Molina, Tribal Veteran Representative, call 541-270-0569 or email [tonym@ctsi.nsn.us](mailto:tonym@ctsi.nsn.us)

## Portland Area Office Staff

Name/Title	Contact Information
Rebecca Downey Area Office Supervisor	(503) 238-1512 x 1419 <a href="mailto:rebeccad@ctsi.nsn.us">rebeccad@ctsi.nsn.us</a>
Katy Holland Education Specialist	(503) 238-1512 x 1418 <a href="mailto:katyh@ctsi.nsn.us">katyh@ctsi.nsn.us</a>
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## Other Contact Numbers

Name/Program	Number	Name/Program	Number
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Siletz Community Health Clinic	(800) 648-0449	NAYA	(503) 288-8177