

Confederated Tribes of Siletz Indians
PORTLAND POTLATCH
 December 2021

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**COMMUNITY
 CULTURE CRAFT SERIES
 PART THREE**

We are excited to announce **Part 3** of our community craft Series. The take-home craft series began in October and will continue through December 2021.

At the end of the series we will host a zoom meeting for all participants to show their work or progress.

Our 3rd project in the series will be Beaded Necklaces!



**The deadline to sign up is:
 Wednesday, December 15th at 4:30 PM**

To sign up, please e-mail
 Dianna Edenfield at:
Diannae@ctsi.nsn.us

Holiday Lights in PDX

Oregon Zoo Lights:

November 19th—January 9th
Oregon Zoo
4001 SW Canyon Rd, Portland, OR
97221



Kids and adults alike agree: it wouldn't be the holidays in Portland without a visit to ZooLights. In addition to the classic walk through a dazzling display of 1.5 million lights, you can bring your family and friends to explore the lights by car with a drive-through experience on select nights

Winter Wonderland at P.I.R.:

November 26th—January 1st
Portland International Raceway
1940 N Victory Blvd, Portland, OR 97217



Recognized throughout the Pacific Northwest as the “Largest Holiday Light Show West of the Mississippi”, Win-

ter Wonderland, will grab your attention with glimmers and glows around every corner. Since 1993, a journey through Winter Wonderland has become a holiday tradition for many families, friends, and social organizations to celebrate the spirit of the holiday season. Spectators can enjoy the most spectacular drive-through light show in the region, viewing over 250 colorful light set pieces and many fully animated scenes from the comfort of their own vehicle.

A Pittock Mansion Christmas:

November 22nd— January 4th
Pittock Mansion
3229 NW Pittock Dr, Portland, OR
97210



Pittock Mansion Christmas celebrates the wonderful world of animals with its Critters Make Merry exhibit. From reindeer and polar bears to lions and mice and a few in between, volunteer decorators have transformed the Mansion's rooms into enchanting animal havens.



Holiday Shopping in PDX

Portland Indigenous Market-

place: December 11th
Check website for location:
www.indigenousmarketplace.org

Portland Indigenous Marketplace supports indigenous artists and entrepreneurs by providing barrier-free, culturally respectful spaces that encourage cultural resilience and economic sustainability by promoting public education through cultural arts.



My People's Market:

December 5th -19th
831 SW Salmon St, Portland OR 97214

My People's Market showcases local entrepreneurs and makers of color, connecting them with industry professionals and consumers.



Crafty Wonderland:

December 10th—12th
Oregon Convention Center
777 NE Martin Luther King Jr Blvd, Portland, OR 97232

Founded in 2006, Crafty Wonderland is now the city's biggest arts and crafts mar-



ket, drawing hundreds of vendors and tens of thousands of visitors to the (nice and dry) Oregon Convention Center in Northeast Portland. The twice-yearly market returns in early December and May (just in time for holiday shopping and Mother's Day, respectively!).

Unique Markets Pop-Up:

December 4th—5th
Veterans Memorial Coliseum
300 N Winning Way, Portland, OR
97227

Don't miss Portland's newest shopping event, curated and inspiring. Shop from 140 of the best-emerging brands & designers. Enjoy free drinks, DIY gift wrapping, photo booth fun & festive holiday vibes.



477—Self-Sufficiency Program

477 Self Sufficiency Mission Statement

To assist eligible clients in attaining self-sufficiency. The 477 Self-Sufficiency Program will serve the following groups as they work towards this goal:

- Siletz Families
- Native American
- Alaskan Native
- Native Hawaiian

The available components through the Program are cash grant services, emergency utility assistance, job training, job retention services and supportive services.

The Program Manual lists all available components in detail and the requirements of each. All components of the 477 SSP are available on a budgetary basis.

Contact a Tribal Services Specialist for more information about current components that are available.

Your Success is Important to Us!

Contact a Tribal Services Specialist for more information about current components that are available.

If you have questions or to apply, please call the Portland Area Office (503) 238-1512 and speak with Anna Renville ext. 1412 or Tamra Russell ext. 1411.

Language Program



LOG IN ON THE CTSI WEBSITE TO GET MORE INFORMATION ABOUT CLASSES AND TO GET ACCESS TO STUDY MATERIALS.

SIGN UP TODAY FOR FALL SESSION ON-LINE LANGUAGE CLASSES

LEARN NUU-WEE-YA'

TUESDAYS OCTOBER 12-DECEMBER 7
5:00 PM-BEGINNING CONVERSATION

THURSDAYS OCTOBER 14-DECEMBER 9
5:00 PM-CONTINUING CONVERSATION

SATURDAYS 10/30, 11/13, 12/4
11:00 AM- IMMERSION SPEAKING GROUP

Please contact Nick Viles (nickv@ctsi.nsn.us) with questions and to sign up

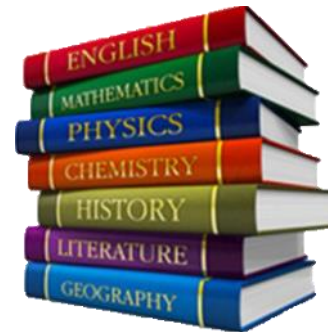
Education & Youth Update



2021 Virtual Siletz Tribal Youth Conference

The 2021 Virtual Siletz Tribal Youth Conference for 7th grade through high school is set for December 28th and 29th. Spaces may still be available if you would like to register. This will be a great time for our Tribal youth!

Please contact Katy as soon as possible at: katyh@ctsi.nsn.us or (503) 238-1512 ext. 1418.



Online Academic support is available for Siletz Tribal Members!

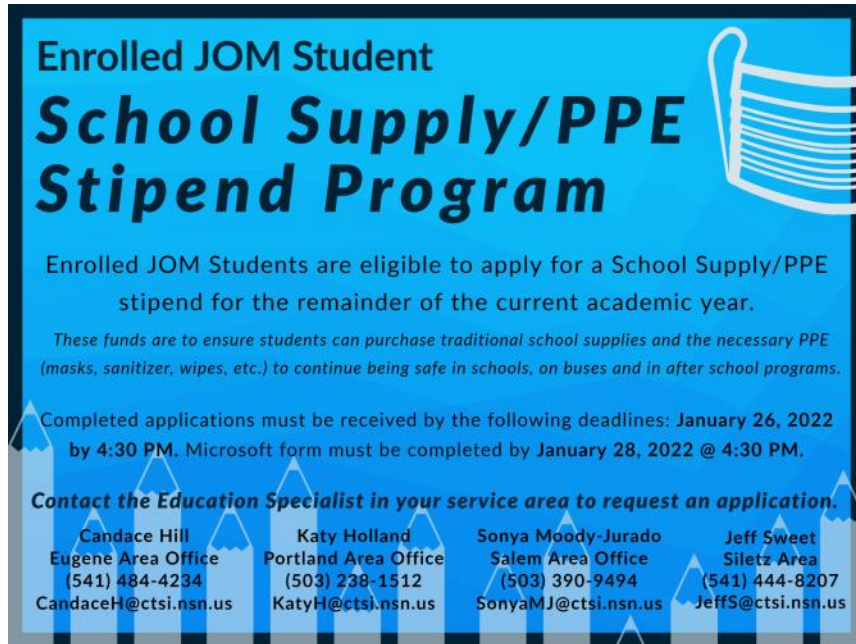
Siletz Tribal Members Online Academic Support

- * 24/7 On-Demand Access to Online Professional Tutors
- * All Subjects and Grade Levels- From Kindergarten through College/University
- * Individualized Help in All Subjects
- * SAT & ACT Prep; College Course Level Help and More
- * All Tribal Students Eligible to Apply, Regardless of Residence.

Contact your local Education Specialist to sign up:
Siletz & Out-of-Area Salem
Alissa- AlissaL@ctsi.nsn.us Sonya- SonyaMJ@ctsi.nsn.us
Portland Eugene
Katy- KatyH@ctsi.nsn.us Candace- CandaceH@ctsi.nsn.us

Please Note:
On-line tutoring access is funded with US CARES Act Funds; Students MUST complete a COVID-19 Tutoring Application to register. Tutoring hours are available on a first come first serve basis as resources are available

Education & Youth Update



**Enrolled JOM Student
School Supply/PPE
Stipend Program**

Enrolled JOM Students are eligible to apply for a School Supply/PPE stipend for the remainder of the current academic year.

These funds are to ensure students can purchase traditional school supplies and the necessary PPE (masks, sanitizer, wipes, etc.) to continue being safe in schools, on buses and in after school programs.

Completed applications must be received by the following deadlines: **January 26, 2022 by 4:30 PM.** Microsoft form must be completed by **January 28, 2022 @ 4:30 PM.**

Contact the Education Specialist in your service area to request an application.

| | | | |
|---|--|---|---|
| Candace Hill Eugene Area Office (541) 484-4234 CandaceH@ctsi.nsn.us | Katy Holland Portland Area Office (503) 238-1512 KatyH@ctsi.nsn.us | Sonya Moody-Jurado Salem Area Office (503) 390-9494 SonyaMJ@ctsi.nsn.us | Jeff Sweet Siletz Area (541) 444-8207 JeffS@ctsi.nsn.us |
|---|--|---|---|

If you would like to sign up for the January school supply stipend please email Katy at katyh@ctsi.nsn.us or call Katy at (503)238-1512 ext. 1418. A link will be given to you to register for this opportunity. (Please note this opportunity is made possible through the JOM program which requires that students be enrolled in a public school) If you have any question please contact Katy.

Siletz Tribal JOM Supplemental Education Program:

Helps to fund K-12 Native American students who are attending a public school in support of their intellectual growth, vocational goals and cultural enrichment. The program also helps to fund students in basic services such as tutoring, cultural enhancement, recreation activities and college preparation. Applications can be found on the CTSI web page at www.ctsi.nsn.us. Contact Katy by email at katyh@ctsi.nsn.us or by calling the Portland Area Office (503) 238-1512 ext. 1418.

Education & Youth Update

Siletz Tribal Youth Activity Fund is available to enrolled Siletz Tribal Youth to fund a variety of programs such as: sports, music, camp, science, cultural supplies/materials, shop, lab fees, extra curricular and more. Download the Youth Activity Fund Application online at www.ctsi.nsn.us.



Siletz Education Programs Serving Our Tribal Members

- ◆ **Higher Education:** Assists Tribal Members to attend college towards their Bachelors Degree—up to five years of educational support funding. Each year the deadline to apply is June 30th. Applications to apply for Federal student Aid (FAFSA—required) **opens October 1, 2021.**
- ◆ **Adult Vocational Training Program:** Supports Tribal Members for up to two years of specific vocational training. Download applications at <http://www.ctsi.nsn.us/uploads/downloads/Education/Grants/CTSI-AVT-Application.pdf>

- ◆ **Adult Education Program:** For Siletz Tribal Members 16 years or older who are not already enrolled in a formal education program. This program can assist with GED, certificate and licensing programs, classes and more. The program's primary purpose is to improve and maintain employment status of all of our Tribal Members. No deadline applies to this.

For more information please contact Katy at the Portland area office by calling or by email; katyh@ctsi.nsn.us .

Please visit our Tribal webpage at:
<https://www.ctsi.nsn.us/tribal-services/education/>

Education & Youth Update

Are you ready for the new December JOM Activity?

Registration is open from December 1st through December 14th. Please call Katy at (503) 238-1512 ext. 1418 or email Katy if you would like the link to sign up: katyh@ctsi.nsn.us

JOM FALL ACTIVITIES

Open to JOM registered youth in the 11-county service area.

Register each month by the due dates below to receive a fun activity package!

Contact your local Education Specialist to sign up.

| | |
|---|--|
| Candace Hill Eugene Area Office 541-484-4234 CandaceH@ctsi.nsn.us | Alissa Lane-Keene Siletz Area 541-444-8373 AlissaL@ctsi.nsn.us |
| Katy Holland Portland Area Office 503-238-1512 KatyH@ctsi.nsn.us | Sonya Moody-Jurado Salem Area Office 503-390-9494 SonyaMJ@ctsi.nsn.us |

DATES

- October: Opens 10/1 and closes 10/14
- November: Opens 11/1 and closes 11/15
- December: Opens 12/1 and closes 12/14

Do you like what you are reading so far?

Like our Facebook page to get updates on important information and activities.

[Confederated Tribes of Siletz Indians - Portland Area Office - Home | Facebook](#)

Education & Youth Update



Thinking of attending college during the 2022-2023 Academic year? Here's what you need to know

✚ FAFSA Opens for Applications Oct. 1st
(at www.fafsa.ed.gov)

*If applying for Higher Education funds for the 2022-2023 academic year, students must complete their FAFSA by **June 30th**

✚ CTSI Higher Education Grant Application Due June 30th
www.ctsi.nsn.us/wp-content/uploads/2020/12/Higher-Education-Application.pdf

✚ CTSI Graduate Application Due June 30th

www.ctsi.nsn.us/wp-content/uploads/2020/12/Graduate-Student-Application.pdf

• Graduate applicants must apply to the American Indian Graduate Center for scholarship funding, to be eligible for CTSI Funding (at www.aigcs.org)

• American Indian Graduate Center applications open as early as December and **close as early as May each year**. It is your responsibility to be aware of and meet the AIGC scholarship deadlines.

Contact an Education Specialist in your area for more information.

| | | | |
|---|---|--|--|
| Siletz Area & Out-of-State Alissa Lane-Keene Alissal@ctsi.nsn.us 541-444-8373 | Eugene Area Candace Hill CandaceH@ctsi.nsn.us 541-484-4234 | Portland Area & Washington Katy Holland KatyH@ctsi.nsn.us 503-238-1512 | Salem Area Sonya Moody-Jurado SonyaMJ@ctsi.nsn.us 503-390-9494 |
|---|---|--|--|

Visit www.ctsi.nsn.us/post-secondary-education/ for applications.

Behavioral Health Program



Thinking about winter:

The leaves have fallen off the trees, or soon will. The days are short and heading to the shortest day of the year... It can be hard to find the energy to do our activities of daily living, let alone extra curricular activities. But that makes it all the more important!

invest in a “happy light”, one that has the full spectrum of sunlight in it (don’t use within two hours of bed)

- 3) Get exercise, even if it’s just walking in place while you watch TV, or window-shopping at the mall. Exercise fuels our body’s desire to continue being busy and active.

Ways to fight shorter day tiredness:

- 1) Limit or eliminate screen use two hours before bed; if you are around artificial light after dark, your body won’t start producing its natural melatonin, and you won’t feel rested the next day, which contributes to feeling sluggish.
- 2) Find a way to get natural or artificial vitamin D—go out when the sun is out, without sunglasses, or

Youth Conference:

Our virtual Youth Conference is at the end of the month, for 7th-12th graders. Hopefully your youth have signed up! We have many fun activities planned, alongside many cultural pieces and powerful speakers. See the January newsletter for a summary!

Behavioral Health Program

Mental Health Specialist services Traditional Coping include:

“Brainspotting”, Couples counseling, youth, adult and family counseling with emphasis in experiential healing and person-centered therapy. Rachel likes to meet people where they are at, and help them be the best they can be with what they have.

Winter preparations should now be well underway, and the Elders in our thoughts. It’s still a great time to be active in your community; try and join a wood-cutting event, or find other ways to reach out to the members of the community in the most need and lend a helping hand. (Please don’t forget social distancing which remains important.) The Siletz peoples are encouraged to keep in harmony with their ancestors’ ways; you can attend sweats, drum circles, talking circles, and/or smudge. Most importantly, live life in a healthy, good way.

A December haiku by the MHS:

In December come
 Dreams of snow but not ice,
 Rosy cheeks, ahhh, nice.

Email Mental Health Specialist Rachel your own haiku and she’ll put it in her newsletter, first-come first-served.

rachelz@ctsi.nsn.us

Portland Area Office
 Virtual Appointments Only
 (503) 200-4340

Salem Area Office
 Virtual Appointments Only
 (503) 200-4340



Home Visiting Program

CHRISTMAS TRADITION IDEAS

Having Christmas traditions with your children can be quite fun. Traditions bring with them a sense of belonging, create memories and share the story of what is important to your family. You may already have established traditions that you plan to do again this year and that is great. With young children in the home you may find it fun to try out some new activities and discover some that go on to become new traditions. Here are a few you may want to try.

Ornaments – Make or buy a new ornament each year for the tree. When your child grows up and has their own home they may want to take those ornaments with them for their own tree.



Christmas Movie Fridays- Pick a Friday night in December or choose every Friday night to be Christmas movie night. Gather round as a family, grab a blanket, a favorite snack and settle in for a Christmas movie.

Christmas Tree Campout – Have a family campout by the Christmas tree one night. Build a fort or bring out the sleeping bags and spend time by the tree. Enjoy a cup of hot chocolate, read some Christmas stories and fall asleep by the glow of Christmas lights.

Cookie Bake – Make Christmas cookies together. You may have a favorite family recipe or two to make, if not try rolling out some sugar cookies, use a cutter to cut out Christmas shapes and decorate with frosting and sprinkles. Save some for the family and take some to a neighbor or elder.

Reindeer Food – Make some reindeer food with dried oats and some glitter. Sprinkle some in the yard on Christmas Eve for Santa’s reindeer.

Christmas Letter – Write a letter or card to your child each Christmas. Tell them what you like about them, the

Home Visiting Program

things you see them learning, what you hope for them in the coming year. Maybe you want to make a box that you put the letter in each year and place under the tree. This can be a timeline of love and memories for your child.

Home Visiting is a 477-SSP program providing support, encouragement and resources for parents of infants and toddlers. We serve native families in our 11 county service area who are expecting or have an infant less than 12 months of age, continuing until the child’s third birthday. If you would like more information about Home Visiting please contact Home Visitor, Lori Christy in the Salem Area Office at 503-390-9494.

Christmas Movie Bucket List
with options for both kids and adults

1. NATIONAL LAMPOON'S CHRISTMAS VACATION
2. HOW THE GRINCH STOLE CHRISTMAS (1966)
3. A CHRISTMAS STORY
4. WHITE CHRISTMAS
5. MIRACLE ON 34TH STREET
6. A CHARLIE BROWN CHRISTMAS
7. RUDOLPH THE RED-NOSED REINDEER
8. IT'S A WONDERFUL LIFE
9. HOME ALONE
10. HOME ALONE 2
11. JACK FROST
12. THE SANTA CLAUSE
13. THE NIGHTMARE BEFORE CHRISTMAS
14. ELF
15. CHRISTMAS WITH THE KRANKS
16. THE POLAR EXPRESS
17. ARTHUR CHRISTMAS
18. HOW THE GRINCH STOLE CHRISTMAS (2000)
19. THE HOLIDAY
20. THE FAMILY STONE
21. LOVE ACTUALLY
22. DIE HARD
23. SCROOGED
24. FOUR CHRISTMASSES
25. THE FAMILY MAN

MAGICAL REINDEER FOOD

Sprinkle on the lawn at night
The moon will make it sparkle bright
As Santa's reindeer fly and roam
This will guide them to your home.

Tobacco Prevention Program

IS SMOKELESS TOBACCO SAFER THAN SMOKING?

Smoking is a serious health risk and one that can have countless negative impacts on our health. Of course everyone would stop if they could, but the unfortunate reality is that smoking is also addictive and sometimes this can make it seem impossible to quit. One solution many people turn to is to try something different. It isn't the smoking itself that is addictive you see, rather it is the nicotine which causes a release of dopamine in the brain and encourages neurotransmission resulting in a 'high' that we begin to crave. One strategy that some people will use themselves is chewing tobacco – which contains nicotine but doesn't involve inhaling anything into your lungs.

Types of Chewing Tobacco—

Chewing tobacco goes by many names: smokeless tobacco, chew, snuff, snus, pinch, dip and more.



Is Chewing Tobacco a Safe Alternative?

The addiction to cigarettes is deeper than just the physical addiction to tobacco – it's also a psychological addiction. It becomes a habit and it becomes a crutch that many use to lean on emotionally. If you are used to going outside for a ten minute break and lighting the end of a match then you will be used to the warmth this creates, to the feel of the cigarette in your mouth – generally to the entire rigmarole and culture and not just the chemical kick. You can change to chewing tobacco and think that you're curing yourself of smoking, but in fact you are just replacing one dangerous and damaging habit for another.

Addiction

The big problem with chewing tobacco is that it actually results in you taking in more tobacco than a cigarette. This occurs because you leave the



Tobacco Prevention Program

chew in your mouth for a longer time, this causes you to get a steady stream of nicotine throughout the day. In other words your body becomes accustomed to getting more nicotine and getting a constant flow of it.

Cancer

There are over thirty different cancer-causing agents in chewing tobacco. You will be less likely to experience lung cancer because these won't make it to your lungs, but the chances of getting it in your mouth, throat, cheek, gums, lips or jaw are increased as the substance will spend much time here. This can be fatal, or if you have to have it removed it can result in serious disfigurement. Pancreatic cancer and kidney cancer are also more likely. To drive home just how dangerous chewing tobacco is, look inside your mouth. If you already chew tobacco then you might see that there are some tiny white lesions there. These tiny white lesions are called leukoplakia and are 'precancerous' and if you continue these lesions can grow and become cancerous.

Heart Problems

Chewing tobacco speeds up your heart rate and increases your blood pressure. This then increases your chances of heart problems and circulatory diseases. You are more likely to experience poor circulation leading to nerve damage, and you are more likely to suffer a heart attack or stroke.

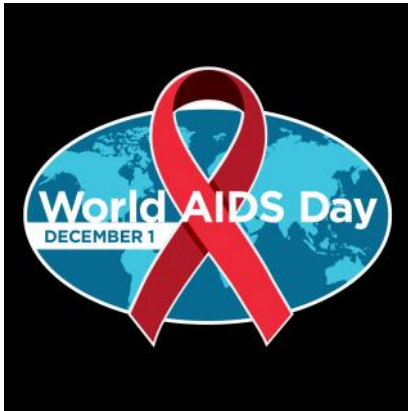
Conclusion

Neither chewing tobacco nor smoking are advised and both can lead to serious problems. They are both addictive, unattractive, unsociable and frankly expensive. More importantly both can lead to various forms of cancer and heart disease. While you won't get tar in your lungs or blood stream with chewing tobacco, higher amounts of nicotine and the long amount of time the substance spends in your mouth means that addiction and mouth cancer is actually even more likely.



**Commercial Tobacco Quitline 1-800-QUIT-NOW
AI/AN Line now available (option 7) 1-800-784-8669**

Voc. Rehab Program



AIDS (Acquired Immunodeficiency Syndrome – HIV (Human Immunodeficiency Virus) is a complex disease that compromises an individual’s immune system. It is a sexually transmitted disease. It can also be caused by needles and syringes that are contaminated with infected blood; or from mother to child during pregnancy, childbirth, or breast-feeding. AIDS has been in existence since 1988, yet there is still no cure.

In the American Indian and Alaska native communities, HIV/AIDS is increasing and there needs to be more awareness and outreach. As many as 34% of AI/NA are living with HIV infection and may not know it. People who don’t know they are living with HIV do not seek medical care. Overcoming stigma of any sort is key to successful healing of individuals with

AIDS and their communities. Participation in healing traditions and/or cultural activities helps them transition and accept their situation with dignity and resolve.

Signs and Symptoms:

- Fatigue
- Swollen lymph nodes
- Fever
- Weight loss
- Diarrhea
- Thrush on tongue
- Memory loss
- Confusion
- Disorientation

Getting appropriate medical treatment for HIV can slow down the process of getting AIDS. By following a strong medication regimen, individuals can prolong their health and wellness and avoid full-blown AIDS.

An individual with HIV-AIDS, may struggle to get or keep employment. For instance, they may experience fatigue which limits the types of jobs and how long they can work. Some

Voc. Rehab Program

accommodations are placing the employee in a modified job with limitation of tasks, i.e., no lifting or carrying. Providing a warm office space with a heater and recliner so that the individual can adjust to changes in body temperature.

If you or a loved one’s work performance is impacted, then inquire of Siletz Vocational Rehabilitation Program staff who may be able to assist you with workplace accommodations.

*Happy Holidays—
Stay SAFE!*

For more information about the Vocational Rehabilitation Program please contact:

Tamra Russell, SSP/Vocational Rehabilitation Counselor/Job Developer (Part-Time) – Portland (503) 238-1512, ext. 1411

Toni Leija, Vocational Rehabilitation Counselor/Job Developer – Salem (503) 390-9494, ext. 1861.



CTSI VIRTUAL CULTURE NIGHTS

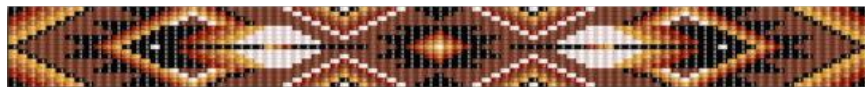
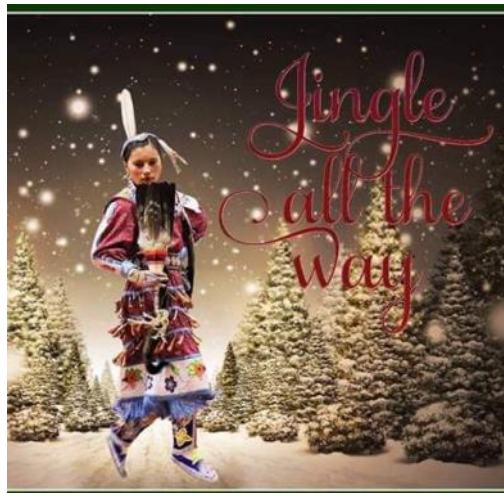
ALL TRIBAL MEMBERS AND FAMILIES WELCOME

Upcoming Dates:

December 8 at 6 pm: Spruce Root
January 12 at 6 pm : Pine Nuts
February 9 at 6 pm: Hazel

Sponsored by the Education and Culture Departments.
 Contact Nick Viles at 1-800-922-1399 x1757 or nick@ctsi.nsn.us for log in information

Resources



CTSI Resource Line
541-444-9613

We are here to connect Tribal members and their families to local resources. This includes food, housing, and other essentials.

We have hard to find items available for general membership. This includes:

- Thermometers
- Hygiene and sanitation items
- Smudge kits
- and more!

Available while supplies last

If you need assistance, call us Monday through Friday between 9am-3pm.

KEEP PORTLAND WEIRD ALIVE.

STAY HOME. SAVE LIVES.

211info ★

2-1-1

The easiest way to find health and human services.

TEXT zip to 898211
DIAL 211
SEARCH 211info.org

Free. Live. Confidential.

Portland Area Office Staff

| Name/Title | Contact Information |
|--|---|
| Andrew Johanson Area Office Supervisor | (503) 238-1512 x 1419 andrewj@ctsi.nsn.us |
| Katy Holland Education Specialist | (503) 238-1512 x 1418 katyh@ctsi.nsn.us |
| Vacant Community Health Advocate | (503) 238-1512 x 1413 |
| Dianna Edenfield Area Office Clerk | (503) 238-1512 x 1400 diannae@ctsi.nsn.us |
| Anna Renville Tribal Service Specialist | (503) 238-1512 x 1412 annar@ctsi.nsn.us |
| Tamra Russell Tribal Service Specialist | (503) 238-1512 x 1411 tamrar@ctsi.nsn.us |
| Andrew Eddings Outpatient Counselor I | Work Cell: (541) 270-9717 andrew@ctsi.nsn.us |
| Rachel Adams Mental Health Specialist | (503) 238-1512 x 1417 rachel@ctsi.nsn.us |
| Andulia WhiteElk A & D Counselor | (503) 238-1512 x 1414 anduliaw@ctsi.nsn.us |

Portland Potlatch is published by the Confederated Tribes of Siletz Indians Portland Area Office

12790 SE Stark St.,
Suite 102, Portland,
OR 97233

Phone: (503) 238-1512
Fax: (503) 238-2436
www.ctsi.nsn.us



Other Contact Numbers

| Name/Program | Number | Name/Program | Number |
|---------------------------------------|----------------|--|----------------|
| Confederated Tribes of Siletz Indians | 800-922-1399 | Purchased Referred Care (PRC) | 800-628-5720 |
| Portland Area Office | (503) 238-1512 | Angelina Artiago Portland Elders Rep. | (503) 760-3899 |
| Salem Area Office | (503) 390-9494 | Kay Steele Portland Elders Rep. | (503) 760-4746 |
| Eugene Area Office | (541) 484-4234 | NARA | (503) 224-1044 |
| Siletz Community Health Clinic | (800) 648-0449 | NAYA | (503) 288-8177 |