



STAHS sees fundraising success for 'A Place for the People,' Siletz Cultural Center

Good news these days can be hard to find, but we have some to share.

A \$300,000 grant from the Collins Foundation is adding to the momentum of The Campaign for A Place for the People (The Campaign), the Siletz Tribal Arts and Heritage Society's \$2.5 million fundraising campaign to construct Ghii Dee-Ne Dvn, the Siletz cultural heritage center and museum.

Launched in February 2020, The Campaign got off to a rocky start with the arrival of the pandemic.

"We were only able to raise about \$90,000 in 2020," according to Capital Campaign Director Stephen Reichard. "But 2021 has been good to the campaign. We

expect to complete fundraising on time in the spring of 2022 or even ahead of schedule."

Through September, The Campaign had raised more than \$1.6 million with more than \$1.5 million in outstanding requests and another \$500,000 in proposals to be submitted before the end of 2021.

In addition to a large number of small foundation requests of between \$10,000 and \$50,000, STAHS is seeking a \$750,000 appropriation from Congress that is being supported by Sens. Ron Wyden and Jeff Merkley as well as Rep. Kurt Schrader.

While the uncertainty over the U.S. budget has clouded the picture for this

funding, should the U.S. Congress pass a budget this year the earmark from it should be enough to allow STAHS to conclude its campaign.

The capital campaign provides the foundation to generate the remaining funds that will be necessary. In regard to the millions that are yet to be raised, Vice Chair Teresa Simmons said, "Looking back on the time when STAHS was raising money with raffles to have enough to buy printing paper, the progress that has been made feels amazing."

Gloria Ingle, Simmons, Angela Ramirez and Shantel Hostler Peacock, members of the unpaid volunteer STAHS board, are proud of progress that has been

made despite the many obstacles encountered along the way.

STAHS Chairman Gloria Ingle shared, "We are looking forward to the day when the countless hours spent over the past several years brings about the realization of a wonderful facility dedicated to celebrating and sharing the history and culture of the Confederated Tribes of Siletz."

If you would like to add your name to the growing list of supporters of The Campaign for A Place for the People and get your name on the donor wall in Ghii Dee-Ne Dvn, you can send your donation to STAHS, 170 SE Swan Ave., Siletz, OR 97380.

Haaland reflects on first 6 months in office, progress made for Indian Country

By Deb Haaland, U.S. Secretary of the Interior; from *Indian Country Today*, originally posted Oct. 6, 2021

When President Joe Biden nominated me to be the U.S. Secretary of the Interior, I felt the profound importance of what that moment meant for Indigenous peoples in our country. I knew then, as I still feel now, that we're at the beginning of a new era where Indigenous knowledge in our work to combat systemic inequities and craft policies to ensure fairness and

a bright future for everyone is valued and prioritized.

Representation matters. When people whose communities have long been underrepresented and oppressed are at the decision-making table, we can develop solutions that benefit all of us.

I'm proud to be part of an administration that recognizes and trusts that my life experiences can inform policy-making in an effort to correct the mistakes of the past and help to create a future

our ancestors would be proud of. With humility and gratitude, part of my role at the department is to be a megaphone for Tribal issues and bring Indigenous representation to the highest levels of government. Native Americans, Alaska Natives and Native Hawaiians have pushed for this kind of representation for hundreds of years.

There is much work ahead.

During my time in the U.S. Congress and in response to what I heard from Indian Country, I made the missing and murdered Indigenous people's crisis a priority and passed the Not Invisible Act and Savanna's Act.

Now, with the formation of a new Missing and Murdered Unit and the



Courtesy photo from *Indian Country Today*

Deb Haaland, the U.S. Secretary of the Interior, is the first Native American to serve as a cabinet secretary and is an enrolled member of the Pueblo of Laguna.

See Haaland page 13



COVID-19 EMERGENCY ASSISTANCE PAYMENT PROGRAM

The Siletz Tribe has established multiple COVID-19 Relief Programs to ensure all eligible Tribal members received assistance for the unexpected costs and/or loss of income due to the COVID-19 pandemic public health emergency since the Tribal Declaration of Emergency on March 17, 2020.

The Siletz Tribal Council intends to approve, by Tribal Resolution, a one-time **Emergency Assistance Payment** in 2021 that falls within the General Welfare Ordinance guidelines for each eligible and living Tribal member enrolled on **Oct. 31, 2021, including minors**. The payment amount will be determined by Tribal Council Resolution on **Nov. 17, 2021**.

The guidance by the U.S. Department of Treasury requires **each adult** Tribal member applying for assistance to complete an application for programs and payments. An application was mailed Sept. 1, 2021, to all Tribal members with a valid address on file with Enrollment as of that same day. The application is also available on the Tribal website.

- You can call 541-444-8224 after noon on Nov. 17, 2021, to hear a recording of the information as it was voted on.
- This payment will not be subject to garnishment through Siletz Tribal Court.
- This assistance is considered non-reportable based on the Tribal General Welfare Exclusion Ordinance.
- Only one application per eligible and living Siletz Tribal member enrolled on Oct. 31, 2021. Adults must complete their own application. The parent with physical custody should list their children on the parent's own application. Non-Tribal parents, including foster parents, should apply on the Tribal member children's behalf.
- For parents/guardians who are applying for minor children in their care, the child's full name and date of birth must be listed on the application for it to be considered complete. If the Roll # is not completed, staff will fill that information in. Children must be listed in the database system used by Enrollment in the same household as the adult applying on their behalf. Foster families will be verified by Enrollment with the Indian Child Welfare Department.
- For adults who are not Tribal members who are applying on behalf of a Tribal member minor, a W9 form must also be submitted. Contact staff via CARES@ctsi.nsn.us if you are in need of that form and it is also available on the Tribal website.
- Submit a completed application by **FRIDAY, NOV. 12, 2021**, by 4:30 p.m. PST and receive an Emergency Assistance Payment dated **Dec. 1, 2021**. Any application submitted **after 4:30 p.m. PST on Nov. 12, 2021**, will not be eligible for payment.
- Submit completed application one of the following four ways:

- MAIL - CTSI, Attn: Enrollment, P.O. Box 549, Siletz, OR 97380-0549
- SCAN and EMAIL - CARES@ctsi.nsn.us
- DROP OFF at any area office using their drop box
- FAX to 541-444-8296



COVID

We have been used to celebrating Restoration Day in November, but unfortunately this is the second year that COVID-19 has prevented us from gathering for that celebration.

The Tribe went from moving positively forward from emergency procedures from phase one to phase two and then back to phase one because of the positive increase in COVID cases in Lincoln County as well as in the Tribe and the Siletz community.

The casino had an outbreak that resulted in closure for about three weeks. Even though we have a high percentage of vaccinated employees within the Tribe, the casino has a ways to go.

Now it appears that the numbers of COVID are going down. The tests being done on the water in Siletz, however, tell us a lot of infection still exists in the community. The water is monitored regularly.

It is hoped that we can progress to the next phase of reopening the Tribe as we see more people being vaccinated.

Forest fires

Our area has been very lucky this year during the wildfire season. It was just a year ago that fires raged through Lincoln County and all over Oregon as well.

Budgets

The Tribal Council is in the process of finalizing the funds that were received from the CARES Act. Use of the funds was published in the confidential newsletter in October. Those funds must be spent by the end of December 2021; initially the deadline was December 2020.

It is also time for budget planning for 2022 for the Tribe. Congress has not yet approved funds for federal programs; a continuing resolution is in effect until mid-December.

Chemawa

The new Chemawa Indian School superintendent, Amanda Ward, introduced herself to the Oregon Tribes. She shared that school is expected to begin with students in person in mid-October.

A huge issue for the school is the homeless camps that surround the school property as the students need to be safe on their return to the campus. Hopefully law enforcement will be able to clear those homeless camps.

Consent Decree

Work on the Tribe's Consent Decree continues to move forward. The Tribe has the support of Gov. Brown, the U.S. Attorney's office and the Oregon Fish and Wildlife Department.

Meetings with those entities have been very successful. Legislation supporting our efforts will be introduced in Congress very soon.

Salem casino

The Bureau of Indian Affairs continues to process our application to establish a casino in Salem. A public relations firm has been hired to do some marketing and updating surveys in the Salem area.

Portland apartments

Mamook Tokatee is the name of the new Portland apartment complex that will be completed in December. The Tribe is one of the partners with the Native American Youth Association in its development. Twenty units are designated for Siletz Tribal members (see page 3).



Delores Pigsley

For more information about the Siletz Tribe, visit ctsi.nsn.us.

Elders Council Meeting

The Elders Council will hold a virtual Zoom meeting on Saturday, Nov. 13, 2021, at 1 p.m.

If you are interested in participating in the virtual meeting from your phone, computer or smart phone, please contact Brian Crump in the Elders Program at 541-444-8233 by Wednesday, Nov. 10, 2021.

Be safe. Wear a mask. Get vaccinated. Stay well.

Siletz News is free to enrolled Siletz Tribal members. For all others, a \$12 annual subscription fee applies. Please make checks payable to CTSI and mail to Siletz News.

Name: _____

Address: _____

Phone: _____

Change of address: Tribal members – contact the Enrollment Department at 541-444-8258; 800-922-1399, ext. 1258; or enrollment@ctsi.nsn.us. All others – call the newspaper office.

Send information to:

Siletz News
P.O. Box 549
Siletz, OR 97380-0549
541-444-8291 or
800-922-1399, ext. 1291
Fax: 541-444-2307
Email: pias@ctsi.nsn.us

Deadline for the December issue is Nov. 10.

Submission of articles and photos is encouraged.

Please see the Passages Policy on page 20 when submitting items for Passages.



Member of the Native American Journalists Association

SIGN UP TODAY FOR FALL SESSION ON-LINE LANGUAGE CLASSES

LEARN NUU-WEE-YA!

TUESDAYS OCTOBER 12-DECEMBER 7
5:00 PM-BEGINNING CONVERSATION

THURSDAYS OCTOBER 14-DECEMBER 9
5:00 PM-CONTINUING CONVERSATION

SATURDAYS 11/13 AND 12/4
11:00 AM- IMMERSION SPEAKING GROUP

Please contact Nick Viles (nickv@ctsi.nsn.us) with questions and to sign up

Most graduates from Home Visiting

Congratulations to Cheyenne Most, who has graduated from the Tribal Home Visiting Program.

Cheyenne entered the program not long after finding out she was expecting her beautiful little girl. She stayed fully committed to the program until she graduated at the end of September 2021.

When asked what she valued most about participating in the Home Visiting Program, she responded "Learning really consistent parenting, it's nice to have help, be able to ask questions and get information for local resources." She then added, "I feel like I also learned a lot about myself as a mom/parent through this program."

While in the Home Visiting Program, Cheyenne decided to go back to school to further her education and become a dental assistant. She was accepted into the dental program and her expected graduation date is spring 2022.

We are so proud of Cheyenne for all she has accomplished while participating in the Home Visiting Program.



Courtesy photo

Cheyenne Most and her daughter

Tribal employment information is available at ctsi.nsn.us.



Courtesy photo

Ally and Tristan Metcalf and their children, Hudson and Lola

Metcalfe graduates from Home Visiting

Congratulations to Ally Metcalf as she graduates from the Siletz Home Visiting Program!

Ally started Home Visiting in the summer of 2018 just weeks before the birth of her son, Hudson, in September. She participated in the program until September of this year when Hudson turned 3 years old.

Ally and her husband, Tristan, accomplished and experienced much over the course of the three years in the program. They bought a home for their family and had a second child, their daughter, Lola.

Ally maintained employment while she continued to learn new skills, allowing her to gain more responsibility and promotions at work. The pandemic brought job losses and challenges to the family, but Ally was able to return to her work and Tristan found a new job more suited to him.

Through the ups and downs and challenges, Ally has grown in confidence as a parent. She commented that being a first-

time mom is overwhelming and scary at times, so receiving guidance and being reassured was a good thing. Her desire to be the best parent she can be has never wavered and her children are benefiting from her love, attention and growing confidence.

Ally had this to say, "This program has made a huge difference in my life. It has definitely helped me through my journey of motherhood. I am so thankful for our home visitor and to be able to benefit from this program."

Congratulations, Ally! We wish you and your family the best!

For more information about Siletz Home Visiting, contact one of our home visitors:

- Covering Siletz and Coast Range: Danelle Smith, danelles@ctsi.nsn.us or 541-444-9603
- Covering Salem, Portland, Eugene, the Willamette Valley and surrounding areas: Lori Christy, loric@ctsi.nsn.us or 503-390-9494

MAMOOK TOKATEE

NOW ACCEPTING APPLICATIONS

DETAILS	BUILDING	NEIGHBORHOOD	APPLY
<p>Affordable housing units:</p> <ul style="list-style-type: none"> • Studios, 1 bedrooms, 2 bedrooms, and 3 bedrooms <p>Location:</p> <ul style="list-style-type: none"> • 4610 NE 42nd Avenue, Portland, OR 97218 (Cully) • Ethnically diverse community <p>Preferences:</p> <ul style="list-style-type: none"> • Tribal and Artist 	<p>Community Spaces:</p> <ul style="list-style-type: none"> • Community room with art from local Native artists • Art workshop and studio • Courtyard <p>Supportive Services:</p> <ul style="list-style-type: none"> • On-site property manager and maintenance tech • Resident services provided by NAYA Family Center <p>Public Transportation:</p> <ul style="list-style-type: none"> • On direct bus line to NAYA Family Center and Many Nations Academy 	<p>Less than 1 mile away in NE Portland:</p> <ul style="list-style-type: none"> • Parks: Fernhill Park, Wilshire Park • Portland Community College Workforce Center • Public Schools: Rigler Elementary, Beaumont Middle School <p>Less than 1.5 miles away:</p> <ul style="list-style-type: none"> • NAYA Family Center services including it's Many Nations Academy - an alternative, accredited high school • Public School: Grant High School 	<p>To apply or visit us in-person:</p> <p>4622 NE 42nd Street Portland, OR 97218</p> <p>Questions?</p> <p>MamookTokatee@vidianmgt.com or MamookTokatee@nayspdx.org 503.398.1158</p> <p>Application materials can be found here:</p> <p>https://bit.ly/3y9n57n</p>

CTSI VIRTUAL CULTURE NIGHTS

ALL TRIBAL MEMBERS AND FAMILIES WELCOME

Upcoming Dates:

December 8 at 6 pm: Spruce Root

January 12 at 6 pm : Pine Nuts

February 9 at 6 pm: Hazel

Sponsored by the Education and Culture Departments.
Contact Nick Viles at 1-800-922-1399 x1757 or nickv@ctsi.nsn.us for log in information

Cultural Gatherings: Southern Oregon Acorn Virtual Camp

Hosted by the Indigenous Gardens Network

Date Saturday Nov. 13th 2021

4pm

Please contact Cristina Or Nick

Cristina.Lara@grandronde.org (503)879-1690

nickv@ctsi.nsn.us 541-484-4234

Biden signs executive order restoring original boundaries of Bear Ears and Grand Staircase-Escalante national monuments

On Oct. 8, President Joe Biden signed an executive order restoring the original boundaries of the Bears Ears and Grand Staircase-Escalante national monuments, and the Northeast Canyons and Seamounts Marine National Monument.

The lands of Bears Ears National Monument are sacred places for the Navajo Nation, Hopi Tribe, Ute Mountain Ute Tribe, Ute Indian Tribe and Pueblo of Zuni. Tribal leaders, organizations and coalitions successfully advocated for its designation as a national monument in 2016.

Two years later, a presidential proclamation reduced the boundaries by 85 percent – removing critical protections provided by the Antiquities Act of 1906. This left these sacred lands and artifacts at risk of looting, vandalism and misinformed visitation.

In January, Biden issued Executive Order 13990 calling for a review of all executive orders and actions over the previous four years, including restoring national monuments. Subsequently, U.S. Department of the Interior Secretary Deb Haaland gave her recommendations to the president two months after traveling to both Utah monuments.

Tribal leaders continued to urge Biden to restore the monument, with the Bears Ears Inter-Tribal Coalition sending a September letter urging action.

In 2015, the National Congress of American Indians passed a resolution offering formal support for the Bears Ears National Monument and for the Inter-Tribal Coalition. NCAI has urged the president to restore the monument and preserve the sacred historical and cultural objects.

The action taken by Biden to restore the original boundaries ensures that these sacred places will be protected now and for the next generations.

"[Bears Ears] is the first national monument in the country to be established at the request of federally recognized

Tribes; it is a place of healing, as was spoken by the secretary, a place of reverence, a sacred homeland to hundreds of generations of Native peoples... Today, I am signing a proclamation to fully restore the boundaries of Bears Ears," said Biden.

2021 Restoration Virtual Celebrations



We will be hosting a Restoration Celebration Facebook group this year in lieu of an in-person event.

We will also have a page in the Member Area with additional content and a Zoom "Restoration Night" event (more details available in the Member Area). This page will be available on November 17th.

Go to: www.facebook.com/2021RestorationCelebration
www.ctsi.nsn.us/2021RestorationCelebration

You will be able to post to the Facebook group November 17th - 21st.

Your mouth is a gateway to your health, part 2: Appearance and structure

By Nancy Ludwig, MS, RDN, LD, Head Start Consulting Nutritionist

As part of my role as consultant nutritionist to Siletz Tribal Head Start, I offer information for families. Last month we introduced how our mouths and dental health are a gateway to our health. We mentioned brushing, plaque formation, acidity, nutrition and gut health, as well as how infection can lead to disease or even interfere with healing. In part 2, our focus is the appearance and structure of our mouths, and the decisions we may face about dental interventions and treatments.

The appearance and structure of our mouths include what we can see on our tongues to indicate possible nutrient deficiencies. A tongue exam with a skilled practitioner can provide important clues about our health, imbalances and more.

Practitioners examined the tongue more commonly in the past. If you don't have a practitioner who does a tongue exam, here are some clues of what to look for.

The main tongue features to evaluate include the size, shape, color, the edges and a possible coating. A large tongue might mean low thyroid or immune issues. A scalloped, thick tongue can be associated with grinding teeth at night (bruxism), sleep apnea or insulin resistance.

If it's noticeably bright red, it may be associated with low niacin (vitamin B3) or could also be a sign of a liver issue. If it's red and slick (very little texture), it can be multiple B-vitamin deficiencies.

A geographic tongue (a map like appearance with smooth, reddish patches surrounded by white borders on their

tongues) can be associated with nutritional deficiencies, such as iron, zinc and B vitamins. A white coating on the tongue can be a sign of thrush or a yeast overgrowth (as mentioned last month).

The appearance and structure of our mouths also include alignment of our teeth and jaw, proper palate development and tongue range of motion. Alignment and structure are more than just aesthetic beauty. It is about function and can have wide-reaching health consequences.

Function includes the ability to chew food adequately to begin the process of digestion. Lack of palate development can obstruct airflow. Tongue-tie can interfere with breastfeeding and nourishment at birth. In my observation, tongue-tie is becoming more common and awareness for early assessment and clipping is important.

One of the goals in Head Start is to help students find a dental home for exams and dental care to support overall health. Some structural issues that may need intervention include orthodontia for alignment and functional bite, and overcrowding in the mouth may need to be addressed to prevent obstructive apnea. Ideally, the structural issue of tongue-tie is evaluated at birth or soon after.

A little more background about proper palate formation because this is often overlooked. A wide palate is generally developed after birth. Breastfeeding for two years and hard-chewing foods for toddlers help to grow a wide palate.

Many people with small mouths and overcrowding may not have a wide palate and therefore may tend to experience obstructive apnea. Amazingly, bed-wetting can be a symptom of this. When the body

does not receive adequate oxygen, to compensate in an attempt to survive, it may release urine rather than use the oxygen required to hold back the flow of urine during sleep.

Other dental decisions, with health in mind, include toxic burden from dental materials when addressing cavities, damaged or dead teeth, or cavitation in the jaw. Toxic materials from amalgam fillings, metal implants and root canals can introduce burdens for the body.

It is a tricky balance to keep the mouth healthy. Dead teeth and root canals can allow bacteria a place to hide while also allowing access to the bloodstream. When a tooth dies, removal may be the healthiest option. Improperly pulled teeth, however, may lead to additional problems.

A cavitation is an empty space in the jawbone, usually where a tooth was removed, that did not heal properly, creating dead or infected bone. I'm gaining personal experience about cavitation as the hole in my jaw allowed infection to be hidden in my body for many years. This unnoticed infection was a burden that interfered with my health.

At home, proper brushing and oral care cannot be overlooked. Your dental team may provide guidance and instruction on everyday brushing. Keep in mind, however, that some oral care products contain toxic chemicals and antimicrobial agents that kill everything.

The many oral care products available for purchase can be overwhelming. One of the least expensive products for teeth brushing is baking soda. The vast majority of benefit from tooth brushing comes from the mechanical abrasion that the toothbrush itself causes. It's not so much the toothpaste. It's more the toothbrush.

Oil pulling is an effective ancient Ayurvedic technique that helps to clean the mouth. You literally just put sesame seed oil, olive oil or coconut oil in your mouth and you slightly swish it around as you would with mouthwash. The purpose is to remove bacteria and it is believed that oil is more effective than water for this purpose.

I suggest swishing for a short time and working up from there. Some people swish in the morning while doing other activities such as showering. I suggest adults try it first before starting it with children.

Do not swallow the oil because it contains the bacteria you want to remove. Also, it is not advisable to spit the oil into the sink because it may clog the plumbing, especially if coconut oil is used.

Essential oils can be added to the oils, yet are not necessary. Some popular essential oils for the mouth are clove or cinnamon bark, peppermint or orange. A little goes a long way. The idea is to draw out the harmful bacteria, viruses and fungi, leaving the healthy ones alone. We want good, healthy bacteria in our mouth as part of our healthy microbiome.

In summary, Head Start cares about supporting dental health because it is truly one of the gateways to our overall health. Along the way, we need information to form habits and make safe choices. Starting early is good, yet for those who are older, it is never too late.

Siletz Tribal Head Start offers nutritional support at no cost to Head Start families. This usually occurs over the telephone. If you have nutrition concerns about your Head Start child or want to discuss family nutrition concerns, please contact your teacher or the director and ask to speak to the nutritionist.

Garden Boxes available to Tribal Members in Lincoln County



4'x 5'x12" high



30" high x 2'x 4'

Garden Box Application

Supplies are limited, there are only 50 of each size box.

Criteria: you must be a Siletz tribal member/ Siletz tribal household residing in Lincoln County, and you must have your application in November 30, 2021 so that we can ensure everyone's boxes arrive on time for Spring 2022.

Please email your application to: Htgardenboxes@ctsi.nsn.us. If you have any questions please call **541-272-0396**. We will begin contacting folks after Nov. 19, 2021.

Applicant Information

Full Name: _____ Date: _____
Last First M.I.

Address: _____
Street Address Apartment/Unit #

_____ *City State ZIP Code*

Phone: _____ Email _____

Siletz Tribal Roll Number: _____

Our boxes come in two sizes. Our biggest one is approximately 4'x5'x12" and our smaller one is approximately 30" high x 2'x4'.

Would you be able to pick up the garden bed once notified?

Yes

No

Our boxes are two different sizes, you may indicate one size but get another depending on when your application is received and/or further discussion with us when arranging getting the box to you. Please indicate your preference.

4'x5'x12" Garden Box

30" high x 2'x4' Garden Box

Your application must be complete and we must be able to contact you or your application will not be accepted.

Thank you. Diabetes and Community Health Program Staff



Siletz Community

Find us on Facebook! Siletz Community Health Department

The Eugene Area Office has a new CHA! Welcome Jamie Boe

Jamie Boe is the new Community Health Advocate for the Eugene Area Office. Jamie is a proud Siletz tribal member, primarily Chetco, Tututni, and Gros Ventre. He has been working in health care for over 10 years as an advocate for elderly & disabled individuals, and as a Nursing Assistant. Giving back to his tribe by sharing knowledge in wellness, and honoring tribal elders is a blessing. Jamie looks forward to meeting you soon!



The Resource Line is still here for you !

541-444-9613

Need to know your resources while you isolate or quarantine ? Sanitation supplies available as well !

We are here for you !



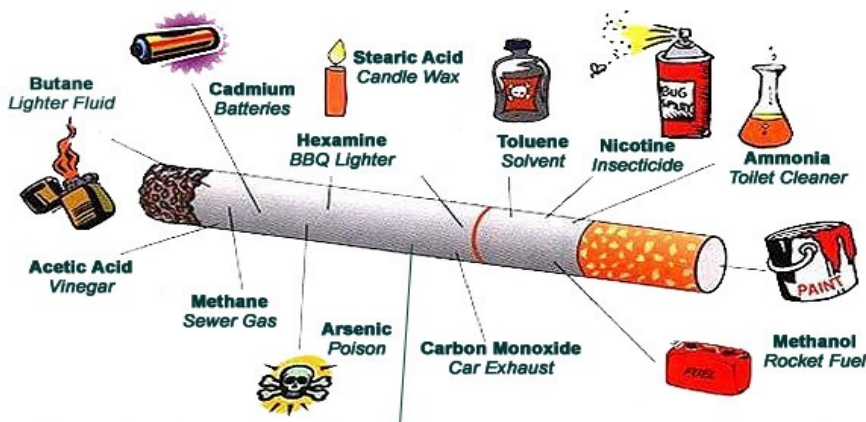
Events

Virtual Talking Circle

November 18, 2021

5:30pm

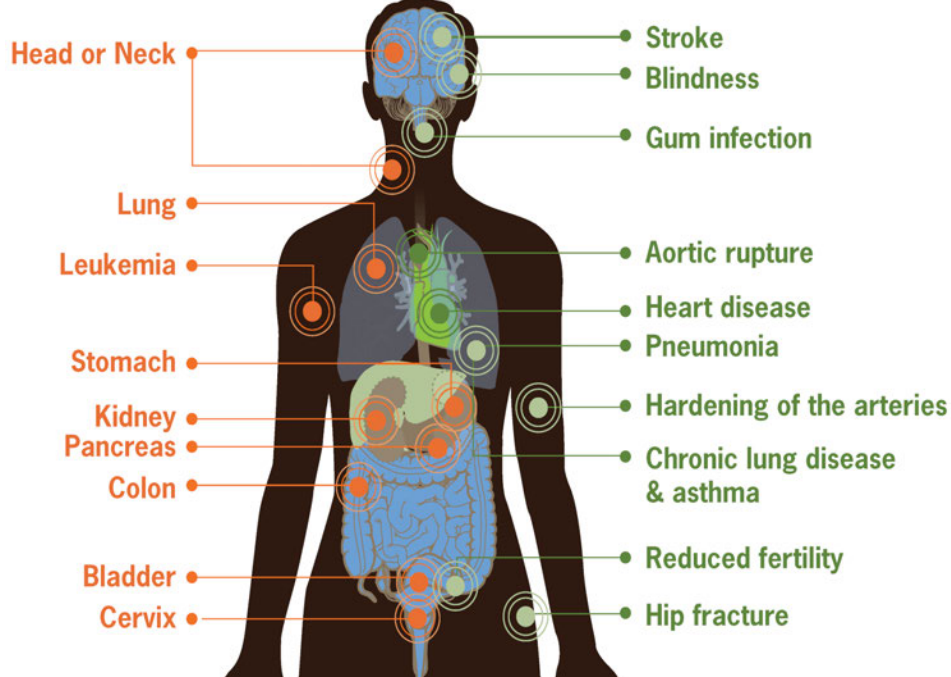
Tobacco: More than just Nicotine



Smoking can damage every part of the body

Cancers

Chronic Diseases



Health Benefits of Quitting Smoking

- 20 minutes after quitting—Your heart rate drops. (CDC)
- 12 hours after quitting—Carbon monoxide levels in your blood drop to normal. (CDC)
- A few months after quitting—Your sense of smell and taste may improve. (National Cancer Institute)
- 2 weeks to 3 months after quitting—Your heart attack risk begins to drop. Your lung function begins to improve. (CDC)
- 1 to 9 months after quitting—Your coughing and shortness of breath decreases. (CDC)
- 1 year after quitting—Your added risk of coronary heart disease is half that of a smoker. (CDC)
- 5 years after quitting—Your stroke risk is reduced to that of a nonsmoker 5-15 years after quitting. (CDC)
- 10 years after quitting—Your lung cancer death rate is about half that of a smokers. Your risk of cancers of the mouth, throat, esophagus, bladder, kidney and pancreas decreases. (CDC)
- 15 years after quitting—Your risk of coronary heart disease is back to that of a non-smoker. (CDC)

Commercial Tobacco Quitline 1-800-QUIT-NOW
AI/AN Line now available (option 7) 1-800-784-8669



November is Tribal Sexual Assault Awareness Month



- Contact CARE, first come, first serve, limited MMW flags email Alexcia at CARE to claim one at alexciag@ctsi.nsn.us or call the CARE MAIN LINE 541-444-9680

- In the general population, 1 in 4 women are sexually assaulted in their lifetime.
- for Native American Women, the number is 1 in 3.
- That is more than 2.5 times the national average.

SILETZ

HARM REDUCTION

Needle Exchange Program

Naloxone/Narcan Distribution

If you or someone you know would like access to any of our services, we will gladly meet them where they are at. *It could save someone's life.*

MONDAY - FRIDAY 8am - 4pm

Questions about Harm Reduction or program services, contact:

Sharon Bruns (541)272-9083



Virtual Talking Circle
November 17th, 2021

5:30pm

email Alexcia at CARE for zoom meeting information alexciag@ctsi.nsn.us

Childcare Assistance Program expands eligibility for Tribal families

The Tribal Childcare Assistance Program has received an increase in funding from the CCDF Coronavirus Relief and Response Supplemental Act. With this increase in funding, we requested approval from the Office of Child Care to temporarily waive the income eligibility requirement for all Tribal families living in the 11-county service area and to increase payment rates for family home providers.

The approval to waive the income eligibility will be in affect while the state and/or Tribe is in a declared emergency and can continue for three months following the suspension of the declared emergency as long as funding is sufficient.

Families must meet other eligibility requirements, which include living in the 11-county service area; parents must be working, engaged in education or in a job training program; and children must be enrolled Siletz Tribal members or eligible to enroll Siletz, or be the descendant or dependent of an enrolled Siletz Tribal member.

To request an application, contact DeAnn Brown by email at deannb@ctsi.nsn.us or by telephone at 541-444-2450.

2022 Standing Committees Applications due by Feb. 9, 2022

Any Tribal member interested for consideration in serving on a committee for a two-year term are encouraged to fill out this form and return it to the council office prior to Feb. 9, 2022.

Please **mail or fax** your application to Confederated Tribes of Siletz Indians, Attn: Executive Assistant to Tribal Council, P.O. Box 549, Siletz, OR 97380-0549; fax: 541-444-8325.

Name: _____ Roll No.: _____

Address: _____

City: _____ State: _____ ZIP: _____

Telephone: Day () _____ Evening () _____

Email Address: _____

If you only want to be considered for one committee, please indicate by inserting the number 1 next to the committee of interest. If you have interest in more than one committee, please indicate by numbering your preference 1 (first choice), 2 (second choice) and 3 (third choice).

- | | |
|--------------------------------------|-------------------------------|
| ____ Education Committee (3) | ____ Housing Committee (3) |
| ____ Natural Resources Committee (3) | ____ Pow-Wow Committee (2) |
| ____ Health Committee (3) | ____ Budget Committee (1) |
| ____ Cultural Heritage Committee (3) | ____ Enrollment Committee (3) |

Committee appointments will be made at the Regular Tribal Council meeting in February 2022.

If you have any questions, please call the executive assistant to Tribal Council at 800-922-1399, ext. 1203, or 541-444-8203.

2022 Tribal Council Application

Application for names to be placed on the 2022 ballot for candidates in the Siletz Tribal Council election

Name: _____ Roll# _____

Address: _____

City _____ State _____ ZIP _____

Telephone: _____

Email Address: _____

I understand I must be an enrolled member of the Confederated Tribes of Siletz Indians and 18 years of age or older on Election Day. This application must be filed with the Election Board by **4 p.m. on Dec. 3, 2021**. I also understand that if for any reason I decide to withdraw my application for Siletz Tribal Council, I must withdraw in writing by **4 p.m. on Dec. 8, 2021**. Otherwise, my name will appear in the voter's pamphlet and on the ballot.

Signature: _____ Date: _____

Mail your application to CTSI Election Board, P.O. Box 549, Siletz, OR 97380-0549.

Election Deadlines

4 p.m.	Dec. 3, 2021	Deadline to file for candidacy
4 p.m.	Dec. 3, 2021	Deadline to submit a photo and/or candidate's statement for inclusion in the Tribal Voter's Pamphlet
4 p.m.	Dec. 8, 2021	Deadline to withdraw in writing from the Tribal election
4 p.m.	Dec. 8, 2021	Certified Candidates List posted
Days of:	Dec. 13-14, 2021	Voter's Pamphlet mailed out
Days of:	Dec. 16-17, 2021	Absentee ballots mailed out
9 a.m. – 12 p.m.	Jan. 8, 2022	Candidates Fair – Location TBD
4 p.m.	Jan. 28, 2022	Deadline to request a mail-in ballot
10 a.m. – 4 p.m.	Feb. 5, 2022	In-person Voting – Tribal Elections, Tribal Community Center, Siletz
4 p.m.	Feb. 5, 2022	Deadline for returning absentee ballots

Voter's Pamphlet and Statement

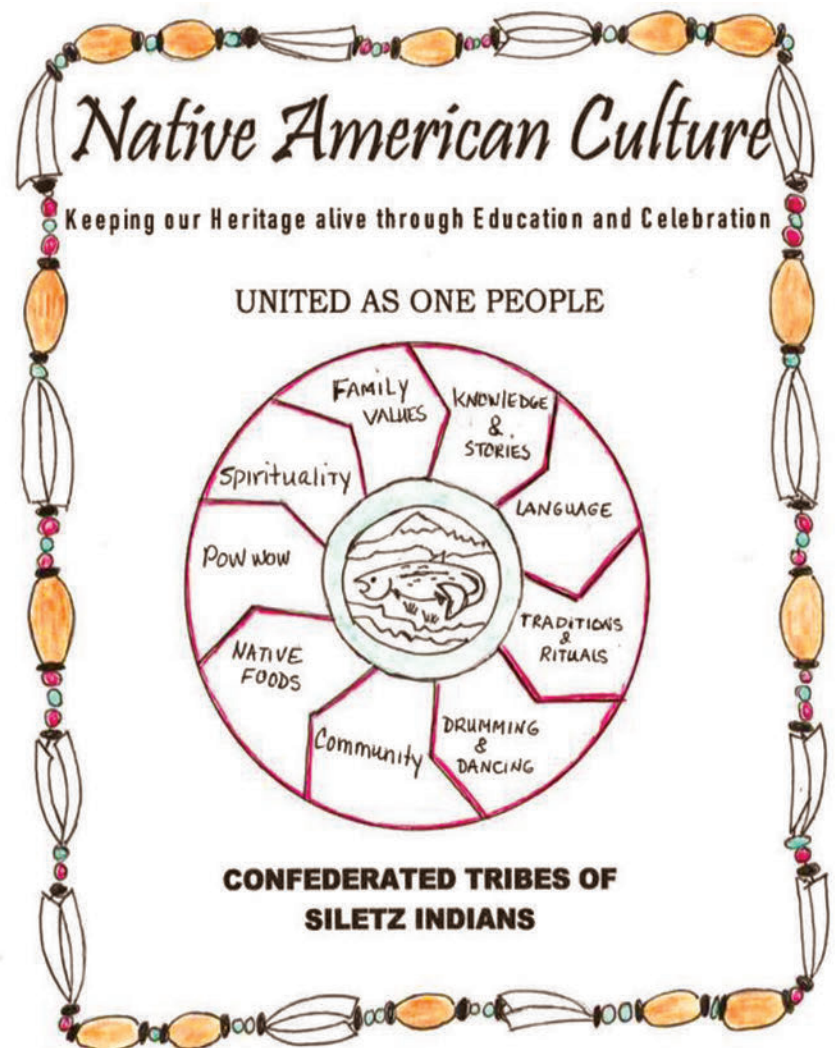
If you would like your candidate's statement and photo to appear in the Voter's Pamphlet, please submit your statement and a recent 3x5 photograph of yourself along with your application. Deadline for statements and photos is **4 p.m. on Dec. 3, 2021**.

Candidate statements must be no longer than 750 words and must not be derogatory or contain personal attacks on any one individual. Statements and photos will appear in the Voter's Pamphlet. Photos will be included on the ballot. Mail your statement and photo to CTSI Election Board, P.O. Box 549, Siletz, OR 97380-0549.

The candidate is responsible for ensuring receipt of application and statement by the deadline. Letters will be sent to all candidates after review and certification by the Election Board. The Election Board will also send each certified candidate a packet that includes the Siletz Tribal Constitution, Election Ordinance and approved rules.

Candidates can call 800-922-1399, ext. 1256, or 541-444-8256; or e-mail elections@ctsi.nsn.us to confirm receipt of application and candidate's statement.

This fundraiser replaces the Elders raffles that usually take place at the Nesika Illahee and Restoration pow-wows. Neither event took place in 2020 and both have been canceled in 2021. Help this group continue to buy flowers and gift cards for elders who fall ill by purchasing a steel blue T-shirt or sweatshirt.



ELDERS COUNCIL FUNDRAISER

The Elders Council is holding a T-Shirt fundraiser. We are now taking orders. T-shirts and V-necks are \$20 each and sweatshirts are \$30 each. Please contact Shelley UpChurch at 541-992-5095 or email shellmeister09@gmail.com to reserve yours today!



Caring for your skin while wearing a mask

Maskne?

Wash your mask. Toss disposable masks after one use.

Keep makeup light. Makeup can clog pores, so less is best when wearing a mask.

Change your mask. After exercise or other activities leaving you sweaty, it's a good idea to wear a fresh mask.

Everyday tips

Apply a thin layer of moisturizer or sunscreen. These products can serve as a barrier between your skin and mask.

Wash your face twice a day. Use a gentle cleanser and pat your face dry with a towel, do not rub.



Why get vaccinated? | Native Youth Ages 12-24 Years

Because millions of people are getting vaccinated, the country is moving back to doing the things we love, like playing sports and going to concerts again. According to a recent report, the pace at which the country is being vaccinated has saved more than 100,000 lives and prevented up to 450,000 hospitalizations.¹ This is your shot to help get things back to normal.

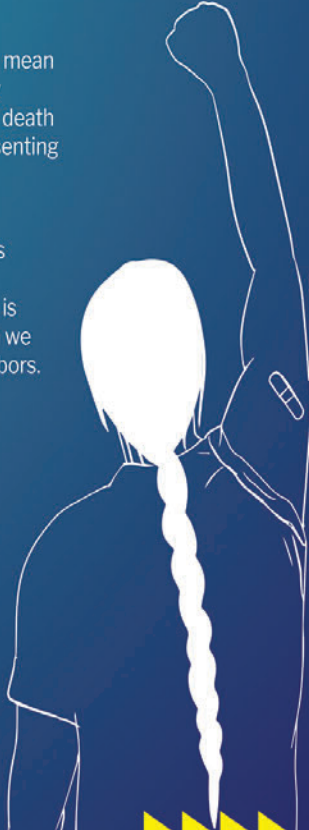
THIS IS YOUR SHOT TO GET VACCINATED...

FOR YOUR FUTURE
Young and healthy people can get very sick, too—and vaccination can mean the difference between life and death. The data is clear: If you are fully vaccinated, you have a high level of protection from severe illness and death from COVID-19. This is your shot to ensure you have a future of representing your community well.

TO HELP YOUR COMMUNITY
When young people get sick, those around them can get sick, too. This virus can even be spread BEFORE you have symptoms, and new data shows the Delta variant is different from past versions of the virus—it is much more contagious. Our communities are the foundation on which we can begin to heal our country—think of your family, friends, and neighbors. This is your shot to protect yourself and your loved ones.


TO GET BACK ON THE TRAIL
People who have been fully vaccinated can do things they had stopped doing because of the pandemic. However, in areas with high numbers of COVID-19 cases, it's important to still consider wearing a mask when in crowded outdoor settings and for activities that consist of close contact with others who are not fully vaccinated. This is your shot to reconnect with loved ones at social and cultural gatherings.

FOR YOUR TEAM
Everyone has a team, whether it be your sports team, your co-workers, or your family. We've all heard the old cliché: there's no "I" in "team." Get vaccinated to help those that rely on you. This is your shot to be a good teammate.



Accessing the Vaccine

Protecting yourself, your loved ones and community has never been easier. Every person in the country ages **12 years old and older** is eligible to get vaccinated and vaccines are free. However, parental consent requirements for the COVID-19 vaccine can vary by state. Contact your local **IHS clinic, doctor's office, or pharmacy** to inquire about your opportunity to get vaccinated.



¹Deaths and Hospitalizations Averted by Rapid U.S. Vaccination Rollout, Deaths & Hospitalizations Averted by Rapid U.S. Vaccination Rollout | Commonwealth Fund July 7, 2021. <https://www.commonwealthfund.org/publications/issue-briefs/2021/07/deaths-and-hospitalizations-averted-rapid-us-vaccination-rollout>

page 03

Help prevent the spread of COVID-19!


Access ODHS programs and services from home:

Need medical, food, cash or child care assistance? → one.oregon.gov or 1-800-699-9075

Services for older adults or people with disabilities? → 1-855-ORE-ADRC

General information? → 2-1-1 or 211info.org

Not sure if you can be helped over the phone or online? Call your local ODHS office: go.usa.gov/xw7Ba



Mental health in young children

Signs of stress in young children

Preschool age



- Crying or screaming
- Afraid to separate from parents or caregivers
- Not eating or losing weight
- Having nightmares

Elementary school age

- Feeling guilt or shame
- Trouble concentrating
- Not sleeping well

How parents and caregivers can help

- Be calm and reassuring
- Talk to children about what is happening in a way they can understand
- Provide children with opportunities to talk about what they are experiencing. Encourage them to share their concerns; ask questions


GET VACCINATED

QUIT SMOKING

Free help is available.
Text "READY" to 200-400

SMOKEFREE
oregon

Tribal vaccine promotion: Get your shot(s), receive \$200, help protect others

Purpose: To increase vaccinated Tribal members and staff, CTSI is providing a \$200 cash payment to Tribal members (all ages), CTSI staff and CTSI entities staff (IAD, STGC, STBC and Tenas Illahee) to complete their COVID-19 vaccine series.

- * **COVID-19 Vaccine - Must complete vaccine series** to qualify for incentive by Dec. 15, 2021.
 - ★ Qualifying series
 - Moderna – 2 shots
 - Pfizer – 2 shots
 - Johnson & Johnson – 1 shot
- * **Who is eligible**
 - ★ Enrolled Siletz Tribal members – all ages – living anywhere
 - Ages 14 and older – check is payable to individual Tribal member
 - Ages 13 and under – check is payable to PARENT of Tribal minor or guardian (must provide proof of guardianship and W-9)

- * **Staff**
 - CTSI, IAD, STGC, STBC and Tenas Illahee, including full/part time and temporary employees
 - Currently employed by CTSI/entities at time of application and payment

- * **Payments**
 - ★ 3 payment cycles available:
 - Sept. 8, 2021 – application/documentation received Aug. 30
 - Nov. 3, 2021 – application/documentation received Oct. 22
 - Dec. 29, 2021 – application/documentation received Dec. 15

- * **How to apply**
 - ★ Complete application and provide requested documentation
 - Vaccine Program staff will verify vaccine series in Oregon Alert when vaccine card not submitted.
 - ★ Application and W-9 are available on website – ctsi.nsn.us

- * **Program information**
 - ★ Tribal members who are also employees are only eligible for one promotion payment of \$200
 - ★ Payment is not reportable income
 - ★ Vaccine promotion ends Dec. 15, 2021 – must apply no later than Dec. 15, 2021.

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Vaccine Promotion Application for Siletz Tribal Members (14 years of age and older)

Name: _____ DOB: _____ Roll # _____

Mailing Address: _____

_____ Phone # _____

Vaccine Location: _____ (Siletz Clinic, Fred Meyer, Salem Armory, etc.)

- Read carefully to **ensure** you're sending **required** documentation:
- _____ I received my vaccine @ Siletz Clinic – Send application **only**
 - _____ I received my vaccine in Oregon* – Send application **only**
 - _____ I received my vaccine outside of Oregon – Send application **and** copy of vaccine record

Signature: _____ Date: _____

- *If site does not report to Oregon Alert, you'll be contacted to provide a copy of your vaccine card.
- **If your Social Security number is not on file with CTSI, we will need a copy of it or W-9.
- ***More than 1 family member: Provide above information on separate sheet of paper and send.

.....

Vaccine Promotion Application for Siletz Tribal Members (13 years of age and younger)

Name: _____ DOB: _____ Roll # _____

Legal Guardian Name: _____

Mailing Address: _____

_____ Phone # _____

Vaccine Location: _____ (Siletz Clinic, Fred Meyer, Salem Armory, etc.)

- Read carefully to **ensure** you're sending **required** documentation:
- _____ I received my vaccine @ Siletz Clinic – Send application **ONLY**
 - _____ I received my vaccine in Oregon* – Send application **ONLY**
 - _____ I received my vaccine outside of Oregon – Send application **AND** copy of vaccine record

Proof of Guardianship

- _____ I am the legal parent and enrolled Siletz Tribal member – No additional information required.
- _____ I am the legal parent and NOT an enrolled Tribal member – Send W-9
- _____ I am the legal guardian – Send proof of guardianship and W-9

I attest the minor child resides with me and I am the legal guardian. I understand that supplying false, incomplete or inaccurate information is punishable under federal, state or Tribal laws.

Signature: _____ Date: _____

- *If site does not report to Oregon Alert, you'll be contacted to provide a copy of your vaccine card.
- **More than 1 family member: Provide above information on separate sheet of paper and send.

Mail or email your application

Mail to: Siletz Community Health Clinic, Attn. Vaccine, P.O. Box 320 Siletz, OR 97380
Email to: Covidline@ctsi.nsn.us

Siletz Community Health Clinic

Purchased/Referred Care – Newly Available Service

PRC Funding for Specialty Surgery

Tribal Council approved funding for medically necessary surgeries that are not currently approved services. To qualify, you must be an enrolled Siletz Tribal member AND PRC-eligible. Eligible surgeries include:

- Excess eyelid skin removal
- Breast reduction
- Excess abdominal skin removal

PRC will process requests through Gatekeepers; funding is limited and will be first-come, first-served. The established medically necessary criteria are consistent with CMS and insurance guidelines. Requests deemed as cosmetic will not qualify.

Dental Services and Funding

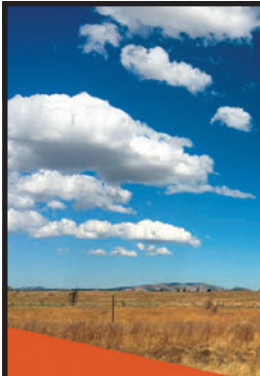
PRC-eligible patients living within 40 miles of the Siletz Clinic or an IHS facility are now eligible to obtain services at an outside dental facility. You may also be eligible for implant(s) as the result of reduced access to dental care from dental office closures or reduced capacities. Implant requests go through Gatekeepers to determine eligibility.

Contact PRC for additional information at 541-444-1236.

Out-of-area Tribal members are eligible for an additional benefit of \$3,000 for dental services, which must be received by Dec. 31, 2021. Funding is limited.

Contact the COVID Team for additional details at 541-444-9607.

Northwest Native American Center of Excellence



For more information or to request an application please contact:
Katie at
murpkati@ohsu.edu

Tribal Health Scholars Program

Healthcare focused internship for High School Juniors and Seniors!

Applications due Wednesday, December 1st, 2021.

Tribal Health Scholars (THS) is a paid externship program where AIAN high school students are supported and inspired to envision themselves as healthcare professionals and to pursue education required for a career in a healthcare field.

Due to COVID-19 in-person shadowing has been suspended so the THS program has pivoted to a completely virtual experience. Scholars meet as a group with our NNACoE team each week to discuss the different healthcare careers and pathways.


The program runs for 13 weeks with a one hour meeting each week as a cohort and then two individual meetings at the beginning and end of the pathway. Below is an overview of the program curriculum.

- Identifying diverse healthcare careers and career paths
- Sharing what healthcare looks like in your community
- Understanding how to apply to schools, scholarships, find additional internships and shadowing opportunities, etc.

Eligibility:

- You must be a high school junior or senior to participate.
- Attendance is important and required every week for the full length of the program.
- Join weekly by computer/Wi-Fi.

This program will be conducted virtually. If you would like to participate but foresee access being an issue please reach out to Katie at murpkati@ohsu.edu.



Roundhouse Foundation trustees view site, discuss cultural center with STAHS

By Teresa Simmons, Vice Chair, Siletz Tribal Arts and Heritage Society

Over the course of the past year, the Siletz Tribal Arts and Heritage Society has contacted many charitable foundations in an effort to secure needed funds to build A Place for the People, a cultural center representing the culture and history of the peoples of the Confederated Tribes of Siletz.

As a result of this effort, STAHS was recently contacted by Erin Borla, execu-

tive director/trustee of the Roundhouse Foundation, and her mother, trustee Kathy Deggendorfer.

The Roundhouse Foundation was founded with the support of Gert Boyle, the matriarch of Columbia Sportswear, who was Deggendorfer's mother. The mission of the Roundhouse Foundation, located in Sisters, Ore., is to celebrate the arts and all creative problem solving throughout Oregon's rural communities and Tribal nations.

Roundhouse has worked to establish

four dynamic program areas of support – arts and culture, environmental stewardship, education and social services. The foundation has distributed more than \$5 million to hundreds of organizations that are paving the way for creative problem solving in rural communities.

STAHS Chair Gloria Ingle invited Borla and Deggendorfer to Siletz to view the proposed site of the cultural center. Due to Covid 19 restrictions, the Oct. 6 meeting was held outside on Government Hill beneath a cedar tree overlooking the site where the cultural center will stand.

Although it was a slightly misty day, Gloria and I had a delightful meeting with the two Roundhouse trustees. Time seemed to pass without notice as nearly two hours were spent discussing the plans for the cultural center and its importance as a learning center not only to Tribal members but also to the surrounding communities.

We appreciate the time and the interest shown by the trustees of the Roundhouse Foundation and it is encouraging to note that the importance of the project we have undertaken is being recognized by local foundations.



Courtesy photo by Teresa Simmons

STAHS Chairman Gloria Ingle, Roundhouse Foundation trustee Kathy Deggendorfer and Erin Borla, executive director/trustee of the Roundhouse Foundation

Siletz Community Health Clinic Flu Shot Access

In response to COVID-19, the clinic is unable to offer flu clinics in the area offices. We hope to return to providing flu clinics next year but for now want to do our part in keeping you safe.

2 ways to get your flu shot

- ❖ **At the Siletz Community Health Clinic or your primary care provider during regular business hours**
 - Schedule an appointment
 - Drive through flu clinics @ SCHC – watch for more info
- ❖ **Your Pequot card at your local pharmacy**
 - Pequot is accepted at all CVS network pharmacies that currently accept your Pequot card.
 - You or your pharmacist can contact Pequot at 888-779-6638 if you have any questions.
 - Using your Pequot card will **not** reduce your annual Pequot benefit

General Council Meeting

Via Zoom

Saturday, Nov. 6, 2021 * 1 p.m.

Call to Order
Invocation
Flag Salute
Roll Call

Approval of Agenda
Approval of Minutes

CARES Funding & ARPA Funding Report

Tribal Council Declarations

Tribal Members' Concerns

Chairman's Report

Announcements

Adjourn

Due to the COVID-19 pandemic, in order to continue to keep the membership safe/healthy, the Nov. 6, 2021, General Council Meeting will be on the Zoom platform.

For access to the meeting link and access code, please email general-council@ctsi.nsn.us. Please include your name and roll number in the email. The meeting link and access code will be sent to your email address on Nov. 5, 2021, prior to 4:30 p.m.

To declare your candidacy for the 2022 Tribal Council election, please indicate so either in your email or by using the "raise hand" option in Zoom. The Tribal chairman will call upon Tribal members in the order they are received.

To discuss Tribal members' concerns, please indicate so in your email or by using the "raise hand" option in Zoom. The Tribal chairman will call upon Tribal members in the order they are received.

Tribal members who plan to speak, please ensure there is audio on your device.

The deadline to request the meeting link is Nov. 4, 2021.



VOCATIONAL REHABILITATION: NOVEMBER AWARENESS: PANCREATIC CANCER

Pancreatic cancer is the third leading cause of cancer in the U.S. It is diagnosed when there is an abnormal growth of cancer cells (mutated and expansive) on the pancreas, an organ located behind the lower part of the stomach. Individuals may experience abdominal pain, jaundice, itchy skin, fatigue and weight loss. Pancreatic cancer is medically treatable and requires lab tests and imaging. Sometimes surgery gives physicians a better idea of the cancer's stage and treatment options. This cancer can last several months or years depending on the stage of the cancer and treatment ([Stages - Pancreatic Cancer Action Network \(pancan.org\)](https://www.pancan.org)). The exact cause of pancreatic cancer is unknown. Risk factors are diabetes,



pancreatitis and stomach ulcers. The location of the tumor, age and general health may determine the need for surgery, chemotherapy and/or radiation.

Symptoms: Early stage of pancreatic cancer may be asymptomatic. Once the disease progresses, it may include the following:

- Digestive problems, including abnormal stools, nausea or vomiting
- Pain in the upper abdomen and back
- Loss of appetite
- Sudden weight loss
- Jaundice (yellowing of the skin and whites of the eyes)
- Very high sugar levels in diabetic patients



Pancreatic cancer rates are increasing due to a lack of information about the need to get screened earlier and promotion by health care systems. Lack of access to health care for AI/AN people is a large factor in increased mortality rates and diagnosis at later stages of this cancer, which lowers the rates of survival.

Pancreatic cancer can cause challenges in the individual's ability to get or keep employment due to functional limitations, i.e., Work Tolerance: lower levels of stamina, strength, lifting ability, walking endurance, intolerance to temperature changes and side effects of chemotherapy. Some accommodations are a flexible work schedule and rest breaks, or working remotely, cushioned floor mats and chairs, heated gloves, ergonomic equipment and/or a modified work station.

Contact Rachele Endres, VRC, 541-270-8213 (Siletz)
Toni Leija, VRC, 503-390-9494 (Salem) Tamra Russell, VRC (part-time)/TSS, 503-238-1512 (Portland)

Nesika Illahee Pow-Wow

Attention Siletz Tribal Artists

The Pow-Wow Committee is once again having a logo contest for the upcoming pow-wow in August 2022. All Siletz Tribal artists are encouraged to submit a pow-wow themed logo.

The winning logo artist will receive a cash prize of \$300 and a professional banner with your logo. The winning artist will have his/her logo highlighted on Nesika Illahee Pow-Wow flyers and merchandise.

Please submit your art work to the Cultural Education director's office at the Tribal Community Center or mail it to Confederated Tribes of Siletz Indians, Attn: Pow-Wow Logo Contest, P.O. Box 549, Siletz, OR 97380-0549.

All entries must be received no later than Feb. 28, 2022.

Royalty Crown Proposals

The Pow-Wow Committee is now accepting proposals for 2022-2023 royalty crowns. Proposals are being accepted for Miss Siletz, Junior Miss Siletz and Little Miss Siletz.

Proposals for a crown are required to include art design, size of the crown and a bid for the crown or crowns of your interest. Proposals can be submitted for individual crowns, two crowns or you can submit a bid for all three crowns.

Crown proposals must be turned in to the committee no later than Feb. 28, 2022.

Proposals should be sent to: Siletz Pow-Wow Committee, P.O. Box 549, Siletz, OR 97380-0549.

If you have any questions, contact Buddy Lane at 800-922-1399, ext. 1230, or 541-444-8230.

Stanley Monroe Speaks Sr. – 1933-2021

Stanley Monroe Speaks Sr., 87, of Pryor, Okla., passed away Sept. 15, 2021, at his home. He was born Nov. 2, 1933, in Milburn, Okla., the son of J.D. Speaks and Minnie (Cumberson) Speaks.

He was a wonderful husband, father and brother who will never be forgotten.

Speaks graduated from Northeastern State University in Tahlequah, Okla. He joined the Bureau of Indian Affairs soon afterward and never stopped devoting his time to bettering the way of life for American Indians.

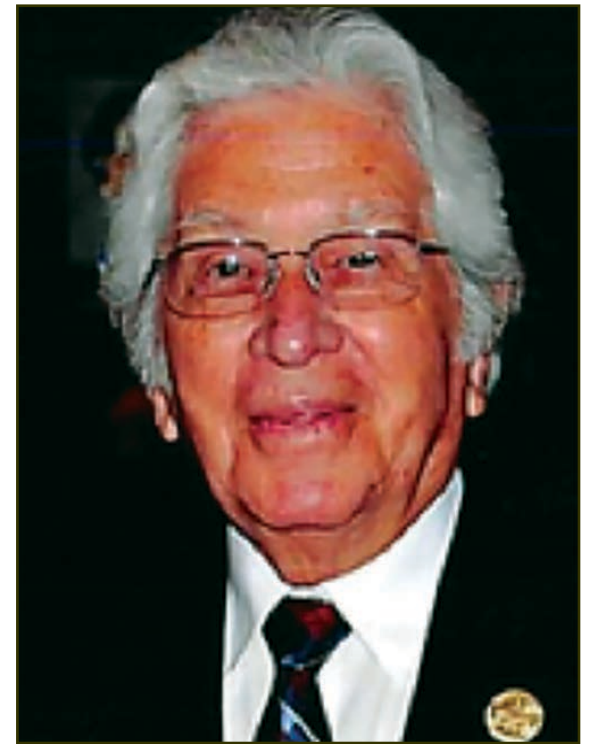
Recently honored for his years of service to the Bureau of Indian Affairs, Speaks' career has included serving as a teacher, supervisor, manager, agency superintendent, area director and most recently as the director of the BIA Northwest Regional Office in Oregon, which oversees 15 agencies that serve 45 federally recognized Tribes.

Speaks and his late wife, Lois, were very supportive and good friends of the Siletz Tribe, joining us for our Restoration Celebration and Pow-Wow every year and attending many other Tribal functions.

Speaks' career has also included his service as acting director of Indian education, acting deputy commissioner for Indian affairs and acting director for the Eastern Oklahoma Regional Office. He was key in the progress and development of the Joint Tribal/Department of Interior task force for the reorganization of the Bureau of Indian Affairs.

Speaks was dedicated to protecting Tribal rights and helping Tribes achieve economic and business development success.

No formal services were held. To leave his family a message, please visit his Tribute Wall at shipmansfuneralhome.com. Arrangements are under the direction of Shipman's Funeral & Cremation Service.



Siletz Tribal Business Corporation is calling all Tribal Member Business Owners

If you would like to be on the preferred Tribal member Business list for Siletz Tribal Business Corporation and have your business information added to our website, please fax, mail, email, or drop off your business card, brochures, or business information to:

Siletz Tribal Business Corporation
2120 NW 44th St. Suite D
Lincoln City, OR 97367
Phone: 541-351-9152
Fax: 541-944-8973
tgarrison@stbcorp.net

How to access language materials online

Virtual speaking groups and beginning community classes have begun again. Contact Nick Viles (nickv@ctsi.nsn.us) for login information.

Ch'ee-la xwii-t'i
(Greetings everyone)

To assist Tribal members during this time of social distancing and the interruption of our normal schedules, this tutorial on how to access language materials and recordings from the Tribal website has been developed. I hope you and your families are safe and healthy during this time. Hopefully many folks can access these materials from the safety of their homes.

Go to www.ctsi.nsn.us. Enter in your roll number and last four digits of your Social security number to log on to the Tribal member access area. Click on "Our Heritage." On the drop down, click on "Language."

Lots of written and recorded materials are available in this section. The Nu-u-wee-ya' (Our Words) Language Dictionary is on this page. You can click on the selection A to Z to look up written English language words and their Athabaskan equivalent.

Also on this page are Siletz Dee-ni Volumes 1, 2 & 3. Just click on "Study Materials" and scroll down. Volume 1 contains lessons on body parts, counting, relatives, foods and table talk.

In these lessons, the written word on the screen is accompanied by audio of

the word's pronunciation. Volume 2 contains animals, birds, colors, fish, greetings and goodbyes, insects, and trees and brush. Volume 3 contains lessons on sentence structure and word order.

Each lesson has a complete practical alphabet sound chart. All three volumes have a word document and audio recording for each lesson. Tests are available if you want to use them.

To access the Siletz Talking Dictionary, click on Siletz Language website. Drop down three lines and click on www.siletzlanguage.org, go to the Talking Dictionary tab and click on it. The Siletz Talking Dictionary Page will appear.

Just below the words "Search for" is an empty white box. Type in the word you are searching for and click on the "search" button. The word and the Athabaskan equivalent will appear just below the search box. To hear the word being spoken, simply click on the red ear icon on the left side of the page.

You may have to wait a few seconds for the page and sound to load, depending on your connectivity. Some of the words also have pictures.

Also on the www.siletzlanguage.org website are 14 Language learning videos and many other culture-related videos, materials and curriculum.

Siletz Tribal Vocational Rehabilitation Program (STVRP)

STVRP is here to help members of ANY federally recognized Tribe (living within the Siletz Tribe's service area) with barriers to employment. We work with individuals who have disabilities.

Examples of Services:

- Guidance and Counseling
- Referral to Services
- Employment Services
- Résumé Writing
- Interviewing Techniques
- Job Coaching
- Culturally Relevant Individualized Services
- Evaluations and Assessments
- Training Placement Opportunities
- Adaptive Equipment



For more information about STVRP, please inquire at 800-922-1399. We also maintain resource and employment boards, so please make an appointment if you're interested. You can speak to VR staff in the following locations:

Salem Area Office

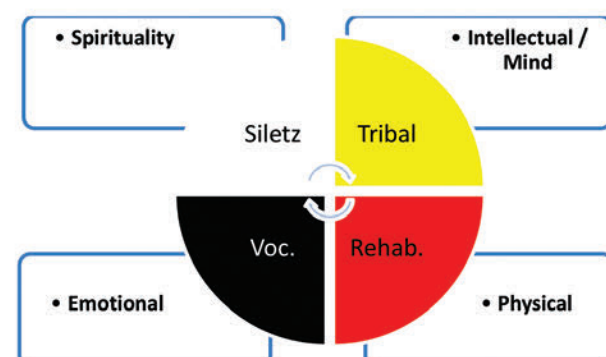
3160 Blossom Drive NE, Suite 105
Salem, OR 97305

Siletz Admin Office

201 SE Swan Ave.
Siletz, OR 97380

Salem/Portland Area – Toni Leija, Counselor/Job Developer

Siletz/Eugene Area – Rachele Endres, Counselor/Job Developer



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Oregon State University Ecampus is committed to providing you a pathway to earn your degree.

- Top-ranked degrees online
- Dedicated support and scholarships
- Cultural engagement

Visit our website to learn more:
ecampus.oregonstate.edu/native



We're Back!

Calling All Gamer K-12

CTSI

Minecraft Gathering

NOVEMBER 20, 2021 @ 11:00 AM

Contact

elizabethm@ctsi.nsn.us for registration or questions

Join us for Virtual Youth Sharing Night

Youth Sharing & Guest Presenters

11/19
6-7:30pm

For this November:
Explore History & Lived Experience Of Tribal Restoration

Also - Share Your Creations! Bring art, crafts, songs, stories etc.

TO REGISTER EMAIL JACOB@CTSI.NSN.US OR USE QR CODE:

CTSI Jobs – Tribal employment information is available at ctsi.nsn.us.

Haaland, continued from page 1

launch of the Not Invisible Act Commission, the Interior Department is leading the way to implement these landmark laws. Working with the Department of Justice, we are ensuring that resources across the federal government bring justice to our families.

I am a daughter, a mother, a sister and an "auntie." I understand what loss of a loved one to this kind of violence would mean.

As we continue to work on the crises that face Indian Country, one priority is to make sure the federal government recognizes that the long history of forced assimilation has contributed to the trauma and disparities that exist in our communities today.

Sharing the truth of this dark chapter in our nation's history in order to begin to heal is why in June, I launched a Federal Indian Boarding School Initiative. It includes identifying boarding school facilities and sites; the location of known and possible child burial sites located at or near school facilities and the identities and Tribal affiliations of children interred at such locations.

Currently, the department is compiling decades of records that will help us understand and share the full picture of this tragedy. It is not the only focus, but is an important part of our work to bring the truth to light.

The department is also building a framework for how we engage with Tribes, boarding school survivors, families and outside organizations. Later this year, we will hold Tribal consultations to discuss ways to protect and share information and how to protect grave sites.

The traumas of the past and the inequities of today intersect and compound the dynamics of power and oppression.

Thankfully, we have an ally in President Biden who recognizes that addressing systemic oppression is central to building back better. The president's pandemic recovery plan has made historic and unprecedented investments in Tribal communities, including billions in funding for infrastructure development, public safety, social services and important governmental programs.

The Biden-Harris administration also robustly includes Native American, Alaska Native and Native Hawaiian communities as we build a clean energy economy that creates good-paying jobs and conserves our natural resources.

Like many communities of color, Indigenous communities have borne the burden of climate change and environmental degradation disproportionately. Many communities must make tough decisions of whether to leave their ancestral homelands or stay and manage sea level rise, extreme heat, catastrophic storms and water shortages brought on by climate change.

The president's Build Back Better agenda will enable the Interior Department to help clean up legacy pollution on and near Tribal lands and accelerate solar and wind energy projects on our public lands, which will help power Indigenous communities. Additional investments in broadband internet, clean water infrastructure, transportation and climate resilience will ensure better health outcomes, increase opportunity and promote self-governance.

Across the administration, we are ensuring that Tribal governments, organizations and advocates are consulted in policies that impact all of Indian Country.

As we enter this new era, I feel the profound weight and opportunity of this moment. I feel the responsibility to carry on the legacy of the many Native leaders who came before me. Their charge – and mine – is one in which equity, access and science can and will guide the department's decision-making.

As we move forward together, we will never forget the past. Native American history is American history and as a country we must know that history so we can grieve together, heal and build a better future for our children and our children's children.

These first months have shown me and the country that we can accomplish more if we work together. I know that by acknowledging the past and valuing Indigenous knowledge, we can build a brighter future for everyone.

SERVICES AVAILABLE

Mental Health Services & Life Alert

Mental Health Services

- **What services are available?**
 - Counseling Services – individual or family
 - Psychiatry Services
 - Psychology Services
 - Up to 8-visits annually (more if medically necessary)
- **Who's eligible?**
 - Siletz Tribal members eligible for Purchased/Referred Care (PRC), formerly Contract Health Services (CHS).
- **How do I get benefits?**
 - CALL PRC at 800-628-5720 or

- 541-444-9648 to speak with a PRC representative.
- Prior to making an appointment with a provider – confirm the provider will accept PRC as payment.
- Benefits are limited, first-come, first-served.
- **What you need to know:**
 - After calling PRC for benefits, the patient will receive a letter with program details. The letter also provides information that the patient can give to their provider for payment processing information.
 - You will not be required to use other resources first. This will allow you to go to a provider who does not accept Oregon Health Plan/Medicaid or your private insurance.

Life Alert

- Please contact your local community health advocate (CHA) if you think you or another Tribal elder could benefit from Life Alert.
 - Eligibility Criteria:
 - Enrolled Tribal member eligible for PRC
 - Work with CHA to determine need/apply for local services
- **Steps to get Life Alert:**
 - Contact your local CHA –
 - The CHA will determine if you meet the criteria for Life Alert (examples: live alone, health condition, etc.)
- The CHA will assist you in applying for Life Alert at no cost through community options. If you do not qualify for Life Alert at no cost, the Siletz Community Health Clinic will cover the cost.
- **You can reach the community health advocates at:**
 - Siletz – Amy Garrett at 541-444-1030
 - Salem – Cecilia Tolentino at 503-390-9494
 - Eugene – Adrienne Crookes at 541-484-4234
 - Portland – Andrew Johanson at 503-238-1512

VIRTUAL FAFSA INFORMATION NIGHT

Join the CTSI Education Team on November 16th at 6pm to:

- Explore the Free Application for Federal Student Aid (FAFSA)
- Find out what documents are needed to apply
- Create your Federal Student Aid (FSA) ID
- Get help applying for FAFSA
- Get your FAFSA questions answered by Cy Hill and John Detric from Chemeketa Community College

Who should attend: Tribal member high school seniors, parents of high school seniors and anyone interested in learning more about completing their FAFSA.

CONTACT YOUR AREA EDUCATION SPECIALIST TO SIGN UP AND GET A ZOOM LINK

Portland Area	Siletz Area	Salem Area	Eugene Area
(503) 238-1512	(541) 444-8373	(503) 390-9494	(541) 484-4234
katyh@ctsi.nsn.us	alissal@ctsi.nsn.us	sonyamj@ctsi.nsn.us	candaceh@ctsi.nsn.us

JOM FAMILIES

Follow the CTSI Education department on the CTSI Youth Facebook page and in your local area newsletter for monthly youth program information.

@CTSIYouth

Email your local Education Specialist to be added to our email list.

Portland Area Office	Siletz Area	Salem Area Office	Eugene Area Office
Katy Holland (503) 238-1512 katyh@ctsi.nsn.us	Alissa Lane-Keene (541) 444-8373 alissal@ctsi.nsn.us	Sonya Moody-Jurado (503) 390-9494 sonyamj@ctsi.nsn.us	Candace Hill (541) 484-4234 candaceh@ctsi.nsn.us

“Hi, I can help with OHP.”

Do you need help with OHP?

You don't have to leave your home to apply!

Applications can now be done online or over the phone.

Shop for health plans at <https://or.checkbookhealth.org/> or call direct at 855-268-9767.

541-444-9611

Siletz Tribal Behavioral Health Programs

Prevention, Outpatient Treatment, and Women's and Men's Transitional Living Center

<p>Siletz: 800-600-5599 or 541-444-8286</p> <p>Eugene: 541-484-4234</p> <p>Salem: 503-390-9494</p> <p>Portland: 503-238-1512</p>	<p style="text-align: center;">Narcotics Anonymous Toll-Free Help Line – 877-233-4287</p> <p style="text-align: center; border-top: 1px dashed orange; padding-top: 5px;">For information on Alcoholics Anonymous: aa-oregon.org</p>
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Thinking of attending college during the 2022-2023 Academic year?

Here's what you need to know

- ❖ FAFSA Opens for Applications Oct. 1st (at www.fafsa.ed.gov)
- *If applying for Higher Education funds for the 2022-2023 academic year, students must complete their FAFSA by June 30th
- ❖ CTSI Higher Education Grant Application Due June 30th
www.ctsi.nsn.us/wp-content/uploads/2020/12/Higher-Education-Application.pdf
- ❖ CTSI Graduate Application Due June 30th
www.ctsi.nsn.us/wp-content/uploads/2020/12/Graduate-Student-Application.pdf

- Graduate applicants must apply to the American Indian Graduate Center for scholarship funding, to be eligible for CTSI Funding (at www.aigcs.org)
- American Indian Graduate Center applications open as early as December and close as early as May each year. It is your responsibility to be aware of and meet the AIGC scholarship deadlines.

Contact an Education Specialist in your area for more information.

Siletz Area & Out-of-State Alissa Lane-Keene AlissaL@ctsi.nsn.us 541-444-8373	Eugene Area Candace Hill CandaceH@ctsi.nsn.us 541-484-4234	Portland Area & Washington Katy Holland KatyH@ctsi.nsn.us 503-238-1512	Salem Area Sonya Moody-Jurado SonyaMJ@ctsi.nsn.us 503-390-9494
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Visit www.ctsi.nsn.us/post-secondary-education/ for applications.

Scholarships

- NBCU Academy Scholarship
Deadline: Dec. 3, 2021
- Fastweb (scholarship search engine)
- Big Future (scholarship search engine)
- Pacific Northwest Scholarship Guide (scholarship search engine)
- OregonStudentAid.gov
- NOAA Internships
- VFW Young American Creative Patriotic Art Contest (grades 9-12)
Deadline: March 31, 2022
- AIS Scholarship
Deadline: Varies
- Open Education Database Graduate and Ph.D. Scholarships
Deadline: Varies
- Tribal College and University Scholarships
Deadline: Ongoing
- American Indian Service Scholarships
Deadline: Ongoing
- American Indian Science and Engineering Society (AISES) Scholarships
Deadline: Ongoing
- American Institute of CPAs
Deadline: Varies
- American Meteorological Society Minority Scholarships
Deadline: Ongoing
- Army Emergency Relief Scholarships
Deadline: Ongoing
- Catching the Dream Scholarships
Deadline: Ongoing
- College Board Scholarship
Deadline: Ongoing
- National Action Council for Minorities in Engineering
Deadline: Varies
- NOAA Scholarships
Deadline: Ongoing

Other Youth Opportunities

- NAYA Ninth Grade Counts
Deadline: Rolling
- Dept. of Energy Scholars Program
Deadline: Ongoing
- National Park Service Tribal Stewards Inclusion Program
Deadline: Ongoing
- Center for Native American Youth at the Aspen Institute – Generation Indigenous Network Youth Ambassador
- National Youth Leadership Forum STEM Program Nomination Form
Deadline: Various
- The Student Conservation Association
- Northwest Youth Corps
- Saturday Academy - FREE Classes for Native American Students
- ON TRACK OHSU!
- The SMART Competition

Important information for college-bound Tribal seniors

- | November | December |
|--|--|
| <ul style="list-style-type: none"> • Take SAT tests. • Set up scholarship search profiles on websites. • Check your school counseling office or ASPIRE center for scholarship info. • Proofread and have someone else proofread all documents completed up to this point (scholarship essays, résumé, etc.). | <ul style="list-style-type: none"> • If you haven't already done so, take this last SAT test for seniors. • Get FAFSA forms, available for federal and state financial aid. • Apply for FAFSA pin number – student/parents must apply separately. • Mail or submit all revised, complete college applications before the holiday break. • Start scholarship essays. • Start OSAC (Oregon Student Assistance Commission). |

Internships

- | | |
|--|---|
| <ul style="list-style-type: none"> • Deadline: Ongoing • Code Switch Internship
Deadline: Various • HP 3D Printing Engineering Intern
Deadline: Open until filled • WOTE Agricultural Incubator Internship
Deadline: Various • Saturday Academy Internships
Deadline: Multiple • EPA Environ. Research/Bus. Support
Deadline: Multiple | <ul style="list-style-type: none"> • National Science Foundation Research Experiences for Undergraduates
Deadline: Multiple • Indian Land Tenure Foundation
Deadline: Multiple • Environmental Protection Agency
Deadline: Multiple • American Fisheries Society
Deadlines: Multiple • Oregon Museum of Science & Industry (OMSI)
Deadline: Multiple |
|--|---|

For more information about the Siletz Tribal language program, visit siletzlanguage.org.

Siletz Tribal Members Online Academic Support

- * **24/7 On-Demand Access to Online Professional Tutors**
- * **All Subjects and Grade Levels- From Kindergarten through College/University**
- * **Individualized Help in All Subjects**
- * **SAT & ACT Prep; College Course Level Help and More**
- * **All Tribal Students Eligible to Apply, Regardless of Residence.**

Contact your local Education Specialist to sign up:

Siletz & Out-of-Area	Salem
Alissa- AlissaL@ctsi.nsn.us	Sonya- SonyaMJ@ctsi.nsn.us
Portland	Eugene
Katy- KatyH@ctsi.nsn.us	Candace- CandaceH@ctsi.nsn.us

Please Note:
On-line tutoring access is funded with US CARES Act Funds: Students MUST complete a COVID-19 Tutoring Application to register. Tutoring hours are available on a first come first serve basis as resources are available

Fellowships

- American Indian Graduate Center
Deadline: Ongoing
- NOAA Fellowships
Deadline: Ongoing
- NBC News Summer Fellows Program
Deadline: Ongoing
- Master of Forest Resources Fellowships
Deadline: Open until filled
- NW Native American Research Centers for Health Research Support Fellowship
Deadline: Rolling
- Northwestern University's Center for Native American and Indigenous Research Undergraduate Fellowships
Deadline: Rolling
- Fred Hutchinson Cancer Research Center Post-Doctoral Research Fellow
Deadline: Multiple
- Claremont Native American Fellowship
Deadlines: Multiple

Outside Scholarships for NATIVE AMERICAN STUDENTS

Cobell Scholarship
<http://cobellscholar.org/>
various scholarships available
*essay required
Open to descendants/enrolled members

American Indian Services
<https://www.americanindianservices.org/>
various scholarships available
*essay may be required
Open to descendants/enrolled members

American Indian College Fund
<http://www.collegefund.org/>
various scholarships available
*essay required
Open to descendants/enrolled members

Bureau of Indian Education
<http://www.bie.edu/ParentsStudents/Grants/>
various scholarships available
*essay may be required
Open to descendants/enrolled members

Native American Scholarship Fund
<http://catchingthedream.org/>
various scholarships available
*essay may be required
Open to descendants/enrolled members

Tribal Council Timesheets for September 2021

Frank Aspria – 9/1/21-9/30/21

TC	Ind	Gmg	STBC	ED	Tvl	
2.5	2.5	2	5.5			9/2-7 Packets, email, reports
			4			9/8 STBC mtg
		1.5				9/9 Special TC
1.25	1.25	1				9/14 TC wkshp, reports
1.75	1.75					9/16 Email, packets
3.25	3.25	1				9/17-18 Regular TC, email
				.5		9/20 Meeting
1.5	1.25	.5				9/21-22 School board, reports, email

Delores Pigsley – 9/1/21-9/30/21

TC	Ind	Gmg	STBC	ED	Tvl	
3.75	3.75					9/1-6 Mail, agenda items
1	1	.5	1.5			9/7 Chemawa Station, mail, prep for STBC mtg
1	1	.5	4			9/8 STBC mtg, mail, agenda items, prep for council
2.25	2.25	1.75				9/9-13 Special TC, conf call, mail
2.5	2.5					9/14-15 Workshop, mail, agenda items
2.5	2.5					9/16 OR Tribes, mail, prep for cncl
2.5	2.5					9/17 Regular TC, mtg. w/ Rep. Schrader, mail
1.5	1.5	.25				9/18-20 Mail, agenda items
2	2	2				9/21-22 OR Tribal Gaming Alliance, mail, agenda items

Lillie Butler – 9/1/21-9/30/21

TC	Ind	Gmg	STBC	ED	Tvl	
5	5					9/1-3 Packets
2	1.75					9/7 Chemawa Station, packets
			8			9/8 STBC mtg/packets
		4.25				9/9 Special TC, packets
1.5	1.5					9/13 Packets
9.75	9.75					9/14-20 Workshop, packets
3.5	3.25					9/21-22 School board, packets

Selene Rilatos – 9/1/21-9/30/21

TC	Ind	Gmg	STBC	ED	Tvl	
.75	.75					9/1 COVID, email
7.5	7.5					9/2-7 Interview, email, packets, COVID
1	1		4			9/8 STBC mtg, email, packets
3.5	3.5	1.25				9/9-12 Special TC, COVID, email, packets
1.25	1.25					9/13 Health Comm, email, packets
4.75	4.75					9/14-16 Workshop, email, packets, COVID
3	3					9/17 Regular TC, email
2	2					9/20-21 School board, email, COVID

Loraine Y. Butler – 9/1/21-9/30/21

TC	Ind	Gmg	STBC	ED	Tvl	
1.75	1.75		4			9/3-6 Packets
.75	.75					9/7 Chemawa Station
1	1	1	4			9/8 STBC mtg, packets
.75	.75	1.25				9/9 Special TC, CPT
3	3					9/14-16 Workshop, packets
2.25	2.25					9/17 Regular TC
.5	.5					9/18 Packets

Alfred Lane III – 9/1/21-9/30/21

TC	Ind	Gmg	STBC	ED	Tvl	
		1.25				9/9 Special TC
1	1					9/14 TC wkshp
2.25	2.25					9/17 Regular TC

USDA distribution dates for November 2021

	Siletz		Salem	
Monday	Nov. 1	9 a.m. – 3 p.m.	Monday	Nov. 15 1:30 – 6:30 p.m.
Tuesday	Nov. 2	9 a.m. – 3 p.m.	Tuesday	Nov. 16 9 a.m. – 6:30 p.m.
Wednesday	Nov. 3	9 a.m. – 3 p.m.	Wednesday	Nov. 17 9 a.m. – 6:30 p.m.
Thursday	Nov. 4	9 a.m. – 3 p.m.	Thursday	Nov. 18 By appt only
Friday	Nov. 5	9 a.m. – 3 p.m.		

LIKE us on Facebook at Siletz Tribal FDPIR. We would like to see more people sharing their recipes on our FB page. Like us at SILETZ TRIBAL FDPIR.

Sammy Hall, Warehouseman/Clerk, 541-444-8279 sammyh@ctsi.nsn.us

FAX: 541-444-8306 or 503-391-4296

Cultural Salmon Fishing 2021 SEASON Tribal License and Tag Required

Cultural Fishing Sites:
Euchre Creek Falls (off Hwy 229)
Little Rock Creek (above Hatchery)
Drift Creek (off Hwy 101)

Tribal salmon tags may ONLY be used to fish in posted areas at the above cultural fishing sites using only a dip net, spear, or gaff hook.

2021 Cultural Salmon Fishing Season OPEN October 18, 2021 to December 16, 2021

CTSI license/tags are available at: Natural Resources Department 541-444-8227

Diabetes Virtual Dinner!

Criteria: You must be a Siletz Tribal member/Siletz Tribal household within the 11-county service area and actively have diabetes. Applications are due Dec. 31, 2021, so we can ensure everyone's boxes arrive on time for our January luncheon.

Supplies are limited, only 60 spots are available so hurry and get your application in! Please send applications to Kimberlyl@ctsi.nsn.us or P.O. BOX 320, Siletz OR 97380, Attention: Diabetes.

Applicant Information

Full Name: _____ Date: _____
Last First M.I.

Address: _____
Street Address Apartment/Unit #

City State ZIP Code

Phone: _____ Email: _____

Siletz Tribal Roll Number: _____

Our dinner/ luncheon will be virtual and the food will be sent to you a few days before the event each month. It will require you cook it at home and participate in one of the dinner/ luncheon sessions regularly or the food service box we utilize will be canceled. We will have a mid-day and evening Zoom each month to accommodate people's schedules; participants are only expected to attend one each month.

You must provide documentation of a diabetes diagnosis with your application to participate in the program.

I acknowledge that I have read and understand the program parameters above.

Your application must be complete and we must be able to contact you or your application will not be accepted.

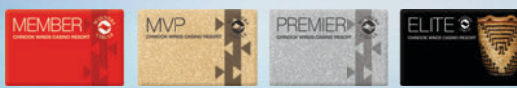
Chinook Winds CASINO RESORT

COSTCO WHOLESALE
ITEM OF THE MONTH

November 20 at 4pm

GRAND PRIZE:
**A \$1,000 GIFT CARD
TOWARDS WINTER TIRES!**

Collect **FREE ENTRIES DAILY**
starting **November 15th**



1 entry 2 entries 3 entries 4 entries

Collect even more entries with your tracked play in the casino; one bonus entry for every 100 points earned on Slots, Tables, Keno, Bingo and Sports Wagering.



BIG Money Cards REDUX

Over **\$190,000** in **CASH** is at stake!

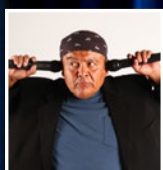
This November, the cards are **HOT**, but in your hands, they'll feel **EVEN HOTTER** when you **WIN BIG!**

DRAWINGS

Fridays, Saturdays and Sundays at **6PM**

LATE NIGHT EDITION

*Comedy
on the
Coast*



HEADLINER
**ERNIE
TSOSIE**



FEATURING
**MARC
YAFFEE**



HOST
**CASEY
MCLAIN**

NOVEMBER 12 & 13
9:30PM • \$15

Tickets available at the Chinook Winds Casino Resort Box Office. Buy by phone at 1-888-MAIN-ACT (1-888-624-6228), 541-996-5776 or online. 21 and over event, doors open at 9pm with a no-host bar.

DAUB FOR THE KIA

NOVEMBER 13, 2021 AT 1pm

**\$40 PAPER BUY-IN
INCLUDES 2 SIX-ONS &
2 SPECIAL PACKS.**

**\$70 PAPER BUY-IN
INCLUDES 4 SIX-ONS &
4 SPECIAL PACKS.**

2022 Kia
Soul LX

2021 Kia
FORTE



OVER \$35,000 in PAYOUTS!
PRE-SALES START OCTOBER 18 in BINGO

Complete rules at Winners Circle. Management reserves the right to alter or withdraw this drawing/promotion at any time.

COLLECT FREE ENTRIES DAILY STARTING NOVEMBER 1ST



MEMBER:
1 FREE ENTRY



MVP:
2 FREE ENTRIES



PREMIER:
3 FREE ENTRIES



ELITE:
4 FREE ENTRIES

**ENTRIES EARNED FOR AUGUST
BIG MONEY CARDS WILL
CARRY OVER TO NOVEMBER
BIG MONEY CARDS REDUX!**



chinookwinds.com • 1-888-CHINOOK • Lincoln City



477 Self-Sufficiency Program Non-Needy Caretaker Relative (NNCR)

Assistance for caretaker relatives of a Siletz Tribal child/children

The program may assist with:

Financial assistance and support services to meet the needs of the Siletz child/children.

Who is a caretaker relative?

A caretaker relative is not the parent of a Siletz enrolled dependent child and is responsible for the care, control and supervision of the child.

Caretaker relatives can be related to the child in the following ways: blood relatives or culturally established family members.

Income Guidelines

Non-needy caretaker relatives do **NOT** have to meet income requirements to qualify.

However, if the caretaker is receiving ongoing financial assistance from the State or Tribe, the family will not be eligible for NNCR.

Example of an NNCR

A grandparent (or other relative) who is responsible for the care, control and supervision of a Siletz enrolled child who would like assistance to help meet the needs of the child.



Apply today!

Call your Area Office

Must meet eligibility criteria and services are available on a budgetary basis.

Siletz Office Lincoln & Tillamook 201 SE Swan Ave. P.O. Box 549 Siletz, OR 97380-0549 Phone: 541-444-2532	Salem Area Office Marion, Polk & Yamhill 3160 Blossom Drive NE, Suite 105 Salem, OR 97305 Phone: 503-390-9494	Portland Area Office Clackamas, Multnomah & Washington 12790 SE Stark, Suite 102 Portland, OR 97233 Phone: 503-238-1512	Eugene Area Office Benton, Lane & Linn 2468 W 11 th Ave. Eugene, OR 97402 Phone: 541-484-4234
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Chinook Winds Casino Resort

Follow us on Twitter, find us on Facebook or visit our website at chinookwindscasino.com.

For more information about events in North Lincoln County, visit lcchamber.com, oregoncoast.org or lincolncity-culturalcenter.org.

Calling all Tribal member business owners

If you would like to be on the preferred Tribal members business list with Chinook Winds, please fax, mail, email or drop off your business card, brochures, or business information to:

Chinook Winds Casino Resort
 Attn: Purchasing Dept.
 1777 NW 44th St.
 Lincoln City, OR 97367
 Phone: 541-996-5853
 Fax: 541-996-3847
erica@cwresort.com



If you want to be part of a great team and looking for a new career opportunity,

Please call Human Resources at (541) 996-5800 or (541) 996-5806.

www.chinookwindscasino.com/careers

Office Hours: Monday through Friday 8am-4:30pm

Chinook Winds Casino Resort in Lincoln City, Ore., offers 24-hour Las Vegas-style gaming, an 18-hole golf course, headline entertainment from some of music's most legendary stars, three full-service restaurants, a secure child care facility and arcade, and a 243-room ocean-view hotel.

For more information, visit chinookwindscasino.com, or call 888-CHINOOK (244-6665) or 541-996-5825.

NICWA applauds boarding school Truth and Healing Commission legislation

PORTLAND, Ore. – The National Indian Child Welfare Association (NICWA) applauds Sen. Elizabeth Warren and Rep. Sharice Davids for introducing the Truth and Healing Commission on Indian Boarding School Policies Act.

Indigenous peoples and communities in the United States and Canada still suffer from individual and collective unresolved grief and trauma related to the long history of parallel assimilationist policies in our countries. For more than 110 years, it was a common practice to forcibly remove Native children from their families and place them in government-funded and/or church-run boarding/residential schools hundreds or thousands of miles away.

The Truth and Healing Commission on Indian Boarding School Policies Act would establish a Truth and Healing Commission on Indian Boarding School Policies in the United States to formally investigate and document Indian boarding school policies and the impacts and ongoing effects of historical and intergenerational trauma in Native communities resulting from them.

The commission would hold public hearings for survivors, victims, families, communities, organizations and Tribal leaders to testify about the impacts of the physical, psychological and spiritual violence of Indian boarding schools. The commission would also collaborate with the Department of the Interior (DOI)'s Federal Indian Boarding School Initiative and develop recommendations for the federal government to acknowledge and heal the historical and intergenerational trauma caused by boarding schools.

"This is a much-needed opportunity for the United States to tell the truth about its history with American Indian, Alaska Native and Native Hawaiian peoples," said Robbie McGhee, vice chairman of the Poarch Creek Indians and NICWA Board Public Policy Committee chair. "The DOI initiative needs this complementary effort, a funded and staffed commission, to expand the investigation, documentation and compilation of records to allow survivors and other victims of the boarding schools have their experiences understood. It is imperative that

this commission develop a more in-depth understanding of the roles of parties, including nonprofits, churches and state governments who carried out assimilationist policies impacting generations of Native people."

"The time to acknowledge the impact of historical government policies and practices on Native families and communities through unresolved intergenerational grief and trauma, the loss of parenting practices and the transmission of adverse childhood experiences is long overdue," said NICWA Executive Director Sarah Kastelic. "This trauma accrues in individuals, families and whole communities. The loss of generations of children who went away and never returned, or who came home severely traumatized by their boarding school experience, caused grief not just to their families but wounded their entire communities."

"NICWA calls on members of Congress to pass this legislation immediately, to begin the landmark work to tell the truth about the treatment of Native peoples and to allow this truth-telling to facilitate an opportunity to heal the unresolved grief and trauma of generations of Native people and hundreds of Native communities," said Gil Vigil, NICWA board president and executive director of Eight Northern Indian Pueblos Council, Inc. "The commission must be sufficiently funded to support the investigation of the 367 known Indian boarding schools and others that can be identified. This process can only be successful if we invite and support the participation of the tens of thousands of people who attended these schools and the parties who were involved in funding, operating and staffing of them."

About NICWA

The National Indian Child Welfare Association works to support the safety, health and spiritual strength of Native children along the broad continuum of their lives. NICWA promotes building Tribal capacity to prevent child abuse and neglect through positive systems change at the state, federal and Tribal level.

For more information, visit nicwa.org.

Public Scoping Event

Wednesday, November 3, 2021

From 4-5 p.m.

**Continuing Authority Program (CAP)
Long Tom 1135 Ecosystem Restoration Project**

Join the meeting virtually or by calling in:
Link: <https://usace1.webex.com/usace1/j.php?MTID=mbecc28b83044eefa9931de952d8fce65>
Meeting Information (Access Code): 2762 496 5934
Meeting Password: jaSHTZa\$633
Connect by Phone (US Toll Free): 1-844-800-2712



Siletz Tribal Youth Council!
 Nov. 21st
 11:00am
 Via Zoom



Youth Council is for ages 12 to 24. Middle School, High School, & Higher Ed students welcome!

Experience Leadership Community



Area Office Contact Info

Portland: Katy Holland, (503)-238-1512, Katyh@ctsi.nsn.us

Salem: Sonya Moody-Jurado, (503)-390-9494, Sonyamj@ctsi.nsn.us

Eugene: Nora Williams, (541)-484-4234, NoraW@ctsi.nsn.us

Siletz: Elizabeth Madden, (541)-272-9128, ElizabethM@ctsi.nsn.us

To the editor:

I want to say "Thank You" to the Tribe and Siletz Tribal Housing Department. In July 2020, I was selected for the General Welfare Rehabilitation Program, which allowed me to install wood laminate flooring throughout all rooms in my house and quartz kitchen countertops.

I'm so grateful to the Tribe for all of the programs we are eligible for, and to the Siletz Tribal Housing Department and Jeanette Aradoz for all of the assistance with my home improvement projects. My home looks so nice. 😊

Thank you,
 DeAnn Brown

Protections for American Indian voting rights included in proposed John R. Lewis Voting Rights Advancement Act

BOULDER, Colo. – On Oct. 5, the U.S. Senate introduced a modified John R. Lewis Voting Rights Advancement Act (S.4), which now incorporates the Native American Voting Rights Act as part of the bill.

"We are thrilled to see that the unique obstacles faced by Native American voters are finally being included in the broader federal voting rights discussion and we thank Senator Leahy for his bold leadership," said Native American Rights Fund Staff Attorney Jacqueline De León. "The John Lewis Voting Rights Advancement Act helps ensure that Native American and other minority voters are provided the same opportunities to participate as their neighbors. In doing so, the bill honors our democratic ideals, our shared desire for fairness, and our constitutional law."

The Native American Voting Rights Act, which has bipartisan support, addresses the specific and unique needs of American Indian voters. For example, these voters often must travel much further distance than nearby

non-Native populations to register and vote. The provisions in that act will now be incorporated into the John R. Lewis Voting Rights Advancement Act as it is considered by the U.S. Senate.

The John R. Lewis Voting Rights Advancement Act restores and updates the popular civil rights protections that were included in the Voting Rights Act of 1965. This act successfully prohibited discriminatory voting practices for decades, but a 2013 U.S. Supreme Court decision in *Shelby County v. Holder* severely weakened the law. Subsequently, states and localities have pushed forward discriminatory changes to voting practices, including throughout Indian Country.

A few months ago, the Montana Advisory Committee to the U.S. Commission on Civil Rights called a Montana 2021 voter suppression law "intentional discrimination" against American Indians. The John R. Lewis Voting Rights Advancement Act will restore the protections of the Voting Rights Act and will set a much-needed baseline level

of access for Indigenous people, people of color, elders, low-income people and people with disabilities.

Learn more about S.4 - A bill to amend the Voting Rights Act of 1965 at congress.gov/bill/117th-congress/senate-bill/4/titles

Learn more about the Frank Harrison, Elizabeth Peratrovich and Miguel Trujillo Native American Voting Rights Act of 2021 (NAVRA) at vote.narf.org/native-american-voting-rights-act-navra/.

Learn more about the challenges faced by Native voters in NARF's 2020 report, *Obstacles At Every Turn: Barriers To Political Participation Faced By Native American Voters*.

About NARF

The Native American Rights Fund is a nonprofit 501(c)(3) organization focused on applying existing laws and treaties to guarantee that federal and state governments live up to their legal obligations to American Indians.



Since 1970, NARF has provided specialized legal assistance to Indian Tribes, organizations and individuals nationwide to assert and defend the most important Native rights. In hundreds of major cases, NARF has achieved significant results in critical areas such as Tribal sovereignty, treaty rights, natural resource protection, voting rights and Indian education.

Like us on Facebook and follow us Twitter @NDNrights to learn about the latest fights to promote justice and protect American Indian rights.

Siletz News Letters Policy

Siletz News, a publication of the Confederated Tribes of Siletz Indians, is published once a month. Our editorial policy encourages input from readers about stories printed in *Siletz News* and other Tribal issues.

All letters must include the author's signature, address, and phone number in order to be considered for publication. *Siletz News* reserves the right to edit any letter for clarity and length, and to refuse publication of any letter or any part of a letter that may contain profane language, libelous statements, personal attacks or unsubstantiated statements.

Not all letters are guaranteed publication upon submission. Published letters do not necessarily reflect the opinions of *Siletz News*, Tribal employees, or Tribal Council.

Please type or write legibly. Letters longer than 450 words may be edited for length as approved by Tribal Council Resolution #96-142.

Please note: The general manager of the Siletz Tribe is the editor-in-chief of *Siletz News*.

Editor-in-Chief: Mike Kennedy
 Editor: Diane Rodriguez
 Assistant: Andy Taylor

Photography prize for Indigenous people and youth

The World Intellectual Property Organization is hosting a Photography Prize for Indigenous Peoples and Local Community Youth 2021-2022, which calls for submissions of an original photograph on the theme of Climate Change and Climate Action: Mother Earth through our Lenses.

Submissions close on Jan. 22, 2022. Winners will receive awards ranging from photography equipment and related software licenses to training and mentoring opportunities.

See more information at wipo.int/tk/en/youth_prize.html?mc_cid=82e4803fad&mc_eid=59f0f73e2c.

SÁPSIK'WALÁ
TEACHER EDUCATION PROGRAM

Department of Education Studies

Annually we accept American Indian/Alaska Native applicants interested in becoming teachers

- 89 alumni from 42 Tribes teaching Native children
- Federal grant covers education expenses including tuition, books, computer, living stipend, and dependent allowance
- Program participants do service payback by teaching for 2 years in schools with high Native American student populations
- 12 month master's program: MEd degree and teacher licensure in the following areas: elementary, middle-high school social science, English and language arts, mathematics, science, world language (Chinese, French, German, Japanese, or Spanish)
- All participants earn English for Speakers of Other Languages (ESOL) endorsement
- Program is a Native cohort within UOTeach Master's Program
- Program runs from June - June each year

Applications open each September through January, please contact us today!
Email: sapsikwala@uoregon.edu
Phone: 541-346-2454
Webiste: education.uoregon.edu/sapsikwala



SÁPSIKW'AT XTÚWIT
NAAMÍ TANANMAMÍYAU
Education Strengthens
Our People

Lincoln County Jail seeks volunteers

The Lincoln County Jail in Newport, Ore., is seeking additional cultural practitioners to provide services to American Indians who are incarcerated. They are seeking both female and male practitioners to provide online, one-on-one and group guidance (once it is safe to hold in-person meetings).

If you have questions, please contact Lisa Norton at lisan@ctsi.nsn.us. If you want to volunteer, contact Dennis Buckmaster (dbuckmaster@co.lincoln.or.us) to start the process. This process does include a background check, but all situations will be considered individually.



To our one and only beautiful, smart, kind, generous, thoughtful and amazing mommy to our awesome grandbabies – Happy 30th Birthday on Nov. 20, Chelsea! Your dad and I love you; you know we got you no matter what! Welcome to your dirty 30s, whoop whoop!

Happy 30th Birthday Sis! We love having you as a big sister!
Love from both your baby bros, Aaron and Tye

**Be safe. Get vaccinated.
Stay well.**

Passages Policy

Submissions to Passages are limited to two 25-word items per person, plus one photo if desired.

All birthday, anniversary and holiday wishes will appear in the Passages section.

Siletz News reserves the right to edit any submission for clarity and length.

Not all submissions are guaranteed publication upon submission.

Please type or write legibly and submit via e-mail when possible.

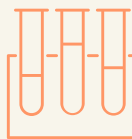
SILETZ COMMUNITY HEALTH CLINIC ANNUAL DIABETES WELLNESS VISIT

The Annual Diabetes Wellness Visit is different than your yearly physical exam. This visit will focus on gathering health information and counseling you on improving your health and preventing complications.

WHAT WILL BE REVIEWED AT YOUR DIABETES WELLNESS VISIT?



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HOSTED ON ZOOM LIMITED SPOTS AVAILABLE

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DEADLINE TO SIGN UP IS NOVEMBER 15TH

SIGN UP BY AREA

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SALEM SONYA MOODY-JURADO SONYAMJ@CTSI.NSN.US	EUGENE CANDACE HILL CANDACEH@CTSI.NSN.US	

7TH-12TH GRADE
SILETZ TRIBAL YOUTH

StrongHearts Native Helpline becomes independent nonprofit organization

EAGAN, Minn. – Solidifying its voice in the movement for the safety of Indigenous peoples and Tribal communities, StrongHearts Native Helpline has officially launched into history as its own national Native nonprofit organization on Oct. 1, 2021.

“Establishing ourselves as an independent nonprofit organization is an exciting step for StrongHearts Native Helpline,” said Lori Jump (Sault Ste. Marie Tribe of Chippewa Indians), director, StrongHearts Native Helpline. “StrongHearts would not be where it is today without the support of the National Indigenous Women’s Resource Center (NIWRC) and the National Domestic Violence Hotline (The Hotline). We look forward to working alongside these organizations to advocate for Native American and Alaska Native victim-survivors.”

In 2012, NIWRC and The Hotline prioritized the need for a domestic violence hotline to support Tribal communities across the U.S. Together with input from Tribal leaders, a Native women’s council, domestic violence experts, and the Family Violence Prevention and Services Program, NIWRC and The Hotline developed a plan to establish StrongHearts Native Helpline, a Native-centered hotline staffed by advocates with a strong understanding of Native cultures, as well as issues of Tribal sovereignty and law.

StrongHearts launched its services in March 2017 in Austin, Texas – home to the National Domestic Violence Hotline, which provided initial infrastructure and technology support.

As StrongHearts follows the original thoughtful plan created by the NIWRC

and The Hotline to become an independent nonprofit organization with its own board of directors, there has been no impact or disruption to advocacy services.

As a program under NIWRC, StrongHearts received advocacy training and financial oversight, as well as technical support and mentorship in the areas of technology, communications and policy development. NIWRC will continue to support StrongHearts by sharing resources and providing technical assistance and peer support.

“Creating more voices advocating for Indigenous survivors of violence has always been the goal and we could not be prouder of the incredible work accomplished by the StrongHearts team to date,” said Lucy Simpson (Diné), executive director, NIWRC.

“Our hearts are filled with hope and healing for the future as StrongHearts carries this good medicine forward for our people.”

StrongHearts Native Helpline is funded by the Administration on Children, Youth and Families, Family and Youth Services Bureau, U.S. Department of Health and Human Services; and the Office for Victims of Crime: Michigan Department of Health and Human Services.

StrongHearts Native Helpline is a 24/7 culturally appropriate domestic, dating and sexual violence helpline for American Indians, available by calling 1-844-762-8483 or clicking on the Chat Now icon on strongheartshelpline.org.

StrongHearts Native Helpline is a proud partner of the National Domestic Violence Hotline and the National Indigenous Women’s Resource Center.