



## Bring your family to Siletz as pow-wow will take place for first time in 3 years

The annual Nesika Illahee Pow-Wow, held by the Confederated Tribes of Siletz Indians, returns for one day this year on Saturday, Aug. 13, in Siletz, Ore., after two years of cancellation due to the COVID-19 pandemic.

The public is invited to attend this free family-friendly event, a tradition for the Siletz people and other American Indians, sponsored by Chinook Winds Casino Resort and Pepsi Bottling Company. The one-day social pow-wow will take place at the Pauline Ricks Memorial Pow-Wow Grounds on Government Hill in Siletz.

“Everyone is invited to experience our pow-wow and learn about American Indian culture and dance,” said Buddy Lane, Tribal cultural education director and pow-wow coordinator. “Come join us at our annual celebration.”

The celebration will start with the crowning of the 2022-23 Siletz Royalty at 11 a.m. Participants dressed in all dance styles will enter the arena at 1 p.m. during the first Grand Entry. The second Grand Entry will take place at 7 p.m.

A variety of food, Native arts and crafts, and jewelry will be offered for sale by more than 50 vendors on the pow-wow grounds.

“Come and see the variety of vendors at our annual summer pow-wow. Many



File photos

Above: Dae Garcia

Right: Tiffany Stuart (left), Tasha Rilatos and Crystal Taylor



facets of Indigenous America are represented both in craft and food,” said Lane. “There’s a lot to look at and experience, there’s something for everyone here.”

A free shuttle will be available from various parking lots in Siletz to the pow-

wow on Government Hill. Signs will be posted. Parking is extremely limited at the pow-wow grounds, so the shuttle is the best way to get there.

This is an alcohol- and drug-free event.

Listen carefully to the pow-wow announcer, who will tell you when you can and when you should not take photos. The announcer also will explain the significance of the events taking place in the dance arena throughout the pow-wow.

## Supreme Court releases decision striking against Tribal sovereignty, grants states some jurisdiction

### NARF/NCAI joint statement on Castro-Huerta v. Oklahoma SCOTUS ruling

WASHINGTON – On June 29, the U.S. Supreme Court, in a 5-4 decision, overturned the long-held understanding that states do not have authority to prosecute non-Indians who commit crimes against Indians in Indian Country.

The court, in *Castro-Huerta v. Oklahoma*, held that “the federal government and the state have concurrent jurisdiction to prosecute crimes committed by non-Indians against Indians in Indian Country,” which strikes against Tribal sovereignty and jurisdiction to protect Tribal citizens. The consequences of the decision – for Tribal nations, the federal government and states – will take time to unravel.

“The Supreme Court’s decision today is an attack on Tribal sovereignty and the hard-fought progress of our ancestors to exercise our inherent sovereignty over our own territories,” said National Congress of American Indians (NCAI) President Fawn Sharp. “It was only a few months ago that Congress loudly supported Tribal sovereignty and Tribal criminal jurisdiction with the passage of the Violence Against Women’s Act, reaffirming the right of Tribal nations to protect their own people and communities, but make no mistake, today the Supreme Court has dealt a massive blow to Tribal sovereignty and Congress must, again, respond.”

John Echohawk, executive director of the Native American Rights Fund (NARF)

agreed. “Unauthorized and unconsented intrusions on Tribal sovereignty are antithetical to Tribal sovereignty and Tribal treaty rights.”

The *Castro-Huerta* case was a continuation of the 2020 *McGirt* decision, which reaffirmed the reservation lands of the Muscogee (Creek) Nation and, in effect, reaffirmed that much of Oklahoma remains Indian Country to this day for legal purposes.

In response, the state of Oklahoma has filed multiple suits trying to overturn or weaken the *McGirt* decision. With

today’s decision, Oklahoma has not only weakened a component of the *McGirt* case, but also has fundamentally altered the long-established understanding of how criminal jurisdiction over non-Indians functions with respect to the federal government, state governments and Tribal nation governments.

In the dissent, Justice Neil Gorsuch stated: “Where this court once stood firm, today it wilts. After the Cherokee’s exile to what became Oklahoma, the federal government promised the Tribe that it would

remain forever free from interference by state authorities. Only the Tribe or the federal government could punish crimes by or against Tribal members on Tribal lands. At various points in its history, Oklahoma has chafed at this limitation ... Where our predecessors refused to participate in one state’s unlawful power grab at the expense of the Cherokee, today’s court accedes to another’s.”

Read the opinion at [https://www.supremecourt.gov/opinions/21pdf/21-429\\_806a.pdf](https://www.supremecourt.gov/opinions/21pdf/21-429_806a.pdf).

## STAHS cleans up!

By Teresa Simmons

Few in number but mighty in determination, members of the Siletz Tribal Arts and Heritage Society spent July 10 cleaning and scrubbing the building formerly known as the “old hotel” or most recently Dee-Ne Gifts.

The group hopes to have the facility stocked and open by mid-August as the STAHS Office & Gift Shop, offering merchandise representative of Native America and featuring crafts created by Siletz Tribal artists.

Siletz baskets that will become part of The Place for the People, the soon-to-be Siletz museum, will be on display and information regarding the history and culture of the Confederated Tribes of Siletz Indians as referenced in Charles Wilkinson’s book *The People Are Dancing Again* will be available.

When we open the doors, we hope you will come check us out!

Courtesy photo by Jacob Reid

Teresa Simmons puts the Windex to work.





**First Peoples Fund**

The First Peoples Fund is a nonprofit founded in 1995 to honor and support Tribal artists and culture bearers. Its office is located in Rapid City, S.D., and its board members are made up of several Tribes across the U.S. It provides trainings and promotes community-level and entrepreneurial spirit.

In July I was invited to participate on a panel with two other Tribal leaders to discuss Siletz history as well as Tribal sovereignty. The event occurred at the Kennedy Center for Performing Art in Washington, D.C.

Several training sessions were held as well as a wonderful performance by Tribal people on the many issues that face Tribes. It was actually a sold out performance.

**Chinook Winds**

The Tribal Council approved hiring a new general manager for Chinook Winds Resort Casino. His name is Harold Baugus; he comes to us from Tucson, Ariz., and started on July 25.

We very much appreciate John Wheeler serving as our interim general manager for the past eight months.

The casino still operates on reduced hours because of the labor shortage. Most COVID restrictions have been reduced. An increase in COVID cases in the area, according to weekly and daily reports, has been a concern for casino and Tribal administration.

The casino did have a great anniversary weekend!

**Siletz Valley Charter School**

Siletz Valley Charter School principal Sam Tupou recently left the school. The school board will work toward replacing him.

Tribal member Kent Rilatos was recently hired by the board. Welcome, Kent!

**Negotiations with ODFW**

Negotiations with the Oregon Department of Fish and Wildlife have continued. We are close to a final agreement that will be presented at the General Council meeting this month (see agenda on page 4).

We have great support from the governor as well as our congressional delegation to see this process through and be rid of the Consent Decree.

**Pow-Wow update**

We will have a one-day Siletz pow-wow on Government Hill on Aug. 13 (see page 1). It will not be a contest pow-wow; we will have vendors and a salmon dinner. Hope to see you all there.

**Salem casino**

The Tribe is addressing issues raised in the property's environmental assessment for the Salem casino. The project has been supported by the community and I have made presentations to anyone who asks for information.

**Siletz Community Clinic**

Interviews are currently taking place for the director of the Siletz Clinic. Marci Muschamp left the clinic for another position outside of the Tribe. It is hoped we will have a new director in place very soon.

See you all at the pow-wow!



Delores Pigsley

**Elders Council Meeting**

The Elders Council meeting scheduled for Saturday, Aug. 13, has been canceled.

The next meeting is scheduled for Saturday, Sept. 17, at 1 p.m.

Siletz Tribal offices will close at noon on Friday, Aug. 12, prior to the Nesika Illahee Pow-Wow on Saturday, Aug. 13.

Tribal offices will be closed on Monday, Sept. 5, for the Labor Day holiday.

Siletz News is free to enrolled Siletz Tribal members. For all others, a \$12 annual subscription fee applies. Please make checks payable to CTSI and mail to Siletz News.

Name: \_\_\_\_\_

Address: \_\_\_\_\_

Phone: \_\_\_\_\_

**Change of address:** Tribal members – contact the Enrollment Department at 541-444-8258; 800-922-1399, ext. 1258; or enrollment@ctsi.nsn.us. All others – call the newspaper office.

**Send information to:**

Siletz News  
 P.O. Box 549  
 Siletz, OR 97380-0549  
 541-444-8291 or  
 800-922-1399, ext. 1291  
 Fax: 541-444-2307  
 Email: pias@ctsi.nsn.us

**Deadline for the September issue is Aug. 10.**

Submission of articles and photos is encouraged.

Please see the Passages Policy on page 20 when submitting items for Passages.



Member of the Native American Journalists Association

**SIGN UP TODAY FOR SUMMER SESSION ON-LINE LANGUAGE CLASSES**

**LEARN NUU-WEE-YA'**

**TUESDAYS JULY 26-AUGUST 30**

5:00 PM-BEGINNING CONVERSATION 1

5:45 PM- BEGINNING CONVERSATION 2

**THURSDAYS JULY 28-SEPTEMBER 1**

5:00 PM-ONGOING CONVERSATION

**SATURDAYS 8/6 AND 8/27**

NOON-IMMERSION CONVERSATION HOUR

TO SIGN UP CONTACT NICK VILES AT NICKV@CTSI.NSN.US OR 541-484-4234 X1757



## Election Board Application

Qualified Tribal members interested in serving on the Election Board are encouraged to fill out this application. The Election Board consists of three regular and two alternate members (this year's appointments will be staggered terms for one, two and three years and thereafter each year's appointments will be a three-year appointment).

**Compensation:** Election Board members are compensated at \$20 an hour, which is set by the Tribal Council in its annual budget, for their time spent performing the duties as a member of the board.

**Return applications to:** Confederated Tribes of Siletz Indians, Attn: Executive Assistant to Tribal Council, P.O. Box 549, Siletz, OR 97380-0549; fax 541-444-8325; email Celestal@ctsi.nsn.us.

**Deadline:** Applications for consideration will be accepted through **Aug. 11, 2022**.

Name: \_\_\_\_\_ Roll No: \_\_\_\_\_

Address: \_\_\_\_\_

City: \_\_\_\_\_ State: \_\_\_\_\_ ZIP: \_\_\_\_\_

Telephone: Day (\_\_\_\_) \_\_\_\_\_ Evening (\_\_\_\_) \_\_\_\_\_

Email: \_\_\_\_\_

## Portland Head Start wants to hire you

The Siletz Tribal Head Start classroom in Portland, Ore., has openings for a teacher, assistant teacher/bus driver, and classroom aide. All positions are 30 hours or more a week with full benefits.

The teacher position starts at \$22.88 an hour and goes up to \$24.03 after six months, with a \$2,000 sign-on bonus. The assistant teacher position starts at \$16.84 an hour and goes up to \$17.69 after six months, with a \$1,000 sign-on bonus. The classroom aide position starts at \$14.62 an hour and goes up to \$15.03 after six months, with a \$1,000 sign-on bonus.

Job descriptions for these positions and the Tribal employment application are on the Tribal website, [www.ctsi.nsn.us](http://www.ctsi.nsn.us). Apply now!

## Ortho screenings for braces

Aug. 1-2  
Aug. 8-9

8:30 a.m. - 4:30 p.m.

Siletz Community Health Clinic



Ortho screenings are by appointment only. Call 541-444-9681 to schedule.

Open to CHS eligible Siletz Tribal members of any age (can't be in braces currently or have been in braces before)

## USDA distribution dates for August

Siletz			Salem		
Monday	Aug. 1	9 a.m. - 3 p.m.	Monday	Aug. 15	1:30 - 6:30 p.m.
Tuesday	Aug. 2	9 a.m. - 3 p.m.	Tuesday	Aug. 16	9 a.m. - 6:30 p.m.
Wednesday	Aug. 3	9 a.m. - 3 p.m.	Wednesday	Aug. 17	By appt only
Thursday	Aug. 4	9 a.m. - 3 p.m.			
Friday	Aug. 5	9 a.m. - 3 p.m.			

Sammy Hall, USDA Program Director  
541-444-8279; sammyh@ctsi.nsn.us  
Fax: 541-444-8306 or 503-391-4296

LIKE us on Facebook at Siletz Tribal FDPIR. We would like to see more people sharing their recipes on our FB page. 

### CTSI Jobs

Tribal employment information is available at [ctsi.nsn.us](http://ctsi.nsn.us).

Note: "Open Until Filled" vacancies may close at any time. The Tribe's Indian

Preference policy will apply. Tribal government will not discriminate in selection because of race, creed, age, sex, color, national origin, physical handicap, marital status, politics, membership or non-membership in an employee organization.

**YOUTH SUMMER LANGUAGE CLASSES**

**THURSDAYS JULY 28-SEPTEMBER 1 AT 1 PM**

- Open to all tribal youth
- Fun, games, and language learning
- On-line over Zoom

TO SIGN UP CONTACT NICK VILES AT NICKV@CTSI.NSN.US OR 541-484-4234 X1757

**CTSI VIRTUAL CULTURE NIGHTS**

ALL TRIBAL MEMBERS AND FAMILIES WELCOME

**Upcoming Dates:**

- August 24 at 6pm:** Basket Overlay Materials
- September 21 at 6pm:** Cooking Fish
- October 19 at 6pm:** Mvn' (Traditional Houses)

Sponsored by the Education and Culture Departments  
Contact Nick Viles at [nickv@ctsi.nsn.us](mailto:nickv@ctsi.nsn.us) or 541-484-4234 x1757 to sign up



## General Council Meeting

Saturday, Aug. 6, 2022 • 1 p.m. • Siletz, Oregon

Call to Order  
Invocation  
Flag Salute  
Roll Call  
Approval of Agenda  
Approval of Minutes  
Consent Decree Agreement  
Clinic Services Update  
Tribal Member Concerns  
Chairman's Report  
Announcements  
Adjourn

Due to the COVID-19 pandemic, in order to continue to keep the membership safe/healthy, the Aug. 6, 2022, General Council Meeting will be on the Zoom platform.

For access to the meeting link, please email [generalcouncil@ctsi.nsn.us](mailto:generalcouncil@ctsi.nsn.us) and include your name and roll number in the email. The link to the meeting will be sent to your email address on Aug. 5, 2022, prior to 4:30 p.m.

To discuss Tribal member concerns, please indicate so in your email or by using the "raise hand" option in Zoom. The Tribal chairman will call upon Tribal members in the order they are received. Tribal members who plan to speak, please ensure there is audio on your device. The deadline to request the meeting link is Aug. 4, 2022.



Courtesy photo by Jacob Reid

The Amanda Trail hike was the first of many Youth Prevention summer activities to get some fresh air and exercise. To sign up for these outdoor adventures, please contact Behavioral Health and speak with a Youth Prevention coordinator. Left to right: James Pearson, Jordyn Ramsey (Prevention intern), Jordan Taylor, Elizabeth Madden (Prevention coordinator) and Isaiah Brandt. Hunter Pearson is off camera to the left.

## When the going gets tough, learn to use detective work to solve constipation

By Nancy Ludwig, MS, RDN, LD, Head Start Consulting Nutritionist

In my role as consultant nutritionist to Siletz Tribal Head Start, I offer nutrition information for families. Last month we introduced the foundational diet and approach to achieving regular daily bowel movements to avoid constipation. This time our focus is on short-term interventions as we seek to find the root cause or the possible medical cause(s) for constipation.

The foundation of what we eat and drink continues to be essential. It is important to remember that we need to remove toxins and the bad stuff by excreting our stool via bowel movements.

If there are long delays before we poop, some of that bad stuff can be re-absorbed into our bodies. This can have a serious negative impact on our health. This means that sometimes we need short-term solutions to eliminate or remove our waste. I refer to this as Level 2, Intervention.

When you or your child are experiencing constipation, there are many options. Sometimes tummy massage is useful to help support bowel movements for all ages. People should not need laxatives every day. It is important to see a doctor for an exam if you or your child are at this point.

When you see a doctor, it is important to be equipped with knowledge to advocate for yourself or your child. Furthermore, don't wait to take actions to eliminate waste while seeking help. In my experience and professional opinion, constipation is wholly underserved!

Laxatives fall into different categories depending on how they work. The important thing about most laxatives is that one should drink a lot of liquid. In some cases, if too little water is consumed, it is possible to cause the opposite and result in impaction (blockage), which can be serious.

Laxative categories include bulk, osmotic, stimulant, softener and lubri-

cant. These can be over-the-counter or prescription.

Bulk-forming laxatives absorb liquid from within the intestine to swell and form a soft, bulky stool. Ideally the bowel is then stimulated by the presence of the bulky mass. Examples include psyllium, methylcellulose and polycarbophil.

Osmotic laxatives are medications that draw water from the surrounding tissues into the stool, allowing the intestine to hold more fluid. This results in softer stools and more frequent, easier-to-pass bowel movements with the benefit of increasing colonic peristalsis (involuntary constriction and relaxation of the muscles of the intestine or another canal, creating wave-like movements that push the contents of the canal forward).

Commonly used osmotic laxatives include polyethylene glycol (PEG), milk of magnesia and lactulose. Saline laxatives are sometimes considered osmotic because they work similarly.

Stimulant laxatives act on the intestinal mucosa, increasing water and electrolyte secretion. They also stimulate peristaltic action. Examples of stimulant laxatives include aloe, cascara, senna, bisacodyl and castor oil.

Stool softeners are thought to be gentle and are often recommended after surgery when it is important not to strain. They work by adding liquid to the stool without stimulating peristalsis. Docusate sodium is an example.

Lubricant laxatives make a coating around the stools, which makes them easier to pass.

Some supplements that support bowel movements do not fall into the laxative categories. These include magnesium, vitamin C and triphala.

For constipation relief with magnesium, it is best to take the "less absorbable" forms such as magnesium oxide at the dose right for you (often starting at 400 mg and working up to 800-1200 and sometimes more). Don't start at a high dose because the body's response is not immediate and

you may cause diarrhea. Personally, I find magnesium very effective.

Vitamin C at a very high level is another approach to cleaning out the bowels. Take a dose of powdered (and buffered) Vitamin C every hour until you reach bowel tolerance and your stool loosens. Then reduce your dose to move your bowels at a comfortable rate.

Triphala is an Ayurvedic remedy of "three fruits" – amalaki, bibhataki and haritaki trees – ground into powder and blended for a body tonic to cleanse and detoxify.

The third level is to find the root cause or the medical reason for constipation. Sometimes the diagnosis of functional childhood constipation is used when no underlying cause is identified. I encourage everyone along the journey to look for a reason.

Constipation is a symptom, not a disease. It is associated with many different medical conditions and underlying metabolic, neurologic or colonic conditions, and pelvic floor dysfunction.

Possible causes include GI infections, toxicity, sluggish liver, heavy metal exposure, nerve damage, leaky gut, leaky brain, inadequate stomach acid or enzymes, malnutrition, allergy, food sensitivity, adhesions, bowel obstruction, thyroid or adrenal dysfunction, and gut neurotransmitter imbalances (such as serotonin and dopamine).

Specific diseases or conditions may include irritable bowel syndrome (IBS), inflammatory bowel disease (IBD), Crohn's, ulcerative colitis (UC), post-infectious IBS, intestinal methanogen overgrowth (IMO), Lyme disease, colon cancer, lupus, multiple sclerosis (MS), Parkinson's, scleroderma, spinal cord injury, stroke, and Hirschsprung's disease (congenital).

Trauma and chronic stress can keep your nervous system in sympathetic vs. parasympathetic mode (also known as "fight or flight" with hormones diverting blood from the digestive tract).

Medications can cause constipation. Examples include opioid painkillers,

muscle relaxants, PPIs (proton pump inhibitors), antacids, antidepressants, NSAIDs, antihistamines and diuretics.

When diuretics remove water from the body, it is important to realize they also remove water from our stool, making it harder to poop. Supplementation of iron, calcium and zinc may slow bowel movements, especially at high levels.

Of course, you will want to review these with a health care practitioner if constipation is a concern. Anesthesia may also cause constipation, which can last for weeks.

Our bodies communicate with us via our symptoms. It is our job to listen to the messages. Sometimes we need help interpreting and understanding these messages. When fine tuning the foundational diet and making note of your body's response to various interventions, you may find important clues for deeper root causes.

For example, the common health recommendations for fiber, pre- and probiotics can have the opposite effect when you have small intestinal bacterial overgrowth (SIBO) or intestinal methanogen overgrowth (IMO).

Prebiotics and many forms of fiber feed the gut bacteria and some of them are in the small intestine producing methane gas, which slows bowel function, causing constipation, as well as severe gas pain. Specific probiotics such as Bifidus infantis, Bifidus lactis, Lactobacillus plantara (without prebiotics) may be beneficial for these conditions.

The information you gather about how your body responds may provide the necessary clues to be tested, diagnosed and treated for what caused the constipation.

Please know that Siletz Tribal Head Start offers nutritional support at no cost to Head Start families. This usually occurs over the telephone. If you have nutrition concerns about your Head Start child or want to discuss family nutrition concerns, please contact your teacher or the director and ask to speak to the nutritionist.





**Did you receive your annual per capita check? If not, contact the Enrollment Department to confirm your mailing address.**

The deadline for address updates for per capita was Friday, July 15, 2022.

You can update your address with the Enrollment Department by getting the Address & Contact Information Update form:



- On the web at 002-Address-Update-2017-03.pdf (ctsi.nsn.us)
- Request form to be emailed to you
- Request form to be mailed to you
- Request form in person by making arrangements with Enrollment staff at 541-444-8258

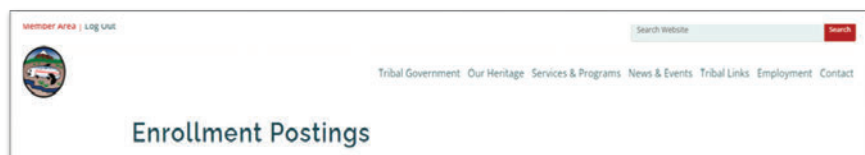
Send completed Address & Contact Information Update form:



- By scanning and emailing to EnrollmentDepartment@ctsi.nsn.us
- Fax to 541-444-8296
- Mail to Enrollment Department; P.O. Box 549; Siletz, OR 97380-0549
- Deliver in person by making arrangements with Enrollment staff at 541-444-8258

Application for Enrollment, Name Change, Blood Quantum Correction, and Relinquishment Requests for Post 319 are due Sept. 2, 2022. You can obtain these forms on our webpage:

Enrollment Forms | Confederated Tribes of Siletz Indians



Snap shot of Member Area Enrollment Postings webpage

How do I check the Tribal Missing Moccasin list online? Go to our webpage at [www.cts.nsn.us](http://www.cts.nsn.us):

- > Click Member Area
- > Sign in
- > Select Enrollment Postings
- > Select Missing Moccasins

**Siletz Tribal Veterans**

For information and assistance from Tony Molina, Tribal Veteran Representative, call 541-270-0569 or email [tonym@ctsi.nsn.us](mailto:tonym@ctsi.nsn.us)

## Missing Moccasins

What is a Missing Moccasin? It's a Tribal member who has an invalid address on file with the Siletz Enrollment Department.

The Enrollment Department or other Tribal department (Accounting, Elders, Elections, etc.) has received mail for the Tribal member back as undeliverable. Enrollment staff attempt to contact the Tribal member at the most recently provided phone number and/or email address. If the Tribal member does not answer or return the call and it is determined there is no way to reach the Tribal member, they will be added to the Missing Moccasin list for publication in *Siletz News* and posting on the Tribal website.

In order to receive any mail from the Tribal administration, including per capita checks, 1099-MISC tax forms, elections and *Siletz News*, the Tribal member must submit their address change on the Enrollment form "Address and Contact Information Update." For security reasons, address changes are not accepted over the phone, the address change must be in writing.

**As of July 11, 2022, at noon, there are 54 ADULT Siletz Tribal Missing Moccasins.** If you are on this list, please update immediately.

There are also **eight children with an invalid address.** If you are not receiving the annual statement of your child's minor trust account, they may have an invalid address on file. Children's names are not published.

If you know someone on this list, please ask them to contact the Enrollment Department to have a form sent to them. The form is also available on the Tribal website at [www.ctsi.nsn.us](http://www.ctsi.nsn.us) under Government, then select "Enrollment," or at any of the four area offices.

If you have any questions, contact Enrollment staff at 541-4448258.

Jose Frede Aguilar-Rodriguez II  
Jillianne Leigh Arden  
Delight Rose Attebury  
Gage Ryan Barnhurst

Amy Marie Bayya  
Manuel Joseph Bayya  
Kyle Carl Beals  
Kenneth Cody Blacketer  
Dustin Todd Breck  
Mark Steven Bremer Jr.  
Adam Charles Bremner  
Jarron Lester Brown  
Clayton Lee Butler  
Jacob Dylan Lightning Bear Butler  
Darod Anthony Cheek  
Elise Marie Cook  
Sarah Jean Cook  
Vidal Rene Davis  
Amanda Renee Dorame  
Anne-Marie Eddings  
David Roy-Lee Erickson  
Rebecca Shanté Espino  
Sonya Rae Foster  
Chay Anthony Gene Gilbert  
William Patrick Hall  
Rhiannon Yvonne Hamel-Fox  
Robert Nelson Harrison  
Shatara Rosemarie Holmes  
Fredrick Duane Hostler  
Brandon Taylor Lane  
Mason Leach  
Steven Dean Martin  
Ashley Pearl Marzan  
Danica Lea Montana  
Christopher A Mortenson  
Mariah Jean Mortenson  
Stacie Ann Mortenson  
Patrick Robert Olson  
Korey Matthew Orloff  
Tiernan Rhyse Pettit  
Delisa Marie Rafaela-Carmona  
Christopher Lee Ray  
Charles Eugene Richardson  
Seajay Phillip Lee Saunders  
Dustin Derek Scott  
Athena Shepherd  
Kyle Scott Spangelo  
Tori Lynn Spangelo  
Darlene Rose Sullivan  
Doniven David Tompkins  
Sasha Benjamin Tower  
Antoinette Mary Van Kirk  
Athena Marie Wedel  
David Earl Yarbrough



Photo by Andy Taylor

Jake, Lennon and Kaiya pick up lunch outside the Siletz Rec Center in early July as the Tribe sponsored breakfast and lunch for local community youth. Programs involved included Diabetes, Prevention and Youth Development.





# Siletz Community

Find us on Facebook! Siletz Community Health Department  
**EVENTS**

## AUGUST 2022

**National Night Out - Siletz City Hall**  
Aug. 2 4-7pm

**Virtual Book Club**

**Every Thursday @ 3:30pm**

**New Trauma Support Group**

**Every Wednesday @ 5:30pm**

**Virtual Talking Circle**

**Aug. 25 @ 5:30pm**

**Custom Car Show - Chinook Winds Casino**

**Aug. 28 11am – 5pm**

**Contact Rachelle Endres at [rachellee@ctsi.nsn.us](mailto:rachellee@ctsi.nsn.us)**

**to get more information.**

Community Health would like to congratulate the winner of our Pride Month logo contest. This is amazing art! Keep a look out for some awesome swag!



## E-Cigarettes/Vape Pens

What are e-cigarettes? They are a form of an inhalant delivery system (IDS). These devices typically deliver nicotine, flavorings and other additives to users via an inhaled aerosol. These devices are referred to by a variety of names, including e-cigs, vape pens, e-hookahs, Juul, mods, tank systems and other devices that deliver a nicotine aerosol. E-cigarettes are battery-powered devices that heat up liquid into an aerosol that users then inhale. The liquid usually has nicotine, which comes from tobacco; flavoring; and other additives that are known to have adverse health effects. E-cigarette products can also be used as a delivery system for marijuana and other illicit drugs.

What are the health effects of using e-cigarettes?

Scientists are still learning about the long-term health effects of e-cigarettes. Here's what we know now.

Most e-cigarettes contain nicotine, which has known health effects.

Nicotine is highly addictive.

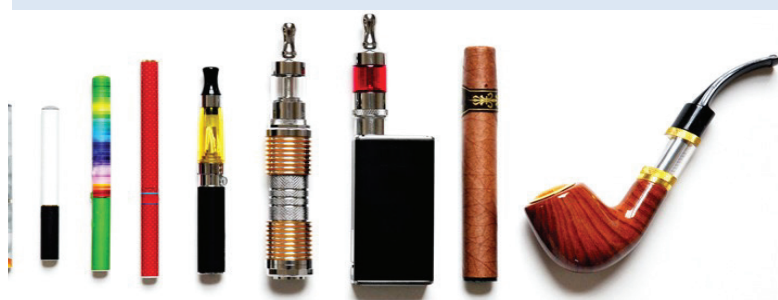
Nicotine can harm adolescent brain development, which continues into the early to mid-20s.

Nicotine is a health danger to pregnant woman and their developing babies.

Besides nicotine, e-cigarette aerosol can contain substances that harm the body. This includes cancer-causing chemicals and tiny particles that reach deep into lungs. Harmful substances found in e-cigarettes include nicotine; volatile organic compounds; ultrafine particles; cancer-causing chemicals; heavy metals such as nickel, tin and lead; and flavoring such as diacetyl, a chemical linked to a serious lung disease. It has been found that even though e-cigarettes produce a vapor, they still cause secondhand exposure for those who are around and inhale. E-cigarettes can also weaken your immune system, causing you to be more vulnerable to illnesses and take longer to recover.

Although e-cigarettes may have fewer chemicals in them, they still cause the body harm and individuals who start using e-cigarettes are four times more likely to start smoking.

If you are interested in quitting commercial tobacco products, several nicotine replacement therapies (NRTs) are available that have proved to help assist. Here are a few over-the-counter (OTC) ones you can pick up from a store at a cheaper rate than cigarettes - nicotine patches, nicotine gum and nicotine lozenges. This is a great way to reduce your nicotine use without all the extra harmful chemicals until you're ready to quit for good.



**Commercial Tobacco Quitline 1-800-QUIT-NOW**  
AI/AN Line now available (option 7) 1-800-784-8669



# Health Department



## Community Health Air Purifier program

The Program is to assist eligible Siletz Tribal members in **any area with unhealthy to hazardous air quality due to forest fires**, who are at increased risk for particle-related effects; in protecting themselves and their families by providing them with an air purifier. Please note there is a limited amount available and it is first-come first-serve.

**Guidelines:** Siletz Tribal members who request an air purifier should meet the following guidelines.

1. You must live in an area where the air quality impacts your health due to forest fires. This will be verified by staff, then once verified you must meet one of the following qualifications.
2. You are part of the vulnerable population:
  - 6 and under
  - Pregnant
  - Tribal Elder, Or
3. Have a chronic health condition that will be affected by air quality.

### What is air quality index?

<b>Good</b> 0-50	Air quality is considered satisfactory, and air pollution poses little or no risk.
<b>Moderate</b> 51-100	Air quality is acceptable; however, for some pollutants there may be a moderate health concern for a very small number of people who are unusually sensitive to air pollution.
<b>Unhealthy for Sensitive Groups</b> 101-150	Members of sensitive groups* may experience health effects. The general public is not likely to be affected.
<b>Unhealthy</b> 151-200	Everyone may begin to experience health effects; members of sensitive groups may experience more serious health effects.
<b>Very Unhealthy</b> 201-300	Health alert: everyone may experience more serious health effects.
<b>Hazardous</b> 301-500	Health warnings of emergency conditions. The entire population is more than likely to be affected.

### How can you find the current air quality?

You can find the current air quality for any area in the United States at the EPA and Partners website Air Now [www.airnow.gov](http://www.airnow.gov). Simply enter in the ZIP code, city or state for that area.

If you think you may be eligible and are interested in this program, you can apply by copying and pasting <https://www.surveymonkey.com/r/P5KFKPF> to your internet browser

Or contact Community Health to do it over the phone at:  
(541)444-9613

Come join the CARE, Harm Reduction, CEDARR and Diabetes programs in collaboration with the Impalas Car Club to bring awareness to Human Trafficking and Recovery with a Harm Reduction Lens in Indian Country.

11 am - 5 pm

Hosted By *Jungalow* & Chinook Winds Casino Resort Presents

## Oregon Coast '22

### Custom Car Show

Featuring *King of the Modified Trip Contest*

Join us at the beach for cool cars, trucks, motorcycles, food, music and rad awards!

**SUNDAY, AUGUST 28, 2022**

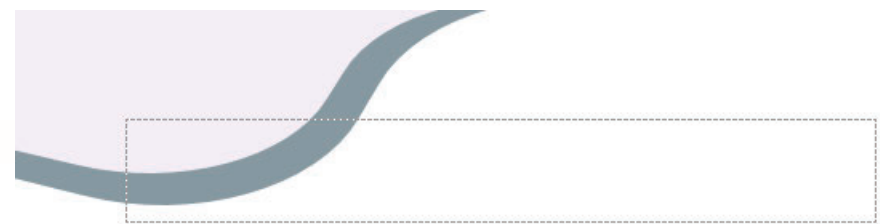
## Siletz Wave Warrior Camps Are Back & Sign Ups Are Open!

**\*NEW PROGRAM RUNS\***  
August 17 - 22

CTSI, in partnership with Northwest Wahines & All Are We Water Collective, are offering free surfing lessons for Tribal families this summer!

**Where:** Otter Rock  
**When:** August 17 - 22  
**Who:** Ages 8 and UP!  
All are welcome!  
Bring the whole family!  
**What:** 2 Hour Surfing Lessons teaching surfing & ocean rescue skills  
**Lesson Times:**  
9:00 am - 11:00am  
1:00pm - 3:00pm

**Click on the Link Below to Sign Up**  
**Siletz Wave Warrior Lesson**  
If flyer not hyperlinked, book @ <https://allarewesignup.as.me/Siletz>  
\*Please only sign up for one lesson. If you are interested in more than one lesson email [kelly@allarewe.org](mailto:kelly@allarewe.org) to add your name to a waitlist.



## AUGUST EMERGENCY PREPAREDNESS

Make an evacuation plan. Create a 30-foot safety zone around your business or residence to help protect people and property.

Make sure everyone in your home understands what they need to do if you need to evacuate quickly.

Quick hack- you can put important stuff in a re-sealable bag and put it in your freezer, which will prevent your valuables from burning up.

Learn how to access TripCheck ([tripcheck.com](http://tripcheck.com)) on your phone. This website will show you all the roads so if you have to evacuate, you can see where the fires are and where you need to avoid.

Keep all your sentimental valuables in a specific spot where you can find them quickly if you need to evacuate.

Carry water in your vehicles just in case.





## CARE Program Overview and Success

Wow, it's so amazing to see the transition of things in 2022. Reflecting on the past 2½ years, the CARE program has done outstanding things. CARE maintained both its normal services throughout the pandemic as well as supported the COVID-19 response.

Any time or day of the year, CARE offers survivors of interpersonal violence advocates to come alongside them during rough times and help them navigate their safety, healing and support services.

This can be as simple as listening to someone's story during a crisis call to getting them an emergency hotel to escape domestic violence, with food and assistance in obtaining a restraining order. It can be more complex and nuanced, such as our trauma retreats that offer a reflection on what happened to us and help us step into being.

Supporting the COVID-19 response meant calling elders to help connect them to grocery services and pharmacy delivery, and ensuring they knew the symptoms and resources for COVID-19. It also meant

helping to lodge displaced families during the wildfire response, calling elders to help ascertain if they had an escape route and help fleeing should the fires enter into their area, and helping lodge and grocery shop for families sick and affected by COVID-19.

CARE remains among the staff that showed up every Friday to support the COVID-19 vaccine clinics. This was an intensive task during 2021, meaning staff did their normal work and still were present to process the hundreds of people who came through to receive vaccinations.

The Health Committee was instrumental in tasking CARE with mental health and anxiety support for Tribal members. From this task, CARE developed the Winter Art Gathering of 2021 and enhanced decompression group services.

Today, CARE continues to support healing and reflection through digital storytelling opportunities, the Missing and Murdered Indigenous People's Art Share, and hosting the Letting Go ceremonies to provide release for Tribal members.

We currently have two advocates, one for domestic violence and one for sexual assault, and an education and outreach specialist. Between both advocates, they have successfully provided services for more than 300 people. As the Tribe slowly opens up we are providing a lot more outreach and education activities and will continue to build on this.

CARE's mission is to provide safe space, direct support services for fleeing and healing from interpersonal violence and crime survivorship, and most importantly, coming alongside survivors to meet them wherever they are in their journey of recovery.

We encourage everyone to remember our services are free, centered in a harm reduction lens and available 24/7, 365 days a year to support you.

Here are some of the highlights of our outreach efforts so far this year:

**January was Human Trafficking Awareness Month:** The program hosted a virtual event to talk about the facts and stories of human trafficking and how it affects everyone in some way.

**February was Teen Dating Violence Month:** Care and Tribal Behavioral Health partnered to work with Siletz Middle School and Toledo High leadership to provide information and virtual activities on healthy vs. unhealthy relationships.

**April was Sexual Assault Awareness Month:** CARE collaborated with the Diabetes, USDA, Community Health and Tobacco Prevention programs for a virtual healing wellness event. This provided community and Tribal members with virtual shawl making, virtual fitness

activities, information on sexual assault/domestic violence and consent, cooking is healing for trauma, a 5K run/walk, ceremonies and more.

**May was Missing and Murdered Indigenous Peoples Awareness Month:** We currently have three known Tribal members who are missing (see the May issue of *Siletz News*) and our main focus is to spread the word and provide education. We went to Toledo High and spoke at the Indian Education assembly on MMIP. We put on a virtual MMIP art share for 50 Tribal members to share their arts and crafts with each other.

Some of the upcoming events and outreach we present includes:

**August:** If you come to the Nesika Illahee Pow-Wow, join us as we host a red shawl honor dance in honor of survivors of domestic violence and sexual assault.

**September:** We will have activities surrounding the Every Child Matters movement, so keep a look out for that in next month's newspaper.

**October:** During Domestic Violence Awareness Month, we will host several events throughout the month and will have more information on these soon.

**November:** We will host an honor dance at the Restoration Pow-Wow. It's also Native American sexual assault awareness month. We will have an education and outreach table at the pow-wow, so come by and see us!

**December:** At the annual Harm Reduction Conference, we will focus on domestic violence and sexual assault through a harm reduction lens.

### Most Often Requested Numbers

Confederated Tribes of Siletz Indians – 800-922-1399

Salem Area Office – 503-390-9494

Portland Area Office – 503-238-1512

Eugene Area Office – 541-484-4234

Purchased Referred Care (PRC) – 800-628-5720

Tribal Veterans Rep – 541-444-8330 or 541-270-0569

Siletz Community Health Clinic – 800-648-0449

Siletz Behavioral Health – 800-600-5599

Chinook Winds Casino Resort – 888-244-6665

Chemawa Health Clinic – 800-452-7823

Bureau of Indian Affairs – 800-323-8517

Website – [www.ctsi.nsn.us](http://www.ctsi.nsn.us)

## Tribal Parenting Workshops!



Presented by the CTCLUSI Social Services Department in partnership with the Confederated Tribes of Siletz Indians, Cow Creek Band of the Umpqua Tribe of Indians and the Klamath Tribes

GUEST PRESENTER  
**LORRAINE BRAVE**  
from *Brave Transitions*

~Via Zoom~

Link will be emailed to you after registration

### TOPICS INCLUDE:

Social Media & Technology Concerning our Children

Traditional Behavior Management (Discipline Techniques)

Learning from Mother Nature – Our Teacher

Helping our Children & Youth with Mental Health Struggles

Guiding Lessons in Story Telling (Along with Invited Guest from Klamath Tribes)

Child Development through the Teen Years

Tuesdays, 6-7:30pm

Sept. 13, 20, 27

Oct. 4, 11, 18, 2022

RSVP by Sept. 5

Lori Christy, 503-390-9494

[loric@ctsi.nsn.us](mailto:loric@ctsi.nsn.us)

Jessica Hibler, 541-484-4234

[jessicah@ctsi.nsn.us](mailto:jessicah@ctsi.nsn.us)

"Lead your family with kindness, love and gratitude"

(Quoted from Native American Fatherhood and Families Association)

### Is Home Visiting for YOU?

- Are you expecting a baby or have an infant under age 1?
- Do you live in our 11-county service area?
- Are you or a household member a federally recognized American Indian or Alaskan Native?

If you answered yes to these questions, Home Visiting might be for you!

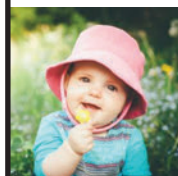
Our Home Visiting Program uses a culturally sensitive, evidence-based curriculum providing parenting and life skills for successful and positive parenting. We can connect you to community resources as needed. For more information, contact Lori Christy, home visitor, at [loric@ctsi.nsn.us](mailto:loric@ctsi.nsn.us), or 503-390-9494 ext. 1863.



### Summertime = Outside Time

Summertime can be a great time for you and your family to get outside, move a little, enjoy nature and spend time with family. While outside:

- **Talk to your baby** about all that you see, names things, describe them. Hearing your voice is reassuring to them and your words help them learn about the world and gain language skills.
- **Explore.** Let your baby or toddler touch things such as pine cones and tree bark, and crawl through the grass or walk barefoot to feel the texture. At the beach, touch the sand, feel the smoothness of wave-tossed rocks. Watch closely to see how they respond. Some children are more sensitive to textures and may need to be introduced slowly to things. You will want to supervise your baby closely as they explore, especially if they put things in their mouth.
- **Listen** to the sounds of nature and community, birds calling, wind blowing, a train in the distance or a tinkling wind chime.
- **Have a picnic.** Bring a blanket to spread on the ground and enjoy a snack or picnic lunch. Eating outside can be grounding and draw us back to our roots.



- **Blow bubbles.** Before you head out grab some bubbles to bring along. Bubbles are so much fun to see sparkle and glisten in the sunlight. Chasing them is a great activity for toddlers.
- **Create memories.** Doesn't matter if the time you spend outside is active or relaxing, it is sure to create some great memories for you and your children.





# Human Resources Improvements and Success – 2021-2022

By Jaime Steenkolk, HR Manager

Many consider the primary roles of Human Resources to include recruitment, onboarding and benefits. What might surprise those who don't work in HR is the level of commitment and time invested in assisting employees with personal needs and challenges they face. These don't show up in the form of successes and cannot be measured, but we consider them successes all the same.

Over the past year, this employee support has been challenging and a privilege. We've sat with those who've lost parents, children and siblings. We've walked through medical scares, offered support to staff with aging parents who are struggling and we've listened to stories of fatigue and burnout. We keep tissues close by as we help employees navigate their resources and options following trauma.

We assist supervisors and managers with discipline, team building and differing perspectives. What walks through our door often resembles a complicated story problem, rarely quick and easy to solve. Assisting employees also includes helping navigate policies, launching investigations, and fielding complaints, incident reports and productive workplace violations.

In response to COVID-19, we have fielded many calls walking staff through the COVID testing requirements, followed by the vaccination requirement. Hours were spent helping staff through their decision process related to whether to get vaccinated or leave their jobs. HR's role in response to the pandemic has shifted several times as guidelines change from CTSI, OHA and the CDC.

**Improvements in recruiting:** HR seeks to attract qualified applicants, which is accomplished primarily through advertising. During this past year, HR added Linked-In and Indeed platforms for recruiting. Indeed recently highlighted the Tribe as a responsive company and only 20% of companies using Indeed qualify! This is due to timely responses to Indeed applicants.

Depending on the position, we have added state newspapers, colleges and journals to our advertising efforts. We've broadened our list of free posting options, including the Handshake app, which is great for our positions that require a college degree. We have expanded the WorkSource Oregon postings to the Portland, Salem and Eugene areas. WorkSource previously only posted our positions to the Lincoln City/Newport area.

Goodwill Job Connections now receives our postings and will send them to the Portland, Salem, Eugene, Lincoln City and Newport areas. Goodwill Job Connections will refer applicants to us, can provide help with résumés/applications, can give applicants \$25 to purchase clothes/shoes for interviews if needed and provides a \$25 gift card if the applicant needs clothes/shoes for their new position.

Between June 2021 and July 10, 2022, HR has processed 410 applications. HR calls references on all applicants to be interviewed, and most are – 410 applicants x 3 reference calls results in 1,230 phone calls.

Last year, HR moved all applicant paper files to an electronic process and with the help of our IS Department, Tribal

managers and supervisors have access to their files electronically. An electronic interview rating sheet was developed so our hiring committees can see all applicants and their scores on one form.

All interview questions are being moved into a new format, providing interviewers with clearer direction on scoring, as well as access to electronically fillable forms. Reference forms were updated and are now fillable documents.

We completed a flow-diagram to identify how we can streamline and simplify our processes, and as a result, we reduced four tracking spreadsheets into one. Collaborating with IS, HR now has an application that can be submitted electronically through the Tribal website.

**Onboarding improvements:** Orientation is currently a 6-7 hour process for employees new to the organization and this does not include the review of benefits. Due to COVID-19, we've been able to orient only one person per day (for the most part) and between June 2021 and July 10, 2022, we have on-boarded and provided orientation to 135 employees and seven summer interns. For comparison, for the same time period between 2020 and 2021, we had 65 new hires and six summer interns.

We are in the process of updating and modernizing our orientation to be in alignment with the process at Chinook Winds. This should shorten orientation times and provide more meaningful information for our new employees.

**Benefits:** The Benefits Department was previously housed in the Accounting

Department for many years. In late June 2021, Benefits was moved to HR following the retirement of the previous benefits coordinator. We are excited to add this important department to the HR team and look forward to the cross-training opportunities within the combined departments. As we modernize, we've completely revamped the look of the benefits package.

**Projects:** HR developed a Telework Policy with input of Tribal managers. This has allowed hybrid work schedules during the pandemic and will be allowed after. We hope this will be a significant aid in recruitment. As we continue to update our systems and modernize our department, we have identified 37 processes with the opportunity to improve and we will address them as we are able.

We have worked tirelessly on the salary analysis and job description project, which has experienced many setbacks and delays. We anticipate this project to be completed in September. Other projects include the development of roughly 35 desk references and we are utilizing these references for cross training. We are in the middle of updating our filing systems in Laserfiche and have written an associated procedure for structure to ensure compliance. We have scanned and e-filed a large portion of our paper documents in an effort to digitize.

In reflection, it is difficult to remember all of the improvements made as so many were, and still are, needed. It's a work in process, so we remind ourselves and anyone who will listen, "In a world where you can be anything, be kind."

For an application, go to  
[www.ctsi.nsn.us/heritage/pow-wow/](http://www.ctsi.nsn.us/heritage/pow-wow/)



2022

NESIKA ILLAHEE  
POW-WOW  
HIRE DATE

**Hourly Rate**  
\$15.00

**Positions**  
Maintenance/Security & Kitchen (Multiple Shifts)

**Bring**  
Valid Photo ID, SS Card, and Proof of COVID-19 Vaccination  
*Per the I-9 form, there are other forms of identification that can suffice*

WEDNESDAY, AUGUST 10TH

10:00 AM - 4:30 PM

SILETZ COMMUNITY CENTER

402 GOVERNMENT HILL DR.  
SILETZ, OR 97380

For questions or more information, contact Buddy Lane at  
[BuddyL@ctsi.nsn.us](mailto:BuddyL@ctsi.nsn.us) or 541-444-8230; 800-922-1399, ext. 1230


CONFEDERATED TRIBES OF SILETZ INDIANS

ANNUAL NESIKA ILLAHEE POW-WOW

AUGUST 13<sup>TH</sup>

"THE PEOPLE ARE DANCING AGAIN"

Pauline Ricks Memorial Pow-Wow Grounds  
Government Hill, Siletz, OR



Friday, Aug 12th  
Royalty Pageant Friday 4PM

Saturday, Aug 13th  
Presentation of the Crowns - 11AM  
Grand Entry at 1PM  
*Salmon Dinner*  
Following Grand Entry  
Grand Entry at 7PM

ONE DAY SOCIAL POW-WOW | SATURDAY, AUG 13TH

NO COMPETITION

All Dancers and Drummers Welcome | Drummers Please Bring Your Own Chairs  
Alcohol and Drug Free Event • All Are Welcome to Attend!  
Camp Grounds Open Friday at 8:00 AM

Camping available Friday and Saturday. Camping Fee \$25 | \$5 Pet Fee (camping area)  
 Vendor registration is required.

For More Information visit <https://www.ctsi.nsn.us/heritage/pow-wow/>  
 or Call 800-922-1399 Buddy Lane Ext. 1230

Sponsored by Chinook Winds Casino Resort & Pepsi Bottling Co.



# LCSD Indian Education students travel to U.S. capital, meet with Schrader's office

From the Lincoln County School District; posted June 28, 2022

When Secondary Director Majalise Tolan wanted to take graduating Title VI Indian Education students from the Lincoln County School District to Washington, D.C., it seemed impossible.

"I was at the National Association of Secondary School Principals Advocacy Conference and walked by the Smithsonian Museum of the American Indian and thought, that's it – this is the culminating learning experience our students need to have as they end their time in Lincoln County," said Tolan.

Tolan's thoughts were shared by many, including LCSD Business Manager Kim Cusick, whose office went to work submitting a Title VI federal budget revision for cultural experiences and travel, a category that had gone largely unused due to COVID restrictions. Superintendent Dr. Karen Gray also wholeheartedly supported the opportunity.

"I think it is really important for young people to experience history firsthand. I was especially excited to provide kids an opportunity to visit national museums that are thoughtfully dedicated to sharing the different ethnic and cultural histories of our students. They can experience pride and understanding of their culture and have an appreciation of the various people that have been marginalized," said Gray.

Through consultation with **Alissa Lane-Keene**, Programs II manager for the Confederated Tribes of Siletz Indians, and Gregory Hindsley, Education Program specialist for the U.S. Office of Indian Education, and with support from the LCSD Indian Education Parent Committee, the trip that had been a thought walking past a museum became a reality for any of the graduating Title VI students who wanted to attend.

"On behalf of the Office of Indian Education, I was pleased to approve this trip for the 16 graduating seniors of Lincoln County, Oregon, as it aligns with their stated Title VI (A, 1) Formula Grant goals and objectives, as well as our mission to support Indian education-based cultural and academic development. I was honored to spend some time with the group while they were in D.C. and learn more about the students and their experiences and aspirations. This program affirms that OIE is supporting great Indian Education programs in Oregon and across the country," said Hindsley.

The students themselves appreciated the opportunity.

"The trip to D.C. gave me an opportunity to explore my heritage, stand for Native representation and further understand the history of our country," said Newport High graduate Adrian Mobley.

Having been to Washington, D.C., and on field trips in the past, Indian Education specialist **Felisha Howell** felt something different during this experience.

"This trip was more than visiting the beautiful museums. This trip gave students the chance to find themselves and realize how powerful they are and how important it is for them to empower each other and be proud of who they are and where they come from," said Howell.

Waldport graduate Skyly Postma followed, "I've never felt more comfortable



Courtesy photo from LCSD

Sixteen Lincoln County students visit Washington, D.C., taking in the sights that included the National Museum of the American Indian.

or heard around a group of people I barely knew. This trip was an amazing opportunity not only for me but for other Native Americans who want to learn more about our culture."

Graduates had a walking tour of D.C. from Hindlsey; visited the National Museum of Natural History, National Museum of American History and the National Museum of the American Indian; and met with Simone Auguer, legislative assistant to Congressman Kurt Schrader.

Graduates shared information and concerns about issues such as human trafficking, Missing and Murdered Indigenous Women, lack of water on reservations and affordable housing.

"We enjoyed their visit and were very impressed with their knowledge and insights on issues that concern them. They were wonderful and had great questions! We're so glad we had the opportunity to chat with them," said Auguer.

The intent of the trip was to provide students with learning opportunities beyond this single experience, though.

"We realize that in our educational system, there are gaps in cultural representation," said Tolan. "With the passage of Senate Bill 13 and House Bill 2845, the inclusion of Tribal History Shared History and Ethnic Studies across content areas, we know that we still have work to do when it comes to underrepresented groups who have a history that is not being shared. Student and family voice is important when it comes to representation. Listening can almost always provide the best learning," said Tolan.

NHS graduate Mobley agreed, "I think if there's anything I can take away from D.C. that I hope to have introduced to LCSD is more education on the Native history and the exploration of cultures outside of our

small county. I think the world is filled with so much misinterpretation and misunderstandings that even a simple avenue to explore different cultures would be beneficial for inclusivity, cultural preservation and building compassion and empathy."

LCSD serves Title VI Indian Education students in Lincoln City, Newport,

Siletz, Toledo, Eddyville and Waldport. Federal Title VI is part of the Office of Indian Education, housed in the U.S. Department of Education. LCSD Title VI regularly consults with the Confederated Tribes of Siletz Indians to support and enhance learning and cultural opportunities for their youth.

## EMERGENCY ASSISTANCE

**Confederated Tribes of Siletz Indians 477-SSP**

**Eviction**  
Are you being evicted or facing homelessness?

**Utility Shut-Off**  
Have received shut-off notice for utilities (electric, water, sewer)

**Native American**  
Enrolled Siletz Tribal member or enrolled in a federally recognized Indian Tribe and reside in the CTSI service area.

**Exhausted All Resources**  
You have utilized all other funding resources, i.e., Housing Department, LIHEAP, and other community agencies.

**100% of Federal Poverty Level**  
Not sure what your poverty level is? Call one of the area offices.

**Taking Action**

**CTSI Area Offices**

Siletz Administration Office: Jamie (541) 444-8266  
 Salem Area Office: Angelica (503) 390-9494  
 Portland Area Office: Anna (503) 238-1512  
 Eugene Area Office: Jen (541) 484-4234

*Other criteria may apply*



## Graduates!



**Haley Rodnee Young**  
West Salem HS (Salem, Ore.)

Haley plans to attend Portland State University to study business and culinary arts.

Congratulations to my beautiful, kind, smart, selfless and amazing daughter, Haley Rodnee Young.

Love, Mom, Dad and all of us, including Oz and Jazz



**Nevaeh Davis**  
Straub Middle School (Salem, Ore.)

Now a West Salem High School Titan, Nevaeh also was the only freshman to try out and be accepted on the cheerleading team for West.

Congratulations to my little sister, Vaeh, on her hard work. Go TITANS, 5,6,7,8!

Love, Mom, your middle sister, Rawr, and everyone, including Jazz and Oz

### CTSI Jobs – [ctsi.nsn.us](http://ctsi.nsn.us)

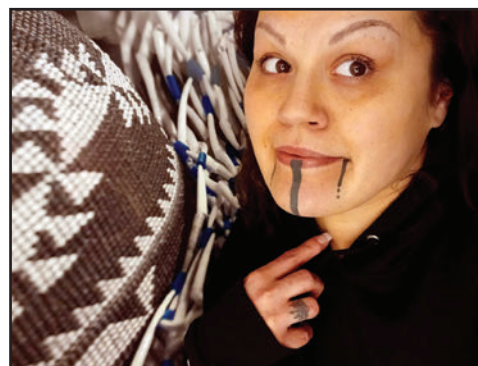
Note: "Open Until Filled" vacancies may close at any time. The Tribe's Indian Preference policy will apply. Tribal government will not discriminate in selection because of race, creed, age, sex, color, national origin, physical handicap, marital status, politics, membership or non-membership in an employee organization.



**Novalee Dean Thomas**  
Waldport HS (Waldport, Ore.)

Congratulations to my niece, Novalee Dean Thomas, on her many accomplishments this year leading up to her graduation. She graduated with an honors diploma and enough scholarships to get her through Linn-Benton Community College, where she is pursuing the Diagnostic Imaging Program. In the midst of her busy senior year, she also was recently crowned Beachcomber Days Queen!

Novalee is the daughter of Tribal member Katie Thomas (Ryan Thomas), granddaughter of Tribal elder Kenny Thompson (Kim Thompson) and great-granddaughter of the late George Thompson (Ginger Thompson) and late Chief Coquelle Thompson (Elma Thompson).



**Jennifer Pirtle**  
Portland (Ore.) Community College

Congratulations go out to Siletz Tribal member Jennifer Pirtle, who has graduated from Portland Community College with an associate degree in general studies.

Jennifer grew up in the Coos County area. She is a mother of five children. After moving to Portland, she became very involved in Indigenous programs that support Native families.

Jennifer realized she wanted to do more with her life while working with community health. She enrolled in PCC and began her journey as a college student. While at PCC, she maintained a high GPA, earning highest honors at graduation with a 3.84 GPA. She also became the Native Nations coordinator at PCC, where she supported other Native students.

Jennifer also became a resident assistant with the NARA program. While doing this, she still was able to maintain her high GPA standards.

Jennifer has been accepted into Portland State University to continue her education and also has been admitted into PSU's social work program, where she plans to graduate with a bachelor's in social work.



**Ashley Darlene Bellamy**  
University of Washington

Ashley graduated with a master's degree in education. She not only attended college, she worked construction, was an amazing wife to Shany and mom to her son, Grayson, and she still managed to do that famous walk. I'm so beyond proud of her.

Ashley's great-grandfather was Manuel Rilatos, grandmother is Darlene Suzanne Rilatos and mother is Marci Rilatos. She is our shining superstar.

## Congratulations to our graduates!

### Jeannette Giddings 1925-2022

On Feb. 15, 2022, Jeannette Giddings (née Jordan, formerly McCord) passed away among her family in Siletz, Ore. She lived a long and active life surrounded by her loving family.

Jeannette was born in Harbor (formerly Chetco), Ore., on Oct. 17, 1925, to Clinton and May Van Pelt Jordan, the fifth of 10 children. She was the granddaughter of Lydia Van Pelt and great-granddaughter of Lucy Dick.

During World War II, she worked as a riveter on B17s for Boeing in Tacoma, Wash. At the end of the war, she married Jack McCord Sr., returned to Brookings, Ore., and they had five children.

She divorced Jack, then married Rodney Giddings on Jan. 25, 1959. They raised 10 children together, including five of Jeannette's children from her previous marriage. After raising their family, Jeannette and Rodney spent several years living in Alaska before ultimately moving back to their homes in Siletz and Brookings.

A Chetco and Tututni woman, her nations' status had been terminated by the federal government in the 1950s. Despite this, she held onto her pride as a Native



woman and maintained her hope that the Tribes could regain federal recognition. In the 1970s, she and her family worked together toward that end. After the Confederated Tribes of Siletz Indians were restored to federal recognition in 1977, she and her family enrolled.

Jeannette had a passion for genealogy and worked hard to maintain her family's history. She was an avid collector of family pictures, poems and stories. As an avid writer, poetry was a favorite pastime along with telling stories from her youth. She loved to share all this with her family. (She loved also to tell her grandchildren about her exploits as a third grade journalist for her community.)

Jeannette will be lovingly remembered by her husband, Rodney; her children, Terry McCord Sr., Eva Clayton, Helen Higgins, David McCord, Rosalie Crump,



Judy Gerecke, Ronnie Walker and Julianne Allen; her sister, Joyce Philips; as well as her many, many grandchildren, great-grandchildren and great-great-grandchildren.

She is preceded in death by her parents, Clinton and May Jordan; children, Jack McCord Jr. and Rodney ("Rocky") Giddings; siblings Ruby Adkins, Robert Jordan, Harvey Jordan, Elmer Jordan, Everett Jordan, Marvin Jordan, Vernadell Mann and Wilma Boe.



**In-Person at B'nai B'rith Overnight Camp in Lincoln City**  
*\*Subject to change due to COVID-19*

**2022**  
**Siletz Tribal**

**YOUTH CONFERENCE**

**October 14th - 16th**      **Siletz Youth 7th - 12th Grade**

Guest Speakers      Raffles

**Deadline to register is September 19th!**

Swag Bags      Activities

**To register, email NoraW@ctsi.nsn.us**

*Spots are limited- sign up as soon as possible!*

WE PROUDLY BRING YOU

**RUN TO THE ROGUE STEP CHALLENGE**

An app led virtual journey to honor our annual event, get some steps in, and share our progress across a Siletz Run to the Rogue specific community app! Chat with friends, complete the journey on a team, or simply participate to honor our journey

Visit:  
<https://Run2RogueStepChallenge2022.eventbrite.com>  
 Contact KimberlyL@ctsi.nsn.us for more information or with any questions.

**SEPTEMBER 1ST-OCTOBER 14TH**

Join us as we spend 45 days paying homage to our historical journey, share our progress, and participate in virtual challenges

**For information about the Siletz Tribe, visit our website at [ctsi.nsn.us](http://ctsi.nsn.us).**

**Job Opening for Educator/Mentor at Native American High School**



We are recruiting 2 classroom educators/mentors for the Journey of Transformation Project at Chemawa Indian School. Partners providing cultural support to Native freshmen students are Indigenous Wellness Research Institute at University of Washington, Chemawa Indian School, and the Native American nonprofit, Elderberry Wisdom Farm.

The salary is \$40,000 for employment, Aug-May and may extend up to three years. A teaching certificate is preferred but not required. For Q's and if you want to apply, contact Sara at [elderberrywisdom@gmail.com](mailto:elderberrywisdom@gmail.com).

kayaks rafts paddleboards lifejackets transportation accessories & more

**REC CENTER RENTALS**

**For FREE**

Outdoor recreation equipment is available to check-out for Siletz Tribal Members & CTSI Staff

**For More Information**  
 Call 541-444-9656  
 Email [TillicumFitnessCenter@ctsi.nsn.us](mailto:TillicumFitnessCenter@ctsi.nsn.us)

**To rent, visit:**  
[confederated-tribes-of-siletz-indians.boooqable.shop](http://confederated-tribes-of-siletz-indians.boooqable.shop)  
 You are only charged if you fail to return equipment.

**Siletz Tribal Behavioral Health Programs**  
 Prevention, Outpatient Treatment, and Women's and Men's Transitional Living Center

Siletz: 800-600-5599 or 541-444-8286  
 Eugene: 541-484-4234  
 Salem: 503-390-9494  
 Portland: 503-238-1512

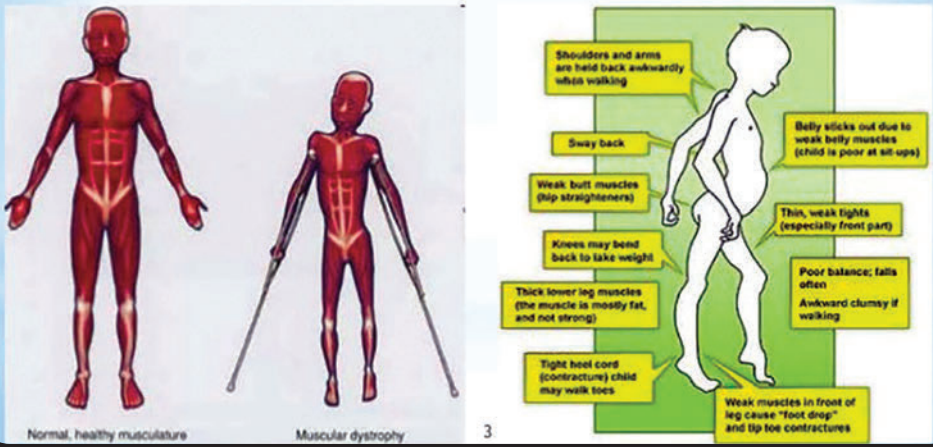
Narcotics Anonymous Toll-Free Help Line - 877-233-4287  
 For information on Alcoholics Anonymous: [aa-oregon.org](http://aa-oregon.org)



# Vocational Rehabilitation Eligibility Awareness

## INTRODUCTION

➤ The term muscular dystrophy refers to a group of inherited muscle-destroying diseases that cause progressive degeneration of skeletal muscle. [1]

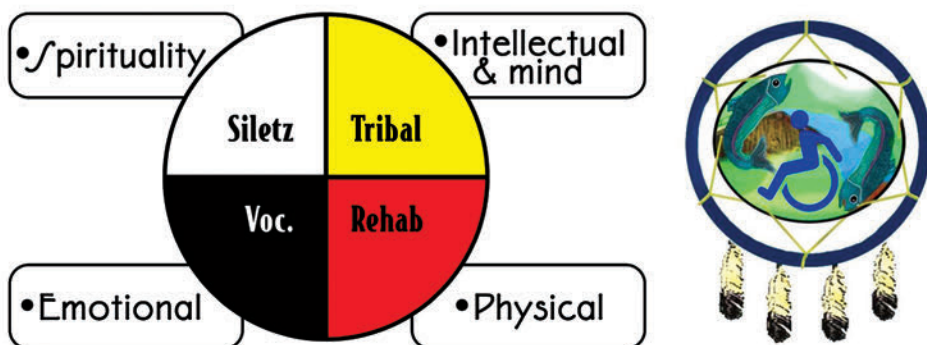


## Siletz Tribal Vocational Rehabilitation Program (STVRP)

STVRP is here to help members of ANY federally recognized Tribe (living within the Siletz Tribe's service area) with barriers to employment. We work with individuals who have disabilities.

### Examples of Services

- Guidance and counseling
- Referral to employment services
- Résumé writing
- Interviewing techniques
- Job coaching
- Culturally relevant and individualized services
- Evaluations, assessments and training placement opportunities
- Adaptive equipment



For more information about STVRP, please inquire at 800-922-1399. We also maintain resource and employment boards, so please make an appointment if you're interested. You can speak to VR staff in the following locations:

**Makayla Jackson**  
Job Developer/Counselor  
Eugene Area Office  
2468 W 11th Ave.  
Eugene, OR 97402  
541-484-4234, ext. 1752

**Toni Leija**  
Job Developer/Counselor  
Salem Area Office  
3160 Blossom Drive NE, STE 105  
Salem, OR 97305  
503-390-9494, ext. 1861

**Tamra Russell**  
Job Developer/Counselor/TSS 1  
Portland Area Office  
12790 SE Stark St., STE 102  
Portland, OR 97233  
503-238-1512, ext. 1411

**Jamie Bokuro**  
Intake Specialist/Job Coach  
Siletz Area Office  
201 SE Swan Ave.  
Siletz, OR 97380  
541-444-8266

## August/September Awareness: Muscular Dystrophy

Muscular dystrophy is a group of medically inherited conditions that cause progressive weakness and breakdown of the muscles, gradually leading to disability. It is inherited and quite rare (fewer than 200,000 cases per year in the U.S.). It results from a change in an individual's genes that control the stability and functioning of muscles. There is no cure for muscular dystrophy; however, following a consistent treatment regimen may help manage symptoms over the course of one's lifetime.

**Symptoms:** Onset of symptoms varies; it is dependent on the type of dystrophy and the muscles that may be affected.

- Progressive muscle weakness
- Difficulty walking, jumping or running
- Difficulty in getting up from a lying or sitting position
- Muscle pain and stiffness
- Inability to relax muscles when needed
- Walking on toes
- Difficulty with lifting the front part of the foot

### Treatments

There is no cure for muscular dystrophy and treatment aims at managing the symptoms.

### Medications

- **\*Corticosteroid medications (prednisone):** Improves muscle strength and slows down muscle weakness
- **Creatine supplements:** Used to improve muscle strength
- **Heart medications (i.e. acebutolol – atenolol):** Used to improve working of heart muscles

### Self-Care:

- Get pneumonia vaccination to prevent respiratory infections
- Eat a nutritious and well-balanced diet
- Do not miss your follow-up visits

**Medical procedures:** Percutaneous endoscopic gastrostomy (PEG) / general surgery

**Therapies:** Exercise therapy / Physical therapy / Occupational therapy

**Other complications** of progressive muscle weakness include:

- **Trouble walking.** Some people with muscular dystrophy eventually need to use a wheelchair.
- **Trouble using arms.** Daily activities can become more difficult if the muscles of the arms and shoulders are affected.
- **Shortening of muscles or tendons around joints (contractures).** Contractures can further limit mobility.
- **Breathing problems.** Progressive weakness can affect the muscles associated with breathing. People with muscular dystrophy might eventually need to use a breathing assistance device (ventilator), initially at night but possibly also during the day.
- **Curved spine (scoliosis).** Weakened muscles might be unable to hold the spine straight.
- **Heart problems.** Muscular dystrophy can reduce the efficiency of the heart muscle.
- **Swallowing problems.** If the muscles involved with swallowing are affected, nutritional problems and aspiration pneumonia can develop. Feeding tubes might be an option.

**Muscular Dystrophy: Symptoms, Causes, and More (healthline.com)**

<https://www.mayoclinic.org/diseases-conditions/muscular-dystrophy/symptoms-causes/syc-20375388>

**Contact your local Job Developer/Vocational Rehabilitation Counselors:**

- Jamie Bokuro, 541-444-8266, ext. 1213 (Siletz)
- Makayla Jackson, 541-484-4234, ext. 1752 (Eugene)
- Toni Leija, 503-390-9494, ext. 1861 (Salem)
- Tamra Russell, 503-238-1512, ext. 1411 (Portland)



### Do you need help with OHP?

You don't have to leave your home to apply!  
Applications can now be done online or over the phone.

The Health Care Marketplace is open now through May 15, 2021.

Shop for health plans at <https://or.checkbookhealth.org/> or call direct at 855-268-9767.

**541-444-9611**

## Need Rental Housing?

The Siletz Tribal Housing Department encourages you to apply for the Low-Income Rental Program waiting list in Siletz (1-4 bedrooms) and Lincoln City (2-3 bedrooms – Neachesna Village).

Applications can be obtained at any Tribal area office (Eugene, Salem, Portland, Siletz) or online from the Tribal website – [ctsi.nsn.us](https://ctsi.nsn.us); follow links – Tribal Services-Housing-Low Rent Apartments & Home Ownership.

Questions? Call 800-922-1399, ext. 1322, or 541-444-8322; fax: 541-444- 8313



# 2022-2023 CTSI College Information Nights

Sponsored by the  
Education Department

**6PM VIA ZOOM**

## College Information Night I 09/22/2022

- Applying for FAFSA
- College Fair (Meet representatives from colleges and universities)

## College Information Night II 12/15/2022

- College Applications: School selections & Application submission
- Tribal & other types of financial aid
- Guest Presenter: Learning Campus life
- Guest Presenter: Learn about a Voc. training program

## College Information Night III 02/16/2023

- Re-cap from Night I & II
- Overview of CTSI Student aid programs
  - (STHD Temporary Student Housing Assistance; 477 Self Sufficiency Classroom training; Adult Ed.; AVT; HE; CTSI Student Laptop Program; Education Committee Scholarships)
- Guest Presenter: Learning Campus life
- Guest Presenter: Learn about a Voc. training program

## College Information Night IV 04/20/2023

- Re-cap of CTSI Student aid programs
- Deadline Reminders
- Guest Presenter: Learning Campus life
- Guest Presenter: Learn about a Voc. training program

### Contact an Education Specialist to Sign Up!

Jeff Sweet  
Siletz & Out-of-Area  
JeffS@ctsi.nsn.us

Katy Holland  
Portland & Washington  
KatyH@ctsi.nsn.us

Sonya Moody-Jurado  
Salem Area  
SonyaMJ@ctsi.nsn.us

Candace Hill  
Eugene Area  
CandaceH@ctsi.nsn.us

**Tribal employment information is available  
at [ctsi.nsn.us](http://ctsi.nsn.us).**

# COUNSELING SERVICES

**Mental Health counseling services are now  
available through the EAO!**

**Beginning in April 2022 – Virtual Sessions Available**

**2468 W. 11<sup>th</sup> Ave.  
Eugene OR 97402**

**Please contact our team for an appointment:**

**Ro Zientara LPC (Mental Health Therapist)**

## CTSI

# STUDENT LAPTOP STIPEND PROGRAM



**2022 Application Period:  
August 1st - August 31st**

### Eligibility:

- Enrolled Siletz Tribal Member and enrolled full/part time college student
- Submit completed application (with required documentation) by the deadline
- Can not have received a laptop stipend within the last 4 academic years

### Contact your Education Specialist for an application.

Katy Holland <b>Portland Area</b> KatyH@ctsi.nsn.us 503-238-1512	Sonya Moody-Jurado <b>Salem Area</b> SonyaMJ@ctsi.nsn.us 503-390-9494	Candace Hill <b>Eugene/Out of Area</b> CandaceH@ctsi.nsn.us 541-484-4234	Jeff Sweet <b>Siletz Area</b> JeffS@ctsi.nsn.us 541-444-8207
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Funding is limited: stipends will be awarded on a first come, first served basis.

## 477 Self-Sufficiency Program Pandemic Emergency Assistance Fund School Clothing / School Supply Program

The 477 Self-Sufficiency Program (477-SSP) received limited funds from the American Rescue Plan Act of 2021. The funding allows the program to provide limited non-recurrent short-term benefits for eligible Siletz Tribal member households. The program will provide a one-time allowance for clothing and school supplies for children attending in-person classes for the 2022-2023 school year.

### Eligibility Requirements

- Application for Assistance
- Siletz Tribal member household – verification required
- Reside in the United States
- State-issued identification for head of household
- Receive regular Supplemental Nutrition Assistance (SNAP) or USDA commodities – verification required
- Provide verification children are included in benefit group
- School-age children in kindergarten through 17 years of age
- Valid email address for head of household
- W-9 form if head of household is not a Siletz Tribal member

The 477-SSP will accept applications from **June 21, 2022 – Aug. 12, 2022**. All pending documentation must be submitted by Aug. 19, 2022. If approved for services, 477-SSP will issue a \$350 clothing allowance for eligible children and a \$50 school supply allowance for eligible children.

Applicants will be served based on completion date on a first-come, first-served basis, as limited funding is available. Once the funding allocation has been reached, additional households will be denied. You will receive all correspondence from 477-SSP via email. The program will issue payments twice per month until funds are expended or the application deadline is met.

By completing this application, you understand that all funds must be applied to school clothing and school supplies for the children listed in the approval notice.

Completing the attached application is not a guarantee of services even if the application is completed prior to Aug. 12, 2022. The application is posted on the Tribal website. Please contact the staff below to be emailed an application.

**Send applications to:**  
477ssp@ctsi.nsn.us  
CTSI  
ATTN: 477-SSP  
3160 Blossom Dr. NE STE #105  
Salem, OR 97305  
Fax: 541-444-8334

**For an online application:**  
Ctsi.nsn.us (Services & Programs,  
Social Employment Services, 477 Self-  
Sufficiency Program)  
**For Information:**  
Angelica Espino – 503-390-9494, ext. 1853  
Lori Christy – 503-390-9494, ext. 1863



## Internships

- Habitat Restoration Internship  
Deadline: Various
- Meta (Facebook) Data Center Engineering Internships  
Deadline: Various
- Public Lands Internship Program  
Deadline: Various
- NOAA Internships  
Deadline: Ongoing
- Code Switch Internship  
Deadline: Various
- HP 3D Printing Engineering Intern  
Deadline: Open until filled
- WOTE Agricultural Incubator Internship  
Deadline: Various
- Saturday Academy Internships  
Deadline: Multiple
- EPA Environ. Research/Bus. Support  
Deadline: Multiple
- National Science Foundation Research Experiences for Undergraduates  
Deadline: Multiple
- Indian Land Tenure Foundation  
Deadline: Multiple
- Environmental Protection Agency  
Deadline: Multiple
- American Fisheries Society  
Deadlines: Multiple
- Oregon Museum of Science & Industry (OMSI)  
Deadline: Multiple

## Other Opportunities

- Amber Grants  
Deadline: Rolling
- NAYA Ninth Grade Counts  
Deadline: Rolling
- Dept. of Energy Scholars Program  
Deadline: Ongoing
- National Park Service Tribal Stewards Inclusion Program  
Deadline: Ongoing
- Center for Native American Youth at the Aspen Institute – Generation Indigenous Network Youth Ambassador
- National Youth Leadership Forum STEM Program Nomination Form  
Deadline: Various
- The Student Conservation Association
- Northwest Youth Corps
- Saturday Academy - FREE Classes for Native American Students
- ON TRACK OHSU!
- The SMART Competition

For information about the Siletz Tribal language program, visit [siletzlanguage.org](http://siletzlanguage.org).

### Outside Scholarships for NATIVE AMERICAN STUDENTS

**Cobell Scholarship**  
<http://cobellscholar.org/>  
various scholarships available  
\*essay required  
Open to descendants/enrolled members

**American Indian Services**  
<https://www.americanindiandianservices.org/>  
various scholarships available  
\*essay may be required  
Open to descendants/enrolled members

**American Indian College Fund**  
<http://www.collegefund.org/>  
various scholarships available  
\*essay required  
Open to descendants/enrolled members

**Bureau of Indian Education**  
<http://www.bie.edu/ParentsStudents/Grants/>  
various scholarships available  
\*essay may be required  
Open to descendants/enrolled members

**Native American Scholarship Fund**  
<http://catchingthedream.org/>  
various scholarships available  
\*essay may be required  
Open to descendants/enrolled members

## Fellowships

- NSA Postdoctoral Program  
Deadline: July 1, 2022
- Institute for Citizens and Scholars Fellowships  
Deadline: Various
- American Indian Graduate Center  
Deadline: Ongoing
- NOAA Fellowships  
Deadline: Ongoing
- Master of Forest Resources Fellowships  
Deadline: Open until filled
- NW Native American Research Centers for Health Research Support Fellowship  
Deadline: Rolling
- Northwestern University's Center for Native American and Indigenous Research Undergraduate Fellowships  
Deadline: Rolling
- Fred Hutchinson Cancer Research Center Post-Doctoral Research Fellow  
Deadline: Multiple
- Claremont Native American Fellowship  
Deadlines: Multiple

## Scholarships

- Fastweb (scholarship search engine)
- Big Future (scholarship search engine)
- Pacific Northwest Scholarship Guide (scholarship search engine)
- OregonStudentAid.gov
- LA Tutors Innovation in Education Scholarships  
Deadline: 20<sup>th</sup> of each month
- AIS Scholarship  
Deadline: Varies
- Open Education Database Graduate and Ph.D. Scholarships  
Deadline: Varies
- Tribal College/University Scholarships  
Deadline: Ongoing
- American Indian Service Scholarships  
Deadline: Ongoing
- American Indian Science and Engineering Society (AISES) Scholarships  
Deadline: Ongoing
- American Meteorological Society Minority Scholarships  
Deadline: Ongoing
- Army Emergency Relief Scholarships  
Deadline: Ongoing
- Catching the Dream Scholarships  
Deadline: Ongoing
- College Board Scholarship  
Deadline: Ongoing
- National Action Council for Minorities in Engineering  
Deadline: Varies
- NOAA Scholarships  
Deadline: Ongoing

# JOM FAMILIES

Follow the CTSI Education department on the CTSI Youth Facebook page and in your local area newsletter for monthly youth program information.



@CTSIYouth

Email your local Education Specialist to be added to our email list:

<b>Portland Area Office</b> Katy Holland 503-238-1512 KatyH@ctsi.nsn.us	<b>Siletz Area</b> Jeff Sweet 541-444-8207 JeffS@ctsi.nsn.us	<b>Salem Area Office</b> Sonya Moody-Jurado 503-390-9494 SonyaMJ@ctsi.nsn.us	<b>Eugene Area Office</b> Candace Hill 541-484-4234 CandaceH@ctsi.nsn.us
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## Siletz Tribal Members Online Academic Support

### Free Virtual Tutoring!

\* **24/7 On-Demand Access to Online Professional Tutors**

\* **GED Support**

\* **All Subjects and Grade Levels- From Kindergarten through College/University**

\* **Individualized Help in All Subjects**

\* **SAT & ACT Prep; College Course Level Help and More**

\* **All Tribal Students Eligible to Apply, Regardless of Residence.**

Contact your local Education Specialist to sign up:

Siletz & Out-of-Area  
Jeff- JeffS@ctsi.nsn.us

Salem  
Sonya- SonyaMJ@ctsi.nsn.us

Portland  
Katy- KatyH@ctsi.nsn.us

Eugene  
Candace- CandaceH@ctsi.nsn.us

#### Please Note:

Students **MUST** complete a Tutoring Application to register. Tutoring hours are available on a first come first serve basis as resources are available.



# Tribal Council Timesheets for June 2022

## Frank Aspria – 6/1/22-6/30/22

TC	Ind	Gmg	STBC	ED	Tvl	
1.5	1.5	.25				6/1 Email, Tillicums
2	1.75	4				6/2-3 Review GM apps, GM interviews, email
4	4.25	4	4.75			6/5-9 STAHS bylaws, STBC email/packets, email, packets
2.25	2.25	2.75	1			6/10 Special TC – gaming, STBC, email, packets
6.5	6.5	.5		.75		6/11-14 Econ dev mtg, judge interviews, SVS mtg, email, packets, updates
2.5	2.5					6/15 Attorney – Supreme Court
.75	.75		4			6/16 STBC mtg, email
7	7					6/17 Regular TC, property wkshp, email
4.5	4.5	3	1			6/21-23 STBC mtg, HR wkshp review, CW GM apps, email
1.75	1.75		1			6/24 HR wkshp, STBC mtg
5.25	5.25	2.25		.75		6/28-30 ARPA wkshp, CW GM interviews, email, packets

## Loraine Y. Butler – 6/1/22-6/30/22

TC	Ind	Gmg	STBC	ED	Tvl	
		6.5				6/1-2 CW GM, packets
2.75	2.75	1				6/6-9 Natural Resources Cmte, packets
.5	.5	2.5				6/10 Special TC – gaming
1.5	1.5					6/12-13 Packets
1.25	1.25					6/14 Judge interviews

## Sharon Edenfield – 6/1/22-6/30/22

TC	Ind	Gmg	STBC	ED	Tvl	
		3				6/2 GM interviews
23	23					6/5-8 Congressional mtgs
.75	.75	1				6/9 477 MOA, minutes, packets
.5	.5	2.5				6/10 Special TC – gaming
1	1			.5		6/13 STCCF, Salem econ dev
3	3					6/14-15 Judge interviews, packets
.25	.25					6/16 IHS mtg

## Bonnie Petersen – 6/1/22-6/30/22

TC	Ind	Gmg	STBC	ED	Tvl	
2	2	4				6/1-5 GM interview prep, GM interviews, MOU review, email
1	1					6/6 Interviews, email
1	1					6/7 Education Cmte, email, meeting prep
.5	.5	1				6/9 Special TC, email, packets
.75	.75	2.5				6/10 Special TC – gaming, email
1.5	1.5					6/11-13 Restoration Cmte, CPT report, interview prep, email
1.5	1.5			1		6/14 Interviews, STBC prep, email
1.5	1.5			4		6/15 TC mtg, STBC, email
.75	.75		4			6/16 STBC mtg, TC mtg prep, mail
4.75	4.75					6/17 Regular TC, property wkshp, admin, email
.5	.5					6/18-21 Email
2.25	2.25		1			6/22 Chemawa LLC, STBC mtg, ODFW mtg, interview panel, email
1	1					6/23 Student Gathering, email
2.25	2.25		1.5			6/24 STBC mtg, HR wkshp, email
.5	.5					6/27 Salem econ dev, email
2.25	2.25					6/28 ARPA wkshp, CW GM interviews, CEDARR mtg, email
1	1					6/29-30 Email, admin time

## Delores Pigsley – 6/1/22-6/30/22

TC	Ind	Gmg	STBC	ED	Tvl	
2	2	3.5				6/1-2 Interviews, mail
2	2					6/3 Forest Service wkshp, Investment Cmte, mail, agenda items
1.5	1.5					6/4 Chemawa tour, mail
14	14				20	6/5-9 Congressional mtgs, mail, agendas
.75	.75	1				6/10 Special TC – gaming, mail
1.5	1.5					6/11-12 Mail, prep for mtgs
2	2					6/13 Restoration Cmte, mail, agendas
4.5	4.5					6/14-15 Judge interviews, mail, prep for council, agenda items
.75	.75	.25				6/16 STBC mtg, mail
4	4					6/17 Regular TC, property wkshp, mail
2.75	2.75					6/18-21 Mail
1	1	.5	2			6/22 Chemawa Station, ODFW mtg, STBC mtg
1	1	.25				6/23 Education program presentation, mail
2.5	2.5		1.5			6/24 HR wkshp, STBC mtg, mail
2	2	.5			3	6/25-27 Casino anniversary, mail
1.25	1.25	1				6/28 ARPA & gaming wkshps, mail
1	1					6/29 Mail, agenda items
1.5	1.5				9	6/30 Travel to Washington, D.C., for legislative presentations, First Peoples Fund, mail

## Angela Ramirez – 6/1/22-6/30/22

TC	Ind	Gmg	STBC	ED	Tvl	
12.25	12.25					6/1-2 Idaho travel, meeting prep and meeting
9.5	9.5					6/3-16 Email, packets
1	1					6/5 STAHS
.25	.25					6/6 Health Cmte
1	1	3.5				6/9-10 Special TC – gaming, TC mtg, docs
.5	.5					6/12 STAHS
1	1.25					6/13 Interviews
1	.75					6/14 SVS mtg
			4			6/16 STBC mtg
3.25	3.25					6/17 Regular TC, wkshp
7.5	7.5		.5			6/17-29 Email, packets
2	2		2			6/22-24 STBC mtgs, wkshp
2.25	2.25					6/28 SVS board mtg, wkshp

## Selene Rilatos – 6/1/22-6/30/22

TC	Ind	Gmg	STBC	ED	Tvl	
3.25	3.25	3.5				6/1-5 Interviews, NPAIHB mtg, email, packets
1.5	1.5					6/6 Health Cmte, email, packets
2	2					6/7 COVID mtg, NPAIHB, email
2.75	2.75					6/8-9 Interviews, email, packets
.75	.75	3.5				6/10 Special TC – gaming, email, pkts
3	3				1	6/12-13 Interviews, email, packets
3	3				1	6/14 Interviews, SVS mtg, email, pkts
2.75	2.75			1		6/15-16 STBC, email, packets
4.5	4.5					6/17 Regular TC, property wkshp, email, packets
2.25	2.25					6/18-20 Email, packets
1.25	1.25					6/21 NPAIHB COVID, email, packets
2	2		1	1.25	1	6/22-23 STBC & ODFW mtgs, email, pkts
3	3		1.5	1.5		6/24-25 HR wkshp, STBC mtg, email, pkts
1	1			.5		6/27 SCP, email, packets
5.5	5.5					6/28-30 ARPA wkshp, CEDARR mtg, CW GM interviews, COVID team, email, packets, phone calls



# Chinook Winds

## CASINO RESORT

### SUMMER SWAGSPLOSION

STUFF WE ALL GET!  
(AFTER COLLECTING 500 POINTS)

**AUGUST MONDAY & TUESDAY**  
10 am - 9 pm

Collect 500 points on any single day during the promotion, then swipe-in at any of our promotional kiosks to reveal your prize! Collect your SWAG at Winners Circle.



PRIZES INCLUDE BEACH, HOME AND TECH THEMED SWAG, GAS CARDS, PLAYER POINTS AND FREE PLAY!

### Rollin' into SURF CITY

**AUGUST 28<sup>TH</sup>**, WE'LL DRAW THREE WINNERS WHO WILL PLAY KEYS FOR WHEELS WITH ONE LUCKY WINNER TAKING HOME THEIR CHOICE OF **\$20,000** TOWARDS A CAR FROM POWER AUTOMOTIVE GROUP OR **\$20,000 CASH!**



**EARN 1,500 POINTS 10am-6pm SATURDAYS & SUNDAYS IN AUGUST TO REDEEM ITEMS!**



CAR SNOW BRUSH + SCRAPER  
AUGUST 6 & 7

31 PIECE ROADSIDE KIT  
AUGUST 13 & 14

PORTABLE AIR COMPRESSOR  
AUGUST 20 & 21

19 PIECE CAR CLEANING KIT  
AUGUST 27 & 28

## Comedy on the Coast

**AUGUST 12 & 13**  
8:00PM • \$15



HEADLINER  
**Rob Little**



FEATURING  
**Vince Valenzuela**



HOST  
**Erik Escobar**

Tickets available at the Chinook Winds Casino Resort Box Office. Buy by phone at 1-888-MAIN-ACT (1-888-624-6228), 541-996-5776 or online. 21 and over event, doors open at 9pm with a no-host bar.

# FUEL'N FUN Fridays



Why take a "staycation" this summer when hitting the road is so much more fun?

This August, Chinook Winds helps fuel the fun when you play to win a share of **\$25,000 IN FUEL CARDS!**

## DRAWINGS

Fridays in August at 7pm, 8pm & 9pm

You could win \$1,000 in Fuel Cards! Six winners every Friday!



### FRIDAYS IN AUGUST

WIN UP TO 50 FREE ENTRIES OR A \$25 GAS CARD WEEKLY WHEN YOU PLAY "FUEL'N FUN FRIDAYS" ON OUR KIOSKS!

PUMP UP YOUR ENTRY COUNT! EARN A BONUS KIOSK GAME TRY WITH EVERY 250 POINTS EARNED ON SLOTS, TABLES, BINGO, KENO AND SPORTS WAGERING. PRIZES INCLUDE UP TO 50 ENTRIES OR UP TO \$100 IN GAS CARDS. UP TO 4 BONUS GAMES PER FRIDAY.



Activate your entries starting one hour before each drawing up until each drawing time by inserting your Winners Circle card in any slot machine or swiping into any promotional kiosk, and activating the "Fuel'n Fun Fridays" entries on the Promotions tab.



chinookwinds.com • 1-888-CHINOOK • Lincoln City





**REMINDER**  
**Early Season Archery Tags**  
**Deer and Elk**  
**Available Starting**  
**Aug. 1, 2022, @ 8 AM**

Call 541-444-8232 or 541-444-8227 to have a tag mailed to you

First-Come, First-Served

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**REMINDER**  
**Deer General Rifle Tags**  
**Available Starting**  
**Aug. 15, 2022**

Call 541-444-8232 or 541-444-8227 to have a tag mailed to you

First-Come, First-Served

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**REMINDER**  
**Salmon Tags**  
**(for cultural fishing at Tribal cultural fishing sites only)**  
**Available Starting**  
**Aug. 15, 2022**

Call 541-444-8232 or 541-444-8227 to have a tag mailed to you

First-Come, First-Served

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**REMINDER**  
**Elder Antlerless Deer Hunt Applications Due**  
**Aug. 26, 2022**

Applications available at the Natural Resources office and on the Tribal website under Natural Resources Open to Tribal elders age 55 and older

Call 541-444-8232 or 541-444-8227 if you have questions

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**REMINDER**  
**Youth Antlerless Deer Hunt Applications Due**  
**Aug. 26, 2022**

Applications available at the Natural Resources office and on the Tribal website under Natural Resources

Open to Tribal youth ages 12-17 who have a valid Hunter Safety Card

Call 541-444-8232 or 541-444-8227 if you have questions



**Home and neighborhood hazard hunt**

Make a game out of looking for hazards in your neighborhood and in your home. You can search online to find "home hazard hunts" and get the kids and neighbors involved.



**We are all in this together**

No one survives and recovers from a disaster alone. Disasters have shown that where people are organized and prepared, families recover faster. Your neighborhood will recover faster if you organize now. Once you have organized, you can move to more ambitious projects like practicing emergency drills and helping build supply caches with your neighbors.

When disasters happen, we rely on the aid of others to help us through. Even with the best preparedness efforts, our neighbors and others in our neighborhoods will help us respond to and recover from a disaster.



After a large earthquake, your community's emergency responders will be overwhelmed and possibly victims themselves. You, your family, and neighbors will need to be your own first responders. Get together with your neighbors to talk about and plan for emergencies.

**Credits**

- Oregon Office of Emergency Management
- Ashland Fire & Rescue
- Department of Geology and Mineral Industries
- Hood River County
- Coos County Emergency Management

**Websites**

[www.Oregon.gov/OEM](http://www.Oregon.gov/OEM)  
[www.Ready.gov](http://www.Ready.gov)



**Neighbors Helping Neighbors**



**NEIGHBORS HELPING EACH OTHER**



**Introduction to "Two Weeks Ready"**

Preparing for disasters can be done over time. The traditional three days of supplies is a good start and helpful for short-term power outages or temporary evacuation. But a large earthquake and tsunami will leave much of the region's transportation routes destroyed. Delivery of assistance and supplies will be difficult or impossible initially. People will have to count on each other in the community, in the workplace and at home in order to be safe until responders can reach them. It is recommended that families, neighborhoods and communities strive to be self-sufficient for two weeks.



**Getting to know you**

In today's world, we often don't know our neighbors very well, if at all. But after a disaster, you may be the one to save their lives, or the other way around. So start by introducing yourself to your neighbors. Make an index card with your name, address and phone number, email, and other methods to contact you in case of emergency.

Many communities participate in public safety events that can be linked to disaster preparedness: National Night Out, Safety Towns, or Firewise events can all serve this purpose.



**Share a meal**

Food sharing has been a community building action for generations. Organize a potluck to take advantage of summer weather, or if weather doesn't cooperate, at a nearby home or community center. Let everyone know that you plan to talk about emergency preparedness in your neighborhood.



**Map the hazards**

Once you have started your planning process, you can get the neighborhood together again to map out the hazards in your area. Most state geological or emergency management agencies have online hazard maps for your use. Print out a map of your neighborhood and talk about hazards, who has special training (medical, fire-fighting), and who might have special needs or special resources (generator, chainsaw, etc.). Mark the location of gas and water shut-off valves. Then take the maps and walk around in groups to make sure everything is correct.



**Community and backyard gardens**

While you can store shelf stable food for a long time, it is easy to start to grow at least some of your own food. Your local garden nursery or extension service will have great ideas for how to make gardening work in your space. Even if you live in an apartment, you can grow some vegetables and herbs in pots.

**Siletz Tribal Student Incentives Program**

If you have completed any of these milestones, please send a copy of your certificate or diploma to your area education specialist. The Siletz Tribal Student Incentive Program rewards student achievements as follows:

Head Start/Preschool	\$10
Kindergarten	\$10
Elementary School	\$20
Middle School	\$50
High School or GED	\$100

Adult Vocational Training	
One-year program	\$100
Two-year program	\$200

Higher Education	
Bachelor's Degree	Pendleton blanket plus \$75
Master's Degree	\$300
Doctorate Degree	Pendleton blanket plus \$300

**Tribal Education Specialists**

- Portland Area Office: Katy Holland, 503-238-1512, 12790 SE Stark St., Suite 102, Portland, OR 97233
- Salem Area Office: Sonya Moody-Jurado, 503-390-9494, 3160 Blossom Drive NE, Suite 105, Salem, OR 97305
- Eugene Area Office: Candace Hill, 541-484-4234, 2468 W 11<sup>th</sup> Ave., Eugene, OR 97402
- Siletz Area Office: Jeff Sweet, 541-444-8207, P.O. Box 549, Siletz, OR 97380

**Use Amazon Smile to donate to STAHS**

- Here's how you can donate to the Siletz Tribal Arts and Heritage Society (STAHS) painlessly and effortlessly. It's as easy as 1,2,3,4. Thank you!
- 1--Go to Amazon.com.
- 2--In the Department drop down box, type Amazon Smile.
- 3--See Amazon Smile – You shop. Amazon Gives.
- 4--Follow the easy directions.





### Before a disaster: How to prepare your home and mobile device

- Be sure to put an out-of-state contact into your contacts list under the name "1EQText" so that it is at the top of your contacts list. "1EQText" means if you can only text one person, who would that be?
- Maintain a list of emergency phone numbers in your cell phone and in a printed list.
- Keep charged batteries and car-phone chargers available.
- If you have a traditional landline phone, keep at least one non-cordless phone in your home because it may work even if you lose power.
- Program "In Case of Emergency" (ICE) contacts into your cell phone so emergency personnel can contact those people for you if you are unable to use your phone.
- If you do not have a cell phone, keep a prepaid phone card to use if needed during or after a disaster.



- Have a battery-powered radio or television available (with spare batteries).
- Subscribe to text alert services from local or state government agencies to receive alerts in the event of a disaster. Many local governments have emergency alert systems in place. Check with local governments and subscribe if available. Parents should sign up for their school district emergency alert system.

#### Credits

- Oregon Office of Emergency Management
- Ashland Fire & Rescue
- Department of Geology and Mineral Industries
- Hood River County
- Coos County Emergency Management

#### Websites

[www.Oregon.gov/OEM](http://www.Oregon.gov/OEM)  
[www.Ready.gov](http://www.Ready.gov)



## Communicating During and After Emergencies



## Some Bull

By Walt Klamath (1993); submitted by the Siletz Tribal Arts and Heritage Society

Walt's Words of Wit and Wisdom were many times featured in *Siletz News*. The following is reprinted from the March 1993 issue.

At my place at Logsdan, my sister and I each have a bull in their respective pastures. Now her bull must be a four or five year old, maybe 14 inches between his eyes, probably weighs a ton or more depending upon how you are viewing and from which side of the fence.

My bull is probably 18 months now, but he thinks he is bigger than he is and as long as there is a fence between him and the other bull he acts out quite a bit.

Last year the big bull got smart and decided to wade Rock Creek and come into my pasture. This worked well for him. My bull was the most cooperative creature one would ever see, a most gracious host, shared everything.

Anyway, I ran an electric fence across Rock Creek to discourage the old boy from coming in. Well this worked for a while, then the old boy decided to come visiting. Now, mind you, with an electric fence two feet above the water, this is a perfect ground.

Well, one day on one of his visiting moods, he tried out the fence. This day I happened to be in the area and he did not see me as a threat to him. He went to the fence, he touched it and back he jumped. He looked at it for a while, then got down on his knees and started under the fence. Each time the power would surge, he would let out a large grunt or beller, but kept right on going.

He made it through all right, but he did not come out the creek yet, but went on. Now on the other end is another electric wire and he proceeded to use the same system. Now he apparently figured that he had gone far enough and came up to the field.

You know, I felt sorry for the old guy. After going through all of those shocking experiences, he had come up in his own field and there was a fence between him and where he wanted to be.

But, he is not a dumb bull. He went back to the creek, under the fence, then came up again, but this time he came up where the sweat lodge is, and again there was an electric wire around it. I just went down and opened the gate and told him after all that he had went through he deserved to do a little fraternizing. He never did thank me for that.

## WHO YOU GONNA TEXT?

PUT "1EQText" FOR YOUR EMERGENCY CONTACT PERSON



### How to reach friends, loved ones and emergency services

IF YOU HAVE A LIFE-THREATENING EMERGENCY, CALL 9-1-1.

If you are not experiencing an emergency, do not call 9-1-1. If your area offers 2-1-1 service or another information system, call that number for non-emergencies.

- For non-emergency communications, use text messaging, e-mail, social media and the American Red Cross Safe and Well program.
- Keep all phone calls brief.
- If you are unsuccessful in completing a call using your cell phone, wait ten seconds before re-dialing.
- Conserve your cell phone battery.
- Tune in to broadcast television and radio for important news alerts. If applicable, be sure that you know how to activate the closed captioning or video description on your television.



### A communication plan is important

After a large disaster, one of your first thoughts will be about your family and friends. Having a communication plan is an important part of any preparedness effort.

Knowing they are safe, or them knowing you are safe is key to being able to make wise decisions when you may be far from home and not able to return quickly.

Your plan needs to inform your family about what is expected of them in an emergency. Should they call in? Radio in? Head home? Make sure you clearly spell out what the family member should do – or what you will do during an emergency so everyone is clear on the plan.

Determine a preset time after an emergency event that the plan will be put into motion. For example – if something happens, the family member will wait exactly one hour to resume communications. If communications are non functional after that hour, he or she will head home. Make sure each family member has an idea of how long the commute might take. Practice walking the routes between home and work or home and school.



### Introduction to "Two Weeks Ready"

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## Siletz News Letters Policy

*Siletz News*, a publication of the Confederated Tribes of Siletz Indians, is published once a month. Our editorial policy encourages input from readers about stories printed in *Siletz News* and other Tribal issues.

All letters must include the author's signature, address, and phone number in order to be considered for publication. *Siletz News* reserves the right to edit any letter for clarity and length, and to refuse publication of any letter or any part of a letter that may contain profane language, libelous statements, personal attacks or unsubstantiated statements.

Not all letters are guaranteed publication upon submission. Published letters do not necessarily reflect the opinions of *Siletz News*, Tribal employees, or Tribal Council.

Please type or write legibly. Letters longer than 450 words may be edited for length as approved by Tribal Council Resolution #96-142.

Please note: The general manager of the Siletz Tribe is the editor-in-chief of *Siletz News*.

Editor-in-Chief: Kurtis Barker  
Editor: Diane Rodriguez  
Assistant: Andy Taylor

## Apply now for Siletz Tribal Head Start

The Siletz Tribal Head Start program is accepting applications for the 2022-2023 school year. We have classrooms in Siletz, Lincoln City, Salem and Portland, and offer services to promote children's school readiness skills and assist families with supporting their child's lifelong learning.

Classrooms offer 3½ hours of service per day, Monday through Thursday, roundtrip transportation and developmentally appropriate activities to promote each child's success. To qualify, children must be age 3 or 4 by the local school district's age cut-off date, and income limits may apply.

Head Start applications can be found on the Tribal website or can be requested by calling 541-444-2450 or 800-922-1399 and asking for Head Start.



## Coming to Indian Country: 988 and the National Suicide Prevention Lifeline



### Why do we need 988?

Suicide is the second leading cause of death for Native youth ages 10-24. Native communities experience the highest rates of suicide amongst all racial and ethnic groups in the United States, and suicide rates among American Indian and Alaska Native communities rose by 118% between 1999 and 2017.

Suicide is preventable. 988 is one step in the direction of saving lives. This early intervention can reduce the burden on 911 and hospital services. 988 will move mental health and substance use services out of the shadows and into the mainstream; it will send a message that healing and getting help are normal and important parts of life.



### What is 988?

988 is a direct three-digit line to trained National Suicide Prevention Lifeline crisis counselors that went live **July 16, 2022**. With an easy to remember 3-digit number, the Lifeline hopes to reach many more people in emotional crisis. This service is provided free of charge to the caller. Any person of any age can call or text 988; services will be available 24/7, year round. They will include a text option, translation services for non-English speakers, accessible options for people who are deaf or hard of hearing, and services for minors.

**When you've got a police, fire or rescue emergency, you call 911. When you have a mental health emergency, you call/text 988.**

### How will this affect my community?

The impact of 988 will vary from community to community. If your community has reliable phone and 911 services, it will now have access to 988 24/7. Community members will be able to receive confidential services during mental health emergencies with minimal involvement of police or hospitals. If you live in an area where connecting to 911 services is difficult, you may experience the same with 988. Please know that chatting via the [suicidepreventionlifeline.org](http://suicidepreventionlifeline.org) website, texting NATIVE to the Crisis Text Line at 741741, or texting 988 when available may be the best ways to connect in these communities.



### Lifeline Crisis Centers are Local and Effective

The National Suicide Prevention Lifeline provides free, 24/7 confidential emotional support to people in suicidal crisis or emotional distress in the United States. **The Lifeline is effective in reducing suicidal and emotional distress.**

- The Lifeline has served over 10 million people since its inception
- Call centers in the Lifeline divert hundreds of thousands of calls from 911 every year
- Independent evaluations demonstrate that Lifeline centers are effective in reducing emotional distress and suicidality

The Lifeline is a network of over 180 local crisis call centers. Crisis centers are connected to local community resources, including community mental health, hospitals, social services and first responders. The Lifeline's crisis call centers provide the specialized care of a local community with the support of a national network.

There are no Lifeline Tribal crisis call centers—yet! Tribes may partner with regional nonprofits to provide coverage to Tribal communities as well as open Tribal crisis lines in their community. To learn more about the capacities needed to open a crisis call center, review the [SAMHSA National Guidelines for Behavioral Health Crisis Care](https://www.samhsa.gov/behavioral-health-crisis-care).

### What happens when you call (or text) 988?

You will be connected with a trained crisis worker from a local crisis center. Wait times are anticipated to be under one minute. The caller can talk about any emotional crisis, not just suicide. The crisis worker will use active listening to assess risk, determine if a person is in danger and assist the person in feeling better and accessing resources. If the crisis worker believes the caller is in danger, they will work with the caller to create a safety plan that does not require calling emergency services. **Less than 3% of calls result in dispatching 911 services.**

If you are calling about a friend or family member who is in distress, the person on the phone will walk you through how to help and provide resources.

### How will this change be resourced and promoted?

With the passage of the National Suicide Hotline Designation Act, the federal government has set aside a 5% Mental Health Block Grant for crisis services and a single-time Mental Health Block Grant of \$1.5 billion. States can also exercise their authority to implement a 988 fee, similar to the current 911 fee. In 2018, 911 fees generated \$2.6 billion. Tribes can contact the SAMHSA Office of Tribal Affairs and Policy to discuss possible funding to support 988 in their region or reach out to the state closest to them to discuss funding partnerships.

In addition to federal efforts, nonprofit agencies all over the nation will be disseminating information about 988. For Tribal promotional materials or consultation in Washington, Oregon or Idaho, contact the Northwest Portland Area Indian Health Board's THRIVE Suicide Prevention project coordinator at [mnore@npaihb.org](mailto:mnore@npaihb.org).

### How can Tribal communities partner with 988?

Tribes and Tribal communities can:

- Contact their state's 988 Implementation Coalition to get involved in the rollout of 988.
- Partner with local crisis service centers to provide culturally appropriate services. To get connected or learn more about your local crisis service center, visit the [Lifeline's Network webpage](https://www.npsuicidepreventionlifeline.org/network).
- Establish Tribally specific crisis service centers to become part of the Lifeline network.
- Develop culturally aware mobile crisis response teams for Tribal communities.

**Passages Policy** - Submissions to Passages are limited to two 25-word items per person, plus one photo if desired.

All birthday, anniversary and holiday wishes will appear in the Passages section. *Siletz News* reserves the right to edit any submission for clarity and length. Not all submissions are guaranteed publication upon submission. Please type or write legibly and submit via e-mail when possible.

# Dial 988

from any phone to get help.

If you need immediate help now,  
Text **INDIGENOUS** to **741741**.



DIAL or TEXT  
**988**  
Suicide & Crisis  
Lifeline



## YOUTH LOGO CONTEST

**SUBMISSION DEADLINE: AUGUST 29, 2022**

THIS CONTEST IS TO BRING AWARENESS OF THE RECENT NUMBER CHANGE OF THE SUICIDE AND CRISIS LIFELINE. WE ARE TASKING OUR YOUTH TO CREATE A LOGO THAT WE CAN SHARE WITH OUR COMMUNITY TO PROMOTE THE LIFELINE.

Logo submissions can be sent to  
**Confederated Tribes of Siletz  
Indians, Behavioral Health  
Department, 200 Gwee Shut Rd,  
Siletz, OR 97380**

**PRIZES AND SWAG OFFERED  
TO PARTICIPANTS  
THE WINNING LOGO WILL  
APPEAR ON SWAG**

Contact: Elizabeth Madden at [elizabethm@ctsi.nsn.us](mailto:elizabethm@ctsi.nsn.us)  
or Jacob Reid at [jacobr@ctsi.nsn.us](mailto:jacobr@ctsi.nsn.us) for more details

### Lincoln County Jail seeks volunteers

The Lincoln County Jail in Newport, Ore., is seeking additional cultural practitioners to provide services to American Indians who are incarcerated. They are seeking both female and male practitioners to provide online, one-on-one and group guidance (once it is safe to hold in-person meetings).

If you have questions, please contact Lisa Norton at [lisan@ctsi.nsn.us](mailto:lisan@ctsi.nsn.us). If you want to volunteer, contact Dennis Buckmaster ([dbuckmaster@co.lincoln.or.us](mailto:dbuckmaster@co.lincoln.or.us)) to start the process. This process does include a background check, but all situations will be considered individually.

### Free child ID kits from the Oregon State Police

503-934-0188 • 800-282-7155

[child.idkits@state.or.us](mailto:child.idkits@state.or.us)