

# Duu Lhlan Wee-ya'

Duu Lhlan Wee-ya', "not many words" or "in so many words," is published on the CTSI website and mailed on request to Lincoln and Tillamook County Tribal members each month. Information includes youth activities, events, meetings and program updates.



## Public Information Department

P.O. Box 549  
Siletz, OR 97380-0549  
Phone: 541-444-8291  
Fax: 541-444-2307  
E-mail: [pias@ctsi.nsn.us](mailto:pias@ctsi.nsn.us)

December 2022

# Winter

## "REZIPE" SWAP

Send us your recipes that use traditional foods, are classic recipes with a "rez" or Indigenous twist, or are family recipes that you would love to see in the spotlight on our Facebook page!

Email [Danical@ctsi.nsn.us](mailto:Danical@ctsi.nsn.us)

### USDA distribution dates for December

#### Siletz

Dec. 1	9 a.m. – 3 p.m.
Dec. 2	9 a.m. – 3 p.m.
Dec. 5	9 a.m. – 3 p.m.
Dec. 6	9 a.m. – 3 p.m.
Dec. 8	9 a.m. – 3 p.m.

LIKE us on Facebook at Siletz Tribal FDPIR. We would like to see more people sharing their recipes on our FB page.

Sammy Hall, USDA Director,  
541-444-8279;  
[sammyh@ctsi.nsn.us](mailto:sammyh@ctsi.nsn.us)  
Fax: 541-444-8306 or  
503-391-4296

For jobs and other  
information, visit  
[ctsi.nsn.us](http://ctsi.nsn.us).

### Most requested numbers

Confederated Tribes of Siletz  
Indians - 541-444-2532  
Purchase/Referred Care -  
541-444-1236  
Siletz Community Health  
Clinic - 541-444-1030  
Siletz Behavioral Health -  
541-444-8286

## Siletz Tribal Members Online Academic Support

### Free Virtual Tutoring!

- \* 24/7 On-Demand Access to Online Professional Tutors
- \* GED Support
- \* All Subjects and Grade Levels- From Kindergarten through College/University
- \* Individualized Help in All Subjects
- \* SAT & ACT Prep; College Course Level Help and More
- \* All Tribal Students Eligible to Apply, Regardless of Residence.

Contact your local Education Specialist to sign up:

Siletz & Out-of-Area  
Jeff- JeffS@ctsi.nsn.us

Salem  
Sonya- SonyaMJ@ctsi.nsn.us

Portland  
Katy- KatyH@ctsi.nsn.us

Eugene  
Candace- CandaceH@ctsi.nsn.us

#### Please Note:

Students MUST complete a Tutoring Application to register. Tutoring hours are available on a first come first serve basis as resources are available.

## SIGN UP TODAY FOR WINTER ON-LINE LANGUAGE CLASSES

# LEARN NUU-WEE-YA' (OUR LANGUAGE)

TUESDAYS, JANUARY 3-MARCH 7

5:00 PM-BEGINNING CONVERSATION 1

5:45 PM- BEGINNING CONVERSATION 2

THURSDAYS, JANUARY 5 -MARCH 2

5:00 PM-ONGOING CONVERSATION

SATURDAYS 1/28, 2/18, 3/4

NOON-IMMERSION CONVERSATION HOUR

TO SIGN UP CONTACT NICK VILES AT NICKV@CTSI.NSN.US OR 541-484-4234 X1757

# JOM FAMILIES

Follow the CTSI Education department on the CTSI Youth Facebook page and in your local area newsletter for monthly youth program information.



@CTSIYouth

**Email your local Education Specialist to be added to our email list:**

#### Portland Area Office

Katy Holland

503-238-1512

KatyH@ctsi.nsn.us

#### Siletz Area

Jeff Sweet

541-444-8207

JeffS@ctsi.nsn.us

#### Salem Area Office

Sonya Moody-Jurado

503-390-9494

SonyaMJ@ctsi.nsn.us

#### Eugene Area Office

Candace Hill

541-484-4234

CandaceH@ctsi.nsn.us

**STEP CHALLENGE!!**  
**SILETZ  
 HOLIDAY  
 HUSTLE  
 CHALLENGE!**

**STARTS 15  
 DECEMBER**

[https://www.eventbrite.com/e/  
 ctsi-holiday-hustle-tickets-  
 467987371827](https://www.eventbrite.com/e/ctsi-holiday-hustle-tickets-467987371827)

**Holiday  
 Survival  
 Baskets!**

Sign up, only 100 baskets available!  
 We will be providing some "holiday" meal staples as well as some fun activities for the whole family. One basket per household!

More information : [Danical@ctsi.nsn.us](mailto:Danical@ctsi.nsn.us)

**CTSI VIRTUAL  
 CULTURE NIGHTS**

ALL TRIBAL MEMBERS AND FAMILIES WELCOME

**Upcoming Dates:**

*December 7 at 6pm: Nee-dash*  
*January 11 at 6 pm: Our Tribal Bands*  
*February 8 at 6 pm: Exploring Family History*  
*March 15 at 6 pm: Hazel*

Sponsored by the Education and Culture Departments  
 Contact Nick Viles at [nickv@ctsi.nsn.us](mailto:nickv@ctsi.nsn.us) or 541-484-4234 x1757 to sign up

**Save the date for 2023  
 community meetings!**

**Our annual meetings are back to answer your questions and take your input for Planning priorities.**

Salem • Jan. 26  
 Last Thursday in January

Eugene • Feb. 9  
 2<sup>nd</sup> Thursday in February

Siletz • Feb. 23  
 4<sup>th</sup> Thursday in February

Portland • March 9  
 2<sup>nd</sup> Thursday in March

Out of Area • March 23  
 4<sup>th</sup> Thursday in March

**Dates are tentative and subject to change**

**Siletz JOM/Tribal  
Housing Resident Youth**

(Tribal member youth who are registered JOM students and/or youth who reside in Siletz Tribal Housing)

# Christmas Break 2022

## **Tuesday, Dec. 20<sup>th</sup>**

**Swimming at Greater Toledo Pool**  
**Swim Time: 11 a.m. - 1 p.m.**  
**Depart: CTSI Rec Center 10:30 a.m.**

(Transportation is first come first served. There are 27 seats available. Family's also able to meet us there. Masks are required while in the GSA Vehicle)

## **Tuesday, Dec. 27<sup>th</sup>**

**Cosmic Bowling at Highland Bowl in Corvallis, OR**  
**Bowl Time: 11 a.m. - 2 p.m.**  
**Depart: CTSI Rec Center 9:30 a.m.**

(Transportation is first come first served. There are 27 seats available. Family's also able to meet us there. Masks are required while in the GSA Vehicle)

Registration opens December 1, at 8 a.m. and closes December 14, at 4:30 p.m.

## **Thursday, Dec. 22<sup>nd</sup>**

**Gift Making at the Siletz Tribal Community Center.**  
**9 a.m. - 5 p.m.**

Please remember that there is currently a mask mandate for all CTSI buildings

## **Thursday, Dec. 29<sup>th</sup>**

**Swimming at Greater Toledo Pool**  
**Swim Time: 11 a.m. - 1 p.m.**  
**Depart: CTSI Rec Center 10:30 a.m.**

(Transportation is first come first served. There are 27 seats available. Family's also able to meet us there. Masks are required while in the GSA Vehicle)

Contact: Jeff Sweet 541-444-8207

Sponsored by: CTSI Education,  
Housing, Diabetes & 477-SSP

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