

Duu Lhlan Wee-ya'

Duu Lhlan Wee-ya', "not many words" or "in so many words," is mailed to Lincoln and Tillamook County Tribal members each month. Information includes youth activities, events, meetings, program updates and more.



Public Information Department

P.O. Box 549
Siletz, OR 97380-0549
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March 2017

Culture Craft Nights

**Feather Tying
Ch'ee-ta' yee-li'
(Feather tying)**

**Siletz Tribal Community Center
Mar 6 • 5-7 p.m.**

Siletz Tribal members of all ages welcome. Young people under age 10 need an adult to accompany and assist them.

Come and learn how to tie feathers for regalia and other uses. The Siletz Culture Department will provide material and instructors. If you have your own feathers/project, please bring them.

Contact: Bud Lane, budl@ctsi.nsn.us; 541-444-8320 or 800-922-1399, ext. 1320

Sponsored by the Education and Culture Departments

Nuu-wee-ya' (our words)

Introduction to the Athabaskan language for Tribal members of all ages

**March 6 • 6-8 p.m.
Siletz Tribal Community Center**

For more information, contact Bud Lane at 541-444-8320 or budl@ctsi.nsn.us.

Healing March

March 22, 2017

Starts at 12:45 pm

@ Siletz Valley School
Gym



We are in need of drummers, singers and concerned community members. Join us and take a stand against drug abuse & March for a drug-free community!

Walk with us and be a part of healing our community. The march will close with a dinner at the Tribal Community Center - All are welcome

For more information call Dee Butler at 541-444-9618 or Ashliegh Ramirez at 541-444-8286

COMMUNITY PARTNERS

- Sheriff's Office
- Siletz Valley School
- Siletz Neighborhood Watch
- Lincoln County Prevention
- Siletz Gospel Tabernacle
- Siletz Fire Department
- City Hall

Community Health Events

March 2 • 6-8 p.m.

Girls' Group (ages 9-19)
Siletz Clinic - Behavioral Health

March 7 • 5:30-7 p.m.

Tobacco Cessation Series
Center for Health Education

March 9 • 6-8 p.m.

Girls' Group Open House
Siletz Tribal Community Center

March 16 • 6-8 p.m.

Girls' Group (ages 9-19)
Siletz Clinic - Behavioral Health

March 24 • 9 a.m. - 2 p.m.

Blood Drive
Siletz Community Health Clinic

March 30 • Noon

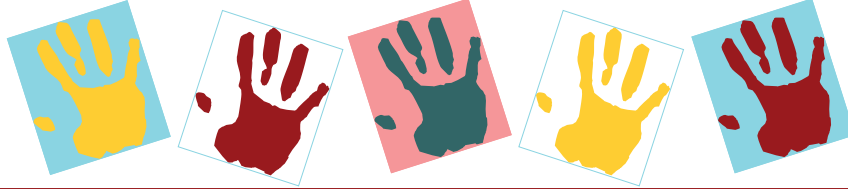
Diabetes Talking Circle
Tillicum Fitness Center

Tillicum Fitness Center Classes

Tai Chi: M & W, 10:30-11:30 a.m.
Zumba Gold: T & Th, 5:30-6:30 p.m.
Sit and Be Fit: T, Th & F, 10-11 a.m.
Pilates: M & W, 5:15-6:15 p.m.

CTSI Jobs - Employment information is available at ctsi.nsn.us.

Spring
Break



2017
Calendar

Spring Break Calendar

Permission form required for all activities not at Rec Center

**Monday
March
27**

10am-12pm Dentallium Necklace Making @ Siletz Tribal Recreation Center with Culture & Education
*Snacks provided

1pm Ropes Course Fun!
We will transport youth from rec center to course. *Remember to wear outdoor athletic shoes to protect feet on the ropes course.

*PERMISSION FORM required

**Tuesday
March
28**

Swimming at Splash Wave Pool in Springfield
Leave Siletz admin bldg @ 10am
Return home @ 5pm

Snacks provided. *There is a snack bar if you wish to send your child with money.

PERMISSION FORM required

**Wednesday
March
29**

Board Games & Free Books to take home! @ Siletz Rec Center
10am-12 pm

1pm MMA (Mixed Martial Arts) Speaker/Presenter @ Siletz Rec Center

Snacks provided

**Thursday
March
30**

Hiking @ Drift Creek Falls
Leave Siletz admin bldg @ 8am (lunch provided)
Return home 4pm

*Trail is about 3 miles, easy to intermediate level
Youth Bring: Jacket, athletic shoes that can get wet/muddy, medications (inhaler, etc.)
Optional: Backpack, water bottle, extra dry clothes (dry shoes, socks, pants, shirt), towel

PERMISSION FORM required

**Friday
March
31**

Swimming, Rock Wall and Basketball @ Lincoln City Community Center

Leave Siletz Rec Center @ 12:45pm
Return home approximately 4:30pm

Activities from 1:30-3:30
Snacks provided

PERMISSION FORM required

Contact: Alissa Lane 541-444-8373

Jeff Sweet 541-444-8207

Sponsored by CTSI Education, Culture, Housing, Youth Services & Behavioral Health Programs

Elders Council Meeting

March 4 • 1-4 p.m.
Chinook Winds Golf Resort

Siletz Elder potlucks are held monthly at 6 p.m. on the Monday before the regularly scheduled Elders meeting. Please bring a potluck dish you would like to share.

For more information, call the Elders Program at 800-922-1399, ext. 1261, or 541-444-8261.

Lincoln City: Festival of Illusions expands for 10 days of family fun

LINCOLN CITY, Ore. – This year's Lincoln City Festival of Illusions (FOI) will be the biggest one yet, with 10 days of indoor magic, comedy, lariats, animals, juggling and art that will make spring break absolutely weather... poof!

FOI 2017 will offer daily activities and evening spectacles from March 26 through April 4 at the Lincoln City Cultural Center (LCCC). Featured headliners include champion magician Jason Andrews, the whip-cracking Leapin' Louie Lichtenstein and the physical comedy of Rob Lok & Miss Jane.

The festival will kick off on March 26 with the fun-filled vaudeville style Western comedy act of Karen Quest, America's Funniest Cowgirl, and will end with the inventive music and comedy of Al Simmons.

March 27 will see the much-anticipated return of Louis Pearl, The Amazing Bubble Man, whose astounding work with soap bubbles of all sizes was the highlight of last year's festival.

Thanks to the festival's premier sponsors, the Historic Anchor Inn and the Lincoln City Visitor & Convention Bureau, tickets will range from \$7-\$9 for youth age 6-18 and \$12-\$14 for adults age 19 and older. Tickets are on sale now at lincolncitycultural-center.org (click "Buy Tickets") or by calling 541-994-9994.

The drop-in Abracadabra Art Workshop (1-4 p.m. daily at LCCC) offers guided projects and "free art" zones for just \$5 per person.

This year's schedule will include a free Sunday (April 2) matinee with the Oregon Bird Man and his collection of colorful parrot friends, thanks

to our supporting sponsors Oregon State Credit Union and Windermere Larry Garrison Distinctive Coastal Properties.

On April 1, the LCCC and the Oregon Coast TODAY will present the Fool's Day Cabaret. This inaugural and possibly one-time-only evening of songs, dances, tricks, jokes, skits and music (and a delicious dessert of raspberry fool) will raise money for the Lincoln City Warming Shelter

– because homelessness is no joke. Showtime is 7 p.m.

More activities may be added, so check in with lincolncitycultural-center.org or pick up the official Festival of Illusions 2017 program.

Produced in conjunction with the *Oregon Coast TODAY*, the program will be available in stacks all over Lincoln City (and inserted in the March 24 edition TODAY). For details, call 541-994-9994.

Samaritan Health will start the next
Tobacco Cessation series on
March 7 through April 11 (Tuesday evenings)
5:30-7 p.m.

Center for Health Education
740 SW Ninth St., Newport

Call Deb Myers' voicemail to register – 541-574-4846

Family Literacy Nights 2016-2017

***Open to entire Siletz community
(Head Start – 8th grade welcome!*)**

**These are family fun nights – so bring the entire family.
Dinner promptly at 5 p.m. – then literacy fun until 7 p.m.**

FREE DINNER! FREE GAMES! FREE BOOKS! FREE PRIZES!

April 6, 2017: 5-7 p.m. @ Tribal Community Center

Sponsored by Youth Development Coalition of Lincoln County and Tribal Education, Culture, Youth Services and Head Start Programs.

Contact: Alissa Lane, Tribal Education Specialist, @ 541-444-8373

Advance Care Directive Workshop

With Chaplain Doug Hollums
of Samaritan Pacific Communities Hospital

Thursday, March 9, 2017

10 a.m. to Noon

In the Shell Room at the

Siletz Community Health Clinic

Call Jess to register – 541-444-9607



An Advance Care Directive is a legal document that allows you to communicate what type of life-sustaining medical care you would want if you were in the hospital and ever became unable to speak for yourself. In other words, an Advance Care Directive is a set of instructions that express your health care desires if you are in a close-to-death medical condition and become incapable of letting others know what level of life-sustaining interventions you desire.

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Siletz, OR 97380-0549

USDA Distribution Dates for March in Siletz

Wednesday	March 1	9 a.m. – 3 p.m.
Thursday	March 2	9 a.m. – 3 p.m.
Friday	March 3	9 a.m. – 3 p.m.
Monday	March 6	9 a.m. – 3 p.m.
Tuesday	March 7	9 a.m. – 3 p.m.

Joyce Retherford • CTSI FDPIR
541-444-8393

Lisa Paul • CTSI FDPIR
541-444-8279

CEDARR

**Community Efforts
Demonstrating the Ability
to Rebuild and Restore**

Mission Statement

Working together as a whole community, we will utilize our resources to eradicate and prevent the use of all illegal drugs, underage drinking and abusive use of alcohol, delinquency and community violence.

March 1 • Noon

**Siletz Community Health Clinic
200 Gwee-Shut Road, Siletz**

**PRESORTED
FIRST CLASS
U.S. POSTAGE PAID
SILETZ, OR
PERMIT NO. 2**