

Program Mission

Serve families and/or caregivers from pregnancy to child's third birthday with lessons and support to promote the best start for families with growth of happy, healthy and successful children and families through home visiting.

Program Goals

- ◆ Provide lessons to families and caregivers to enhance the child's development, prepare them for early learning, and provide family support
- ◆ Coordinate with tribal and community programs to provide resources to expectant families and young children
- ◆ Strengthen healthy and nurturing parent-child relationships
- ◆ Improved safety of infants, children and families



This document has been created by Confederated Tribes of Siletz Indians Family Support Education Program and does not necessarily reflect the views of the Johns Hopkins Center for Indigenous Health's Family Spirit Program.

Who is eligible

- ◆ Enrolled members of Federally recognized tribes, Alaskan Natives and Native Hawaiians, and
- ◆ Verifiable residence in Lincoln, Tillamook, Benton, Linn, Lane, Marion, Polk, Yamhill, Multnomah, Washington and Clackamas counties, and
- ◆ Meet program income requirements not to exceed 300% Federal Poverty Level, or
- ◆ Households experiencing risks such as living in rural areas with access to limited employment opportunities, first time parents, households with no member with a post-secondary certificate, or
- ◆ Households that have experienced trauma, or
- ◆ Families or caregivers of someone pregnant in their residence or have a child under 12 months of age, or
- ◆ Other risk factors can be reviewed on a case-by-case basis.

Family Spirit Lessons

Lessons are delivered in person over three years.

◆ Prenatal Care

Information to prepare for delivery, know what to do during pregnancy, and how to take care of herself and baby.

◆ Infant Care

Information to help adapt to life with a new baby, learn infant care skills, and how to respond to baby's wants or needs.

◆ Your Growing Child

Development Information from 7 months until the child's 3rd birthday.

◆ Toddler Care

Information to build confidence in parenting skills and form healthy habits to last a lifetime.

◆ My Family and Me

Information to help develop life skills that will positively influence herself, her child, family and friends.

◆ Healthy Living

Information on how to cope with difficult situations, goal setting, family planning and resources for continued success.

Referrals

If you or someone you know are interested in hearing more about the Home Visiting Program, please complete the information below, remove and send to your area office or call one of the Family Support Specialists. (see contacts)

City: _____ State _____ Zip Code: _____

Physical/Mailing Address: _____

Home/Cell phone: _____ Email: _____

Name: _____ Other Adult Household Member: _____

Agency/Program Contact (phone/email): _____

Agency/Program: _____

Person making referral: _____ Date: _____

Self-Referred



Contacts

Eugene Area Office

Cathy Ray, Family Support Specialist/Job Development Specialist
Covering Lane, Linn, and Benton counties
Phone: 541-484-4234 Ext 1756
Email: catheriner@ctsi.nsn.us

Salem Area Office

Lori Christy, Family Support Specialist
Covering Washington, Clackamas, Multnomah, Yamhill, Polk and Marion counties
Phone: 503-390-9494 Ext 1863
loric@ctsi.nsn.us

Siletz Area Office

Kelley Ellis, Family Support Specialist/Self Sufficiency Coordinator
Covering Lincoln and Tillamook counties
Phone: 541-444-8222
kelleye@ctsi.nsn.us

Program Email: 477SSP@ctsi.nsn.us

Home Visiting Program



Confederated Tribes of Siletz Indians

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