Area Office Newsletter and Events

Eugene • Portland • Salem • Siletz

May 2024

P.O. Box 549

Siletz, OR 97380-0549

Phone: <u>541-444-8291</u>

E-mail: pias@ctsi.nsn.us

All news events

Runtothe 2024 ROGUE Update

This year, R2R will take place

May 31st - June 2nd

This change is to avoid cancellations due to wildfire season.

We look forward to seeing you for Run to the Rogue this spring!

USDA distribution dates for June

Siletz

June 3	9 a.m. – 3 p.m.
June 4	9 a.m. – 3 p.m.
June 5	9 a.m. – 3 p.m.
June 6	9 a.m. – 3 p.m.
June 7	9 a.m. – 12 p.m.

Salem

June 25	9 a.m 6:30 p.m.
June 26	9 a.m – 6:30 p.m.
June 27	Appointment only

LIKE us on Facebook at Siletz Tribal FDPIR. We would like to see more people sharing their recipes on our FB page.

Sammy Hall, USDA Director, 541-444-8279; sammyh@ctsi.nsn.us

Fax: 541-444-8306 or 503-391-4296







Enrollment Committee Two Current Vacancies – Term Ending February 2025 & February 2026 Application Deadline for Consideration is June 12, 2024

Any Tribal member interested in serving on the Enrollment Committee must fill out the following form and return it to the address below prior to close of business June 12, 2024.

Please mail your application to Confederated Tribes of Siletz Indians, Attn: Executive Assistant to Tribal Council, P.O. Box 549, Siletz, OR 97380 or email celestal@ctsi.nsn.us

Name:	Roll No:
Address:	
City:	State:ZIP:
Telephone: Day ()	Evening ()

Appointment to the committee will be made at the Regular Tribal Council meeting in June.

Transportation Update

The Medical Transport Team services are limited due to recent staff shortages, and we will no longer be able to provide rides out of the Area Offices at this time. We apologize for any inconvenience this may cause, but it is important that we comply with these changes.

If any of you need assistance finding alternative transportation options, please feel free to reach out to Richard Faber for further guidance and support at 541-444-9633.

We hope to address this issue as soon as possible and appreciate your understanding and patience during this time.

Thank you.

EMERGENCY ASSISTANCE

Confederated Tribes of Siletz Indians 477-SSP

Eviction

Are you being evicted or facing homelessness?

Native American

Enrolled Siletz Tribal member or enrolled in a federally recognized Indian Tribe and reside in the CTSI service area.

100% of Federal Poverty Level

Not sure what your poverty level is? Call one of the area offices.

Taking Action

Utility Shut-Off
Have received shut-off notice for

utilities (electric, water, sewer)

Exhausted All

Resources

You have utilized all other

Department, LIHEAP, and

other community agencies.

funding resources, i.e., Housing

CTSI Area Offices

Siletz Administration Office: Jamie (541) 444-8266 Salem Area Office: Angelica (503) 390-9494 Portland Area Office: Anna (503) 238-1512 Eugene Area Office: Jen (541) 484-4234

Other criteria may apply

ON THE JOB TRAINING

477 Self-Sufficiency Program

On the Job Training (OJT) is an incentive-based program for employers to directly hire clients who need additional training/skills to meet the needs of the position.

Employers:

- Hire the client as a regular employee
- OJT reimburses a percentage of the client's initial wages
- Provide training that meets your needs

If you are an employer interested in hosting an OJT placement, please contact your local Tribal office.

Clients:

- OJT provides employers an incentive to hire you
- Gain hands-on experience
- Enhance your skills and employability
- Clients must apply within 7 days of hire

Who can apply:

Enrolled members of federally recognized Tribes or descendants

Confederated Tribes of Siletz Indians:

Siletz Area Office: Jamie (541) 444-8266 Portland Area Office: Tamra (503) 238-1512 Salem Area Office: Angelica (503) 390-9494 Eugene Area Office: Cathy (541) 484-4234

Clients must meet eligibility criteria and services are available on a budgetary basis.









SCHC HAS UPDATED PHONE TREE OPTIONS

If you are trying to reach another department in the Siletz Community Health Clinic, please visit the CTSI website at

www.ctsi.nsn.us/tribal-services/healthcare/

to get the complete listing of Healthcare staff under contact information.



Updated Phone Tree Options

Option 1: Medical

Option 2: Dental

Option 3: Optometry

Option 4: Behavioral Health

Option 5: Transportation

Option 6:

Purchased/Referred Care (PRC)

Option 7: Pharmacy

Option 8: Automated Prescription Refill

PRC can also be reached directly at

541-444-9677 or by email at SiletzPRC@ctsi.nsn.us.



the tribal population and the clinic's

Priority for new patients will based

off of tribal affiliation and residency.

community.

CTSI STUDENT LAPTOP STIPEND PROGRAM

2024 Application Period: June 1st - June 30th

Eligibility:

- Enrolled Siletz Tribal Member <u>and</u> enrolled full/part time college student
- Submit completed application (with required documentation) by the deadline
- Can not have received a laptop stipend within the last 4 academic years

Visit www.ctsi.nsn.us/student-laptop-stipend-program/ for an application.

If you have any questions, contact Candace Hill at CandaceH@ctsi.nsn.us or 541-484-4234.

Funding is limited: stipends will be awarded on a first come, first served basis.

WOVEN FROM THE LAND



JUNE 1 - JULY 28, 2024

OPENING RECEPTION SATURDAY, JUNE 1



COVAS SHOWCASE

COASTARTS.ORG/EVENTS/WWM-CHANTELE

IEWPORT VISUAL ARTS CENTER | 777 NW BEACH DRIVE, NYE BEACH, NEWPORT RESENTED BY NEWPORT VISUAL ARTS CENTER AND OREGON COAST COUNCIL FOR THE ARTS



OUR CLINIC WANTS OUR JABET (CS

Patients are eligible for a

when they complete their

Pendleton coffee mug

first appointment!







Eye Exam Ophthalmology



Medical **Foot Check**



Siletz Health Clinic **Diabetics** who complete all of their screenings are entered into a raffle* at the end



*the drawing takes place on 1/2/25. Winner will receive a two night stay at the Chinook Winds Casino with buffet tickets for two.

of the year!

Dental



Blood Pressure



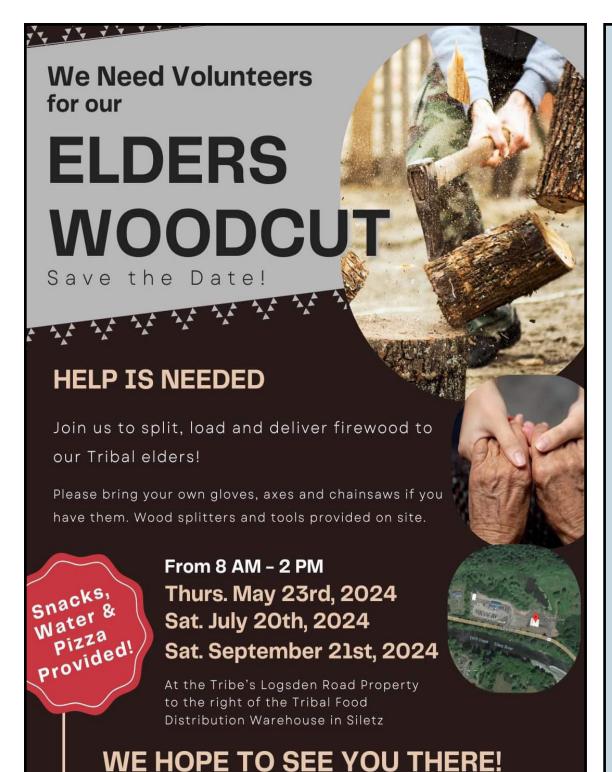
Glucose Urine Test



A1C







SLETZ
ORTHODONIC
SCREENING
DATES

Monday, June 3rd, 2024

Monday, June 10th, 2024

Thursday, June 13th, 2024

Friday, June 14th, 2024



Please call us at 541-444-9681 to schedule an orthodontic screening for the 2025 Ortho Program.

Can PRC Pay for Your Care? Find out in 3 stages.

Stage 1

Individual Qualifications

You are eligible if:

a) You are a Siletz Tribal member, a Dependent of a Siletz Tribal Member under the age of 19, or a member of any tribe living on Siletz Trust Land.

AND

b) You live within the 11 counties of the Siletz PRC Delivery Area.

lf

YES

for all

Tillamook, Yamhill, Polk, Lincoln, Marion, Benton, Linn, Lane, Multnomah, Washington and Clackamas

AND

c) You must receive prior approval for each case of needed medical service. In the case of an emergency, you must provide notice within 72 hours (30 days for elders & disabled people).



Application is **Denied**

* Some exceptions may be made on a case-bycase basis. Ask PRC Staff for more specifics about individual eligibility, the PRC Delivery Area, or prior Notice.

Stage 2

Relative Medical Priorities

Payment may be approved if:

a) The health care service that you need is medically necessary.

As indicated by medical documentation provided.

AND

b) The service is not available at an accessible IHS or Tribal facility.

AND

c) The facility's PRC committee determines that your case is within the current medical priorities of the facility.

Unfortunately, PRC funds often are not sufficient to pay for all needed services. When this happens, the committee considers each individual's medical condition to rank cases in relative medical priority. Cases with imminent threats to life, limb, or senses are ranked highest in priority. **

<u>AND</u>

d) PRC funds available are sufficient to pay for the service to be authorized



Application is **Deferred**

** Ask PRC staff for more specifics. Sometimes deferred lower priority cases may be reconsidered later if funding permits.

Stage 3

Coordination and Payment

Approval, Billing, Payment

a) You must apply for any alternate resources for which you may be eligible.

Medicare, Medicaid, insurance, etc.

THEN

b) A PRC Pre-Authorization Number is issued to a provider authorizing payment for services.

THEN

c) The authorized provider bills and collects from your alternate resources

THEN

d) The authorized provider bills any unpaid balance to PRC for payment.

Because PRC is <u>payer of last resort</u>, it pays only for costs not paid by your alternate resources

If Steps are Completed in Order

Provider is Paid

Specific services authorized within relative medical priorities may vary from time-to-time in response to changing supply and demand, especially to stretch diminished funds over the remainder of the fiscal year.





SILETZ GRADUATION & PROMOTION INCENTIVES



It's that time of year to get ready for the Tribe's Student Incentive Program for youth, college, AVT and graduates at all levels!!

To apply please fill out the <u>Student Incentive Form</u> (found on Tribe website under Education) or contact the Education Specialist in your area.

Remember to attach required documentation.

Pre-K - 12th Grade Achievements	Incentive
Headstart / Preschool	\$10
Kindergarten	\$10
Elementary School	S20
Middle School	\$50
High School / GED	\$100

Higher Ed / AVT Achievements	Incentive
1-Year AVT	\$100
2-Year AVT, AA, AS, AAOT	\$200
BA, BS	S75*
МА	\$300
PhD	\$300*

MAY SILETZ TRIBAL YOUTH COUNCIL MEETING

Open to Siletz Youth ages 12-24 years

Sunday May 19th, 2024 On Zoom starting at 11am Join here! https://zoom.us/j/98089534026

Contact us as soon as possible if you would like to join.

Portland: Katy Holland, 503-238-1512; katyh@ctsi.nsn.us

Salem: Sonya Moody-Jurado, 503-390-9494; sonyamj@ctsi.nsn.us

Eugene: Candace Hill; 541-270-0037; candaceh@ctsi.nsn.us

Siletz: Raina Mason, 541-444-8347; rainam@ctsi.nsn.us

Thinking of attending college during the **2024-2025** Academic year? Here's what you need to know



→ FAFSA Opens for Applications Oct. 1st (at <u>www.fafsa.ed.gov</u>)

*If applying for Higher Education funds for the 2024-2025 academic year, students must completed their FAFSA by June 30th

❖ Oregon Tribal Student Grant

https://oregonstudentaid.gov/grants/oregon-tribal-student-grant/

*If applying for Higher Education funds for the 2024-2025 academic year, students must complete this application by June 30th

★ CTSI Higher Education Grant Application Due June 30th

www.ctsi.nsn.us/wp-content/uploads/2020/12/Higher-Education-Application.pdf

★ CTSI Graduate Application Due June 30thwww.ctsi.nsn.us/wp-content/uploads/2020/12/Graduate-Student-Application.pdf

Contact an Education Specialist in your area for more information.

Eugene Area Portland Area & Salem Area Siletz Area & Out-of-State **Candace Hill** Washington Sonya Moody-Jurado **Jeff Sweet** CandaceH@ctsi.nsn.us **Katy Holland** SonyaMJ@ctsi.nsn.us KatyH@ctsi.nsn.us JeffS@ctsi.nsn.us 541-484-4234 503-390-9494 541-444-8373 503-238-1512

Visit www.ctsi.nsn.us/post-secondary-education/ for applications.

Confederated Tribes of Siletz Indians

JOM Program Native Youth

Youth must be currently attending a public school, enrolled in a federally recognized tribe **or** possess ¼ blood quantum, and reside in the 11-county service area to qualify.

Washington | Multnomah | Clackamas | Yamhill | Marion | Polk Tillamook | Lincoln | Benton | Linn | Lane

www.ctsi.nsn.us/youth/

kayaks rafts paddleboards lifejackets transportation accessories & more REC CENTER RENTA Outdoor recreation equipment is For More Information available to checkout for Siletz Call 541-444-9656 **Tribal Members &** CTSI Staff **Email** TillicumFitnessCenter@ctsi.nsn.us To rent, visit:

confederated-tribes-of-siletz-indians.boogable.shop

You are only charged if you fail to return equipment.

June 29 - July 3, 2024

Oregon Convention Center Portland, Oregon

Deadline to apply
is May 10th!
Contact your Area
Rep ASAP to sign
up!



<u>Contact your Area Rep to sign up!</u>

Open to Siletz Tribal Youth ages 14-24. Registration fees are covered. Transportation is available.

Siletz

Jeff Sweet JeffS@ctsi.nsn.us 541-444-8207

Raina Mason RainaM@ctsi.nsn.us 541-444-8347

Salem

Sonya Moody-Jurado SonyaMJ@ctsi.nsn.us 503-390-9494

Portland

Katy Holland KatyH@ctsi.nsn.us 503-238-1512

Eugene

Candace Hill CandaceH@ctsi.nsn.us 541-484-4234

Middle & high school students are guaranteed a lodging/food stipend. Lodging/food stipend funding for other youth is dependent on funds.





Eugene Area Office News

The Confederated Tribes of Siletz Indians

The Eugene Area Office Staff

541-484-4234 1-800-922-1399

Jessica Hibler

Supervisor: x1751 jessicah@ctsi.nsn.us

Nick Viles

Instructor-Tribal Language/Culture: x1757 nicku@ctsi.nsn.us

Candace Hill

Education Specialist /JOM: x1763 candaceh@ctsi.nsn.us

Jenifer Jackson

Self Sufficiency Counselor II/477SSP: x1755 jeniferj@ctsi.nsn.us

Cathy Ray

Job Development Specialist/477SSP x1756 catheriner@ctsi.nsn.us

Stormie Ehret

Administrative Services Clerk: x1750 stormiee@ctsi.nsn.us

Verdene McGuire

EAO Elders Rep. udenie101@gmail.com

Makayla Jackson

Job Development Specialist Voc. Rehab: x1752 makaylaj@ctsi.nsn.us

Vacant, Elder on-call Transport



If you or your family would like to share in some FREE fresh produce, you may pick up at the Eugene Area Office on Tuesdays 2-4 p.m. Any produce not picked up Tuesday will be available for pick-up Wednesday from 9 a.m.-4 p.m. and Thursday 9 a.m.- 4 p.m.

Please bring your own bag or box to transport your food. You may call ahead to check availability of food.

Eugene area office: 541-484-4234 2468 W. 11th Ave, Eugene OR 97402

This food is collected and distributed by Food For Lane County through the Trillium Produce Plus program. The Siletz Tribe and FFLC are working in a joint effort to alleviate hunger in our community.

Please join us for this fun and informative cultural opportunity: Elders led beading group

The beading group is in person and open to all ages. We meet at the Eugene Area Office on the 3rd Tuesday of every month from 12-2 p.m.

For more information please contact Verdene at Vdenie101@gmail.com







Environmental Leadership for Youth

INDIGENOUS YOUTH CAMP

at Oregon State University

AUGUST 11 - 16, 2024

INVITING NATIVE AMERICAN YOUTH ENTERING 9TH - 12TH GRADE IN OREGON.

- NATURAL SCIENCES
- STEPS TO COLLEGE ACCESS AND FINANCIAL AID
- STAY IN THE DORMS
- ENVIRONMENTAL CAREERS
- FIELD TRIPS:
 - CANOE PADDLE
 - FRESHWATER SNORKELING
 - CHALLENGE COURSE
 - HATFIELD MARINE SCIENCE CENTER
 - AND MORE
- COMPLETION AWARD \$\$

Registration at

https://laserfiche.ctclusi.org/Forms/New-Beginnings-Tribal-Student-OSU-SOCC-Overnight-Camp-2024

More info at https://ely.oregonstate.edu/indigenous-youth-program/

WITH CONFEDERATED TRIBES OF COOS, LOWER UMPQUA AND SIUSLAW INDIANS



Here it is May already, oh my how fast the year is going by.

We have May birthday celebrations to remember this month. Wishing all the Lane, Benton, and Linn County elders, a Happy-Happy Birthday. Happy Birthday to Marc, Bonnie, Dennis, Tammie, Tom, Huey, and Julie, with warm wishes for good health, wealth, prosperity, love, a day, and year -filled with lots of happiness, hugs, laughter, and CAKE! Truly.

I have been working on making a meal voucher policy for the elder's policy and procedure manual with Debra, Denise and Kathryn. It has been an interesting process to say the least. We are trying to make it easy to understand and yet have all the necessary components for a strong and complete policy that everyone can live with.

I received an email recently from the NW Native American Basket Weavers Association about the 27th annual gathering on Oct. 4-5, hosted by the Tulalip Tribes in Tulalip, WA. So, if anyone wants me to forward you the information about registration, please email me at my address

below, I will be happy to. I have attended several times over the years, and it is always an amazing event.

Reminders: Run to the Rogue is May 31-June 2 this year. It was moved in hopes we can have it before wild-fire season starts. We have missed it for so many years because of wildfires.

Bead group will be on the third Tuesday, May 21, from 12-2 p.m. After bead group you can pick up fresh produce for the week.

The May book club zoom session with Josh Eddings is Tuesday on May 21. We discussed chapters 6-8 in April. We're reading The Art of Ceremony by Rebecca J Dobkins. It covers subjects that include all nine tribes of Oregon. Joshua's email is Joshua_BookClub@proton. me. Please let him know you are interested, and he will add you to the next zoom invite list. It's a great read.

Be well and stay positive and kind. Till next month...

Truly,
Verdene McGuire
Eugene area Elders Rep
VDenie101@gmail.com
Cell: 503-890-0742

Help Ceire For Tribel Ceines

THE EAO AND CTSI NATURAL RESOURCES ARE HOSTING A CAMAS CARE WORK PARTY AT THE TRIBE'S CAMP CREEK HILLS PROPERTY ON MAY 19TH

MEETING AT THE CAMP CREEK HILLS
PROPERTY AT 12:30PM.
FOR QUESTIONS OR TO RSVP CONTACT
JESSICA HIBLER AT JESSICAH@CTSI.NSN.US

MORE EVENTS AT CAMP CREEK ARE BEING PLANNED FOR 2024! STAY TUNED FOR MORE OPPORTUNITIES TO GET INVOLVED.

Portland Area Office News

Portland Area Office Staff

3220 SW 1st Ave Ste. 200, Portland, OR 97239 503-238-1512 ctsi.portland@ctsi.nsn.us

Priscilla Gomez

priscillag@ctsi.nsn.us

Area Office Supervisor: x1419

Anna Renuille

annar@ctsi.nsn.us

Self-Sufficiency Counselor II: x1412

Tamra Russell

tamrar@ctsi.nsn.us

Self-Sufficiency Counselor II: x1411

Blanchette Morrison

blanchettev@ctsi.nsn.us

Community Health Advocate: x1413

Katy Holland

katyh@ctsi.nsn.us

Education Specialist: x1418

Rachel Zinn

rachelz@ctsi.nsn.us

Mental Health Specialist: x1417

Harmony Stout

harmonys@ctsi.nsn.us

Behavioral Health Case Manager: x1420

Katrina Hudson

katrinah@ctsi.nsn.us

Web Content Specialist: x1415

Portland Area Tribal Members

Newsletter 2024



If you are having trouble accessing the online newsletter, you can request it be mailed to you.

Tribal members living in the Portland Area can email Priscilla Gomez at PriscillaGectsi.nsn.us to request to be added to the physical mailing list for the monthly area newsletter.

PORTLAND & SALEM AREA JOM Summer Reading Challenge



Saturday, June 15, kicks off the start of our Summer Reading Challenge!

Summer is almost here and we are all looking forward to all fun activities we can do during the summer. In an effort to keep our tribal youth engaged in reading and literacy, and to promote educational retention, the Portland area office will be sponsoring a Summer Reading Challenge.

Youth can read a book, listen to audio book, listen to a parent or guardian read a book, and write a summary of the story. You can even explore your local library and write a summary about the experience.

To receive credit for engaging in reading activities, don't forget the summary! Incentives will be awarded each month and at the end of summer.

All JOM families are encouraged to join us and keep our youth engaged in this reading challenge.

To receive a Reading Challenge Packet, contact:

Salem: Sonya, at 503-390-9494 or email Sonyamj@:ctsi.nsn.us

Portland: Katy, at 503-238-1512 or email katyh@ctsi.nsn.us

Portland Parks and Recreation Summer Programs and Discounts



Portland Parks & Recreation (PP&R) believes recreation is for everyone. Through the <u>Parks Local Option Levy</u> (Parks Levy) Portland Parks is able to offer new payment options for people who live within the City of Portland. City of Portland residents can register for a free Access Pass to receive an ongoing discount of 25, 50, 75, or 90% based on financial need. Discounts can be used for swim lessons, classes, camps and pool admission. The pass is valid for 12 months from the date of enrollment. No proof of income is required. To sign up for this discount **Access Pass** create your own account. There is something for every age, including seniors. Visit Portland Parks web page for more information about the access discount program at: https://www.portland.gov/parks/discount

Spring programs (April 1 - June 9, 2024) are currently open for enrollment. **Summer programs** open for enrollment on the following dates:

Session A & A/B (June 24 - July 28) Session B (July 29 - August 25) September Session (September 2 - 29)

Register online, over the phone through the Customer Service Center (503-823-2525), or by calling or visiting a recreation or arts center. https://www.portland.gov/parks/recreation-services
If cost is a barrier to participating, consider getting an Access Pass.

Art & Culture night for youth and families



Wednesday, May 29, 2024

Time: 5:30-7:30pm





Portland Area Office 3220 SW 1st Ave. Ste.200 Portland, OR 97239



- Learn how to make a ceramic mosaic
- Create your own traditional bone necklace for both gals and guys
- · Create a seeded necklace
- Plan ahead for a future cultural projects you would like to do from Ribbon skirts, leather belts and moccasins

We encourage folks to come and share the fun!

Please email Katy Holland at katyh@ctsi.nsn.us



WHERE

The Aerie at Eagles Landing 10220 SE Causey Ave Happy Valley, OR 97086

WHEN

Tuesday, Jun 18 th 10:30am - 1:30pm !! Lunch provided !!



RESERVE YOUR SPOT

Call or Email Katy (Portland) or Sonya (Salem)

Katy Holland katyh@ctsi.nsn.us 503-238-1512 / 541-270-5124 Sonya Moody-Jurado sonyamj@ctsi.nsn.us 503-390-9494 X1856



Salem Area Office News

Salem area contact info:

Angelica Espino

Self Sufficiency Counselor, X 1853 <u>AngelicaE@ctsi.nsn.us</u>

Antonia Leija

Voc Rehab Counselor/ Job Developer, X 1861 AntoniaL@ctsi.nsn.us

Beverly Owen

Area Office Supervisor, X 1851 BevO@ctsi.nsn.us

Cecilia Tolentino

Community Health Advocate, X1854 CeciliaT@ctsi.nsn.us

Dana Rodriguez

Administrative Services Clerk, X 1850 <u>DanaR@ctsi.nsn.us</u>

Isaac Palomo

Re-Entry Mentor, X 1852 IsaacP@ctsi.nsn.us

Lori Christy

Family Support Specialist, X 1863 LoriC@ctsi.nsn.us

Lydia Kentta

Transporter

Rachel Zinn

Mental Health Counselor, X1864 RachelZ@ctsi.nsn.us

Sonya Moody-Jurado

Education Specialist, X 1856 SonyaMJ@ctsi.nsn.us



Salem Area JOM families and youth

Summer Reading Challenge information can be found in the PAO section!

We hope to hear from you soon!



PINE NEEDLE BASKETRY

The Salem area office is taking sign-ups for a Pine Needle Basketry class starting May 17, open until full.

Classes will be held two nights, May 29 and May 30, from 4:30-7:30 p.m.

In this class you will learn the basics of pine needle basketry. To register call Dana at, 503-390-9494.

Siletz Area Office News



Join Youth Services at the Rec Center weekly for fun activities!

- Sport Games
- Legos
- · Beading/Cultural Activities
- · Art and Crafts
- · and more!

Wednesdays

3 - 5 PM

Fridays

10 - 2 PM

Sundays

II - 3 PM

Contact Information

Raina Mason

RainaM@ctsi.nsn.us 541-444-8347

All Areas Invitation to Clinic Farm! May 17 & 18th 10 AM - 5 PM No registration required, just come on out! Inviting Salem, Portland, Eugene, and other outside of area Tribal members, staff, and families to visit the SCHC Farm Property to

receive vegetable plants and gardening resources while touring the Clinic's Farm Property facilities. 5213 Logsden Rd. Siletz, OR Second drive past mile marker five coming from Siletz.

For more info or support, contact your area office staff below:

Eugene: Jessica Hibler at 541-337-2285

Portland: Blanchette Morrison at 541-272-9083

Salem: Cecelia Tolentino at 503-390-9494 ext. 1854



Serving Siletz, Toledo, Logsden, and Eddyville

Hybrid CERT Training

+ Online In Person

Hybrid

The 28-Hour Basic CERT Training teaches you basic disaster response skills so you can safely help yourself and those around you when disaster strikes and when professional responders aren't available. Learn how to protect yourself, your loved ones, and your community.

What You Learn

- Unit 1: Disaster Preparedness
- Unit 2: CERT Organization
- Unit 3-4: Disaster Medical Operations
- Unit 5: Disaster Psychology
- Unit 6: Fire Safety and Utility Controls
- Unit 7: Light Search and Rescue Operations
- Unit 8: Terrorism and Hazardous Materials Safety
- Unit 9: Course Review and Disaster Simulation

Start and complete the online training, print your certificate and bring it to the hands-on, practical portion of the training. Once the practical portion is completed you will be issued an official certificate of course completion.

Space is limited – Register now!
www.tinyurl.com/hybridcert24

1. Register

Registering gives you access to the online training portion and allows us to communicate with you in preparation for the in-class, hands on, practical portion of your training.

2. Online

Online Course Time = 12 hours

- Access it on your mobile device or computer.
- Complete it at your pace and at your convenience.
- Course progress will be saved and can be resumed later.

3. In-Person

In-Person Training = 16 hours

 Fun and interesting hands-on demonstrations and practice!

Saturday June 15

Saturday June 29

8:00 am - 4:30 pm

Locations TBA

Participants must complete **all 28 hours** of online and in-person training to receive the course certificate.



Walking A Group

EVERY THURSDAY AND SATURDAY

Starting at 10 AM at the Rec Center

Walking can help people feel less stressed and can improve mood, it increases strength, balance, and flexibility, it can improve blood sugar, blood pressure, and cholesterol levels, as well as help to maintain a healthy weight.

During summer, there will be opportunities to walk at the Clinic's Farm Property! If you have any questions, please reach out to Stephanie Matthews at StephanieM@ctsi.nsn.us or 541-272-0396





FOOD PANTRY DONATIONS WEEDEN



The Food Distribution Program is looking for donations of non-perishable items for their food pantry!

This food pantry is available to Tribal members regardless of income.

DONATIONS CAN BE DROPPED OFF AT:

815 LOGSDEN RD. SILETZ, OR 97380



DEDICATED PEOPLE PROMOTING A DESIRABLE, SAFE, PLEASANT LIVABILITY ENVIRONMENT WITHIN THE CITY OF SILETZ FOR ALL THOSE WHO WORK, PLAY, LIVE, AND VISIT OUR COMMUNITY.





Friday, May 24th, 2024

11 am to 2 pm

Must have persmission slip filled out & turned in

Will meet @ rec center parking lot at 11 am & leave from there

Youth ages 10 to 17

Lunch provided Transportation provided

Contact Community Education Facilitator:

Kimberlee Thomas - kimberleet@ctsi.nsn.us - (541) 444-8281

MONDAY

5/6: Craft night 5/13: Craft night

5/20: Craft night

See flyer for specific information

5/27: Memorial Day - No activity planned

*working in my office during normal business hours

TUESDAY

5/7: Nuu-Wee-Ya' & Dinner

5/14: Nuu-Wee-Ya' & Dinner

5/21: Nuu-Wee-Ya' & Dinner

5/28: Nuu-Wee-Ya' & Dinner

See flyer for specific information

See flyer

*on site working at Toledo Elementary School, during day

WEDNESDAY

5/8: on site ® Toledo Jr Sr High School

5/15: Parent Support Group

5/22: on site ® Toledo Jr Sr High School

5/29: on site @ Toledo Jr Sr High School

*nothing planned in the evening time

THURSDAY

5/2: No activity planned

5/9: Craft night

5/16: Craft night

5/23: No activity planned

5/30: No activity planned

on site working at Siletz Valley School during day

Made with PosterMyWall.com

PLEASE CONTACT COMMUNITY EDUCATION FACILITATOR: KIMBERLEE THOMAS - KIMBERLEET@CTSLNSN.US - (541) 444-8281

SUNDAY

5/05: No activity planned

5/12: Mothers Day - No activity planned

5/19: Siletz Youth Group *

5/26: Memorial Day - No activity planned

*Community Center from 5 pm to 7 pm

Siletz Youth

Prevention

May 2024

SATURDAY

5/4: No activity planned

5/11: No activity planned

5/18: OSU powwow - No activity planned

5/25: Movie night

See flyer for specific information

"Movie TBD as titles become available

MUST HAVE PERMISSION SLIP FILLED OUT &

TURNED IN

FIRST COME, FIRST SERVE, LIMITED SPACE

FRIDAY

5/3: Painting - Artsea Craftsea

5/10: Painting - Artsea Craftsea

5/17: Ripley's Believe it or not & Waxworks

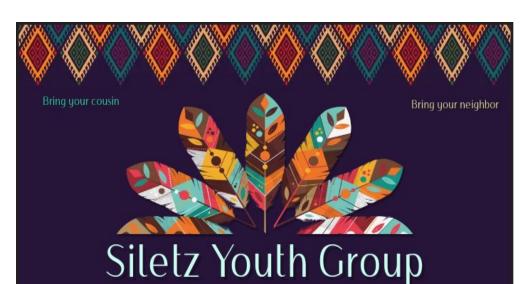
5/24: Farm / Garden Day

5/31: Run to Rogue - No activity planned

See flyer for specific information







What:
Siletz Youth
gathering to share
a meal, catch up
with one anohter,
and hang out
while providing
positive support to



For Siletz Community Youth ages 10-17 Sunday, May 19th, 2024 Siletz Community Center

5 pm to 7 pm

Food & drinks provided

Some ideas:

regalia making, leadership, powwows, gaming, sporting events, rafting, art projects, gathering / fishing, jobs / working, community involvement, attend conferences, youth council, movies

Youth driven activities, I'm listening! Contact Community Education Facilitator:
Kimberlee Thomas - kimberleet@ctsi.nsn.us - (541) 444-8281

