

Siletz Elders News



2024

Mon - Fri, 8:00 am to 4:30 pm phone 1-800-922-1399

Tina Retasket- Temp. Social & Human Service Director, ext. 1220

TinaR@ctsi.nsn.us, Direct Line (541)444-8220

Elders Title VI Coordinator - VACANT

Valentina Knott – Social & Human Services Administrative Services Clerk, ext. 1261

Email: ValentinaK@ctsi.nsn.us, Direct Line: (541) 444-8261

Jayden Christensen – WEX – (541)-444-8233

Email: WEX.Elders@ctsi.nsn.us



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Elders Council Meetings

The Elders Council Meeting scheduled for:

May 18th, 2024 will be hosted in-person in the Aces Banquet Room at Chinook Winds Golf Course @ 1:00 pm

June 8th, 2024 will be hosted in-person in the Shasta Room at Chinook Winds Casino Resort @ 1:00 pm

We will provide a Zoom link for Elders to call if they would like to participate. E-mail invitations will be sent to all Elders who have an email address on file.

New Elders FAX#
(541)-444-8344

Siletz Valley School

Would like volunteers to come be a part of their support groups, special events, classes, and other fun activities. If you would like to sign up for volunteering please call the schools coordinator.
Kelsie Greenhill
(541)-444-1100

For those participating in **Monthly Elder Council Meetings via Zoom** we would like to provide instructions on **How to change your Display Name on Zoom**. *It is important for the Display Name to be accurate for several reasons: 1. The Elders Program can keep accurate attendance records. 2. Other Elders know who you are. Reminder: Please mute your microphones upon entering the meeting*

Instructions for Changing your Display Name on Zoom

1. Sign in to the Zoom web portal.
2. In the navigation menu, click **Profile**.
3. By your account profile name, click **Edit**.
4. For your account profile name, enter your **First Name** and **Last Name**.
5. For your **Display Name**, enter you **First Name** and **Last Name** again.
6. Click **Save**.

Medical Transport Info

Medical transportation from SCHC Staff can be arranged by calling Richard Faber at (541) 444-9633.

Please notify at least 48 hours in advance

Important Information

All electric heaters have been distributed. There are no additional supplies from the CHA's at this time.



Elders Book Club

Title: The Art of Ceremony:
Voices of Renewal from
Indigenous Oregon
By: *Rebecca Dobkins*

If you are interested in joining the upcoming book club meetings reach out to Josh at Joshua_bookclub@proton.me

Upcoming Dates:

May: 7th

May: 21st

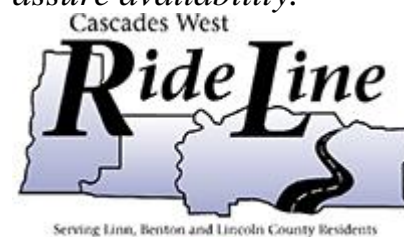
Upcoming Events: Subject to Change

- * Memorial Day Service – May 27th – 11am @ Govt. Hill in Siletz
- * Run to the Rogue – May 31st to June 2nd – Gold Beach
- * Culture Camp – July 9th to 11th – Siletz
- * Nesika Illahee Pow-Wow – August 8th to 11th – Siletz
- * Restoration Pow-Wow – November 16th – 10am to 8pm – CWCR

For clients with Oregon Health Plan - Schedule a Ride for medical appointments

Call 541-924-8738 or
toll free 1-866-724-2975.

*Rides must be scheduled in advance to
assure availability.*



CAMAS CAMP
A CULTURE AND COMMUNITY EVENT FOR
SILETZ AND GRAND RONDE FAMILIES, THROUGH
THE INDIGENOUS GARDENS NETWORK

JUNE 7TH - 9TH 2024
Vesper Meadow Restoration Preserve

All food & lodging provided

CRAFTS + GAMES | DRUMMING & SINGING
NATIVE PLANTS TALK | FOOD + FIRE

For questions, email: Jacob Reid (Siletz) JacobR@ctsi.nsn.us -or-
Tina Lara (Grand Ronde)
Cristina Lara Cristina.Lara@grandronde.org

REGISTRATION REQUIRED <https://forms.gle/QnnaQpUCjHbNkxW3VA>

Elder Shopping



May Shopping Days will be:

Siletz: Thursday, 2nd

Siletz: Thursday, 16th

Portland: Please contact Kevin LaChance at
(503) 607 – 5320

Shopping for Elders that live in the Siletz Area are the 1st and 3rd Thursday of the month.

If you would like more information, or to go shopping, please contact your Area Rep. to assist with coordinating transportation.

Silets Area Reps:

Marci Rilatos (541) 270-4921

Danise Barker (541) 272-4100

Food Pantry Donations Needed

The USDA Food Distribution Program is looking for donations of non-perishable items for their food pantry!

The food pantry is available to all Tribal members regardless of income.

Donations can be dropped off at:

815 Logsdan Rd

Siletz, Or 97390

Phone Number for USDA: 541-444-8279

First Woodcutting Day 2024

The Tribal Natural Resources Committee and Natural Resources Department will sponsor the first “Cut Wood For The Elders Day” of the year on **Saturday, May 18th**. The woodcut will be held on the **Tribe’s Logsdan Road Property to the right of the Tribal Food Distribution Warehouse** in Siletz. We need lots of volunteers to help cut, split and deliver firewood for Tribal elders. Bring your chainsaws, hydraulic wood splitters, splitting mauls, axes, and lots of energy. Even if you don’t have any of those we can use the moral support! Lunch, drinks, and snacks will be provided. We will start at **8:00 AM** and go until around 2:00 pm.

People willing to haul firewood to elders outside of the Siletz area can contact Val Knott in the Elders Program at 1-800-922-1399 ext. 1261 or 541-444-8261 to be paired up with an elder in need. We especially need folks who can haul wood to the Eugene, Salem, and Portland areas. Elders in need of firewood should also contact Val to get their name on the delivery list.

Effective immediately, we will not have transportation for Elder activities in the Salem area until further notice.

We have been recruiting to fill on-call transporter positions. We have two additional drivers coming on board for the Siletz area, and interviews scheduled for the Portland area to add drivers. We are recruiting for on-call drivers for all 4 areas of Portland, Salem, Eugene and Siletz. If you know someone who is interested in becoming an on-call transporter, please have them fill out an on-line application at: <https://recruiting.paylocity.com/Recruiting/Jobs/Details/2121043> and click on the “Apply” button.



Leonard D. Harmon & Leland Butler

walking on Eggshells

Newport Visual Arts Center
RUNYAN GALLERY

June 1- July 28, 2024

Opening Reception Saturday, June 1

COASTARTS.ORG/EVENTS/WWM-EGGSHELLS

Newport Visual Arts Center | 777 NW Beach Drive, Nye Beach,
Newport

Presented by Newport Visual Arts Center and Oregon Coast Council
For The Arts



In – Home Haircuts

- ✿ Chris Garza (Tribal Member) – Siletz Area
(458) 277-8220
- ✿ Roni Logan (Tribal Member) – Siletz Area
(541) 272 – 7113
- ✿ Kim Goodell (Spouse of tribal member) – Siletz & Portland Area
(503) 867-3616
- ✿ Jake Carr - Lincoln County
(541) 270-1616

Please contact the service providers directly. All fees are the responsibility of the Elder, and the service provider sets their own price. This is not a service funded by the programs.

Save the Date

May 21st



"Swin's 50's Sock Hop"

Swinomish Elders

Intertribal Luncheon

At The Swinomish Casino

Questions call 360-499-4056 or email

abuck@swinomish.nsn.us

We have limited capacity so must preregister.

2nd Annual Northwest Tribal Brain Health & Dementia Summit



SAVE THE DATE!

August 21 - 22, 2024

Embassy Suites by Hilton
Portland Airport
Portland, Oregon



Who Should Attend?

Youth, Elder, Caregivers, CHRs, Adult Protection & Public Safety teams, Social Workers, Tribal Health Promotion and Prevention staff, and Clinical Health providers

Registration & Agenda Coming soon

The website and graphic provided by the Northwest Tribal Council and University of the Pacific Department of Health and Human Services (PHHS) as part of a funding assistance award totaling \$40,000 to the University of the Pacific. The funding was provided by the National Endowment for the Humanities. © 2024

Lummi's Honoring Elders Event

2024

When: Friday, July 12th

Where: Silver Reef Casino Event Center
4876 Haxton Way
Ferndale, Washington
(833) 577-6897

Vendors call Connie Martin (360) 758-3500



Event Sign Ups:

Run to the Rogue, Friday, May 31 – Sunday, June 2nd. The Elders Council approved 50 rooms + \$50 per diem for Elders wanting to attend. Call Tina at (541) 444-8220 to sign up, and please indicate if you can take stairs (Motel 6 does not have an elevator), whether you are bringing family with you or rooming with someone else, and if you need transportation.

Fishing Trip – Date to be determined.

Elders Council approved 30 slots for Elders to go fishing. Terry Andrews is helping to coordinate. Call Tina at (541) 444-8220 to sign up. No transportation will be provided; and, Elders need to obtain their fishing license **in advance** from the Natural Resources Department in the Tribal Administration building in order to go.

OUR CLINIC WANTS OUR DIABETICS HEALTHY



Contact Heather Warren
(541) 444-9668
heatherw@ctsi.nsn.us

Cholesterol Check



Eye Exam
Ophthalmology



Medical
Foot Check



Siletz Health Clinic
Diabetics who complete **all** of their screenings are entered into a raffle* at the end of the year!



Dental



Blood Pressure



Glucose Urine Test



A1C



Patients are eligible for a Pendleton coffee mug when they complete their first appointment!

*the drawing takes place on 1/23/25. Winner will receive a two night stay at the Chinook Winds Casino with buffet tickets for two.



If you have any questions, please reach out to Heather Warren at 541-444-9668 or heatherw@ctsi.nsn.us



Confederated Tribes of Siletz Indians
P.O. Box 549 Siletz, Oregon 97380
(541) 444-2532 • 1-800-922-1159 • FAX: (541) 444-7307

Contact April Middaugh at (541) 444-8201 to purchase blankets or flags

Tribal Blanket Price List

ROBE BLANKET	84X60 BROWN	TFAL
Programs	\$152	\$160
Tribal Member	\$167	\$176
Tribal Employee	\$205	\$216
Public	\$220	\$232

SADDLE BLANKET 68X39 MAROON 34X60 RED

Programs	\$95	\$112
Tribal Members	\$105	\$123
Tribal Employee	\$129	\$151
Public	\$138	\$162

TRIBAL FLAGS

MUGS

3' x 5' Single Sided	\$36	Black & Red \$6.25
3' x 5' Double Sided	\$60	
5' x 8' Double Sided	\$162	

SILETZ TRIBAL MEMBER MEDICARE REIMBURSEMENT INFORMATION

What: The Siletz tribe reimburses any Siletz tribal member for their Medicare B (Medical) and D (Pharmacy) premiums.

How: Forward a copy of the letter you receive from Social Security or your Part D coverage provider that states how much they will deduct or you will have to pay monthly for your premium to:

Siletz Community Health Clinic
Attn: Sara Bell-Tellez
P.O. Box 320
Siletz, OR 97380
Or email to: sarab@ctsi.nsn.us
Or Fax to: 541-444-9678

Once you have submitted your paperwork you will receive your reimbursement on the 1st of the following month however you receive your elder's stipend – paper check or direct deposit (if you are not an elder please let Sara know how you would like to be reimbursed; if you would like direct deposit please include a blank “voided” check with your letter).

*****In case of any change in cost of premium you must provide a copy of your new letter with updated premium information.*****

Frequently Asked Questions

- Do you back reimburse?
 - No, we do not back pay; reimbursement starts the month after paperwork is submitted.
- Do you reimburse for Medicare supplements?
 - No, only for the cost of the Medicare B and D premiums.
- Will I receive a 1099 for taxes?
 - No, it is a reimbursement program and not a payment, per capita, etc. so a 1099 is not needed.

Chinook Winds Casino Resort Events

Call the CWCR Box Office at 1-888-244-6665, Option 3 to request tickets or to be put on the Wait List – Maximum of 20 sets of tickets are available for elders

- Don Felder – May 11th – 8 p.m.
- Comedy on the Coast – May 17th & 18th – 8 p.m.
- The Clairvoyants – May 25th - 8 p.m.
- Comedy on the Coast May 31st & June 1st – 8 p.m.
- Comedy on the Coast – June 7th & 8th – 8 p.m.
- Village People – June 8th – 8 p.m.
- Comedy on the Coast – June 14 & 15th – 8 p.m.
- Rick Springfield “Full Electric Band” – July 6th – 8 p.m.
- War – July 20th – 8 p.m.
- Locash (Rescheduled) – October 19th – 8 p.m.

Elders must pick up their tickets at the box office prior to the event. Please be prepared to show I.D. when picking up tickets. If you are suddenly unable to attend you need to give 48 hours notice prior to the concert in order to not be sanctioned from future events.

Newsletter Update

The Elders newsletter will be going digital next month. It will be emailed to Elders who have an email address on file with us, and will continue to be posted on the Tribe's website. Please make sure that we have your email address so that you can continue to receive the monthly newsletter, by calling Val Knott at (541) 444-8261, or via email at: valentinak@ctsi.nsn.us. If you do not have email, please contact Val and let her know that you need to continue to receive paper newsletters.

2024 RUN TO ROGUE SCHEDULE

Following is a tentative Run to Rogue schedule. At any given time we may be behind or ahead of schedule. Times are approximate.

DATE AND APPROXIMATE TIME	LOCATION
5/31 Friday 8:20 a.m.	Tribal Community Center - Head Start walks the first mile to Admin. Bldg.
8:35 a.m.	Runner/Walker(s) leave Siletz – from Admin. Bldg.
12:30 – 1:30 pm Lunch	Ona Beach State Park – Day use Area - South of Newport, left side of 101.
2:00 p.m.	Runners in area of Ona Beach State Park – MP #149
5:00 p.m.	Runners are in Yachats area
5:30 – 6:30 p.m. Dinner	Washburne Memorial State Park – Day Use Area – On ocean side of Hwy 101
9:00 p.m.	Runners in Sea Lion Caves area
10:30 p.m.	Runners in Florence area
Camp	Jessie M. Honeyman Campground, south of Florence, side of Hwy 101. Note campsite. Group Site B & C
6/1 Saturday 7:00-8:00 A.M. Breakfast	Jessie M. Honeyman – Group Site B
9:00 a.m.	Runners in North Bend/Coos Bay area
12:30 – 1:30 p.m. Lunch	Bullards State Park – Located at Milepost #259, West
4:00 p.m.	Runners in Bandon area
5:30 – 6:30 p.m. Dinner	Port Orford Community Hall. Left off Hwy 101 on 11th St.,
Camp	Humbug Mountain Campground – Group Camp Area, West side of Hwy 101
10:30 p.m.	Runners arrive at Battle Rock – Port Orford – Stop for Prayer
6/2 Sunday 6:00 a.m.	North Bank of Rogue River to Lobster Creek Bridge – Turn left at flashing light off 101 just past MP #322. Go approximately 2 miles & take a left at the Rogue River Park Grocery Store onto North Bank Road & follow to Lobster Creek Bridge. Just after bridge, road connects to Agness Road which takes you to the Illinois River Bridge, take right at Oak Flat Road & follow to Oak Flat on river.
7:00 – 8:00 a.m. Breakfast	Humbug Mountain Group Camp Site West side of Hwy 101
Late Morning 10 AM to 11AM	Oak Flat – end of Run to Rogue
12:30 p.m.	Lunch at Cougar Lane Lodge, 4219 Agness Road Turn right when leaving the Oak Flat road

AREA REPS

Siletz: Danise Barker (541) 272-4100

Sylvia Butler (541) 270-5639

Marci Rilatos (541) 270-4921

Salem: Donna Kessinger (503) 393-5855

Eugene: Verdene McGuire (503) 860-0742

Portland: Angelina Artiago (503) 760-3899

ELDERS COUNCIL

Chairman: Tina Retasket (541) 270-8807

Vice Chairman: Jolyne Downey (503) 310-3710

Secretary: Debra Cearly (503)930-9302

Co-Treasurers: Lucilla "Kay" Stainbrook (503) 508-3132

Lydia Kentta (503) 508-8494