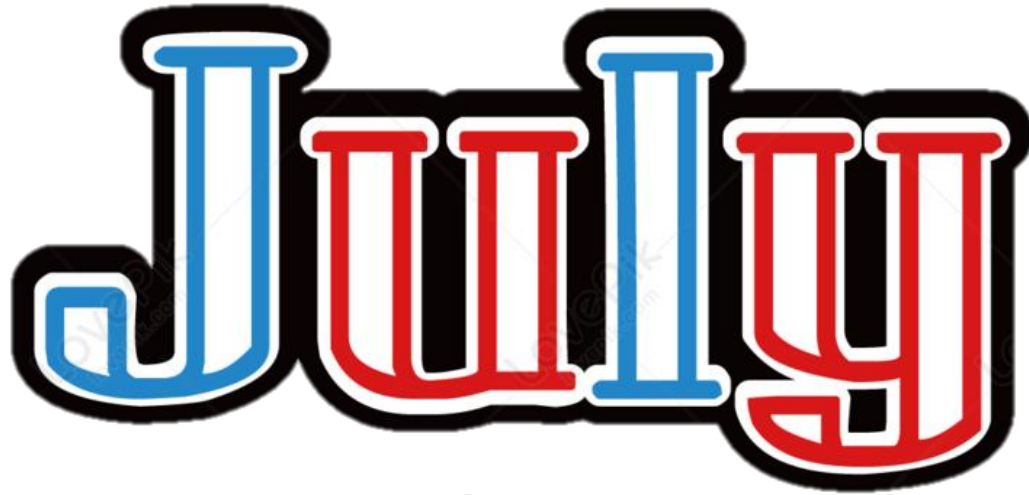


# Siletz Elders News



## 2024

Mon - Fri, 8:00 am to 4:30 pm Phone 1-800-922-1399

Jaime Pineda– Social & Human Service Director, ext. 1220

Email: [JaimeP@ctsi.nsn.us](mailto:JaimeP@ctsi.nsn.us); Direct Line (541)444-8220

Valentina Knott – Social & Human Services Administrative Services Clerk, ext. 1261

Email: [ValentinaK@ctsi.nsn.us](mailto:ValentinaK@ctsi.nsn.us); Direct Line: (541) 444-8261

Title VI Coordinator (Vacant), (541) 444-8212

Elders Coordinator (Vacant), (541) 444-8233



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## **Upcoming Office Closures**

- \* **July 4<sup>th</sup>** for Independence Day (All Offices)
- \* **July 26<sup>th</sup>** Summer All Staff (Siletz)

## **Announcements**

- \* Lydia is back to driving in the Salem area. We continue to recruit for back up drivers in all 4 areas.
- \* **PAO** is looking for volunteers to help elders with light house work and/or yard work. If you can provide assistance please reach out to Priscilla Gomez at (503) 238-1512

## **Elders Council Meetings**

The Elders Council Meeting scheduled for:

**July 13<sup>th</sup>, 2024** will be hosted **in-person** in the Shasta Room at Chinook Winds Casino Resort @ 1:00 pm. Please contact your Area Representative if you need transportation. If you cannot attend after requesting a ride, please contact Tina at (541) 444-8212 to cancel.

### **August meeting canceled due to Pow-Wow**

\*We will provide a Zoom link for Elders to call if they would like to participate. E-mail invitations will be sent to all Elders who has an email address on file.

For those participating in the **Monthly Elder Council Meetings via Zoom**, we would like to provide instructions on **How to change your Display Name on Zoom**. *It is important for the Display Name to be accurate for several reasons: 1. The Elders Program can keep accurate attendance records. 2. Other Elders know who you are. **Reminder: Please mute your microphones upon entering the meeting***

### ***Instructions for Changing your Display Name on Zoom***

1. Sign in to the Zoom web portal.
2. In the navigation menu, click **Profile**.
3. By your account profile name, click **Edit**.
4. For your account profile name, enter your **First Name** and **Last Name**.
5. For your **Display Name**, enter you **First Name** and **Last Name** again.
6. Click **Save**.

## **Important Information**

All electric heaters and A/C units have been distributed. There are no additional supplies from the CHA's at this time.

## **Medical Transport Info**

Medical transportation from SCHC Staff can be arranged by calling Richard Faber at (541) 444-9633.

Please notify at least 48 hours in advance

### **For clients with Oregon Health Plan - Schedule a Ride for medical appointments**

Call 541-924-8738 or  
toll free 1-866-724-2975.

*Rides must be scheduled in advance to  
assure availability.*

Cascades West



Serving Linn, Benton and Lincoln County Residents

## **Food Pantry Donations Needed**

The USDA Food Distribution Program is looking for donations of non-perishable items for their food pantry!

The food pantry is available to all Tribal members regardless of income.

**Donations can be dropped off at:**  
*815 Logsdan Rd  
Siletz, Or 97390*

**Phone Number for USDA: 541-444-8279**

## **Upcoming Events: Subject to Change**

- \* Beading Class – First MONDAY Every Month – 6pm to 8pm – PAO
- \* “Get it Done” – Every TUESDAY – 4:30pm to 9pm – SAO
- \* Culture Camp – July 9<sup>th</sup> to 11<sup>th</sup> – Siletz
- \* Pickle Making – July 15<sup>th</sup> – 4:30pm to 7:30pm – SAO
- \* Nesika Illahee Pow-Wow – August 8<sup>th</sup> to 11<sup>th</sup> – Siletz
- \* Restoration Pow-Wow – November 16<sup>th</sup> – 10am to 8pm – CWCR
- \* Elder’s Holiday Party – December 12<sup>th</sup> – Gov. Hill, Siletz – 11am

## **Elder Shopping**

### **July Shopping Days will be:**



**Siletz:** Friday, July 5<sup>th</sup>

**Siletz:** Thursday, July 18<sup>th</sup>

**Portland:** Friday, July 5<sup>th</sup>

**Portland:** Thursday, July 18<sup>th</sup>

**Please contact Priscilla Gomez: (503) 238 – 1512**

**Salem:** Friday, July 5<sup>th</sup>

**Salem:** Friday, July 19<sup>th</sup>

Shopping for Elders who live in the Siletz Area will be the 1st and 3rd Thursday of the month.

If you would like more information, or to go shopping, please contact your Area Rep. to assist with coordinating transportation.

### **Siletz Area Reps:**

**Marci Rilatos (541) 270-4921**

**Danise Barker (541) 272-4100**

### **Salem Area Rep:**

**Donna Kessinger (971) 218-7192**

### **Portland Area Rep:**

**Sandi Steele (503) 819-2931**

## Elders Book Club

We will be starting our next book - Braiding Sweetgrass: Indigenous Wisdom, Scientific Knowledge and the Teachings of Plants by Robin Kimmerer.

Contact to sign up:

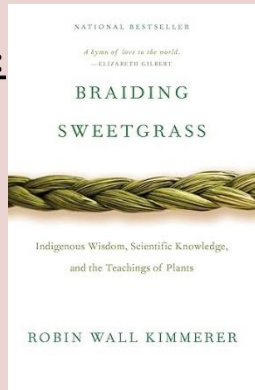
[Joshua\\_bookclub@proton.me](mailto:Joshua_bookclub@proton.me)

### Upcoming Dates:

July 2<sup>nd</sup>

July 16<sup>th</sup>

July 30<sup>th</sup>



## 2024 Elders Wood Cut

**Upcoming:** July 20<sup>th</sup> from 8am – 2pm

**Where:** Tribe's Logsdan Road Property to the right of the Tribal Food Distribution Warehouse in Siletz

If you need firewood, please call Val at (541) 444-8261 or Tina at (541) 444-8212 in the Elders Program to get on the list. We will need a physical location, phone number, and whether you will be picking up firewood or need it delivered. Please call **IN ADVANCE** of the wood cut as no-one will be available to take your call on the date of the wood cut.

## Walkers & Canes

Eugene Area Office has received donation of some walkers & canes. If anyone is interested in them, please contact Jessica Hibler at (541) 484-4234.

## In – Home Haircuts

- Chris Garza (Tribal Member) – Siletz Area  
(458) 277-8220
- Roni Logan (Tribal Member) – Siletz Area  
(541) 272 – 7113
- Kim Goodell (Spouse of tribal member) – Siletz & Portland Area  
(503) 867-3616
- Jake Carr - Lincoln County  
(541) 270-1616

Please contact the service providers directly. All fees are the responsibility of the Elder, and the service provider sets their own price. This is not a service funded by the programs.



## Our Clinic Wants Our DIABETICS HEALTHY

Patients are eligible for a Pendleton coffee mug when they complete their first appointment!

Regular check-ups and screenings are an essential part of staying healthy and managing diabetes!

Call the clinic today to make your appointment!

541-444-1030

SILETZ HEALTH CLINIC  
DIABETICS WHO COMPLETE ALL OF THEIR SCREENINGS ARE ENTERED INTO A RAFFLE\* AT THE END OF THE YEAR!

To qualify, you must receive your primary care at the Siletz Community Health Clinic.

\*the drawing takes place on 1/2/25. Winner will receive a two night stay at the Chinook Winds Casino with buffet tickets for two.



Cholesterol Check



Eye Exam  
Ophthalmology



Medical  
Foot Check



Dental



Blood Pressure



Glucose Urine Test



A1C

Leonard D. Harmon & Leland Butler

# Walking on Eggshells

Newport Visual Arts Center  
RUNYAN GALLERY

June 1- July 28, 2024

Opening Reception Saturday, June 1

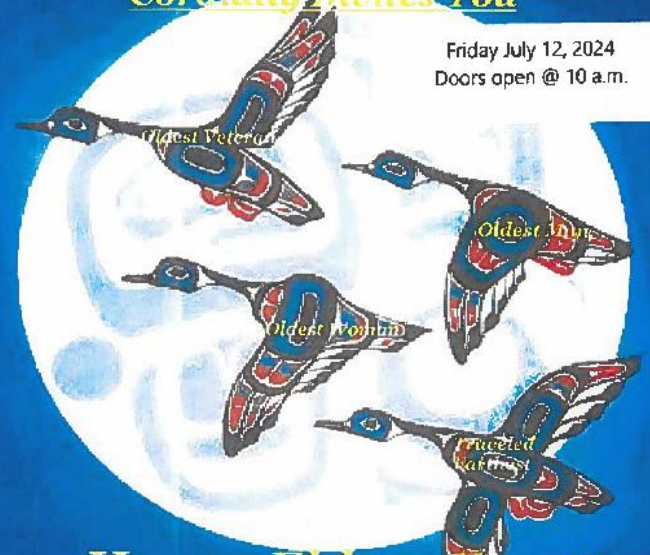
[COASTARTS.ORG/EVENTS/WWM-EGGSHELLS](http://COASTARTS.ORG/EVENTS/WWM-EGGSHELLS)

Newport Visual Arts Center | 777 NW Beach Drive, Nye Beach, Newport

Presented by Newport Visual Arts Center and Oregon Coast Council For The Arts

## Lummi Senior Program Cordially Invites You

Friday July 12, 2024  
Doors open @ 10 a.m.



## Honor Elders Event Modern Day Warrior

Silver Reef Casino Event Center

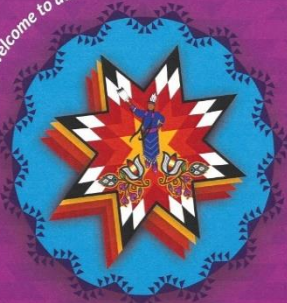
4876 Haxton Way, Ferndale, WA 98248

RSVP: Connie Martin (360) 758-3500 or DeeDee Dixon (360) 592-7833.

Must be 55+ and attend Elders Events. No Alcohol. No Drugs. No Children

Confederated Tribes of Siletz Indians

All are welcome to attend!



## Annual Nesika Illahee Pow-Wow

August 9<sup>th</sup>, 10<sup>th</sup> & 11<sup>th</sup>

Pauline Ricks Memorial Pow-Wow Grounds  
Government Hill, Siletz, OR.

**Thursday**  
August 8<sup>th</sup>

Royalty Pageant  
6 PM

**Friday**  
August 9<sup>th</sup>

Memorial/Giveaways  
Noon - 5 PM  
Presentation of Crowns  
6 PM  
Grand Entry  
7 PM

**Saturday**  
August 10<sup>th</sup>

Parade  
10 AM  
Grand Entry  
1 PM & 7 PM

**Sunday**  
August 11<sup>th</sup>

Grand Entry  
12 PM  
Salmon Dinner to Follow

### Categories

**Golden Age/Adult** \$600, \$500, \$400, \$300, \$200      **Teen** \$300, \$250, \$200, \$150, \$100

**Youth** \$150, \$100, \$75, \$50, \$25  
Teen & Youth Preliminaries Occur Friday Night

### Specials

Team Dance | Women's Basket Cap Special (Open) | Round Bustle (Open)

**All Dancers & Drummers Welcome!**  
Drummers- please bring your own chairs

Vendor registration is required

Camping Fee \$25; \$5 per fee/ per pet (camping area) Camp Grounds Open Thursday at 8 AM

**Drug & Alcohol-Free Event**

For more info, call the Pow-Wow Info Line at 541-444-8351 or visit [www.ctsi.nsn.us/heritage/pow-wow](http://www.ctsi.nsn.us/heritage/pow-wow)

Sponsored by Chinook Winds Casino Resort & Pepsi Bottling Co.

## 4<sup>TH</sup> OF JULY BBQ

CITY OF SILETZ  
Parks & Recreation Committee  
FAMILY FRIENDLY, NO DRUGS OR ALCOHOL ALLOWED

Let's Celebrate with a community wide BBQ

Live band: Paul vandenBogaard & Sons of the Beaches

Bring a dish to share (must include list of ingredients) &

Your lawn chair/awning

THURSDAY | NOON - | FREE  
JULY 4TH | 2 pm | EVENT

Hee Hee Illahee Park  
Siletz, Oregon

For more info: (541) 270-8260, or  
(541) 270-8807



# 2024 Grand Ronde Elders Honor Day

**Monday, July 8<sup>th</sup>**

Spirit Mountain Casino & Event Center, Grand Ronde, Oregon

Doors will open at **11:00am**  
Seating will be assigned



Elders 55+ and spouses only

Hosted by the Confederated Tribes of Grande Ronde Elder Committee

Call Tina at (541) 444-8212 if you would like to attend.

**\*No rooms or per diem were approved for this trip.**

## Event Sign Ups:

• **Grand Ronde Elders Honor Day** – 7/8/24 – Transportation Only

• **Culture Camp** – 7/9 – 7/11/24 (Must be 50 miles outside of Siletz to qualify for room)

• **Nesika Illahee Pow-Wow** – Aug. 9 – 11, 2024 (Must be 50 miles outside of Siletz to qualify for room. No Per Diem.)

• **Fishing Trip** – 8/31/24. All 30 slots are filled, but taking names for the wait list in case of cancellation. No transportation provided. Due to space limits, no spouses/companions.

• **Basket Weavers Conference (NNABA)** – Oct. 4 – 5, 2024, Tulalip, Washington (must share a room with another Elder)

• **Restoration Event** – 11/16/24 – (Lodging 11/15 & 11/16. Initial sign-ups will be at the July 13<sup>th</sup> Elders Meeting. After, you will be able to call Tina at (541) 444-8212 to sign up)

• **Elders Holiday Party** – 12/12/24 @ the Tribal Center. Transportation only.

Call Tina at (541) 444-8212 to sign up. Individuals must sign up for themselves, you cannot sign others up. For Basket Weavers, make sure you know who you want to room with, otherwise it will be assigned by staff.

## 2nd Annual Northwest Tribal Brain Health & Dementia Summit



SAVE  
THE  
DATE!

August 21 - 22, 2024

Embassy Suites by Hilton  
Portland Airport  
Portland, Oregon



### Who Should Attend?

Youth, Elder, Caregivers, CHRs, Adult Protection & Public Safety teams, Social Workers, Tribal Health Promotion and Prevention staff, and Clinical Health providers

Registration & Agenda Coming soon

This summit is also presented by the Confederated Tribes of the Grand Ronde Community College and the Confederated Tribes of the Siletz Reservation. For more information, please contact Tina at (541) 444-8212. This summit is a part of the Northwest Tribal Elders Project. The Northwest Tribal Elders Project is a 501(c)(3) non-profit organization.

## EFFECTIVE JULY 1ST

All PRC Eligible Tribal members will be allowed to schedule with outside dentists for the next 6 months.

**July 1, 2024 through December 31, 2024**

Chemawa, Grand Ronde and the Siletz Clinic dental departments being backed up and short providers for dental, you will be allowed to go to your own dentist without a referral. You will still need to call PRC for an authorization number, and treatment plans from the providers will still be required.

Please contact PRC for more information at  
541-444-9677 or email at  
[SiletzPRC@ctsi.nsn.us](mailto:SiletzPRC@ctsi.nsn.us)



## **SILETZ TRIBAL MEMBER MEDICARE REIMBURSEMENT INFORMATION**

**What:** The Siletz tribe reimburses any Siletz tribal member for their Medicare B (Medical) and D (Pharmacy) premiums.

**How:** Forward a copy of the letter you receive from Social Security or your Part D coverage provider that states how much they will deduct or you will have to pay monthly for your premium to:

Siletz Community Health Clinic  
Attn: Sara Bell-Tellez  
P.O. Box 320  
Siletz, OR 97380  
Or email to: [sarab@ctsi.nsn.us](mailto:sarab@ctsi.nsn.us)  
Or Fax to: 541-444-9678

Once you have submitted your paperwork, you will receive your reimbursement on the 1<sup>st</sup> of the following month however you receive your elder's stipend – paper check or direct deposit (if you are not an elder please let Sara know how you would like to be reimbursed. If you would like direct deposit, please include a blank “voided” check with your letter).

**\*\*\*In case of any change in cost of premium, you must provide a copy of your new letter with updated premium information.\*\*\***

### **Frequently Asked Questions**

- Do you back reimburse?
  - No, we do not back pay; reimbursement starts the month after paperwork is submitted.
- Do you reimburse for Medicare supplements?
  - No, only for the cost of the Medicare B and D premiums.
- Will I receive a 1099 for taxes?
  - No, it is a reimbursement program and not a payment, per capita, etc. so a 1099 is not needed.

### **Chinook Winds Casino Resort Events**

Call the CWCR Box Office at 1-888-244-6665, Option 3 to request tickets or to be put on the Wait List – Maximum of 20 sets of tickets are available for elders

- Rick Springfield “Full Electric Band” – July 6<sup>th</sup> – 8 p.m.
- Comedy on the Coast – July 12<sup>th</sup> & 13<sup>th</sup> – 8 p.m.
- War – July 20<sup>th</sup> – 8 p.m.
- Los Cadetes - El Ultimo Batallon – July 21<sup>st</sup> – 8 p.m.
- King of the Cage “Twilight” – July 27<sup>th</sup> – **Doors** 4:30p.m. **Event** 6p.m.
- Rodney Carrington (21 & Over) – August 3<sup>rd</sup> – 8 p.m.
- Tommy James & The Shondells – August 24<sup>th</sup> – 8 p.m.
- Locash (Rescheduled) – October 19<sup>th</sup> – 8 p.m.
- Air Supply – November 23<sup>rd</sup> – 8 p.m.

Elders must pick up their tickets at the box office prior to the event. Please be prepared to show I.D. when picking up tickets. If you are suddenly unable to attend you need to give 48 hours notice prior to the concert in order to not be sanctioned from future events.

### **Newsletter Update**

The Elders newsletter went digital last month. It will be emailed to Elders who have an email address on file with us, and will continue to be posted on the Tribe's website. Please make sure that we have your email address so that you can continue to receive the monthly newsletter, by calling Val Knott at (541) 444-8261, or via email at: [valentinak@ctsi.nsn.us](mailto:valentinak@ctsi.nsn.us). If you do not have email, please contact Val and let her know that you need to continue to receive paper newsletters.

# 2024 Elders BBQ





## Affordable Connectivity Program (ACP)

Many of you signed up for the Affordable Connectivity Program (ACP) offered by the federal government. It was a federal program, not a tribal program. Congress did not renew the funding, and the grant program has ended. At this point, to continue receiving internet services, you will need to contact your service provider (i.e. Centurylink, Astound Broadband, Spectrum, etc.) to continue services at your own expense. Many of the service providers have programs for low-income households, but you need to contact your service provider to sign up. Astound Broadband has an on-line portal to sign up: <https://www.internetfirst.com/>, and you should be able to connect via your smart-phone. If Astound Broadband is not your carrier, please contact the service provider directly to ask about these programs.

## AREA REPS

- Siletz:** Danise Barker (541) 272-4100  
Sylvia Butler (541) 270-5639  
Marci Rilatos (541) 270-4921
- Salem:** Donna Kessinger (971) 218-7192
- Eugene:** Verdene McGuire (503) 860-0742
- Portland:** Sandi Steele (503) 819-2931



## ELDERS COUNCIL

- Chairman:** Tina Retasket (541) 270-8807
- Vice Chairman:** Jolyne Downey (503) 310-3710
- Secretary:** Debra Cearly (503) 930-9302
- Co-Treasurers:** Lucilla "Kay" Stainbrook (503) 508-3132  
Lydia Kentta (503) 508-8494

# 2024 Culture Camp Registration Form

**JULY 9<sup>TH</sup> – 11<sup>TH</sup> 2024**

Siletz Tribal Community Center & Grounds, Siletz, Oregon

## **Registrations forms are required for all participants**

(forms can be submitted by mail, fax or hand delivery at camp)

This is a day camp only unless you are traveling from the Eugene, Salem, Portland (or other) areas.

If you are traveling from an outside area, camping space is available (campers must provide own equipment). Parent/Guardians are welcome to attend and are responsible for dropping off and picking up children at appropriate times. **Children age 10 or younger must be accompanied by an adult. \*Some activities require adult assistance.**

Name: \_\_\_\_\_

Age: \_\_\_\_\_ Roll #: \_\_\_\_\_

Mailing Address: \_\_\_\_\_

Telephone #: \_\_\_\_\_ E-mail \_\_\_\_\_

Parent/Guardian's Name: \_\_\_\_\_

Parent/Home #: \_\_\_\_\_ Work #: \_\_\_\_\_

Emergency Contact Person: \_\_\_\_\_

Emergency Phone #: \_\_\_\_\_

Does participant have any allergies? If so list below: \_\_\_\_\_

Chaperone's Name: \_\_\_\_\_ Chaperone's Phone #: \_\_\_\_\_

(Chaperones must be 18 or older)

### **Classes will include but are not limited to :**

Siletz Basket Weaving	Flint Knapping	Cedar Bark weaving
Maddish making	Drumming & Singing	Flat Beadwork
Moccasins making	Traditional Foods	Headstart craft
Shell Necklaces	Dream Catcher making	Aquatics
Shawls making	Drum Sticks	
Youth Games	Loom beading	

### **Other classes may be scheduled**

Parent/Guardian's Signature \_\_\_\_\_

Date \_\_\_\_\_

**Please return registration form to your nearest tribal office or send completed form to Culture Camp, CTSI, P.O. Box 549, Siletz, OR 97380-0549. Phone 1-800-992-1399 Fax 541 444-8392**