

Siletz Elders News

September

2024

Mon - Fri, 8:00 am to 4:30 pm Phone 1-800-922-1399

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Email: JaimeP@ctsi.nsn.us; Direct Line (541)444-8220

Valentina Knott – Social & Human Services Administrative Services Clerk, ext. 1261
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Chris Garza – Temp. Elders Coordinator, ext. 1233
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Title VI Coordinator (Vacant), (541) 444-8212



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Zoom Meeting Information

For those participating in the **Monthly Elder Council Meetings via Zoom**, we would like to provide instructions on **How to change your Display Name on Zoom**. *It is important for the Display Name to be accurate for several reasons: 1. The Elders Program can keep accurate attendance records. 2. Other Elders know who you are. Reminder: Please mute your microphones upon entering the meeting*

Instructions for Changing your Display Name on Zoom

1. Sign in to the Zoom web portal.
2. In the navigation menu, click **Profile**.
3. By your account profile name, click **Edit**.
4. For your account profile name, enter your **First Name** and **Last Name**.
5. For your **Display Name**, enter you **First Name** and **Last Name** again.
6. Click **Save**.

Elders Council Meetings



September 14th, 2024 will be hosted **in-person** at the Aces Golf Course in the banquet room @ 1:00 pm. **ZOOM LINK for September ECM:**

<https://us06web.zoom.us/j/83522608082?pwd=3DVSRgu6awDM1CbXwUUsqAuz7PMa.1>

October 12th, 2024 will be hosted **in-person** at the Aces Golf Course in the banquet room @ 1:00 pm.

Please contact your Area Representative if you need transportation. If you cannot attend after requesting a ride, please contact Tina at (541) 270-8807 to cancel.

*We will provide a Zoom link for Elders to call if they would like to participate. E-mail invitations will be sent to all Elders who have an email address on file.

Important Information

- On September 21st, Casey's Eye Van will be at the PAO doing free eye exams from 10am to 2pm. **Please contact Priscilla Gomez at (503) 238-1512 to set up your appointment**
- All electric heaters and A/C units have been distributed. **There are no additional supplies from the CHA's at this time.**

Announcements

- * **Offices will be closed Monday, September 2nd for Labor Day and September 10th for All Treaty Day**
- *
- * Lydia is back to driving in the Salem area. We continue to recruit for back up drivers in all 4 areas.
- * **PAO is looking for volunteers to help elders with light house work and/or yard work. If you can provide assistance please reach out to Priscilla Gomez at (503) 238-1512**
- * If you have a topic for the Elders Council meeting agenda, please contact Tina at (541) 270-8807 to get on the agenda.

Food Pantry Donations Needed

The USDA Food Distribution Program is looking for donations of non-perishable items for their food pantry!

The food pantry is available to all Tribal members regardless of income.

Donations can be dropped off at:
*815 Logsdan Rd
Siletz, Or 97390*

Phone Number for USDA: 541-444-8279

Upcoming Events: Subject to Change

- * Beading Class – Tuesday September 3rd – 5pm to 7:30pm – PAO
- * “Get it Done” – Every TUESDAY – 4:30pm to 9pm – SAO
- * Miniature Cradel Boards – September 26th – 4:30pm – SAO
- * NNABA (Basket Weavers) Conference – October 4th & 5th – Tulalip, WA
- * Restoration Pow-Wow – November 16th – 10am – CWCR – Event & Grand Entry 6pm
- * Elder's Holiday Party – December 12th – Gov. Hill, Siletz – 11am

Elder Shopping

September Shopping Days will be:



Siletz: Thursday, 5th
Siletz: Thursday, 19th

Portland: Thursday, 5th
Portland: Thursday, 19th

Salem: Friday, 6th
Salem: Friday, 20th

Eugene: Wednesday, 4th
Eugene: Wednesday, 18th

If you would like more information, or to go shopping, please contact your Area Rep. to assist with coordinating transportation.

Siletz Area Reps:

Marci Rilatots (541) 270-4921
Danise Barker (541) 272-4100

Salem Area Rep:

Donna Kessinger (971) 218-7192

Portland Area Rep:

Sandi Steele (503) 819-2931

Eugene Area Rep:

Verdene McGuire (503) 890-0742

Elders Book Club

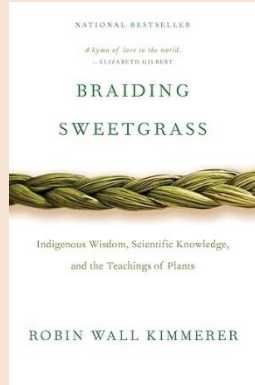
Book Club is returning this month! We will be reading **Braiding Sweetgrass** by Robin Wall Kimmerer. Bookclub is held every other Tuesday, 6:30 to 8 p.m.

Contact to sign up:

Joshua_bookclub@proton.me

Dates:

September 10th
September 24th



2024 Elders Wood Cut

Upcoming: October 19th from 8am – 2pm

Where: Tribe's Logsden Road Property to the right of the Tribal Food Distribution Warehouse in Siletz

This will be the last wood cut of the year. If you need firewood, please call Val at (541) 444-8261 or Chris at (541) 444-8233 in the Elders Program to get on the list. We will need a physical location, phone number, and whether you will be picking up firewood or need it delivered. Please call **IN ADVANCE** of the wood cut as no-one will be available to take your call on the date of the wood cut.

Walkers & Canes

Eugene Area Office has received a donation of some walkers & canes. If anyone is interested in them, please contact Jessica Hibler at (541) 484-4234.

Medical Transport Info

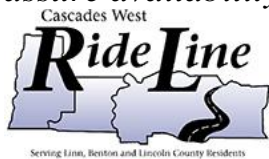
Medical transportation from SCHC Staff can be arranged by calling Richard Faber at (541) 444-9633.

Please notify at least 48 hours in advance

For clients with Oregon Health Plan - Schedule a Ride for medical appointments

Call 541-924-8738 or toll free 1-866-724-2975.

Rides must be scheduled in advance to assure availability.



Veterans Coordinator

William "Buster" Lane is the new contracted Veterans Coordinator through 2024. He can be reached at Veteranscoordinator@ctsi.nsn.us, or via phone at (541) 444-8330.

In-Home Haircuts

- 🍁 Chris Garza (Tribal Member) – Siletz Area
(458) 277-8220
- 🍁 Roni Logan (Tribal Member) – Siletz Area
(541) 272-7113
- 🍁 Kim Goodell (Spouse of Tribal Member – Siletz & Portland Area)
(503) 867-3616
- 🍁 Jake Carr – Lincoln County
(541) 270-1616

Please contact the service provider directly. All fees are the responsibility of the Elder, and the service provider sets their own price. This is not a service funded by the programs.



Our Clinic Wants Our DIABETICS HEALTHY

Patients are eligible for a Pendleton coffee mug when they complete their first appointment!

Regular check-ups and screenings are an essential part of staying healthy and managing diabetes!

Call the clinic today to make your appointment!

541-444-1030

If you have any questions, please reach out to Heather Warren at 541-444-9668 or HeatherW@ctsi.nsn.us

SILETZ HEALTH CLINIC
DIABETICS WHO
COMPLETE ALL OF
THEIR SCREENINGS
ARE ENTERED INTO A
RAFFLE* AT THE END OF
THE YEAR!

To qualify, you must receive your primary care at the Siletz Community Health Clinic.

*the drawing takes place on 1/2/25. Winner will receive a two night stay at the Chinook Winds Casino with buffet tickets for two.



Cholesterol Check



Eye Exam
Ophthalmology



Medical
Foot Check



Dental



Blood Pressure



Glucose Urine Test



A1C

EFFECTIVE JULY 1ST

All PRC Eligible Tribal members will be allowed to schedule with outside dentists for the next 6 months.

July 1, 2024 through December 31, 2024

Chemawa, Grand Ronde and the Siletz Clinic dental departments being backed up and short providers for dental, you will be allowed to go to your own dentist without a referral. You will still need to call PRC for an authorization number, and treatment plans from the providers will still be required.

Please contact PRC for more information at 541-444-9677 or email at SiletzPRC@ctsi.nsn.us



Meal Voucher Policy

At the June 2024 Elders Meeting, a vote was taken regarding meal vouchers. The following option was selected by those voting in person and via zoom. This will be followed going forward and will be included in the Elders Policies & Procedures Manual updates:

“All tribal elders, spouses, caregivers, drivers and zoom participants, attending the monthly elders meeting will be issued a meal voucher as funds allow. Only two expired vouchers can be exchanged in the first quarter for the new year.”

August Pow-Wow Raffle Booth & raffles

Thank you to the Elders and staff who volunteered to help at this year’s raffle booth. Nearly all Elders who signed up arrived on time and assisted in the time slot they volunteered for. This eased the burden on one or two people being at the booth all weekend, and allowed for a lot of Elders to participate for a short time. Thank you to: Diane Kronsteiner, Rose Stone, Suzanne DePoe, Tanya Nevarez, Verdene McGuire, Rena Philbrook, Lisa Logan, Glendora Osborn, Kaye Stainbrook, Cynthia DePoe, Drew Viles, Deb Cearley, Bonnie Hart, Terrie Warren, Denise Riding In, Nora Huffman, Vern Kessinger, Jr., Pat Kessinger, Tony Reed, Josh Eddings, Angella Robertson, Cova Metcalf, Sarah Ellisor, Tina Retasket and Chris Garza. I apologize if I missed anyone.

The 50/50 raffle raised \$528.50 each for the Elders and the winner, Teresa Courtney. Congratulations to Teresa for winning the 50/50.

The regular raffle raised \$2,319.75, for a total deposit of \$2,848.25 for the Nesika Illahee Pow-Wow.

COEUR D' ALENE TRIBAL -- ELDERS DINNER

OCTOBER 03, 2024

HAPPY HALLOWEEN



WITCH HAT CONTEST

WE WILL HAVE A WITCH HAT CONTEST --- PRIZES for

1st - MOST CREATIVE 2nd - NATIVE STYLE 3rd - MOST CRAZY



Entertainment



Bingo



Door Prizes



Raffle



Contests



Vendors

Contact CD'A Casino/Resort Hotel to reserve-Hotel rooms at 1-800-523-2464.

ASK FOR - "Elders Dinner Room Block" for special rate

Any questions please contact Older American's Manger- Arna Michael at 208-686-7104

Chinook Winds Casino Resort Events

Call the CWCR Box Office at 1-888-244-6665, Option 3 to request tickets or to be put on the Wait List - Maximum of 20 sets of tickets are available for elders

- Billy Ocean - September 5th - 8 p.m.
Oro Norento & Voces Del Rancho - September 15th - 8 p.m.
The Temptations - September 21st - 8 p.m.
The Mavericks - September 22nd - 8 p.m.
Hotel California - Tribute to the Eagles - September 28th - 8 p.m.
Locash (Rescheduled) - October 19th - 8 p.m.
Grand Funk Railroad - November 9th - 8 p.m.
Air Supply - November 23rd - 8 p.m.

Elders must pick up their tickets at the box office prior to the event. Please be prepared to show I.D. when picking up tickets. If you are suddenly unable to attend, you need to give 48 hours notice prior to the concert in order to not be sanctioned from future events.

Newsletter Update

The Elders newsletter is now digital. It will be emailed to Elders who have an email address on file with us, and will continue to be posted on the Tribe's website. Please make sure that we have your email address so that you can continue to receive the monthly newsletter, by calling Val Knott at (541) 444-8261, or via email at: valentinak@ctsi.nsn.us. If you do not have email, please contact Val and let her know that you need to continue to receive paper newsletters.

Event Sign Ups:

- Basket Weavers Conference (NNABA) - Oct. 4 - 5, 2024, Tulalip, Washington (must share a room with another Elder) For Basket Weavers, make sure you know who you want to room with, otherwise it will be assigned by staff.
Restoration Event - 11/16/24 - (Lodging 11/15 & 11/16. Call Chris at (541) 444-8233 to sign up)
Elders Holiday Party - 12/12/24 @ the Tribal Center. Transportation only.

Call Chris at (541) 444-8233 to sign up. Individuals must sign up for themselves, you cannot sign others up. Rooms are not guaranteed. While we may pay for the hotel, keep in mind that you may be asked to put down a credit card for incidentals. This is not something that the Elders program has control over, it will be a local hotel requirement.

2024 Nesika Illahee Pow-Wow



SILETZ TRIBAL MEMBER MEDICARE REIMBURSEMENT INFORMATION

What: The Siletz tribe reimburses any Siletz tribal member for their Medicare B (Medical) and D (Pharmacy) premiums.

How: Forward a copy of the letter you receive from Social Security or your Part D coverage provider that states how much they will deduct or you will have to pay monthly for your premium to:

Siletz Community Health Clinic
Attn: Sara Bell-Tellez
P.O. Box 320
Siletz, OR 97380
Or email to: sarab@ctsi.nsn.us
Or Fax to: 541-444-9678

Once you have submitted your paperwork, you will receive your reimbursement on the 1st of the following month however you receive your elder's stipend – paper check or direct deposit (if you are not an elder please let Sara know how you would like to be reimbursed. If you would like direct deposit, please include a blank “voided” check with your letter).

*****In case of any change in cost of premium, you must provide a copy of your new letter with updated premium information.*****

Frequently Asked Questions

- Do you back reimburse?
 - No, we do not back pay; reimbursement starts the month after paperwork is submitted.
- Do you reimburse for Medicare supplements?
 - No, only for the cost of the Medicare B and D premiums.
- Will I receive a 1099 for taxes?
 - No, it is a reimbursement program and not a payment, per capita, etc. so a 1099 is not needed.

Affordable Connectivity Program (ACP)

Many of you signed up for the Affordable Connectivity Program (ACP) offered by the federal government. It was a federal program, not a tribal program. Congress did not renew the funding, and the grant program has ended. At this point, to continue receiving internet services, you will need to contact your service provider (i.e. Centurylink, Astound Broadband, Spectrum, etc.) to continue services at your own expense. Many of the service providers have programs for low-income households, but you need to contact your service provider to sign up. Astound Broadband has an on-line portal to sign up: <https://www.internetfirst.com/>, and you should be able to connect via your smart-phone. If Astound Broadband is not your carrier, please contact the service provider directly to ask about these programs.

Restoration Pow-Wow

If the Elders want to have a raffle table at the Restoration event, we will need to decide at the September Elders Council Meeting. We will have a sign-up sheet for working that booth in case the Elders decide they want to do a raffle. Elders can solicit, make, or bring in raffle items to Chris Garza, Temporary Elders Coordinator, in the tribal administration building.

AREA REPS

Siletz: Danise Barker (541) 272-4100

Sylvia Butler (541) 270-5639

Marci Rilatos (541) 270-4921

Salem: Donna Kessinger (971) 218-7192

Eugene: Verdene McGuire (503) 860-0742

Portland: Sandi Steele (503) 819-2931

ELDERS COUNCIL

Chairman: Tina Retasket (541) 270-8807

Vice Chairman: Jolyne Downey (503) 310-3710

Secretary: Debra Cearly (503)930-9302

Co-Treasurers: Lucilla "Kay" Stainbrook (503) 508-3132

Lydia Kentta (503) 508-8494

