

Siletz Elders News



Mon - Fri, 8:00 am to 4:30 pm Phone 1-800-922-1399

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Email: PatriciaI@ctsi.nsn.us; Direct Line (541) 444-8212



TABLE OF CONTENTS

In-Home Haircuts	2
Upcoming Elders Council Meetings	2
Zoom Meeting Information	3
Announcements	3
Elders Shopping	3
Area Office Events	3
Important Information	3
Elders Book Club	4
Meal Voucher Policy	4
Event Sign-ups	4
Medical Transportation	4
USDA Food Pantry Donations	4
Funeral Potluck Assistance	5
Winter Weather Checklist	5
Swim Lessons Information	5
Siletz Food Pantry	5
Landowner Preference Tags	5
Comfort Station	5
Siletz Round Dance	6
Dementia Awareness Event	6
Coquille Elders Honor Day Info	6
Congregate Meals	7
Siletz Elders Honor Day	7
Siletz Library Mosaic	7
Affordable Connectivity Program	7
Medicare Reimbursement Info	8
CWCR Events	8
Newsletter Update	8
Elders Council Contact Info	9
2025 Community Meeting Dates	9

In-Home Haircuts

- ✿ Chris Garza (Tribal Member) – Siletz Area
(458) 277-8220
- ✿ Roni Logan (Tribal Member) – Siletz Area
(541) 272-7113
- ✿ Kim Goodell (Spouse of Tribal Member – Siletz & Portland Area)
(503) 867-3616
- ✿ Jake Carr – Lincoln County
(541) 270-1616

Please contact the service provider directly. All fees are the responsibility of the Elder, and the service provider sets their own price. This is not a service funded by the programs.



Elders Council Meetings

March 8th, 2025 ECM will be held at Aces Bar and Grill. Starting at 1pm.

April 12th, 2025 ECM will be held at Aces Bar and Grill. Starting at 1pm.

Please contact Patricia Irvin at (541) 444-8212 if you need transportation. If you cannot attend after requesting a ride, please contact Patricia to cancel.

*We will provide a Zoom link for Elders to call if they would like to participate. E-mail invitations will be sent to all Elders who have an email address on file.

Announcements

- * If you are needing transportation for meetings, shopping, or approved events, please contact Patricia at (541) 444-8212 or Patricial@ctsi.nsn.us
- * If you have a topic for the Elders Council meeting agenda, please contact Tina at (541) 270-8807 to get on the agenda. As time permits, she will include your topic on the agenda. Agendas are prepared in advance, so it's best not to wait until the week of the meeting as it may be overlooked.

Elders Shopping

March Shopping Days will be:



Siletz: Thursday, 6th
Siletz: Thursday, 20th

Portland: Thursday, 6th
Portland: Thursday, 20th

Salem: Friday, 7th
Salem: Friday, 21st

If you have any questions, or would like to sign up for shopping, please reach out to Patricia at (541) 444-8212.

Area Office Events: Subject to Change

- * Beading Class – First MONDAY Every Month – 5pm to 7pm – PAO
- * “Get it Done” – Every TUESDAY – 4:30pm to 9pm – SAO
- * Shadow Boxes – March 27th – 4:30pm – SAO

Zoom Meeting Information

For those participating in the **Monthly Elder Council Meetings via Zoom**, we would like to provide instructions on **How to change your Display Name on Zoom**. *It is important for the Display Name to be accurate for several reasons: 1. The Elders Program can keep accurate attendance records. 2. Other Elders know who you are. **Reminder: Please mute your microphones upon entering the meeting***

Instructions for Changing your Display Name on Zoom

1. Sign in to the Zoom web portal.
2. In the navigation menu, click **Profile**.
3. By your account profile name, click **Edit**.
4. For your account profile name, enter your **First Name** and **Last Name**.
5. For your **Display Name**, enter your **First Name** and **Last Name** again.
6. Click **Save**.

Important Information

- All electric heaters and A/C units have been distributed. **There are no additional supplies from the CHA's at this time.**
- Vaccinations are now available through your primary care provider & Siletz Clinic – Covid, influenza, RSV, Shingles, Pneumonia, etc. Please check with your provider to see what vaccinations you need to stay current.
- If you would like us to mail or email you the Elders Council Meeting minutes please reach out to Valentina at (541) 444-8261.

Elders Book Club

We are getting to the “Burning Cascade Head” chapter of Braiding Sweetgrass. Robin Wall Kimmerer wrote that while staying at Sitka Art Center north of Lincoln City! We are now meeting the first Second and Fourth Tuesday of each month- 6:30 to 8 p.m. via Zoom. We are also looking for suggestions for our next book!

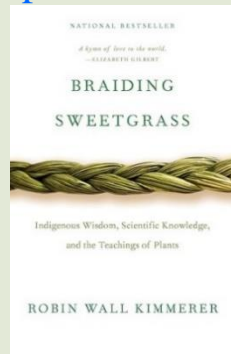
Contact to sign up:

Joshua_bookclub@proton.me

Dates:

☘ March 11th

☘ March 25th



Medical Transport Info

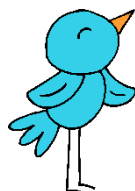
Medical transportation from SCHC Staff can be arranged by calling Richard Faber at (541) 444-9633.

Please notify at least 48 hours in advance

For clients with Oregon Health Plan - Schedule a Ride for medical appointments

Call 541-924-8738 or toll free 1-866-724-2975.

Rides must be scheduled in advance to assure availability.



Meal Voucher Policy

At the June 2024 Elders Meeting, a vote was taken regarding meal vouchers. The following option was selected by those voting in person and via zoom. This will be followed going forward and will be included in the Elders Policies & Procedures Manual updates:

“All tribal elders, spouses, caregivers, drivers and zoom participants, attending the monthly elders meeting will be issued a meal voucher as funds allow. Only two expired vouchers can be exchanged in the first quarter for the new year.”

First quarter ends March 31st, 2025

Event Sign Ups

- **Dementia Awareness Event** – March 19th from 11am to 3pm – Transportation Only – CWCR
- **Coquille Elder Honor Day** – March 21st & 22nd – 30 rooms and \$25 per diem – Waitlist – The Mill Casino and Hotel
- **Siletz Elder Honor Day** – Transportation only – May 7th – CWCR
- **NICOA** – At the February Elders Council Meeting a motion was made and passed stating the elders attend the 2025 NICOA Conference September 28, 2025 – October 4, 2025 plus travel days with a \$50 per diem per day, Elders Share rooms, number of rooms to be determined at a later date. Durant, OK. Deadline to sign up will be May 30th, 2025.

If you would like to sign up or need transportation, please reach out to Patricia Irvin at patriciai@ctsi.nsn.us or (541) 444-8212

USDA Food Pantry Donations Needed

The USDA Food Distribution Program is looking for donations of non-perishable items for their food pantry!

The food pantry is available to all Tribal members regardless of income.

Donations can be dropped off at:

815 Logsden Rd
Siletz, OR 97390
541-444-8279 - Marci

OR

3160 Blossom Dr NE #105
Salem, OR 97305
503-580-9081 - Lori

Funeral Potluck Assistance

The Elders Program will help with funeral potluck supplies for Tribal Members who pass on. We offer up to \$400 towards food and paper products and can do the shopping for you. If you choose to purchase the food yourself we can reimburse you up to \$400. We ask that you give us at least a 5 day notice if you are needing assistance. We are only available to shop Monday – Friday, 9am – 3:30 pm. If you have any questions please contact Val at (541) 444-8261 or Jaime at (541) 444-8220.

Winter Weather Checklist

With the weather turning cold, it's a good time to think about upcoming winter emergency needs –

- Do I have a working flashlight & batteries?
- Where is my nearest warming shelter in cases of extended power outages?
- Do I have a way to charge my phone or keep electronics going (CPAP, Oxygen)?
- Do I have a gallon or more of water (distilled or drinking) on hand for emergencies?
- Do I have a designated friend or family member to check on me during power outages?
- Do I have shelf-stable food on hand?

Are You Interested in Free Swim Lessons?

We thought we'd float the idea

The Siletz Community Health Clinic is working with the Newport Recreation Center to provide free swim lessons to Elders. If this is something you would like to participate in, please let us know. If there is enough interest, we can get the program swimming along! Call the Elders department at (541) 444 8212 or email patriciai@ctsi.nsn.us or valentinak@ctsi.nsn.us to let us know that you are interested.

Siletz Food Pantry

Siletz Food Pantry is available the 2nd and 4th Monday's of every month, from 5pm – 7pm at Siletz Valley School (old music room).
245 NW James Frank Ave, Siletz

Please contact Deanna Hockeman at (541) 444-1100 for more information or emergency needs

Natural Resources Department

Landowner Preference Tags

Lottery Drawing for Antlerless Deer and Antlerless Elk Applications Due

FRIDAY
APRIL 4, 2025
AT 4:30 P.M.

For More information visit the Natural Resource Department online at, ctsi.nsn.us/fish-wildlife/

Or call the Natural Resource Director, Angela Sondenaa at 541-444-8232 or the Hunt and Fish Biologist, Dylan Gorman at 541-444-8273.

COMFORT STATION

DUU-SRVN

Duu-srvn | It is clean

The Comfort Station is open during the winter months as a Warming Center.

Hours

10 AM – 8 PM
Every day of the week

Duu-srvn is closed on all CTSI recognized holidays.

SHU'-'AA-XU ROUND DANCE

Stickman
COLIN CHIEF


Emcee
CARLOS CALICA

Invited SINGERS

ADRIAN CROSS
ALGIN SCABBYROBE
BERNARD LEMIEUX
BOBBY MERCIER
CHASE SAYER
DAMIEN TOTUS
ETHAN WALLAHEE
JERMAINE BELL
JOHN BERLAND
KINO PYAWASIT
LEE TOOTOOSIS
LELAND BUTLER
MARLON DESCHAMPS
SPAZZ DEWITT
TERRY PASKEMIN
TROY TOOTOOSIS
TYRON TAFOYA

FRIDAY:
PIPE CEREMONY 5P
DINNER 5P

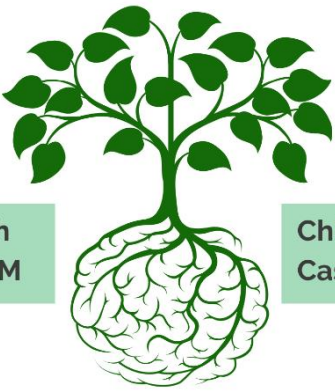
SATURDAY:
DINNER 6P



MARCH 7-8, 2025
7pm
SILETZ VALLEY SCHOOL GYM
245 NW JAMES FRANKS AVE
SILETZ, OR 97380

Top Sponsors:


This is a drug and alcohol free event. Please do not drop off unattended children. Not responsible for lost items.



March 19th
11 AM- 3 PM

Chinook Winds
Casino Resort

DEMENTIA AWARENESS EVENT

put on by the Community Health Advocates
partnering with the Elders health fair!

Join Community Health and the Elders Program for
an informative and engaging event dedicating to
raising awareness about DEMENTIA. Learn, connect
and support each other in our community!

What to Expect

Informative Speakers, Q&A, Prizes, Giveaways and Delicious Snacks.
Help us shine a light on Dementia and support those impacted by it.
Let's come together to make a difference!



Coquille Indian Tribe Elders Honor Day Save the Date



This event will be held March 21 & 22 at
The Mill Casino and Hotel – 3201 Tremont
Street, North Bend. There will be no charge
for Tribal Elders for any of the activities.
All other guests with the exception of legal
spouses and caregiver will be charged for
meals.

Rooms are blocked under Elders Honor Day
at The Mill Casino. Rooms are \$150 plus
tax, to reserve please call 541-756-8800;
ext: 3300. ALL GUEST MUST BE 55
YEARS OLD W/ EXCEPTION OF LEGAL
SPOUSE, CAREGIVER AND STAFF.

Coquille Indian Tribe
Elders Honor Day Agenda
March 21-22, 2025
The Mill Casino—3201 Tremont Street, North Bend, OR

Friday, March 21:

- 10:30am to 11:30am ~ Registration Salmon Room Entrance
- 11:30am to 12:00pm ~ Opening
- 12:00pm to 1:30pm ~ Invocation and Lunch
- 1:30pm to 3:30pm ~ Bingo
- 3:30pm ~ Doors Close
- 5:30pm ~ Doors Open at 5:30 for the evening events. Invocation, dinner served at 6:15pm

Saturday, March 22:

- 7:00am to 9:00am ~ Breakfast in the Salmon Room

For more information contact:
Samantha Long—(541) 982-3372
Email: samanthalong@coquilletribe.org

Congregate Meals

Looking for good food and great company? Swing by the Siletz Community Center every **Tuesday** for Meals on Wheels! **Thursday meals will open if there's enough interest, so spread the word!**


- **Doors open:** 11:00 a.m.
- **Lunch served:** 12:00 – 12:30 p.m.

Who's invited? Everyone! **Siletz Tribal Elders and their care providers eat free**, while others are welcome for a small fee.

It's more than just a meal—there's always something fun in store, with occasional crafts and plenty of time to catch up with friends and neighbors.

Planning to join us? Be sure to let the Elders Program know if you'll attend or need a ride. Meal planners need a headcount to make sure there's enough for everyone! If you do not wish to stay and socialize, packaged meals are an option.

So come on down, enjoy a warm meal, and brighten your day with great food and even better company!



Honoring Our Roots

Siletz Elders Honor Day
May 7, 2025
Time: TBA
Chinook Winds Casino Resort
Lincoln City, OR

All tribal elders, their spouses or caregivers, are invited to the Annual Siletz Elders Honor Day. Join us for some fun and conversation!

Contact Information
Patricia Irvin: patriciai@ctsi.nsn.us (541) 444-8212
Valentina Knott: valentinak@ctsi.nsn.us (541) 444-8261



Above photo: This newly finished mosaic wraps around the corner in the Children's Room at the Siletz Public Library.

Affordable Connectivity Program (ACP)

Many of you signed up for the Affordable Connectivity Program (ACP) offered by the federal government. It was a federal program, not a tribal program. Congress did not renew the funding, and the grant program has ended. At this point, to continue receiving internet services, you will need to contact your service provider (i.e. Centurylink, Astound Broadband, Spectrum, etc.) to continue services at your own expense. Many of the service providers have programs for low-income households, but you need to contact your service provider to sign up. Astound Broadband has an on-line portal to sign up: <https://www.internetfirst.com/>, and you should be able to connect via your smart-phone. If Astound Broadband is not your carrier, please contact the service provider directly to ask about these programs.

SILETZ TRIBAL MEMBER MEDICARE REIMBURSEMENT INFORMATION

What: The Siletz tribe reimburses any Siletz tribal member for their Medicare B (Medical) and D (Pharmacy) premiums.

How: Forward a copy of the letter you receive from Social Security or your Part D coverage provider that states how much they will deduct or you will have to pay monthly for your premium to:

Siletz Community Health Clinic
Attn: Sara Bell-Tellez
P.O. Box 320
Siletz, OR 97380
Or email to: sarab@ctsi.nsn.us
Or Fax to: 541-444-9678

Once you have submitted your paperwork, you will receive your reimbursement on the 1st of the following month however you receive your elder's stipend – paper check or direct deposit (if you are not an elder please let Sara know how you would like to be reimbursed. If you would like direct deposit, please include a blank “voided” check with your letter).

*****In case of any change in cost of premium, you must provide a copy of your new letter with updated premium information.*****

Frequently Asked Questions

- Do you back reimburse?
 - No, we do not back pay; reimbursement starts the month after paperwork is submitted.
- Do you reimburse for Medicare supplements?
 - No, only for the cost of the Medicare B and D premiums.
- Will I receive a 1099 for taxes?
 - No, it is a reimbursement program and not a payment, per capita, etc. so a 1099 is not needed.

Chinook Winds Casino Resort Events

Call the CWCR Box Office at 1-888-244-6665, Option 3 to request tickets or to be put on the Waitlist – Maximum of 20 sets of tickets are available for elders

- Starships Ft. Mickey Thomas – March 1st – 8pm
- The Rocket Man Show: Tribute to Elton John – March 8th – 8pm
- Comedy at the Coast – March 28th & 29th – 8pm
- Comedy at the Coast – April 4th & 5th – 8pm
- Forever Seger – April 12th – 8pm
- Little River Band – April 26th – 8pm

Elders must pick up their tickets at the box office prior to the event. Please be prepared to show I.D. when picking up tickets. **If you are suddenly unable to attend, you need to give 48 hours notice by calling the CWCR box office prior to the concert in order to not be sanctioned from future events.**

Newsletter Update

The Elders newsletter is now digital. It will be emailed to Elders who have an email address on file with us, and will continue to be posted on the Tribe's website. Please make sure that we have your email address so that you can continue to receive the monthly newsletter, by calling Val Knott at (541) 444-8261, or via email at: valentinak@ctsi.nsn.us. If you do not have email, please contact Val and let her know that you need to continue to receive paper newsletters.

AREA REPS

Siletz: Danise Barker (541) 272-4100

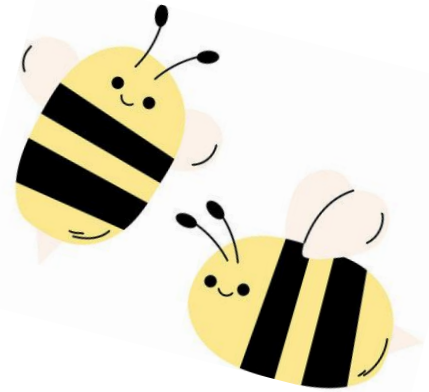
Sylvia Butler (541) 270-5639

Marci Rilatos (541) 270-4921

Salem: Donna Kessinger (971) 218-7192

Eugene: Verdene McGuire (503) 890-0742

Portland: Sandi Steele (503) 819-2931



ELDERS COUNCIL

Chairman: Tina Retasket (541) 270-8807

Vice Chairman: Jolyne Downey (503) 310-3710

Secretary: Debra Cearly (503) 930-9302

Co-Treasurers: Lucilla “Kay” Stainbrook (503) 508-3132

Lydia Kentta (503) 508-8494

Sergant at Arms: Elena Cordts

Danielle Billmyre

2025 Community Meeting Dates

All meetings will start at 5:30pm, Zoom link for the Out of Area community meeting will be posted once available.

Light dinner starting at 5:00pm for all area offices prior to meeting. Excluding Out of Area

☘ **March 13th – Out of Area (Zoom)**

Zoom Link: <https://us06web.zoom.us/j/87342777803>

Plus Meeting ID: 873 4277 7803